

7  
 30.04.2021 - 12:07

, 400m

(11-12 )

		/						R.T.				
1.			2009	I	"	"			+0,83	<b>4:49.36</b>	I 60,00	
	25m:	15.05	15.05	125m:	1:26.04	18.58	225m:	2:41.13	18.81	325m:	3:56.02	18.46
	50m:	31.58	16.53	150m:	1:44.68	18.64	250m:	2:59.77	18.64	350m:	4:14.62	18.60
	75m:	49.38	17.80	175m:	2:03.53	18.85	275m:	3:18.85	19.08	375m:	4:32.47	17.85
	100m:	1:07.46	18.08	200m:	2:22.32	18.79	300m:	3:37.56	18.71	400m:	4:49.36	16.89
2.			2009	II	1					+0,88	<b>4:49.48</b>	I 52,00
	25m:	15.70	15.70	125m:	1:27.45	18.37	225m:	2:41.89	18.80	325m:	3:55.83	18.19
	50m:	33.05	17.35	150m:	1:45.86	18.41	250m:	3:00.67	18.78	350m:	4:14.20	18.37
	75m:	50.96	17.91	175m:	2:04.50	18.64	275m:	3:19.10	18.43	375m:	4:32.53	18.33
	100m:	1:09.08	18.12	200m:	2:23.09	18.59	300m:	3:37.64	18.54	400m:	4:49.48	16.95
3.			2009	II	"MARLIN"					+0,85	<b>4:51.14</b>	I 45,00
	25m:	15.39	15.39	125m:	1:27.35	18.38	225m:	2:42.06	18.65	325m:	3:56.61	18.66
	50m:	32.74	17.35	150m:	1:45.94	18.59	250m:	3:00.81	18.75	350m:	4:15.05	18.44
	75m:	50.74	18.00	175m:	2:04.84	18.90	275m:	3:19.67	18.86	375m:	4:33.38	18.33
	100m:	1:08.97	18.23	200m:	2:23.41	18.57	300m:	3:37.95	18.28	400m:	4:51.14	17.76
4.			2009	I						+0,49	<b>4:53.73</b>	I 41,00
	25m:	14.57	14.57	125m:	1:26.05	18.56	225m:	2:41.28	18.69	325m:	3:57.22	18.57
	50m:	31.54	16.97	150m:	1:44.79	18.74	250m:	3:00.30	19.02	350m:	4:16.58	19.36
	75m:	49.41	17.87	175m:	2:03.53	18.74	275m:	3:19.16	18.86	375m:	4:35.60	19.02
	100m:	1:07.49	18.08	200m:	2:22.59	19.06	300m:	3:38.65	19.49	400m:	4:53.73	18.13
5.			2009	II	1					+0,79	<b>4:59.03</b>	II 37,00
	25m:	16.07	16.07	125m:	1:29.01	18.44	225m:	2:44.73	19.30	325m:	4:02.53	19.54
	50m:	33.85	17.78	150m:	1:47.86	18.85	250m:	3:03.83	19.10	350m:	4:21.98	19.45
	75m:	52.23	18.38	175m:	2:06.54	18.68	275m:	3:23.41	19.58	375m:	4:41.00	19.02
	100m:	1:10.57	18.34	200m:	2:25.43	18.89	300m:	3:42.99	19.58	400m:	4:59.03	18.03
6.			2010	I	"MARLIN"					+0,65	<b>4:59.79</b>	II 33,00
	25m:	15.32	15.32	125m:	1:28.17	19.12	225m:	2:46.82	19.95	325m:	4:04.40	19.03
	50m:	32.66	17.34	150m:	1:47.41	19.24	250m:	3:06.43	19.61	350m:	4:23.76	19.36
	75m:	50.54	17.88	175m:	2:06.98	19.57	275m:	3:25.99	19.56	375m:	4:42.24	18.48
	100m:	1:09.05	18.51	200m:	2:26.87	19.89	300m:	3:45.37	19.38	400m:	4:59.79	17.55
7.			2009	II	"	"				+0,80	<b>4:59.98</b>	II 30,00
	25m:	14.64	14.64	125m:	1:27.07	19.14	225m:	2:42.35	18.79	325m:	4:01.08	19.75
	50m:	31.35	16.71	150m:	1:46.17	19.10	250m:	3:01.61	19.26	350m:	4:21.08	20.00
	75m:	49.19	17.84	175m:	2:04.52	18.35	275m:	3:21.04	19.43	375m:	4:40.74	19.66
	100m:	1:07.93	18.74	200m:	2:23.56	19.04	300m:	3:41.33	20.29	400m:	4:59.98	19.24
8.			2009	I	Begin Swim					+0,84	<b>5:00.75</b>	II 27,00
	25m:	16.15	16.15	125m:	2:09.10	57.70	225m:	3:26.98	58.68	400m:	5:00.75	36.59
	50m:	33.74	17.59	150m:	1:49.80		250m:	3:07.42				
	75m:	52.42	18.68	175m:	2:48.11	58.31	300m:	3:46.14	38.72			
	100m:	1:11.40	18.98	200m:	2:28.30		350m:	4:24.16	38.02			
9.			2009	I	"	"				+0,71	<b>5:01.31</b>	II 24,00
	25m:	15.47	15.47	125m:	1:29.25	19.49	225m:	2:46.95	19.27	325m:	4:05.51	19.26
	50m:	32.69	17.22	150m:	1:48.43	19.18	250m:	3:06.66	19.71	350m:	4:24.86	19.35
	75m:	50.59	17.90	175m:	2:08.16	19.73	275m:	3:26.37	19.71	375m:	4:43.21	18.35
	100m:	1:09.76	19.17	200m:	2:27.68	19.52	300m:	3:46.25	19.88	400m:	5:01.31	18.10
10.			2009	II	"	"				+0,79	<b>5:04.86</b>	II 22,00
	25m:	16.03	16.03	125m:	1:31.30	19.41	225m:	2:49.75	19.75	325m:	4:07.64	19.45
	50m:	34.14	18.11	150m:	1:50.96	19.66	250m:	3:09.38	19.63	350m:	4:26.93	19.29
	75m:	52.96	18.82	175m:	2:10.42	19.46	275m:	3:28.81	19.43	375m:	4:46.31	19.38
	100m:	1:11.89	18.93	200m:	2:30.00	19.58	300m:	3:48.19	19.38	400m:	5:04.86	18.55
11.			2009	II	"	"				+0,72	<b>5:05.33</b>	II 20,00
	25m:	15.52	15.52	125m:	1:29.17	19.45	225m:	2:47.90	19.77	325m:	4:46.01	58.62
	50m:	32.87	17.35	150m:	1:48.76	19.59	250m:	3:08.01	20.11	350m:	4:26.02	
	75m:	50.81	17.94	175m:	2:08.51	19.75	275m:	4:06.50	58.49	400m:	5:05.33	39.31
	100m:	1:09.72	18.91	200m:	2:28.13	19.62	300m:	3:47.39				

7, , 400m , (11-12 )

										R.T.		
12.	2009 III			"			"			<b>+0,88</b>	<b>5:10.82</b>	II 18,00
	25m:	16.21	16.21	125m:	1:31.63	19.73	225m:	2:50.72	20.35	325m:	4:12.24	20.49
	50m:	34.09	17.88	150m:	1:51.15	19.52	250m:	3:11.17	20.45	350m:	4:32.43	20.19
	75m:	52.99	18.90	175m:	2:10.92	19.77	275m:	3:31.62	20.45	375m:	4:52.23	19.80
	100m:	1:11.90	18.91	200m:	2:30.37	19.45	300m:	3:51.75	20.13	400m:	5:10.82	18.59
13.	2010 III			"			"			<b>+0,74</b>	<b>5:13.64</b>	II 16,00
	25m:	16.30	16.30	125m:	1:33.55	19.85	225m:	2:53.99	20.01	325m:	4:15.12	20.19
	50m:	34.86	18.56	150m:	1:53.53	19.98	250m:	3:14.29	20.30	350m:	4:35.00	19.88
	75m:	54.05	19.19	175m:	2:13.57	20.04	275m:	3:34.52	20.23	375m:	4:54.78	19.78
	100m:	1:13.70	19.65	200m:	2:33.98	20.41	300m:	3:54.93	20.41	400m:	5:13.64	18.86
14.	2009 II			"			"			<b>+0,84</b>	<b>5:14.55</b>	II 14,00
	25m:	16.18	16.18	125m:	1:33.83	19.98	225m:	2:54.83	20.19	325m:	4:15.84	19.58
	50m:	34.45	18.27	150m:	1:54.27	20.44	250m:	3:15.22	20.39	350m:	4:35.92	20.08
	75m:	53.84	19.39	175m:	2:14.49	20.22	275m:	3:35.70	20.48	375m:	4:56.11	20.19
	100m:	1:13.85	20.01	200m:	2:34.64	20.15	300m:	3:56.26	20.56	400m:	5:14.55	18.44
15.	2010 II			"			"			<b>+0,85</b>	<b>5:15.34</b>	II 12,00
	25m:	56.62	56.62	125m:	2:18.34	1:01.34	225m:	3:38.90	1:00.26	325m:	4:58.68	59.63
	50m:	36.47		150m:	1:57.85		250m:	3:18.93		350m:	4:39.43	
	75m:	1:37.24	1:00.77	175m:	2:59.02	1:01.17	275m:	4:19.37	1:00.44	400m:	5:15.34	35.91
	100m:	1:17.00		200m:	2:38.64		300m:	3:59.05				
16.	2009 II			"			"			<b>+0,57</b>	<b>5:16.16</b>	II 10,00
	25m:	15.51	15.51	125m:	1:31.07	19.88	225m:	2:52.40	20.74	325m:	4:15.30	20.87
	50m:	33.32	17.81	150m:	1:51.18	20.11	250m:	3:12.83	20.43	350m:	4:35.90	20.60
	75m:	52.08	18.76	175m:	2:11.43	20.25	275m:	3:33.74	20.91	375m:	4:56.80	20.90
	100m:	1:11.19	19.11	200m:	2:31.66	20.23	300m:	3:54.43	20.69	400m:	5:16.16	19.36
17.	2009 II			3 "			"			<b>+0,85</b>	<b>5:17.27</b>	II 9,00
	25m:	16.93	16.93	125m:	1:36.50	20.38	225m:	2:57.49	20.05	325m:	4:19.31	20.51
	50m:	35.81	18.88	150m:	1:56.67	20.17	250m:	3:18.27	20.78	350m:	4:39.60	20.29
	75m:	55.90	20.09	175m:	2:17.09	20.42	275m:	3:38.42	20.15	375m:	4:58.97	19.37
	100m:	1:16.12	20.22	200m:	2:37.44	20.35	300m:	3:58.80	20.38	400m:	5:17.27	18.30
18.	2009 II			"MARLIN"			"			<b>+0,85</b>	<b>5:18.94</b>	II 8,00
	25m:	16.56	16.56	125m:	1:35.40	20.15	225m:	2:56.32	19.96	325m:	4:18.31	20.37
	50m:	35.34	18.78	150m:	1:55.69	20.29	250m:	3:16.98	20.66	350m:	4:38.91	20.60
	75m:	55.17	19.83	175m:	2:15.94	20.25	275m:	3:37.47	20.49	375m:	4:58.99	20.08
	100m:	1:15.25	20.08	200m:	2:36.36	20.42	300m:	3:57.94	20.47	400m:	5:18.94	19.95
19.	2009 II			"			"			<b>+0,83</b>	<b>5:27.19</b>	II 7,00
	25m:	16.69	16.69	125m:	1:35.63	21.03	225m:	3:00.32	21.22	325m:	4:25.11	21.38
	50m:	34.60	17.91	150m:	1:56.47	20.84	250m:	3:21.49	21.17	350m:	4:45.68	20.57
	75m:	54.37	19.77	175m:	2:17.79	21.32	275m:	3:42.53	21.04	375m:	5:06.95	21.27
	100m:	1:14.60	20.23	200m:	2:39.10	21.31	300m:	4:03.73	21.20	400m:	5:27.19	20.24
20.	2009 II			"			"			<b>+0,76</b>	<b>5:29.51</b>	II 6,00
	25m:	17.18	17.18	125m:	1:38.64	21.23	225m:	3:03.93	21.25	325m:	4:29.06	21.35
	50m:	36.11	18.93	150m:	1:59.97	21.33	250m:	3:25.06	21.13	350m:	4:50.03	20.97
	75m:	56.57	20.46	175m:	2:21.42	21.45	275m:	3:46.61	21.55	375m:	5:10.32	20.29
	100m:	1:17.41	20.84	200m:	2:42.68	21.26	300m:	4:07.71	21.10	400m:	5:29.51	19.19
21.	2010 I			1			"			<b>+0,61</b>	<b>5:31.67</b>	II 5,00
	25m:	17.57	17.57	125m:	1:39.28	21.50	225m:	3:04.32	21.62	325m:	4:30.27	21.79
	50m:	36.87	19.30	150m:	1:59.88	20.60	250m:	3:25.57	21.25	350m:	4:51.46	21.19
	75m:	57.26	20.39	175m:	2:21.30	21.42	275m:	3:47.03	21.46	375m:	5:12.01	20.55
	100m:	1:17.78	20.52	200m:	2:42.70	21.40	300m:	4:08.48	21.45	400m:	5:31.67	19.66
22.	2009 II			"			"			<b>+0,77</b>	<b>5:32.69</b>	II 4,00
	25m:	16.11	16.11	125m:	1:36.60	21.44	225m:	3:02.56	21.16	325m:	4:29.59	21.50
	50m:	34.77	18.66	150m:	1:58.08	21.48	250m:	3:24.53	21.97	350m:	4:51.23	21.64
	75m:	54.29	19.52	175m:	2:19.50	21.42	275m:	3:46.14	21.61	375m:	5:12.56	21.33
	100m:	1:15.16	20.87	200m:	2:41.40	21.90	300m:	4:08.09	21.95	400m:	5:32.69	20.13
23.	2009 II			"			"			<b>+0,85</b>	<b>5:37.29</b>	III 3,00
	25m:	18.34	18.34	125m:	1:41.48	21.22	225m:	3:06.56	20.97	325m:	4:32.79	21.27
	50m:	38.09	19.75	150m:	2:02.95	21.47	250m:	3:27.57	21.01	350m:	5:37.59	1:04.80
	75m:	58.74	20.65	175m:	2:24.13	21.18	275m:	3:49.24	21.67	375m:	5:16.80	
	100m:	1:20.26	21.52	200m:	2:45.59	21.46	300m:	4:11.52	22.28	400m:	5:37.29	20.49

7, , 400m , (11-12 )

R.T.

24.			2010 II	3 "	"					+0,98	<b>5:38.73</b>	III	2,00
	25m:	17.00	17.00	125m:	1:41.40	22.02	225m:	3:08.46	22.22	325m:	4:35.42		21.99
	50m:	37.06	20.06	150m:	2:02.61	21.21	250m:	3:29.83	21.37	350m:	4:56.74		21.32
	75m:	58.39	21.33	175m:	2:24.84	22.23	275m:	3:52.36	22.53	375m:	5:18.34		21.60
	100m:	1:19.38	20.99	200m:	2:46.24	21.40	300m:	4:13.43	21.07	400m:	5:38.73		20.39
25.			2010 II	"	"					+0,77	<b>5:38.80</b>	III	1,00
	25m:	15.70	15.70	125m:	1:38.86	21.67	225m:	3:06.58	22.17	325m:	4:35.41		22.24
	50m:	34.72	19.02	150m:	2:00.63	21.77	250m:	3:28.80	22.22	350m:	4:57.64		22.23
	75m:	55.45	20.73	175m:	2:22.84	22.21	275m:	3:50.52	21.72	375m:	5:18.43		20.79
	100m:	1:17.19	21.74	200m:	2:44.41	21.57	300m:	4:13.17	22.65	400m:	5:38.80		20.37
26.			2009 III	3 "	"					+0,99	<b>5:39.31</b>	III	-
	25m:	16.92	16.92	125m:	1:40.28	21.25	225m:	3:06.93	21.42	325m:	4:33.60		21.37
	50m:	36.09	19.17	150m:	2:02.30	22.02	250m:	3:30.00	23.07	350m:	4:55.49		21.89
	75m:	57.37	21.28	175m:	2:23.48	21.18	275m:	3:50.14	20.14	375m:	5:16.67		21.18
	100m:	1:19.03	21.66	200m:	2:45.51	22.03	300m:	4:12.23	22.09	400m:	5:39.31		22.64
27.			2009 III	"	"	-					<b>5:41.43</b>	III	-
	25m:	18.54	18.54	125m:	1:44.19	21.93	225m:	3:11.76	21.54	325m:	4:38.79		21.64
	50m:	39.19	20.65	150m:	2:06.15	21.96	250m:	3:33.49	21.73	350m:	5:00.38		21.59
	75m:	1:00.48	21.29	175m:	2:28.37	22.22	275m:	3:55.33	21.84	375m:	5:21.77		21.39
	100m:	1:22.26	21.78	200m:	2:50.22	21.85	300m:	4:17.15	21.82	400m:	5:41.43		19.66
28.			2010 III	Mychamps						+0,65	<b>5:43.05</b>	III	-
	25m:	16.88	16.88	125m:	1:39.85	22.09	225m:	3:10.13	22.35	325m:	4:39.22		22.01
	50m:	36.40	19.52	150m:	2:02.33	22.48	250m:	3:32.52	22.39	350m:	5:00.83		21.61
	75m:	56.68	20.28	175m:	2:24.75	22.42	275m:	3:55.14	22.62	375m:	5:22.84		22.01
	100m:	1:17.76	21.08	200m:	2:47.78	23.03	300m:	4:17.21	22.07	400m:	5:43.05		20.21
29.			2010 I	"	"	-				+0,84	<b>5:43.16</b>	III	-
	25m:	16.56	16.56	125m:	1:39.70	21.69	225m:	3:06.99	21.89	325m:	4:37.17		22.58
	50m:	36.03	19.47	150m:	2:01.67	21.97	250m:	3:29.52	22.53	350m:	4:59.47		22.30
	75m:	56.60	20.57	175m:	2:23.44	21.77	275m:	3:51.99	22.47	375m:	5:21.77		22.30
	100m:	1:18.01	21.41	200m:	2:45.10	21.66	300m:	4:14.59	22.60	400m:	5:43.16		21.39
30.			2009 III	3 "	"					+0,86	<b>5:45.91</b>	III	-
	25m:	17.32	17.32	125m:	1:43.09	22.51	225m:	3:12.83	22.36	325m:	4:41.56		21.98
	50m:	37.11	19.79	150m:	2:05.78	22.69	250m:	3:35.44	22.61	350m:	5:03.95		22.39
	75m:	58.25	21.14	175m:	2:27.81	22.03	275m:	3:57.40	21.96	375m:	5:25.20		21.25
	100m:	1:20.58	22.33	200m:	2:50.47	22.66	300m:	4:19.58	22.18	400m:	5:45.91		20.71
31.			2009 III	SPN						+1,02	<b>5:47.82</b>	III	-
	25m:	17.69	17.69	125m:	1:41.75	21.53	225m:	3:12.00	23.18	325m:	4:42.65		23.13
	50m:	37.68	19.99	150m:	2:03.54	21.79	250m:	3:34.61	22.61	350m:	5:05.02		22.37
	75m:	58.70	21.02	175m:	2:26.26	22.72	275m:	3:56.88	22.27	375m:	5:27.08		22.06
	100m:	1:20.22	21.52	200m:	2:48.82	22.56	300m:	4:19.52	22.64	400m:	5:47.82		20.74
32.			2010 III	"	"	-				+0,83	<b>5:49.69</b>	III	-
	25m:	17.61	17.61	125m:	1:44.21	21.95	225m:	3:15.06	22.01	325m:	4:45.75		22.53
	50m:	38.29	20.68	150m:	2:07.34	23.13	250m:	3:37.70	22.64	350m:	5:08.20		22.45
	75m:	59.95	21.66	175m:	2:29.83	22.49	275m:	4:00.49	22.79	375m:	5:29.77		21.57
	100m:	1:22.26	22.31	200m:	2:53.05	23.22	300m:	4:23.22	22.73	400m:	5:49.69		19.92
33.			2010 I	"	"	-					<b>5:50.47</b>	III	-
	25m:	18.56	18.56	125m:	1:46.07	22.77	225m:	3:16.77	22.56	325m:	4:45.90		22.00
	50m:	39.62	21.06	150m:	2:08.67	22.60	250m:	3:39.17	22.40	350m:	5:07.95		22.05
	75m:	1:01.92	22.30	175m:	2:31.56	22.89	275m:	4:01.96	22.79	375m:	5:30.05		22.10
	100m:	1:23.30	21.38	200m:	2:54.21	22.65	300m:	4:23.90	21.94	400m:	5:50.47		20.42
34.			2010 I	"	"	-				+0,75	<b>5:53.91</b>	III	-
	25m:	17.80	17.80	125m:	1:45.56	22.92	225m:	3:17.84	23.57	325m:	4:47.82		21.99
	50m:	38.75	20.95	150m:	2:08.61	23.05	250m:	3:40.43	22.59	350m:	5:10.46		22.64
	75m:	1:00.34	21.59	175m:	2:31.19	22.58	275m:	4:03.33	22.90	375m:	5:33.00		22.54
	100m:	1:22.64	22.30	200m:	2:54.27	23.08	300m:	4:25.83	22.50	400m:	5:53.91		20.91
35.			2009 I	3 "	"					+0,76	<b>5:55.98</b>	III	-
	25m:	18.46	18.46	125m:	1:45.64	22.61	225m:	3:16.99	23.31	325m:	4:47.99		22.40
	50m:	38.94	20.48	150m:	2:08.41	22.77	250m:	3:39.83	22.84	350m:	5:11.25		23.26
	75m:	1:00.42	21.48	175m:	2:30.46	22.05	275m:	4:02.12	22.29	375m:	5:33.95		22.70
	100m:	1:23.03	22.61	200m:	2:53.68	23.22	300m:	4:25.59	23.47	400m:	5:55.98		22.03

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										R.T.				
36.	2009 III										+0,92	<b>5:58.39</b>	III	-
	25m:	18.94	18.94	125m:	1:48.76	22.83	225m:	3:21.25	23.16	325m:	4:53.48	21.16		
	50m:	40.66	21.72	150m:	2:11.93	23.17	250m:	3:45.34	24.09	350m:	5:16.70	23.22		
	75m:	1:03.11	22.45	175m:	2:34.95	23.02	275m:	4:08.46	23.12	375m:	5:38.00	21.30		
	100m:	1:25.93	22.82	200m:	2:58.09	23.14	300m:	4:32.32	23.86	400m:	5:58.39	20.39		
37.	2010 III										+0,69	<b>6:06.93</b>	III	-
	25m:	18.49	18.49	125m:	1:47.45	23.40	225m:	3:23.01	24.71	325m:	4:56.01	23.45		
	50m:	39.09	20.60	150m:	2:10.67	23.22	250m:	3:45.00	21.99	350m:	5:19.96	23.95		
	75m:	1:00.66	21.57	175m:	2:33.75	23.08	275m:	4:09.23	24.23	375m:	5:44.65	24.69		
	100m:	1:24.05	23.39	200m:	2:58.30	24.55	300m:	4:32.56	23.33	400m:	6:06.93	22.28		
38.	2010 III											<b>6:07.15</b>	III	-
	25m:	18.87	18.87	125m:	1:48.57	23.01	225m:	3:22.58	23.70	325m:	4:57.56	23.64		
	50m:	40.48	21.61	150m:	2:12.21	23.64	250m:	3:46.49	23.91	350m:	5:21.37	23.81		
	75m:	1:02.42	21.94	175m:	2:35.42	23.21	275m:	4:10.25	23.76	375m:	5:44.78	23.41		
	100m:	1:25.56	23.14	200m:	2:58.88	23.46	300m:	4:33.92	23.67	400m:	6:07.15	22.37		
39.	2010 I										+1,04	<b>6:27.05</b>	I	-
	25m:	18.93	18.93	100m:	1:26.24	23.39	175m:	6:03.24	3:48.27	300m:	5:37.69	1:40.91		
	50m:	40.11	21.18	125m:	2:39.98	1:13.74	200m:	3:05.09		350m:	6:27.16	49.47		
	75m:	1:02.85	22.74	150m:	2:14.97		250m:	3:56.78	51.69	400m:	6:27.05			
40.	2010 I										+1,23	<b>6:33.82</b>	I	-
	25m:	19.75	19.75	125m:	1:55.68	24.72	225m:	3:36.79	24.56	325m:	5:17.96	25.21		
	50m:	42.98	23.23	150m:	2:21.16	25.48	250m:	4:02.16	25.37	350m:	5:44.18	26.22		
	75m:	1:06.65	23.67	175m:	2:47.19	26.03	275m:	4:27.62	25.46	375m:	6:08.97	24.79		
	100m:	1:30.96	24.31	200m:	3:12.23	25.04	300m:	4:52.75	25.13	400m:	6:33.82	24.85		
41.	2010 III SPN										+0,99	<b>6:35.95</b>	I	-
	25m:	18.96	18.96	125m:	1:58.09	26.21	225m:	3:41.30	26.08	325m:	5:23.88	25.55		
	50m:	42.04	23.08	150m:	2:23.83	25.74	250m:	4:06.99	25.69	350m:	5:47.87	23.99		
	75m:	1:06.48	24.44	175m:	2:49.34	25.51	275m:	4:32.70	25.71	375m:	6:13.49	25.62		
	100m:	1:31.88	25.40	200m:	3:15.22	25.88	300m:	4:58.33	25.63	400m:	6:35.95	22.46		
42.	2009 I										+0,79	<b>6:37.51</b>	I	-
	25m:	20.75	20.75	125m:	1:58.27	25.05	225m:	3:40.10	25.57	325m:	5:21.23	25.75		
	50m:	43.48	22.73	150m:	2:23.59	25.32	250m:	4:04.74	24.64	350m:	5:47.19	25.96		
	75m:	1:07.79	24.31	175m:	2:49.28	25.69	275m:	4:29.63	24.89	375m:	6:12.71	25.52		
	100m:	1:33.22	25.43	200m:	3:14.53	25.25	300m:	4:55.48	25.85	400m:	6:37.51	24.80		
DNS	2009 II													-