

02.11.2024 9 , 200m 9 - 13

							R.T.					
	(9-10)											
1.	25m: 19.98 50m: 42.05	19.98 22.07	2014 III	75m: 1:04.63 100m: 1:27.39	22.58 22.76	" "	125m: 1:50.42 150m: 2:14.01	23.03 23.59	175m: 2:36.35 200m: 2:57.75	22.34 21.40	60,00	
2.	25m: 19.61 50m: 41.70	19.61 22.09	2014 III	75m: 1:04.56 100m: 1:28.01	22.86 23.45	" "	125m: 1:50.49 150m: 2:14.00	22.48 23.51	+0,70 175m: 2:36.61 200m: 2:58.72	22.61 22.11	52,00	
3.	25m: 19.75 50m: 42.28	19.75 22.53	2015 I	75m: 1:05.65 100m: 1:29.65	23.37 24.00	1	125m: 1:52.83 150m: 2:15.89	23.18 23.06	+0,74 175m: 2:38.70 200m: 2:58.78	22.81 20.08	45,00	
4.	25m: 19.51 50m: 41.37	19.51 21.86	2014 III	75m: 1:04.73 100m: 1:28.80	23.36 24.07	MY CHAMPS	125m: 1:50.42 150m: 2:14.01	23.03 23.59	+0,72 175m: 2:36.35 200m: 2:57.75	22.34 21.40	41,00	
5.	25m: 20.58 50m: 43.45	20.58 22.87	2014 III	75m: 1:06.93 100m: 1:30.88	23.48 23.95		125m: 1:56.55 150m: 2:21.46	25.67 24.91	+0,67 175m: 2:47.68 200m: 3:10.70	26.22 23.02	37,00	
6.	25m: 21.55 50m: 45.91	21.55 24.36	2014 III	75m: 1:10.38 100m: 1:35.28	24.47 24.90		125m: 2:00.94 150m: 2:25.98	25.66 25.04	+0,75 175m: 2:50.52 200m: 3:12.56	24.54 22.04	33,00	
7.	25m: 21.59 50m: 46.58	21.59 24.99	2014 I	75m: 1:12.27 100m: 1:37.93	25.69 25.66	" "	125m: 2:02.03 150m: 2:27.11	24.10 25.08	+0,68 175m: 2:52.53 200m: 3:15.75	25.42 23.22	30,00	
8.	25m: 22.92 50m: 48.58	22.92 25.66	2014 I	75m: 1:13.39 100m: 1:39.25	24.81 25.86	3 "	125m: 2:05.50 150m: 2:31.10	26.25 25.60	175m: 2:56.45 200m: 3:20.17	25.35 23.72	27,00	
9.	25m: 24.05 50m: 48.19	24.05 24.14	2015 I	75m: 1:13.47 100m: 1:39.71	25.28 26.24	" "	125m: 2:06.55 150m: 2:33.52	26.84 26.97	+0,63 175m: 3:00.60 200m: 3:26.98	27.08 26.38	24,00	
10.	25m: 22.75 50m: 47.09	22.75 24.34	2014 I	75m: 1:12.81 100m: 1:39.33	25.72 26.52	3 "	125m: 2:06.25 150m: 2:34.10	26.92 27.85	+0,80 175m: 3:00.77 200m: 3:27.16	26.67 26.39	22,00	
11.	25m: 22.56 50m: 47.44	22.56 24.88	2014 I	75m: 1:14.06 100m: 1:41.42	26.62 27.36	" "	125m: 2:08.27 150m: 2:35.66	26.85 27.39	+0,70 175m: 3:02.48 200m: 3:27.82	26.82 25.34	20,00	
12.	25m: 21.64 50m: 47.48	21.64 25.84	2014 I	75m: 1:14.82 100m: 1:41.88	27.34 27.06	3 "	125m: 2:08.65 150m: 2:35.90	26.77 27.25	+0,73 175m: 3:03.64 200m: 3:29.58	27.74 25.94	18,00	
13.	25m: 24.65 50m: 51.24	24.65 26.59	2014 I	75m: 1:18.43 100m: 1:46.78	27.19 28.35	" "	125m: 2:13.77 150m: 2:40.53	26.99 26.76	+0,81 175m: 3:06.78 200m: 3:33.13	26.25 26.35	16,00	
14.	25m: 25.01 50m: 53.62	25.01 28.61	2015 II	75m: 1:23.16 100m: 1:53.18	29.54 30.02	5 "	125m: 2:24.78 150m: 2:54.84	31.60 30.06	+1,21 175m: 3:24.95 200m: 3:52.22	30.11 27.27	14,00	
15.	25m: 26.76 50m: 54.88	26.76 28.12	2015 I	75m: 1:24.98 125m: 2:26.72	30.10 1:01.74	5 "	150m: 2:57.47 175m: 3:29.97	30.75 32.50	200m: 3:58.62	28.65	12,00	
16.	25m: 27.45 50m: 1:58.53	27.45 1:31.08	2015 II	75m: 1:26.64 125m: 2:28.93	30.02 1:02.29	5 "	150m: 3:02.16 175m: 3:32.56	33.23 30.40	+1,20 200m: 4:05.43	32.87	10,00	
17.	25m: 24.54 50m: 55.31	24.54 30.77	2015 II	75m: 1:22.96 100m: 1:56.93	27.65 33.97	5 "	125m: 2:28.57 175m: 3:32.92	31.64 1:04.35	+1,01 200m: 4:05.93	33.01	9,00	
18.	25m: 1:26.74 50m: 55.76	1:26.74	2014 II	100m: 1:59.07 125m: 2:29.63	1:03.31 30.56	5 "	175m: 3:35.98 200m: 4:07.87	1:06.35 31.89	+0,82 200m: 4:31.02		8,00	
19.	25m: 28.02 75m: 1:34.24	28.02 1:06.22	2014 II	100m: 2:12.28 125m: 2:48.54	38.04 36.26	5 "	150m: 3:22.96 175m: 3:57.77	34.42 34.81	+0,86 200m: 4:31.02	33.25	7,00	
DSQ			2015 I		3 "	" "					-	



9, , 200m

(11-13)

1.				2011	"	"					+0,58	2:23.96		60,00	
	25m:	16.13	16.13	75m:	51.09	17.80	125m:	1:27.47	18.34	175m:	2:05.23	18.89			
	50m:	33.29	17.16	100m:	1:09.13	18.04	150m:	1:46.34	18.87	200m:	2:23.96	18.73			
2.				2011							+0,68	2:26.88	I	52,00	
	25m:	16.06	16.06	75m:	52.61	18.24	125m:	1:30.17	19.05	175m:	2:08.62	18.88			
	50m:	34.37	18.31	100m:	1:11.12	18.51	150m:	1:49.74	19.57	200m:	2:26.88	18.26			
3.				2011	I	10	"	"			+0,80	2:27.36	I	45,00	
	25m:	16.53	16.53	75m:	52.67	18.25	125m:	1:30.53	19.15	175m:	2:08.91	19.00			
	50m:	34.42	17.89	100m:	1:11.38	18.71	150m:	1:49.91	19.38	200m:	2:27.36	18.45			
4.				2011		"	"	-			+0,67	2:30.25	I	41,00	
	25m:	16.18	16.18	75m:	52.82	18.76	125m:	1:32.19	19.91	175m:	2:11.89	19.64			
	50m:	34.06	17.88	100m:	1:12.28	19.46	150m:	1:52.25	20.06	200m:	2:30.25	18.36			
5.				2013	I						+0,86	2:31.31	I	37,00	
	25m:	16.43	16.43	75m:	53.96	18.86	125m:	1:33.41	19.61	175m:	2:12.52	19.05			
	50m:	35.10	18.67	100m:	1:13.80	19.84	150m:	1:53.47	20.06	200m:	2:31.31	18.79			
6.				2011	I						+0,61	2:37.56	I	33,00	
	50m:	36.57	36.57	100m:	1:16.44	20.16	200m:	2:37.56	40.23						
	75m:	56.28	19.71	150m:	1:57.33	40.89									
7.				2011	III	1							2:39.29	I	30,00
	25m:	17.36	17.36	75m:	56.52	19.75	125m:	1:37.52	20.61	175m:	2:19.59	20.83			
	50m:	36.77	19.41	100m:	1:16.91	20.39	150m:	1:58.76	21.24	200m:	2:39.29	19.70			
8.				2011	I		"	"			+0,80	2:39.85	I	27,00	
	25m:	18.33	18.33	75m:	57.92	20.13	125m:	1:38.99	20.28	175m:	2:20.20	20.63			
	50m:	37.79	19.46	100m:	1:18.71	20.79	150m:	1:59.57	20.58	200m:	2:39.85	19.65			
9.				2011	I	1					+0,76	2:41.18	I	24,00	
	25m:	17.60	17.60	75m:	56.24	19.70	125m:	1:37.25	20.53	175m:	2:19.99	21.32			
	50m:	36.54	18.94	100m:	1:16.72	20.48	150m:	1:58.67	21.42	200m:	2:41.18	21.19			
10.				2011	I		"	"			+1,50	2:42.70	I	22,00	
	25m:	16.86	16.86	75m:	55.69	20.05	125m:	1:38.77	22.04	175m:	2:22.72	21.97			
	50m:	35.64	18.78	100m:	1:16.73	21.04	150m:	2:00.75	21.98	200m:	2:42.70	19.98			
11.				2011	III		"	"			+1,46	2:47.90	II	20,00	
	25m:	18.13	18.13	75m:	58.97	38.74	150m:	1:20.49	31.21	175m:	2:47.90	1:04.55			
	50m:	20.23	2.10	100m:	49.28		175m:	1:43.35	22.86	200m:					
12.				2013	I		"	"			+0,81	2:49.35	I	18,00	
	25m:	19.55	19.55	75m:	1:01.92	21.62	125m:	1:45.98	22.12	175m:	2:29.16	21.34			
	50m:	40.30	20.75	100m:	1:23.86	21.94	150m:	2:07.82	21.84	200m:	2:49.35	20.19			
13.				2013	III		"	"			+0,89	2:59.09	III	16,00	
	25m:	19.15	19.15	125m:	1:48.57	45.73	200m:	2:59.09	24.48						
	75m:	1:02.84	43.69	175m:	2:34.61	46.04									
14.				2013	III		"	"			+0,76	3:04.08	III	14,00	
	25m:	19.84	19.84	75m:	1:04.84	23.24	125m:	1:52.52	23.39	175m:	2:41.61	24.10			
	50m:	41.60	21.76	100m:	1:29.13	24.29	150m:	2:17.51	24.99	200m:	3:04.08	22.47			
15.				2011	III	3					+0,89	3:05.77	III	12,00	
	25m:	21.30	21.30	75m:	1:07.51	23.17	125m:	1:54.90	23.75	175m:	2:43.49	24.11			
	50m:	44.34	23.04	100m:	1:31.15	23.64	150m:	2:19.38	24.48	200m:	3:05.77	22.28			
16.				2013	III	«	»				+0,89	3:08.35	III	10,00	
	50m:	40.85	40.85	100m:	1:29.40	23.86	150m:	2:20.05	25.23	175m:	3:08.35	48.30			
	75m:	1:05.54	24.69	125m:	1:54.82	25.42	200m:	3:08.35							
17.				2012	III		"	"			+0,74	3:17.37	I	9,00	
	25m:	21.87	21.87	75m:	1:11.80	25.70	125m:	2:02.05	25.40	175m:	2:54.14	26.53			
	50m:	46.10	24.23	100m:	1:36.65	24.85	150m:	2:27.61	25.56	200m:	3:17.37	23.23			
18.				2013	I		"	"			+0,78	3:19.93	I	8,00	
	25m:	22.79	22.79	75m:	1:12.29	25.09	125m:	2:03.61	25.16	175m:	2:55.30	25.67			
	50m:	47.20	24.41	100m:	1:38.45	26.16	150m:	2:29.63	26.02	200m:	3:19.93	24.63			
DSQ				2013	I		"	"					I	-	