



08.05.2017 42

, 4 x 50m

2005 - 2007

1 4

3	,	06,	-	3	05,	05,	,	05	-	НТ
4	,	1	05,	05,	05,	,	05,	06		НТ
5	1	05,	06,	05,	05,		05			НТ

2 4

0	,	05,	1	05,	05,	,	05			НТ
1	,	05,	1	05,	05,	,	05			НТ
2	1	06,	05,	05,	05,		05			НТ
3	,	06,	1	06,	06,	,	06			НТ
4	1	05,	06,	06,	06,		05			НТ
5		3,06,	2	06,	06,		3,06			НТ
6		05,	1	05,	05,	,	05			НТ
7	513 1	05,	06,	06,	06,		513		06	НТ

3 4

0		3,05,	-	1	05,	05,	3,05	-		НТ
1	,	05,	2	05,	06,	,	05			НТ
2	,	07,	2	07,	07,	,	07			НТ
3		06,	2	05,	06,		07			НТ
4	,	05,	1	05,	06,	,	05			НТ
5	,	05,	2	06,	05,	,	05			НТ

« : . », 25 .

swim4you.ru

OMEGA ARES 21



42, , 4 x 50m ,

6	,	05,	-	2	05,	05,	05,	,	-	NT
7	,	05,	1		05,	05,		,	05	NT
8	,			1				,		NT
9		1			05,	05,	05,		05	NT

4 4

0	,		1					,	06	NT
1	'	06,		1	05,	05,		'	06	NT
2		05,			05,	05,		05		NT
3		3,		1				3,	05	NT
4	-	05,			05,	05,			05	NT
6	,			1						NT
7		07,			07,	07,			07	NT
8					05,	05,		10,	05	NT
9	,	05,		1	06,	06,		05		NT