

19
 12.02.2022

, 400m

2005 - 2009

: FINA 2021

R.T.

(13-14)

1.				2008	"	"				+0,77	4:36.16	627
	50m:	30.80	30.80	150m:	1:40.32	35.20	250m:	2:51.91	35.57	350m:	4:02.24	34.66
	100m:	1:05.12	34.32	200m:	2:16.34	36.02	300m:	3:27.58	35.67	400m:	4:36.16	33.92
2.				2008	I	"	"			+0,76	4:37.74	617
	50m:	31.50	31.50	150m:	1:41.54	35.94	250m:	2:53.24	35.56	350m:	4:04.66	35.26
	100m:	1:05.60	34.10	200m:	2:17.68	36.14	300m:	3:29.40	36.16	400m:	4:37.74	33.08
3.				2009	"	"	-			+0,74	4:38.51	611
	50m:	31.80	31.80	150m:	1:42.93	35.92	250m:	2:55.26	36.44	350m:	4:05.97	35.91
	100m:	1:07.01	35.21	200m:	2:18.82	35.89	300m:	3:30.06	34.80	400m:	4:38.51	32.54
4.				2009	.	.	-			+0,74	4:45.40 I	568
	50m:	31.80	31.80	150m:	1:43.58	36.15	250m:	2:56.53	36.75	350m:	4:10.27	36.75
	100m:	1:07.43	35.63	200m:	2:19.78	36.20	300m:	3:33.52	36.99	400m:	4:45.40	35.13
5.				2009	I	"	"	-		+0,78	4:49.53 I	544
	50m:	32.17	32.17	150m:	1:44.28	36.33	250m:	2:58.38	36.74	350m:	4:13.43	37.34
	100m:	1:07.95	35.78	200m:	2:21.64	37.36	300m:	3:36.09	37.71	400m:	4:49.53	36.10
6.				2008	"	"	"			+0,85	4:55.94 I	510
	50m:	32.55	32.55	150m:	1:46.20	37.65	250m:	3:01.84	37.97	350m:	4:19.11	38.79
	100m:	1:08.55	36.00	200m:	2:23.87	37.67	300m:	3:40.32	38.48	400m:	4:55.94	36.83
7.				2008	"	"	"			+0,75	4:56.33 I	508
	50m:	31.26	31.26	150m:	1:44.57	37.63	250m:	3:02.24	39.03	350m:	4:19.75	38.65
	100m:	1:06.94	35.68	200m:	2:23.21	38.64	300m:	3:41.10	38.86	400m:	4:56.33	36.58
8.				2009	I	"	"			+0,75	4:57.79 I	500
	50m:	34.13	34.13	150m:	1:50.98	38.15	250m:	3:07.34	37.77	350m:	4:23.20	37.12
	100m:	1:12.83	38.70	200m:	2:29.57	38.59	300m:	3:46.08	38.74	400m:	4:57.79	34.59
9.				2009	I	"	"			+0,74	4:59.38 I	492
	50m:	34.53	34.53	150m:	1:49.07	37.47	250m:	3:06.55	39.09	350m:	4:23.38	38.34
	100m:	1:11.60	37.07	200m:	2:27.46	38.39	300m:	3:45.04	38.49	400m:	4:59.38	36.00
10.				2008	I	"	"			+0,74	4:59.43 I	492
	50m:	34.17	34.17	150m:	1:49.64	38.13	250m:	3:06.65	38.65	350m:	4:22.98	37.87
	100m:	1:11.51	37.34	200m:	2:28.00	38.36	300m:	3:45.11	38.46	400m:	4:59.43	36.45
11.				2008	I	"	"			+0,77	5:00.35 I	487
	50m:	33.61	33.61	150m:	1:49.14	38.57	250m:	3:06.09	38.59	350m:	4:23.74	38.69
	100m:	1:10.57	36.96	200m:	2:27.50	38.36	300m:	3:45.05	38.96	400m:	5:00.35	36.61
12.				2009	I	"	"			+0,58	5:01.37 I	483
	50m:	33.71	33.71	150m:	1:49.97	39.00	250m:	3:07.64	38.58	350m:	4:25.41	38.59
	100m:	1:10.97	37.26	200m:	2:29.06	39.09	300m:	3:46.82	39.18	400m:	5:01.37	35.96
13.				2009	II	"	"			+0,77	5:05.46 II	463
	50m:	33.67	33.67	150m:	1:51.58	39.50	250m:	3:09.35	39.65	350m:	4:27.77	38.85
	100m:	1:12.08	38.41	200m:	2:29.70	38.12	300m:	3:48.92	39.57	400m:	5:05.46	37.69
14.				2009	II	"	"			+0,80	5:08.83 II	448
	50m:	35.30	35.30	150m:	1:52.90	39.49	250m:	3:12.40	40.31	350m:	4:30.62	38.83
	100m:	1:13.41	38.11	200m:	2:32.09	39.19	300m:	3:51.79	39.39	400m:	5:08.83	38.21
15.				2009	II	"	"			+0,74	5:09.44 II	446
	50m:	35.26	35.26	150m:	1:52.62	39.13	250m:	3:13.17	40.17	350m:	4:32.36	39.36
	100m:	1:13.49	38.23	200m:	2:33.00	40.38	300m:	3:53.00	39.83	400m:	5:09.44	37.08
16.				2009	II	"	-	"	-	+0,78	5:11.90 II	435
	50m:	33.81	33.81	150m:	1:49.81	38.72	250m:	3:09.29	40.21	350m:	4:31.22	41.45
	100m:	1:11.09	37.28	200m:	2:29.08	39.27	300m:	3:49.77	40.48	400m:	5:11.90	40.68

50

<https://swim4you.ru/>

OMEGA ARES 21

19, , 400m

(13-14)

R.T.

17.			2008	II	"Fitron",	-	-		+0,85	5:29.30	II	370
	50m:	37.69	37.69	150m:	2:02.77	42.79	250m:	3:27.55	41.63	350m:	4:50.37	40.47
	100m:	1:19.98	42.29	200m:	2:45.92	43.15	300m:	4:09.90	42.35	400m:	5:29.30	38.93
18.			2009	III	"	"	"		+0,73	6:24.78	III	232
	50m:	40.34	40.34	150m:	2:19.13	49.74	250m:	3:59.14	50.01	350m:	5:38.54	49.52
	100m:	1:29.39	49.05	200m:	3:09.13	50.00	300m:	4:49.02	49.88	400m:	6:24.78	46.24
(15-17)												
1.			2007	"	"	"	"		+0,64	4:34.49		639
	50m:	30.05	30.05	150m:	1:39.44	35.26	250m:	2:49.88	35.41	350m:	3:59.96	35.20
	100m:	1:04.18	34.13	200m:	2:14.47	35.03	300m:	3:24.76	34.88	400m:	4:34.49	34.53
2.			2006	"	"	"	"		+0,81	4:38.21		613
	50m:	31.48	31.48	150m:	1:40.54	35.14	250m:	2:51.34	35.55	350m:	4:03.19	35.58
	100m:	1:05.40	33.92	200m:	2:15.79	35.25	300m:	3:27.61	36.27	400m:	4:38.21	35.02
3.			2007	"	"	"	"		+0,79	4:40.09		601
	50m:	30.91	30.91	150m:	1:42.04	35.64	250m:	2:54.70	36.19	350m:	4:07.50	36.38
	100m:	1:06.40	35.49	200m:	2:18.51	36.47	300m:	3:31.12	36.42	400m:	4:40.09	32.59
4.			2007	"	"	"	"		+0,96	4:41.13		595
	50m:	32.10	32.10	150m:	1:42.33	35.70	250m:	2:54.27	36.03	350m:	4:05.99	36.12
	100m:	1:06.63	34.53	200m:	2:18.24	35.91	300m:	3:29.87	35.60	400m:	4:41.13	35.14
5.			2007	1,	"	"	"		+0,75	4:41.69		591
	50m:	32.00	32.00	150m:	1:43.01	35.71	250m:	2:54.91	35.92	350m:	4:07.23	36.14
	100m:	1:07.30	35.30	200m:	2:18.99	35.98	300m:	3:31.09	36.18	400m:	4:41.69	34.46
6.			2007	I	"	"	"		+0,85	4:45.65	I	567
	50m:	31.95	31.95	150m:	1:43.23	35.96	250m:	2:55.00	36.05	350m:	4:08.44	36.95
	100m:	1:07.27	35.32	200m:	2:18.95	35.72	300m:	3:31.49	36.49	400m:	4:45.65	37.21
7.			2006	"	"	"	"		+0,73	4:47.14	I	558
	50m:	33.32	33.32	150m:	1:46.12	36.51	250m:	2:57.11	34.90	350m:	4:09.94	36.75
	100m:	1:09.61	36.29	200m:	2:22.21	36.09	300m:	3:33.19	36.08	400m:	4:47.14	37.20
8.			2007	"	"	"	"		+0,74	4:48.22	I	552
	50m:	32.84	32.84	150m:	1:45.97	36.86	250m:	2:59.38	36.79	350m:	4:13.01	36.12
	100m:	1:09.11	36.27	200m:	2:22.59	36.62	300m:	3:36.89	37.51	400m:	4:48.22	35.21
9.			2006	I	"	"	"		+0,76	4:48.39	I	551
	50m:	32.26	32.26	150m:	1:43.87	36.07	250m:	2:57.19	36.68	350m:	4:11.88	37.23
	100m:	1:07.80	35.54	200m:	2:20.51	36.64	300m:	3:34.65	37.46	400m:	4:48.39	36.51
10.			2006	I	"	"	"		+0,70	4:48.68	I	549
	50m:	31.85	31.85	150m:	1:43.84	36.59	250m:	2:58.54	37.51	350m:	4:13.16	37.44
	100m:	1:07.25	35.40	200m:	2:21.03	37.19	300m:	3:35.72	37.18	400m:	4:48.68	35.52
11.			2007	"	"	"	"		+0,75	4:53.87	I	520
	50m:	33.13	33.13	150m:	1:47.52	37.64	250m:	3:02.60	37.48	350m:	4:18.11	37.53
	100m:	1:09.88	36.75	200m:	2:25.12	37.60	300m:	3:40.58	37.98	400m:	4:53.87	35.76
12.			2006	I	"	"	"		+0,84	4:56.95	I	504
	50m:	33.60	33.60	150m:	1:47.99	37.73	250m:	3:04.05	38.09	350m:	4:20.05	37.26
	100m:	1:10.26	36.66	200m:	2:25.96	37.97	300m:	3:42.79	38.74	400m:	4:56.95	36.90
13.			2005	I	"	"	"		+0,74	4:57.56	I	501
	50m:	31.19	31.19	150m:	1:44.64	37.90	250m:	3:01.94	39.23	350m:	4:20.24	38.85
	100m:	1:06.74	35.55	200m:	2:22.71	38.07	300m:	3:41.39	39.45	400m:	4:57.56	37.32
14.			2006	I	"T&R",	"	"		+0,78	5:00.69	I	486
	50m:	34.07	34.07	150m:	1:50.89	38.64	250m:	3:08.01	38.02	350m:	4:23.79	37.98
	100m:	1:12.25	38.18	200m:	2:29.99	39.10	300m:	3:45.81	37.80	400m:	5:00.69	36.90
15.			2006	I	"SWIMMING STARS CLUB",	"	"		+0,65	5:00.96	I	485
	50m:	33.28	33.28	150m:	1:47.46	37.69	250m:	3:03.11	38.21	350m:	4:21.89	39.92
	100m:	1:09.77	36.49	200m:	2:24.90	37.44	300m:	3:41.97	38.86	400m:	5:00.96	39.07

50

<https://swim4you.ru/>

,12-13

2022

OMEGA ARES 21



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
MAD WAVE CLASSIC

12-13 ФЕВРАЛЯ 2022
КАЗАНЬ



19, , 400m (15-17)

										R.T.			
16.				2007	I	"	"			+0,80	5:01.44	I	482
	50m:	33.92	33.92	150m:	1:49.51	37.85	250m:	3:06.45	38.43	350m:	4:24.15	38.54	
	100m:	1:11.66	37.74	200m:	2:28.02	38.51	300m:	3:45.61	39.16	400m:	5:01.44	37.29	
17.				2006		"	"			+0,67	5:02.26	II	478
	50m:	33.14	33.14	150m:	1:48.24	38.05	250m:	3:05.31	38.81	350m:	4:23.67	39.27	
	100m:	1:10.19	37.05	200m:	2:26.50	38.26	300m:	3:44.40	39.09	400m:	5:02.26	38.59	
18.				2006	I		1,			+0,68	5:04.41	II	468
	50m:	34.16	34.16	150m:	1:50.09	38.49	250m:	3:08.01	39.17	350m:	4:27.09	39.54	
	100m:	1:11.60	37.44	200m:	2:28.84	38.75	300m:	3:47.55	39.54	400m:	5:04.41	37.32	
19.				2007	I		C "	"	-	+0,58	5:07.94	II	452
	50m:	34.77	34.77	150m:	1:52.74	39.23	250m:	3:11.28	39.08	350m:	4:29.84	38.93	
	100m:	1:13.51	38.74	200m:	2:32.20	39.46	300m:	3:50.91	39.63	400m:	5:07.94	38.10	
20.				2005	I	"	"			+0,88	6:50.90	I	190
	50m:	40.92	40.92	150m:	2:22.20	53.34	250m:	4:10.40	54.50	350m:	5:58.83	54.40	
	100m:	1:28.86	47.94	200m:	3:15.90	53.70	300m:	5:04.43	54.03	400m:	6:50.90	52.07	

