

04.11.2024	54	, 400m	9 - 13
Mad Wave Challenge 13	4:15.54		04.11.2023
Mad Wave Challenge 12	4:30.85		04.11.2023
Mad Wave Challenge 11	4:36.98		26.11.2020
Mad Wave Challenge 10	5:14.12		06.05.2016
Mad Wave Challenge 9	6:48.05		10.03.2024

1 9		/		
3	2015	II	" "	7:50.00
4	2014	II	3 " "	7:20.00
5	2013	II	Swim Team	7:49.00
2 9				
0	2015	I	" "	7:05.00
1	2011	II	Swim Team	6:42.10
2	2015	I	" "	6:40.00
3	2014	I	" "	6:35.00
4	2014	I	" "	6:25.00
5	2014	I	" "	6:29.00
6	2014	I	" "	6:40.00
7	2014	I	" " "	6:40.00
8	2015	I	" "	7:00.00
9	2015	II	" "	7:07.68
3 9				
0	2014	I	" "	6:20.00
1	2015	I	" "	6:15.00
2	2014	I	" "	6:10.00
3	2014	I	" "	5:50.00
4	2015	I	" "	5:50.00
5	2014	I	" "	5:50.00
6	2012	III	" "	5:55.80
7	2015	I	" "	6:10.00
8	2015	I	" "	6:20.00
9	2013	I	" "	6:21.39
4 9				
0	2015	III	" "	5:46.00
1	2012	III	" "	5:44.91
2	2014	I	3	5:40.50
3	2013	III	" "	5:40.00
4	2013	III	" "	5:40.00
5	2013	I	" "	5:40.00
6	2014	I	3	5:40.00
7	2011	II	" "	5:41.35
8	2013	III	" "	5:45.00
9	2014	I	" "	5:48.02

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5 9						
0		2014	I			5:40.00
1		2012	III	"	"	5:38.10
2		2013	III	"	"	5:35.00
3		2013	I			5:35.00
4		2012	III	MY CHAMPS		5:30.00
5		2012	III	"	"	5:31.18
6		2012	I	"	"	5:35.00
7		2014	III	"	"	5:35.00
8		2014	III	1		5:39.00
9		2013	I			5:40.00
6 9						
0		2014	I	"	"	5:30.00
1		2014	III			5:26.00
2		2012	II			5:20.00
3		2012	II	10	"	5:18.00
4		2014	II	"	"	5:15.73
5		2012	II	"	"	5:15.83
6		2012	III	"	"	5:20.00
7		2013	II	"	"	5:20.00
8		2015	I	1		5:30.00
9		2012	III	10	"	5:30.00
7 9						
0		2012	II	"	"	5:11.97
1		2011	II	1		5:10.20
2		2012	III			5:10.00
3		2012	II	1		5:10.00
4		2012	II			5:08.42
5		2012	II			5:08.70
6		2012	II			5:10.00
7		2011	III			5:10.09
8		2014	II	MY CHAMPS		5:10.50
9		2011	I			5:15.00
8 9						
0		2011	II	3		5:05.64
1		2011	II			4:58.00
2		2011	II	"	"	4:53.58
3		2011	II			4:50.00
4		2011	II	"	"	4:50.00
5		2011	II	3		4:50.00
6		2011	II			4:53.00
7		2011	II			4:55.00
8		2011	I			5:00.00
9		2012	III	"	"	5:07.00

54, , 400m

	9	9						
0			2011	I	"	"	"	4:40.00
1			2011	II	"	"	"	4:35.00
2			2011	I	"	10	"	4:30.00
3			2011	II	"	"	"	4:30.00
4			2011		"	3	"	4:19.00
5			2011	II	"	"	"	4:25.00
6			2011	I	"	"	"	4:30.00
7			2011	I	"	"	"	4:30.00
8			2011	I	"	3	"	4:35.54
9			2014	II	"	"	"	4:43.00