



# ВСЕРОССИЙСКИЙ ТУРНИР ПО ПЛАВАНИЮ MAD WAVE CHALLENGE 2016

**III этап**  
6-8 мая / Казань



8 , 400m 2002 - 2003  
06.05.2016

Mad Wave Challenge 4:36.58 07.05.2015  
: FINA 2015

1.			UKR 2002	I	«	»		<b>4:11.39</b>	601			
	25m:	13.72	13.72	125m:	1:15.96	15.81	225m:	2:20.65	16.01	325m:	3:25.46	15.44
	50m:	28.68	14.96	150m:	1:32.27	16.31	250m:	2:36.70	16.05	350m:	3:41.35	15.89
	75m:	44.23	15.55	175m:	1:48.57	16.30	275m:	2:53.34	16.64	375m:	3:45.61	4.26
	100m:	1:00.15	15.92	200m:	2:04.64	16.07	300m:	3:10.02	16.68	400m:	4:11.39	25.78
2.			RUS 2002	I	2	-		<b>4:21.88</b>	532	I		
	25m:	13.86	13.86	125m:	1:17.73	16.62	225m:	2:24.78	16.47	325m:	3:31.85	17.28
	50m:	29.08	15.22	150m:	1:34.63	16.90	250m:	2:41.58	16.80	350m:	3:49.13	17.28
	75m:	44.99	15.91	175m:	1:51.52	16.89	275m:	2:57.99	16.41	375m:	4:06.32	17.19
	100m:	1:01.11	16.12	200m:	2:08.31	16.79	300m:	3:14.57	16.58	400m:	4:21.88	15.56
3.			RUS 2002	I				<b>4:21.90</b>	532	I		
	25m:	13.25	13.25	125m:	1:17.04	16.32	225m:	2:24.31	16.76	325m:	3:32.18	16.98
	50m:	28.39	15.14	150m:	1:33.94	16.90	250m:	2:41.22	16.91	350m:	3:49.45	17.27
	75m:	44.15	15.76	175m:	1:50.65	16.71	275m:	2:58.22	17.00	375m:	4:06.24	16.79
	100m:	1:00.72	16.57	200m:	2:07.55	16.90	300m:	3:15.20	16.98	400m:	4:21.90	15.66
4.			RUS 2002	I				<b>4:26.04</b>	507	I		
	25m:	13.68	13.68	125m:	1:19.51	16.88	225m:	2:27.53	17.16	325m:	3:36.44	17.18
	50m:	29.68	16.00	150m:	1:36.33	16.82	250m:	2:44.67	17.14	350m:	3:53.67	17.23
	75m:	45.89	16.21	175m:	1:53.18	16.85	275m:	3:02.00	17.33	375m:	4:10.63	16.96
	100m:	1:02.63	16.74	200m:	2:10.37	17.19	300m:	3:19.26	17.26	400m:	4:26.04	15.41
5.	JONTVEDT, Jon		NOR 2003			Bryne Symjeklubb		<b>4:29.52</b>	488	RCII		
	25m:	13.96	13.96	125m:	1:20.07	16.87	225m:	2:28.97	17.40	325m:	3:38.52	17.55
	50m:	29.67	15.71	150m:	1:37.11	17.04	250m:	2:46.42	17.45	350m:	3:55.79	17.27
	75m:	46.35	16.68	175m:	1:54.59	17.48	275m:	3:03.81	17.39	375m:	4:13.14	17.35
	100m:	1:03.20	16.85	200m:	2:11.57	16.98	300m:	3:20.97	17.16	400m:	4:29.52	16.38
6.			RUS 2002	II				<b>4:29.63</b>	487	II		
	25m:	14.37	14.37	125m:	1:20.66	17.09	225m:	2:29.58	17.42	325m:	3:38.87	17.42
	50m:	30.18	15.81	150m:	1:37.77	17.11	250m:	2:46.90	17.32	350m:	3:56.14	17.27
	75m:	46.98	16.80	175m:	1:55.05	17.28	275m:	3:04.11	17.21	375m:	4:13.45	17.31
	100m:	1:03.57	16.59	200m:	2:12.16	17.11	300m:	3:21.45	17.34	400m:	4:29.63	16.18
7.			RUS 2002	II				<b>4:29.66</b>	487	II		
	25m:	13.87	13.87	125m:	1:18.17	16.83	225m:	2:26.60	17.19	325m:	3:37.01	17.68
	50m:	29.40	15.53	150m:	1:35.21	17.04	250m:	2:44.36	17.76	350m:	3:54.85	17.84
	75m:	45.19	15.79	175m:	1:52.23	17.02	275m:	3:01.80	17.44	375m:	4:12.71	17.86
	100m:	1:01.34	16.15	200m:	2:09.41	17.18	300m:	3:19.33	17.53	400m:	4:29.66	16.95
8.			RUS 2003	II				<b>4:33.17</b>	469	II		
	25m:	14.33	14.33	125m:	1:20.29	16.96	225m:	2:29.49	17.34	325m:	3:39.75	17.68
	50m:	29.98	15.65	150m:	1:37.59	17.30	250m:	2:47.00	17.51	350m:	3:57.88	18.13
	75m:	46.64	16.66	175m:	1:54.78	17.19	275m:	3:04.49	17.49	375m:	4:15.97	18.09
	100m:	1:03.33	16.69	200m:	2:12.15	17.37	300m:	3:22.07	17.58	400m:	4:33.17	17.20
9.			RUS 2003	II				<b>4:36.83</b>	450	II		
	25m:	13.93	13.93	125m:	1:20.11	17.42	225m:	2:31.32	17.76	325m:	3:43.13	18.11
	50m:	29.08	15.15	150m:	1:37.74	17.63	250m:	2:49.43	18.11	350m:	4:01.23	18.10
	75m:	45.46	16.38	175m:	1:55.52	17.78	275m:	3:07.31	17.88	375m:	4:19.05	17.82
	100m:	1:02.69	17.23	200m:	2:13.56	18.04	300m:	3:25.02	17.71	400m:	4:36.83	17.78
10.			RUS 2002	II				<b>4:38.30</b>	443	II		
	25m:	13.85	13.85	125m:	1:20.00	16.93	225m:	2:29.80	17.48	325m:	3:42.54	18.15
	50m:	29.77	15.92	150m:	1:37.31	17.31	250m:	2:47.75	17.95	350m:	4:01.72	19.18
	75m:	46.42	16.65	175m:	1:54.92	17.61	275m:	3:05.66	17.91	375m:	4:20.26	18.54
	100m:	1:03.07	16.65	200m:	2:12.32	17.40	300m:	3:24.39	18.73	400m:	4:38.30	18.04

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OMEGA ARES-21

Splash Meet Manager 11, 11.41024

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06.05.2016 16:31 -

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8, , 400m ,				2002 - 2003					
11.				RUS 2002	I			-22 , .	<b>4:39.97</b> 435 II
	25m:	15.28	15.28	125m:	1:23.91	17.72	225m:	2:35.03	18.04 325m: 3:47.26 18.01
	50m:	31.77	16.49	150m:	1:41.52	17.61	250m:	2:53.18	18.15 350m: 4:05.09 17.83
	75m:	48.95	17.18	175m:	1:59.35	17.83	275m:	3:11.26	18.08 375m: 4:22.97 17.88
	100m:	1:06.19	17.24	200m:	2:16.99	17.64	300m:	3:29.25	17.99 400m: 4:39.97 17.00
12.				RUS 2002	II				<b>4:41.66</b> 427 II
	25m:	13.99	13.99	125m:	1:22.14	18.26	225m:	2:34.30	18.26 325m: 3:47.57 17.80
	50m:	29.83	15.84	150m:	1:40.06	17.92	250m:	2:52.60	18.30 350m: 4:05.83 18.26
	75m:	46.55	16.72	175m:	1:57.78	17.72	275m:	3:11.38	18.78 375m: 4:23.92 18.09
	100m:	1:03.88	17.33	200m:	2:16.04	18.26	300m:	3:29.77	18.39 400m: 4:41.66 17.74
13.				RUS 2003	II				<b>4:42.10</b> 425 II
	25m:	14.77	14.77	125m:	1:24.68	17.86	225m:	2:36.96	18.33 325m: 3:49.22 17.85
	50m:	31.52	16.75	150m:	1:42.71	18.03	250m:	2:54.93	17.97 350m: 4:07.45 18.23
	75m:	49.05	17.53	175m:	2:00.79	18.08	275m:	3:13.03	18.10 375m: 4:25.42 17.97
	100m:	1:06.82	17.77	200m:	2:18.63	17.84	300m:	3:31.37	18.34 400m: 4:42.10 16.68
14.				RUS 2002	II				<b>4:42.99</b> 421 II
	25m:	14.33	14.33	125m:	1:22.37	17.86	225m:	2:35.63	18.35 325m: 3:49.83 18.49
	50m:	30.22	15.89	150m:	1:40.47	18.10	250m:	2:53.99	18.36 350m: 4:08.01 18.18
	75m:	47.06	16.84	175m:	1:58.65	18.18	275m:	3:12.65	18.66 375m: 4:26.14 18.13
	100m:	1:04.51	17.45	200m:	2:17.28	18.63	300m:	3:31.34	18.69 400m: 4:42.99 16.85
15.				RUS 2003	II				<b>4:43.53</b> 419 II
	25m:	14.92	14.92	125m:	1:24.43	18.09	225m:	2:37.16	18.36 325m: 3:50.30 18.21
	50m:	31.46	16.54	150m:	1:42.42	17.99	250m:	2:55.50	18.34 350m: 4:08.58 18.28
	75m:	48.71	17.25	175m:	2:00.48	18.06	275m:	3:13.72	18.22 375m: 4:26.66 18.08
	100m:	1:06.34	17.63	200m:	2:18.80	18.32	300m:	3:32.09	18.37 400m: 4:43.53 16.87
16.				RUS 2003	II				<b>4:45.79</b> 409 II
	25m:	14.92	14.92	125m:	1:24.49	17.74	225m:	2:37.76	18.56 325m: 3:52.06 18.58
	50m:	31.91	16.99	150m:	1:42.55	18.06	250m:	2:56.48	18.72 350m: 4:10.51 18.45
	75m:	49.22	17.31	175m:	2:00.73	18.18	275m:	3:15.01	18.53 375m: 4:28.56 18.05
	100m:	1:06.75	17.53	200m:	2:19.20	18.47	300m:	3:33.48	18.47 400m: 4:45.79 17.23
17.				RUS 2002	II				<b>4:47.47</b> 402 II
	25m:	15.46	15.46	125m:	1:26.83	18.63	225m:	2:40.77	18.17 325m: 3:54.11 18.24
	50m:	32.51	17.05	150m:	1:45.30	18.47	250m:	2:59.23	18.46 350m: 4:12.48 18.37
	75m:	50.08	17.57	175m:	2:03.76	18.46	275m:	3:17.59	18.36 375m: 4:30.24 17.76
	100m:	1:08.20	18.12	200m:	2:22.60	18.84	300m:	3:35.87	18.28 400m: 4:47.47 17.23
18.				RUS 2003	II				<b>4:47.55</b> 402 II
	25m:	14.88	14.88	125m:	1:25.06	18.06	225m:	2:38.28	18.41 325m: 3:52.95 18.43
	50m:	31.80	16.92	150m:	1:43.18	18.12	250m:	2:57.04	18.76 350m: 4:11.84 18.89
	75m:	49.37	17.57	175m:	2:01.53	18.35	275m:	3:15.72	18.68 375m: 4:30.14 18.30
	100m:	1:07.00	17.63	200m:	2:19.87	18.34	300m:	3:34.52	18.80 400m: 4:47.55 17.41
19.				RUS 2003	II			-1,	<b>4:47.60</b> 401 II
	25m:	14.58	14.58	125m:	1:23.60	18.00	225m:	2:37.32	18.44 325m: 3:51.81 18.39
	50m:	30.84	16.26	150m:	1:42.24	18.64	250m:	2:56.02	18.70 350m: 4:10.80 18.99
	75m:	47.88	17.04	175m:	2:00.29	18.05	275m:	3:14.69	18.67 375m: 4:29.21 18.41
	100m:	1:05.60	17.72	200m:	2:18.88	18.59	300m:	3:33.42	18.73 400m: 4:47.60 18.39
20.				RUS 2002	II				<b>4:47.61</b> 401 II
	25m:	14.99	14.99	125m:	1:26.22	18.51	225m:	2:40.16	18.31 325m: 3:54.78 18.19
	50m:	31.63	16.64	150m:	1:44.85	18.63	250m:	2:58.98	18.82 350m: 4:13.50 18.72
	75m:	49.39	17.76	175m:	2:03.11	18.26	275m:	3:17.67	18.69 375m: 4:30.82 17.32
	100m:	1:07.71	18.32	200m:	2:21.85	18.74	300m:	3:36.59	18.92 400m: 4:47.61 16.79



8,	, 400m	,	2002 - 2003
21.			RUS 2002 II 4:47.79 401 II
25m:	14.75 14.75	125m:	1:26.62 18.89 225m: 2:39.67 17.74 325m: 3:53.28
50m:	31.50 16.75	150m:	1:44.87 18.25 250m: 3:35.09 55.42 350m: 4:47.85 54.57
75m:	49.47 17.97	175m:	2:03.62 18.75 275m: 3:16.58 375m: 4:30.79
100m:	1:07.73 18.26	200m:	2:21.93 18.31 300m: 4:12.26 55.68 400m: 4:47.79 17.00
22.			RUS 2002 II 4:48.10 399 II
25m:	14.49 14.49	125m:	1:25.05 18.24 225m: 2:39.29 18.46 325m: 3:54.49 18.72
50m:	31.10 16.61	150m:	1:43.55 18.50 250m: 2:58.16 18.87 350m: 4:13.04 18.55
75m:	48.70 17.60	175m:	2:02.17 18.62 275m: 3:17.06 18.90 375m: 4:31.00 17.96
100m:	1:06.81 18.11	200m:	2:20.83 18.66 300m: 3:35.77 18.71 400m: 4:48.10 17.10
23.			RUS 2002 II 4:48.57 397 II
25m:	14.59 14.59	150m:	1:42.63 18.54 300m: 3:35.22 37.73 400m: 4:48.57 17.74
50m:	31.13 16.54	175m:	2:01.23 18.60 325m: 3:53.52 18.30
100m:	1:06.08 34.95	200m:	2:19.91 18.68 350m: 4:12.24 18.72
125m:	1:24.09 18.01	250m:	2:57.49 37.58 375m: 4:30.83 18.59
24.			RUS 2002 II 2 4:49.07 395 II
25m:	15.08 15.08	125m:	1:27.26 18.41 225m: 2:40.90 18.25 325m: 3:55.33 18.40
50m:	32.39 17.31	150m:	1:46.12 18.86 250m: 2:59.37 18.47 350m: 4:13.53 18.20
75m:	50.17 17.78	175m:	2:04.13 18.01 275m: 3:17.92 18.55 375m: 4:32.04 18.51
100m:	1:08.85 18.68	200m:	2:22.65 18.52 300m: 3:36.93 19.01 400m: 4:49.07 17.03
25.			RUS 2002 II 4:51.18 387 II
25m:	14.83 14.83	125m:	1:26.09 18.84 225m: 2:40.58 18.51 325m: 3:57.23 18.86
50m:	31.55 16.72	150m:	1:44.35 18.26 250m: 2:59.91 19.33 350m: 4:16.20 18.97
75m:	49.10 17.55	175m:	2:03.00 18.65 275m: 3:18.75 18.84 375m: 4:34.63 18.43
100m:	1:07.25 18.15	200m:	2:22.07 19.07 300m: 3:38.37 19.62 400m: 4:51.18 16.55
26.			RUS 2003 II 4:51.85 384 II
25m:	15.38 15.38	125m:	1:28.69 18.81 225m: 2:43.57 18.78 325m: 3:57.93 18.75
50m:	32.62 17.24	150m:	1:47.30 18.61 250m: 3:02.15 18.58 350m: 4:16.53 18.60
75m:	50.91 18.29	175m:	2:06.21 18.91 275m: 3:20.74 18.59 375m: 4:34.91 18.38
100m:	1:09.88 18.97	200m:	2:24.79 18.58 300m: 3:39.18 18.44 400m: 4:51.85 16.94
27.			RUS 2003 III 3, - 4:53.44 378 II
25m:	16.09 16.09	125m:	1:28.89 19.09 225m: 2:44.82 19.17 325m: 3:59.05 18.97
50m:	33.24 17.15	150m:	1:47.35 18.46 250m: 3:03.14 18.32 350m: 4:17.37 18.32
75m:	51.41 18.17	175m:	2:06.38 19.03 275m: 3:21.72 18.58 375m: 4:35.38 18.01
100m:	1:09.80 18.39	200m:	2:25.65 19.27 300m: 3:40.08 18.36 400m: 4:53.44 18.06
28.			RUS 2003 III 4:53.58 377 II
25m:	15.47 15.47	125m:	1:27.30 18.23 225m: 2:42.17 18.72 325m: 3:58.28 19.11
50m:	32.80 17.33	150m:	1:46.22 18.92 250m: 3:01.03 18.86 350m: 4:17.09 18.81
75m:	50.71 17.91	175m:	2:04.88 18.66 275m: 3:20.04 19.01 375m: 4:35.67 18.58
100m:	1:09.07 18.36	200m:	2:23.45 18.57 300m: 3:39.17 19.13 400m: 4:53.58 17.91
29.			RUS 2003 II -2, 4:54.99 372 II
25m:	14.99 14.99	125m:	1:26.83 18.50 225m: 2:42.24 18.38 325m: 3:58.59 19.04
50m:	32.25 17.26	150m:	1:45.96 19.13 250m: 3:01.12 18.88 350m: 4:17.52 18.93
75m:	49.96 17.71	175m:	2:04.61 18.65 275m: 3:20.29 19.17 375m: 4:36.60 19.08
100m:	1:08.33 18.37	200m:	2:23.86 19.25 300m: 3:39.55 19.26 400m: 4:54.99 18.39
30.			RUS 2002 II 4:55.46 370 II
25m:	14.96 14.96	125m:	1:26.57 18.72 225m: 2:41.58 19.00 325m: 3:58.61 19.51
50m:	31.75 16.79	150m:	1:45.02 18.45 250m: 3:00.45 18.87 350m: 4:17.88 19.27
75m:	49.83 18.08	175m:	2:03.94 18.92 275m: 3:19.76 19.31 375m: 4:37.24 19.36
100m:	1:07.85 18.02	200m:	2:22.58 18.64 300m: 3:39.10 19.34 400m: 4:55.46 18.22



8, , 400m ,		2002 - 2003				
31.		RUS 2003	II	<b>4:56.78</b>	365	II
	25m: 15.21 15.21	125m: 1:28.29 19.00	225m: 2:44.92 19.17	325m: 4:01.14 19.06		
	50m: 32.63 17.42	150m: 1:47.28 18.99	250m: 3:03.95 19.03	350m: 4:20.34 19.20		
	75m: 50.60 17.97	175m: 2:06.50 19.22	275m: 3:23.19 19.24	375m: 4:38.89 18.55		
	100m: 1:09.29 18.69	200m: 2:25.75 19.25	300m: 3:42.08 18.89	400m: 4:56.78 17.89		
32.		RUS 2002	II	<b>4:58.28</b>	360	II
	25m: 16.03 16.03	125m: 1:17.16 6.66	225m: 2:07.45	325m: 3:23.79		
	50m: 33.43 17.40	150m: 1:48.57 31.41	250m: 3:04.83 57.38	350m: 4:21.57 57.78		
	75m: 51.69 18.26	175m: 1:46.22	275m: 2:45.61	375m: 4:02.09		
	100m: 1:10.50 18.81	200m: 2:26.50 40.28	300m: 3:43.15 57.54	400m: 4:58.28 56.19		
33.		RUS 2002	II	<b>4:58.80</b>	358	II
	25m: 14.20 14.20	125m: 1:22.64 18.06	225m: 2:40.21 19.73	325m: 3:59.71 19.90		
	50m: 30.15 15.95	150m: 1:41.98 19.34	250m: 2:59.83 19.62	350m: 4:19.74 20.03		
	75m: 47.00 16.85	175m: 2:01.03 19.05	275m: 3:19.69 19.86	375m: 4:40.14 20.40		
	100m: 1:04.58 17.58	200m: 2:20.48 19.45	300m: 3:39.81 20.12	400m: 4:58.80 18.66		
34.		RUS 2003	III	<b>4:59.19</b>	357	II
	25m: 15.29 15.29	125m: 1:29.07 18.76	225m: 2:45.00 18.91	325m: 4:01.84 19.31		
	50m: 33.00 17.71	150m: 1:48.06 18.99	250m: 3:04.23 19.23	350m: 4:21.23 19.39		
	75m: 51.44 18.44	175m: 2:06.94 18.88	275m: 3:23.38 19.15	375m: 4:40.83 19.60		
	100m: 1:10.31 18.87	200m: 2:26.09 19.15	300m: 3:42.53 19.15	400m: 4:59.19 18.36		
35.		RUS 2003	III	<b>4:59.41</b>	356	II
	25m: 15.92 15.92	125m: 1:30.35 19.19	225m: 2:47.44 19.30	325m: 4:03.92 19.20		
	50m: 34.04 18.12	150m: 1:49.80 19.45	250m: 3:06.55 19.11	350m: 4:23.20 19.28		
	75m: 52.39 18.35	175m: 2:08.92 19.12	275m: 3:25.53 18.98	375m: 4:42.18 18.98		
	100m: 1:11.16 18.77	200m: 2:28.14 19.22	300m: 3:44.72 19.19	400m: 4:59.41 17.23		
36.		RUS 2002	II	<b>4:59.84</b>	354	II
	25m: 15.64 15.64	125m: 1:27.93 18.69	225m: 2:45.00 18.75	325m: 4:03.03 19.76		
	50m: 32.52 16.88	150m: 1:47.12 19.19	250m: 3:04.38 19.38	350m: 4:22.39 19.36		
	75m: 50.84 18.32	175m: 2:06.61 19.49	275m: 3:23.90 19.52	375m: 4:41.51 19.12		
	100m: 1:09.24 18.40	200m: 2:26.25 19.64	300m: 3:43.27 19.37	400m: 4:59.84 18.33		
37.		RUS 2002	II	<b>5:03.87</b>	340	III
	25m: 15.31 15.31	100m: 1:48.68 57.08	225m: 2:47.63 39.36	375m: 4:45.65 38.60		
	50m: 33.35 18.04	125m: 1:29.16	275m: 3:27.50 39.87	400m: 5:03.87 18.22		
	75m: 51.60 18.25	175m: 2:08.27 39.11	325m: 4:07.05 39.55			
38.		RUS 2003	II	<b>5:04.31</b>	339	III
	25m: 15.62 15.62	125m: 1:30.20 19.15	225m: 2:49.32 20.19	325m: 4:06.18 19.22		
	50m: 33.09 17.47	150m: 1:49.80 19.60	250m: 3:08.96 19.64	350m: 4:25.51 19.33		
	75m: 51.72 18.63	175m: 2:09.52 19.72	275m: 3:27.73 18.77	400m: 5:04.31 38.80		
	100m: 1:11.05 19.33	200m: 2:29.13 19.61	300m: 3:46.96 19.23			
39.		RUS 2002	III	<b>5:08.34</b>	326	III
	25m: 16.33 16.33	125m: 1:30.73 19.33	225m: 2:50.15 20.17	325m: 4:09.10 19.78		
	50m: 34.05 17.72	150m: 1:50.57 19.84	250m: 3:10.08 19.93	350m: 4:29.16 20.06		
	75m: 52.47 18.42	175m: 2:10.06 19.49	275m: 3:29.66 19.58	375m: 4:49.17 20.01		
	100m: 1:11.40 18.93	200m: 2:29.98 19.92	300m: 3:49.32 19.66	400m: 5:08.34 19.17		
40.		RUS 2003	III	<b>5:09.31</b>	323	III
	25m: 16.22 16.22	125m: 1:32.93 19.98	225m: 2:51.84 19.74	325m: 4:11.33 19.81		
	50m: 34.43 18.21	150m: 1:52.74 19.81	250m: 3:11.55 19.71	350m: 4:31.40 20.07		
	75m: 53.57 19.14	175m: 2:12.39 19.65	275m: 3:31.63 20.08	375m: 4:51.23 19.83		
	100m: 1:12.95 19.38	200m: 2:32.10 19.71	300m: 3:51.52 19.89	400m: 5:09.31 18.08		
41.		RUS 2002	III	<b>5:09.76</b>	321	III
	25m: 15.98 15.98	125m: 1:33.01 20.12	225m: 2:53.28 20.20	325m: 4:12.94 19.71		
	50m: 34.39 18.41	150m: 1:52.83 19.82	250m: 3:13.24 19.96	350m: 4:32.99 20.05		
	75m: 53.44 19.05	175m: 2:13.20 20.37	275m: 3:33.39 20.15	375m: 4:52.03 19.04		
	100m: 1:12.89 19.45	200m: 2:33.08 19.88	300m: 3:53.23 19.84	400m: 5:09.76 17.73		





8, , 400m ,		2002 - 2003	
42.		RUS 2003 III	5:13.54 310 III
25m:	16.07 16.07	125m:	1:33.12 20.07
50m:	34.22 18.15	150m:	1:53.42 20.30
75m:	53.36 19.14	175m:	2:13.40 19.98
100m:	1:14.05 19.69	200m:	2:34.01 20.61
		225m:	2:54.22 20.21
		250m:	3:14.96 20.74
		275m:	3:35.34 20.38
		300m:	3:54.82 19.48
		325m:	4:14.81 19.99
		350m:	4:34.56 19.75
		375m:	4:54.70 20.14
		400m:	5:13.54 18.84
43.		RUS 2003 III	5:13.77 309 III
25m:	16.48 16.48	125m:	1:33.79 19.42
50m:	35.18 18.70	150m:	1:54.20 20.41
75m:	54.62 19.44	175m:	2:14.71 20.51
100m:	1:14.37 19.75	200m:	2:35.31 20.60
		225m:	2:54.69 19.38
		250m:	3:14.88 20.19
		275m:	3:35.14 20.26
		300m:	3:55.41 20.27
		325m:	4:14.99 19.58
		350m:	4:35.58 20.59
		375m:	4:56.05 20.47
		400m:	5:13.77 17.72
44.		BLR 2002 III Minsk, Minsk	5:16.25 302 III
25m:	15.65 15.65	125m:	1:32.48 19.91
50m:	34.14 18.49	150m:	1:52.65 20.17
75m:	53.17 19.03	175m:	2:13.12 20.47
100m:	1:12.57 19.40	200m:	2:33.22 20.10
		225m:	2:53.26 20.04
		250m:	3:13.06 19.80
		275m:	3:32.95 19.89
		300m:	3:53.45 20.50
		325m:	4:13.03 19.58
		350m:	4:31.54 18.51
		375m:	4:58.14 26.60
		400m:	5:16.25 18.11
45.		RUS 2003 III	5:18.18 296 III
25m:	16.06 16.06	125m:	1:35.64 20.59
50m:	35.33 19.27	150m:	1:56.56 20.92
75m:	54.84 19.51	175m:	2:16.65 20.09
100m:	1:15.05 20.21	200m:	2:37.66 21.01
		225m:	2:57.54 19.88
		250m:	3:18.37 20.83
		275m:	3:38.59 20.22
		300m:	3:59.34 20.75
		325m:	4:19.13 19.79
		350m:	4:39.88 20.75
		375m:	5:00.10 20.22
		400m:	5:18.18 18.08
46.		RUS 2003 1	5:18.81 295 III
25m:	16.13 16.13	125m:	1:35.18 20.49
50m:	34.75 18.62	150m:	1:55.56 20.38
75m:	54.30 19.55	175m:	2:16.56 21.00
100m:	1:14.69 20.39	200m:	2:36.82 20.26
		225m:	2:57.77 20.95
		250m:	3:18.13 20.36
		275m:	3:38.60 20.47
		300m:	3:58.92 20.32
		325m:	4:19.24 20.32
		350m:	4:39.82 20.58
		375m:	5:00.04 20.22
		400m:	5:18.81 18.77
47.		RUS 2002 III	5:26.47 274 III
25m:	16.05 16.05	100m:	1:13.45 19.83
50m:	34.24 18.19	125m:	5:07.58 3:54.13
75m:	53.62 19.38	150m:	1:55.74
		200m:	2:39.41 43.67
		250m:	3:22.09 42.68
		300m:	4:04.84 42.75
		350m:	4:46.88 42.04
		400m:	5:26.47 39.59
48.		RUS 2002 III	5:29.60 267 III
25m:	16.78 16.78	125m:	1:35.69 20.76
50m:	35.42 18.64	150m:	1:56.52 20.83
75m:	55.34 19.92	175m:	2:17.90 21.38
100m:	1:14.93 19.59	200m:	2:39.09 21.19
		225m:	3:00.34 21.25
		250m:	3:22.21 21.87
		275m:	3:43.62 21.41
		300m:	4:04.70 21.08
		325m:	5:09.75 1:05.05
		350m:	4:47.54
		400m:	5:29.60 42.06
49.		RUS 2002 III	5:30.07 265 III
25m:	15.98 15.98	125m:	1:37.21 20.90
50m:	34.89 18.91	150m:	1:58.54 21.33
75m:	55.16 20.27	175m:	2:19.46 20.92
100m:	1:16.31 21.15	200m:	2:40.68 21.22
		225m:	3:00.91 20.23
		250m:	3:21.20 20.29
		275m:	3:42.75 21.55
		300m:	4:04.06 21.31
		325m:	4:25.41 21.35
		350m:	4:47.09 21.68
		375m:	5:09.14 22.05
		400m:	5:30.07 20.93
50.		RUS 2003 III	5:35.48 253 III
25m:	16.49 16.49	125m:	1:36.81 20.57
50m:	35.49 19.00	150m:	1:57.98 21.17
75m:	55.38 19.89	175m:	2:19.28 21.30
100m:	1:16.24 20.86	200m:	2:41.12 21.84
		225m:	3:02.92 21.80
		250m:	3:24.67 21.75
		275m:	3:46.98 22.31
		300m:	4:08.94 21.96
		325m:	4:30.90 21.96
		350m:	4:52.66 21.76
		400m:	5:35.48 42.82
51.		RUS 2003 1	5:36.08 251 III
25m:	15.25 15.25	125m:	1:38.12 21.42
50m:	34.96 19.71	150m:	2:00.69 22.57
75m:	55.34 20.38	175m:	2:22.60 21.91
100m:	1:16.70 21.36	200m:	2:44.08 21.48
		225m:	2:48.84 4.76
		250m:	3:27.92 39.08
		275m:	3:10.37
		300m:	4:11.67 1:01.30
		325m:	3:49.86
		350m:	4:54.73 1:04.87
		375m:	4:13.13
		400m:	5:36.08 1:22.95
52.		RUS 2003 1	5:36.44 251 III
25m:	17.06 17.06	125m:	1:37.80 20.86
50m:	36.44 19.38	150m:	1:58.79 20.99
75m:	56.50 20.06	175m:	2:19.58 20.79
100m:	1:16.94 20.44	200m:	2:40.58 21.00
		225m:	3:02.20 21.62
		250m:	3:23.98 21.78
		275m:	3:44.99 21.01
		300m:	4:07.27 22.28
		325m:	4:29.88 22.61
		350m:	4:50.08 20.20
		375m:	5:15.56 25.48
		400m:	5:36.44 20.88



8, , 400m ,		2002 - 2003										
53.		RUS 2003	1							<b>5:38.40</b>	246	III
	25m: 15.76	15.76	125m: 1:37.78	21.83	225m: 3:06.65	22.62	325m: 4:34.60	22.22				
	50m: 34.39	18.63	150m: 1:59.56	21.78	250m: 3:27.98	21.33	350m: 4:56.67	22.07				
	75m: 54.86	20.47	175m: 2:21.47	21.91	275m: 3:50.26	22.28	375m: 5:18.08	21.41				
	100m: 1:15.95	21.09	200m: 2:44.03	22.56	300m: 4:12.38	22.12	400m: 5:38.40	20.32				
54.		RUS 2003	III			687,				<b>5:47.41</b>	228	I
	25m: 17.27	17.27	125m: 1:41.68	22.06	225m: 3:10.93	22.39	325m: 4:40.07	21.90				
	50m: 36.79	19.52	150m: 2:04.13	22.45	250m: 3:32.91	21.98	350m: 5:03.19	23.12				
	75m: 57.78	20.99	175m: 2:26.22	22.09	275m: 3:55.03	22.12	375m: 5:25.60	22.41				
	100m: 1:19.62	21.84	200m: 2:48.54	22.32	300m: 4:18.17	23.14	400m: 5:47.41	21.81				
55.		RUS 2002	III							<b>5:49.51</b>	223	I
	25m: 16.62	16.62	125m: 1:41.76	22.66	225m: 3:12.96	22.32	325m: 4:46.27	23.49				
	50m: 36.09	19.47	150m: 2:04.39	22.63	250m: 3:36.24	23.28	350m: 5:09.27	23.00				
	75m: 57.12	21.03	175m: 2:27.47	23.08	275m: 3:59.68	23.44	375m: 5:30.91	21.64				
	100m: 1:19.10	21.98	200m: 2:50.64	23.17	300m: 4:22.78	23.10	400m: 5:49.51	18.60				
56.		RUS 2003	1							<b>6:03.38</b>	199	I
	25m: 17.90	17.90	125m: 1:46.31	23.32	225m: 3:20.36	23.47	325m: 4:55.76	23.19				
	50m: 38.56	20.66	150m: 2:09.82	23.51	250m: 3:44.67	24.31	350m: 5:19.40	23.64				
	75m: 1:00.51	21.95	175m: 2:33.68	23.86	275m: 4:07.91	23.24	375m: 5:41.57	22.17				
	100m: 1:22.99	22.48	200m: 2:56.89	23.21	300m: 4:32.57	24.66	400m: 6:03.38	21.81				
57.		RUS 2003	1							<b>6:04.24</b>	197	I
	25m: 16.45	16.45	125m: 1:41.52	23.39	225m: 3:17.96	23.80	325m: 4:54.74	23.43				
	50m: 34.97	18.52	150m: 2:05.31	23.79	250m: 3:42.59	24.63	350m: 5:18.53	23.79				
	75m: 55.61	20.64	175m: 2:29.33	24.02	275m: 4:07.22	24.63	375m: 5:43.94	25.41				
	100m: 1:18.13	22.52	200m: 2:54.16	24.83	300m: 4:31.31	24.09	400m: 6:04.24	20.30				
DSQ		RUS 2003	III									II