

5

, 400m

2004 - 2012

13.02.2021

: FINA 2021

R.T.

## 9-10

1.			2012 I							+0,74	<b>6:05.56</b>	III	270
	50m:	39.96	39.96	150m:	2:10.86	45.95	250m:	3:44.68	46.81	350m:	5:19.51	46.73	
	100m:	1:24.91	44.95	200m:	2:57.87	47.01	300m:	4:32.78	48.10	400m:	6:05.56	46.05	
2.			2011 I	"Konigsberg",						+0,64	<b>6:50.93</b>	I	190
	50m:	43.70	43.70	150m:	2:27.38	53.36	250m:	4:12.06	51.64	350m:	5:58.32	52.79	
	100m:	1:34.02	50.32	200m:	3:20.42	53.04	300m:	5:05.53	53.47	400m:	6:50.93	52.61	

## 11-12

1.			2009 II	" "	" "	-				+0,79	<b>4:53.90</b>	I	520
	50m:	33.01	33.01	150m:	1:46.05	36.98	250m:	3:01.61	37.67	350m:	4:17.43	37.84	
	100m:	1:09.07	36.06	200m:	2:23.94	37.89	300m:	3:39.59	37.98	400m:	4:53.90	36.47	
2.			2009 II	1,						+0,82	<b>4:58.62</b>	I	496
	50m:	34.35	34.35	150m:	1:50.33	37.78	250m:	3:06.48	38.04	350m:	4:22.40	37.76	
	100m:	1:12.55	38.20	200m:	2:28.44	38.11	300m:	3:44.64	38.16	400m:	4:58.62	36.22	
3.			2009 II	" "	" "					+0,83	<b>4:59.42</b>	I	492
	50m:	32.72	32.72	150m:	1:48.78	38.67	250m:	3:06.98	38.83	350m:	4:23.47	38.20	
	100m:	1:10.11	37.39	200m:	2:28.15	39.37	300m:	3:45.27	38.29	400m:	4:59.42	35.95	
4.			2009 II							+0,70	<b>5:04.60</b>	II	467
	50m:	33.62	33.62	150m:	1:51.19	39.57	250m:	3:11.27	40.31	350m:	4:29.42	38.17	
	100m:	1:11.62	38.00	200m:	2:30.96	39.77	300m:	3:51.25	39.98	400m:	5:04.60	35.18	
5.			2009 II	1,						+0,74	<b>5:05.97</b>	II	461
	50m:	34.91	34.91	150m:	1:52.00	39.11	250m:	3:10.61	39.35	350m:	4:29.05	39.35	
	100m:	1:12.89	37.98	200m:	2:31.26	39.26	300m:	3:49.70	39.09	400m:	5:05.97	36.92	
6.			2009 II	" "	" "					+0,80	<b>5:07.45</b>	II	454
	50m:	34.55	34.55	150m:	1:52.26	39.17	250m:	3:10.40	38.66	350m:	4:29.60	39.04	
	100m:	1:13.09	38.54	200m:	2:31.74	39.48	300m:	3:50.56	40.16	400m:	5:07.45	37.85	
7.			2009 III	1,						+0,71	<b>5:07.90</b>	II	452
	50m:	33.05	33.05	150m:	1:52.22	40.70	250m:	3:10.54	39.46	350m:	4:30.48	39.75	
	100m:	1:11.52	38.47	200m:	2:31.08	38.86	300m:	3:50.73	40.19	400m:	5:07.90	37.42	
8.			2009 II	"Marlin",						+0,81	<b>5:12.32</b>	II	433
	50m:	34.51	34.51	150m:	1:51.29	38.92	250m:	3:11.84	40.83	350m:	4:33.23	40.27	
	100m:	1:12.37	37.86	200m:	2:31.01	39.72	300m:	3:52.96	41.12	400m:	5:12.32	39.09	
9.			2009 I	1,						+0,67	<b>5:12.55</b>	II	433
	50m:	34.23	34.23	150m:	1:52.51	39.77	250m:	3:13.27	40.76	350m:	4:33.85	40.68	
	100m:	1:12.74	38.51	200m:	2:32.51	40.00	300m:	3:53.17	39.90	400m:	5:12.55	38.70	
10.			2010 II	" "	" "	-				+0,69	<b>5:14.60</b>	II	424
	50m:	35.23	35.23	150m:	1:56.21	40.78	250m:	3:17.24	40.48	350m:	4:38.18	39.92	
	100m:	1:15.43	40.20	200m:	2:36.76	40.55	300m:	3:58.26	41.02	400m:	5:14.60	36.42	
11.			2010 II	"Marlin",						+0,69	<b>5:15.62</b>	II	420
	50m:	34.50	34.50	150m:	1:52.69	39.80	250m:	3:14.35	41.00	350m:	4:36.34	40.55	
	100m:	1:12.89	38.39	200m:	2:33.35	40.66	300m:	3:55.79	41.44	400m:	5:15.62	39.28	
12.			2009 II	" "	" "	-				+0,88	<b>5:21.31</b>	II	398
	50m:	36.70	36.70	150m:	1:58.76	40.91	250m:	3:20.80	40.92	350m:	4:42.29	40.38	
	100m:	1:17.85	41.15	200m:	2:39.88	41.12	300m:	4:01.91	41.11	400m:	5:21.31	39.02	
13.			2010 III	" "	" "					+0,69	<b>5:28.79</b>	II	371
	50m:	37.23	37.23	150m:	2:00.02	41.64	250m:	3:25.59	41.96	350m:	4:49.54	41.87	
	100m:	1:18.38	41.15	200m:	2:43.63	43.61	300m:	4:07.67	42.08	400m:	5:28.79	39.25	

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2021

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5, , 400m						11-12				R.T.		
13.			2010 III							+0,62	<b>5:28.79</b> II	371
	50m: 36.01	36.01		150m: 1:59.25	41.82	250m: 3:25.57	43.56	350m: 4:50.15	42.18			
	100m: 1:17.43	41.42		200m: 2:42.01	42.76	300m: 4:07.97	42.40	400m: 5:28.79	38.64			
15.			2009 II		1,					+0,83	<b>5:34.04</b> II	354
	50m: 34.50	34.50		150m: 1:58.71	43.46	250m: 3:27.68	44.67	350m: 4:53.41	43.26			
	100m: 1:15.25	40.75		200m: 2:43.01	44.30	300m: 4:10.15	42.47	400m: 5:34.04	40.63			
16.			2009 II		"	"				+0,85	<b>5:35.35</b> II	350
	50m: 36.80	36.80		150m: 2:03.65	43.37	250m: 3:30.98	43.41	350m: 4:54.86	40.91			
	100m: 1:20.28	43.48		200m: 2:47.57	43.92	300m: 4:13.95	42.97	400m: 5:35.35	40.49			
17.			2009 III		"	"				+0,77	<b>5:38.76</b> II	340
	50m: 37.94	37.94		150m: 2:03.44	43.25	250m: 3:30.50	43.25	350m: 4:58.36	43.52			
	100m: 1:20.19	42.25		200m: 2:47.25	43.81	300m: 4:14.84	44.34	400m: 5:38.76	40.40			
18.			2010 III		1,					+0,86	<b>5:44.55</b> III	323
	50m: 38.04	38.04		150m: 2:04.88	44.15	250m: 3:34.95	44.79	350m: 5:04.36	44.92			
	100m: 1:20.73	42.69		200m: 2:50.16	45.28	300m: 4:19.44	44.49	400m: 5:44.55	40.19			
19.			2009 III		"	"				+0,88	<b>5:48.89</b> III	311
	50m: 35.27	35.27		150m: 2:00.96	44.52	300m: 4:18.67	1:32.17					
	100m: 1:16.44	41.17		200m: 2:46.50	45.54	400m: 5:48.89	1:30.22					
20.			2009 I		"	"				+0,83	<b>5:56.34</b> III	292
	50m: 35.95	35.95		150m: 2:05.30	45.69	250m: 3:39.06	47.02	350m: 5:13.44	47.08			
	100m: 1:19.61	43.66		200m: 2:52.04	46.74	300m: 4:26.36	47.30	400m: 5:56.34	42.90			
21.			2010 III		"	"				+0,68	<b>6:06.75</b> III	268
	50m: 39.14	39.14		150m: 2:13.36	47.84	250m: 3:49.29	47.51	350m: 5:22.77	46.10			
	100m: 1:25.52	46.38		200m: 3:01.78	48.42	300m: 4:36.67	47.38	400m: 6:06.75	43.98			
22.			2010 III		"	"				+0,96	<b>6:17.38</b> III	246
	50m: 40.07	40.07		150m: 2:16.48	48.25	250m: 3:53.58	48.22	350m: 5:31.44	48.31			
	100m: 1:28.23	48.16		200m: 3:05.36	48.88	300m: 4:43.13	49.55	400m: 6:17.38	45.94			
23.			2010 I							+0,83	<b>6:29.68</b> I	223
	50m: 41.82	41.82		150m: 2:21.92	50.48	250m: 4:00.63	50.27	350m: 5:40.81	50.37			
	100m: 1:31.44	49.62		200m: 3:10.36	48.44	300m: 4:50.44	49.81	400m: 6:29.68	48.87			
DSQ			2010 I		"	-	"					
13-14												
1.			2007		"	"				+0,80	<b>4:47.24</b> I	557
	50m: 32.25	32.25		150m: 1:44.53	36.49	250m: 2:58.38	36.83	350m: 4:11.64	36.36			
	100m: 1:08.04	35.79		200m: 2:21.55	37.02	300m: 3:35.28	36.90	400m: 4:47.24	35.60			
2.			2007 I							+0,74	<b>4:48.62</b> I	549
	50m: 31.82	31.82		150m: 1:44.46	36.66	250m: 2:58.94	37.22	350m: 4:13.97	37.05			
	100m: 1:07.80	35.98		200m: 2:21.72	37.26	300m: 3:36.92	37.98	400m: 4:48.62	34.65			
3.			2007 II		"	"				+0,73	<b>4:52.32</b> I	529
	50m: 32.74	32.74		150m: 1:46.85	37.30	250m: 3:02.36	37.73	350m: 4:16.73	36.86			
	100m: 1:09.55	36.81		200m: 2:24.63	37.78	300m: 3:39.87	37.51	400m: 4:52.32	35.59			
4.			2007 I		Swimming club Aqua Sport,					+0,67	<b>4:58.46</b> I	497
	50m: 33.55	33.55		150m: 1:48.74	37.58	250m: 3:04.88	37.93	350m: 4:21.71	38.12			
	100m: 1:11.16	37.61		200m: 2:26.95	38.21	300m: 3:43.59	38.71	400m: 4:58.46	36.75			
5.			2008 II		1,					+0,70	<b>4:59.89</b> I	490
	50m: 33.24	33.24		150m: 1:48.19	37.89	250m: 3:04.70	38.42	350m: 4:22.32	38.95			
	100m: 1:10.30	37.06		200m: 2:26.28	38.09	300m: 3:43.37	38.67	400m: 4:59.89	37.57			
6.			2007 I		"	"				+0,75	<b>5:02.01</b> II	479
	50m: 34.69	34.69		150m: 1:49.85	37.42	250m: 3:06.76	38.70	350m: 4:24.87	38.94			
	100m: 1:12.43	37.74		200m: 2:28.06	38.21	300m: 3:45.93	39.17	400m: 5:02.01	37.14			

5, , 400m

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R.T.

7.			2008 I	12,						+0,74	<b>5:03.93</b>	II	470
	50m:	33.95	33.95	150m:	1:50.09	38.36	250m:	3:07.66	38.74	350m:	4:26.52	39.17	
	100m:	1:11.73	37.78	200m:	2:28.92	38.83	300m:	3:47.35	39.69	400m:	5:03.93	37.41	
8.			2008 II	-						+0,81	<b>5:08.80</b>	II	448
	50m:	34.53	34.53	150m:	1:52.03	39.51	250m:	3:11.65	39.86	350m:	4:31.49	39.31	
	100m:	1:12.52	37.99	200m:	2:31.79	39.76	300m:	3:52.18	40.53	400m:	5:08.80	37.31	
9.			2008 II	3						+0,71	<b>5:09.27</b>	II	446
	50m:	33.33	33.33	150m:	1:52.62	40.62	250m:	3:12.52	40.24	350m:	4:32.20	39.74	
	100m:	1:12.00	38.67	200m:	2:32.28	39.66	300m:	3:52.46	39.94	400m:	5:09.27	37.07	
10.			2008 II	2',						+0,82	<b>5:11.30</b>	II	438
	50m:	33.61	33.61	150m:	1:51.03	39.78	250m:	3:11.96	40.55	350m:	4:32.02	40.25	
	100m:	1:11.25	37.64	200m:	2:31.41	40.38	300m:	3:51.77	39.81	400m:	5:11.30	39.28	
11.			2008 I	" "						+0,83	<b>5:12.30</b>	II	434
	50m:	34.09	34.09	150m:	1:52.05	39.54	250m:	3:12.86	40.48	350m:	4:33.57	39.94	
	100m:	1:12.51	38.42	200m:	2:32.38	40.33	300m:	3:53.63	40.77	400m:	5:12.30	38.73	
12.			2008 II	" "						+0,61	<b>5:12.96</b>	II	431
	50m:	35.51	35.51	150m:	1:55.56	40.15	250m:	3:15.61	40.11	350m:	4:35.58	39.73	
	100m:	1:15.41	39.90	200m:	2:35.50	39.94	300m:	3:55.85	40.24	400m:	5:12.96	37.38	
13.			2008 II	" "						+0,97	<b>5:16.47</b>	II	417
	50m:	35.00	35.00	150m:	1:53.21	39.75	250m:	3:15.17	40.96	350m:	4:36.39	40.66	
	100m:	1:13.46	38.46	200m:	2:34.21	41.00	300m:	3:55.73	40.56	400m:	5:16.47	40.08	
14.			2007 II	1,						+0,87	<b>5:24.56</b>	II	386
	50m:	35.34	35.34	150m:	1:56.51	41.96	250m:	3:20.18	41.47	350m:	4:44.42	41.27	
	100m:	1:14.55	39.21	200m:	2:38.71	42.20	300m:	4:03.15	42.97	400m:	5:24.56	40.14	
15.			2008 II	" - "						+0,70	<b>5:25.82</b>	II	382
	50m:	33.37	33.37	150m:	1:52.60	40.16	250m:	3:17.79	43.25	350m:	4:44.91	43.67	
	100m:	1:12.44	39.07	200m:	2:34.54	41.94	300m:	4:01.24	43.45	400m:	5:25.82	40.91	
16.			2008 I	" "						+0,67	<b>5:26.04</b>	II	381
	50m:	34.69	34.69	150m:	1:57.46	42.30	250m:	3:21.54	41.82	350m:	4:46.26	42.16	
	100m:	1:15.16	40.47	200m:	2:39.72	42.26	300m:	4:04.10	42.56	400m:	5:26.04	39.78	
17.			2007 II	2',						+0,84	<b>5:28.77</b>	II	372
	50m:	34.85	34.85	150m:	1:56.63	41.57	250m:	3:21.95	42.75	350m:	4:47.41	42.57	
	100m:	1:15.06	40.21	200m:	2:39.20	42.57	300m:	4:04.84	42.89	400m:	5:28.77	41.36	
18.			2008 I	" "						+0,89	<b>5:35.89</b>	II	348
	50m:	36.04	36.04	150m:	2:00.60	42.97	250m:	3:27.16	43.22	350m:	4:54.03	43.09	
	100m:	1:17.63	41.59	200m:	2:43.94	43.34	300m:	4:10.94	43.78	400m:	5:35.89	41.86	
19.			2008 III							+0,88	<b>5:36.26</b>	II	347
	50m:	38.59	38.59	150m:	2:04.17	42.94	250m:	3:32.59	44.52	350m:	4:57.23	41.31	
	100m:	1:21.23	42.64	200m:	2:48.07	43.90	300m:	4:15.92	43.33	400m:	5:36.26	39.03	
20.			2008 III	" "						+0,90	<b>5:36.52</b>	II	346
	50m:	36.30	36.30	150m:	2:00.03	42.23	250m:	3:26.15	43.02	350m:	4:54.58	43.43	
	100m:	1:17.80	41.50	200m:	2:43.13	43.10	300m:	4:11.15	45.00	400m:	5:36.52	41.94	
21.			2008 II	" "						+0,62	<b>5:43.11</b>	III	327
	50m:	34.41	34.41	150m:	2:01.10	44.01	250m:	3:29.64	44.02	350m:	4:59.06	44.78	
	100m:	1:17.09	42.68	200m:	2:45.62	44.52	300m:	4:14.28	44.64	400m:	5:43.11	44.05	
22.			2007 I	" "						+0,92	<b>5:49.98</b>	III	308
	50m:	35.42	35.42	150m:	1:59.99	44.06	250m:	3:33.47	47.09	350m:	5:05.27	45.62	
	100m:	1:15.93	40.51	200m:	2:46.38	46.39	300m:	4:19.65	46.18	400m:	5:49.98	44.71	

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2021

OMEGA ARES 21



# ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ MAD WAVE CLASSIC

## 13-14 ФЕВРАЛЯ 2021 КАЗАНЬ



5, , 400m

15-17

1.				2005 II						+0,72	<b>4:50.06</b>	I	541	
	50m:	31.12	31.12	150m:	1:43.42	37.19	250m:	2:58.84	37.99	350m:	4:15.03	37.96		
	100m:	1:06.23	35.11	200m:	2:20.85	37.43	300m:	3:37.07	38.23	400m:	4:50.06	35.03		
2.				2006		"	"			+0,76	<b>4:50.40</b>	I	539	
	50m:	31.40	31.40	150m:	1:43.87	36.86	250m:	2:58.78	37.57	350m:	4:13.96	37.21		
	100m:	1:07.01	35.61	200m:	2:21.21	37.34	300m:	3:36.75	37.97	400m:	4:50.40	36.44		
3.				2006 I	"	-	"	-		+0,70	<b>4:51.37</b>	I	534	
	50m:	32.72	32.72	150m:	1:44.91	36.31	250m:	2:59.19	37.07	350m:	4:14.04	37.39		
	100m:	1:08.60	35.88	200m:	2:22.12	37.21	300m:	3:36.65	37.46	400m:	4:51.37	37.33		
4.				2005 II		1,				+0,67	<b>4:56.95</b>	I	504	
	50m:	33.13	33.13	150m:	1:48.63	38.23	250m:	3:05.02	38.25	350m:	4:21.07	37.95		
	100m:	1:10.40	37.27	200m:	2:26.77	38.14	300m:	3:43.12	38.10	400m:	4:56.95	35.88		
5.				2005 II		"	"			+0,79	<b>4:59.27</b>	I	493	
	50m:	32.64	32.64	150m:	1:48.28	38.26	250m:	3:06.25	38.91	350m:	4:23.35	38.35		
	100m:	1:10.02	37.38	200m:	2:27.34	39.06	300m:	3:45.00	38.75	400m:	4:59.27	35.92		
6.				2006 II		Mad Wave,	-			+0,80	<b>5:06.03</b>	II	461	
	50m:	32.99	32.99	150m:	1:49.73	39.43	250m:	3:10.42	40.17	350m:	4:29.16	38.66		
	100m:	1:10.30	37.31	200m:	2:30.25	40.52	300m:	3:50.50	40.08	400m:	5:06.03	36.87		
7.				2006 II		64,				+0,81	<b>5:07.01</b>	II	456	
	50m:	33.53	33.53	150m:	1:48.46	38.31	250m:	3:07.21	39.40	350m:	4:27.64	40.35		
	100m:	1:10.15	36.62	200m:	2:27.81	39.35	300m:	3:47.29	40.08	400m:	5:07.01	39.37		
8.				2004 II		"Fitron",	-	-		-	+0,77	<b>5:12.73</b>	II	432
	50m:	35.89	35.89	150m:	1:56.44	40.58	250m:	3:17.04	39.55	350m:	4:35.23	38.19		
	100m:	1:15.86	39.97	200m:	2:37.49	41.05	300m:	3:57.04	40.00	400m:	5:12.73	37.50		
9.				2004 I	"	"	"			+0,71	<b>5:16.67</b>	II	416	
	50m:	33.82	33.82	150m:	1:50.37	39.11	250m:	3:12.91	41.86	350m:	4:36.44	41.47		
	100m:	1:11.26	37.44	200m:	2:31.05	40.68	300m:	3:54.97	42.06	400m:	5:16.67	40.23		
10.				2004 II	"	-	"			+0,65	<b>5:40.58</b>	II	334	
	50m:	36.12	36.12	150m:	2:02.24	43.55	250m:	3:30.18	43.95	350m:	4:57.89	43.71		
	100m:	1:18.69	42.57	200m:	2:46.23	43.99	300m:	4:14.18	44.00	400m:	5:40.58	42.69		
11.				2005 I	"	"	"			+0,95	<b>7:00.86</b>	I	177	
	50m:	39.76	39.76	150m:	2:22.15	54.78	250m:	4:15.18	55.40	350m:	6:07.60	56.04		
	100m:	1:27.37	47.61	200m:	3:19.78	57.63	300m:	5:11.56	56.38	400m:	7:00.86	53.26		

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OMEGA ARES 21

Splash Meet Manager, 11.68079

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