

30	, 400m	9 - 13
10.03.2024		
Mad Wave Challenge 13	4:15.54	04.11.2023
Mad Wave Challenge 12	4:30.85	04.11.2023
Mad Wave Challenge 11	4:36.98	26.11.2020
Mad Wave Challenge 10	5:14.12	06.05.2016

<u>1 5</u>					
0	2015	I			7:00.00
1	2012	I	"	"	6:46.00
2	2015	II			6:42.00
3	2014	II			6:30.00
4	2014	I	"	"	6:05.00
5	2012	I	1		6:10.00
6	2014	I			6:32.00
7	2012	II	"	"	6:45.00
8	2014	I			6:55.00
9	2013	II	1		7:09.00

<u>2 5</u>					
0	2013	I	"	"	6:00.00
1	2012	I	"	"	5:56.00
2	2014	I			5:48.00
3	2012	I	"	"	5:44.44
4	2014	I	1		5:43.00
5	2012	III	"	"	5:44.00
6	2014	II	"	"	5:45.00
7	2012	I	"	"	5:54.00
8	2012	I	1		5:56.15
9	2013	I	"	"	6:05.00

<u>3 5</u>					
0	2011	I	1		5:40.00
1	2011	III	"	"	5:39.99
2	2012	III			5:39.00
3	2012	III			5:31.00
4	2012	III			5:30.00
5	2012	III			5:30.00
6	2014	III			5:37.00
7	2011	III	"	"	5:39.20
8	2014	III	"	"	5:40.00
9	2012	III	"	"	5:40.16

<u>4 5</u>					
0	2012	III	"	"	5:25.00
1	2013	III	"	"	5:22.10
2	2012	II			5:17.00
3	2011	III	"	"	5:15.00
4	2011	II			5:05.50
5	2012	II	4		5:09.00
6	2013	I	"	"	5:15.00
7	2011	I			5:17.02
8	2011	III			5:25.00
9	2011	III			5:30.00



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ

МЭД ВЭЙВ ЧЕЛЛЕНДЖ

1 ЭТАП РУЗА 9-10 МАРТА

2024



30, , 400m

	5	5						
0			2012	I	"	"	"	5:05.00
1			2013	III	"	"	"	5:00.00
2			2011	II				4:59.00
3			2011	II				4:50.00
4			2011	II	"	"		4:40.00
5			2011	II	"	"	"	4:47.00
6			2011	III	"	"	"	4:54.36
7			2011	II				5:00.00
8			2012	II				5:03.00
9			2012	II	"	"		5:05.00

