



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ  
**MAD WAVE CHALLENGE 2023** РУЗА  
 11-12 МАРТА 2023



13 , 200m (13-14 )  
 11.03.2023 - 12:45

		/								R.T.		
1.			2009		"	"				<b>+0,77</b>	<b>2:08.04</b>	60,00
	25m:	14.55	14.55	75m:	47.11	16.43	125m:	1:19.80	16.38	175m:	1:52.59	16.45
	50m:	30.68	16.13	100m:	1:03.42	16.31	150m:	1:36.14	16.34	200m:	2:08.04	15.45
2.			2009		"	"	-			<b>+0,80</b>	<b>2:09.45</b>	52,00
	25m:	14.60	14.60	75m:	47.23	16.56	125m:	1:20.62	17.07	175m:	1:53.76	16.75
	50m:	30.67	16.07	100m:	1:03.55	16.32	150m:	1:37.01	16.39	200m:	2:09.45	15.69
3.			2009 I		"	"				<b>+0,71</b>	<b>2:11.21</b>	45,00
	25m:	14.43	14.43	75m:	46.86	16.39	125m:	1:20.69	17.10	175m:	1:54.90	17.19
	50m:	30.47	16.04	100m:	1:03.59	16.73	150m:	1:37.71	17.02	200m:	2:11.21	16.31
4.			2009 I		"	"				<b>+0,73</b>	<b>2:13.33</b> I	41,00
	25m:	14.57	14.57	75m:	47.32	16.53	125m:	1:21.24	17.04	175m:	1:56.24	17.56
	50m:	30.79	16.22	100m:	1:04.20	16.88	150m:	1:38.68	17.44	200m:	2:13.33	17.09
5.			2009		"	"				<b>+0,69</b>	<b>2:13.51</b> I	37,00
	25m:	14.49	14.49	75m:	47.07	16.82	125m:	1:20.57	17.15	175m:	1:56.20	18.16
	50m:	30.25	15.76	100m:	1:03.42	16.35	150m:	1:38.04	17.47	200m:	2:13.51	17.31
6.			2010 I		1	"				<b>+0,77</b>	<b>2:14.36</b> I	33,00
	25m:	15.23	15.23	75m:	49.14	17.37	125m:	1:23.73	17.45	175m:	1:58.13	17.32
	50m:	31.77	16.54	100m:	1:06.28	17.14	150m:	1:40.81	17.08	200m:	2:14.36	16.23
7.			2009 I		"	"				<b>+0,78</b>	<b>2:14.74</b> I	30,00
	25m:	14.83	14.83	75m:	48.38	17.02	125m:	1:23.27	17.55	175m:	1:58.08	17.30
	50m:	31.36	16.53	100m:	1:05.72	17.34	150m:	1:40.78	17.51	200m:	2:14.74	16.66
8.			2009 I		"	"				<b>+0,65</b>	<b>2:15.96</b> I	27,00
	25m:	15.05	15.05	75m:	49.26	17.63	125m:	1:24.01	17.45	175m:	1:59.03	17.40
	50m:	31.63	16.58	100m:	1:06.56	17.30	150m:	1:41.63	17.62	200m:	2:15.96	16.93
9.			2010 I		"	"				<b>+0,69</b>	<b>2:18.34</b> I	24,00
	25m:	15.14	15.14	75m:	49.71	17.52	125m:	1:25.30	17.94	175m:	2:00.94	17.88
	50m:	32.19	17.05	100m:	1:07.36	17.65	150m:	1:43.06	17.76	200m:	2:18.34	17.40
10.			2009 I		"	"				<b>+0,74</b>	<b>2:19.59</b> I	22,00
	25m:	15.49	15.49	75m:	50.27	17.80	125m:	1:25.98	18.04	175m:	2:02.36	18.12
	50m:	32.47	16.98	100m:	1:07.94	17.67	150m:	1:44.24	18.26	200m:	2:19.59	17.23
11.			2009		"	"				<b>+0,70</b>	<b>2:19.65</b> I	20,00
	25m:	14.82	14.82	75m:	49.84	18.06	125m:	1:26.44	18.58	175m:	2:02.70	18.37
	50m:	31.78	16.96	100m:	1:07.86	18.02	150m:	1:44.33	17.89	200m:	2:19.65	16.95
12.			2009 I		12	"				<b>+0,84</b>	<b>2:19.68</b> I	18,00
	25m:	15.13	15.13	75m:	49.07	17.50	125m:	1:24.89	18.15	175m:	2:02.04	18.75
	50m:	31.57	16.44	100m:	1:06.74	17.67	150m:	1:43.29	18.40	200m:	2:19.68	17.64
13.			2010 I		"	"				<b>+0,78</b>	<b>2:20.21</b> I	16,00
	25m:	15.63	15.63	75m:	50.59	17.96	125m:	1:27.08	18.27	175m:	2:02.98	17.75
	50m:	32.63	17.00	100m:	1:08.81	18.22	150m:	1:45.23	18.15	200m:	2:20.21	17.23
14.			2009 I		"	-70	"			<b>+0,77</b>	<b>2:20.23</b> I	14,00
	25m:	15.43	15.43	75m:	50.06	17.75	125m:	1:25.71	18.14	175m:	2:02.22	18.45
	50m:	32.31	16.88	100m:	1:07.57	17.51	150m:	1:43.77	18.06	200m:	2:20.23	18.01
15.			2010 I		"	"				<b>+0,74</b>	<b>2:20.35</b> I	12,00
	25m:	15.78	15.78	75m:	50.51	17.60	125m:	1:26.56	18.45	175m:	2:03.44	18.76
	50m:	32.91	17.13	100m:	1:08.11	17.60	150m:	1:44.68	18.12	200m:	2:20.35	16.91
16.			2009 I		"	"				<b>+0,74</b>	<b>2:20.38</b> I	10,00
	25m:	15.15	15.15	75m:	50.01	17.87	125m:	1:26.32	18.57	175m:	2:03.18	18.44
	50m:	32.14	16.99	100m:	1:07.75	17.74	150m:	1:44.74	18.42	200m:	2:20.38	17.20
17.			2009 I		"	"				<b>+0,79</b>	<b>2:20.75</b> I	9,00
	25m:	15.22	15.22	75m:	49.72	17.78	125m:	1:26.66	18.58	175m:	2:03.44	18.23
	50m:	31.94	16.72	100m:	1:08.08	18.36	150m:	1:45.21	18.55	200m:	2:20.75	17.31
18.			2009 I		"	"				<b>+0,82</b>	<b>2:20.86</b> I	8,00
	25m:	15.44	15.44	75m:	50.65	18.05	125m:	1:27.10	18.10	175m:	2:03.41	18.02
	50m:	32.60	17.16	100m:	1:09.00	18.35	150m:	1:45.39	18.29	200m:	2:20.86	17.45
19.			2010 I		"	"				<b>+0,74</b>	<b>2:21.24</b> I	7,00
	25m:	15.47	15.47	75m:	50.66	17.99	125m:	1:27.08	18.50	175m:	2:04.16	18.54
	50m:	32.67	17.20	100m:	1:08.58	17.92	150m:	1:45.62	18.54	200m:	2:21.24	17.08
20.			2009 I		"	-				<b>+0,61</b>	<b>2:21.71</b> I	6,00
	25m:	14.36	14.36	75m:	47.58	17.39	125m:	1:24.53	18.96	175m:	2:03.18	19.36
	50m:	30.19	15.83	100m:	1:05.57	17.99	150m:	1:43.82	19.29	200m:	2:21.71	18.53





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ  
**MAD WAVE CHALLENGE 2023** РУЗА  
 11-12 МАРТА 2023



13, , 200m , (13-14 )

										R.T.			
21.			2010	I						+0,78	<b>2:21.81</b>	I	5,00
	25m:	15.53	15.53	75m:	51.04	18.26	125m:	1:28.10	18.62	175m:	2:05.11	18.20	
	50m:	32.78	17.25	100m:	1:09.48	18.44	150m:	1:46.91	18.81	200m:	2:21.81	16.70	
22.			2009	I		1				+0,81	<b>2:22.06</b>	I	4,00
	25m:	15.12	15.12	75m:	50.30	17.95	125m:	1:26.85	18.44	175m:	2:04.24	18.86	
	50m:	32.35	17.23	100m:	1:08.41	18.11	150m:	1:45.38	18.53	200m:	2:22.06	17.82	
			2009	I						+0,71	<b>2:22.06</b>	I	4,00
	25m:	15.47	15.47	75m:	51.03	17.98	125m:	1:27.71	18.76	175m:	2:04.54	18.52	
	50m:	33.05	17.58	100m:	1:08.95	17.92	150m:	1:46.02	18.31	200m:	2:22.06	17.52	
24.			2009	I						+0,81	<b>2:22.17</b>	I	2,00
	25m:	15.35	15.35	75m:	50.02	17.89	125m:	1:27.15	18.87	175m:	2:04.05	18.53	
	50m:	32.13	16.78	100m:	1:08.28	18.26	150m:	1:45.52	18.37	200m:	2:22.17	18.12	
25.			2010	I		"	"	"		+0,84	<b>2:22.28</b>	I	1,00
	25m:	15.99	15.99	75m:	51.11	18.11	125m:	1:28.22	18.63	175m:	2:05.22	18.27	
	50m:	33.00	17.01	100m:	1:09.59	18.48	150m:	1:46.95	18.73	200m:	2:22.28	17.06	
26.			2010	I		"	"	"		+0,67	<b>2:23.20</b>	I	-
	25m:	15.61	15.61	75m:	51.54	18.39	125m:	1:29.22	18.84	175m:	2:06.63	18.65	
	50m:	33.15	17.54	100m:	1:10.38	18.84	150m:	1:47.98	18.76	200m:	2:23.20	16.57	
27.			2010	I		"	"	"		+0,80	<b>2:23.67</b>	I	-
	25m:	16.14	16.14	75m:	52.06	18.21	125m:	1:28.91	18.69	175m:	2:06.15	18.71	
	50m:	33.85	17.71	100m:	1:10.22	18.16	150m:	1:47.44	18.53	200m:	2:23.67	17.52	
28.			2010	I		"	"	"		+0,73	<b>2:23.73</b>	I	-
	25m:	15.61	15.61	75m:	50.92	18.09	125m:	1:27.98	18.75	175m:	2:06.11	19.16	
	50m:	32.83	17.22	100m:	1:09.23	18.31	150m:	1:46.95	18.97	200m:	2:23.73	17.62	
29.			2009	I		"	"	"		+0,77	<b>2:23.90</b>	I	-
	25m:	16.54	16.54	75m:	51.72	17.85	125m:	1:28.40	18.43	175m:	2:05.73	18.76	
	50m:	33.87	17.33	100m:	1:09.97	18.25	150m:	1:46.97	18.57	200m:	2:23.90	18.17	
30.			2009	I		"	77"	"		+0,75	<b>2:23.93</b>	I	-
	25m:	15.74	15.74	75m:	50.57	17.84	125m:	1:27.48	18.63	175m:	2:05.42	19.07	
	50m:	32.73	16.99	100m:	1:08.85	18.28	150m:	1:46.35	18.87	200m:	2:23.93	18.51	
31.			2010	I		"	"	"		+0,79	<b>2:24.01</b>	I	-
	25m:	15.44	15.44	75m:	51.34	18.41	125m:	1:29.05	19.32	175m:	2:07.21	19.21	
	50m:	32.93	17.49	100m:	1:09.73	18.39	150m:	1:48.00	18.95	200m:	2:24.01	16.80	
32.			2009	I		"	"	"		+0,77	<b>2:25.60</b>	I	-
	25m:	15.89	15.89	75m:	51.55	18.18	125m:	1:28.87	18.77	175m:	2:07.22	19.25	
	50m:	33.37	17.48	100m:	1:10.10	18.55	150m:	1:47.97	19.10	200m:	2:25.60	18.38	
33.			2010	I		"	"	"		+0,77	<b>2:25.61</b>	I	-
	25m:	15.42	15.42	75m:	51.70	18.62	125m:	1:30.36	19.37	175m:	2:08.57	18.96	
	50m:	33.08	17.66	100m:	1:10.99	19.29	150m:	1:49.61	19.25	200m:	2:25.61	17.04	
34.			2010	I		"	"	"		+0,78	<b>2:26.11</b>	I	-
	25m:	16.14	16.14	75m:	52.98	18.90	125m:	1:31.33	19.31	175m:	2:09.96	19.48	
	50m:	34.08	17.94	100m:	1:12.02	19.04	150m:	1:50.48	19.15	200m:	2:26.11	16.15	
35.			2009	I		"	"	"		+0,73	<b>2:26.93</b>	I	-
	25m:	15.30	15.30	75m:	51.03	18.14	125m:	1:28.62	19.24	175m:	2:08.04	20.00	
	50m:	32.89	17.59	100m:	1:09.38	18.35	150m:	1:48.04	19.42	200m:	2:26.93	18.89	
36.			2010	I		"	"	"		+0,85	<b>2:27.42</b>	I	-
	25m:	15.94	15.94	75m:	51.18	18.26	125m:	1:29.01	19.21	175m:	2:08.06	19.74	
	50m:	32.92	16.98	100m:	1:09.80	18.62	150m:	1:48.32	19.31	200m:	2:27.42	19.36	
37.			2010	I		"	"	"		+0,75	<b>2:28.17</b>	I	-
	25m:	16.26	16.26	75m:	52.63	18.62	125m:	1:30.89	19.50	175m:	2:09.66	19.82	
	50m:	34.01	17.75	100m:	1:11.39	18.76	150m:	1:49.84	18.95	200m:	2:28.17	18.51	
38.			2010	I		"	"	"		+0,78	<b>2:28.28</b>	I	-
	25m:	16.17	16.17	75m:	52.45	18.64	125m:	1:31.24	19.59	175m:	2:10.07	19.61	
	50m:	33.81	17.64	100m:	1:11.65	19.20	150m:	1:50.46	19.22	200m:	2:28.28	18.21	
39.			2010	I		"	"	"		+0,75	<b>2:28.42</b>	I	-
	25m:	15.73	15.73	75m:	52.24	18.65	125m:	1:31.10	20.02	175m:	2:10.21	19.50	
	50m:	33.59	17.86	100m:	1:11.08	18.84	150m:	1:50.71	19.61	200m:	2:28.42	18.21	
40.			2009	I		"	"	"		+0,87	<b>2:29.40</b>	I	-
	25m:	16.43	16.43	75m:	52.33	18.43	125m:	1:30.57	19.16	175m:	2:09.88	19.93	
	50m:	33.90	17.47	100m:	1:11.41	19.08	150m:	1:49.95	19.38	200m:	2:29.40	19.52	
41.			2010	I		"	"	"		+0,73	<b>2:31.35</b>	I	-
	25m:	15.78	15.78	75m:	52.59	19.05	125m:	1:32.19	20.11	175m:	2:12.65	19.72	
	50m:	33.54	17.76	100m:	1:12.08	19.49	150m:	1:52.93	20.74	200m:	2:31.35	18.70	

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<https://swim4you.ru/>

11-12 2023

OMEGA ARES 21





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ  
**MAD WAVE CHALLENGE 2023** РУЗА  
 11-12 МАРТА 2023



13, , 200m , (13-14 )

										R.T.			
42.				2010	I		"	"		+0,71	<b>2:31.63</b>	I	-
	25m:	16.09	16.09	75m:	52.09	18.40	125m:	1:31.13	19.82	175m:	2:11.33	20.35	
	50m:	33.69	17.60	100m:	1:11.31	19.22	150m:	1:50.98	19.85	200m:	2:31.63	20.30	
43.				2010	I		"	"		+0,67	<b>2:32.13</b>	I	-
	25m:	16.10	16.10	75m:	53.22	19.00	125m:	1:32.96	20.43	175m:	2:13.49	20.23	
	50m:	34.22	18.12	100m:	1:12.53	19.31	150m:	1:53.26	20.30	200m:	2:32.13	18.64	
44.				2009	I					+0,82	<b>2:32.79</b>	I	-
	25m:	16.35	16.35	75m:	53.43	18.86	125m:	1:33.19	20.00	175m:	2:14.06	20.33	
	50m:	34.57	18.22	100m:	1:13.19	19.76	150m:	1:53.73	20.54	200m:	2:32.79	18.73	
45.				2009	I					+0,76	<b>2:32.99</b>	I	-
	25m:	15.87	15.87	75m:	52.71	18.65	125m:	1:32.62	20.36	175m:	2:13.27	20.45	
	50m:	34.06	18.19	100m:	1:12.26	19.55	150m:	1:52.82	20.20	200m:	2:32.99	19.72	
46.				2009	I					+0,74	<b>2:33.80</b>	I	-
	25m:	16.33	16.33	75m:	53.75	19.65	125m:	1:33.86	20.28	175m:	2:14.77	20.32	
	50m:	34.10	17.77	100m:	1:13.58	19.83	150m:	1:54.45	20.59	200m:	2:33.80	19.03	
47.				2009	I					+0,78	<b>2:34.29</b>	I	-
	25m:	16.56	16.56	75m:	53.44	19.03	125m:	1:33.21	20.22	175m:	2:14.40	20.87	
	50m:	34.41	17.85	100m:	1:12.99	19.55	150m:	1:53.53	20.32	200m:	2:34.29	19.89	
48.				2010	III					+0,69	<b>2:35.91</b>	I	-
	25m:	16.66	16.66	75m:	54.14	19.03	125m:	1:33.61	19.96	175m:	2:15.21	20.99	
	50m:	35.11	18.45	100m:	1:13.65	19.51	150m:	1:54.22	20.61	200m:	2:35.91	20.70	
49.				2010	I					+0,89	<b>2:38.07</b>	III	-
	25m:	16.82	16.82	75m:	55.52	19.99	125m:	1:36.65	20.84	175m:	2:18.41	21.00	
	50m:	35.53	18.71	100m:	1:15.81	20.29	150m:	1:57.41	20.76	200m:	2:38.07	19.66	
50.				2010	III		"	"		+0,75	<b>2:38.31</b>	III	-
	25m:	17.83	17.83	75m:	56.62	20.28	125m:	1:38.95	21.05	175m:	2:19.80	20.51	
	50m:	36.34	18.51	100m:	1:17.90	21.28	150m:	1:59.29	20.34	200m:	2:38.31	18.51	
51.				2009	I		1			+0,92	<b>2:40.13</b>	III	-
	25m:	17.39	17.39	75m:	57.34	20.33	125m:	1:39.31	21.32	175m:	2:21.13	21.05	
	50m:	37.01	19.62	100m:	1:17.99	20.65	150m:	2:00.08	20.77	200m:	2:40.13	19.00	
52.				2010	I					+0,73	<b>2:44.73</b>	III	-
	25m:	16.97	16.97	75m:	57.27	21.05	125m:	1:40.44	21.67	175m:	2:24.46	21.32	
	50m:	36.22	19.25	100m:	1:18.77	21.50	150m:	2:03.14	22.70	200m:	2:44.73	20.27	
53.				2009	III					+0,80	<b>2:47.41</b>	III	-
	25m:	17.63	17.63	75m:	59.98	21.73	125m:	1:43.70	21.98	175m:	2:27.17	21.59	
	50m:	38.25	20.62	100m:	1:21.72	21.74	150m:	2:05.58	21.88	200m:	2:47.41	20.24	

