



						%	PB
							132
	, 2012 (12 ),						2
100m		36.	1:14.31	336	1:14.00	99%	
200m		28.	<b>2:36.38</b>	375	2:39.00	103%	
50m		19.	<b>44.78</b>	276	45.30	102%	
	, 2014 (10 ),						1
100m		6.	<b>1:40.21</b>	262	1:40.58	101%	
200m		7.	3:36.61	256	3:30.87	95%	
	, 2014 (10 ),						3
50m		7.	47.51	231	46.65	96%	
50m		6.	<b>46.65</b>	244	48.00	106%	
200m		9.	<b>3:39.97</b>	244	3:54.00	113%	
200m		8.	<b>3:18.03</b>	258	3:29.00	111%	
	, 2012 (12 ),						-
200m		15.	3:12.76	275	3:06.00	93%	
50m		29.	35.71	242	35.00	96%	
	, 2013 (11 ),						1
200m		29.	<b>3:57.34</b>	147	4:24.49	124%	
	, 2013 (11 ),						2
100m		50.	<b>1:20.16</b>	268	1:24.27	111%	
200m		35.	<b>3:19.99</b>	250	3:25.00	105%	
	, 2011 (13 ),						1
100m		25.	1:19.44	274	1:16.50	93%	
200m		18.	2:52.22	274	2:40.00	86%	
50m		28.	<b>35.40</b>	248	36.50	106%	
	, 2014 (10 ),						-
200m		9.	2:52.14	208	2:42.50	89%	
50m		6.	41.71	152	38.82	87%	
50m		6.	38.82	188	37.00	91%	
	, 2015 (9 ),						1
50m		17.	<b>39.60</b>	211	40.00	102%	
50m		17.	58.83	121	50.00	72%	
200m		12.	3:41.40	184	3:30.00	90%	
	, 2012 (12 ),						1
200m		27.	<b>2:42.35</b>	247	2:45.00	103%	
100m		30.	1:23.13	239	1:19.00	90%	
	, 2012 (12 ),						1
50m		24.	<b>38.94</b>	328	39.00	100%	
	, 2011 (13 ),						-
100m		39.	1:13.50	259	1:10.00	91%	
100m		27.	1:19.77	270	1:16.00	91%	
	, 2010 (14 ),						-
100m		21.	1:05.51	366	1:04.76	98%	
	, 2009 (15 ),						1
50m		13.	27.68	431	27.52	99%	
50m		5.	<b>27.77</b>	515	27.84	101%	
50m		5.	27.84	511	27.51	98%	
100m		5.	1:04.21	456	1:02.59	95%	
	, 2014 (10 ),						2
50m		6.	41.29	275	40.13	94%	
50m		5.	<b>40.13</b>	299	41.59	107%	
100m		9.	1:30.26	256	1:29.19	98%	
50m		5.	<b>39.24</b>	241	40.01	104%	
50m		5.	40.01	227	37.79	89%	
200m		4.	3:12.45	281	3:10.00	97%	
	, 2011 (13 ),						1
100m		6.	<b>1:15.83</b>	422	1:16.00	100%	
200m		4.	2:42.96	456	2:39.50	96%	
200m		4.	2:29.65	442	2:29.00	99%	
	, 2010 (14 ),						1
100m		28.	<b>1:17.85</b>	218	1:19.00	103%	

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ALGE Timing



	, 2010 (14 )							2
50m		9.	27.05	461	26.81		98%	
50m		8.	<b>33.67</b>	342	34.12		103%	
50m		10.	34.12	328	32.00		88%	
200m		9.	2:47.70	297	2:30.05		80%	
50m		7.	<b>28.45</b>	479	29.12		105%	
50m		7.	29.12	447	28.51		96%	
	, 2010 (14 )							1
100m		6.	1:36.42	294	1:35.00		97%	
200m		10.	<b>2:58.09</b>	355	3:02.00		104%	
	, 2011 (13 )							-
100m		29.	1:12.14	368	1:12.00		100%	
50m		11.	41.68	342	41.34		98%	
	, 2015 (9 )							-
50m		19.	54.49	80	50.00		84%	
	, 2011 (13 )							1
50m		7.	42.36	326	40.49		91%	
50m		7.	40.49	373	38.00		88%	
200m		WDR	-	-	2:59.00		-	
50m		22.	37.16	284	33.00		79%	
200m		11.	<b>2:50.60</b>	404	2:51.74		101%	
	, 2010 (14 )							3
50m		2.	<b>35.13</b>	571	35.62		103%	
50m		3.	35.62	548	35.37		99%	
100m		2.	<b>1:16.49</b>	589	1:17.62		103%	
100m		1.	<b>1:05.92</b>	596	1:08.12		107%	
	, 2013 (11 )							-
100m		43.	1:17.11	301	1:16.97		100%	
200m		22.	3:06.89	307	3:04.90		98%	
	, 2014 (10 )							2
50m		9.	<b>41.21</b>	130	41.43		101%	
50m		19.	41.43	128	36.00		76%	
50m		12.	45.53	138	42.50		87%	
50m		9.	<b>51.75</b>	126	51.76		100%	
50m		13.	51.76	126	46.00		79%	
	, 2010 (14 )							-
200m		12.	2:26.27	459	2:25.60		99%	
	, 2012 (12 )							1
50m		33.	<b>33.57</b>	241	35.00		109%	
100m		44.	1:14.23	251	1:14.00		99%	
200m		31.	2:46.91	228	2:45.00		98%	
	, 2011 (13 )							1
50m		4.	29.32	522	28.90		97%	
100m		4.	<b>1:03.88</b>	530	1:03.90		100%	
200m		7.	2:17.81	549	2:16.00		97%	
	, 2012 (12 )							-
50m		23.	38.59	337	37.00		92%	
100m		20.	1:24.42	313	1:23.00		97%	
	, 2014 (10 )							1
50m		2.	36.26	231	36.21		100%	
50m		1.	<b>36.21</b>	232	36.36		101%	
200m		7.	3:09.13	218	3:07.67		98%	
	, 2011 (13 )							-
200m		17.	2:51.18	279	2:42.00		90%	
	, 2011 (13 )							3
100m		14.	1:07.09	457	1:06.28		98%	
200m		12.	<b>2:21.96</b>	502	2:30.00		112%	
100m		9.	<b>1:27.15</b>	398	1:27.67		101%	
200m		3.	<b>2:38.41</b>	504	2:42.72		106%	
	, 2012 (12 )							-
50m		23.	32.02	278	31.00		94%	
	, 2013 (11 )							1
200m		36.	<b>2:54.09</b>	201	3:02.00		109%	
200m		44.	3:18.00	190	3:10.00		92%	
	, 2015 (9 )							3
50m		20.	<b>45.25</b>	209	47.32		109%	
100m		15.	<b>1:39.22</b>	192	1:41.51		105%	
200m		12.	4:14.47	157	3:53.00		84%	

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ALGE Timing



100m		3.	<b>1:44.88</b>	148	1:47.54	105%	-
200m	, 2013 (11 )	43.	3:17.90	191	3:13.78	96%	3
100m		7.	<b>1:02.64</b>	418	1:04.00	104%	
50m		6.	<b>30.77</b>	379	31.16	103%	
50m		8.	31.16	365	30.00	93%	
100m	, 2012 (12 )	5.	<b>1:09.41</b>	361	1:12.00	108%	1
50m		4.	38.88	421	38.17	96%	
50m		2.	38.17	445	37.50	97%	
100m		5.	<b>1:22.53</b>	469	1:24.02	104%	
200m		5.	2:59.84	447	2:58.00	98%	
	, 2014 (10 )						-
100m		12.	1:22.37	184	1:13.00	79%	
100m		4.	1:27.71	203	1:24.00	92%	
200m		8.	3:15.37	187	3:00.00	85%	
50m		8.	41.94	149	38.00	82%	
	, 2011 (13 )						1
100m		13.	<b>1:29.26</b>	370	1:30.22	102%	
200m		6.	3:05.04	410	3:05.00	100%	
	, 2013 (11 )						1
50m		32.	36.27	231	35.00	93%	
100m		19.	1:30.69	162	1:22.00	82%	
200m		28.	<b>3:02.54</b>	243	3:09.00	107%	
	, 2013 (11 )						-
50m		30.	45.57	184	45.43	99%	
	, 2015 (9 )						2
100m		13.	<b>1:23.00</b>	179	1:25.68	107%	
100m		9.	<b>1:34.17</b>	164	1:37.00	106%	
	, 2014 (10 )						1
50m		13.	42.09	259	40.00	90%	
50m		4.	<b>44.30</b>	285	45.48	105%	
50m		4.	45.48	263	44.00	94%	
200m		6.	3:33.03	269	3:28.94	96%	
	, 2013 (11 )						1
50m		14.	31.83	408	31.50	98%	
100m		24.	<b>1:10.73</b>	390	1:11.00	101%	
	, 2015 (9 )						-
50m		28.	51.25	143	50.00	95%	
50m		12.	47.06	139	46.00	96%	
	, 2012 (12 )						1
50m		9.	30.17	332	30.04	99%	
50m		12.	30.04	337	30.00	100%	
50m		7.	<b>34.10</b>	329	34.36	102%	
50m		10.	34.36	321	33.00	92%	
100m		24.	1:18.87	280	1:12.90	85%	
200m		15.	2:46.57	303	2:40.00	92%	
	, 2010 (14 )						-
200m		5.	2:38.34	338	2:34.00	95%	
200m		9.	2:32.21	420	2:32.00	100%	
	, 2011 (13 )						2
100m		28.	<b>1:09.54</b>	305	1:10.50	103%	
200m		15.	<b>2:30.08</b>	313	2:35.00	107%	
	, 2012 (12 )						-
100m		47.	1:18.54	285	1:14.00	89%	
100m		32.	1:34.20	225	1:23.00	78%	
	, 2014 (10 )						3
50m		2.	<b>33.76</b>	342	34.71	106%	
50m		4.	34.71	314	33.85	95%	
50m		5.	<b>39.31</b>	319	40.13	104%	
50m		5.	40.13	299	38.50	92%	
100m		6.	<b>1:25.74</b>	298	1:27.00	103%	
200m		6.	3:09.08	276	3:00.00	91%	
	, 2015 (9 )						2
200m		8.	<b>2:51.31</b>	211	2:51.40	100%	
50m		6.	<b>47.71</b>	160	47.73	100%	
50m		9.	47.73	160	47.40	99%	

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ALGE Timing



100m		11.	1:46.19	153	1:44.00	96%	
200m		10.	3:46.63	169	3:41.70	96%	
	, 2011 (13 ),						1
50m		1.	<b>28.33</b>	578	28.45	101%	
50m		1.	28.45	571	28.12	98%	
100m		3.	1:03.41	542	1:01.31	93%	
200m		6.	2:16.92	559	2:15.75	98%	
100m		6.	1:13.72	426	1:11.08	93%	
	, 2010 (14 ),						-
50m		14.	27.69	430	27.00	95%	
100m		9.	1:23.14	320	1:16.00	84%	
	, 2011 (13 ),						2
50m		3.	<b>28.63</b>	560	28.93	102%	
50m		3.	28.93	543	28.20	95%	
200m		2.	<b>2:13.47</b>	604	2:13.50	100%	
	, 2009 (15 ),						-
50m		3.	25.44	555	25.41	100%	
50m		2.	25.41	557	24.45	93%	
100m		1.	55.15	613	53.50	94%	
200m		3.	2:05.06	542	2:01.36	94%	
200m		5.	2:25.40	481	2:17.31	89%	
	, 2010 (14 ),						-
200m		1.	2:34.35	545	2:34.20	100%	
	, 2013 (11 ),						1
100m		11.	<b>1:26.50</b>	263	1:29.10	106%	
200m		20.	3:06.53	309	3:02.55	96%	
	, 2009 (15 ),						1
50m		7.	<b>32.79</b>	370	32.98	101%	
50m		9.	32.98	364	31.00	88%	
50m		5.	33.16	479	32.34	95%	
50m		4.	32.34	516	31.05	92%	
100m		2.	1:12.77	477	1:12.40	99%	
	, 2014 (10 ),						3
50m		12.	<b>37.36</b>	252	39.52	112%	
100m		7.	<b>1:20.62</b>	263	1:22.49	105%	
200m		8.	<b>3:38.79</b>	248	3:43.41	104%	
	, 2014 (10 ),						2
100m		10.	1:28.48	199	1:22.94	88%	
50m		24.	46.78	189	45.63	95%	
50m		7.	<b>42.07</b>	195	42.32	101%	
50m		7.	<b>42.32</b>	192	49.25	135%	
	, 2014 (10 ),						-
50m		9.	42.89	139	41.64	94%	
	, 2015 (9 ),						3
50m		20.	<b>40.24</b>	201	43.00	114%	
100m		14.	<b>1:36.28</b>	211	1:41.31	111%	
200m		10.	<b>3:32.43</b>	209	3:41.48	109%	
	, 2012 (12 ),						2
100m		29.	<b>1:22.44</b>	245	1:24.00	104%	
200m		23.	<b>2:58.25</b>	247	3:05.00	108%	
	, 2013 (11 ),						-
100m		32.	1:13.35	350	1:13.30	100%	
200m		33.	2:42.76	333	2:42.00	99%	
	, 2013 (11 ),						1
50m		37.	50.00	139	46.50	86%	
200m		51.	<b>3:43.47</b>	132	3:47.50	104%	
	, 2015 (9 ),						2
50m		7.	<b>42.38</b>	171	43.20	104%	
50m		8.	43.20	162	43.00	99%	
100m		8.	1:32.81	171	1:32.00	98%	
50m		10.	<b>44.17</b>	128	50.00	128%	
	, 2011 (13 ),						-
50m		6.	33.70	341	33.52	99%	
50m		5.	33.52	346	31.00	86%	
100m		12.	1:13.18	350	1:08.00	86%	
200m		5.	2:34.39	380	2:31.00	96%	

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ALGE Timing

# МОСКВА

## 1 ЭТАП 1 - 2 ИЮНЯ 2024



50m	, 2013 (11 ),	33.	46.37	175	46.00	98%	-
200m		25.	3:27.77	220	3:27.00	99%	-
50m	, 2011 (13 ),	12.	35.36	295	34.05	93%	-
100m		17.	1:14.59	331	1:12.00	93%	-
200m		11.	2:39.28	346	2:39.00	100%	-
100m	, 2012 (12 ),	38.	1:13.14	262	1:12.00	97%	-
100m		22.	1:33.45	225	1:30.00	93%	-
50m	, 2015 (9 ),	18.	<b>39.63</b>	211	41.00	107%	1
50m		25.	47.23	183	42.83	82%	-
50m		11.	49.97	198	48.49	94%	-
100m	, 2009 (15 ),	5.	1:27.72	390	1:25.00	94%	-
50m	, 2011 (13 ),	9.	30.62	458	29.84	95%	1
50m		2.	<b>31.15</b>	482	31.66	103%	-
50m		2.	31.66	459	30.84	95%	-
100m		3.	1:12.00	457	1:10.77	97%	-
200m	, 2010 (14 ),	11.	3:08.50	209	3:00.00	91%	-
100m	, 2011 (13 ),	37.	1:12.86	266	1:12.50	99%	-
50m	, 2010 (14 ),	13.	36.91	347	35.05	90%	2
100m		7.	<b>1:17.84</b>	390	1:18.00	100%	-
200m		6.	<b>2:52.42</b>	385	2:54.00	102%	-
100m	, 2012 (12 ),	1.	<b>1:15.39</b>	615	1:19.17	110%	2
200m		1.	<b>2:45.79</b>	571	2:48.00	103%	-
50m	, 2015 (9 ),	24.	43.80	108	41.08	88%	-
50m	, 2014 (10 ),	1.	<b>31.32</b>	297	31.81	103%	2
50m		1.	31.81	284	31.00	95%	-
200m		1.	<b>2:34.90</b>	285	2:35.00	100%	-
100m		4.	1:23.07	210	1:19.00	90%	-
200m		3.	2:57.61	264	2:55.00	97%	-
100m	, 2013 (11 ),	53.	1:18.46	213	1:15.50	93%	-
100m		36.	1:29.80	189	1:23.50	86%	-
100m	, 2011 (13 ),	20.	1:17.36	296	1:17.00	99%	-
200m		16.	2:47.78	296	2:43.00	94%	-
50m	, 2010 (14 ),	6.	<b>30.78</b>	451	30.87	101%	4
50m		7.	<b>30.87</b>	447	31.00	101%	-
200m		14.	<b>2:30.13</b>	424	2:34.00	105%	-
100m		7.	<b>1:22.34</b>	305	1:27.00	112%	-
50m	, 2013 (11 ),	33.	38.63	228	37.00	92%	-
50m		32.	45.35	156	43.08	90%	-
50m	, 2011 (13 ),	16.	<b>30.58</b>	319	31.80	108%	1
100m		19.	1:16.83	302	1:15.50	97%	-
200m		13.	2:44.72	331	2:38.00	92%	-
50m	, 2012 (12 ),	20.	<b>45.05</b>	271	47.00	109%	3
100m		24.	<b>1:35.00</b>	307	1:37.00	104%	-
200m		18.	<b>3:26.98</b>	293	3:30.00	103%	-
100m	, 2009 (15 ),	10.	59.16	496	57.60	95%	-
50m	, 2010 (14 ),	6.	<b>33.27</b>	474	33.41	101%	1
50m		6.	33.41	468	32.50	95%	-

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ALGE Timing



100m		4.	1:14.29	448	1:11.50	93%	-
50m	, 2010 (14 )	1.	34.84	586	34.82	100%	-
50m		1.	34.82	587	33.98	95%	
100m		1.	1:16.41	591	1:15.51	98%	
200m		2.	2:45.43	574	2:42.31	96%	
200m		2.	2:58.55	317	2:35.00	75%	
	, 2015 (9 )						3
50m		5.	41.88	177	41.61	99%	
50m		5.	<b>41.61</b>	181	42.00	102%	
100m		5.	<b>1:29.54</b>	191	1:31.00	103%	
200m		5.	3:12.20	197	3:11.00	99%	
50m		12.	<b>45.53</b>	117	49.00	116%	
	, 2010 (14 )						1
100m		12.	<b>1:17.85</b>	291	1:20.00	106%	
200m		17.	2:45.22	328	2:44.00	99%	
	, 2012 (12 )						1
50m		9.	37.96	319	37.50	98%	
50m		8.	37.50	331	37.50	100%	
100m		10.	1:21.96	334	1:20.49	96%	
200m		7.	<b>2:52.93</b>	382	2:53.00	100%	
50m		27.	35.35	250	34.02	93%	
	, 2012 (12 )						2
100m		55.	<b>1:20.09</b>	200	1:34.45	139%	
100m		27.	<b>1:38.43</b>	192	1:49.81	124%	
	, 2009 (15 )						-
50m		16.	38.10	315	36.00	89%	
100m		10.	1:23.21	319	1:19.00	90%	
	, 2014 (10 )						2
100m		5.	<b>1:14.39</b>	249	1:17.00	107%	
100m		8.	<b>1:41.79</b>	174	1:46.00	108%	
	, 2012 (12 )						-
200m		20.	3:23.58	234	3:10.00	87%	
	, 2010 (14 )						-
100m		15.	1:12.22	367	1:10.00	94%	
	, 2014 (10 )						1
50m		6.	<b>35.37</b>	297	35.45	100%	
50m		5.	35.45	295	33.50	89%	
100m		5.	1:19.11	279	1:17.00	95%	
50m		15.	43.27	239	39.00	81%	
100m		12.	1:35.33	217	1:28.00	85%	
	, 2012 (12 )						1
50m		37.	<b>48.31</b>	171	49.50	105%	
50m		31.	49.32	206	49.00	99%	
100m		35.	1:49.40	201	1:39.00	82%	
	, 2012 (12 )						3
50m		17.	32.06	399	31.00	93%	
50m		8.	<b>35.48</b>	433	36.44	105%	
50m		13.	<b>36.44</b>	400	36.50	100%	
100m		15.	1:19.92	369	1:17.00	93%	
50m		8.	<b>40.76</b>	366	41.00	101%	
100m		22.	1:33.68	320	1:28.50	89%	
	, 2011 (13 )						1
200m		7.	2:17.26	410	2:14.50	96%	
100m		3.	<b>1:06.94</b>	403	1:09.00	106%	
	, 2011 (13 )						-
50m		13.	35.77	285	34.00	90%	
200m		15.	2:45.76	325	2:43.60	97%	
	, 2010 (14 )						2
50m		4.	<b>34.14</b>	486	35.03	105%	
50m					NT	-	
100m		8.	<b>1:13.66</b>	471	1:14.46	102%	
	, 2014 (10 )						2
50m		20.	<b>41.47</b>	128	42.00	103%	
50m		20.	<b>54.57</b>	80	55.00	102%	
	, 2013 (11 )						3
50m		20.	<b>32.70</b>	376	33.00	102%	
100m		40.	1:15.79	317	1:15.02	98%	

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ALGE Timing



200m		35.	<b>2:50.91</b>	287	2:53.29	103%	
100m		14.	<b>1:38.68</b>	177	1:42.00	107%	
	, 2009 (15 )						-
200m		3.	2:17.54	538	2:14.00	95%	1
	, 2015 (9 )						
50m		26.	<b>50.58</b>	70	1:10.00	192%	-
	, 2012 (12 )						
50m		18.	40.78	257	40.00	96%	
200m		12.	3:08.02	297	3:08.00	100%	
	, 2013 (11 )						-
100m		34.	1:50.57	136	1:41.08	84%	3
	, 2011 (13 )						
50m		2.	<b>25.74</b>	536	25.93	101%	
50m		2.	25.93	524	25.00	93%	
100m		2.	58.18	522	57.00	96%	
50m		1.	<b>32.39</b>	514	32.74	102%	
50m		1.	32.74	497	32.00	96%	
100m		2.	<b>1:12.40</b>	484	1:13.00	102%	
	, 2010 (14 )						-
200m		5.	2:25.09	458	2:15.26	87%	4
	, 2012 (12 )						
100m		20.	<b>1:10.09</b>	401	1:12.00	106%	
50m		9.	<b>36.91</b>	385	38.14	107%	
50m		20.	<b>38.14</b>	349	38.50	102%	
100m		13.	1:19.50	375	1:18.00	96%	
50m		23.	<b>37.19</b>	283	38.50	107%	1
	, 2012 (12 )						
100m		40.	1:33.86	166	1:30.00	92%	
200m		30.	3:13.28	194	3:08.00	95%	
50m		43.	<b>42.54</b>	143	43.00	102%	1
	, 2012 (12 )						
100m		27.	1:39.60	266	1:35.37	92%	
200m		16.	<b>3:23.51</b>	308	3:28.02	104%	
	, 2011 (13 )						-
100m		26.	1:38.40	276	1:36.21	96%	
50m		29.	41.31	206	38.20	86%	2
	, 2012 (12 )						
50m		10.	30.80	450	30.50	98%	
100m		20.	<b>1:32.48</b>	333	1:33.00	101%	
50m		7.	<b>32.54</b>	423	32.59	100%	
50m		6.	32.59	421	32.50	99%	
	, 2010 (14 )						1
50m		5.	<b>26.38</b>	498	26.77	103%	
50m		8.	26.77	476	26.70	99%	
	, 2013 (11 )						2
100m		8.	<b>1:04.62</b>	512	1:05.05	101%	
200m		15.	<b>2:23.54</b>	485	2:24.00	101%	
	, 2014 (10 )						-
200m		8.	3:15.13	193	3:08.00	93%	
50m		10.	41.36	273	40.00	94%	
100m		10.	1:30.56	253	1:30.00	99%	
200m		7.	3:10.31	270	3:03.00	92%	
	, 2011 (13 )						-
100m		27.	1:09.42	307	1:06.00	90%	
50m		19.	33.52	293	33.30	99%	
	, 2014 (10 )						-
100m		16.	1:25.42	165	1:22.58	93%	
200m		18.	3:07.02	162	2:50.00	83%	
50m		17.	57.17	93	42.00	54%	
	, 2011 (13 )						-
200m		34.	2:51.89	208	2:42.00	89%	
200m		31.	3:06.44	228	3:05.48	99%	
	, 2009 (15 )						1
50m		17.	40.29	267	40.04	99%	
50m		13.	<b>34.04</b>	280	39.79	137%	

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ALGE Timing



100m	, 2011 (13 )	6.	1:11.43	376	1:10.00	96%	-
200m		4.	2:33.61	386	2:31.00	97%	
200m	, 2011 (13 )						4
200m		6.	<b>2:17.09</b>	411	2:19.00	103%	
50m		5.	<b>30.58</b>	386	30.85	102%	
50m		6.	<b>30.85</b>	376	31.20	102%	
100m		4.	<b>1:07.03</b>	401	1:08.50	104%	
							150
50m	, 2012 (12 )	26.	32.36	269	32.00	98%	2
100m		36.	<b>1:12.66</b>	268	1:13.00	101%	
200m		36.	<b>3:09.36</b>	218	3:16.00	107%	
200m	, 2011 (13 )						-
200m		27.	3:04.37	223	2:56.00	91%	
50m	, 2012 (12 )						-
50m		19.	38.07	351	38.00	100%	
100m		22.	1:26.29	293	1:22.00	90%	
200m		17.	3:03.23	303	3:00.00	97%	
50m	, 2011 (13 )						1
50m		11.	29.99	338	28.00	87%	
50m		1.	<b>31.54</b>	416	31.85	102%	
50m		1.	31.85	404	31.00	95%	
100m		3.	1:09.55	408	1:07.00	93%	
100m		7.	1:18.63	378	1:18.00	98%	
50m	, 2012 (12 )						1
50m		2.	32.23	578	32.07	99%	
50m		1.	<b>32.07</b>	587	32.10	100%	
200m		3.	2:31.80	533	2:28.00	95%	
200m		1.	2:37.16	465	2:35.00	97%	
200m	, 2009 (15 )						1
200m		1.	2:11.73	628	2:09.00	96%	
50m		1.	<b>29.09</b>	592	29.37	102%	
50m		1.	29.37	575	28.50	94%	
100m		2.	1:06.43	582	1:04.50	94%	
200m	, 2012 (12 )						-
200m		32.	3:19.97	175	3:18.20	98%	
50m	, 2012 (12 )						2
50m		36.	<b>35.24</b>	208	36.50	107%	
100m		57.	<b>1:20.60</b>	196	1:22.00	104%	
50m		36.	47.58	162	46.50	96%	
100m	, 2012 (12 )						-
100m		11.	1:22.77	324	1:22.50	99%	
50m	, 2014 (10 )						5
50m		2.	<b>42.51</b>	322	43.48	105%	
50m		3.	<b>43.48</b>	301	43.83	102%	
200m		4.	<b>3:23.54</b>	308	3:23.78	100%	
50m		2.	<b>36.51</b>	299	37.75	107%	
50m		3.	<b>37.75</b>	271	39.85	111%	
200m		2.	3:29.56	196	3:26.60	97%	
50m	, 2014 (10 )						1
50m		3.	<b>45.22</b>	188	46.18	104%	
50m		4.	46.18	177	43.00	87%	
200m		4.	3:25.88	226	3:24.00	98%	
100m	, 2011 (13 )						1
100m		32.	<b>1:11.95</b>	276	1:12.00	100%	
200m		33.	3:08.76	220	3:08.00	99%	
100m	, 2014 (10 )						-
100m		15.	1:33.20	170	1:29.34	92%	
100m	, 2012 (12 )						2
100m		32.	1:24.42	228	1:22.00	94%	
200m		26.	<b>3:03.57</b>	226	3:08.00	105%	
50m		35.	<b>38.66</b>	191	39.00	102%	
50m	, 2014 (10 )						2
50m		4.	<b>46.50</b>	173	46.78	101%	
50m		6.	46.78	170	44.50	90%	
100m		5.	1:40.83	179	1:39.00	96%	

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ALGE Timing



200m		6.	<b>3:31.43</b>	209	3:38.00	106%	1
50m	, 2009 (15 )	3.	<b>26.57</b>	588	27.47	107%	
50m		3.	27.47	532	26.05	90%	
100m		2.	59.99	560	59.05	97%	
200m		2.	2:20.01	489	2:14.00	92%	
	, 2010 (14 )						1
50m		25.	<b>33.81</b>	236	34.00	101%	
50m		18.	42.93	220	42.36	97%	
	, 2010 (14 )						-
50m		10.	36.59	356	36.31	98%	
50m		11.	36.31	365	35.90	98%	
100m		8.	1:18.57	379	1:16.70	95%	
200m		7.	2:56.74	357	2:56.50	100%	
200m		13.	2:41.88	349	2:34.50	91%	
	, 2011 (13 )						-
200m		29.	2:44.72	237	2:40.00	94%	
50m		21.	41.78	239	39.00	87%	
100m		24.	1:34.11	220	1:31.50	95%	
200m		16.	3:17.98	254	3:10.00	92%	
	, 2009 (15 )						-
100m		WDR		-	56.00	-	
	, 2015 (9 )						1
100m		20.	1:39.16	105	1:38.00	98%	
200m		12.	<b>3:48.91</b>	116	4:00.00	110%	
	, 2014 (10 )						2
50m		2.	38.12	349	37.78	98%	
50m		2.	<b>37.78</b>	359	38.45	104%	
100m		2.	1:22.35	337	1:20.00	94%	
100m		4.	1:37.56	284	1:35.00	95%	
200m		2.	<b>3:00.02</b>	343	3:02.00	102%	
	, 2014 (10 )						2
50m		9.	43.61	233	43.34	99%	
50m		16.	<b>43.34</b>	238	45.00	108%	
200m		8.	<b>3:17.17</b>	243	3:26.00	109%	
	, 2012 (12 )						-
50m		22.	38.39	342	37.55	96%	
50m		26.	47.45	232	43.27	83%	
	, 2010 (14 )						3
50m		10.	<b>27.19</b>	454	27.50	102%	
100m		7.	<b>1:08.19</b>	381	1:14.00	118%	
200m		11.	<b>2:37.49</b>	379	2:45.00	110%	
	, 2014 (10 )						-
100m		WDR		-	1:18.00	-	
200m		WDR		-	2:55.00	-	
	, 2013 (11 )						-
200m		WDR		-	2:30.00	-	
200m		WDR		-	2:50.00	-	
	, 2011 (13 )						-
50m		14.	36.19	275	33.50	86%	
100m		15.	1:27.24	277	1:22.50	89%	
200m		10.	3:06.02	306	2:55.00	89%	
50m		20.	33.79	286	32.50	93%	
	, 2013 (11 )						4
50m		26.	<b>35.31</b>	250	35.84	103%	
100m		13.	<b>1:18.52</b>	249	1:22.65	111%	
200m		7.	<b>3:03.17</b>	218	3:21.62	121%	
200m		32.	<b>3:07.95</b>	223	3:11.87	104%	
	, 2012 (12 )						1
50m		20.	<b>41.49</b>	244	42.50	105%	
100m		21.	1:32.84	229	1:32.00	98%	
200m		19.	3:22.35	238	3:15.00	93%	
	, 2012 (12 )						1
100m		51.	1:21.63	254	1:19.50	95%	
200m		38.	2:58.38	253	2:48.50	89%	
200m		16.	<b>2:55.66</b>	344	3:06.00	112%	
50m		27.	40.11	225	38.50	92%	

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ALGE Timing



	, 2012 (12 )								2
50m		23.	46.19	251	45.00			95%	
100m		29.	<b>1:40.24</b>	261	1:45.00			110%	
200m		27.	<b>3:39.74</b>	245	3:49.00			109%	
	, 2015 (9 )								2
50m		14.	<b>37.80</b>	169	38.45			103%	
100m		15.	<b>1:25.17</b>	166	1:30.00			112%	
50m		8.	46.56	109	45.86			97%	
50m		13.	45.86	114	45.41			98%	
	, 2011 (13 )								1
100m		22.	<b>1:08.32</b>	322	1:09.09			102%	
200m		17.	2:48.91	307	2:45.55			96%	
	, 2013 (11 )								-
50m		25.	44.64	196	43.00			93%	
	, 2013 (11 )								3
100m		7.	<b>1:04.18</b>	523	1:04.50			101%	
200m		18.	2:24.45	476	2:24.00			99%	
100m		3.	<b>1:19.21</b>	530	1:21.00			105%	
200m		3.	<b>2:50.62</b>	523	3:03.00			115%	
200m		5.	2:39.44	494	2:39.00			99%	
	, 2012 (12 )								3
100m		15.	<b>1:06.24</b>	354	1:07.50			104%	
200m		8.	2:20.51	382	2:20.10			99%	
100m		16.	<b>1:13.96</b>	339	1:15.20			103%	
200m		12.	<b>2:42.88</b>	342	2:44.33			102%	
	, 2012 (12 )								1
200m		8.	<b>2:43.30</b>	428	2:45.00			102%	
200m		15.	2:53.30	385	2:50.00			96%	
	, 2012 (12 )								-
50m		30.	36.83	263	34.50			88%	
	, 2013 (11 )								1
50m		38.	35.68	201	35.00			96%	
200m		42.	3:10.35	153	3:08.00			98%	
100m		41.	<b>1:34.06</b>	165	1:35.50			103%	
	, 2012 (12 )								-
200m		43.	3:13.62	146	3:09.00			95%	
100m		32.	1:43.59	165	1:38.20			90%	
200m		27.	3:44.25	175	3:33.00			90%	
200m		48.	3:28.67	163	3:18.00			90%	
	, 2012 (12 )								-
100m		20.	1:08.16	324	1:07.05			97%	
100m		22.	1:17.67	293	1:17.00			98%	
	, 2015 (9 )								-
50m		7.	36.71	184	35.82			95%	
50m		10.	35.82	198	34.50			93%	
100m		10.	1:20.25	199	1:13.00			83%	
200m		6.	2:50.04	215	2:46.00			95%	
	, 2014 (10 )								1
50m		9.	38.48	230	37.11			93%	
50m		11.	37.11	257	35.00			89%	
200m		5.	3:02.73	235	2:56.00			93%	
50m		18.	45.14	210	42.00			87%	
200m		9.	<b>3:23.62</b>	237	3:26.00			102%	
	, 2011 (13 )								7
50m		2.	<b>31.99</b>	398	32.01			100%	
50m		2.	<b>32.01</b>	398	32.76			105%	
50m		3.	<b>32.47</b>	510	33.13			104%	
50m		3.	<b>33.13</b>	480	33.18			100%	
100m		3.	<b>1:12.77</b>	477	1:13.41			102%	
50m		2.	<b>29.62</b>	425	29.71			101%	
50m		2.	<b>29.71</b>	421	30.56			106%	
	, 2010 (14 )								1
200m		4.	<b>2:36.28</b>	489	2:37.00			101%	
50m		6.	37.21	481	37.05			99%	
50m		6.	37.05	487	35.00			89%	
	, 2014 (10 )								3
50m		8.	<b>36.82</b>	183	36.90			100%	
50m		13.	<b>36.90</b>	181	37.00			101%	

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ALGE Timing



50m	3.	<b>41.00</b>	189	42.89	109%	
50m	7.	42.89	165	40.00	87%	
		, 2013 (11 )				2
50m	29.	35.05	305	34.92	99%	
50m	25.	<b>47.44</b>	232	48.97	107%	
200m	33.	<b>3:18.45</b>	256	3:19.54	101%	
		, 2010 (14 )				-
50m	15.	28.03	415	28.00	100%	
100m	13.	1:01.52	441	1:00.00	95%	
200m	8.	2:15.94	422	2:12.00	94%	
50m	7.	32.31	387	32.00	98%	
		, 2010 (14 )				1
50m	5.	<b>41.04</b>	280	42.24	106%	
50m			-	NT	-	
		, 2009 (15 )				1
100m	20.	<b>1:04.97</b>	375	1:05.00	100%	
		, 2010 (14 )				-
100m	18.	1:14.81	330	1:13.30	96%	
		, 2013 (11 )				1
50m	3.	<b>31.62</b>	461	32.37	105%	
50m	4.	32.37	429	31.00	92%	
100m	8.	1:15.72	393	1:15.00	98%	
		, 2011 (13 )				-
100m	67.	2:04.35	53	2:00.39	94%	
		, 2011 (13 )				2
50m	8.	<b>29.77</b>	346	29.92	101%	
50m	10.	29.92	341	29.00	94%	
100m	10.	1:04.13	390	1:03.00	97%	
200m	2.	2:15.24	429	2:15.00	100%	
50m	10.	<b>38.41</b>	308	39.50	106%	
50m	13.	39.50	283	39.00	97%	
		, 2012 (12 )				1
50m	18.	37.71	243	37.00	96%	
100m	26.	1:19.61	272	1:17.00	94%	
200m	24.	<b>3:01.81</b>	233	3:02.00	100%	
		, 2010 (14 )				3
50m	4.	<b>26.04</b>	517	26.13	101%	
50m	4.	<b>26.13</b>	512	26.26	101%	
100m	4.	<b>57.00</b>	555	58.17	104%	
100m	7.	1:07.81	440	1:07.21	98%	
200m	7.	2:31.34	427	2:27.53	95%	
		, 2009 (15 )				-
200m	1.	2:16.72	579	2:16.00	99%	
		, 2012 (12 )				2
50m	14.	<b>39.57</b>	282	39.70	101%	
100m	16.	1:27.82	271	1:26.00	96%	
200m	8.	<b>3:02.34</b>	325	3:22.00	123%	
		, 2011 (13 )				1
50m	5.	29.68	503	29.61	100%	
50m	6.	29.61	506	29.20	97%	
100m	5.	1:04.16	523	1:02.40	95%	
200m	4.	2:15.72	574	2:15.30	99%	
50m	5.	<b>39.72</b>	395	39.81	100%	
50m	5.	39.81	392	38.00	91%	
		, 2009 (15 )				3
100m	26.	<b>1:10.52</b>	293	1:10.68	100%	
100m	13.	<b>1:28.74</b>	263	1:30.12	103%	
200m	8.	3:09.47	290	3:08.92	99%	
50m	10.	<b>33.98</b>	281	34.53	103%	
50m	15.	34.53	268	33.10	92%	
		, 2014 (10 )				1
50m	9.	<b>43.97</b>	153	47.00	114%	
		, 2012 (12 )				2
200m	21.	<b>2:36.28</b>	278	2:45.00	111%	
200m	24.	<b>2:58.32</b>	261	3:00.00	102%	
		, 2011 (13 )				-
50m	6.	29.15	369	29.06	99%	
50m	6.	29.06	372	28.00	93%	

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ALGE Timing

# МОСКВА

## 1 ЭТАП 1 - 2 ИЮНЯ 2024



100m		13.	1:06.05	357	1:04.88	96%	1
100m	, 2013 (11 ),	50.	<b>1:17.89</b>	217	1:20.00	105%	1
100m		33.	1:45.01	158	1:40.00	91%	1
100m	, 2012 (12 ),	29.	<b>1:10.09</b>	298	1:13.00	108%	1
200m		17.	2:31.15	307	2:23.00	90%	1
100m	, 2015 (9 ),	15.	3:02.81	173	3:00.95	98%	3
200m		3.	<b>1:24.26</b>	229	1:26.99	107%	1
100m		3.	<b>2:58.71</b>	245	2:59.76	101%	1
200m		12.	<b>3:48.98</b>	164	4:26.00	135%	1
50m	, 2012 (12 ),	6.	40.25	380	40.00	99%	1
100m		10.	<b>1:28.03</b>	386	1:30.00	105%	1
100m	, 2011 (13 ),	48.	1:15.82	236	1:15.00	98%	1
200m		32.	<b>2:50.11</b>	215	2:50.26	100%	1
50m		28.	45.21	189	40.00	78%	1
100m		30.	1:42.50	170	1:41.00	97%	1
50m	, 2010 (14 ),	9.	39.50	402	39.00	97%	1
100m		4.	1:26.53	407	1:24.00	94%	1
50m		11.	34.72	348	34.00	96%	1
200m		9.	<b>2:50.31</b>	406	2:51.00	101%	1
50m	, 2015 (9 ),	10.	40.46	198	39.30	94%	4
50m		14.	<b>39.30</b>	216	43.55	123%	4
100m		12.	<b>1:30.56</b>	186	1:37.80	117%	4
200m		10.	<b>3:23.05</b>	171	3:35.80	113%	4
50m		27.	<b>49.55</b>	159	51.20	107%	4
100m	, 2011 (13 ),	2.	<b>1:09.51</b>	409	1:10.10	102%	2
50m		3.	<b>29.64</b>	424	30.27	104%	2
50m		3.	<b>30.27</b>	398	31.00	105%	2
200m		1.	<b>2:27.94</b>	457	2:29.60	102%	2
100m	, 2015 (9 ),	3.	<b>1:11.78</b>	278	1:14.00	106%	-
200m		1.	<b>2:54.39</b>	279	3:03.00	110%	-
50m	, 2015 (9 ),	WDR	-	-	35.00	-	-
100m		WDR	-	-	1:25.00	-	-
200m		WDR	-	-	3:07.00	-	-
50m		WDR	-	-	47.00	-	-
50m	, 2010 (14 ),	3.	30.18	475	30.10	99%	1
50m		4.	30.10	478	29.40	95%	1
200m		3.	<b>2:24.11</b>	448	2:25.00	101%	1
200m		6.	2:26.18	474	2:23.00	96%	1
200m	, 2012 (12 ),	40.	3:04.82	227	2:56.00	91%	1
50m		31.	<b>42.12</b>	195	45.00	114%	3
50m	, 2010 (14 ),	17.	<b>28.52</b>	394	29.00	103%	3
100m		17.	<b>1:03.66</b>	398	1:04.00	101%	3
50m		15.	<b>37.43</b>	333	38.00	103%	3
100m	, 2011 (13 ),	31.	1:42.75	243	1:41.00	97%	-
50m		24.	37.44	277	36.57	95%	-
100m	, 2011 (13 ),	32.	<b>33.37</b>	246	34.63	108%	2
50m		29.	<b>1:40.69</b>	180	1:43.00	105%	2
100m	, 2014 (10 ),	14.	<b>1:24.83</b>	168	1:25.00	100%	2
200m		10.	<b>3:17.95</b>	180	3:23.49	106%	2
100m	, 2012 (12 ),	10.	1:13.33	306	1:10.00	91%	-
200m		2.	2:40.61	324	2:38.00	97%	-

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ALGE Timing



# МОСКВА

## 1 ЭТАП 1 - 2 ИЮНЯ 2024



100m	, 2012 (12 )	8.	1:26.24	411	1:24.05	95%	-
200m		8.	3:06.36	402	3:00.00	93%	-
50m	, 2011 (13 )	9.	35.35	438	35.01	98%	-
100m		10.	1:17.38	406	1:13.65	91%	-
50m		14.	35.38	329	32.00	82%	-
100m	, 2012 (12 )	16.	1:07.54	448	1:07.00	98%	-
200m		20.	2:28.33	440	2:21.00	90%	-
100m	, 2012 (12 )	23.	<b>1:10.52</b>	394	1:11.00	101%	2
200m		22.	<b>2:32.04</b>	408	2:33.00	101%	-
50m	, 2011 (13 )	WDR	-	-	37.00	-	-
200m		WDR	-	-	2:44.00	-	-
200m	, 2014 (10 )	14.	3:00.60	180	3:00.00	99%	1
200m		7.	<b>3:13.40</b>	193	3:25.00	112%	-
200m	, 2014 (10 )	13.	<b>2:56.54</b>	192	3:03.00	107%	2
50m		7.	47.11	167	44.00	87%	-
100m		10.	<b>1:45.87</b>	155	1:47.00	102%	-
200m		13.	3:19.81	185	3:15.00	95%	-
100m	, 2011 (13 )	24.	1:26.63	289	1:23.07	92%	-
200m		27.	3:10.44	290	3:07.00	96%	1
200m	, 2010 (14 )	3.	2:15.53	577	2:13.97	98%	-
50m		2.	33.30	524	32.74	97%	-
50m		-	-	-	NT	-	-
100m		3.	1:08.91	575	1:08.91	100%	-
200m		1.	<b>2:23.80</b>	627	2:26.28	103%	-
50m	, 2012 (12 )	WDR	-	-	34.00	-	-
50m		WDR	-	-	43.00	-	-
50m	, 2014 (10 )	23.	42.02	177	39.00	86%	-
100m		14.	1:31.08	183	1:29.00	95%	-
200m		9.	3:19.66	180	3:05.00	86%	-
50m	, 2011 (13 )	16.	37.30	251	36.00	93%	-
200m		20.	2:54.65	263	2:45.00	89%	1
50m	, 2013 (11 )	9.	41.13	356	40.70	98%	-
100m		11.	<b>1:28.30</b>	383	1:29.00	102%	-
200m		13.	3:10.81	374	3:10.00	99%	5
200m	, 2014 (10 )	5.	<b>2:46.35</b>	230	2:54.80	110%	-
50m		2.	<b>39.40</b>	213	40.53	106%	-
50m		2.	<b>40.53</b>	196	40.60	100%	-
100m		1.	<b>1:23.25</b>	238	1:26.25	107%	-
200m		4.	<b>3:00.80</b>	237	3:05.20	105%	3
100m	, 2011 (13 )	7.	<b>1:12.00</b>	368	1:13.00	103%	-
50m		4.	<b>30.42</b>	392	30.50	101%	-
100m		2.	<b>1:06.26</b>	415	1:07.00	102%	-
200m		5.	2:30.73	432	2:27.00	95%	-
200m	, 2010 (14 )	11.	2:33.23	294	2:28.00	93%	-
200m		21.	2:58.07	262	2:40.00	81%	2
50m	, 2012 (12 )	25.	<b>43.75</b>	155	46.38	112%	-
200m		41.	<b>3:14.51</b>	201	3:26.68	113%	-
50m	, 2010 (14 )	7.	26.58	486	26.48	99%	-
50m		6.	26.48	492	25.90	96%	-
100m		12.	1:00.25	470	55.90	86%	-

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ALGE Timing



100m		10.	1:13.62	344	1:07.00	83%	-
100m	, 2013 (11 ) ,	7.	1:25.44	422	1:22.00	92%	1
200m	, 2012 (12 ) ,	22.	<b>3:31.28</b>	275	3:37.00	105%	1
50m	, 2014 (10 ) ,	21.	43.04	114	41.00	91%	
50m	, 2015 (9 ) ,	14.	<b>48.12</b>	117	49.00	104%	2
50m		4.	<b>39.00</b>	245	39.27	101%	
50m		4.	39.27	240	38.00	94%	
200m	, 2015 (9 ) ,	6.	<b>3:16.05</b>	266	3:18.00	102%	-
50m		21.	40.60	196	39.05	93%	
200m	, 2011 (13 ) ,	11.	3:26.14	164	3:10.00	85%	1
50m		1.	37.09	485	36.79	98%	
50m		1.	36.79	497	36.50	98%	
100m		4.	1:19.77	519	1:17.60	95%	
200m		4.	2:57.77	463	2:51.40	93%	
50m		8.	<b>33.50</b>	387	33.89	102%	
50m	, 2011 (13 ) ,	11.	33.89	374	32.30	91%	-
50m		7.	33.74	340	33.12	96%	
200m	, 2009 (15 ) ,	8.	2:34.96	376	2:31.92	96%	1
50m		8.	<b>33.61</b>	460	33.71	101%	
50m		7.	33.71	456	32.85	95%	
100m		5.	1:15.70	424	1:13.39	94%	
200m	, 2013 (11 ) ,	2.	2:44.17	446	2:39.33	94%	1
50m	, 2013 (11 ) ,	36.	<b>52.92</b>	167	1:12.50	188%	-
200m	, 2013 (11 ) ,	26.	2:34.48	389	2:30.00	94%	
50m	, 2013 (11 ) ,	19.	36.11	309	36.00	99%	-
50m	, 2015 (9 ) ,	32.	48.61	113	45.00	86%	
50m		41.	54.99	105	50.00	83%	1
100m	, 2013 (11 ) ,	21.	1:45.95	86	1:43.49	95%	
200m		13.	<b>3:55.67</b>	107	4:11.00	113%	1
100m		4.	1:13.04	483	1:11.00	94%	
100m		2.	<b>1:11.18</b>	473	1:14.30	109%	
200m	, 2013 (11 ) ,	4.	2:38.92	499	2:36.30	97%	-
100m		34.	1:25.91	216	1:25.00	98%	
200m	, 2009 (15 ) ,	38.	3:10.53	214	3:10.00	99%	-
100m	, 2010 (14 ) ,	11.	59.90	478	58.00	94%	1
100m		9.	1:06.42	471	1:04.50	94%	
200m		11.	2:24.93	472	2:22.93	97%	
100m		7.	<b>1:12.32</b>	498	1:12.66	101%	
200m		5.	2:36.68	485	2:34.00	97%	
	, 2011 (13 ) ,						150
100m		16.	<b>1:06.31</b>	352	1:06.79	101%	1
50m		23.	34.86	260	33.00	90%	
200m		5.	2:46.68	290	2:45.00	98%	
200m	, 2009 (15 ) ,	10.	2:40.72	356	2:39.34	98%	-
100m	, 2010 (14 ) ,	14.	1:11.38	380	1:09.00	93%	-
200m		18.	2:48.69	308	2:48.33	100%	

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ALGE Timing



	, 2011 (13 ),								2
50m		15.	31.91	405	31.50			97%	
100m		17.	<b>1:07.63</b>	446	1:09.50			106%	
200m		21.	<b>2:29.24</b>	432	2:30.00			101%	
100m		18.	1:22.41	336	1:20.00			94%	
	, 2012 (12 ),								1
50m		17.	40.66	259	39.00			92%	
100m		17.	1:31.02	244	1:27.00			91%	
200m		14.	<b>3:11.92</b>	279	3:15.00			103%	
50m		39.	39.91	173	37.00			86%	
200m		34.	3:08.85	219	3:01.00			92%	
	, 2014 (10 ),								3
50m		16.	<b>38.98</b>	154	45.25			135%	
50m		8.	<b>44.41</b>	149	45.33			104%	
50m		11.	<b>45.33</b>	140	48.17			113%	
	, 2010 (14 ),								1
50m		9.	<b>47.03</b>	238	47.37			101%	
50m		11.	47.37	233	44.49			88%	
200m		5.	3:46.36	224	3:35.95			91%	
	, 2013 (11 ),								1
50m		8.	42.64	319	42.45			99%	
50m		13.	<b>42.45</b>	324	44.58			110%	
200m		24.	3:33.43	267	3:27.99			95%	
	, 2009 (15 ),								-
100m		1.	59.91	562	59.00			97%	
	, 2010 (14 ),								3
50m		8.	26.60	485	26.35			98%	
50m		5.	<b>26.35</b>	499	27.06			105%	
100m		7.	<b>58.65</b>	510	59.16			102%	
200m		5.	2:11.56	466	2:10.07			98%	
200m		4.	<b>2:21.36</b>	524	2:25.41			106%	
	, 2010 (14 ),								2
50m		14.	<b>34.47</b>	269	35.54			106%	
100m		10.	<b>1:18.50</b>	249	1:27.00			123%	
	, 2011 (13 ),								3
50m		19.	<b>32.53</b>	382	33.13			104%	
100m		48.	<b>1:18.93</b>	281	1:20.00			103%	
50m		20.	<b>36.76</b>	293	41.39			127%	
	, 2014 (10 ),								6
50m		3.	<b>33.90</b>	337	34.34			103%	
50m		2.	<b>34.34</b>	325	34.93			103%	
200m		3.	<b>2:45.79</b>	315	2:47.64			102%	
100m		3.	<b>1:23.03</b>	329	1:25.20			105%	
200m		3.	<b>2:58.66</b>	327	3:10.75			114%	
200m		3.	<b>3:05.24</b>	315	3:13.89			110%	
	, 2012 (12 ),								1
100m		19.	<b>1:22.75</b>	332	1:28.10			113%	
100m		15.	1:29.89	363	1:28.90			98%	
200m		12.	2:51.56	397	2:50.70			99%	
	, 2011 (13 ),								-
50m		16.	31.94	403	31.30			96%	
100m		42.	1:17.02	302	1:12.00			87%	
	, 2012 (12 ),								-
50m		19.	30.88	310	30.03			95%	
100m		19.	1:07.97	327	1:06.83			97%	
50m		18.	33.49	294	32.99			97%	
	, 2009 (15 ),								1
50m		2.	32.34	516	32.24			99%	
50m		2.	32.24	521	32.18			100%	
50m		2.	<b>26.29</b>	607	27.16			107%	
50m		2.	27.16	551	26.10			92%	
100m		4.	1:02.31	499	1:00.00			93%	
	, 2009 (15 ),								-
200m		10.	2:23.82	483	2:19.65			94%	
	, 2011 (13 ),								2
50m		15.	<b>30.57</b>	320	31.50			106%	
100m		14.	<b>1:06.17</b>	355	1:07.00			103%	
200m		11.	2:23.15	361	2:23.00			100%	

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ALGE Timing



100m	, 2010 (14 )	8.	58.71	508	57.77	97%	-
200m		10.	2:34.00	405	2:29.99	95%	
50m	, 2012 (12 )	23.	39.68	209	39.00	97%	1
200m		25.	<b>3:02.31</b>	231	3:05.00	103%	
100m	, 2012 (12 )	52.	1:18.19	215	1:17.00	97%	-
200m		30.	2:45.78	232	2:45.00	99%	
100m	, 2011 (13 )	26.	<b>1:09.36</b>	308	1:09.70	101%	3
200m		16.	<b>2:31.06</b>	307	2:35.20	106%	
100m		19.	1:31.78	238	1:30.30	97%	
200m		18.	<b>2:50.99</b>	296	2:52.30	102%	
200m	, 2014 (10 )	4.	2:57.84	255	2:57.00	99%	2
50m		6.	<b>40.35</b>	221	41.82	107%	
50m		6.	41.82	199	39.00	87%	
100m		2.	1:30.53	230	1:30.00	99%	
200m		5.	<b>3:13.34</b>	277	3:19.00	106%	
50m	, 2010 (14 )	20.	53.56	113	50.03	87%	1
200m		9.	<b>4:20.15</b>	112	4:20.53	100%	
100m	, 2012 (12 )	35.	1:12.47	270	1:11.90	98%	1
200m		25.	2:39.91	259	2:34.80	94%	
50m		33.	<b>36.37</b>	229	37.50	106%	
200m		25.	2:58.42	260	2:54.50	96%	
50m	, 2011 (13 )	2.	<b>28.44</b>	572	28.72	102%	2
50m		2.	28.72	555	28.00	95%	
200m		1.	2:13.13	609	2:12.00	98%	
50m		1.	<b>31.69</b>	608	32.16	103%	
50m		2.	32.16	582	31.50	96%	
200m		2.	2:30.73	545	2:25.00	93%	
50m	, 2011 (13 )	1.	<b>25.32</b>	563	25.84	104%	2
50m		1.	25.84	529	25.20	95%	
100m		1.	55.26	609	55.20	100%	
50m		1.	<b>27.31</b>	542	27.70	103%	
50m		1.	27.70	519	27.00	95%	
100m		1.	1:02.46	496	1:00.00	92%	
100m	, 2014 (10 )	17.	1:27.01	156	1:26.07	98%	1
200m		19.	<b>3:08.78</b>	157	3:14.00	106%	
200m		20.	3:39.31	140	3:34.00	95%	
100m	, 2012 (12 )	63.	1:30.82	137	1:25.00	88%	-
50m		29.	47.23	123	46.00	95%	
50m	e , 2015 (9 )	9.	35.71	200	35.40	98%	-
100m		9.	1:19.47	205	1:17.90	96%	
200m		11.	2:53.01	204	2:48.00	94%	
200m		11.	3:17.90	191	3:10.00	92%	
100m	, 2011 (13 )	11.	<b>1:04.58</b>	382	1:06.50	106%	2
200m		10.	<b>2:21.33</b>	375	2:23.00	102%	
50m	, 2015 (9 )	13.	46.36	131	42.50	84%	-
50m		15.	56.05	99	56.00	100%	
100m	, 2012 (12 )	14.	1:20.55	231	1:12.00	80%	-
200m		20.	2:55.09	276	2:44.00	88%	
50m	, 2014 (10 )	26.	49.27	162	48.00	95%	-
200m	, 2010 (14 )	16.	2:43.34	339	2:35.40	91%	-

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ALGE Timing



	, 2010 (14 )								2
200m		6.	2:12.08	460	2:09.50			96%	
50m		5.	30.35	467	29.67			96%	
50m		3.	<b>29.67</b>	500	30.30			104%	
100m		2.	<b>1:02.91</b>	551	1:03.30			101%	
100m		3.	1:01.34	523	1:01.16			99%	
	, 2011 (13 )								-
200m		10.	3:08.47	388	2:52.72			84%	
200m		17.	2:56.71	363	2:48.53			91%	
	, 2014 (10 )								3
50m		13.	<b>38.08</b>	238	42.00			122%	
50m		5.	<b>46.76</b>	242	47.18			102%	
50m		7.	<b>47.18</b>	236	49.00			108%	
200m		10.	3:46.45	224	3:40.00			94%	
	, 2012 (12 )								2
100m		33.	<b>1:12.21</b>	273	1:12.22			100%	
200m		26.	<b>2:58.69</b>	259	3:00.03			102%	
	, 2014 (10 )								-
50m		16.	50.33	102	42.10			70%	
50m		10.	52.19	122	50.93			95%	
50m		12.	50.93	132	45.20			79%	
	, 2013 (11 )								-
50m		44.	47.82	83	46.24			94%	
50m		38.	50.10	138	48.99			96%	
100m		35.	1:52.84	128	1:50.86			97%	
	, 2015 (9 )								2
200m		11.	<b>3:31.24</b>	148	3:35.00			104%	
100m		13.	<b>1:59.86</b>	106	2:01.00			102%	
	, 2011 (13 )								2
50m		26.	34.47	321	33.36			94%	
200m		23.	<b>2:32.06</b>	408	2:34.39			103%	
50m		26.	<b>39.34</b>	318	41.51			111%	
200m		18.	3:03.92	300	2:55.50			91%	
	, 2011 (13 )								3
100m		33.	<b>1:13.55</b>	347	1:16.00			107%	
50m		15.	<b>36.91</b>	385	37.00			100%	
100m		16.	1:20.79	357	1:20.20			99%	
50m		10.	35.73	319	35.38			98%	
50m		14.	<b>35.38</b>	329	38.80			120%	
	, 2009 (15 )								2
100m		13.	<b>1:10.26</b>	398	1:11.50			104%	
50m		12.	<b>36.55</b>	298	36.75			101%	
	, 2013 (11 )								2
100m		26.	<b>1:28.81</b>	269	1:30.00			103%	
200m		19.	<b>3:08.65</b>	278	3:18.00			110%	
	, 2011 (13 )								1
50m		16.	<b>33.17</b>	302	34.80			110%	
100m		12.	1:17.45	260	1:15.90			96%	
	, 2013 (11 )								1
100m		30.	<b>1:10.39</b>	295	1:11.60			103%	
200m		19.	2:33.69	292	2:21.00			84%	
	, 2010 (14 )								4
50m		6.	<b>26.48</b>	492	26.59			101%	
50m		7.	<b>26.59</b>	486	27.00			103%	
100m		9.	<b>58.94</b>	502	1:00.00			104%	
50m		10.	35.58	387	34.10			92%	
200m		8.	<b>2:31.57</b>	425	2:34.00			103%	
	, 2013 (11 )								-
50m		42.	39.84	144	35.70			80%	
50m		30.	47.57	121	42.00			78%	
200m		34.	3:40.86	130	3:26.00			87%	
	, 2011 (13 )								4
200m		9.	<b>2:20.62</b>	381	2:30.00			114%	
50m		3.	33.07	361	32.59			97%	
50m		3.	<b>32.59</b>	377	33.00			103%	
100m		5.	<b>1:10.75</b>	387	1:11.00			101%	
200m		2.	<b>2:30.81</b>	408	2:32.00			102%	

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ALGE Timing



	, 2012 (12 )								3
200m		37.	<b>2:55.79</b>	195	3:03.00			108%	
200m		29.	<b>3:07.86</b>	211	3:14.00			107%	
50m		37.	<b>39.38</b>	180	39.50			101%	
	, 2011 (13 )								-
50m		12.	31.02	440	30.45			96%	
100m		15.	1:07.16	456	1:05.34			95%	
200m		14.	2:52.97	387	2:45.20			91%	
	- , 2013 (11 )								-
100m		23.	1:26.45	291	1:21.00			88%	
200m		23.	3:07.14	306	3:00.00			93%	
	, 2015 (9 )								-
100m		12.	1:47.76	147	1:40.00			86%	
200m		17.	3:27.13	166	3:15.00			89%	
	, 2010 (14 )								-
100m		19.	1:04.95	375	1:01.00			88%	
50m		12.	36.47	360	36.00			97%	
200m		6.	3:11.94	189	2:55.00			83%	
	, 2012 (12 )								-
200m		WDR		-	2:57.00			-	
200m		WDR		-	2:52.00			-	
200m		WDR		-	2:41.00			-	
	, 2009 (15 )								3
50m		1.	27.11	660	27.06			100%	
50m		1.	<b>27.06</b>	664	27.30			102%	
100m		1.	<b>1:00.27</b>	631	1:01.00			102%	
50m		WDR		-	29.65			-	
100m		1.	<b>1:04.44</b>	704	1:06.05			105%	
	, 2010 (14 )								-
50m		21.	29.76	346	29.50			98%	
200m		12.	2:39.03	368	2:38.00			99%	
	, 2014 (10 )								1
50m		1.	<b>36.18</b>	233	36.98			104%	
50m		2.	36.98	218	36.00			95%	
100m		1.	1:20.95	227	1:19.00			95%	
200m		1.	2:58.14	237	2:55.54			97%	
200m		2.	2:55.45	274	2:55.45			100%	
	, 2012 (12 )								3
50m		13.	<b>31.71</b>	412	32.00			102%	
100m		19.	<b>1:09.51</b>	411	1:10.00			101%	
200m		24.	<b>2:33.86</b>	394	2:34.00			100%	
50m		21.	36.77	293	35.02			91%	
	, 2012 (12 )								2
100m		17.	<b>1:24.21</b>	202	1:25.00			102%	
200m		23.	<b>2:57.75</b>	263	3:00.00			103%	
	, 2013 (11 )								-
50m		10.	38.54	228	38.49			100%	
50m		22.	38.49	229	37.50			95%	
100m		33.	1:25.01	223	1:18.00			84%	
100m		25.	1:34.33	219	1:33.00			97%	
200m		18.	3:22.02	239	3:05.00			84%	
	, 2010 (14 )								1
50m		7.	<b>33.56</b>	462	33.89			102%	
50m		8.	33.89	448	31.50			86%	
100m		WDR		-	1:11.50			-	
50m		9.	29.94	411	29.73			99%	
50m		10.	29.73	420	27.50			86%	
	, 2014 (10 )								2
50m		15.	<b>54.17</b>	155	57.00			111%	
200m		11.	<b>4:07.73</b>	171	4:10.00			102%	
	, 2013 (11 )								1
50m		32.	<b>37.79</b>	243	39.99			112%	
50m		31.	44.01	227	39.99			83%	
50m		35.	52.10	175	49.99			92%	
	, 2011 (13 )								-
100m		21.	1:08.20	324	1:07.00			97%	
200m		14.	2:29.78	315	2:26.70			96%	
200m		19.	2:51.96	291	2:47.47			95%	

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ALGE Timing



100m			39.	1:15.73	318	1:14.95		98%		-
200m			36.	2:51.07	287	2:46.61		95%		
200m			24.	3:08.35	300	3:08.01		100%		
50m			29.	47.91	225	45.00		88%		
100m			32.	1:43.84	235	1:35.00		84%		
200m			23.	3:31.99	273	3:20.00		89%		
100m			49.	<b>1:16.18</b>	232	1:17.00		102%		2
50m			42.	<b>41.62</b>	153	44.63		115%		
50m			5.	29.72	501	28.90		95%		
50m			1.	32.80	549	32.34		97%		
50m						NT		-		
100m			5.	1:10.63	534	1:08.24		93%		
200m			3.	2:34.65	504	2:30.79		95%		
50m			35.	<b>33.81</b>	236	35.00		107%		2
100m			46.	1:15.46	239	1:15.00		99%		
200m			24.	<b>2:39.51</b>	261	2:46.00		108%		
50m			27.	45.19	189	45.00		99%		
50m			41.	<b>37.44</b>	174	38.00		103%		1
50m			43.	55.25	103	40.20		53%		
200m			22.	3:19.92	233	3:12.00		92%		
100m			34.	1:45.08	227	1:38.00		87%		
200m			25.	3:35.39	260	3:35.00		100%		
100m			10.	1:48.56	107	1:42.66		89%		
100m			9.	1:53.15	83	1:49.00		93%		
50m			9.	37.83	322	37.50		98%		
100m			14.	1:25.88	290	1:25.00		98%		
200m			11.	3:06.93	302	3:05.00		98%		
50m			11.	36.28	405	33.00		83%		
100m			34.	1:35.80	214	1:30.00		88%		
50m			21.	45.43	264	42.00		85%		
100m			25.	1:38.07	279	1:38.00		100%		
200m			32.	3:18.32	257	3:16.00		98%		
100m			36.	1:56.05	117	1:51.17		92%		1
200m			28.	<b>3:54.00</b>	154	4:19.88		123%		
100m			21.	2:07.79	57	2:04.58		95%		
100m			41.	1:13.55	258	1:13.40		100%		1
50m			30.	<b>35.85</b>	239	36.10		101%		
100m			15.	1:20.76	229	1:19.20		96%		
200m			6.	2:59.01	234	2:56.40		97%		
50m			18.	40.21	140	40.00		99%		
100m			6.	1:41.01	178	1:35.00		88%		
200m			5.	3:30.39	212	3:25.00		95%		
200m			16.	3:26.46	168	3:25.00		99%		
50m			1.	28.15	585	27.97		99%		2
50m			1.	<b>27.97</b>	596	28.84		106%		
100m			1.	1:01.89	579	1:01.05		97%		
200m			1.	<b>2:13.47</b>	589	2:14.58		102%		
100m			6.	1:20.17	268	1:18.00		95%		
50m			14.	42.21	257	40.00		90%		
50m			12.	39.30	287	38.05		94%		2
50m			17.	<b>33.47</b>	294	34.00		103%		

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ALGE Timing



100m		16.	<b>1:21.45</b>	223	1:22.00	101%	
200m		8.	3:17.84	173	3:10.00	92%	
	, 2011 (13 ) ,						-
100m		14.	1:13.90	340	1:09.00	87%	
50m		7.	30.86	375	30.50	98%	
100m		9.	1:12.98	311	1:09.00	89%	
	, 2014 (10 ) ,						-
50m		8.	48.13	156	48.11	100%	
50m		10.	48.11	156	44.00	84%	
100m		7.	1:41.09	178	1:41.00	100%	
200m		9.	3:36.60	194	3:35.00	99%	
	, 2014 (10 ) ,						4
100m		2.	1:11.54	377	1:10.00	96%	
200m		1.	<b>2:34.90</b>	386	2:35.00	100%	
50m		1.	<b>36.03</b>	414	36.87	105%	
50m		1.	<b>36.87</b>	386	37.00	101%	
50m		1.	<b>34.66</b>	350	35.44	105%	
50m		1.	35.44	327	35.30	99%	
	, 2009 (15 ) ,						1
50m		19.	28.59	391	28.46	99%	
100m		16.	1:03.45	402	1:02.94	98%	
200m		9.	<b>2:21.55</b>	374	2:22.59	101%	
	, 2011 (13 ) ,						1
100m		55.	1:30.28	187	1:27.00	93%	
100m		33.	<b>1:43.92</b>	235	1:45.00	102%	
	, 2013 (11 ) ,						-
100m		27.	1:11.75	374	1:10.50	97%	
200m		31.	2:38.35	361	2:35.50	96%	
100m		12.	1:18.61	387	1:17.33	97%	
200m		10.	2:45.86	409	2:44.30	98%	
	, 2011 (13 ) ,						2
100m		12.	<b>1:06.92</b>	461	1:07.00	100%	
200m		13.	<b>2:23.25</b>	488	2:26.00	104%	
50m		17.	35.44	327	33.00	87%	
	, 2009 (15 ) ,						-
100m		3.	1:02.22	574	1:01.11	96%	
200m		4.	2:17.02	558	2:15.55	98%	
	, 2013 (11 ) ,						-
100m		52.	1:21.65	254	1:20.86	98%	
200m		39.	3:01.08	242	2:54.45	93%	
100m		36.	1:37.30	204	1:31.00	87%	
200m		24.	3:20.90	230	3:19.00	98%	
	, 2013 (11 ) ,						-
50m		9.	44.00	291	43.30	97%	
50m		16.	43.30	305	40.22	86%	
100m		30.	1:40.65	258	1:30.11	80%	
200m		21.	3:30.29	279	3:19.52	90%	
	, 2010 (14 ) ,						4
50m		3.	<b>28.62</b>	561	28.99	103%	
50m		3.	<b>28.99</b>	540	29.00	100%	
100m		9.	1:15.28	441	1:12.50	93%	
50m		5.	<b>36.12</b>	526	36.14	100%	
50m		5.	<b>36.14</b>	525	36.50	102%	
	, 2009 (15 ) ,						2
100m		2.	1:01.27	601	1:00.10	96%	
100m		4.	1:10.12	546	1:08.00	94%	
50m		2.	<b>29.70</b>	556	29.97	102%	
50m		2.	<b>29.97</b>	541	30.00	100%	
	, 2014 (10 ) ,						-
100m		13.	1:35.79	214	1:27.00	82%	
200m		9.	3:20.02	233	3:05.00	86%	
100m		9.	1:47.96	209	1:40.00	86%	
100m		4.	1:50.58	126	1:40.00	82%	
	, 2014 (10 ) ,						3
50m		16.	<b>39.50</b>	213	43.50	121%	
50m		21.	<b>45.39</b>	207	46.30	104%	
50m		9.	50.31	194	50.07	99%	
50m		12.	<b>50.07</b>	197	53.20	113%	

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ALGE Timing

# МОСКВА

## 1 ЭТАП 1 - 2 ИЮНЯ 2024



100m	, 2011 (13 )	1.	1:02.41	568	1:02.00	99%	-
200m		5.	2:16.39	566	2:14.00	97%	
200m		6.	2:33.93	511	2:30.00	95%	
50m	, 2011 (13 )	5.	<b>34.99</b>	407	35.47	103%	2
50m		5.	<b>35.47</b>	391	35.57	101%	
100m		9.	1:21.20	343	1:19.27	95%	
100m	, 2011 (13 )	56.	<b>1:20.32</b>	198	1:23.02	107%	1
50m		35.	46.57	173	45.75	97%	
100m	, 2011 (13 )	13.	1:13.84	341	1:13.50	99%	1
200m		9.	<b>2:37.15</b>	361	2:38.00	101%	
50m	, 2010 (14 )	10.	32.61	379	30.81	89%	-
200m	, 2014 (10 )	3.	<b>3:18.70</b>	331	3:34.12	116%	2
200m		1.	<b>3:17.86</b>	233	3:26.00	108%	
50m	, 2012 (12 )	33.	44.65	217	43.50	95%	-
50m		18.	44.70	277	43.00	93%	
100m		28.	1:40.01	263	1:37.50	95%	
50m	, 2012 (12 )	8.	<b>30.89</b>	446	30.90	100%	4
50m		11.	<b>30.90</b>	446	31.03	101%	
50m		7.	<b>34.43</b>	474	35.03	104%	
100m		7.	<b>1:15.76</b>	433	1:16.07	101%	
200m		14.	2:50.54	376	2:49.05	98%	
50m	, 2014 (10 )	2.	<b>32.06</b>	277	32.61	103%	1
50m		3.	32.61	263	32.00	96%	
100m		4.	1:12.66	268	1:12.00	98%	
200m		3.	3:41.29	123	3:15.00	78%	
200m		8.	3:10.07	215	3:05.30	95%	
50m	, 2012 (12 )	10.	30.52	321	30.36	99%	-
50m		14.	30.36	326	30.00	98%	
100m		17.	1:06.45	350	1:05.00	96%	
100m		21.	1:17.58	294	1:16.00	96%	
200m		14.	2:45.71	325	2:40.31	94%	
50m	, 2014 (10 )	6.	34.78	217	34.56	99%	-
50m		6.	34.56	221	33.00	91%	
100m		7.	1:17.17	223	1:17.00	100%	
100m	, 2010 (14 )	4.	1:02.55	564	1:01.85	98%	-
50m	, 2011 (13 )	6.	<b>34.18</b>	485	34.50	102%	2
200m		7.	<b>2:36.19</b>	490	2:38.00	102%	
50m	, 2015 (9 )	22.	<b>43.07</b>	114	50.00	135%	1
50m		19.	1:01.56	74	56.00	83%	
50m	, 2014 (10 )	8.	<b>35.19</b>	209	35.35	101%	2
100m		8.	1:18.93	209	1:17.30	96%	
200m		10.	2:52.21	207	2:50.00	97%	
50m		9.	<b>44.45</b>	148	45.02	103%	
50m		10.	45.02	143	42.00	87%	
50m	, 2010 (14 )	18.	28.53	393	27.91	96%	1
100m		14.	1:01.75	437	1:01.25	98%	
200m		7.	2:14.20	439	2:11.22	96%	
50m		11.	<b>35.91</b>	282	1:15.00	436%	
100m	, 2010 (14 )	24.	<b>1:07.05</b>	341	1:07.28	101%	1
200m		10.	2:24.98	348	2:22.93	97%	

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ALGE Timing



200m	, 2013 (11 ),	38.	<b>3:32.87</b>	207	4:34.00	166%	1
50m	, 2012 (12 ),	40.	<b>36.25</b>	191	36.50	101%	1
100m		59.	1:21.66	188	1:18.00	91%	
200m		41.	3:03.95	170	2:55.00	91%	
100m	, 2013 (11 ),	60.	1:24.31	171	1:20.41	91%	-
200m		39.	3:00.15	181	2:58.72	98%	
50m		32.	46.15	177	44.00	91%	
50m	, 2015 (9 ),	8.	37.84	242	36.14	91%	1
50m		9.	<b>36.14</b>	278	36.50	102%	
50m		10.	44.01	227	41.67	90%	
50m		11.	41.67	267	41.50	99%	
100m		11.	1:33.79	228	1:27.00	86%	
100m	, 2011 (13 ),	28.	<b>1:11.90</b>	371	1:13.61	105%	2
200m		6.	<b>3:22.17</b>	218	3:35.00	113%	
200m		19.	3:05.42	314	2:59.82	94%	
50m	, 2010 (14 ),	12.	<b>27.65</b>	432	28.00	103%	2
50m		11.	<b>29.92</b>	412	30.07	101%	
100m		8.	1:09.01	367	1:08.19	98%	
100m	, 2013 (11 ),	30.	1:12.53	362	1:12.00	99%	1
200m		29.	<b>2:36.48</b>	375	2:48.00	115%	
50m		25.	39.18	322	38.00	94%	
50m		25.	37.70	272	36.00	91%	
100m	, 2013 (11 ),	31.	1:23.95	232	1:23.20	98%	-
200m		21.	2:55.56	259	2:49.00	93%	
100m	, 2012 (12 ),	64.	<b>1:39.33</b>	104	1:54.00	132%	2
50m		33.	<b>50.27</b>	102	1:05.00	167%	
200m	, 2015 (9 ),	10.	3:26.88	210	3:25.00	98%	-
200m		6.	4:13.65	110	3:55.00	86%	
50m	, 2013 (11 ),	37.	35.55	203	35.00	97%	-
100m		31.	1:43.50	165	1:30.00	76%	
100m	, 2013 (11 ),	8.	1:12.36	319	1:12.00	99%	-
200m		3.	2:40.89	322	2:40.00	99%	
50m	, 2011 (13 ),	4.	34.79	415	34.68	99%	5
50m		4.	<b>34.68</b>	418	35.00	102%	
100m		4.	<b>1:13.52</b>	463	1:14.00	101%	
200m		2.	<b>2:41.89</b>	465	2:49.00	109%	
50m		4.	<b>30.14</b>	403	30.52	103%	
50m		5.	<b>30.52</b>	388	31.90	109%	
200m	, 2012 (12 ),	9.	2:18.24	544	2:17.00	98%	3
50m		3.	<b>33.20</b>	529	33.26	100%	
50m		4.	33.26	526	33.15	99%	
200m		1.	2:30.58	546	2:25.50	93%	
50m		6.	<b>32.51</b>	424	32.91	102%	
50m		8.	<b>32.91</b>	409	33.08	101%	
50m	, 2013 (11 ),	34.	40.45	198	36.00	79%	140
50m		36.	48.23	172	44.50	85%	-
50m	, 2009 (15 ),	2.	<b>28.16</b>	584	28.19	100%	2
50m		2.	28.19	583	28.14	100%	
50m		1.	<b>25.99</b>	629	26.52	104%	
50m		1.	26.52	592	26.36	99%	

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ALGE Timing



	, 2009 (15 ),								2
50m		2.	<b>28.35</b>	577	28.42			100%	
50m		2.	<b>28.42</b>	573	28.61			101%	
100m		2.	1:05.68	665	1:04.70			97%	
200m		2.	2:23.81	627	2:21.20			96%	
	, 2014 (10 ),								2
50m		10.	41.37	129	40.08			94%	
50m		17.	<b>40.08</b>	141	41.30			106%	
200m		21.	<b>3:47.34</b>	126	3:58.84			110%	
	, 2011 (13 ),								-
100m		WDR	-	-	1:06.33			-	
200m		WDR	-	-	2:27.64			-	
200m		WDR	-	-	2:43.59			-	
	, 2012 (12 ),								-
100m		21.	1:10.18	400	1:08.00			94%	
100m		23.	1:33.93	318	1:29.00			90%	
50m		16.	35.41	328	34.50			95%	
100m		10.	1:24.74	280	1:18.00			85%	
200m		5.	3:14.46	245	3:05.00			91%	
	, 2011 (13 ),								2
50m		19.	<b>30.88</b>	310	31.50			104%	
100m		18.	1:07.90	328	1:06.50			96%	
50m		21.	<b>34.03</b>	280	36.00			112%	
	, 2013 (11 ),								1
50m		22.	<b>42.92</b>	221	43.00			100%	
100m		26.	1:37.65	197	1:33.00			91%	
200m		24.	3:27.15	222	3:25.00			98%	
	, 2012 (12 ),								1
200m		21.	<b>3:23.65</b>	233	3:27.35			104%	
	, 2009 (15 ),								2
50m		1.	<b>31.76</b>	545	32.13			102%	
50m		1.	32.13	526	31.50			96%	
100m		1.	<b>1:08.99</b>	560	1:09.50			101%	
200m		1.	2:34.40	536	2:33.00			98%	
	, 2009 (15 ),								2
50m		26.	<b>34.48</b>	223	40.00			135%	
50m		19.	<b>43.37</b>	214	54.00			155%	
	, 2011 (13 ),								2
50m		9.	<b>32.10</b>	397	32.74			104%	
50m		21.	32.74	375	32.00			96%	
100m		25.	1:11.16	383	1:08.00			91%	
200m		27.	<b>2:35.25</b>	384	2:36.00			101%	
	, 2010 (14 ),								-
200m		1.	2:42.16	610	2:40.22			98%	
	, 2012 (12 ),								-
100m		23.	1:18.11	288	1:16.02			95%	
200m		14.	2:46.21	305	2:45.60			99%	
	, 2011 (13 ),								2
200m		12.	<b>2:40.77</b>	337	2:42.21			102%	
50m		22.	<b>34.15</b>	277	37.86			123%	
	, 2010 (14 ),								2
50m		7.	37.77	460	37.65			99%	
50m		8.	37.65	464	35.53			89%	
50m		3.	<b>29.98</b>	541	30.51			104%	
50m		3.	30.51	513	30.48			100%	
100m		4.	<b>1:09.10</b>	517	1:09.29			101%	
	, 2011 (13 ),								-
200m		30.	3:06.10	229	2:55.00			88%	
	, 2011 (13 ),								1
100m		3.	<b>1:11.10</b>	524	1:12.40			104%	
200m		4.	2:31.99	531	2:30.50			98%	
	, 2014 (10 ),								1
50m		3.	<b>44.85</b>	193	46.00			105%	
200m		4.	2:58.79	259	2:57.00			98%	
	, 2014 (10 ),								2
200m		17.	<b>3:03.67</b>	171	3:05.00			101%	
50m		7.	<b>42.98</b>	139	45.25			111%	
50m		11.	45.25	119	40.50			80%	

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ALGE Timing



50m	, 2011 (13 ),	21.	<b>31.37</b>	296	31.40	100%	2
200m		27.	<b>2:59.87</b>	254	3:03.16	104%	
100m	, 2014 (10 ),	16.	1:42.74	127	1:40.00	95%	-
100m		11.	2:01.07	148	1:56.00	92%	
50m	, 2014 (10 ),	1.	33.04	364	32.96	100%	1
50m		1.	32.96	367	32.00	94%	
50m		1.	<b>41.64</b>	343	42.80	106%	
50m		1.	42.80	316	39.00	83%	
100m		1.	1:32.16	336	1:30.00	95%	
200m		1.	3:14.86	351	3:10.00	95%	
50m	, 2010 (14 ),	9.	<b>28.45</b>	397	28.74	102%	1
50m		20.	28.74	385	28.00	95%	
100m		18.	1:04.39	385	1:04.00	99%	
200m	, 2010 (14 ),	6.	2:31.45	403	2:25.05	92%	-
200m	, 2014 (10 ),	20.	3:10.65	153	3:02.87	92%	1
200m		11.	<b>3:47.13</b>	168	3:49.96	103%	
50m		14.	46.87	107	45.69	95%	
200m		18.	3:36.72	145	3:24.15	89%	
100m	, 2012 (12 ),	WDR		-	1:07.35	-	-
100m		WDR		-	1:25.00	-	
50m	, 2013 (11 ),	26.	45.13	190	44.00	95%	-
200m		22.	3:25.23	228	3:23.00	98%	
200m		47.	3:23.04	176	3:18.00	95%	
200m	, 2009 (15 ),	5.	2:17.52	552	2:14.00	95%	-
50m	, 2011 (13 ),	34.	51.18	184	49.35	93%	1
200m		29.	<b>4:07.59</b>	171	4:22.00	112%	
100m	, 2011 (13 ),	34.	1:12.46	270	1:12.22	99%	-
50m		24.	44.44	199	43.34	95%	
50m	, 2011 (13 ),	4.	33.08	360	32.75	98%	1
50m		4.	<b>32.75</b>	371	33.00	102%	
100m		1.	1:09.14	415	1:08.60	98%	
200m		1.	2:25.68	453	2:23.00	96%	
100m	, 2010 (14 ),	22.	1:05.68	363	1:05.15	98%	1
200m		20.	<b>2:52.62</b>	288	3:07.11	117%	
100m	, 2013 (11 ),	49.	1:19.47	275	1:18.39	97%	1
200m		37.	2:55.37	266	2:48.00	92%	
100m		27.	<b>1:29.07</b>	266	1:29.64	101%	
200m		23.	3:20.44	231	3:16.00	96%	
50m	, 2012 (12 ),	4.	<b>29.48</b>	513	29.54	100%	3
50m		5.	<b>29.54</b>	510	30.00	103%	
100m		14.	<b>1:29.66</b>	365	1:33.00	108%	
100m	, 2010 (14 ),	9.	1:12.79	356	1:06.00	82%	1
100m		11.	<b>1:23.64</b>	314	1:24.00	101%	
200m	, 2011 (13 ),	22.	2:58.03	248	2:40.00	81%	-
200m		22.	2:57.30	265	2:50.00	92%	
50m	, 2010 (14 ),	7.	<b>31.85</b>	407	32.21	102%	1
50m		9.	32.21	393	32.00	99%	

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ALGE Timing



	, 2011 (13 ),								1
100m		34.	<b>1:13.94</b>	342	1:14.44			101%	
200m		18.	3:04.91	317	2:57.77			92%	
	, 2010 (14 ),								-
50m		6.	32.37	385	31.80			97%	
50m		6.	31.80	406	30.50			92%	
100m		8.	1:08.42	428	1:07.00			96%	
200m		7.	2:32.89	392	2:28.00			94%	
	, 2013 (11 ),								3
100m		31.	<b>1:12.69</b>	359	1:14.50			105%	
50m		10.	37.08	380	36.79			98%	
50m		14.	<b>36.79</b>	389	37.00			101%	
50m		13.	<b>34.53</b>	354	35.30			105%	
200m		4.	2:58.88	315	2:50.00			90%	
	, 2012 (12 ),								1
200m		38.	2:57.99	188	2:50.00			91%	
50m		16.	<b>40.55</b>	262	41.00			102%	
100m		20.	1:32.18	234	1:30.00			95%	
200m		23.	3:25.80	226	3:22.00			96%	
	, 2012 (12 ),								1
50m		7.	<b>37.62</b>	328	38.68			106%	
50m		11.	38.68	301	38.50			99%	
100m		13.	1:25.82	291	1:23.00			94%	
200m		13.	3:08.87	293	3:03.00			94%	
	, 2012 (12 ),								1
50m		28.	42.81	246	39.00			83%	
200m		37.	<b>3:24.49</b>	234	3:27.35			103%	
	, 2013 (11 ),								1
50m		28.	<b>32.70</b>	261	33.00			102%	
100m		40.	1:13.52	258	1:11.00			93%	
200m		26.	2:41.44	252	2:41.00			99%	
	, 2009 (15 ),								1
100m		12.	1:07.41	451	1:06.80			98%	
200m		5.	<b>2:42.80</b>	464	2:43.39			101%	
	, 2009 (15 ),								1
100m		25.	<b>1:07.16</b>	339	1:09.00			106%	
	, 2010 (14 ),								2
100m		6.	58.29	519	57.77			98%	
200m		4.	<b>2:06.50</b>	524	2:07.77			102%	
100m		4.	1:04.01	523	1:03.33			98%	
200m		3.	<b>2:18.74</b>	554	2:22.22			105%	
	, 2011 (13 ),								1
100m		16.	1:29.90	362	1:27.64			95%	
200m		11.	<b>3:09.48</b>	382	3:14.23			105%	
	, 2015 (9 ),								3
50m		22.	<b>41.37</b>	185	44.00			113%	
100m		18.	<b>1:52.49</b>	132	1:57.00			108%	
50m		14.	<b>52.77</b>	168	55.00			109%	
100m		10.	1:56.43	167	1:50.00			89%	
	, 2012 (12 ),								1
100m		15.	1:13.94	339	1:13.00			97%	
200m		WDR	-	-	2:35.20			-	
50m		14.	<b>32.96</b>	308	34.30			108%	
200m		8.	2:39.72	363	2:37.30			97%	
	, 2013 (11 ),								3
50m		24.	33.91	337	33.48			97%	
100m		41.	<b>1:16.04</b>	314	1:17.64			104%	
50m		21.	<b>38.25</b>	346	38.40			101%	
100m		21.	<b>1:25.37</b>	302	1:28.18			107%	
200m		31.	3:16.61	263	3:11.09			94%	
	, 2014 (10 ),								1
50m		1.	42.73	223	42.23			98%	
50m		1.	<b>42.23</b>	232	43.42			106%	
100m		1.	1:35.39	212	1:32.40			94%	
200m		2.	3:22.76	237	3:18.78			96%	
	, 2013 (11 ),								4
200m		28.	<b>2:42.47</b>	247	3:10.85			138%	
50m		24.	<b>34.87</b>	260	49.14			199%	

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ALGE Timing



100m		18.	<b>1:29.99</b>	165	1:49.16	147%	
200m		34.	<b>3:08.85</b>	219	3:20.68	113%	
100m	, 2015 (9 ),						1
100m	, 2011 (13 ),	18.	<b>1:32.20</b>	131	1:37.00	111%	1
50m		5.	<b>33.36</b>	351	33.62	102%	
50m		6.	33.62	343	33.00	96%	
100m		11.	1:12.81	355	1:10.00	92%	
200m		10.	2:37.16	361	2:35.00	97%	
50m		15.	33.08	305	33.00	100%	
50m	, 2013 (11 ),						-
50m		28.	45.83	135	43.88	92%	
50m		42.	55.22	103	55.00	99%	
50m	, 2011 (13 ),						1
50m		34.	37.99	201	37.89	99%	
200m		42.	<b>3:14.63</b>	200	3:23.04	109%	
100m	, 2014 (10 ),						2
50m		4.	1:40.48	181	1:33.00	86%	
50m		4.	<b>36.55</b>	226	37.66	106%	
50m		4.	37.66	206	37.00	97%	
100m		3.	<b>1:22.91</b>	212	1:25.00	105%	
200m		6.	3:06.56	228	3:05.00	98%	
50m	, 2014 (10 ),						3
50m		2.	44.49	198	44.46	100%	
50m		2.	<b>44.46</b>	198	45.80	106%	
100m		2.	<b>1:36.11</b>	207	1:42.00	113%	
200m		1.	<b>3:22.08</b>	239	3:29.00	107%	
50m	, 2011 (13 ),						-
50m		25.	34.07	332	31.50	85%	
200m		30.	2:37.91	364	2:35.38	97%	
50m	, 2010 (14 ),						1
50m		3.	<b>35.31</b>	563	35.49	101%	
50m		2.	35.49	554	34.50	94%	
200m		4.	2:57.51	465	2:49.51	91%	
50m		7.	32.08	441	31.00	93%	
200m		4.	2:39.38	495	2:35.00	95%	
50m	, 2013 (11 ),						-
50m		17.	43.35	304	41.00	89%	
100m		21.	1:33.09	326	1:32.00	98%	
200m		14.	3:15.79	346	3:13.00	97%	
50m		30.	41.55	203	39.00	88%	
200m		28.	3:10.46	290	3:08.00	97%	
50m	, 2014 (10 ),						2
50m		6.	42.07	175	41.47	97%	
50m		4.	41.47	183	38.40	86%	
100m		6.	<b>1:31.93</b>	155	1:41.18	121%	
200m		15.	<b>3:23.87</b>	174	3:40.54	117%	
50m	, 2014 (10 ),						-
50m		15.	39.40	215	39.34	100%	
50m		19.	45.22	209	45.19	100%	
50m		9.	45.14	158	44.82	99%	
50m	, 2011 (13 ),						2
50m		13.	30.10	335	29.00	93%	
50m		15.	<b>39.81</b>	276	40.00	101%	
200m		16.	<b>2:48.60</b>	309	2:50.00	102%	
100m	, 2012 (12 ),						4
200m		51.	<b>1:17.94</b>	217	1:20.33	106%	
50m		33.	<b>2:50.42</b>	214	2:51.88	102%	
50m		41.	<b>40.76</b>	163	41.60	104%	
200m		40.	<b>3:13.30</b>	205	3:18.63	106%	
50m	, 2015 (9 ),						1
50m		25.	44.21	105	42.68	93%	
50m		18.	53.04	87	51.59	95%	
50m		18.	<b>59.70</b>	82	1:01.01	104%	
50m	, 2012 (12 ),						1
50m		17.	<b>37.64</b>	244	38.00	102%	

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ALGE Timing



50m	, 2009 (15 ),	12.	31.81	343	30.25	90%	-
50m	, 2011 (13 ),	3.	<b>27.73</b>	428	28.17	103%	2
50m		3.	<b>28.17</b>	408	28.60	103%	
100m		4.	1:01.27	447	1:01.00	99%	
200m		4.	2:15.61	425	2:13.00	96%	
200m	, 2014 (10 ),	2.	2:28.06	456	2:27.00	99%	1
200m	, 2011 (13 ),	14.	<b>4:30.11</b>	100	4:30.22	100%	2
100m		25.	<b>1:09.32</b>	308	1:12.00	108%	
200m		18.	<b>2:31.74</b>	303	2:34.00	103%	
200m	, 2010 (14 ),	2.	2:16.96	545	2:15.00	97%	
50m		9.	29.33	437	28.30	93%	
200m		4.	2:25.12	439	2:25.00	100%	
200m	, 2010 (14 ),	6.	2:18.06	546	2:16.73	98%	
200m		3.	2:37.59	512	2:36.82	99%	
50m	, 2014 (10 ),	3.	32.42	268	32.30	99%	1
50m		2.	<b>32.30</b>	271	34.11	112%	
100m		7.	1:40.28	119	1:24.00	70%	
50m	, 2014 (10 ),	7.	40.27	296	39.00	94%	1
200m		2.	<b>2:56.07</b>	342	2:59.00	103%	
50m	, 2012 (12 ),	12.	42.30	327	42.00	99%	
200m		15.	3:19.29	328	3:18.00	99%	
50m	, 2011 (13 ),	2.	<b>32.44</b>	511	32.97	103%	4
50m		2.	<b>32.97</b>	487	33.16	101%	
100m		1.	<b>1:10.34</b>	528	1:11.87	104%	
200m		1.	<b>2:36.63</b>	514	2:38.71	103%	
100m	, 2015 (9 ),	13.	1:30.64	185	1:29.00	96%	
50m		13.	52.62	170	48.05	83%	
50m		13.	49.25	122	49.00	99%	
200m		5.	4:02.07	127	3:55.00	94%	
100m	, 2011 (13 ),	2.	<b>1:10.60</b>	535	1:11.79	103%	2
200m		5.	<b>2:32.22</b>	529	2:34.00	102%	
50m	, 2013 (11 ),	43.	40.31	139	37.47	86%	1
50m		26.	<b>44.20</b>	151	45.13	104%	
100m	, 2013 (11 ),	26.	1:11.31	381	1:10.00	96%	1
200m		25.	2:33.93	394	2:32.00	98%	
200m		10.	<b>2:49.78</b>	409	2:50.00	100%	
100m	, 2011 (13 ),	13.	1:06.98	460	1:04.50	93%	
200m		19.	2:24.85	472	2:14.00	86%	
200m		8.	2:40.32	486	2:34.50	93%	
50m	, 2010 (14 ),	10.	33.64	240	33.38	98%	
50m		24.	33.38	245	33.08	98%	
100m	, 2012 (12 ),	30.	1:31.11	249	1:23.00	83%	
200m		34.	3:19.94	250	3:03.00	84%	
200m	, 2014 (10 ),	1.	2:53.85	266	2:52.30	98%	
100m		2.	1:22.87	212	1:21.00	96%	
50m	, 2013 (11 ),	32.	49.82	200	48.50	95%	
100m		36.	1:49.62	200	1:45.00	92%	
200m		28.	3:54.63	201	3:45.00	92%	

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ALGE Timing



	, 2014 (10 ),						2
50m		9.	40.76	286	40.00	96%	
100m		7.	<b>1:26.44</b>	291	1:26.59	100%	
200m		5.	<b>3:01.87</b>	310	3:07.24	106%	
200m		3.	3:40.57	168	3:20.22	82%	
	, 2009 (15 ),						2
100m		5.	1:02.75	559	1:02.22	98%	
100m		6.	1:11.98	505	1:10.10	95%	
50m		4.	<b>30.02</b>	538	30.90	106%	
50m		4.	<b>30.90</b>	494	31.31	103%	
	, 2010 (14 ),						-
200m		12.	2:37.50	271	2:21.00	80%	
100m		11.	1:15.78	315	1:12.30	91%	
200m		8.	2:41.99	329	2:37.00	94%	
200m		19.	2:49.14	306	2:42.60	92%	
	, 2014 (10 ),						-
200m		7.	2:50.14	215	2:45.00	94%	
	, 2014 (10 ),						1
200m		9.	3:15.92	186	3:11.03	95%	
200m		7.	<b>3:31.47</b>	208	3:44.59	113%	
	, 2012 (12 ),						1
50m		18.	30.85	311	29.80	93%	
200m		13.	2:45.90	307	2:38.00	91%	
50m		9.	<b>32.29</b>	328	32.50	101%	
50m		12.	32.50	321	32.00	97%	
100m		11.	1:15.28	283	1:15.00	99%	
	, 2014 (10 ),						1
200m		5.	<b>3:26.86</b>	294	3:33.00	106%	
	, 2014 (10 ),						2
50m		7.	37.49	249	35.94	92%	
50m		8.	<b>35.94</b>	283	38.00	112%	
100m		11.	1:29.96	189	1:27.00	94%	
200m		7.	3:11.68	204	3:00.00	88%	
50m		23.	45.90	200	45.30	97%	
50m		10.	47.02	140	44.51	90%	
50m		8.	<b>44.51</b>	165	45.28	103%	
	, 2013 (11 ),						1
50m		30.	43.50	235	42.00	93%	
100m		31.	1:31.29	247	1:31.29	100%	
200m		20.	<b>3:09.63</b>	273	3:10.11	101%	
200m		8.	4:04.96	122	3:28.00	72%	
	, 2013 (11 ),						3
100m		65.	<b>1:42.72</b>	94	1:51.00	117%	
100m		42.	<b>1:47.75</b>	109	1:50.00	104%	
100m		37.	<b>2:12.51</b>	79	2:25.00	120%	
	, 2013 (11 ),						-
100m		28.	1:39.54	186	1:37.00	95%	
200m		39.	3:10.76	213	3:10.00	99%	
	, 2012 (12 ),						1
100m		46.	<b>1:18.17</b>	289	1:24.78	118%	
200m		17.	3:25.96	297	3:22.92	97%	
	, 2014 (10 ),						5
50m		3.	<b>38.33</b>	344	38.93	103%	
50m		4.	<b>38.93</b>	328	39.89	105%	
100m		5.	<b>1:23.67</b>	321	1:23.92	101%	
50m		3.	36.55	298	36.28	99%	
50m		2.	<b>36.28</b>	305	37.62	108%	
100m		1.	<b>1:28.80</b>	243	1:29.00	100%	
	, 2011 (13 ),						1
100m		9.	1:05.31	496	1:03.50	95%	
50m		9.	<b>33.68</b>	381	33.82	101%	
50m		10.	33.82	376	31.00	84%	
	, 2013 (11 ),						1
100m		66.	2:00.50	58	55.01	21%	
50m		34.	<b>57.04</b>	70	59.04	107%	
	, 2014 (10 ),						-
50m		WDR		-	51.00	-	
200m		WDR		-	3:50.00	-	

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ALGE Timing



	, 2012 (12 ),							1
50m		34.	<b>33.63</b>	240	35.00		108%	
50m		20.	37.88	240	37.00		95%	
	, 2014 (10 ),							3
50m		10.	36.40	272	34.90		92%	
50m		4.	<b>38.35</b>	343	38.53		101%	
50m		3.	38.53	338	37.60		95%	
100m		4.	1:23.22	326	1:22.95		99%	
200m		1.	<b>2:54.06</b>	354	2:54.25		100%	
100m		3.	<b>1:37.07</b>	288	1:40.00		106%	
200m		WDR		-	3:08.00		-	
	, 2014 (10 ),							2
50m		8.	<b>49.21</b>	208	49.37		101%	
50m		10.	<b>49.37</b>	206	54.80		123%	
50m		14.	53.09	97	50.00		89%	
	, 2011 (13 ),							-
100m		8.	1:16.30	424	1:13.00		92%	
	, 2011 (13 ),							1
50m		5.	33.45	517	32.61		95%	
50m		3.	<b>32.61</b>	558	33.00		102%	
200m		6.	2:40.02	489	2:35.00		94%	
	, 2013 (11 ),							3
100m		62.	<b>1:28.34</b>	149	1:33.00		111%	
100m		37.	<b>1:30.27</b>	186	1:40.00		123%	
200m		30.	<b>4:02.17</b>	139	4:10.00		107%	
	, 2011 (13 ),							1
50m		27.	32.42	268	32.32		99%	
200m		20.	<b>2:34.89</b>	285	2:37.77		104%	
	, 2009 (15 ),							1
100m		5.	57.80	532	56.69		96%	
200m		2.	<b>2:04.98</b>	543	2:05.50		101%	
	, 2011 (13 ),							1
100m		18.	1:07.94	440	1:06.88		97%	
100m		17.	<b>1:30.32</b>	357	1:31.03		102%	
	, 2013 (11 ),							-
50m		WDR		-	45.00		-	
200m		WDR		-	3:10.00		-	
	, 2013 (11 ),							1
50m		26.	<b>47.45</b>	232	47.60		101%	
200m		26.	3:39.42	246	3:35.70		97%	
	, 2012 (12 ),							-
50m		23.	44.41	199	41.00		85%	
	, 2013 (11 ),							-
100m		WDR		-	1:21.00		-	
50m		WDR		-	45.00		-	
	, 2013 (11 ),							-
50m		30.	33.32	247	30.00		81%	
100m		47.	1:15.69	237	1:12.50		92%	
100m		35.	1:27.03	208	1:23.00		91%	
	, 2011 (13 ),							1
50m		8.	33.75	339	33.37		98%	
100m		8.	1:12.53	360	1:11.00		96%	
200m		7.	2:34.60	379	2:33.00		98%	
50m		10.	<b>32.54</b>	320	32.75		101%	
50m		13.	32.75	314	32.69		100%	
	, 2011 (13 ),							2
50m		1.	30.54	511	30.37		99%	
50m		1.	<b>30.37</b>	520	30.50		101%	
100m		1.	1:09.50	508	1:07.00		93%	
200m		2.	<b>2:41.85</b>	426	2:42.00		100%	
	, 2012 (12 ),							2
100m		22.	<b>1:10.31</b>	397	1:12.00		105%	
50m		6.	<b>41.50</b>	346	42.72		106%	
50m		14.	42.72	318	41.40		94%	
	, 2010 (14 ),							-
50m		8.	32.68	374	31.00		90%	
50m		8.	29.37	435	29.15		99%	
50m		8.	29.15	445	28.00		92%	

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ALGE Timing



100m		9.	1:10.11	350	1:03.00	81%	-
	, 2009 (15 )						
50m		11.	36.52	270	31.70	75%	-
100m		7.	1:42.28	246	1:25.00	69%	-
	, 2011 (13 )						2
50m		4.	<b>27.80</b>	425	28.21	103%	-
50m		4.	28.21	407	28.00	99%	-
100m		6.	1:02.22	427	1:02.00	99%	-
100m		4.	1:09.88	402	1:09.00	97%	-
200m		3.	<b>2:31.30</b>	404	2:33.00	102%	-
	, 2013 (11 )						-
50m		19.	37.82	241	35.00	86%	-
	, 2009 (15 )						1
50m		4.	<b>32.96</b>	488	33.28	102%	-
50m		5.	33.28	474	32.79	97%	-
100m		3.	1:13.84	457	1:09.99	90%	-
200m		3.	2:46.01	431	2:37.89	90%	-
	, 2013 (11 )						144
200m		33.	3:21.58	171	3:14.00	93%	-
200m		45.	3:19.48	186	3:15.00	96%	-
	, 2013 (11 )						2
50m		40.	<b>53.73</b>	112	54.01	101%	-
200m		31.	<b>4:13.26</b>	121	4:20.54	106%	-
	, 2010 (14 )						1
50m		3.	33.82	500	32.00	90%	-
50m				-	NT	-	-
50m		6.	<b>32.71</b>	416	32.98	102%	-
50m		8.	32.98	406	32.00	94%	-
200m		7.	2:44.49	450	2:35.00	89%	-
	, 2011 (13 )						1
50m		9.	29.70	348	29.50	99%	-
50m		8.	32.25	329	31.64	96%	-
50m		10.	31.64	348	31.50	99%	-
100m		6.	1:11.44	331	1:10.00	96%	-
200m		1.	<b>2:39.44</b>	331	2:40.00	101%	-
	, 2012 (12 )						2
100m		28.	<b>1:30.59</b>	253	1:32.37	104%	-
200m		29.	<b>3:15.80</b>	267	3:29.00	114%	-
	, 2012 (12 )						1
50m		7.	<b>30.11</b>	482	30.53	103%	-
50m		8.	30.53	462	30.00	97%	-
200m		16.	2:24.32	478	2:23.00	98%	-
	, 2013 (11 )						-
100m		61.	1:27.25	154	1:23.50	92%	-
	, 2012 (12 )						-
50m		38.	39.60	177	35.00	78%	-
100m		20.	1:33.42	148	1:24.00	81%	-
	, 2009 (15 )						2
50m		1.	<b>25.03</b>	583	25.25	102%	-
50m		1.	<b>25.25</b>	567	25.50	102%	-
100m		2.	56.67	565	56.50	99%	-
100m		3.	1:03.38	539	1:03.00	99%	-
	, 2010 (14 )						1
50m		9.	37.02	257	36.33	96%	-
50m		12.	36.33	272	36.05	98%	-
200m		10.	<b>2:53.05</b>	270	2:59.00	107%	-
	, 2010 (14 )						-
50m		23.	30.50	322	28.20	85%	-
100m		23.	1:06.36	352	1:05.00	96%	-
	, 2012 (12 )						-
100m		42.	1:14.00	253	1:12.00	95%	-
	, 2011 (13 )						2
100m		5.	<b>1:14.75</b>	440	1:15.00	101%	-
200m		3.	<b>2:42.88</b>	457	2:45.55	103%	-

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ALGE Timing



	, 2014 (10 ),								2
50m		22.	<b>45.68</b>	203	50.00			120%	
100m		16.	1:43.39	170	1:35.00			84%	
200m		11.	<b>3:34.86</b>	188	3:35.00			100%	
	, 2012 (12 ),								-
200m		40.	3:00.49	180	2:51.00			90%	
50m		27.	44.69	146	42.00			88%	
	, 2011 (13 ),								-
100m		45.	1:14.88	245	1:14.00			98%	
50m		40.	40.06	171	37.00			85%	
	, 2009 (15 ),								-
100m		6.	1:04.65	511	1:04.01			98%	
200m		2.	2:15.50	577	2:15.40			100%	
100m		5.	1:09.84	501	1:08.44			96%	
	, 2012 (12 ),								1
100m		38.	1:15.12	326	1:15.05			100%	
100m		25.	1:27.26	283	1:26.03			97%	
200m		21.	<b>3:06.75</b>	308	3:07.00			100%	
	, 2011 (13 ),								1
50m		4.	<b>33.35</b>	522	33.68			102%	
50m		5.	33.68	507	32.50			93%	
200m		11.	2:48.53	390	2:38.50			88%	
50m		9.	33.50	387	31.90			91%	
200m		3.	2:42.47	421	2:38.00			95%	
	, 2013 (11 ),								-
50m		8.	29.62	351	29.50			99%	
100m		8.	1:03.59	400	1:03.00			98%	
200m		4.	2:15.61	425	2:15.00			99%	
	, 2012 (12 ),								3
50m		2.	<b>38.40</b>	437	38.42			100%	
50m		3.	<b>38.42</b>	437	39.00			103%	
100m		6.	<b>1:23.41</b>	454	1:24.00			101%	
	, 2012 (12 ),								1
100m		23.	1:33.74	223	1:30.00			92%	
200m		17.	3:19.15	250	3:10.00			91%	
200m		29.	<b>3:05.61</b>	231	3:10.00			105%	
	, 2013 (11 ),								2
50m		10.	<b>32.16</b>	395	32.40			101%	
50m		18.	<b>32.40</b>	386	33.00			104%	
100m		12.	1:29.17	371	1:27.00			95%	
200m		12.	3:10.25	377	3:07.00			97%	
200m		16.	2:54.20	379	2:48.00			93%	
	, 2011 (13 ),								-
50m		29.	32.74	260	32.00			96%	
	, 2013 (11 ),								1
100m		6.	1:14.98	447	1:14.00			97%	
100m		19.	1:32.03	338	1:30.21			96%	
200m		9.	<b>2:49.36</b>	412	2:56.09			108%	
	, 2009 (15 ),								2
100m		6.	<b>1:17.60</b>	393	1:18.17			101%	
200m		4.	<b>2:50.16</b>	401	2:52.69			103%	
	, 2012 (12 ),								2
50m		16.	<b>37.17</b>	377	37.30			101%	
50m		15.	<b>43.27</b>	306	44.02			103%	
50m		18.	36.06	310	34.30			90%	
	, 2014 (10 ),								1
50m		7.	47.83	159	47.43			98%	
50m		8.	47.43	163	45.00			90%	
100m		9.	1:41.91	173	1:33.00			83%	
200m		8.	<b>3:31.86</b>	207	3:33.00			101%	
	, 2012 (12 ),								1
100m		28.	1:22.10	248	1:21.00			97%	
200m		19.	<b>2:53.19</b>	269	2:54.00			101%	
	, 2012 (12 ),								-
100m		43.	1:14.18	252	1:12.50			96%	
50m		21.	37.96	238	36.50			92%	

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ALGE Timing



100m	, 2014 (10 )	11.	1:21.61	189	1:17.50	90%	2
100m		2.	<b>1:23.65</b>	234	1:25.15	104%	
200m		2.	<b>2:54.12</b>	265	2:58.00	105%	
50m		7.	39.58	178	37.90	92%	
50m	, 2014 (10 )	8.	47.26	234	44.42	88%	1
100m		8.	1:44.48	231	1:40.21	92%	
200m		4.	<b>3:49.12</b>	150	3:50.00	101%	
200m		7.	3:17.27	261	3:15.87	99%	
50m	, 2014 (10 )	7.	<b>35.59</b>	291	35.70	101%	2
50m		3.	<b>42.86</b>	314	43.32	102%	
50m		2.	43.32	304	43.15	99%	
100m		2.	1:32.51	333	1:30.90	97%	
200m		2.	3:15.83	346	3:15.40	100%	
100m	, 2012 (12 )	12.	<b>1:05.81</b>	361	1:06.66	103%	1
100m		18.	1:15.83	315	1:15.55	99%	
100m	, 2010 (14 )	11.	1:07.29	453	1:05.00	93%	-
200m		8.	2:19.28	531	2:15.00	94%	
50m		10.	33.41	390	31.83	91%	
200m		8.	2:48.72	417	2:45.00	96%	
200m	, 2009 (15 )	14.	2:41.93	348	2:25.00	80%	-
100m	, 2012 (12 )	53.	1:22.03	250	1:20.68	97%	-
200m		25.	3:21.43	228	3:15.61	94%	
50m		30.	49.05	210	45.04	84%	
100m	, 2011 (13 )	54.	<b>1:18.77</b>	210	1:30.00	131%	2
200m		46.	<b>3:21.32</b>	181	3:39.54	119%	
50m	, 2011 (13 )	22.	31.83	283	30.00	89%	-
200m		28.	3:06.28	216	2:55.00	88%	
200m	, 2009 (15 )	1.	2:02.76	573	2:02.49	100%	-
50m	, 2012 (12 )	30.	<b>33.32</b>	247	34.00	104%	2
200m		23.	<b>2:39.03</b>	263	2:42.00	104%	
50m		31.	45.75	182	42.00	84%	
50m	, 2013 (11 )	32.	44.51	219	39.00	77%	-
100m		35.	1:36.19	211	1:29.00	86%	
50m		33.	50.83	188	45.00	78%	
200m		39.	3:35.48	200	3:25.00	91%	
50m	, 2011 (13 )	7.	<b>29.18</b>	367	29.22	100%	4
50m		7.	<b>29.22</b>	366	29.37	101%	
100m		5.	<b>1:01.60</b>	440	1:02.45	103%	
200m		3.	<b>2:15.26</b>	428	2:15.90	101%	
50m	, 2013 (11 )	28.	34.62	317	34.50	99%	-
100m		29.	1:30.91	250	1:24.00	85%	
50m		22.	45.73	259	45.00	97%	
50m	, 2013 (11 )	22.	32.76	374	32.58	99%	-
50m		18.	37.98	353	37.83	99%	
100m		17.	1:20.81	357	1:20.18	98%	
200m		15.	2:53.06	360	2:49.19	96%	
50m	, 2015 (9 )	23.	43.56	110	43.50	100%	2
100m		19.	1:35.74	117	1:32.20	93%	
200m		21.	<b>3:21.10</b>	130	3:29.40	108%	
50m		15.	<b>50.25</b>	102	51.10	103%	

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ALGE Timing





50m		5.	32.45	426	31.23	93%	5
	, 2014 (10 )						
50m		4.	<b>34.43</b>	322	34.53	101%	
50m		3.	<b>34.53</b>	319	34.61	100%	
100m		3.	<b>1:17.07</b>	302	1:18.86	105%	
50m		17.	44.68	217	43.24	94%	
50m		8.	<b>45.41</b>	155	46.57	105%	
50m		11.	<b>46.57</b>	144	48.59	109%	
	, 2012 (12 )						
50m		33.	46.37	175	43.00	86%	
50m		36.	39.04	185	39.00	100%	
200m		37.	3:10.30	214	3:08.00	98%	
	, 2010 (14 )						
50m		WDR		-	48.00	-	
100m		WDR		-	1:46.00	-	
	, 2011 (13 )						4
50m		17.	<b>30.84</b>	311	31.00	101%	
200m		12.	<b>2:23.17</b>	361	2:24.00	101%	
50m		6.	<b>37.09</b>	342	37.26	101%	
50m		6.	37.26	337	37.00	99%	
200m		6.	<b>2:52.58</b>	384	2:55.00	103%	
	, 2014 (10 )						2
50m		5.	34.42	224	34.18	99%	
50m		5.	34.18	228	34.00	99%	
100m		6.	1:16.05	233	1:15.00	97%	
200m		4.	<b>2:46.14</b>	231	2:50.00	105%	
200m		9.	<b>3:12.28</b>	208	3:15.00	103%	
	, 2011 (13 )						
100m		2.	1:02.64	562	1:01.70	97%	
200m		3.	2:15.04	583	2:14.00	98%	
100m		1.	1:08.85	577	1:07.42	96%	
200m		1.	2:30.20	592	2:28.04	97%	
	, 2014 (10 )						4
100m		1.	<b>1:09.34</b>	414	1:16.50	122%	
200m		2.	<b>2:34.99</b>	386	2:45.00	113%	
100m		1.	<b>1:19.50</b>	375	1:28.10	123%	
200m		1.	<b>2:54.24</b>	379	3:09.50	118%	
	, 2011 (13 )						4
50m		5.	<b>28.08</b>	412	28.73	105%	
50m		5.	<b>28.73</b>	385	30.00	109%	
50m		7.	31.63	349	31.17	97%	
50m		9.	<b>31.17</b>	364	35.00	126%	
200m		6.	<b>2:32.65</b>	416	2:38.00	107%	
	, 2014 (10 )						4
200m		6.	<b>3:10.93</b>	206	3:13.60	103%	
50m		6.	46.95	239	46.07	96%	
50m		5.	<b>46.07</b>	253	50.79	122%	
100m		7.	<b>1:44.45</b>	231	1:48.05	107%	
200m		11.	<b>3:32.56</b>	208	3:45.00	112%	
	, 2015 (9 )						
50m		15.	38.11	165	36.00	89%	
100m		6.	1:30.10	187	1:28.00	95%	
200m		6.	3:12.32	197	3:10.00	98%	
50m		11.	50.71	134	46.00	82%	
	, 2011 (13 )						
100m		7.	1:11.92	325	1:10.00	95%	
200m		4.	2:44.12	303	2:40.00	95%	
200m		9.	2:40.11	360	2:40.00	100%	
	, 2011 (13 )						
100m		35.	1:14.25	337	1:09.20	87%	
200m		9.	3:06.87	398	2:53.00	86%	
	, 2014 (10 )						2
50m		16.	<b>55.91</b>	141	58.23	108%	
200m		13.	<b>4:23.50</b>	142	4:49.34	121%	
	, 2010 (14 )						
100m		7.	1:05.46	492	1:02.50	91%	
200m		9.	2:23.13	490	2:17.00	92%	

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200m	, 2012 (12 ),	12.	2:48.75	388	2:45.00	96%	-
200m		13.	2:52.72	389	2:52.00	99%	-
100m	, 2010 (14 ),	WDR		-	1:10.00	-	-
200m		WDR		-	2:56.00	-	-
100m	, 2009 (15 ),	3.	<b>56.79</b>	561	57.39	102%	1
100m		6.	1:06.40	413	1:05.00	96%	-
50m	, 2014 (10 ),	17.	52.12	92	52.00	100%	-
50m		14.	54.85	105	52.00	90%	-
50m	, 2014 (10 ),	12.	<b>36.05</b>	195	37.00	105%	2
50m		4.	41.69	180	41.39	99%	-
50m		3.	<b>41.39</b>	184	42.05	103%	-
50m	, 2012 (12 ),	28.	41.21	208	39.00	90%	-
100m		13.	1:35.68	194	1:35.00	99%	-
200m		7.	3:35.78	179	3:30.00	95%	-
200m		30.	3:16.32	265	3:09.00	93%	-
50m	, 2013 (11 ),	7.	<b>35.28</b>	441	35.67	102%	1
50m		10.	35.67	426	34.90	96%	-
100m		11.	1:17.79	400	1:16.72	97%	-
200m	, 2010 (14 ),	13.	2:29.98	425	2:24.00	92%	1
50m		4.	<b>35.75</b>	542	36.11	102%	-
50m		4.	36.11	526	35.00	94%	-
100m		3.	1:19.29	529	1:17.00	94%	-
200m		3.	2:52.42	507	2:50.00	97%	-
50m	, 2014 (10 ),	5.	<b>35.31</b>	298	35.52	101%	3
50m		6.	<b>35.52</b>	293	36.00	103%	-
100m		9.	1:26.61	212	1:22.00	90%	-
50m		7.	<b>41.71</b>	267	42.04	102%	-
50m	, 2011 (13 ),	12.	42.04	260	41.00	95%	-
50m		10.	38.34	310	38.00	98%	-
100m		12.	1:25.49	294	1:22.00	92%	-
200m		9.	3:05.02	311	3:02.00	97%	-
50m	, 2011 (13 ),	8.	37.86	322	37.46	98%	3
50m		7.	<b>37.46</b>	332	38.65	106%	-
100m		8.	<b>1:21.17</b>	344	1:23.68	106%	-
200m		5.	<b>2:50.84</b>	396	2:53.00	103%	-
50m		31.	36.08	235	33.00	84%	-
50m	, 2009 (15 ),	6.	<b>27.96</b>	505	28.30	102%	1
50m		6.	28.30	487	27.80	96%	-
200m		1.	2:17.92	512	2:17.00	99%	-
50m	, 2011 (13 ),	3.	<b>38.83</b>	423	39.17	102%	1
50m		4.	39.17	412	37.50	92%	-
200m		7.	3:05.92	404	2:56.00	90%	-
200m	, 2012 (12 ),	35.	2:51.99	208	2:49.50	97%	-
50m		44.	43.50	134	39.00	80%	-
100m	, 2011 (13 ),	2.	<b>1:17.46</b>	567	1:18.00	101%	1
100m	, 2014 (10 ),	17.	<b>1:42.78</b>	127	1:54.38	124%	1
50m		29.	52.89	130	49.71	88%	-
50m	, 2014 (10 ),	5.	<b>36.79</b>	221	37.00	101%	2
50m		3.	37.00	218	37.00	100%	-
100m		5.	<b>1:24.38</b>	201	1:26.72	106%	-
200m		2.	3:22.43	161	3:12.74	91%	-

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50m	, 2012 (12 )	39.	35.92	197	34.00	90%	-
50m	, 2013 (11 )	24.	42.16	174	40.00	90%	-
100m		38.	1:33.11	170	1:28.00	89%	
200m		31.	3:17.05	183	3:10.00	93%	
50m	, 2015 (9 )	16.	56.32	97	55.20	96%	1
200m		13.	<b>4:14.39</b>	120	4:22.06	106%	
50m		15.	1:04.69	40	55.00	72%	
100m	, 2011 (13 )	3.	<b>1:01.09</b>	451	1:02.10	103%	2
200m		1.	2:14.99	431	2:08.50	91%	
200m		3.	<b>2:28.85</b>	449	2:30.10	102%	
50m	, 2015 (9 )	27.	51.27	67	50.00	95%	-
50m	, 2009 (15 )	14.	<b>36.99</b>	345	44.26	143%	2
100m		12.	<b>1:23.98</b>	310	1:32.00	120%	
50m	, 2010 (14 )	7.	<b>32.99</b>	406	33.24	102%	1
50m		9.	33.24	396	32.63	96%	
100m		6.	1:20.08	332	1:09.04	74%	
100m	, 2012 (12 )	24.	1:09.27	309	1:08.12	97%	1
200m		13.	<b>2:28.08</b>	326	2:29.00	101%	
50m	, 2014 (10 )	19.	<b>40.04</b>	205	44.00	121%	2
100m		17.	1:48.62	147	1:40.00	85%	
200m		12.	<b>3:43.65</b>	166	3:45.00	101%	
100m	, 2014 (10 )	8.	<b>1:21.41</b>	256	1:25.00	109%	2
50m		9.	<b>48.41</b>	218	50.00	107%	
50m	, 2015 (9 )	WDR		-	45.00	-	-
50m		WDR		-	43.00	-	
200m		WDR		-	3:30.00	-	
200m	, 2011 (13 )	32.	<b>2:41.28</b>	342	2:43.00	102%	2
50m		26.	39.44	237	37.00	88%	
100m		12.	<b>1:30.35</b>	231	1:34.00	108%	
200m		25.	3:08.38	300	3:05.00	96%	
100m	, 2015 (9 )	7.	<b>1:30.92</b>	182	1:32.00	102%	2
200m		10.	<b>3:15.56</b>	198	3:16.00	100%	
50m	, 2011 (13 )	31.	36.87	262	35.00	90%	-
100m		54.	1:28.16	201	1:26.00	95%	
50m		27.	42.38	254	40.50	91%	
100m	, 2010 (14 )	16.	1:14.09	339	1:08.15	85%	-
100m		10.	1:25.01	306	1:19.15	87%	
50m	, 2014 (10 )	7.	34.97	213	32.00	84%	1
50m		1.	<b>38.43</b>	230	38.44	100%	
50m		1.	38.44	229	35.50	85%	
50m	, 2010 (14 )	16.	28.38	399	26.00	84%	-
100m		15.	1:03.30	405	59.00	87%	
100m	, 2011 (13 )	23.	<b>1:08.67</b>	317	1:09.44	102%	1
200m	, 2012 (12 )	17.	<b>2:24.40</b>	477	2:25.00	101%	1
200m		7.	2:40.14	488	2:40.00	100%	
100m	, 2013 (11 )	58.	<b>1:21.03</b>	193	1:25.00	110%	2
200m		49.	<b>3:32.83</b>	153	3:48.30	115%	

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50m	, 2014 (10 )	4.	<b>32.62</b>	263	32.94	102%	4
50m		4.	32.94	255	32.90	100%	
100m		1.	<b>1:11.04</b>	287	1:13.30	106%	
200m		3.	<b>2:39.97</b>	259	2:45.00	106%	
50m		5.	46.83	170	46.29	98%	
50m		5.	<b>46.29</b>	176	46.30	100%	

