



11

, 200m

9 - 15

01.06.2024

(9-10)

1.			2014	II						2:54.06	II	25,00
	50m:	42.57	42.57	100m:	1:28.21	45.64	150m:	2:12.43	44.22	200m:	2:54.06	41.63
2.			2014	I						2:56.07	II	20,00
	50m:	41.21	41.21	100m:	1:27.84	46.63	150m:	2:13.70	45.86	200m:	2:56.07	42.37
3.			2014	III						2:58.66	III	15,00
	50m:	42.29	42.29	100m:	1:27.19	44.90	150m:	2:14.01	46.82	200m:	2:58.66	44.65
4.			2014	III						3:00.79	III	12,00
	50m:	42.62	42.62	100m:	1:29.86	47.24	150m:	2:17.31	47.45	200m:	3:00.79	43.48
5.			2014	III						3:01.87	III	10,00
	50m:	42.42	42.42	100m:	1:28.40	45.98	150m:	2:16.14	47.74	200m:	3:01.87	45.73
6.			2014	III						3:09.08	III	8,00
	50m:	45.67	45.67	100m:	1:35.91	50.24	150m:	2:25.37	49.46	200m:	3:09.08	43.71
7.			2014	III						3:10.31	III	6,00
	50m:	44.72	44.72	100m:	1:34.40	49.68	150m:	2:22.86	48.46	200m:	3:10.31	47.45
8.			2014	I						3:17.17	III	4,00
	50m:	45.72	45.72	100m:	1:35.78	50.06	150m:	2:27.92	52.14	200m:	3:17.17	49.25
9.			2014	III						3:20.02	I	2,00
	50m:	44.74	44.74	100m:	1:37.21	52.47	150m:	2:29.57	52.36	200m:	3:20.02	50.45
10.			2015	I						3:26.88	I	1,00
	50m:	49.01	49.01	100m:	1:41.34	52.33	150m:	2:36.08	54.74	200m:	3:26.88	50.80
11.			2014	I						3:34.86	I	-
	50m:	49.65	49.65	100m:	1:46.68	57.03	150m:	2:44.48	57.80	200m:	3:34.86	50.38
12.			2014	II						3:43.65	I	-
	100m:	1:50.54	1:50.54	150m:	2:49.61	59.07	200m:	3:43.65	54.04			

(11-13)

1.			2012							2:30.58	I	25,00
	50m:	35.31	35.31	100m:	1:14.12	38.81	150m:	1:53.32	39.20	200m:	2:30.58	37.26
2.			2011							2:30.73	I	20,00
	50m:	34.80	34.80	100m:	1:12.75	37.95	150m:	1:52.11	39.36	200m:	2:30.73	38.62
3.			2012							2:31.80	I	15,00
	50m:	35.58	35.58	100m:	1:14.01	38.43	150m:	1:53.90	39.89	200m:	2:31.80	37.90
4.			2011	I						2:31.99	I	12,00
	50m:	35.11	35.11	100m:	1:14.66	39.55	150m:	1:53.74	39.08	200m:	2:31.99	38.25
5.			2011							2:32.22	I	10,00
	50m:	36.10	36.10	100m:	1:15.18	39.08	150m:	1:53.98	38.80	200m:	2:32.22	38.24
6.			2011	I						2:33.93	I	8,00
	50m:	36.97	36.97	100m:	1:16.14	39.17	150m:	1:55.76	39.62	200m:	2:33.93	38.17
7.			2011	II						2:36.19	I	6,00
	50m:	36.25	36.25	100m:	1:16.91	40.66	150m:	1:57.31	40.40	200m:	2:36.19	38.88
8.			2012	III						2:43.30	II	4,00
	50m:	38.27	38.27	100m:	1:19.64	41.37	150m:	2:02.46	42.82	200m:	2:43.30	40.84
9.			2013	II						2:44.84	II	2,00
	50m:	38.63	38.63	100m:	1:20.51	41.88	150m:	2:03.76	43.25	200m:	2:44.84	41.08

<https://swim4you.ru/>

50

ALGE Timing

МОСКВА

1 ЭТАП 1 - 2 ИЮНЯ 2024



		11, , 200m , (11-13)									
10.			2013	II				2:45.86	II		1,00
	50m:	39.65	39.65	100m:	1:21.51	41.86	150m:	2:03.67	42.16	200m:	2:45.86 42.19
11.			2011	I				2:48.53	II		-
	50m:	39.03	39.03	100m:	1:22.14	43.11	150m:	2:05.79	43.65	200m:	2:48.53 42.74
12.			2012	II				2:48.75	II		-
	50m:	39.35	39.35	100m:	1:22.73	43.38	150m:	2:06.12	43.39	200m:	2:48.75 42.63
13.			2013	III				2:49.39	II		-
	50m:	39.63	39.63	100m:	1:23.91	44.28	150m:	2:07.60	43.69	200m:	2:49.39 41.79
14.			2012	II				2:50.54	II		-
	50m:	39.45	39.45	100m:	1:24.14	44.69	150m:	2:09.65	45.51	200m:	2:50.54 40.89
15.			2013	II				2:53.06	II		-
	50m:	40.98	40.98	100m:	1:25.51	44.53	150m:	2:10.12	44.61	200m:	2:53.06 42.94
16.			2012	III				2:55.66	II		-
	50m:	41.99	41.99	100m:	1:26.47	44.48	150m:	2:12.82	46.35	200m:	2:55.66 42.84
17.			2012	I				3:03.23	III		-
	50m:	41.45	41.45	100m:	1:29.36	47.91	150m:	2:18.89	49.53	200m:	3:03.23 44.34
18.			2011	II				3:03.92	III		-
	50m:	43.54	43.54	100m:	1:30.63	47.09	150m:	2:19.25	48.62	200m:	3:03.92 44.67
19.			2013	III				3:08.65	III		-
	50m:	42.60	42.60	100m:	1:30.80	48.20	150m:	2:21.14	50.34	200m:	3:08.65 47.51
20.			2013	III				3:09.63	III		-
	50m:	45.55	45.55	100m:	1:34.32	48.77	150m:	2:22.99	48.67	200m:	3:09.63 46.64
21.			2012	I				3:18.43	III		-
	50m:	45.17	45.17	100m:	1:37.78	52.61	150m:	2:28.25	50.47	200m:	3:18.43 50.18
22.			2012	II				3:19.92	I		-
	50m:	47.20	47.20	100m:	1:38.97	51.77	150m:	2:32.18	53.21	200m:	3:19.92 47.74
23.			2013	III				3:20.44	I		-
	50m:	46.00	46.00	100m:	1:38.08	52.08	150m:	2:31.01	52.93	200m:	3:20.44 49.43
24.			2013	III				3:20.90	I		-
	50m:	49.25	49.25	100m:	1:41.35	52.10	150m:	2:33.18	51.83	200m:	3:20.90 47.72
25.			2012	III				3:21.43	I		-
	50m:	47.72	47.72	150m:	2:32.45	1:44.73	200m:	3:21.43	48.98		
26.			2013	I				3:37.99	I		-
	50m:	51.11	51.11	100m:	1:46.31	55.20	150m:	2:44.26	57.95	200m:	3:37.99 53.73

(14-15)

1.			2010					2:23.80			25,00
	50m:	34.73	34.73	100m:	1:11.59	36.86	150m:	1:48.13	36.54	200m:	2:23.80 35.67
2.			2009					2:23.81			20,00
	50m:	32.68	32.68	100m:	1:09.18	36.50	150m:	1:46.75	37.57	200m:	2:23.81 37.06
3.			2009					2:34.65	I		15,00
	50m:	34.96	34.96	100m:	1:13.35	38.39	150m:	1:54.40	41.05	200m:	2:34.65 40.25
4.			2010	I				2:36.28	I		12,00
	50m:	35.47	35.47	100m:	1:14.71	39.24	150m:	1:55.52	40.81	200m:	2:36.28 40.76
5.			2010	I				2:36.68	I		10,00
	50m:	36.17	36.17	100m:	1:16.02	39.85	150m:	1:56.74	40.72	200m:	2:36.68 39.94

<https://swim4you.ru/>

ALGE Timing