

31
03.11.2024

, 200m

9 - 13

										R.T.			
(9-10)													
1.				2015	I							3:10.76	II 60,00
	25m:	20.77	20.77	75m:	1:10.70	25.00	125m:	2:00.59	25.97	175m:	2:48.78	23.75	
	50m:	45.70	24.93	100m:	1:34.62	23.92	150m:	2:25.03	24.44	200m:	3:10.76	21.98	
2.				2014	III		" "					3:15.98	III 52,00
	25m:	20.40	20.40	75m:	1:09.15	25.05	125m:	1:59.97	25.52	175m:	2:51.15	25.62	
	50m:	44.10	23.70	100m:	1:34.45	25.30	150m:	2:25.53	25.56	200m:	3:15.98	24.83	
3.				2014	III		" "					3:16.75	III 45,00
	25m:	20.36	20.36	75m:	1:09.43	24.80	125m:	1:59.70	25.37	175m:	2:51.60	26.33	
	50m:	44.63	24.27	100m:	1:34.33	24.90	150m:	2:25.27	25.57	200m:	3:16.75	25.15	
4.				2014	III		" "					3:17.50	III 41,00
	25m:	20.73	20.73	75m:	1:10.16	25.28	125m:	2:26.78	25.63	175m:	3:17.50	25.29	
	50m:	44.88	24.15	100m:	2:01.15	50.99	150m:	2:52.21	25.43	200m:			
5.				2014	III		" "					3:19.56	III 37,00
	25m:	21.72	21.72	75m:	1:11.32	25.32	125m:	2:02.75	24.90	175m:	2:54.69	26.24	
	50m:	46.00	24.28	100m:	1:37.85	26.53	150m:	2:28.45	25.70	200m:	3:19.56	24.87	
6.				2014	III		1					3:22.67	III 33,00
	25m:	20.95	20.95	75m:	1:11.40	25.53	125m:	2:04.86	26.76	175m:	2:57.29	25.74	
	50m:	45.87	24.92	100m:	1:38.10	26.70	150m:	2:31.55	26.69	200m:	3:22.67	25.38	
7.				2014	I		" "					3:28.14	III 30,00
	25m:	20.85	20.85	75m:	1:12.66	26.42	125m:	2:07.17	27.61	175m:	3:00.67	25.94	
	50m:	46.24	25.39	100m:	1:39.56	26.90	150m:	2:34.73	27.56	200m:	3:28.14	27.47	
8.				2014	III		" "			+0,62		3:32.12	III 27,00
	25m:	21.45	21.45	75m:	1:14.52	27.26	125m:	2:09.87	27.19	175m:	3:04.58	26.56	
	50m:	47.26	25.81	100m:	1:42.68	28.16	150m:	2:38.02	28.15	200m:	3:32.12	27.54	
9.				2014	I		" "					3:32.28	III 24,00
	25m:	22.99	22.99	75m:	1:16.70	27.42	125m:	2:11.39	27.41	175m:	3:05.70	27.38	
	50m:	49.28	26.29	100m:	1:43.98	27.28	150m:	2:38.32	26.93	200m:	3:32.28	26.58	
10.				2014	III		" "					3:35.04	III 22,00
	25m:	22.03	22.03	75m:	1:15.39	27.45	125m:	2:11.65	27.29	175m:	3:08.56	29.28	
	50m:	47.94	25.91	100m:	1:44.36	28.97	150m:	2:39.28	27.63	200m:	3:35.04	26.48	
11.				2015	I		" "			+0,62		3:40.60	I 20,00
	25m:	23.39	23.39	75m:	1:16.82	27.14	125m:	2:14.78	28.98	175m:	3:12.92	29.11	
	50m:	49.68	26.29	100m:	1:45.80	28.98	150m:	2:43.81	29.03	200m:	3:40.60	27.68	
12.				2014	I		" "					3:43.66	I 18,00
	25m:	24.27	24.27	75m:	1:19.06	28.02	125m:	2:16.70	28.88	175m:	3:14.85	28.99	
	50m:	51.04	26.77	100m:	1:47.82	28.76	150m:	2:45.86	29.16	200m:	3:43.66	28.81	
13.				2014	I		" "					3:44.32	I 16,00
	25m:	23.53	23.53	75m:	1:18.81	28.29	125m:	2:16.89	28.77	175m:	3:16.36	29.88	
	50m:	50.52	26.99	100m:	1:48.12	29.31	150m:	2:46.48	29.59	200m:	3:44.32	27.96	
14.				2014	I		3 "					3:44.86	I 14,00
	25m:	23.27	23.27	75m:	1:18.85	27.27	125m:	2:16.72	29.35	175m:	3:15.35	28.18	
	50m:	51.58	28.31	100m:	1:47.37	28.52	150m:	2:47.17	30.45	200m:	3:44.86	29.51	
15.				2014	I		" "					3:47.74	I 12,00
	25m:	24.67	24.67	75m:	1:21.16	28.63	125m:	2:19.32	29.04	175m:	3:18.66	30.05	
	50m:	52.53	27.86	100m:	1:50.28	29.12	150m:	2:48.61	29.29	200m:	3:47.74	29.08	
16.				2014	I		" "					3:49.70	I 10,00
	25m:	23.36	23.36	75m:	1:20.86	29.23	125m:	2:20.74	29.99	175m:	3:19.93	29.19	
	50m:	51.63	28.27	100m:	1:50.75	29.89	150m:	2:50.74	30.00	200m:	3:49.70	29.77	
17.				2015	I		" "					3:52.33	I 9,00
	25m:	24.03	24.03	75m:	1:22.54	29.68	125m:	2:23.40	29.55	175m:	3:23.55	30.48	
	50m:	52.86	28.83	100m:	1:53.85	31.31	150m:	2:53.07	29.67	200m:	3:52.33	28.78	
18.				2014	I		3 "			+0,70		3:52.99	I 8,00
	25m:	24.23	24.23	75m:	1:22.12	28.58	125m:	2:21.17	29.07	175m:	3:22.22	29.46	
	50m:	53.54	29.31	100m:	1:52.10	29.98	150m:	2:52.76	31.59	200m:	3:52.99	30.77	
19.				2015	I		" "			+0,77		3:57.77	I 7,00
	25m:	23.92	23.92	75m:	1:23.38	30.72	125m:	2:25.72	30.59	175m:	3:27.06	29.93	
	50m:	52.66	28.74	100m:	1:55.13	31.75	150m:	2:57.13	31.41	200m:	3:57.77	30.71	
20.				2015	I		3 "			+0,76		4:02.39	I 6,00
	25m:	25.68	25.68	75m:	1:26.59	30.83	100m:	1:58.92	32.33	150m:	3:00.39	30.64	
				125m:	2:29.75	30.83	175m:	3:31.19	30.80	200m:	4:02.39	31.20	

31, , 200m , (9-10)

											R.T.				
21.	/			2014	I	3	"	"				4:22.42	II	5,00	
	25m:	25.12	25.12	75m:	1:27.29	32.55	125m:	2:38.23	35.64	175m:	3:48.66	35.76			
	50m:	54.74	29.62	100m:	2:02.59	35.30	150m:	3:12.90	34.67	200m:	4:22.42	33.76			
(11-13)															
1.	2011						"	"	+0,74			2:39.70		60,00	
	25m:	16.28	16.28	75m:	56.84	20.68	125m:	1:38.71	20.95	175m:	2:20.05	20.54			
	50m:	36.16	19.88	100m:	1:17.76	20.92	150m:	1:59.51	20.80	200m:	2:39.70	19.65			
2.	2012			I				"	"	+0,87			2:45.69	I	52,00
	25m:	17.61	17.61	75m:	58.46	20.57	125m:	1:41.05	21.50	175m:	2:24.37	21.62			
	50m:	37.89	20.28	100m:	1:19.55	21.09	150m:	2:02.75	21.70	200m:	2:45.69	21.32			
3.	2012			I				"	"	+0,73			2:49.18	I	45,00
	25m:	17.94	17.94	75m:	59.65	21.12	125m:	1:43.36	22.21	175m:	2:27.31	22.01			
	50m:	38.53	20.59	100m:	1:21.15	21.50	150m:	2:05.30	21.94	200m:	2:49.18	21.87			
4.	2012			I				"	"				2:50.51	I	41,00
	25m:	18.44	18.44	75m:	1:00.52	21.37	125m:	1:44.42	22.19	175m:	2:28.86	22.20			
	50m:	39.15	20.71	100m:	1:22.23	21.71	150m:	2:06.66	22.24	200m:	2:50.51	21.65			
5.	2013			I	MY CHAMPS					+0,52			2:56.70	I	37,00
	25m:	18.69	18.69	75m:	1:02.79	22.16	125m:	1:47.84	22.59	175m:	2:33.57	22.96			
	50m:	40.63	21.94	100m:	1:25.25	22.46	150m:	2:10.61	22.77	200m:	2:56.70	23.13			
6.	2013			I						+0,74			2:57.73	I	33,00
	25m:	17.70	17.70	75m:	1:02.19	22.92	125m:	1:48.20	23.30	175m:	2:34.70	23.31			
	50m:	39.27	21.57	100m:	1:24.90	22.71	150m:	2:11.39	23.19	200m:	2:57.73	23.03			
7.	2012			I				"	"	+0,64			2:59.84	I	30,00
	25m:	18.45	18.45	75m:	1:02.78	22.87	125m:	1:47.76	23.06	175m:	2:35.84	24.03			
	50m:	39.91	21.46	100m:	1:24.70	21.92	150m:	2:11.81	24.05	200m:	2:59.84	24.00			
8.	2011			I				"	"	+0,78			3:04.23	I	27,00
	25m:	18.79	18.79	75m:	1:05.06	23.28	125m:	1:52.55	23.83	175m:	2:40.27	23.62			
	50m:	41.78	22.99	100m:	1:28.72	23.66	150m:	2:16.65	24.10	200m:	3:04.23	23.96			
9.	2012			I				"	"	+0,61			3:04.43	I	24,00
	25m:	19.36	19.36	75m:	1:05.68	23.44	125m:	1:53.31	23.71	175m:	2:40.73	23.60			
	50m:	42.24	22.88	100m:	1:29.60	23.92	150m:	2:17.13	23.82	200m:	3:04.43	23.70			
10.	2013			III						+0,78			3:08.74	I	22,00
	25m:	19.32	19.32	75m:	1:06.89	24.73	125m:	1:57.13	25.06	175m:	2:46.79	24.62			
	50m:	42.16	22.84	100m:	1:32.07	25.18	150m:	2:22.17	25.04	200m:	3:08.74	21.95			
11.	2013			I				"	"				3:09.97	I	20,00
	25m:	19.41	19.41	75m:	1:06.17	23.95	125m:	1:55.31	24.53	175m:	2:45.13	24.86			
	50m:	42.22	22.81	100m:	1:30.78	24.61	150m:	2:20.27	24.96	200m:	3:09.97	24.84			
12.	2013			I						+0,51			3:10.04	I	18,00
	25m:	19.27	19.27	75m:	1:06.01	23.79	125m:	1:55.64	24.65	175m:	2:45.78	25.36			
	50m:	42.22	22.95	100m:	1:30.99	24.98	150m:	2:20.42	24.78	200m:	3:10.04	24.26			
13.	2012			I				"	"	+0,73			3:11.82	I	16,00
	25m:	19.80	19.80	75m:	1:06.86	24.04	125m:	1:56.85	25.10	175m:	2:47.63	25.29			
	50m:	42.82	23.02	100m:	1:31.75	24.89	150m:	2:22.34	25.49	200m:	3:11.82	24.19			
14.	2013			III				"	"	+0,75			3:15.56	III	14,00
	25m:	20.84	20.84	75m:	1:10.64	25.00	125m:	2:00.34	25.10	175m:	2:52.13	26.45			
	50m:	45.64	24.80	100m:	1:35.24	24.60	150m:	2:25.68	25.34	200m:	3:15.56	23.43			
15.	2013			I				"	"				3:17.85	III	12,00
	25m:	21.05	21.05	75m:	1:10.29	23.48	125m:	2:00.96	23.62	175m:	2:52.15	25.37			
	50m:	46.81	25.76	100m:	1:37.34	27.05	150m:	2:26.78	25.82	200m:	3:17.85	25.70			
16.	2012			I	« »								3:18.17	III	10,00
	25m:	20.89	20.89	75m:	1:10.81	25.53	125m:	2:01.76	25.99	175m:	2:53.27	25.41			
	50m:	45.28	24.39	100m:	1:35.77	24.96	150m:	2:27.86	26.10	200m:	3:18.17	24.90			
17.	2012			I						+0,74			3:20.85	III	9,00
	25m:	20.78	20.78	75m:	1:09.88	24.91	125m:	2:02.14	26.34	175m:	2:54.93	26.37			
	50m:	44.97	24.19	100m:	1:35.80	25.92	150m:	2:28.56	26.42	200m:	3:20.85	25.92			
18.	2012			III	10					+0,71			3:21.33	III	8,00
	25m:	20.39	20.39	75m:	1:10.51	25.44	125m:	2:02.71	26.09	175m:	2:55.48	26.03			
	50m:	45.07	24.68	100m:	1:36.62	26.11	150m:	2:29.45	26.74	200m:	3:21.33	25.85			
19.	2012			III	"					+0,60			3:22.29	III	7,00
	25m:	20.35	20.35	75m:	1:09.50	25.19	125m:	2:02.70	26.95	175m:	2:55.72	26.48			
	50m:	44.31	23.96	100m:	1:35.75	26.25	150m:	2:29.24	26.54	200m:	3:22.29	26.57			

		31, , 200m , (11-13)								R.T.			
20.			2013 III		" "		-				3:22.70 III		6,00
	25m: 21.51	21.51	75m: 1:12.25	25.88	125m: 2:04.26	25.59		175m: 2:56.65	25.81			25.81	
	50m: 46.37	24.86	100m: 1:38.67	26.42	150m: 2:30.84	26.58		200m: 3:22.70	26.05			26.05	
21.			2012 I		" "			+0,86	3:24.15 III				5,00
	25m: 21.88	21.88	75m: 1:12.42	25.63	125m: 2:05.83	26.54		175m: 2:58.46	25.48			25.48	
	50m: 46.79	24.91	100m: 1:39.29	26.87	150m: 2:32.98	27.15		200m: 3:24.15	25.69			25.69	
22.			2012 III		" "				3:25.26 III				4,00
	25m: 21.05	21.05	75m: 1:11.60	25.61	125m: 2:58.09	54.07		175m: 3:25.26	27.17				
	50m: 45.99	24.94	100m: 2:04.02	52.42	150m: 2:32.98	27.15		200m: 3:25.26	27.17				
23.			2013 III		" "		-	+0,74	3:25.53 III				3,00
	25m: 21.30	21.30	75m: 1:11.88	25.53	125m: 2:04.44	26.78		175m: 2:58.24	27.14			27.14	
	50m: 46.35	25.05	100m: 1:37.66	25.78	150m: 2:31.10	26.66		200m: 3:25.53	27.29			27.29	
24.			2013 III		" "			+0,85	3:27.26 III				2,00
	25m: 21.61	21.61	75m: 1:13.19	26.21	125m: 2:06.51	26.73		175m: 3:00.36	26.51			26.51	
	50m: 46.98	25.37	100m: 1:39.78	26.59	150m: 2:33.85	27.34		200m: 3:27.26	26.90			26.90	
25.			2013 III		" "			+0,77	3:28.72 III				1,00
	25m: 22.17	22.17	75m: 1:14.52	26.18	125m: 2:08.81	27.14		175m: 3:03.15	27.04			27.04	
	50m: 48.34	26.17	100m: 1:41.67	27.15	150m: 2:36.11	27.30		200m: 3:28.72	25.57			25.57	
26.			2012 III		" "				3:29.57 III				-
	25m: 23.18	23.18	75m: 1:16.01	26.65	125m: 2:09.21	26.99		175m: 3:02.46	26.76			26.76	
	50m: 49.36	26.18	100m: 1:42.22	26.21	150m: 2:35.70	26.49		200m: 3:29.57	27.11			27.11	
27.			2012 III		" "			+0,71	3:36.46 III				-
	25m: 22.10	22.10	75m: 1:14.30	26.46	125m: 2:12.34	28.70		175m: 3:08.33	28.26			28.26	
	50m: 47.84	25.74	100m: 1:43.64	29.34	150m: 2:40.07	27.73		200m: 3:36.46	28.13			28.13	
28.			2012 I		Swim Team			+0,89	3:48.79 I				-
	25m: 21.73	21.73	75m: 1:14.73	27.15	125m: 2:13.21	29.98		175m: 3:15.71	30.84			30.84	
	50m: 47.58	25.85	100m: 1:43.23	28.50	150m: 2:44.87	31.66		200m: 3:48.79	33.08			33.08	
29.			2011 I		Swim Team			+0,50	3:50.94 I				-
	25m: 21.12	21.12	75m: 1:15.60	27.92	125m: 2:17.23	31.66		175m: 3:20.27	31.02			31.02	
	50m: 47.68	26.56	100m: 1:45.57	29.97	150m: 2:49.25	32.02		200m: 3:50.94	30.67			30.67	
DSQ			2013 III		" "								-