

03.11.2024

, 100m

										R.T.		
(14-15 )												
1.	25m: 14.42	14.42	2009	50m: 30.09	15.67	75m: 46.59	16.50	+0,70	<b>1:02.79</b>	16.20	60,00	
2.	25m: 15.73	15.73	2009	50m: 32.24	16.51	75m: 48.75	16.51	+0,68	<b>1:05.23</b>	16.48	52,00	
3.	25m: 15.32	15.32	2010	50m: 32.22	16.90	75m: 49.11	16.89	+0,60	<b>1:05.46</b>	16.35	45,00	
4.	25m: 15.48	15.48	2009	50m: 31.74	16.26	75m: 48.37	16.63	+0,69	<b>1:05.48</b>	17.11	41,00	
5.	25m: 15.35	15.35	2009	50m: 31.88	16.53	75m: 49.29	17.41	+0,68	<b>1:06.14</b>	16.85	37,00	
6.	25m: 15.22	15.22	2009	50m: 31.40	16.18	75m: 48.46	17.06	+0,79	<b>1:06.18</b>	17.72	33,00	
7.	25m: 15.70	15.70	2009	50m: 32.36	16.66	75m: 49.56	17.20	+0,61	<b>1:06.65</b>	17.09	30,00	
8.	25m: 15.64	15.64	2010	50m: 32.52	16.88	75m: 49.75	17.23	+0,61	<b>1:07.02</b>	17.27	27,00	
9.	25m: 15.68	15.68	2009	50m: 32.50	16.82	75m: 49.99	17.49	+0,65	<b>1:07.79</b>	17.80	24,00	
10.	25m: 16.02	16.02	2010	50m: 32.90	16.88	75m: 51.35	18.45	+0,67	<b>1:09.28</b>	17.93	22,00	
11.	25m: 16.07	16.07	2010	50m: 33.67	17.60	75m: 52.02	18.35	+0,75	<b>1:09.82</b>	17.80	20,00	
12.	25m: 15.98	15.98	2009	50m: 32.95	16.97	75m: 51.31	18.36	+0,75	<b>1:10.01</b>	18.70	18,00	
13.	25m: 16.66	16.66	2009	50m: 34.38	17.72	75m: 52.41	18.03	+0,75	<b>1:10.16</b>	17.75	16,00	
14.	25m: 16.19	16.19	2009	50m: 33.35	17.16	75m: 51.92	18.57	+0,77	<b>1:10.33</b>	18.41	14,00	
15.	25m: 16.25	16.25	2010	50m: 33.75	17.50	75m: 52.42	18.67	+0,74	<b>1:10.80</b>	18.38	12,00	
16.	25m: 16.58	16.58	2010	50m: 34.54	17.96	75m: 52.97	18.43	+0,71	<b>1:10.88</b>	17.91	10,00	
17.	25m: 16.92	16.92	2010	50m: 34.07	17.15	75m: 52.34	18.27	+0,73	<b>1:10.97</b>	18.63	9,00	
18.	25m: 16.93	16.93	2010	50m: 34.30	17.37	75m: 52.69	18.39	+0,80	<b>1:11.37</b>	18.68	8,00	
19.	25m: 16.90	16.90	2010	50m: 34.41	17.51	75m: 52.91	18.50	+0,68	<b>1:11.68</b>	18.77	7,00	
20.	25m: 16.95	16.95	2010	50m: 34.96	18.01	75m: 53.66	18.70	+0,71	<b>1:12.72</b>	19.06	6,00	
21.	25m: 16.39	16.39	2010	50m: 34.64	18.25	75m: 53.79	19.15	+0,65	<b>1:13.03</b>	19.24	5,00	
22.	25m: 16.28	16.28	2010	50m: 34.61	18.33	75m: 54.07	19.46	+0,78	<b>1:13.19</b>	19.12	4,00	
23.	25m: 18.79	18.79	2010	75m: 54.93	36.14	100m: 1:13.71	18.78	+0,43	<b>1:13.71</b>	-	3,00	
24.	25m: 16.53	16.53	2010	50m: 34.74	18.21	75m: 54.37	19.63	+0,68	<b>1:13.82</b>	19.45	2,00	
25.	25m: 16.69	16.69	2009	50m: 34.51	17.82	75m: 54.36	19.85	+0,69	<b>1:15.20</b>	20.84	1,00	
26.	25m: 16.98	16.98	2010	50m: 35.92	18.94	75m: 55.96	20.04	+0,67	<b>1:15.32</b>	19.36	-	
27.	25m: 18.15	18.15	2010	75m: 57.50	39.35	100m: 1:16.71	19.21	+0,78	<b>1:16.71</b>	-	-	

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<https://swim4you.ru/>

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OMEGA ARES 21

45, , 100m , (14-15 )

										R.T.				
28.				2009	III	"	"	-			+0,85	<b>1:22.92</b>	III	-
	25m:	19.53	19.53	50m:	39.84	20.31	75m:	1:01.49	21.65	100m:	1:22.92	21.43		
29.				2010	III	"	"	-			+0,70	<b>1:27.00</b>	III	-
	25m:	20.15	20.15	50m:	41.59	21.44	75m:	1:04.03	22.44	100m:	1:27.00	22.97		

(16-18 )

1.				2008	I	"	"	-			+0,63	<b>1:06.11</b>		60,00
	25m:	15.07	15.07	50m:	31.53	16.46	75m:	48.83	17.30	100m:	1:06.11	17.28		
2.				2007		"	"	-			+0,58	<b>1:06.59</b>		52,00
	25m:	15.13	15.13	50m:	31.49	16.36	75m:	48.79	17.30	100m:	1:06.59	17.80		
3.				2007		"	"	-			+0,69	<b>1:06.82</b>		45,00
	25m:	15.78	15.78	50m:	32.48	16.70	75m:	49.78	17.30	100m:	1:06.82	17.04		
4.				2008		"	"	-			+0,69	<b>1:08.42</b>		41,00
	25m:	16.05	16.05	50m:	33.11	17.06	75m:	50.94	17.83	100m:	1:08.42	17.48		
5.				2007	I	"	"	-			+0,68	<b>1:15.50</b>	I	37,00
	25m:	17.59	17.59	50m:	35.87	18.28	75m:	55.54	19.67	100m:	1:15.50	19.96		
6.				2008	III	"	"	-			+0,66	<b>1:29.33</b>	III	33,00
	50m:	43.12	43.12	100m:	1:29.33	46.21								
19														
1.	JO Yu Mi			2004	PRK	"	"	-			+0,72	<b>1:07.96</b>		60,00
	25m:	16.08	16.08	50m:	33.15	17.07	75m:	50.72	17.57	100m:	1:07.96	17.24		
2.				2002	I	"	"	-			+0,67	<b>1:12.56</b>	I	52,00
	25m:	16.42	16.42	50m:	34.72	18.30	75m:	53.70	18.98	100m:	1:12.56	18.86		