

20
12.02.2022

, 400m

2004 - 2007

: FINA 2021

R.T.

(15-16)

1.				2006		"SWIMMING STARS CLUB",		+0,76	4:11.88	666		
	50m:	28.65	28.65	150m:	1:32.49	32.41	250m:	2:36.38	31.63	350m:	3:40.59	31.97
	100m:	1:00.08	31.43	200m:	2:04.75	32.26	300m:	3:08.62	32.24	400m:	4:11.88	31.29
2.				2006		"		+0,76	4:17.35	625		
	50m:	29.15	29.15	150m:	1:35.09	33.34	250m:	2:41.27	32.66	350m:	3:47.03	32.71
	100m:	1:01.75	32.60	200m:	2:08.61	33.52	300m:	3:14.32	33.05	400m:	4:17.35	30.32
3.				2006	I	«	»,	+0,72	4:19.26	I	611	
	50m:	28.64	28.64	150m:	1:32.58	32.42	250m:	2:39.41	33.32	350m:	3:47.71	33.86
	100m:	1:00.16	31.52	200m:	2:06.09	33.51	300m:	3:13.85	34.44	400m:	4:19.26	31.55
4.				2006		.	,	+0,67	4:19.64	I	608	
	50m:	29.55	29.55	150m:	1:34.64	32.66	250m:	2:41.63	33.39	350m:	3:47.65	32.87
	100m:	1:01.98	32.43	200m:	2:08.24	33.60	300m:	3:14.78	33.15	400m:	4:19.64	31.99
5.				2007	I	"	",	+0,64	4:22.86	I	586	
	50m:	29.75	29.75	150m:	1:36.21	33.69	250m:	2:42.59	32.89	350m:	3:50.06	33.34
	100m:	1:02.52	32.77	200m:	2:09.70	33.49	300m:	3:16.72	34.13	400m:	4:22.86	32.80
6.				2006		"	",	+0,72	4:24.49	I	576	
	50m:	29.48	29.48	150m:	1:35.32	33.50	250m:	2:43.26	34.37	350m:	3:52.07	34.78
	100m:	1:01.82	32.34	200m:	2:08.89	33.57	300m:	3:17.29	34.03	400m:	4:24.49	32.42
7.				2007	II	"	",	+0,74	4:30.03	I	541	
	50m:	29.87	29.87	150m:	1:37.13	34.03	250m:	2:46.43	34.59	350m:	3:56.23	34.49
	100m:	1:03.10	33.23	200m:	2:11.84	34.71	300m:	3:21.74	35.31	400m:	4:30.03	33.80
8.				2006	I	"SWIMMING STARS CLUB",		+0,74	4:30.11	I	540	
	50m:	29.43	29.43	150m:	1:36.93	34.46	250m:	2:45.87	34.54	350m:	3:56.08	34.90
	100m:	1:02.47	33.04	200m:	2:11.33	34.40	300m:	3:21.18	35.31	400m:	4:30.11	34.03
9.				2007	I	"	",	+0,69	4:30.59	I	537	
	50m:	29.00	29.00	150m:	1:36.13	34.09	250m:	2:46.09	35.23	350m:	3:56.78	34.93
	100m:	1:02.04	33.04	200m:	2:10.86	34.73	300m:	3:21.85	35.76	400m:	4:30.59	33.81
10.				2007	I	1,		+0,71	4:32.96	I	524	
	50m:	29.75	29.75	150m:	1:36.93	34.60	250m:	2:47.34	35.64	350m:	3:58.62	35.87
	100m:	1:02.33	32.58	200m:	2:11.70	34.77	300m:	3:22.75	35.41	400m:	4:32.96	34.34
11.				2007	II	"	",	+0,69	4:34.19	II	517	
	50m:	30.45	30.45	150m:	1:38.87	34.72	250m:	2:50.08	35.48	350m:	4:01.08	35.10
	100m:	1:04.15	33.70	200m:	2:14.60	35.73	300m:	3:25.98	35.90	400m:	4:34.19	33.11
12.				2007	I	"	",	+0,70	4:36.68	II	503	
	50m:	29.57	29.57	150m:	1:37.02	33.99	250m:	2:48.56	36.17	350m:	4:00.89	35.91
	100m:	1:03.03	33.46	200m:	2:12.39	35.37	300m:	3:24.98	36.42	400m:	4:36.68	35.79
13.				2006	II	"	-	+0,75	4:38.06	II	495	
	50m:	30.09	30.09	150m:	1:38.80	35.02	250m:	2:50.66	36.03	350m:	4:03.58	36.39
	100m:	1:03.78	33.69	200m:	2:14.63	35.83	300m:	3:27.19	36.53	400m:	4:38.06	34.48
14.				2006	I	"	-	+0,72	4:38.84	II	491	
	50m:	29.44	29.44	150m:	1:37.14	34.52	250m:	2:49.24	36.38	350m:	4:02.43	36.60
	100m:	1:02.62	33.18	200m:	2:12.86	35.72	300m:	3:25.83	36.59	400m:	4:38.84	36.41
15.				2007	II	"Fitron",	-	+0,98	4:38.91	II	491	
	50m:	32.53	32.53	150m:	1:42.05	35.22	250m:	2:53.11	35.66	350m:	4:04.25	35.53
	100m:	1:06.83	34.30	200m:	2:17.45	35.40	300m:	3:28.72	35.61	400m:	4:38.91	34.66
16.				2007	I	.	,	+0,72	4:41.10	II	479	
	50m:	30.54	30.54	150m:	1:39.25	34.83	250m:	2:51.36	36.24	350m:	4:04.97	36.95
	100m:	1:04.42	33.88	200m:	2:15.12	35.87	300m:	3:28.02	36.66	400m:	4:41.10	36.13

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<https://swim4you.ru/>

OMEGA ARES 21

20, , 400m , (15-16)

R.T.

17.	50m: 31.33 100m: 1:06.67	31.33 35.34	2007 II	150m: 1:42.65 200m: 2:18.50	35.98 35.85	250m: 2:54.97 300m: 3:31.80	36.47 36.83	+0,75	4:41.15 II	479
18.	50m: 31.28 100m: 1:06.48	31.28 35.20	2007 II	150m: 1:42.06 200m: 2:18.29	35.58 36.23	250m: 2:54.81 300m: 3:31.54	36.52 36.73	+0,71	4:42.38 II	473
19.	50m: 31.47 100m: 1:06.46	31.47 34.99	2006 II	150m: 1:42.03 200m: 2:18.25	35.57 36.22	250m: 2:54.65 300m: 3:30.88	36.40 36.23	+0,72	4:42.45 II	472
20.	50m: 30.92 100m: 1:06.19	30.92 35.27	2007 II	150m: 1:43.04 200m: 2:19.23	36.85 36.19	250m: 2:57.32 300m: 3:34.40	38.09 37.08	+0,72	4:44.07 II	464
21.	50m: 31.39 100m: 1:07.18	31.39 35.79	2007 II	150m: 1:44.04 200m: 2:20.69	36.86 36.65	250m: 2:57.64 300m: 3:34.84	36.95 37.20	+0,75	4:47.19 II	449
22.	50m: 31.10 100m: 1:06.22	31.10 35.12	2007 II	150m: 1:42.08 200m: 2:19.93	35.86 37.85	250m: 2:57.35 300m: 3:35.37	37.42 38.02	+0,72	4:47.32 II	449
23.	50m: 32.18 100m: 1:08.03	32.18 35.85	2006 II	150m: 1:45.09 200m: 2:21.78	37.06 36.69	250m: 2:58.94 300m: 3:35.83	37.16 36.89	+0,77	4:48.41 II	444
24.	50m: 30.86 100m: 1:06.12	30.86 35.26	2007 II	150m: 1:42.93 200m: 2:19.87	36.81 36.94	250m: 2:57.94 300m: 3:35.35	38.07 37.41	+0,81	4:48.74 II	442
25.	50m: 30.30 100m: 1:05.45	30.30 35.15	2007 II	150m: 1:42.52 200m: 2:20.30	37.07 37.78	250m: 2:59.00 300m: 3:37.35	38.70 38.35	+0,72	4:48.85 II	442
26.	50m: 31.34 100m: 1:06.91	31.34 35.57	2006 II	150m: 1:44.12 200m: 2:21.69	37.21 37.57	250m: 3:00.04 300m: 3:37.48	38.35 37.44	+0,81	4:50.21 II	436
27.	50m: 32.43 100m: 1:08.22	32.43 35.79	2007 III	150m: 1:45.71 200m: 2:23.90	37.49 38.19	250m: 3:02.06 300m: 3:40.89	38.16 38.83	+0,71	4:54.90 II	415
28.	50m: 31.79 100m: 1:08.25	31.79 36.46	2006 II	150m: 1:45.88 200m: 2:24.41	37.63 38.53	250m: 3:02.59 300m: 3:41.37	38.18 38.78	+0,45	4:55.49 II	413
29.	50m: 32.47 100m: 1:08.29	32.47 35.82	2006 II	150m: 1:46.30 200m: 2:24.62	38.01 38.32	250m: 3:03.13 300m: 3:41.62	38.51 38.49	+0,77	4:55.62 II	412
30.	50m: 32.35 100m: 1:09.73	32.35 37.38	2007 II	150m: 1:48.89 200m: 2:28.36	39.16 39.47	250m: 3:07.29 300m: 3:46.69	38.93 39.40	+0,70	5:01.27 II	389
31.	50m: 33.35 100m: 1:10.07	33.35 36.72	2006 I	150m: 1:51.29 200m: 2:34.29	41.22 43.00	250m: 3:18.62 300m: 4:02.61	44.33 43.99	+0,87	5:23.87 III	313
32.	50m: 34.41 100m: 1:14.72	34.41 40.31	2007 I	150m: 1:58.03 200m: 2:44.15	43.31 46.12	250m: 3:29.50 300m: 4:16.43	45.35 46.93	+0,93	5:45.08 III	259
DSQ			2006							
DNS			2006			"SWIMMING STARS CLUB",				



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
MAD WAVE CLASSIC

12-13 ФЕВРАЛЯ 2022
КАЗАНЬ



20, , 400m

(17-18)

1.				2004	"	"				+0,81	4:08.22	696
	50m:	27.79	27.79	150m:	1:31.45	32.06	250m:	2:34.97	31.42	350m:	3:38.17	31.08
	100m:	59.39	31.60	200m:	2:03.55	32.10	300m:	3:07.09	32.12	400m:	4:08.22	30.05
2.				2005	II	"	"			+0,74	4:24.93 I	573
	50m:	30.35	30.35	150m:	1:35.45	32.91	250m:	2:42.02	33.46	350m:	3:51.16	35.01
	100m:	1:02.54	32.19	200m:	2:08.56	33.11	300m:	3:16.15	34.13	400m:	4:24.93	33.77
3.				2005		"	"			+0,80	4:26.99 I	560
	50m:	29.58	29.58	150m:	1:36.15	33.90	250m:	2:44.31	34.06	350m:	3:53.44	34.36
	100m:	1:02.25	32.67	200m:	2:10.25	34.10	300m:	3:19.08	34.77	400m:	4:26.99	33.55
4.				2005	I					+0,69	4:27.96 I	553
	50m:	29.58	29.58	150m:	1:35.28	33.43	250m:	2:44.18	34.87	350m:	3:54.72	35.27
	100m:	1:01.85	32.27	200m:	2:09.31	34.03	300m:	3:19.45	35.27	400m:	4:27.96	33.24
5.				2005	II	"	"			+0,89	4:43.45 II	468
	50m:	29.93	29.93	150m:	1:38.93	34.88	250m:	2:50.86	36.43	350m:	4:06.22	38.02
	100m:	1:04.05	34.12	200m:	2:14.43	35.50	300m:	3:28.20	37.34	400m:	4:43.45	37.23
6.				2005	II	2,				+0,65	4:46.87 II	451
	50m:	30.05	30.05	150m:	1:40.59	36.36	250m:	2:54.89	37.42	350m:	4:10.36	37.89
	100m:	1:04.23	34.18	200m:	2:17.47	36.88	300m:	3:32.47	37.58	400m:	4:46.87	36.51
7.				2004	II	2,				+0,77	5:12.71 III	348
	50m:	31.48	31.48	150m:	1:47.54	39.41	250m:	3:09.79	41.72	350m:	4:32.75	41.62
	100m:	1:08.13	36.65	200m:	2:28.07	40.53	300m:	3:51.13	41.34	400m:	5:12.71	39.96
EXH				2006			RSO SwimTeam,			+0,78	4:56.11 II	410
	50m:	31.98	31.98	150m:	1:46.53	37.39	250m:	3:02.64	38.43	350m:	4:19.35	37.27
	100m:	1:09.14	37.16	200m:	2:24.21	37.68	300m:	3:42.08	39.44	400m:	4:56.11	36.76

