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2016 .

06.05.2016

06.05.2016 17 , 400m 2004 - 2006

Mad Wave Challenge 10	5:35.64	,	RUS	07.05.2015
Mad Wave Challenge 11	4:54.44	,	RUS	07.05.2015
Mad Wave Challenge 12	4:43.15	,	RUS	07.05.2015

: FINA 2015

1.	,	RUS 2004	-22 , .	4:38.73	595	RC		
25m:	15.77	15.77	125m: 1:26.06	17.94	225m: 2:36.99	17.66	325m: 3:47.95	17.77
50m:	33.05	17.28	150m: 1:43.65	17.59	250m: 2:54.65	17.66	350m: 4:05.32	17.37
75m:	50.47	17.42	175m: 2:01.61	17.96	275m: 3:12.32	17.67	375m: 4:22.59	17.27
100m:	1:08.12	17.65	200m: 2:19.33	17.72	300m: 3:30.18	17.86	400m: 4:38.73	16.14
2.	,	RUS 2004	I	4:51.46	520	I		
25m:	15.75	15.75	125m: 1:27.25	18.47	225m: 2:41.78	18.65	325m: 3:56.97	18.82
50m:	32.95	17.20	150m: 1:45.90	18.65	250m: 3:00.57	18.79	350m: 4:15.66	18.69
75m:	50.71	17.76	175m: 2:04.49	18.59	275m: 3:19.40	18.83	375m: 4:34.15	18.49
100m:	1:08.78	18.07	200m: 2:23.13	18.64	300m: 3:38.15	18.75	400m: 4:51.46	17.31
3.	,	RUS 2004	II	4:58.13	486	II		
25m:	15.62	15.62	125m: 1:26.81	18.62	225m: 2:44.45	19.59	325m: 4:01.32	19.17
50m:	32.46	16.84	150m: 1:46.05	19.24	250m: 3:03.63	19.18	350m: 4:20.68	19.36
75m:	50.26	17.80	175m: 2:05.29	19.24	275m: 3:22.78	19.15	375m: 4:39.91	19.23
100m:	1:08.19	17.93	200m: 2:24.86	19.57	300m: 3:42.15	19.37	400m: 4:58.13	18.22
4.	,	RUS 2004	II	4:59.33	480	II		
25m:	15.80	15.80	125m: 1:29.06	18.77	225m: 2:45.45	19.08	325m: 4:02.52	19.34
50m:	33.52	17.72	150m: 1:48.14	19.08	250m: 3:04.70	19.25	350m: 4:21.99	19.47
75m:	51.66	18.14	175m: 2:07.00	18.86	275m: 3:23.76	19.06	375m: 4:41.49	19.50
100m:	1:10.29	18.63	200m: 2:26.37	19.37	300m: 3:43.18	19.42	400m: 4:59.33	17.84
5.	,	RUS 2004	I	4:59.36	480	II		
25m:	16.36	16.36	125m: 1:29.19	18.66	225m: 2:45.40	18.94	325m: 4:02.05	19.16
50m:	34.18	17.82	150m: 1:47.99	18.80	250m: 3:04.64	19.24	350m: 4:21.26	19.21
75m:	52.06	17.88	175m: 2:07.20	19.21	275m: 3:23.56	18.92	375m: 4:40.83	19.57
100m:	1:10.53	18.47	200m: 2:26.46	19.26	300m: 3:42.89	19.33	400m: 4:59.36	18.53
6.	,	RUS 2004	I	5:03.44	461	II		
25m:	15.86	15.86	125m: 1:30.23	19.63	225m: 2:47.86	19.31	325m: 4:04.74	19.35
50m:	33.43	17.57	150m: 1:49.69	19.46	250m: 3:06.84	18.98	350m: 4:24.72	19.98
75m:	51.76	18.33	175m: 2:09.38	19.69	275m: 3:25.91	19.07	375m: 4:44.40	19.68
100m:	1:10.60	18.84	200m: 2:28.55	19.17	300m: 3:45.39	19.48	400m: 5:03.44	19.04
7.	,	RUS 2004	II	5:07.04	445	II		
25m:	16.04	16.04	125m: 1:31.81	19.31	225m: 2:50.76	19.79	325m: 4:10.70	20.05
50m:	34.06	18.02	150m: 1:51.51	19.70	250m: 3:10.83	20.07	350m: 4:30.04	19.34
75m:	53.23	19.17	175m: 2:11.10	19.59	275m: 3:30.85	20.02	375m: 4:49.40	19.36
100m:	1:12.50	19.27	200m: 2:30.97	19.87	300m: 3:50.65	19.80	400m: 5:07.04	17.64
8.	,	RUS 2005	II	5:12.62	422	II		
25m:	16.58	16.58	125m: 1:33.38	19.69	225m: 2:52.95	19.92	325m: 4:13.31	20.21
50m:	35.09	18.51	150m: 1:53.21	19.83	250m: 3:12.96	20.01	350m: 4:33.50	20.19
75m:	54.47	19.38	175m: 2:12.93	19.72	275m: 3:32.97	20.01	375m: 4:53.52	20.02
100m:	1:13.69	19.22	200m: 2:33.03	20.10	300m: 3:53.10	20.13	400m: 5:12.62	19.10
9.	,	RUS 2004	II	5:12.95	420	II		
25m:	15.56	15.56	125m: 1:31.33	19.72	225m: 2:52.47	20.47	325m: 4:14.12	20.36
50m:	33.55	17.99	150m: 1:51.53	20.20	250m: 3:12.72	20.25	350m: 4:34.29	20.17
75m:	52.32	18.77	175m: 2:11.41	19.88	275m: 3:33.43	20.71	375m: 4:54.51	20.22
100m:	1:11.61	19.29	200m: 2:32.00	20.59	300m: 3:53.76	20.33	400m: 5:12.95	18.44

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		17, , 400m ,				2004 - 2006						
10.				RUS 2004	II					5:13.13	420 II	
	25m:	16.36	16.36	125m:	1:35.22	20.30	225m:	2:45.85	10.16	325m:	4:16.09	19.99
	50m:	35.41	19.05	150m:	1:55.22	20.00	250m:	3:15.99	30.14	350m:	4:35.74	19.65
	75m:	54.92	19.51	175m:	2:15.62	20.40	275m:	3:36.06	20.07	375m:	4:54.80	19.06
	100m:	1:14.92	20.00	200m:	2:35.69	20.07	300m:	3:56.10	20.04	400m:	5:13.13	18.33
11.				RUS 2005	III					5:13.25	419 II	
	25m:	16.56	16.56	125m:	1:32.64	20.06	225m:	2:53.53	20.44	325m:	4:14.66	20.63
	50m:	34.20	17.64	150m:	1:52.43	19.79	250m:	3:13.51	19.98	350m:	4:34.71	20.05
	75m:	53.11	18.91	175m:	2:12.83	20.40	275m:	3:34.00	20.49	375m:	4:54.71	20.00
	100m:	1:12.58	19.47	200m:	2:33.09	20.26	300m:	3:54.03	20.03	400m:	5:13.25	18.54
12.				RUS 2004	II					5:16.63	406 II	
	25m:	15.84	15.84	125m:	1:36.15	20.69	225m:	2:59.29	19.87	325m:	4:19.83	19.87
	50m:	34.77	18.93	150m:	1:57.56	21.41	250m:	3:19.48	20.19	350m:	4:39.58	19.75
	75m:	54.99	20.22	175m:	2:18.61	21.05	275m:	3:39.97	20.49	375m:	4:58.49	18.91
	100m:	1:15.46	20.47	200m:	2:39.42	20.81	300m:	3:59.96	19.99	400m:	5:16.63	18.14
13.				RUS 2005	II					5:16.78	405 II	
	25m:	16.95	16.95	125m:	1:35.52	20.17	225m:	2:55.94	19.89	325m:	4:17.97	20.33
	50m:	35.87	18.92	150m:	1:55.65	20.13	250m:	3:16.50	20.56	350m:	4:38.56	20.59
	75m:	55.34	19.47	175m:	2:15.89	20.24	275m:	3:37.16	20.66	375m:	4:58.47	19.91
	100m:	1:15.35	20.01	200m:	2:36.05	20.16	300m:	3:57.64	20.48	400m:	5:16.78	18.31
14.				RUS 2004	III					5:19.59	395 II	
	25m:	16.26	16.26	125m:	1:32.94	20.30	225m:	2:55.63	20.60	325m:	4:19.82	21.04
	50m:	34.69	18.43	150m:	1:53.66	20.72	250m:	3:16.89	21.26	350m:	4:40.88	21.06
	75m:	53.47	18.78	175m:	2:14.06	20.40	275m:	3:37.41	20.52	375m:	5:01.47	20.59
	100m:	1:12.64	19.17	200m:	2:35.03	20.97	300m:	3:58.78	21.37	400m:	5:19.59	18.12
15.				RUS 2004	1					5:19.88	394 II	
	25m:	16.29	16.29	125m:	1:33.93	20.24	225m:	2:57.54	20.95	325m:	4:21.37	20.80
	50m:	34.79	18.50	150m:	1:54.70	20.77	250m:	3:18.41	20.87	350m:	4:42.49	21.12
	75m:	54.10	19.31	175m:	2:15.43	20.73	275m:	3:39.54	21.13	375m:	5:02.18	19.69
	100m:	1:13.69	19.59	200m:	2:36.59	21.16	300m:	4:00.57	21.03	400m:	5:19.88	17.70
16.				RUS 2005	II					5:22.15	385 II	
	25m:	17.25	17.25	125m:	1:37.77	20.71	225m:	2:59.89	20.42	325m:	4:21.18	19.29
	50m:	36.35	19.10	150m:	1:58.18	20.41	250m:	3:20.87	20.98	350m:	4:39.02	17.84
	75m:	56.22	19.87	175m:	2:18.63	20.45	275m:	3:41.24	20.37	375m:	5:02.18	19.69
	100m:	1:17.06	20.84	200m:	2:39.47	20.84	300m:	4:01.89	20.65	400m:	5:22.15	43.13
17.				RUS 2004	II					5:22.23	385 II	
	25m:	15.84	15.84	125m:	1:35.38	20.53	225m:	2:59.42	21.00	325m:	4:22.88	20.67
	50m:	34.98	19.14	150m:	1:56.27	20.89	250m:	3:20.10	20.68	350m:	4:43.11	20.23
	75m:	54.74	19.76	175m:	2:17.41	21.14	275m:	3:41.26	21.16	375m:	5:03.47	20.36
	100m:	1:14.85	20.11	200m:	2:38.42	21.01	300m:	4:02.21	20.95	400m:	5:22.23	18.76
18.				RUS 2006	III					5:23.66	380 RCII	
	25m:	16.71	16.71	125m:	1:37.57	20.65	225m:	3:01.57	20.70	325m:	4:25.50	20.83
	50m:	35.97	19.26	150m:	1:58.48	20.91	250m:	3:22.83	21.26	350m:	4:46.06	20.56
	75m:	56.14	20.17	175m:	2:19.58	21.10	275m:	3:43.53	20.70	375m:	5:05.49	19.43
	100m:	1:16.92	20.78	200m:	2:40.87	21.29	300m:	4:04.67	21.14	400m:	5:23.66	18.17
19.				RUS 2006	II		2,			5:23.77	380 II	
	25m:	16.50	16.50	125m:	1:34.96	20.90	225m:	3:39.87	1:02.77	325m:	5:04.18	1:02.73
	50m:	34.91	18.41	150m:	1:55.66	20.70	250m:	3:18.45		350m:	4:44.16	
	75m:	54.39	19.48	175m:	2:57.51	1:01.85	275m:	4:22.53	1:04.08	375m:	5:23.77	39.61
	100m:	1:14.06	19.67	200m:	2:37.10		300m:	4:01.45		400m:		



17, , 400m ,				2004 - 2006					
20.				RUS 2006	II			5:23.81	379 II
	25m: 17.57	17.57	125m: 1:39.28	21.05	225m: 3:02.64	20.64	325m: 4:25.87	20.65	
	50m: 37.22	19.65	150m: 2:00.29	21.01	250m: 3:23.77	21.13	350m: 4:46.02	20.15	
	75m: 57.36	20.14	175m: 2:21.07	20.78	275m: 3:44.62	20.85	375m: 5:05.59	19.57	
	100m: 1:18.23	20.87	200m: 2:42.00	20.93	300m: 4:05.22	20.60	400m: 5:23.81	18.22	
21.				RUS 2004	II			5:24.42	377 II
	25m: 16.01	16.01	125m: 1:35.10	20.87	225m: 2:59.78	21.40	325m: 4:24.23	21.00	
	50m: 34.35	18.34	150m: 1:56.07	20.97	250m: 3:20.72	20.94	350m: 4:44.90	20.67	
	75m: 54.07	19.72	175m: 2:17.29	21.22	275m: 3:42.12	21.40	375m: 5:05.40	20.50	
	100m: 1:14.23	20.16	200m: 2:38.38	21.09	300m: 4:03.23	21.11	400m: 5:24.42	19.02	
22.				RUS 2004	II			5:24.53	377 II
	25m: 16.02	16.02	125m: 1:36.39	20.97	225m: 3:00.73	20.82	325m: 4:24.78	20.70	
	50m: 34.68	18.66	150m: 1:57.39	21.00	250m: 3:21.95	21.22	350m: 4:45.39	20.61	
	75m: 54.76	20.08	175m: 2:18.68	21.29	275m: 3:42.92	20.97	375m: 5:06.04	20.65	
	100m: 1:15.42	20.66	200m: 2:39.91	21.23	300m: 4:04.08	21.16	400m: 5:24.53	18.49	
23.				RUS 2004	1			5:28.91	362 II
	25m: 17.49	17.49	125m: 1:39.47	21.62	225m: 3:04.38	21.23	325m: 4:29.31	21.12	
	50m: 37.20	19.71	150m: 2:00.31	20.84	250m: 3:25.39	21.01	350m: 4:50.04	20.73	
	75m: 57.46	20.26	175m: 2:22.06	21.75	275m: 3:46.65	21.26	375m: 5:10.22	20.18	
	100m: 1:17.85	20.39	200m: 2:43.15	21.09	300m: 4:08.19	21.54	400m: 5:28.91	18.69	
24.				RUS 2004	III			5:37.55	335 III
	25m: 17.22	17.22	125m: 1:42.81	21.83	225m: 3:12.13	22.33	325m: 4:36.53	20.95	
	50m: 37.71	20.49	150m: 2:05.23	22.42	250m: 3:33.18	21.05	350m: 4:58.04	21.51	
	75m: 59.04	21.33	175m: 2:27.39	22.16	275m: 3:53.71	20.53	375m: 5:18.35	20.31	
	100m: 1:20.98	21.94	200m: 2:49.80	22.41	300m: 4:15.58	21.87	400m: 5:37.55	19.20	
25.				RUS 2004	II	-22 ,		5:37.63	335 III
	25m: 17.35	17.35	125m: 1:39.52	21.70	225m: 3:07.15	22.10	325m: 4:34.53	21.10	
	50m: 36.26	18.91	150m: 2:01.28	21.76	250m: 3:29.43	22.28	350m: 4:56.20	21.67	
	75m: 56.81	20.55	175m: 2:23.16	21.88	275m: 3:51.58	22.15	375m: 5:17.89	21.69	
	100m: 1:17.82	21.01	200m: 2:45.05	21.89	300m: 4:13.43	21.85	400m: 5:37.63	19.74	
26.				RUS 2004	2			5:41.55	323 III
	25m: 17.92	17.92	125m: 1:43.07	21.98	225m: 3:11.60	22.60	325m: 4:38.77	21.40	
	50m: 38.20	20.28	150m: 2:04.97	21.90	250m: 3:33.55	21.95	350m: 5:00.41	21.64	
	75m: 59.48	21.28	175m: 2:26.89	21.92	275m: 3:55.49	21.94	375m: 5:21.27	20.86	
	100m: 1:21.09	21.61	200m: 2:49.00	22.11	300m: 4:17.37	21.88	400m: 5:41.55	20.28	
27.				RUS 2004	III			5:43.45	318 III
	25m: 18.62	18.62	125m: 1:43.76	21.83	225m: 3:11.62	21.84	325m: 4:39.86	22.10	
	50m: 39.38	20.76	150m: 2:05.52	21.76	250m: 3:33.68	22.06	350m: 5:01.48	21.62	
	75m: 1:00.47	21.09	175m: 2:27.64	22.12	275m: 3:56.09	22.41	375m: 5:22.83	21.35	
	100m: 1:21.93	21.46	200m: 2:49.78	22.14	300m: 4:17.76	21.67	400m: 5:43.45	20.62	
28.				RUS 2005	III			5:43.80	317 III
	25m: 17.67	17.67	125m: 1:43.31	22.43	225m: 3:12.55	22.71	325m: 4:40.92	21.89	
	50m: 37.71	20.04	150m: 2:05.54	22.23	250m: 3:33.70	21.15	350m: 5:03.53	22.61	
	75m: 58.60	20.89	175m: 2:27.95	22.41	275m: 3:56.40	22.70	375m: 5:25.09	21.56	
	100m: 1:20.88	22.28	200m: 2:49.84	21.89	300m: 4:19.03	22.63	400m: 5:43.80	18.71	
29.				RUS 2005	III			5:44.28	316 III
	25m: 17.96	17.96	125m: 1:44.51	22.35	225m: 3:13.40	22.53	325m: 4:40.83	21.93	
	50m: 38.33	20.37	150m: 2:06.52	22.01	250m: 3:35.28	21.88	350m: 5:02.89	22.06	
	75m: 1:00.31	21.98	175m: 2:28.70	22.18	275m: 3:57.29	22.01	375m: 5:24.80	21.91	
	100m: 1:22.16	21.85	200m: 2:50.87	22.17	300m: 4:18.90	21.61	400m: 5:44.28	19.48	



		17, , 400m				2004 - 2006						
30.				RUS 2004	III			5:47.12	308	III		
	25m:	17.62	17.62	125m:	1:43.28	21.77	225m:	3:11.32	22.53	325m:	4:39.87	22.23
	50m:	38.50	20.88	150m:	2:04.93	21.65	250m:	3:33.82	22.50	350m:	5:02.00	22.13
	75m:	59.61	21.11	175m:	2:26.64	21.71	275m:	3:55.81	21.99	375m:	5:24.40	22.40
	100m:	1:21.51	21.90	200m:	2:48.79	22.15	300m:	4:17.64	21.83	400m:	5:47.12	22.72
31.				RUS 2005	III			5:49.63	301	III		
	25m:	19.35	19.35	125m:	1:44.26	21.70	225m:	3:12.72	22.04	325m:	4:42.67	21.62
	50m:	39.98	20.63	150m:	2:06.22	21.96	250m:	3:35.37	22.65	350m:	5:05.17	22.50
	75m:	1:01.22	21.24	175m:	2:28.57	22.35	275m:	3:57.99	22.62	375m:	5:28.37	23.20
	100m:	1:22.56	21.34	200m:	2:50.68	22.11	300m:	4:21.05	23.06	400m:	5:49.63	21.26
32.				RUS 2005	III			5:55.98	285	III		
	25m:	17.84	17.84	125m:	1:46.02	22.61	225m:	3:18.37	22.82	325m:	4:49.68	22.47
	50m:	38.70	20.86	150m:	2:09.07	23.05	250m:	3:41.47	23.10	350m:	5:12.41	22.73
	75m:	1:00.79	22.09	175m:	2:32.09	23.02	275m:	4:04.28	22.81	375m:	5:34.91	22.50
	100m:	1:23.41	22.62	200m:	2:55.55	23.46	300m:	4:27.21	22.93	400m:	5:55.98	21.07
33.				RUS 2004	III			6:06.34	262	III		
	25m:	17.03	17.03	125m:	1:46.85	24.45	225m:	3:22.80	23.39	325m:	4:58.99	23.85
	50m:	36.93	19.90	150m:	2:11.03	24.18	250m:	3:47.12	24.32	350m:	5:23.24	24.25
	75m:	59.33	22.40	175m:	2:35.06	24.03	275m:	4:11.68	24.56	375m:	5:46.41	23.17
	100m:	1:22.40	23.07	200m:	2:59.41	24.35	300m:	4:35.14	23.46	400m:	6:06.34	19.93
34.				RUS 2005	1	3		6:06.35	262	III		
	25m:	18.14	18.14	125m:	1:46.78	22.81	225m:	3:22.66	24.44	325m:	4:58.99	24.05
	50m:	38.84	20.70	150m:	2:10.52	23.74	250m:	3:46.34	23.68	350m:	5:22.10	23.11
	75m:	1:01.32	22.48	175m:	2:34.54	24.02	275m:	4:10.59	24.25	375m:	5:45.29	23.19
	100m:	1:23.97	22.65	200m:	2:58.22	23.68	300m:	4:34.94	24.35	400m:	6:06.35	21.06
35.				RUS 2005	2			7:36.60	135	II		
	25m:	19.25	19.25	125m:	2:01.36	55.94	225m:	4:03.07		375m:	7:07.78	1:00.68
	50m:	41.12	21.87	175m:	3:01.49	1:00.13	275m:	5:05.44	1:02.37	400m:	7:36.60	28.82
	75m:	1:05.42	24.30	200m:	4:35.09	1:33.60	325m:	6:07.10	1:01.66			
DSQ				RUS 2004	III						III	