

04.11.2024	58	, 400m	
Mad Wave Challenge 15	4:07.86		04.05.2018
Mad Wave Challenge 14	4:02.68		04.05.2018

<u>1 5</u>				
0	2008	II	Swim Team	6:12.25
1	2008	III	" "	5:43.00
2	2010	III	" "	5:15.00
3	2009	II	" "	5:10.00
4	2009	II	" " -	4:52.00
5	2010	II	" "	5:09.00
6	2010	II	" "	5:10.00
7	2010	II	" "	5:15.00
8	2007	III	Swim Team	6:10.00
9	KIM Ryong Hyon	2000		PRK NT

<u>2 5</u>				
0	2010	II	" "	4:50.00
1	2010	II	" "	4:48.00
2	2010	II	" "	4:45.00
3	2010	II	" "	4:43.00
4	2010		" "	4:40.00
5	2010	II	" "	4:40.00
6	2009	II	MY CHAMPS	4:43.50
7	2010	II	" "	4:45.50
8	2009	II	" "	4:48.00
9	2010	II	10 " "	4:50.00

<u>3 5</u>				
0	2010	I	1	4:32.49
1	2010	I	" "	4:30.00
2	2010	II	" "	4:28.00
3	2009	I	" "	4:26.00
4	2009		" "	4:25.05
5	2010	I	1	4:25.21
6	2010		" "	4:27.04
7	2008	I	" "	4:28.00
8	2007		" "	4:30.87
9	2010	I	" "	4:34.00

<u>4 5</u>				
0	2010	II	10 " "	4:23.10
1	2010		" "	4:22.00
2	2008	I	" "	4:20.00
3	2008	I	MY CHAMPS	4:18.50
4	2009	I	"SWIMMING STARS"	4:18.00
5	2008	I	MY CHAMPS	4:18.50
6	2008		" "	4:18.55
7	2009		" "	4:20.00
8	2009		" "	4:23.00
9	2008	I	" "	4:25.00

58, , 400m

		5	5				
0	2009	"	"	"	"	"	4:18.00
1	2010	"	"	"	"	"	4:17.00
2	2009		1				4:14.00
3	2003						4:10.47
4	2001			"	"	"	3:45.00
5	2010	"	"	"	"	-	4:08.90
6	2006						4:11.00
7	2009	"	"	"	"	"	4:15.00
8	2009	"	"	"	"	"	4:18.00
9	2009			"	"	"	4:18.00