

										R.T.		
1.			/	2009						+0,63	2:13.62	60,00
	25m:	14.88	14.88	75m:	48.13	17.14	125m:	1:22.37	17.07	175m:	1:56.95	17.34
	50m:	30.99	16.11	100m:	1:05.30	17.17	150m:	1:39.61	17.24	200m:	2:13.62	16.67
2.				2010			1			+0,56	2:21.29	52,00
	25m:	16.22	16.22	75m:	51.90	18.12	125m:	1:27.73	17.91	175m:	2:03.93	18.26
	50m:	33.78	17.56	100m:	1:09.82	17.92	150m:	1:45.67	17.94	200m:	2:21.29	17.36
3.				2009			1			+0,62	2:22.86	45,00
	25m:	16.17	16.17	75m:	51.41	18.01	125m:	1:27.97	18.37	175m:	2:04.83	18.59
	50m:	33.40	17.23	100m:	1:09.60	18.19	150m:	1:46.24	18.27	200m:	2:22.86	18.03
4.				2009		"	"			+0,67	2:23.16	41,00
	25m:	15.75	15.75	75m:	50.74	18.34	125m:	1:28.01	18.76	175m:	2:05.58	19.00
	50m:	32.40	16.65	100m:	1:09.25	18.51	150m:	1:46.58	18.57	200m:	2:23.16	17.58
5.				2010	I	"	"	"		+0,70	2:24.81	37,00
	25m:	16.09	16.09	75m:	51.85	18.42	125m:	1:28.87	18.42	175m:	2:06.48	18.80
	50m:	33.43	17.34	100m:	1:10.45	18.60	150m:	1:47.68	18.81	200m:	2:24.81	18.33
6.				2010		"	"	-		+0,84	2:25.83	33,00
	25m:	16.51	16.51	75m:	52.38	18.13	125m:	1:29.72	19.11	175m:	2:07.86	19.05
	50m:	34.25	17.74	100m:	1:10.61	18.23	150m:	1:48.81	19.09	200m:	2:25.83	17.97
7.				2009		"	"			+0,69	2:26.73	30,00
	25m:	16.04	16.04	75m:	52.19	18.58	125m:	1:30.20	19.28	175m:	2:08.43	19.32
	50m:	33.61	17.57	100m:	1:10.92	18.73	150m:	1:49.11	18.91	200m:	2:26.73	18.30
8.				2009		"	"			+0,62	2:27.60	27,00
	25m:	15.70	15.70	75m:	52.26	18.69	125m:	1:30.35	19.29	175m:	2:08.79	19.29
	50m:	33.57	17.87	100m:	1:11.06	18.80	150m:	1:49.50	19.15	200m:	2:27.60	18.81
9.				2009	I	"	"			+0,67	2:29.65	24,00
	25m:	16.95	16.95	75m:	54.63	19.04	125m:	1:32.87	18.99	175m:	2:11.15	19.05
	50m:	35.59	18.64	100m:	1:13.88	19.25	150m:	1:52.10	19.23	200m:	2:29.65	18.50
10.				2010	I	"	"			+0,62	2:30.05	22,00
	25m:	16.67	16.67	75m:	53.07	18.69	125m:	2:11.74	59.08	200m:	2:30.05	37.53
	50m:	34.38	17.71	100m:	1:12.66	19.59	150m:	1:52.52				
11.				2009	I	"	"			+0,73	2:30.50	20,00
	25m:	16.74	16.74	75m:	53.53	18.66	125m:	1:31.56	19.15	175m:	2:11.64	20.23
	50m:	34.87	18.13	100m:	1:12.41	18.88	150m:	1:51.41	19.85	200m:	2:30.50	18.86
12.				2010	I	"	"			+0,78	2:32.56	18,00
	25m:	16.26	16.26	75m:	53.17	18.86	125m:	1:32.24	19.81	175m:	2:13.39	21.02
	50m:	34.31	18.05	100m:	1:12.43	19.26	150m:	1:52.37	20.13	200m:	2:32.56	19.17
13.				2010	I	"	"			+0,65	2:32.67	16,00
	25m:	17.90	17.90	75m:	56.04	19.47	125m:	1:35.47	20.09	175m:	2:14.20	19.31
	50m:	36.57	18.67	100m:	1:15.38	19.34	150m:	1:54.89	19.42	200m:	2:32.67	18.47
14.				2010	I	"	"			+0,71	2:33.20	14,00
	25m:	17.35	17.35	75m:	55.25	19.57	125m:	1:35.30	20.32	175m:	2:14.84	19.85
	50m:	35.68	18.33	100m:	1:14.98	19.73	150m:	1:54.99	19.69	200m:	2:33.20	18.36
15.				2010	I	"	"			+0,70	2:33.29	12,00
	25m:	17.17	17.17	75m:	54.86	19.16	125m:	1:34.17	19.72	175m:	2:14.37	20.19
	50m:	35.70	18.53	100m:	1:14.45	19.59	150m:	1:54.18	20.01	200m:	2:33.29	18.92
16.				2009	I	"	"			+0,66	2:33.75	10,00
	25m:	16.63	16.63	75m:	53.92	19.26	150m:	1:54.39	41.04			
	50m:	34.66	18.03	100m:	1:13.35	19.43	200m:	2:33.75	39.36			
17.				2010	I	"	"			+0,58	2:34.43	9,00
	25m:	17.07	17.07	75m:	55.63	19.63	125m:	1:35.26	20.14	175m:	2:15.29	20.02
	50m:	36.00	18.93	100m:	1:15.12	19.49	150m:	1:55.27	20.01	200m:	2:34.43	19.14
18.				2010	I	"	1			+0,71	2:34.45	8,00
	25m:	17.10	17.10	75m:	55.46	19.71	125m:	1:35.25	20.09	175m:	2:15.37	20.24
	50m:	35.75	18.65	100m:	1:15.16	19.70	150m:	1:55.13	19.88	200m:	2:34.45	19.08
19.				2009	I	"	"			+0,71	2:36.07	7,00
	25m:	17.41	17.41	75m:	54.78	19.12	125m:	1:34.88	20.47	175m:	2:16.56	20.89
	50m:	35.66	18.25	100m:	1:14.41	19.63	150m:	1:55.67	20.79	200m:	2:36.07	19.51
20.				2010	I	"	"			+0,65	2:36.50	6,00
	25m:	17.39	17.39	75m:	55.62	19.53	125m:	1:35.64	20.60	175m:	2:16.78	20.86
	50m:	36.09	18.70	100m:	1:15.04	19.42	150m:	1:55.92	20.28	200m:	2:36.50	19.72
21.				2010	I	"	"			+0,62	2:37.79	5,00
	25m:	19.11	19.11	75m:	58.67	20.01	125m:	1:38.84	20.05	175m:	2:18.69	19.88
	50m:	38.66	19.55	100m:	1:18.79	20.12	150m:	1:58.81	19.97	200m:	2:37.79	19.10



19, , 200m , (14-15)

										R.T.		
22.	2010 I									+0,68	2:38.77	4,00
	25m:	17.75	17.75	75m:	57.03	20.19	125m:	1:38.36	20.87	175m:	2:19.80	20.79
	50m:	36.84	19.09	100m:	1:17.49	20.46	150m:	1:59.01	20.65	200m:	2:38.77	18.97
23.	2010 I									+0,73	2:39.42	3,00
	25m:	18.63	18.63	75m:	58.11	19.67	125m:	1:38.40	20.46	175m:	2:19.57	20.58
	50m:	38.44	19.81	100m:	1:17.94	19.83	150m:	1:58.99	20.59	200m:	2:39.42	19.85
24.	2009 I									+0,83	2:40.22	2,00
	25m:	19.66	19.66	75m:	59.74	20.34	125m:	1:40.02	20.22	175m:	2:20.76	20.30
	50m:	39.40	19.74	100m:	1:19.80	20.06	150m:	2:00.46	20.44	200m:	2:40.22	19.46
25.	2010 I									+0,72	2:42.54	1,00
	25m:	18.02	18.02	75m:	58.07	20.68	125m:	1:40.94	21.93	175m:	2:23.15	20.96
	50m:	37.39	19.37	100m:	1:19.01	20.94	150m:	2:02.19	21.25	200m:	2:42.54	19.39
26.	2009 I									+0,71	2:43.49	-
	25m:	18.82	18.82	75m:	58.76	20.51	125m:	1:40.48	21.17	175m:	2:23.00	21.32
	50m:	38.25	19.43	100m:	1:19.31	20.55	150m:	2:01.68	21.20	200m:	2:43.49	20.49
27.	2010 I									+0,79	2:49.13	-
	25m:	19.53	19.53	75m:	1:01.37	21.34	125m:	1:44.21	21.45	175m:	2:27.76	21.92
	50m:	40.03	20.50	100m:	1:22.76	21.39	150m:	2:05.84	21.63	200m:	2:49.13	21.37
28.	2009 I									+0,81	3:01.02	-
	25m:	20.47	20.47	75m:	1:04.77	22.72	125m:	1:51.28	23.54	175m:	2:38.29	23.50
	50m:	42.05	21.58	100m:	1:27.74	22.97	150m:	2:14.79	23.51	200m:	3:01.02	22.73