



57, , 200m ,		2005 - 2007						R.T.			
18.			2005 II	23,		+0,69	3:10.59 II		8,00		
	25m: 20.59	20.59	75m: 1:08.97	24.49	125m: 1:58.18	24.55	175m: 2:46.88	24.13			
	50m: 44.48	23.89	100m: 1:33.63	24.66	150m: 2:22.75	24.57	200m: 3:10.59	23.71			
19.			2005 II			+0,73	3:11.38 II		7,00		
	25m: 21.14	21.14	75m: 1:09.51	24.66	125m: 1:58.80	24.81	175m: 2:47.54	24.44			
	50m: 44.85	23.71	100m: 1:33.99	24.48	150m: 2:23.10	24.30	200m: 3:11.38	23.84			
20.			2005 III			+0,99	3:11.51 II		6,00		
	25m: 20.68	20.68	75m: 1:09.37	24.30	125m: 1:58.83	24.91	175m: 2:47.32	24.29			
	50m: 45.07	24.39	100m: 1:33.92	24.55	150m: 2:23.03	24.20	200m: 3:11.51	24.19			
21.			2007 III		-	+0,81	3:12.01 II		5,00		
	25m: 20.52	20.52	75m: 1:08.97	24.57	125m: 1:58.63	24.59	175m: 2:47.55	24.49			
	50m: 44.40	23.88	100m: 1:34.04	25.07	150m: 2:23.06	24.43	200m: 3:12.01	24.46			
22.			2005 II			+0,88	3:12.32 II		4,00		
	25m: 19.83	19.83	75m: 1:06.40	23.85	125m: 1:56.04	25.36	175m: 2:46.81	25.53			
	50m: 42.55	22.72	100m: 1:30.68	24.28	150m: 2:21.28	25.24	200m: 3:12.32	25.51			
23.			2005 III			+0,78	3:12.86 II		3,00		
	25m: 21.04	21.04	75m: 1:09.98	24.59	125m: 2:00.19	25.03	175m: 2:49.46	24.18			
	50m: 45.39	24.35	100m: 1:35.16	25.18	150m: 2:25.28	25.09	200m: 3:12.86	23.40			
24.			2005 III			+0,93	3:17.92 III		2,00		
	25m: 20.88	20.88	75m: 1:12.08	26.12	125m: 2:04.65	26.58	175m: 2:54.49	24.57			
	50m: 45.96	25.08	100m: 1:38.07	25.99	150m: 2:29.92	25.27	200m: 3:17.92	23.43			
25.			2005 II			+0,74	3:19.35 III		1,00		
	25m: 21.87	21.87	75m: 1:12.33	25.16	125m: 2:03.72	25.51	175m: 2:54.73	25.11			
	50m: 47.17	25.30	100m: 1:38.21	25.88	150m: 2:29.62	25.90	200m: 3:19.35	24.62			
26.			2006 III			+0,75	3:21.52 III		-		
	25m: 20.00	20.00	75m: 1:10.25	26.11	125m: 2:03.33	26.61	175m: 2:55.77	25.89			
	50m: 44.14	24.14	100m: 1:36.72	26.47	150m: 2:29.88	26.55	200m: 3:21.52	25.75			
27.			2005 II			+0,83	3:22.42 III		-		
	25m: 21.20	21.20	75m: 1:11.71	25.86	125m: 2:05.17	26.30	175m: 2:58.52	26.16			
	50m: 45.85	24.65	100m: 1:38.87	27.16	150m: 2:32.36	27.19	200m: 3:22.42	23.90			
28.			2006 III			+0,63	3:23.30 III		-		
	25m: 19.99	19.99	75m: 1:10.29	25.60	125m: 2:03.37	26.53	175m: 2:56.63	26.50			
	50m: 44.69	24.70	100m: 1:36.84	26.55	150m: 2:30.13	26.76	200m: 3:23.30	26.67			
29.			2006 III			+0,83	3:23.94 III		-		
	25m: 21.72	21.72	75m: 1:12.94	25.92	125m: 2:06.40	25.55	175m: 2:59.07	25.91			
	50m: 47.02	25.30	100m: 1:40.85	27.91	150m: 2:33.16	26.76	200m: 3:23.94	24.87			
30.			2005 III			+0,93	3:27.51 III		-		
	25m: 21.28	21.28	75m: 1:12.73	26.60	125m: 2:07.41	27.69	175m: 3:01.34	25.75			
	50m: 46.13	24.85	100m: 1:39.72	26.99	150m: 2:35.59	28.18	200m: 3:27.51	26.17			
31.			2007 III			+0,97	3:28.24 III		-		
	25m: 21.78	21.78	75m: 1:13.98	26.65	125m: 2:08.38	26.77	175m: 3:02.08	26.51			
	50m: 47.33	25.55	100m: 1:41.61	27.63	150m: 2:35.57	27.19	200m: 3:28.24	26.16			
32.			2006 III			+0,85	3:30.27 III		-		
	25m: 20.48	20.48	75m: 1:11.58	26.30	125m: 2:06.92	27.66	175m: 3:03.14	28.10			
	50m: 45.28	24.80	100m: 1:39.26	27.68	150m: 2:35.04	28.12	200m: 3:30.27	27.13			
33.			2007 I			+0,82	3:35.66 III		-		
	25m: 22.56	22.56	75m: 1:15.54	26.80	125m: 2:10.91	27.81	175m: 3:07.36	27.91			
	50m: 48.74	26.18	100m: 1:43.10	27.56	150m: 2:39.45	28.54	200m: 3:35.66	28.30			
34.			2005 III			+0,85	3:36.54 III		-		
	25m: 22.80	22.80	75m: 1:15.78	27.05	125m: 2:10.79	27.87	175m: 3:07.80	28.72			
	50m: 48.73	25.93	100m: 1:42.92	27.14	150m: 2:39.08	28.29	200m: 3:36.54	28.74			
35.			2005 I			+0,81	3:37.78 III		-		
	25m: 23.70	23.70	75m: 1:18.93	27.72	125m: 2:14.80	28.35	175m: 3:10.78	27.88			
	50m: 51.21	27.51	100m: 1:46.45	27.52	150m: 2:42.90	28.10	200m: 3:37.78	27.00			



		57, , 200m ,			2005 - 2007							
		/					R.T.					
36.				2006				+0,85	3:43.54		-	
	25m:	22.29	22.29	75m:	1:17.61	28.38	125m:	2:16.42	29.79	175m:	3:14.93	29.34
	50m:	49.23	26.94	100m:	1:46.63	29.02	150m:	2:45.59	29.17	200m:	3:43.54	28.61
37.				2007		-4,			3:49.20		-	
	25m:	25.51	25.51	75m:	1:23.02	29.79	125m:	2:21.46	30.33	175m:	3:19.61	29.56
	50m:	53.23	27.72	100m:	1:51.13	28.11	150m:	2:50.05	28.59	200m:	3:49.20	29.59
38.				2007		,		+0,74	3:51.07		-	
	25m:	22.99	22.99	75m:	1:19.30	29.25	125m:	2:19.49	30.31	175m:	3:22.20	31.76
	50m:	50.05	27.06	100m:	1:49.18	29.88	150m:	2:50.44	30.95	200m:	3:51.07	28.87
39.				2007		-4,		+0,89	4:07.10		-	
	25m:	24.98	24.98	75m:	1:26.34	31.48	125m:	2:30.34	32.59	175m:	3:34.82	31.97
	50m:	54.86	29.88	100m:	1:57.75	31.41	150m:	3:02.85	32.51	200m:	4:07.10	32.28
40.				2007		,		+0,76	4:10.96		-	
	25m:	26.16	26.16	75m:	1:29.42	32.64	125m:	2:34.20	31.12	175m:	3:38.85	31.95
	50m:	56.78	30.62	100m:	2:03.08	33.66	150m:	3:06.90	32.70	200m:	4:10.96	32.11
DSQ				2007		-4,					-	
DNS				2007		,					-	