



# ВСЕРОССИЙСКИЙ ТУРНИР ПО ПЛАВАНИЮ MAD WAVE CHALLENGE 2016

**III этап**  
6-8 мая / Казань



7 , 400m 2002 - 2003  
06.05.2016

Mad Wave Challenge			4:56.51			RUS			07.05.2015		
: FINA 2015											
1.			RUS 2003	I		-1,		<b>4:34.55</b>	623	RC	
	25m:	14.31 14.31	125m:	1:21.98 17.52	225m:	2:32.36 17.84	325m:	3:43.54 17.25			
	50m:	30.51 16.20	150m:	1:39.13 17.15	250m:	2:50.14 17.78	350m:	4:00.99 17.45			
	75m:	47.44 16.93	175m:	1:56.83 17.70	275m:	3:08.36 18.22	375m:	4:18.18 17.19			
	100m:	1:04.46 17.02	200m:	2:14.52 17.69	300m:	3:26.29 17.93	400m:	4:34.55 16.37			
2.			RUS 2002	I		2		<b>4:39.46</b>	590	I	
	25m:	14.85 14.85	125m:	1:23.07 17.55	225m:	2:21.98 4.60	325m:	3:48.31 18.48			
	50m:	31.32 16.47	150m:	1:41.08 18.01	250m:	2:53.46 31.48	350m:	4:06.10 17.79			
	75m:	48.08 16.76	175m:	1:59.10 18.02	275m:	3:11.48 18.02	375m:	4:11.77 5.67			
	100m:	1:05.52 17.44	200m:	2:17.38 18.28	300m:	3:29.83 18.35	400m:	4:39.46 27.69			
3.	FORNASARI, Julie		NOR 2003		Skjetten Svømming - NORWAY			<b>4:39.72</b>	589	I	
	25m:	14.90 14.90	125m:	1:23.79 17.61	225m:	2:34.89 17.75	325m:	3:46.68 18.07			
	50m:	31.53 16.63	150m:	1:41.82 18.03	250m:	2:52.48 17.59	350m:	4:04.56 17.88			
	75m:	48.69 17.16	175m:	1:59.48 17.66	275m:	3:10.50 18.02	375m:	4:22.43 17.87			
	100m:	1:06.18 17.49	200m:	2:17.14 17.66	300m:	3:28.61 18.11	400m:	4:39.72 17.29			
4.			RUS 2002	I				<b>4:42.09</b>	574	I	
	25m:	14.54 14.54	125m:	1:24.10 17.85	225m:	2:36.95 17.87	325m:	3:49.27 18.04			
	50m:	30.99 16.45	150m:	1:42.38 18.28	250m:	2:54.91 17.96	350m:	4:07.43 18.16			
	75m:	48.37 17.38	175m:	2:00.71 18.33	275m:	3:12.80 17.89	375m:	4:25.30 17.87			
	100m:	1:06.25 17.88	200m:	2:19.08 18.37	300m:	3:31.23 18.43	400m:	4:42.09 16.79			
5.			RUS 2002	I		2		<b>4:44.63</b>	559	I	
	25m:	15.71 15.71	125m:	1:26.01 17.95	225m:	2:39.08 18.39	325m:	3:52.00 18.15			
	50m:	32.74 17.03	150m:	1:44.23 18.22	250m:	2:57.18 18.10	350m:	4:10.46 18.46			
	75m:	50.12 17.38	175m:	2:02.35 18.12	275m:	3:15.69 18.51	375m:	4:28.40 17.94			
	100m:	1:08.06 17.94	200m:	2:20.69 18.34	300m:	3:33.85 18.16	400m:	4:44.63 16.23			
6.			BLR 2003					<b>4:45.57</b>	553	I	
	25m:	10.01 10.01	125m:	1:23.41 17.67	225m:	2:36.13 17.96	325m:	3:50.13 18.57			
	50m:	31.01 21.00	150m:	1:41.49 18.08	250m:	2:54.38 18.25	350m:	4:09.04 18.91			
	75m:	48.26 17.25	175m:	1:59.83 18.34	275m:	3:13.00 18.62	375m:	4:27.65 18.61			
	100m:	1:05.74 17.48	200m:	2:18.17 18.34	300m:	3:31.56 18.56	400m:	4:45.57 17.92			
7.			RUS 2002	I				<b>4:46.20</b>	550	I	
	25m:	15.48 15.48	125m:	1:26.92 18.25	225m:	2:40.01 18.12	325m:	3:52.52 17.98			
	50m:	32.77 17.29	150m:	1:45.18 18.26	250m:	2:58.32 18.31	350m:	4:10.59 18.07			
	75m:	50.54 17.77	175m:	2:03.56 18.38	275m:	3:16.35 18.03	375m:	4:28.48 17.89			
	100m:	1:08.67 18.13	200m:	2:21.89 18.33	300m:	3:34.54 18.19	400m:	4:46.20 17.72			
8.			RUS 2003	I				<b>4:48.77</b>	535	I	
	25m:	15.27 15.27	125m:	1:25.82 18.11	225m:	2:39.51 18.09	325m:	3:53.59 18.16			
	50m:	32.73 17.46	150m:	1:44.06 18.24	250m:	2:58.66 19.15	350m:	4:12.56 18.97			
	75m:	50.19 17.46	175m:	2:02.62 18.56	275m:	3:16.99 18.33	375m:	4:30.89 18.33			
	100m:	1:07.71 17.52	200m:	2:21.42 18.80	300m:	3:35.43 18.44	400m:	4:48.77 17.88			
9.			RUS 2003	II		-3,		<b>4:49.37</b>	532	I	
	25m:	15.38 15.38	125m:	1:26.75 18.27	225m:	2:40.55 17.95	325m:	3:54.38 18.70			
	50m:	32.67 17.29	150m:	1:45.58 18.83	250m:	2:59.12 18.57	350m:	4:13.56 19.18			
	75m:	50.43 17.76	175m:	2:04.04 18.46	275m:	3:16.97 17.85	375m:	4:31.69 18.13			
	100m:	1:08.48 18.05	200m:	2:22.60 18.56	300m:	3:35.68 18.71	400m:	4:49.37 17.68			
10.			RUS 2003	I				<b>4:49.61</b>	531	I	
	25m:	15.67 15.67	125m:	1:26.47 18.10	225m:	2:40.63 18.52	325m:	3:54.75 17.89			
	50m:	32.53 16.86	150m:	1:45.08 18.61	250m:	2:59.39 18.76	350m:	4:13.79 19.04			
	75m:	50.27 17.74	175m:	2:03.43 18.35	275m:	3:17.92 18.53	375m:	4:32.04 18.25			
	100m:	1:08.37 18.10	200m:	2:22.11 18.68	300m:	3:36.86 18.94	400m:	4:49.61 17.57			



7, , 400m ,		2002 - 2003				
11.		RUS 2002	I	<b>4:50.24</b>	527	I
	25m: 15.84 15.84	125m: 1:27.99 18.47	225m: 2:42.20 18.58	325m: 3:55.71 18.33		
	50m: 33.35 17.51	150m: 1:46.47 18.48	250m: 3:00.66 18.46	350m: 4:14.18 18.47		
	75m: 51.26 17.91	175m: 2:05.10 18.63	275m: 3:18.88 18.22	375m: 4:32.43 18.25		
	100m: 1:09.52 18.26	200m: 2:23.62 18.52	300m: 3:37.38 18.50	400m: 4:50.24 17.81		
12.		BLR 2002		<b>4:51.57</b>	520	I
	25m: 15.31 15.31	125m: 1:26.87 18.36	225m: 2:41.22 18.63	325m: 3:56.05 18.57		
	50m: 32.29 16.98	150m: 1:45.45 18.58	250m: 2:59.99 18.77	350m: 4:14.95 18.90		
	75m: 50.25 17.96	175m: 2:04.03 18.58	275m: 3:18.64 18.65	375m: 4:33.46 18.51		
	100m: 1:08.51 18.26	200m: 2:22.59 18.56	300m: 3:37.48 18.84	400m: 4:51.57 18.11		
13.		RUS 2002	I	<b>4:52.49</b>	515	I
	25m: 14.80 14.80	125m: 1:25.68 18.68	225m: 2:41.69 19.34	325m: 3:58.06 19.08		
	50m: 31.48 16.68	150m: 1:44.44 18.76	250m: 3:00.77 19.08	350m: 4:17.26 19.20		
	75m: 48.74 17.26	175m: 2:03.60 19.16	275m: 3:20.18 19.41	375m: 4:35.74 18.48		
	100m: 1:07.00 18.26	200m: 2:22.35 18.75	300m: 3:38.98 18.80	400m: 4:52.49 16.75		
14.		RUS 2003	I	<b>4:53.27</b>	511	I
	25m: 14.62 14.62	125m: 1:27.03 18.14	225m: 2:41.98 18.51	325m: 3:57.80 18.83		
	50m: 32.44 17.82	150m: 1:46.44 19.41	250m: 3:01.35 19.37	350m: 4:16.76 18.96		
	75m: 50.50 18.06	175m: 2:04.58 18.14	275m: 3:19.93 18.58	375m: 4:35.26 18.50		
	100m: 1:08.89 18.39	200m: 2:23.47 18.89	300m: 3:38.97 19.04	400m: 4:53.27 18.01		
15.		RUS 2003	I	<b>4:53.68</b>	509	I
	25m: 15.30 15.30	125m: 1:27.47 18.87	225m: 2:43.26 18.58	325m: 3:59.57 18.46		
	50m: 32.07 16.77	150m: 1:46.57 19.10	250m: 3:02.30 19.04	350m: 4:18.40 18.83		
	75m: 49.81 17.74	175m: 2:05.24 18.67	275m: 3:21.95 19.65	375m: 4:36.70 18.30		
	100m: 1:08.60 18.79	200m: 2:24.68 19.44	300m: 3:41.11 19.16	400m: 4:53.68 16.98		
16.		RUS 2002	I	<b>4:55.89</b>	497	I
	25m: 16.14 16.14	125m: 1:30.75 19.37	225m: 2:46.70 19.05	325m: 4:01.31 18.55		
	50m: 33.88 17.74	150m: 1:49.54 18.79	250m: 3:05.51 18.81	350m: 4:20.28 18.97		
	75m: 52.59 18.71	175m: 2:08.83 19.29	275m: 3:24.11 18.60	375m: 4:38.66 18.38		
	100m: 1:11.38 18.79	200m: 2:27.65 18.82	300m: 3:42.76 18.65	400m: 4:55.89 17.23		
17.		RUS 2002	I	<b>4:56.04</b>	497	I
	25m: 14.99 14.99	125m: 1:25.73 18.72	225m: 2:41.17 19.21	325m: 3:58.81 19.66		
	50m: 31.52 16.53	150m: 1:44.66 18.93	250m: 3:00.57 19.40	350m: 4:17.98 19.17		
	75m: 49.04 17.52	175m: 2:03.22 18.56	275m: 3:20.09 19.52	375m: 4:37.51 19.53		
	100m: 1:07.01 17.97	200m: 2:21.96 18.74	300m: 3:39.15 19.06	400m: 4:56.04 18.53		
18.		RUS 2003	I	<b>4:56.40</b>	495	I
	25m: 16.19 16.19	125m: 1:29.62 18.84	225m: 2:45.24 18.84	325m: 4:01.35 18.58		
	50m: 33.88 17.69	150m: 1:48.60 18.98	250m: 3:04.47 19.23	350m: 4:20.21 18.86		
	75m: 52.02 18.14	175m: 2:07.62 19.02	275m: 3:23.56 19.09	375m: 4:38.84 18.63		
	100m: 1:10.78 18.76	200m: 2:26.40 18.78	300m: 3:42.77 19.21	400m: 4:56.40 17.56		
19.		RUS 2002	I	<b>4:57.06</b>	492	II
	25m: 14.95 14.95	125m: 1:25.97 19.04	225m: 2:42.19 19.24	325m: 3:59.70 19.31		
	50m: 31.23 16.28	150m: 1:44.74 18.77	250m: 3:01.55 19.36	350m: 4:19.22 19.52		
	75m: 48.61 17.38	175m: 2:03.96 19.22	275m: 3:21.27 19.72	375m: 4:39.01 19.79		
	100m: 1:06.93 18.32	200m: 2:22.95 18.99	300m: 3:40.39 19.12	400m: 4:57.06 18.05		
20.		RUS 2002		<b>5:00.18</b>	476	II
	25m: 15.11 15.11	125m: 1:27.34 19.13	225m: 2:44.55 19.38	325m: 4:02.47 19.52		
	50m: 31.96 16.85	150m: 1:46.59 19.25	250m: 3:04.05 19.50	350m: 4:21.86 19.39		
	75m: 49.68 17.72	175m: 2:05.82 19.23	275m: 3:23.45 19.40	375m: 4:41.26 19.40		
	100m: 1:08.21 18.53	200m: 2:25.17 19.35	300m: 3:42.95 19.50	400m: 5:00.18 18.92		



7, , 400m , 2002 - 2003

21.			RUS 2003	I								<b>5:00.73</b>	474	II
	25m:	15.76	15.76	125m:	1:30.59	18.96	225m:	2:47.00	19.05	325m:	4:04.21	19.71		
	50m:	33.69	17.93	150m:	1:49.77	19.18	250m:	3:06.36	19.36	350m:	4:23.29	19.08		
	75m:	52.47	18.78	175m:	2:08.84	19.07	275m:	3:25.23	18.87	375m:	4:42.68	19.39		
	100m:	1:11.63	19.16	200m:	2:27.95	19.11	300m:	3:44.50	19.27	400m:	5:00.73	18.05		
22.			RUS 2002	II								<b>5:01.20</b>	472	II
	25m:	16.83	16.83	125m:	1:31.07	18.53	225m:	2:47.80	19.36	325m:	4:04.68	19.26		
	50m:	35.20	18.37	150m:	1:50.16	19.09	250m:	3:06.98	19.18	350m:	4:24.04	19.36		
	75m:	53.78	18.58	175m:	2:09.19	19.03	275m:	3:25.95	18.97	375m:	4:42.91	18.87		
	100m:	1:12.54	18.76	200m:	2:28.44	19.25	300m:	3:45.42	19.47	400m:	5:01.20	18.29		
23.			RUS 2003	I								<b>5:02.46</b>	466	II
	25m:	15.95	15.95	125m:	1:29.18	18.89	225m:	2:47.51	19.89	325m:	4:05.43	19.60		
	50m:	33.14	17.19	150m:	1:48.38	19.20	250m:	3:07.08	19.57	350m:	4:24.95	19.52		
	75m:	51.52	18.38	175m:	2:07.99	19.61	275m:	3:26.55	19.47	375m:	4:44.54	19.59		
	100m:	1:10.29	18.77	200m:	2:27.62	19.63	300m:	3:45.83	19.28	400m:	5:02.46	17.92		
24.			RUS 2002	I								<b>5:03.59</b>	460	II
	25m:	16.19	16.19	125m:	1:30.61	18.75	225m:	2:47.57	19.34	325m:	4:06.47	19.71		
	50m:	34.33	18.14	150m:	1:49.60	18.99	250m:	3:07.29	19.72	350m:	4:26.37	19.90		
	75m:	52.77	18.44	175m:	2:08.69	19.09	275m:	3:27.16	19.87	375m:	4:45.85	19.48		
	100m:	1:11.86	19.09	200m:	2:28.23	19.54	300m:	3:46.76	19.60	400m:	5:03.59	17.74		
25.			RUS 2003	II								<b>5:06.20</b>	449	II
	25m:	16.77	16.77	125m:	1:32.40	19.30	225m:	2:49.76	19.36	325m:	4:08.21	19.51		
	50m:	35.11	18.34	150m:	1:51.59	19.19	250m:	3:09.48	19.72	350m:	4:28.61	20.40		
	75m:	53.79	18.68	175m:	2:10.76	19.17	275m:	3:28.95	19.47	375m:	4:47.87	19.26		
	100m:	1:13.10	19.31	200m:	2:30.40	19.64	300m:	3:48.70	19.75	400m:	5:06.20	18.33		
26.			BLR 2003	II								<b>5:07.05</b>	445	II
	25m:	16.04	16.04	125m:	1:30.95	19.39	225m:	2:48.90	19.74	325m:	4:07.94	19.75		
	50m:	33.95	17.91	150m:	1:50.18	19.23	250m:	3:08.86	19.96	350m:	4:27.83	19.89		
	75m:	52.42	18.47	175m:	2:09.57	19.39	275m:	3:28.41	19.55	375m:	4:48.01	20.18		
	100m:	1:11.56	19.14	200m:	2:29.16	19.59	300m:	3:48.19	19.78	400m:	5:07.05	19.04		
27.			RUS 2003	II								<b>5:07.59</b>	443	II
	25m:	16.24	16.24	125m:	1:31.67	19.50	225m:	2:49.76	19.48	325m:	4:08.72	19.65		
	50m:	34.23	17.99	150m:	1:51.17	19.50	250m:	3:09.29	19.53	350m:	4:28.94	20.22		
	75m:	52.86	18.63	175m:	2:10.57	19.40	275m:	3:29.06	19.77	375m:	4:48.39	19.45		
	100m:	1:12.17	19.31	200m:	2:30.28	19.71	300m:	3:49.07	20.01	400m:	5:07.59	19.20		
28.			RUS 2003	II								<b>5:16.33</b>	407	II
	25m:	16.53	16.53	125m:	1:33.56	19.81	225m:	2:54.33	20.37	325m:	4:18.53	20.35		
	50m:	35.33	18.80	150m:	1:53.31	19.75	250m:	3:15.90	21.57	350m:	4:38.91	20.38		
	75m:	53.90	18.57	175m:	2:13.81	20.50	275m:	3:37.06	21.16	375m:	4:58.26	19.35		
	100m:	1:13.75	19.85	200m:	2:33.96	20.15	300m:	3:58.18	21.12	400m:	5:16.33	18.07		
29.			RUS 2002	II								<b>5:17.20</b>	404	II
	25m:	16.26	16.26	125m:	1:03.27		225m:	2:11.94		325m:	3:36.45			
	50m:	33.52	17.26	150m:	1:51.58	48.31	250m:	3:14.72	1:02.78	350m:	4:38.57	1:02.12		
	75m:	36.74	3.22	175m:	1:31.22		275m:	2:54.00		375m:	4:12.44			
	100m:	1:11.38	34.64	200m:	2:32.81	1:01.59	300m:	3:56.61	1:02.61	400m:	5:17.20	1:04.76		
30.			RUS 2002	II								<b>5:21.03</b>	389	II
	25m:	55.55	55.55	100m:	1:15.62		250m:	3:18.22	41.61	400m:	5:21.03	39.92		
	50m:	35.98		150m:	1:55.89	40.27	300m:	3:59.60	41.38					
	75m:	1:35.55	59.57	200m:	2:36.61	40.72	350m:	4:41.11	41.51					
31.			RUS 2003	III								<b>5:40.30</b>	327	III
	25m:	16.83	16.83	125m:	1:41.81	22.25	225m:	3:10.35	22.09	325m:	4:38.10	22.23		
	50m:	36.90	20.07	150m:	2:04.03	22.22	250m:	3:32.27	21.92	350m:	4:59.75	21.65		
	75m:	57.99	21.09	175m:	2:26.43	22.40	275m:	3:54.19	21.92	375m:	5:20.89	21.14		
	100m:	1:19.56	21.57	200m:	2:48.26	21.83	300m:	4:15.87	21.68	400m:	5:40.30	19.41		

« , 25 . swim4you.ru

OMEGA ARES-21



# ВСЕРОССИЙСКИЙ ТУРНИР ПО ПЛАВАНИЮ MAD WAVE CHALLENGE 2016

**III этап**  
6-8 мая / Казань



7, , 400m , 2002 - 2003

32.			RUS	2003	III				<b>5:44.14</b>	316	III	
	25m:	16.00	16.00	125m:	1:35.74	21.60	225m:	3:07.74	23.57	325m:	4:38.79	23.00
	50m:	34.21	18.21	150m:	1:58.65	22.91	250m:	3:30.80	23.06	350m:	5:01.48	22.69
	75m:	53.18	18.97	175m:	2:20.76	22.11	275m:	3:53.45	22.65	375m:	5:23.04	21.56
	100m:	1:14.14	20.96	200m:	2:44.17	23.41	300m:	4:15.79	22.34	400m:	5:44.14	21.10

