

05.11.21 7 , 200m 11-12

											R.T.		
1.				2009	I		1,				+0,78	2:11.19	-
	25m:	15.14	15.14	75m:	48.49	16.78	125m:	1:22.12	16.74	175m:	1:55.62	16.57	
	50m:	31.71	16.57	100m:	1:05.38	16.89	150m:	1:39.05	16.93	200m:	2:11.19	15.57	
2.				2009	I		,				+0,57	2:11.38	-
	25m:	14.65	14.65	75m:	47.85	16.86	125m:	1:21.67	16.91	175m:	1:55.94	16.97	
	50m:	30.99	16.34	100m:	1:04.76	16.91	150m:	1:38.97	17.30	200m:	2:11.38	15.44	
3.				2009			,				+0,76	2:12.97	-
	25m:	14.51	14.51	75m:	47.20	16.60	125m:	1:21.82	17.62	175m:	1:56.59	17.44	
	50m:	30.60	16.09	100m:	1:04.20	17.00	150m:	1:39.15	17.33	200m:	2:12.97	16.38	
4.				2009			,				+0,62	2:14.99	-
	25m:	14.27	14.27	75m:	48.27	17.25	125m:	1:23.22	17.28	175m:	1:58.47	17.53	
	50m:	31.02	16.75	100m:	1:05.94	17.67	150m:	1:40.94	17.72	200m:	2:14.99	16.52	
5.				2010	I	Marlin,					+0,49	2:16.72	-
	25m:	15.38	15.38	75m:	49.68	17.42	125m:	1:25.04	17.66	175m:	2:00.12	17.58	
	50m:	32.26	16.88	100m:	1:07.38	17.70	150m:	1:42.54	17.50	200m:	2:16.72	16.60	
6.				2009			1,				+0,72	2:17.34	-
	25m:	14.88	14.88	75m:	49.24	17.61	125m:	1:24.30	17.45	175m:	2:00.20	17.68	
	50m:	31.63	16.75	100m:	1:06.85	17.61	150m:	1:42.52	18.22	200m:	2:17.34	17.14	
7.				2009	I		,				+0,66	2:17.51	-
	25m:	14.85	14.85	75m:	48.64	17.20	125m:	1:24.04	17.97	175m:	2:00.18	17.33	
	50m:	31.44	16.59	100m:	1:06.07	17.43	150m:	1:42.52	18.22	200m:	2:17.51	17.33	
8.				2010	I		,				+0,65	2:18.00	-
	25m:	14.86	14.86	75m:	49.60	17.54	125m:	1:25.58	17.85	175m:	2:00.96	17.21	
	50m:	32.06	17.20	100m:	1:07.73	18.13	150m:	1:43.75	18.17	200m:	2:18.00	17.04	
9.				2009	II		64,				+0,90	2:18.33	-
	25m:	15.10	15.10	75m:	50.03	17.52	125m:	1:25.70	17.84	175m:	2:01.08	17.27	
	50m:	32.51	17.41	100m:	1:07.86	17.83	150m:	1:43.81	18.11	200m:	2:18.33	17.25	
10.				2009	I		,				+0,74	2:20.08	-
	25m:	16.04	16.04	75m:	51.07	17.45	125m:	1:26.93	17.91	175m:	2:03.08	17.84	
	50m:	33.62	17.58	100m:	1:09.02	17.95	150m:	1:45.24	18.31	200m:	2:20.08	17.00	
11.				2009	I		,					2:20.37	-
	25m:	14.64	14.64	75m:	49.15	17.62	125m:	1:26.21	18.49	175m:	2:03.08	18.09	
	50m:	31.53	16.89	100m:	1:07.72	18.57	150m:	1:44.99	18.78	200m:	2:20.37	17.29	
12.				2009	II							2:20.88	-
	25m:	14.78	14.78	75m:	48.87	17.49	125m:	1:25.47	18.61	175m:	2:02.96	18.30	
	50m:	31.38	16.60	100m:	1:06.86	17.99	150m:	1:44.66	19.19	200m:	2:20.88	17.92	
13.				2009	I		1,				+0,76	2:21.08	-
	25m:	15.68	15.68	75m:	50.46	17.52	125m:	1:26.70	18.18	175m:	2:03.57	18.32	
	50m:	32.94	17.26	100m:	1:08.52	18.06	150m:	1:45.25	18.55	200m:	2:21.08	17.51	
14.				2009	III		64,				+0,73	2:21.32	-
	25m:	15.05	15.05	75m:	49.70	17.62	125m:	1:26.24	18.24	175m:	2:03.54	18.35	
	50m:	32.08	17.03	100m:	1:08.00	18.30	150m:	1:45.19	18.95	200m:	2:21.32	17.78	
15.				2009	I		1,					2:21.56	-
	25m:	15.48	15.48	75m:	50.07	17.71	125m:	1:26.88	18.55	175m:	2:03.81	18.35	
	50m:	32.36	16.88	100m:	1:08.33	18.26	150m:	1:45.46	18.58	200m:	2:21.56	17.75	
16.				2009	I		,				+0,76	2:22.64	-
	25m:	15.37	15.37	75m:	50.93	17.77	125m:	1:27.58	18.35	175m:	2:04.74	18.42	
	50m:	33.16	17.79	100m:	1:09.23	18.30	150m:	1:46.32	18.74	200m:	2:22.64	17.90	
17.				2009	I		" 82",				+0,81	2:22.65	-
	25m:	15.40	15.40	75m:	51.26	18.36	125m:	1:27.55	17.80	175m:	2:04.61	17.89	
	50m:	32.90	17.50	100m:	1:09.75	18.49	150m:	1:46.72	19.17	200m:	2:22.65	18.04	



7, , 200m , 11-12

										R.T.		
18.				2009 I						+0,74	2:23.67	-
	25m:	15.57	15.57	75m:	51.40	18.05	125m:	1:28.93	18.79	175m:	2:06.37	18.44
	50m:	33.35	17.78	100m:	1:10.14	18.74	150m:	1:47.93	19.00	200m:	2:23.67	17.30
19.				2009 I			Begin Swim,			+0,72	2:23.78	-
	25m:	15.69	15.69	75m:	51.77	18.62	125m:	1:29.23	18.39	175m:	2:06.42	18.13
	50m:	33.15	17.46	100m:	1:10.84	19.07	150m:	1:48.29	19.06	200m:	2:23.78	17.36
20.				2009 I			Marlin,			+0,86	2:26.46	-
	25m:	15.60	15.60	75m:	51.81	18.59	125m:	1:29.64	18.83	175m:	2:08.06	19.08
	50m:	33.22	17.62	100m:	1:10.81	19.00	150m:	1:48.98	19.34	200m:	2:26.46	18.40
21.				2010 II						+0,63	2:27.56	-
	25m:	16.24	16.24	75m:	52.86	18.41	125m:	1:30.62	19.05	175m:	2:08.59	19.23
	50m:	34.45	18.21	100m:	1:11.57	18.71	150m:	1:49.36	18.74	200m:	2:27.56	18.97
22.				2009 II						+0,70	2:27.69	-
	25m:	15.59	15.59	75m:	51.88	18.61	125m:	1:31.27	19.70	175m:	2:10.14	18.71
	50m:	33.27	17.68	100m:	1:11.57	19.69	150m:	1:51.43	20.16	200m:	2:27.69	17.55
23.				2010 II							2:28.68	-
	25m:	16.13	16.13	75m:	53.38	18.89	125m:	1:31.95	19.40	175m:	2:10.48	19.21
	50m:	34.49	18.36	100m:	1:12.55	19.17	150m:	1:51.27	19.32	200m:	2:28.68	18.20
24.				2009 II							2:29.99	-
	25m:	15.60	15.60	75m:	52.48	19.11	125m:	1:32.04	19.66	175m:	2:11.10	19.36
	50m:	33.37	17.77	100m:	1:12.38	19.90	150m:	1:51.74	19.70	200m:	2:29.99	18.89
25.				2009 III		64,				+0,89	2:33.23	-
	25m:	16.07	16.07	75m:	54.60	19.82	125m:	1:34.93	20.40	175m:	2:14.81	19.65
	50m:	34.78	18.71	100m:	1:14.53	19.93	150m:	1:55.16	20.23	200m:	2:33.23	18.42
26.				2009 II						+0,90	2:33.79	-
	25m:	17.76	17.76	75m:	56.65	19.89	150m:	1:56.71	20.01	200m:	2:33.79	17.99
	50m:	36.76	19.00	125m:	1:36.70	40.05	175m:	2:15.80	19.09			
27.				2009 I		22,	-	-	-	+0,58	2:34.49	-
	25m:	16.30	16.30	75m:	55.07	20.28	125m:	1:35.24	20.43	175m:	2:15.68	20.08
	50m:	34.79	18.49	100m:	1:14.81	19.74	150m:	1:55.60	20.36	200m:	2:34.49	18.81
28.				2009 I		6,				+0,88	2:36.02	-
	25m:	16.97	16.97	75m:	55.68	19.55	125m:	1:36.03	20.37	175m:	2:16.41	20.31
	50m:	36.13	19.16	100m:	1:15.66	19.98	150m:	1:56.10	20.07	200m:	2:36.02	19.61
29.				2010 III		64,				+0,59	2:36.94	-
	25m:	16.98	16.98	75m:	55.05	19.50	125m:	1:35.90	21.16	175m:	2:16.66	20.48
	50m:	35.55	18.57	100m:	1:14.74	19.69	150m:	1:56.18	20.28	200m:	2:36.94	20.28
				2010 III		1,				+0,54	2:36.94	-
	25m:	16.98	16.98	75m:	55.94	19.76	125m:	1:36.70	20.42	175m:	2:18.66	20.89
	50m:	36.18	19.20	100m:	1:16.28	20.34	150m:	1:57.77	21.07	200m:	2:36.94	18.28
31.				2010 III						+1,01	2:47.66	-
	25m:	17.39	17.39	75m:	55.82	19.95	150m:	2:03.11	23.06	200m:	2:47.66	20.96
	50m:	35.87	18.48	125m:	1:40.05	44.23	175m:	2:26.70	23.59			
32.				2010 III						+0,71	2:49.61	-
	25m:	17.39	17.39	75m:	58.22	20.81	125m:	1:42.33	22.14	175m:	2:28.64	23.07
	50m:	37.41	20.02	100m:	1:20.19	21.97	150m:	2:05.57	23.24	200m:	2:49.61	20.97
33.				2009 III						+0,84	2:51.37	-
	25m:	18.49	18.49	75m:	59.63	20.80	125m:	1:42.81	21.38	175m:	2:30.19	24.28
	50m:	38.83	20.34	100m:	1:21.43	21.80	150m:	2:05.91	23.10	200m:	2:51.37	21.18
34.				2009 III		64,					2:55.35	-
	25m:	18.35	18.35	100m:	1:24.30	23.10	175m:	2:33.71	46.28			
	75m:	1:01.20	42.85	125m:	1:47.43	23.13	200m:	2:55.35	21.64			
35.				2010 III		2,				2:57.94		-
	25m:	19.22	19.22	75m:	1:02.56	22.65	125m:	1:49.45	22.75	175m:	2:36.29	23.39
	50m:	39.91	20.69	100m:	1:26.70	24.14	150m:	2:12.90	23.45	200m:	2:57.94	21.65

