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 02.05.2021 - 12:57

, 200m

(11-12)

		/								R.T.		
1.			2009	II	"	"				+0,72	2:40.69	II 60,00
	25m:	16.59	16.59	75m:	57.31	20.54	125m:	1:38.67	20.60	175m:	2:20.54	20.57
	50m:	36.77	20.18	100m:	1:18.07	20.76	150m:	1:59.97	21.30	200m:	2:40.69	20.15
2.			2009	II	"	"	-			+0,65	2:41.60	II 52,00
	25m:	16.85	16.85	75m:	58.16	21.47	125m:	1:40.14	21.33	175m:	2:21.68	21.00
	50m:	36.69	19.84	100m:	1:18.81	20.65	150m:	2:00.68	20.54	200m:	2:41.60	19.92
3.			2009	II	"	"				+0,60	2:46.59	II 45,00
	25m:	17.77	17.77	75m:	59.12	21.04	125m:	1:42.77	22.31	175m:	2:25.01	21.30
	50m:	38.08	20.31	100m:	1:20.46	21.34	150m:	2:03.71	20.94	200m:	2:46.59	21.58
4.			2009	II	"	"				+0,49	2:47.68	II 41,00
	25m:	17.86	17.86	75m:	59.58	21.23	125m:	1:42.59	21.19	175m:	2:26.20	21.78
	50m:	38.35	20.49	100m:	1:21.40	21.82	150m:	2:04.42	21.83	200m:	2:47.68	21.48
5.			2009	III						+0,73	2:48.41	II 37,00
	25m:	17.41	17.41	75m:	58.89	20.96	125m:	1:42.49	22.10	175m:	2:26.90	22.26
	50m:	37.93	20.52	100m:	1:20.39	21.50	150m:	2:04.64	22.15	200m:	2:48.41	21.51
6.			2009	III	"	"				+0,63	2:51.16	II 33,00
	25m:	18.02	18.02	75m:	1:00.65	21.36	125m:	1:44.58	21.94	175m:	2:29.06	21.70
	50m:	39.29	21.27	100m:	1:22.64	21.99	150m:	2:07.36	22.78	200m:	2:51.16	22.10
7.			2009	II		10				+0,69	2:51.19	II 30,00
	25m:	17.70	17.70	75m:	1:00.17	21.58	125m:	1:44.31	22.16	175m:	2:29.45	22.80
	50m:	38.59	20.89	100m:	1:22.15	21.98	150m:	2:06.65	22.34	200m:	2:51.19	21.74
8.			2009	II						+0,60	2:51.39	II 27,00
	25m:	18.00	18.00	75m:	1:02.09	23.15	125m:	1:45.20	22.06	175m:	2:29.45	21.39
	50m:	38.94	20.94	100m:	1:23.14	21.05	150m:	2:08.06	22.86	200m:	2:51.39	21.94
9.			2009	II						+0,79	2:54.22	II 24,00
	25m:	18.61	18.61	75m:	1:02.95	22.13	125m:	1:48.07	22.51	175m:	2:32.75	20.85
	50m:	40.82	22.21	100m:	1:25.56	22.61	150m:	2:11.90	23.83	200m:	2:54.22	21.47
10.			2009	III		8				+0,80	2:55.60	II 22,00
	25m:	18.62	18.62	75m:	1:02.88	22.04	125m:	1:47.87	22.44	175m:	2:33.46	22.53
	50m:	40.84	22.22	100m:	1:25.43	22.55	150m:	2:10.93	23.06	200m:	2:55.60	22.14
11.			2009	I	"	"				+0,65	2:56.67	III 20,00
	25m:	18.57	18.57	75m:	1:02.95	22.19	125m:	1:47.93	22.51	175m:	2:33.35	22.65
	50m:	40.76	22.19	100m:	1:25.42	22.47	150m:	2:10.70	22.77	200m:	2:56.67	23.32
12.			2009	III	"	"	-			+0,71	2:57.11	III 18,00
	25m:	18.64	18.64	75m:	1:02.19	22.30	125m:	1:47.96	22.67	175m:	2:34.13	23.15
	50m:	39.89	21.25	100m:	1:25.29	23.10	150m:	2:10.98	23.02	200m:	2:57.11	22.98
13.			2010	III		3	-			+0,60	2:59.84	III 16,00
	25m:	18.76	18.76	75m:	1:03.93	23.04	125m:	1:50.66	23.48	175m:	2:36.85	22.56
	50m:	40.89	22.13	100m:	1:27.18	23.25	150m:	2:14.29	23.63	200m:	2:59.84	22.99
14.			2009	III						+0,62	2:59.95	III 14,00
	25m:	19.38	19.38	75m:	1:04.77	22.99	125m:	1:51.65	23.68	175m:	2:37.61	22.86
	50m:	41.78	22.40	100m:	1:27.97	23.20	150m:	2:14.75	23.10	200m:	2:59.95	22.34
15.			2009	II	"	"				+0,64	3:00.35	III 12,00
	25m:	18.60	18.60	75m:	1:03.89	22.95	125m:	1:51.22	23.48	175m:	2:38.04	23.10
	50m:	40.94	22.34	100m:	1:27.74	23.85	150m:	2:14.94	23.72	200m:	3:00.35	22.31
16.			2009	III						+0,83	3:00.55	III 10,00
	25m:	18.67	18.67	75m:	1:04.26	22.85	125m:	1:50.76	23.49	175m:	2:37.01	23.21
	50m:	41.41	22.74	100m:	1:27.27	23.01	150m:	2:13.80	23.04	200m:	3:00.55	23.54
17.			2010	II		1				+0,66	3:00.93	III 9,00
	25m:	19.98	19.98	75m:	1:06.25	23.16	125m:	1:52.71	22.99	175m:	2:38.82	22.86
	50m:	43.09	23.11	100m:	1:29.72	23.47	150m:	2:15.96	23.25	200m:	3:00.93	22.11

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		50m		100m		200m		400m		800m		1600m		3200m		6400m		12800m	
		/		/		/		/		/		/		/		/		/	
		R.T.		R.T.		R.T.		R.T.		R.T.		R.T.		R.T.		R.T.		R.T.	
18.																			
	25m:	18.81	18.81	75m:	1:04.40	23.28	125m:	1:52.13	24.57	175m:	2:39.98	23.81	200m:	3:02.67	22.69				
	50m:	41.12	22.31	100m:	1:27.56	23.16	150m:	2:16.17	24.04	200m:	3:02.67	22.69							
19.																			
	25m:	18.27	18.27	75m:	1:03.97	23.01	125m:	1:51.18	23.46	175m:	2:39.33	24.13	200m:	3:02.79	23.46				
	50m:	40.96	22.69	100m:	1:27.72	23.75	150m:	2:15.20	24.02	200m:	3:02.79	23.46							
	25m:	18.61	18.61	75m:	1:03.22	22.37	125m:	1:49.48	23.09	175m:	2:38.31	24.57	200m:	3:02.79	24.48				
	50m:	40.85	22.24	100m:	1:26.39	23.17	150m:	2:13.74	24.26	200m:	3:02.79	24.48							
21.																			
	25m:	18.48	18.48	75m:	1:03.84	22.96	125m:	1:51.31	23.99	175m:	2:39.26	23.83	200m:	3:03.10	23.84				
	50m:	40.88	22.40	100m:	1:27.32	23.48	150m:	2:15.43	24.12	200m:	3:03.10	23.84							
22.																			
	25m:	18.99	18.99	75m:	1:05.08	23.28	125m:	1:52.80	23.68	175m:	2:41.78	24.40	200m:	3:04.79	23.01				
	50m:	41.80	22.81	100m:	1:29.12	24.04	150m:	2:17.38	24.58	200m:	3:04.79	23.01							
23.																			
	25m:	19.76	19.76	75m:	1:06.64	23.59	125m:	1:54.63	24.06	175m:	2:42.32	23.47	200m:	3:05.02	22.70				
	50m:	43.05	23.29	100m:	1:30.57	23.93	150m:	2:18.85	24.22	200m:	3:05.02	22.70							
24.																			
	25m:	19.78	19.78	75m:	1:06.29	23.73	125m:	1:54.88	24.44	175m:	2:42.80	23.76	200m:	3:06.26	23.46				
	50m:	42.56	22.78	100m:	1:30.44	24.15	150m:	2:19.04	24.16	200m:	3:06.26	23.46							
25.																			
	25m:	19.71	19.71	75m:	1:05.88	23.43	125m:	1:54.14	24.50	175m:	2:42.73	24.34	200m:	3:06.49	23.76				
	50m:	42.45	22.74	100m:	1:29.64	23.76	150m:	2:18.39	24.25	200m:	3:06.49	23.76							
26.																			
	25m:	19.86	19.86	75m:	1:07.66	24.15	125m:	1:55.74	24.19	175m:	2:44.16	24.20	200m:	3:07.23	23.07				
	50m:	43.51	23.65	100m:	1:31.55	23.89	150m:	2:19.96	24.22	200m:	3:07.23	23.07							
27.																			
	25m:	20.60	20.60	75m:	1:08.10	24.01	125m:	1:56.29	23.56	175m:	2:45.00	25.46	200m:	3:08.30	23.30				
	50m:	44.09	23.49	100m:	1:32.73	24.63	150m:	2:19.54	23.25	200m:	3:08.30	23.30							
28.																			
	25m:	18.99	18.99	75m:	1:05.31	23.24	125m:	1:54.87	24.87	175m:	2:45.03	24.88	200m:	3:08.57	23.54				
	50m:	42.07	23.08	100m:	1:30.00	24.69	150m:	2:20.15	25.28	200m:	3:08.57	23.54							
29.																			
	25m:	19.56	19.56	75m:	1:06.66	23.44	125m:	1:55.46	24.07	175m:	2:44.96	24.78	200m:	3:09.94	24.98				
	50m:	43.22	23.66	100m:	1:31.39	24.73	150m:	2:20.18	24.72	200m:	3:09.94	24.98							
30.																			
	25m:	20.93	20.93	75m:	1:10.08	24.09	125m:	1:58.91	24.41	175m:	2:47.85	24.13	200m:	3:10.40	22.55				
	50m:	45.99	25.06	100m:	1:34.50	24.42	150m:	2:23.72	24.81	200m:	3:10.40	22.55							
31.																			
	25m:	18.72	18.72	75m:	1:05.05	23.76	125m:	1:54.86	24.63	175m:	2:45.69	26.35	200m:	3:12.17	26.48				
	50m:	41.29	22.57	100m:	1:30.23	25.18	150m:	2:19.34	24.48	200m:	3:12.17	26.48							
32.																			
	25m:	19.94	19.94	75m:	1:07.42	23.93	125m:	1:57.38	25.10	175m:	2:47.83	25.10	200m:	3:12.27	24.44				
	50m:	43.49	23.55	100m:	1:32.28	24.86	150m:	2:22.73	25.35	200m:	3:12.27	24.44							
33.																			
	25m:	20.18	20.18	75m:	1:08.23	24.56	125m:	1:58.38	24.65	175m:	2:48.92	25.40	200m:	3:13.21	24.29				
	50m:	43.67	23.49	100m:	1:33.73	25.50	150m:	2:23.52	25.14	200m:	3:13.21	24.29							
34.																			
	25m:	20.71	20.71	75m:	1:09.27	24.41	125m:	1:59.09	24.84	175m:	2:49.28	24.90	200m:	3:13.56	24.28				
	50m:	44.86	24.15	100m:	1:34.25	24.98	150m:	2:24.38	25.29	200m:	3:13.56	24.28							
35.																			
	25m:	20.07	20.07	75m:	1:08.79	24.96	125m:	1:59.43	25.05	175m:	2:49.63	24.84	200m:	3:13.95	24.32				
	50m:	43.83	23.76	100m:	1:34.38	25.59	150m:	2:24.79	25.36	200m:	3:13.95	24.32							

		50m		100m		200m		400m		800m		1600m		3200m		6400m		12800m	
		/		/		/		/		/		/		/		/		/	
36.																			
	25m:	20.64	20.64	75m:	1:08.61	24.37	125m:	2:00.10	25.90	175m:	2:51.86	25.31	200m:	3:15.10	23.24				
	50m:	44.24	23.60	100m:	1:34.20	25.59	150m:	2:26.55	26.45	200m:	3:15.10	23.24							
37.																			
	25m:	20.29	20.29	75m:	1:08.33	24.55	125m:	1:59.06	25.84	175m:	2:50.11	25.46	200m:	3:15.38	25.27				
	50m:	43.78	23.49	100m:	1:33.22	24.89	150m:	2:24.65	25.59	200m:	3:15.38	25.27							
38.																			
	25m:	19.57	19.57	75m:	1:07.75	24.80	125m:	1:59.26	25.64	175m:	2:51.49	26.25	200m:	3:16.55	25.06				
	50m:	42.95	23.38	100m:	1:33.62	25.87	150m:	2:25.24	25.98	200m:	3:16.55	25.06							
39.																			
	25m:	21.01	21.01	75m:	1:10.60	25.15	125m:	2:00.82	25.13	175m:	2:52.67	25.93	200m:	3:17.96	25.29				
	50m:	45.45	24.44	100m:	1:35.69	25.09	150m:	2:26.74	25.92	200m:	3:17.96	25.29							
40.																			
	25m:	21.90	21.90	75m:	1:11.99	25.19	125m:	2:04.29	26.31	175m:	2:55.17	25.39	200m:	3:20.18	25.01				
	50m:	46.80	24.90	100m:	1:37.98	25.99	150m:	2:29.78	25.49	200m:	3:20.18	25.01							
41.																			
	25m:	22.17	22.17	75m:	1:15.05	26.91	125m:	2:05.86	26.11	175m:	2:57.19	26.10	200m:	3:20.31	23.12				
	50m:	48.14	25.97	100m:	1:39.75	24.70	150m:	2:31.09	25.23	200m:	3:20.31	23.12							
42.																			
	25m:	21.35	21.35	75m:	1:11.91	25.66	125m:	2:03.66	25.96	175m:	2:55.11	25.81	200m:	3:20.68	25.57				
	50m:	46.25	24.90	100m:	1:37.70	25.79	150m:	2:29.30	25.64	200m:	3:20.68	25.57							
43.																			
	25m:	21.97	21.97	75m:	1:12.62	25.51	125m:	2:04.65	25.64	175m:	2:56.07	24.90	200m:	3:20.95	24.88				
	50m:	47.11	25.14	100m:	1:39.01	26.39	150m:	2:31.17	26.52	200m:	3:20.95	24.88							
44.																			
	25m:	20.66	20.66	75m:	1:09.97	24.96	125m:	2:03.14	26.94	175m:	2:54.87	25.47	200m:	3:22.56	27.69				
	50m:	45.01	24.35	100m:	1:36.20	26.23	150m:	2:29.40	26.26	200m:	3:22.56	27.69							
45.																			
	25m:	21.46	21.46	75m:	1:12.17	25.80	125m:	2:04.39	26.41	175m:	2:57.16	25.86	200m:	3:22.84	25.68				
	50m:	46.37	24.91	100m:	1:37.98	25.81	150m:	2:31.30	26.91	200m:	3:22.84	25.68							
46.																			
	25m:	19.45	19.45	75m:	1:08.77	25.56	125m:	2:01.67	27.15	175m:	2:56.10	27.07	200m:	3:23.34	27.24				
	50m:	43.21	23.76	100m:	1:34.52	25.75	150m:	2:29.03	27.36	200m:	3:23.34	27.24							
47.																			
	25m:	22.27	22.27	75m:	1:12.66	25.74	125m:	2:05.06	26.09	175m:	2:58.01	26.36	200m:	3:24.04	26.03				
	50m:	46.92	24.65	100m:	1:38.97	26.31	150m:	2:31.65	26.59	200m:	3:24.04	26.03							
48.																			
	25m:	21.17	21.17	75m:	1:14.61	27.12	125m:	2:08.26	26.70	175m:	3:01.96	26.73	200m:	3:27.54	25.58				
	50m:	47.49	26.32	100m:	1:41.56	26.95	150m:	2:35.23	26.97	200m:	3:27.54	25.58							
49.																			
	25m:	21.60	21.60	75m:	1:13.70	26.27	125m:	2:08.12	27.33	175m:	3:02.81	27.02	200m:	3:28.24	25.43				
	50m:	47.43	25.83	100m:	1:40.79	27.09	150m:	2:35.79	27.67	200m:	3:28.24	25.43							
50.																			
	25m:	21.62	21.62	75m:	1:13.25	26.09	125m:	2:06.78	26.61	175m:	3:01.33	27.14	200m:	3:29.13	27.80				
	50m:	47.16	25.54	100m:	1:40.17	26.92	150m:	2:34.19	27.41	200m:	3:29.13	27.80							
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