

09.03.2024

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, 200m

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		(9-10)		/				R.T.				
1.				2014 III		" "			+0,74	2:32.19	60,00	
	25m:	16.06	16.06	75m:	53.23	19.14	125m:	1:32.99	20.22	175m:	2:13.63	18.84
	50m:	34.09	18.03	100m:	1:12.77	19.54	150m:	1:53.79	20.80	200m:	2:32.19	18.56
2.				2014 III		" "			+0,82	2:37.03	52,00	
	25m:	15.98	15.98	75m:	54.80	20.67	125m:	1:36.56	21.46	175m:	2:17.86	20.12
	50m:	34.13	18.15	100m:	1:15.10	20.30	150m:	1:57.74	21.18	200m:	2:37.03	19.17
3.				2014 III		" "			+0,72	2:38.37	45,00	
	25m:	16.52	16.52	75m:	55.10	19.92	125m:	1:36.53	21.06	175m:	2:18.65	21.21
	50m:	35.18	18.66	100m:	1:15.47	20.37	150m:	1:57.44	20.91	200m:	2:38.37	19.72
4.				2014 I		" "			+0,61	2:41.69	41,00	
	25m:	17.30	17.30	75m:	58.83	21.32	125m:	1:40.93	20.45	175m:	2:22.53	20.15
	50m:	37.51	20.21	100m:	1:20.48	21.65	150m:	2:02.38	21.45	200m:	2:41.69	19.16
5.				2014 I		1			+0,69	2:45.13	37,00	
	25m:	17.74	17.74	75m:	59.62	21.99	125m:	1:42.72	21.31	175m:	2:26.09	21.56
	50m:	37.63	19.89	100m:	1:21.41	21.79	150m:	2:04.53	21.81	200m:	2:45.13	19.04
6.				2014 II		" "			+0,77	2:46.78	33,00	
	25m:	17.82	17.82	75m:	59.40	21.88	125m:	1:44.10	23.10	175m:	2:26.20	20.91
	50m:	37.52	19.70	100m:	1:21.00	21.60	150m:	2:05.29	21.19	200m:	2:46.78	20.58
7.				2014 I		" "			+0,90	2:48.93	30,00	
	25m:	18.16	18.16	75m:	59.67	21.47	125m:	1:43.11	22.02	175m:	2:27.80	23.14
	50m:	38.20	20.04	100m:	1:21.09	21.42	150m:	2:04.66	21.55	200m:	2:48.93	21.13
8.				2014 II		27			+0,69	2:58.40	27,00	
	25m:	17.77	17.77	75m:	1:01.55	22.96	125m:	1:48.70	23.56	175m:	2:36.16	24.19
	50m:	38.59	20.82	100m:	1:25.14	23.59	150m:	2:11.97	23.27	200m:	2:58.40	22.24
9.				2014 II		" "			+0,65	3:08.27	24,00	
	25m:	17.57	17.57	75m:	1:02.56	23.60	125m:	1:53.82	26.12	175m:	2:46.59	26.27
	50m:	38.96	21.39	100m:	1:27.70	25.14	150m:	2:20.32	26.50	200m:	3:08.27	21.68
10.				2015 I		" "			+0,82	3:13.87	22,00	
	25m:	19.39	19.39	75m:	1:05.91	24.08	125m:	1:56.52	25.64	175m:	2:48.72	25.83
	50m:	41.83	22.44	100m:	1:30.88	24.97	150m:	2:22.89	26.37	200m:	3:13.87	25.15
11.				2015 II		" "			+0,59	3:13.91	20,00	
	25m:	20.04	20.04	75m:	1:05.88	24.21	125m:	1:56.70	25.70	175m:	2:48.59	26.26
	50m:	41.67	21.63	100m:	1:31.00	25.12	150m:	2:22.33	25.63	200m:	3:13.91	25.32
12.				2014 I		" "			+0,73	3:16.91	18,00	
	25m:	20.47	20.47	75m:	1:09.81	25.38	125m:	2:01.30	26.15	175m:	2:51.97	25.21
	50m:	44.43	23.96	100m:	1:35.15	25.34	150m:	2:26.76	25.46	200m:	3:16.91	24.94
13.				2014 II		" "			+0,83	3:23.06	16,00	
	25m:	20.61	20.61	75m:	1:09.29	24.97	125m:	2:02.94	27.26	175m:	2:57.17	27.08
	50m:	44.32	23.71	100m:	1:35.68	26.39	150m:	2:30.09	27.15	200m:	3:23.06	25.89
14.				2014 II		" "			+0,74	3:25.05	14,00	
	25m:	20.86	20.86	75m:	1:10.54	25.06	125m:	2:06.84	28.92	175m:	3:01.49	26.79
	50m:	45.48	24.62	100m:	1:37.92	27.38	150m:	2:34.70	27.86	200m:	3:25.05	23.56
15.				2014 II		" "			+0,91	3:28.06	12,00	
	25m:	19.66	19.66	75m:	1:09.78	25.71	125m:	2:04.03	27.67	175m:	3:00.74	28.82
	50m:	44.07	24.41	100m:	1:36.36	26.58	150m:	2:31.92	27.89	200m:	3:28.06	27.32
16.				2015 II		" "			+0,75	3:32.18	10,00	
	25m:	20.16	20.16	75m:	1:12.44	27.78	125m:	2:09.22	29.13	175m:	3:05.73	28.71
	50m:	44.66	24.50	100m:	1:40.09	27.65	150m:	2:37.02	27.80	200m:	3:32.18	26.45
17.				2015 II		" "			+0,80	3:36.88	9,00	
	25m:	23.73	23.73	75m:	1:18.86	28.94	125m:	2:15.05	28.25	175m:	3:10.91	26.13
	50m:	49.92	26.19	100m:	1:46.80	27.94	150m:	2:44.78	29.73	200m:	3:36.88	25.97
DSQ				2015 I		" "					-	
DSQ				2014 II		" "					-	

4, , 200m

(11-13)

1.				2011	I	"	"			+0,77	2:07.71		60,00
	25m:	13.61	13.61	75m:	45.69	16.84	125m:	1:18.59	16.51	175m:	1:52.08	16.78	
	50m:	28.85	15.24	100m:	1:02.08	16.39	150m:	1:35.30	16.71	200m:	2:07.71	15.63	
2.				2011	I					+0,73	2:14.04		52,00
	25m:	14.35	14.35	75m:	47.52	17.20	125m:	1:22.42	17.76	175m:	1:57.43	17.40	
	50m:	30.32	15.97	100m:	1:04.66	17.14	150m:	1:40.03	17.61	200m:	2:14.04	16.61	
3.				2013	I	"	"			+0,75	2:14.08		45,00
	25m:	14.24	14.24	75m:	48.20	17.79	125m:	1:23.19	17.60	175m:	1:58.12	17.12	
	50m:	30.41	16.17	100m:	1:05.59	17.39	150m:	1:41.00	17.81	200m:	2:14.08	15.96	
4.				2011	I					+0,71	2:16.08		41,00
	25m:	14.29	14.29	75m:	47.93	17.32	125m:	1:23.05	17.79	175m:	1:58.71	17.91	
	50m:	30.61	16.32	100m:	1:05.26	17.33	150m:	1:40.80	17.75	200m:	2:16.08	17.37	
5.				2011	I	"	"			+0,60	2:17.19		37,00
	25m:	14.27	14.27	75m:	48.36	17.87	125m:	1:23.98	18.15	175m:	1:59.87	17.96	
	50m:	30.49	16.22	100m:	1:05.83	17.47	150m:	1:41.91	17.93	200m:	2:17.19	17.32	
6.				2013	III	"	"			+0,88	2:18.31		33,00
	25m:	15.21	15.21	75m:	49.38	17.67	125m:	1:25.90	18.43	175m:	2:01.86	18.15	
	50m:	31.71	16.50	100m:	1:07.47	18.09	150m:	1:43.71	17.81	200m:	2:18.31	16.45	
7.				2012	I	"	"			+0,69	2:18.98		30,00
	25m:	15.57	15.57	75m:	49.59	17.40	125m:	1:25.52	18.34	175m:	2:01.94	18.50	
	50m:	32.19	16.62	100m:	1:07.18	17.59	150m:	1:43.44	17.92	200m:	2:18.98	17.04	
8.				2012	I	"	"			+0,79	2:19.21		27,00
	25m:	14.71	14.71	75m:	48.52	17.56	125m:	1:24.59	18.24	175m:	2:01.84	18.45	
	50m:	30.96	16.25	100m:	1:06.35	17.83	150m:	1:43.39	18.80	200m:	2:19.21	17.37	
9.				2012	I	"	"			+0,70	2:21.92		24,00
	25m:	15.31	15.31	75m:	50.58	18.41	125m:	1:27.68	18.72	175m:	2:04.96	18.28	
	50m:	32.17	16.86	100m:	1:08.96	18.38	150m:	1:46.68	19.00	200m:	2:21.92	16.96	
10.				2011	III	"	"			+0,75	2:28.95		22,00
	25m:	15.43	15.43	75m:	52.58	19.16	125m:	1:30.80	19.25	175m:	2:10.23	19.11	
	50m:	33.42	17.99	100m:	1:11.55	18.97	150m:	1:51.12	20.32	200m:	2:28.95	18.72	
11.				2012	I	"	"			+0,78	2:29.91		20,00
	25m:	16.12	16.12	75m:	52.39	18.69	125m:	1:31.25	19.71	175m:	2:11.08	19.84	
	50m:	33.70	17.58	100m:	1:11.54	19.15	150m:	1:51.24	19.99	200m:	2:29.91	18.83	
12.				2013	III	"	"			+0,72	2:31.80		18,00
	25m:	16.62	16.62	75m:	53.67	19.03	125m:	1:32.88	19.91	175m:	2:12.98	20.26	
	50m:	34.64	18.02	100m:	1:12.97	19.30	150m:	1:52.72	19.84	200m:	2:31.80	18.82	
13.				2012	III	"	"			+0,88	2:31.89		16,00
	25m:	16.78	16.78	75m:	54.34	18.76	125m:	1:33.54	19.86	175m:	2:12.95	19.63	
	50m:	35.58	18.80	100m:	1:13.68	19.34	150m:	1:53.32	19.78	200m:	2:31.89	18.94	
14.				2013	III	"	"			+0,70	2:33.41		14,00
	25m:	16.48	16.48	75m:	53.71	19.23	125m:	1:34.37	20.69	175m:	2:15.51	19.98	
	50m:	34.48	18.00	100m:	1:13.68	19.97	150m:	1:55.53	21.16	200m:	2:33.41	17.90	
15.				2012	I	"	"			+0,71	2:34.92		12,00
	25m:	17.12	17.12	75m:	55.48	19.70	125m:	1:35.41	20.16	175m:	2:15.76	20.52	
	50m:	35.78	18.66	100m:	1:15.25	19.77	150m:	1:55.24	19.83	200m:	2:34.92	19.16	
16.				2013	III	"	"			+0,63	2:35.43		10,00
	25m:	16.77	16.77	75m:	55.50	19.87	125m:	1:35.58	20.17	175m:	2:16.56	20.63	
	50m:	35.63	18.86	100m:	1:15.41	19.91	150m:	1:55.93	20.35	200m:	2:35.43	18.87	
17.				2012	III	"	"			+0,89	2:35.57		9,00
	25m:	16.48	16.48	75m:	55.27	20.06	125m:	1:36.58	20.50	175m:	2:17.46	20.26	
	50m:	35.21	18.73	100m:	1:16.08	20.81	150m:	1:57.20	20.62	200m:	2:35.57	18.11	
18.				2012	I	"	"			+0,76	2:36.11		8,00
	25m:	16.44	16.44	75m:	55.36	19.97	125m:	1:36.23	20.54	175m:	2:16.56	20.32	
	50m:	35.39	18.95	100m:	1:15.69	20.33	150m:	1:56.24	20.01	200m:	2:36.11	19.55	
19.				2012	III	"	"			+0,73	2:36.72		7,00
	25m:	16.94	16.94	75m:	56.16	19.84	125m:	1:37.19	20.93	175m:	2:18.68	20.87	
	50m:	36.32	19.38	100m:	1:16.26	20.10	150m:	1:57.81	20.62	200m:	2:36.72	18.04	
20.				2012	III	"	"			+0,58	2:37.25		6,00
	25m:	16.30	16.30	75m:	55.51	20.49	125m:	1:36.13	20.75	175m:	2:17.96	21.23	
	50m:	35.02	18.72	100m:	1:15.38	19.87	150m:	1:56.73	20.60	200m:	2:37.25	19.29	
21.				2011	III	"	"			+0,81	2:37.28		5,00
	25m:	16.93	16.93	75m:	57.04	20.49	125m:	1:39.71	21.87	175m:	2:19.94	19.30	
	50m:	36.55	19.62	100m:	1:17.84	20.80	150m:	2:00.64	20.93	200m:	2:37.28	17.34	

		4, , 200m , (11-13)								R.T.		
22.			2011 III							+0,82	2:37.68	4,00
	25m:	17.15	75m:	56.70	20.18	125m:	1:36.51	20.20	175m:	2:18.37	21.40	
	50m:	36.52	100m:	1:16.31	19.61	150m:	1:56.97	20.46	200m:	2:37.68	19.31	
23.			2011 I			1				+0,75	2:38.34	3,00
	25m:	16.51	75m:	55.81	19.90	125m:	1:36.59	20.46	175m:	2:18.95	21.15	
	50m:	35.91	100m:	1:16.13	20.32	150m:	1:57.80	21.21	200m:	2:38.34	19.39	
24.			2011 III							+0,84	2:38.76	2,00
	25m:	15.65	75m:	52.38	18.83	125m:	1:32.81	20.05	175m:	2:17.52	23.02	
	50m:	33.55	100m:	1:12.76	20.38	150m:	1:54.50	21.69	200m:	2:38.76	21.24	
25.			2012 III							+0,79	2:39.13	1,00
	25m:	15.38	75m:	53.64	20.17	125m:	1:35.94	21.44	175m:	2:20.11	22.10	
	50m:	33.47	100m:	1:14.50	20.86	150m:	1:58.01	22.07	200m:	2:39.13	19.02	
26.			2012 I		1					+0,69	2:42.45	-
	25m:	17.01	75m:	54.63	19.64	125m:	1:36.95	21.19	175m:	2:22.26	22.34	
	50m:	34.99	100m:	1:15.76	21.13	150m:	1:59.92	22.97	200m:	2:42.45	20.19	
27.			2012 I			" "				+0,89	2:42.69	-
	25m:	16.82	75m:	56.60	20.96	125m:	1:40.05	22.21	175m:	2:22.82	21.26	
	50m:	35.64	100m:	1:17.84	21.24	150m:	2:01.56	21.51	200m:	2:42.69	19.87	
28.			2013 I		"Froka"					+0,55	2:44.47	-
	25m:	16.92	75m:	56.26	20.14	125m:	1:38.51	21.82	175m:	2:24.04	23.50	
	50m:	36.12	100m:	1:16.69	20.43	150m:	2:00.54	22.03	200m:	2:44.47	20.43	
29.			2012 I		1					+0,72	2:46.32	-
	25m:	16.32	75m:	57.76	22.04	125m:	1:42.29	22.24	175m:	2:26.21	21.98	
	50m:	35.72	100m:	1:20.05	22.29	150m:	2:04.23	21.94	200m:	2:46.32	20.11	
30.			2011 I							+0,68	2:50.26	-
	50m:	37.41	100m:	1:20.62	22.15	150m:	2:06.26	22.99	200m:	2:50.26	22.14	
	75m:	58.47	125m:	1:43.27	22.65	175m:	2:28.12	21.86				
31.			2013 I		" "					+0,84	2:51.25	-
	25m:	18.42	75m:	1:00.99	22.05	125m:	1:44.09	21.25	175m:	2:28.02	22.49	
	50m:	38.94	100m:	1:22.84	21.85	150m:	2:05.53	21.44	200m:	2:51.25	23.23	
32.			2011 I		1					+0,90	2:53.71	-
	25m:	18.08	75m:	59.65	21.46	125m:	1:44.20	22.73	175m:	2:32.51	24.77	
	50m:	38.19	100m:	1:21.47	21.82	150m:	2:07.74	23.54	200m:	2:53.71	21.20	
33.			2011 II		" "					+0,84	2:55.63	-
	25m:	18.00	75m:	58.96	20.67	125m:	1:44.77	23.03	175m:	2:33.77	24.29	
	50m:	38.29	100m:	1:21.74	22.78	150m:	2:09.48	24.71	200m:	2:55.63	21.86	
34.			2012 I		" "					+0,87	2:57.10	-
	25m:	18.88	75m:	1:02.46	22.35	125m:	1:49.32	24.28	175m:	2:35.57	22.79	
	50m:	40.11	100m:	1:25.04	22.58	150m:	2:12.78	23.46	200m:	2:57.10	21.53	
35.			2013 I		1					+0,83	2:57.18	-
	25m:	18.11	75m:	1:03.37	23.63	125m:	1:51.51	24.07	175m:	2:38.31	22.55	
	50m:	39.74	100m:	1:27.44	24.07	150m:	2:15.76	24.25	200m:	2:57.18	18.87	
36.			2013 I							+0,70	2:58.64	-
	25m:	18.72	75m:	1:02.62	22.97	125m:	1:49.70	24.22	175m:	2:37.79	23.89	
	50m:	39.65	100m:	1:25.48	22.86	150m:	2:13.90	24.20	200m:	2:58.64	20.85	
37.			2013 I							+1,03	2:58.72	-
	25m:	18.20	75m:	1:01.36	22.35	125m:	1:48.45	23.50	175m:	2:36.78	23.81	
	50m:	39.01	100m:	1:24.95	23.59	150m:	2:12.97	24.52	200m:	2:58.72	21.94	
38.			2011 II		" "					+0,94	2:59.83	-
	25m:	17.43	75m:	59.62	22.47	125m:	1:48.05	24.30	175m:	2:36.70	23.47	
	50m:	37.15	100m:	1:23.75	24.13	150m:	2:13.23	25.18	200m:	2:59.83	23.13	
39.			2012 I		" "					+0,96	3:01.70	-
	25m:	18.78	75m:	1:01.63	21.73	125m:	1:48.83	23.95	175m:	2:38.63	24.82	
	50m:	39.90	100m:	1:24.88	23.25	150m:	2:13.81	24.98	200m:	3:01.70	23.07	
40.			2012 I		" "					+0,79	3:19.46	-
	25m:	19.91	75m:	1:09.77	26.26	125m:	2:02.83	27.28	175m:	2:55.11	26.66	
	50m:	43.51	100m:	1:35.55	25.78	150m:	2:28.45	25.62	200m:	3:19.46	24.35	
DSQ			2011 I									-