

46 , 200m (14-15)
10.03.2024

										R.T.			
1.			/	2009	"	"				+0,73	2:32.04		60,00
	25m:	16.04	16.04	75m:	54.29	19.39	125m:	1:33.25	19.68	175m:	2:12.53	19.76	
	50m:	34.90	18.86	100m:	1:13.57	19.28	150m:	1:52.77	19.52	200m:	2:32.04	19.51	
2.				2010	"	"	-			+0,73	2:35.92		52,00
	25m:	16.46	16.46	75m:	55.90	19.89	125m:	1:35.97	20.10	175m:	2:16.39	20.07	
	50m:	36.01	19.55	100m:	1:15.87	19.97	150m:	1:56.32	20.35	200m:	2:35.92	19.53	
3.				2009	"SWIMMING STARS"	-				+0,76	2:38.93		45,00
	25m:	16.73	16.73	75m:	56.64	20.34	125m:	1:37.35	20.34	175m:	2:18.72	20.79	
	50m:	36.30	19.57	100m:	1:17.01	20.37	150m:	1:57.93	20.58	200m:	2:38.93	20.21	
4.				2009	"Froka"					+0,64	2:40.85		41,00
	25m:	17.02	17.02	75m:	57.19	20.39	125m:	1:38.64	20.75	175m:	2:20.54	20.87	
	50m:	36.80	19.78	100m:	1:17.89	20.70	150m:	1:59.67	21.03	200m:	2:40.85	20.31	
5.				2010						+0,71	2:45.10		37,00
	25m:	17.63	17.63	75m:	59.78	21.26	125m:	1:42.36	21.41	175m:	2:24.95	21.59	
	50m:	38.52	20.89	100m:	1:20.95	21.17	150m:	2:03.36	21.00	200m:	2:45.10	20.15	
6.				2010 I	"	"				+0,89	2:47.75		33,00
	25m:	17.84	17.84	75m:	59.67	21.62	125m:	1:43.11	21.85	175m:	2:25.98	21.57	
	50m:	38.05	20.21	100m:	1:21.26	21.59	150m:	2:04.41	21.30	200m:	2:47.75	21.77	
7.				2010 I						+0,72	2:48.03		30,00
	25m:	17.52	17.52	75m:	1:01.20	21.98	125m:	1:44.99	21.97	175m:	2:27.49	21.00	
	50m:	39.22	21.70	100m:	1:23.02	21.82	150m:	2:06.49	21.50	200m:	2:48.03	20.54	
8.				2010 I						+0,71	2:49.51		27,00
	25m:	17.22	17.22	75m:	59.75	21.62	125m:	1:43.24	22.09	175m:	2:27.34	22.13	
	50m:	38.13	20.91	100m:	1:21.15	21.40	150m:	2:05.21	21.97	200m:	2:49.51	22.17	
9.				2010 I	"	"				+0,65	2:50.24		24,00
	25m:	16.92	16.92	75m:	58.74	21.47	125m:	1:42.59	22.23	175m:	2:27.73	22.63	
	50m:	37.27	20.35	100m:	1:20.36	21.62	150m:	2:05.10	22.51	200m:	2:50.24	22.51	
10.				2010 I	"	"				+0,75	2:51.62		22,00
	25m:	18.51	18.51	75m:	1:02.11	22.06	125m:	1:46.18	22.15	175m:	2:29.82	21.66	
	50m:	40.05	21.54	100m:	1:24.03	21.92	150m:	2:08.16	21.98	200m:	2:51.62	21.80	
11.				2010 I						+0,78	2:53.01		20,00
	25m:	18.76	18.76	75m:	1:02.52	22.29	125m:	1:46.92	22.43	175m:	2:31.74	22.83	
	50m:	40.23	21.47	100m:	1:24.49	21.97	150m:	2:08.91	21.99	200m:	2:53.01	21.27	
12.				2009	"	"				+0,70	2:53.99		18,00
	25m:	18.79	18.79	75m:	1:04.18	23.05	125m:	1:49.05	22.31	175m:	2:33.03	21.88	
	50m:	41.13	22.34	100m:	1:26.74	22.56	150m:	2:11.15	22.10	200m:	2:53.99	20.96	
13.				2010 I						+0,76	2:57.17		16,00
	25m:	18.37	18.37	75m:	1:01.82	22.36	125m:	1:47.86	23.45	175m:	2:34.56	23.37	
	50m:	39.46	21.09	100m:	1:24.41	22.59	150m:	2:11.19	23.33	200m:	2:57.17	22.61	
14.				2009 I	"	"				+0,82	3:01.71		14,00
	25m:	18.90	18.90	75m:	1:04.04	23.09	125m:	1:50.77	23.70	175m:	2:38.24	24.13	
	50m:	40.95	22.05	100m:	1:27.07	23.03	150m:	2:14.11	23.34	200m:	3:01.71	23.47	
15.				2009 I	"	"				+0,92	3:02.88		12,00
	25m:	20.12	20.12	75m:	1:06.12	23.46	125m:	1:52.58	23.36	175m:	2:39.35	23.44	
	50m:	42.66	22.54	100m:	1:29.22	23.10	150m:	2:15.91	23.33	200m:	3:02.88	23.53	
16.				2009 III	"	"				+1,07	3:32.72		10,00
	25m:	21.59	21.59	75m:	1:13.60	26.63	125m:	2:09.29	28.29	175m:	3:05.64	28.03	
	50m:	46.97	25.38	100m:	1:41.00	27.40	150m:	2:37.61	28.32	200m:	3:32.72	27.08	