



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
MAD WAVE CHALLENGE 2023 РУЗА
 11-12 МАРТА 2023



29 , 200m (11-12)
 12.03.2023 - 10:44

										R.T.			
1.			/	2011	I					+0,74	2:42.62	I	60,00
	25m:	15.57	15.57	75m:	55.14	20.36	125m:	1:36.90	21.39	175m:	2:19.99	22.33	
	50m:	34.78	19.21	100m:	1:15.51	20.37	150m:	1:57.66	20.76	200m:	2:42.62	22.63	
2.				2011	I					+0,91	2:58.02	III	52,00
	25m:	16.22	16.22	75m:	57.88	21.84	125m:	1:44.41	24.11	175m:	2:33.35	23.99	
	50m:	36.04	19.82	100m:	1:20.30	22.42	150m:	2:09.36	24.95	200m:	2:58.02	24.67	
3.				2011	I					+0,79	3:04.04	III	45,00
	25m:	17.02	17.02	75m:	1:00.57	22.78	125m:	1:50.57	25.55	175m:	2:40.83	26.04	
	50m:	37.79	20.77	100m:	1:25.02	24.45	150m:	2:14.79	24.22	200m:	3:04.04	23.21	
4.				2012	III		"Mighty Sharks"			+0,90	3:36.92	I	41,00
	25m:	22.12	22.12	75m:	1:14.92	27.34	125m:	2:14.12	30.04	175m:	3:11.09	27.29	
	50m:	47.58	25.46	100m:	1:44.08	29.16	150m:	2:43.80	29.68	200m:	3:36.92	25.83	
EXH				2012	I		RSO SwimTeam			+0,83	2:56.19	III	-
	25m:	17.83	17.83	75m:	1:01.09	21.98	125m:	1:47.55	23.56	175m:	2:34.10	23.15	
	50m:	39.11	21.28	100m:	1:23.99	22.90	150m:	2:10.95	23.40	200m:	2:56.19	22.09	

