

03.11.2024

, 200m

9 - 13

R.T.

(9-10)

1.			2014	III	"	"						3:27.60	I	60,00
	25m:	19.92	19.92	75m:	1:11.27	26.35	125m:	2:05.88	27.19	175m:	3:02.70	28.96		
	50m:	44.92	25.00	100m:	1:38.69	27.42	150m:	2:33.74	27.86	200m:	3:27.60	24.90		
2.			2014	I	3	"						3:47.44	II	52,00
	25m:	23.60	23.60	75m:	1:21.31	29.21	125m:	2:19.67	28.92	175m:	3:18.79	28.93		
	50m:	52.10	28.50	100m:	1:50.75	29.44	150m:	2:49.86	30.19	200m:	3:47.44	28.65		
3.			2014	I								4:12.11	II	45,00
	25m:	22.40	22.40	75m:	1:19.30	30.21	125m:	2:25.35	34.28	175m:	3:37.76	36.84		
	50m:	49.09	26.69	100m:	1:51.07	31.77	150m:	3:00.92	35.57	200m:	4:12.11	34.35		

(11-13)

1.			2011	I	10	"				+0,76	2:23.84			60,00
	25m:	13.98	13.98	75m:	48.19	17.52	125m:	1:24.71	18.36	175m:	2:04.11	20.02		
	50m:	30.67	16.69	100m:	1:06.35	18.16	150m:	1:44.09	19.38	200m:	2:23.84	19.73		
2.			2011		"	"				+0,66	2:35.85	I		52,00
	25m:	14.37	14.37	75m:	50.30	18.61	125m:	1:29.82	20.48	175m:	2:14.05	22.56		
	50m:	31.69	17.32	100m:	1:09.34	19.04	150m:	1:51.49	21.67	200m:	2:35.85	21.80		
3.			2012	I	"	"				+0,74	2:48.78	I		45,00
	25m:	17.05	17.05	75m:	58.69	22.05	125m:	1:42.25	21.81	175m:	2:27.18	44.93		
	50m:	36.64	19.59	100m:	1:20.44	21.75	150m:	2:09.77	24.78	200m:	2:48.78	21.60		
4.			2011	I	KAZ					+0,75	2:58.91	III		41,00
	25m:	15.79	15.79	75m:	57.30	21.84	125m:	1:44.99	24.76	175m:	2:34.39	24.62		
	50m:	35.46	19.67	100m:	1:20.23	22.93	150m:	2:09.77	24.78	200m:	2:58.91	24.52		
5.			2012		KAZ					+0,54	3:00.18	III		37,00
	25m:	16.37	16.37	75m:	59.63	22.64	125m:	1:47.27	24.46	175m:	2:36.28	24.38		
	50m:	36.99	20.62	100m:	1:22.81	23.18	150m:	2:11.90	24.63	200m:	3:00.18	23.90		
6.			2012	I	"	"						3:01.01	III	33,00
	25m:	17.67	17.67	75m:	2:38.86	1:59.63	150m:	2:16.59	49.52	175m:	-	-		
	50m:	39.23	21.56	100m:	1:27.07	20.00	200m:	3:01.01	44.42	200m:	3:01.01	44.42		
7.			2013	III	"	"				+0,70	3:25.61	I		30,00
	25m:	18.60	18.60	75m:	1:04.85	24.32	125m:	2:00.06	28.72	175m:	2:56.99	28.26		
	50m:	40.53	21.93	100m:	1:31.34	26.49	150m:	2:28.73	28.67	200m:	3:25.61	28.62		
8.			2011	I								3:29.55	I	27,00
	25m:	16.67	16.67	75m:	59.83	22.64	125m:	1:54.91	29.79	175m:	2:57.59	31.50		
	50m:	37.19	20.52	100m:	1:25.12	25.29	150m:	2:26.09	31.18	200m:	3:29.55	31.96		
9.			2013	I	"	"				+0,75	3:44.19	I		24,00
	25m:	18.52	18.52	75m:	1:10.99	28.05	125m:	2:12.06	30.81	175m:	3:14.34	31.14		
	50m:	42.94	24.42	100m:	1:41.25	30.26	150m:	2:43.20	31.14	200m:	3:44.19	29.85		