

5
09.03.2024

, 200m

9 - 13

										R.T.			
(9-10)													
1.	50m: 40.70	40.70	2014 I	100m: 1:25.04	44.34	150m: 2:09.49	44.45	+0,58	2:50.59	41.10	60,00		
2.	25m: 21.36	21.36	2014 I	100m: 1:31.17	47.98	200m: 3:07.30	47.42	+0,70	3:07.30		52,00		
	50m: 43.19	21.83	150m: 2:19.88	48.71									
3.	25m: 19.62	19.62	2014 I	75m: 1:08.26	25.69	125m: 2:01.07	26.74	+0,64	3:12.08	23.40	45,00		
	50m: 42.57	22.95	100m: 1:34.33	26.07	150m: 2:26.77	25.70			175m: 2:50.17	21.91			
			200m: 3:12.08						200m: 3:12.08				
4.	25m: 22.45	22.45	2014 I	75m: 1:11.31	26.40	125m: 2:01.56	25.55	+0,74	3:16.52	25.90	41,00		
	50m: 44.91	22.46	100m: 1:36.01	24.70	150m: 2:27.10	25.54			175m: 2:53.00	23.52			
			200m: 3:16.52						200m: 3:16.52				
5.	25m: 22.80	22.80	2014 III	75m: 1:12.77	25.29	125m: 2:04.07	25.83	+0,66	3:18.85	24.67	37,00		
	50m: 47.48	24.68	100m: 1:38.24	25.47	150m: 2:29.99	25.92			175m: 2:54.66	24.19			
			200m: 3:18.85						200m: 3:18.85				
6.	25m: 21.74	21.74	2014 I	75m: 1:13.52	25.82	125m: 2:08.75	29.86	+0,72	3:29.66	28.59	33,00		
	50m: 47.70	25.96	100m: 1:38.89	25.37	150m: 2:35.17	26.42			175m: 3:03.76	25.90			
			200m: 3:29.66						200m: 3:29.66				
7.	25m: 24.78	24.78	2014 II	75m: 1:19.25	27.86	125m: 3:11.05	123.57	+0,91	3:37.65	53.48	30,00		
	50m: 51.39	26.61	100m: 1:47.48	28.23	150m: 2:44.17				200m: 3:37.65				
DSQ			2014 III		" "						-		
DSQ			2015 I		" "						-		
(11-13)													
1.	25m: 15.51	15.51	2011 III	75m: 50.34	17.99	125m: 1:26.62	18.50	+0,57	2:22.22	19.16	60,00		
	50m: 32.35	16.84	100m: 1:08.12	17.78	150m: 1:45.13	18.51			175m: 2:04.29	17.93			
			200m: 2:22.22						200m: 2:22.22				
2.	25m: 16.54	16.54	2011	75m: 53.29	18.85	125m: 1:30.57	18.34	+0,72	2:25.24	18.70	52,00		
	50m: 34.44	17.90	100m: 1:12.23	18.94	150m: 1:48.68	18.11			175m: 2:07.38	17.86			
			200m: 2:25.24						200m: 2:25.24				
3.	25m: 16.61	16.61	2012 I	75m: 53.09	18.86	125m: 1:31.15	19.58	+0,67	2:26.36	18.98	45,00		
	50m: 34.23	17.62	100m: 1:11.57	18.48	150m: 1:50.11	18.96			175m: 2:09.09	17.27			
			200m: 2:26.36						200m: 2:26.36				
4.	25m: 16.61	16.61	2011	75m: 54.19	19.40	125m: 1:32.37	19.38	+0,65	2:29.03	19.16	41,00		
	50m: 34.79	18.18	100m: 1:12.99	18.80	150m: 1:51.50	19.13			175m: 2:10.66	18.37			
			200m: 2:29.03						200m: 2:29.03				
5.	25m: 16.84	16.84	2011	75m: 54.85	19.53	125m: 1:34.12	19.87	+0,66	2:31.31	20.03	37,00		
	50m: 35.32	18.48	100m: 1:14.25	19.40	150m: 1:53.39	19.27			175m: 2:13.42	17.89			
			200m: 2:31.31						200m: 2:31.31				
6.	25m: 17.80	17.80	2012 I	75m: 56.70	19.94	125m: 1:37.82	20.83	+0,63	2:38.07	20.47	33,00		
	50m: 36.76	18.96	100m: 1:16.99	20.29	150m: 1:58.41	20.59			175m: 2:18.88	19.19			
			200m: 2:38.07						200m: 2:38.07				
7.	25m: 18.06	18.06	2011 I	75m: 57.61	20.30	125m: 1:39.27	21.33	+0,68	2:41.62	21.04	30,00		
	50m: 37.31	19.25	100m: 1:17.94	20.33	150m: 2:00.16	20.89			175m: 2:21.20	20.42			
			200m: 2:41.62						200m: 2:41.62				
8.	50m: 1:19.09	1:19.09	2012 I	75m: 58.60		150m: 2:02.43	1:03.83	+0,86	2:43.67	41.24	27,00		
			200m: 2:43.67						200m: 2:43.67				
9.	25m: 18.97	18.97	2012 I	75m: 1:01.14	21.29	125m: 1:44.43	21.90	+0,66	2:45.58	20.24	24,00		
	50m: 39.85	20.88	100m: 1:22.53	21.39	150m: 2:05.39	20.96			175m: 2:25.63	19.95			
			200m: 2:45.58						200m: 2:45.58				
10.	25m: 18.48	18.48	2012 III	75m: 1:00.26	21.41	125m: 1:44.47	22.30	+0,71	2:45.92	20.96	22,00		
	50m: 38.85	20.37	100m: 1:22.17	21.91	150m: 2:06.37	21.90			175m: 2:27.33	18.59			
			200m: 2:45.92						200m: 2:45.92				
11.	25m: 19.10	19.10	2012 I	75m: 1:01.52	21.97	125m: 1:44.84	22.03	+0,82	2:50.36	22.17	20,00		
	50m: 39.55	20.45	100m: 1:22.81	21.29	150m: 2:06.84	22.00			175m: 2:29.01	21.35			
			200m: 2:50.36						200m: 2:50.36				
12.	25m: 19.51	19.51	2013 III	75m: 1:03.43	23.19	125m: 1:50.16	23.73	+0,64	2:58.34	23.53	18,00		
	50m: 40.24	20.73	100m: 1:26.43	23.00	150m: 2:13.92	23.76			175m: 2:37.45	20.89			
			200m: 2:58.34						200m: 2:58.34				

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<https://swim4you.ru/>

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2024 .

OMEGA ARES 21

		5, , 200m , (11-13)						R.T.				
13.			/	2012 III						+0,85	3:01.28	16,00
	25m:	21.72	21.72	75m:	1:06.15	22.76	125m:	1:52.35	23.07	175m:	2:39.12	23.62
	50m:	43.39	21.67	100m:	1:29.28	23.13	150m:	2:15.50	23.15	200m:	3:01.28	22.16
14.				2013 III						+1,01	3:01.72	14,00
	25m:	21.21	21.21	75m:	1:05.49	22.65	125m:	1:52.57	23.95	175m:	2:40.42	24.20
	50m:	42.84	21.63	100m:	1:28.62	23.13	150m:	2:16.22	23.65	200m:	3:01.72	21.30
15.				2012 III			" "			+0,62	3:01.95	12,00
	25m:	19.48	19.48	75m:	1:04.01	22.93	125m:	1:51.13	24.03	175m:	2:39.15	23.57
	50m:	41.08	21.60	100m:	1:27.10	23.09	150m:	2:15.58	24.45	200m:	3:01.95	22.80
16.				2013 III			" "			+0,59	3:02.31	10,00
	25m:	20.62	20.62	75m:	1:06.17	23.33	125m:	1:53.73	23.98	175m:	2:41.04	23.35
	50m:	42.84	22.22	100m:	1:29.75	23.58	150m:	2:17.69	23.96	200m:	3:02.31	21.27
17.				2013 III			" "			+0,66	3:08.27	9,00
	25m:	20.43	20.43	75m:	1:06.37	23.61	125m:	1:54.63	24.29	175m:	2:44.14	23.98
	50m:	42.76	22.33	100m:	1:30.34	23.97	150m:	2:20.16	25.53	200m:	3:08.27	24.13
18.				2013 III			" "			+0,77	3:12.25	8,00
	25m:	22.00	22.00	75m:	1:10.24	24.58	125m:	2:00.74	25.21	175m:	2:49.30	24.61
	50m:	45.66	23.66	100m:	1:35.53	25.29	150m:	2:24.69	23.95	200m:	3:12.25	22.95
19.				2013 I			" "			+0,68	3:15.33	7,00
	25m:	20.84	20.84	75m:	1:07.41	24.05	125m:	1:59.98	27.49	175m:	2:51.88	26.06
	50m:	43.36	22.52	100m:	1:32.49	25.08	150m:	2:25.82	25.84	200m:	3:15.33	23.45
20.				2012 I			" "			+0,72	3:21.73	6,00
	25m:	21.96	21.96	75m:	1:10.86	25.35	125m:	2:56.36	1:20.20	175m:	3:21.73	52.96
	50m:	45.51	23.55	100m:	1:36.16	25.30	150m:	2:28.77		200m:		
DSQ				2012 I								-