

5
09.04.2022

, 400m

2010 - 2013

: FINA 2021

										R.T.			
(9-10)													
1.				2012	II					5:12.23	II		434
	50m:	36.22	36.22	150m:	1:56.80	40.46	250m:	3:17.11	39.63	350m:	4:35.16	38.67	
	100m:	1:16.34	40.12	200m:	2:37.48	40.68	300m:	3:56.49	39.38	400m:	5:12.23	37.07	
2.				2012	II	"	"			5:48.14	III		313
	100m:	1:20.71	1:20.71	200m:	2:52.18	1:31.47	300m:	4:23.00	1:30.82	400m:	5:48.14	1:25.14	
3.				2012	III	4				+0,87	5:50.04	III	308
	50m:	38.47	38.47	150m:	2:06.98	45.38	250m:	3:36.09	45.53	350m:	5:08.77	47.03	
	100m:	1:21.60	43.13	200m:	2:50.56	43.58	300m:	4:21.74	45.65	400m:	5:50.04	41.27	
4.				2012	I	"	"			+0,84	6:00.51	III	282
	50m:	39.31	39.31	150m:	2:10.62	46.50	250m:	3:43.19	46.20	350m:	5:16.85	46.47	
	100m:	1:24.12	44.81	200m:	2:56.99	46.37	300m:	4:30.38	47.19	400m:	6:00.51	43.66	
5.				2012	I	"	"				6:07.64	III	266
	100m:	1:24.93	1:24.93	200m:	3:00.13	1:35.20	300m:	4:36.41	1:36.28	400m:	6:07.64	1:31.23	
6.				2012	III	"	"				6:16.47	III	247
	50m:	38.92	38.92	150m:	2:14.38	48.93	250m:	3:53.08	49.91	350m:	5:31.72	48.25	
	100m:	1:25.45	46.53	200m:	3:03.17	48.79	300m:	4:43.47	50.39	400m:	6:16.47	44.75	
7.				2012	I	4					6:18.87	III	243
	50m:	42.51	42.51	150m:	2:18.68	48.34	250m:	3:57.55	49.57	350m:	5:35.25	48.88	
	100m:	1:30.34	47.83	200m:	3:07.98	49.30	300m:	4:46.37	48.82	400m:	6:18.87	43.62	
8.				2013	I	64					6:51.16	I	190
	50m:	43.97	43.97	150m:	2:29.64	53.07	250m:	4:19.41	55.93	350m:	6:04.57	52.35	
	100m:	1:36.57	52.60	200m:	3:23.48	53.84	300m:	5:12.22	52.81	400m:	6:51.16	46.59	
9.				2013	II	"	-	"			7:29.36	I	145
	50m:	42.93	42.93	150m:	2:36.37	59.81	250m:	4:34.88	59.79	350m:	6:32.44	57.90	
	100m:	1:36.56	53.63	200m:	3:35.09	58.72	300m:	5:34.54	59.66	400m:	7:29.36	56.92	
10.				2013	II	"	"				7:37.85	I	137
	50m:	47.60	47.60	150m:	2:44.65	59.81	250m:	4:42.76	59.57	350m:	6:41.54	59.13	
	100m:	1:44.84	57.24	200m:	3:43.19	58.54	300m:	5:42.41	59.65	400m:	7:37.85	56.31	
(11-12)													
1.				2010	II	10					5:07.82	II	453
	100m:	1:14.12	1:14.12	200m:	2:32.05	1:17.93	300m:	3:51.37	1:19.32	400m:	5:07.82	1:16.45	
2.				2010	II	"	"			+0,56	5:14.81	II	423
	50m:	34.86	34.86	150m:	1:52.74	39.89	250m:	3:13.54	40.30	350m:	4:35.34	40.83	
	100m:	1:12.85	37.99	200m:	2:33.24	40.50	300m:	3:54.51	40.97	400m:	5:14.81	39.47	
3.				2010	II	-70	"	"		+0,94	5:14.83	II	423
	50m:	35.46	35.46	150m:	1:55.83	40.30	250m:	3:17.91	40.85	350m:	4:37.93	39.55	
	100m:	1:15.53	40.07	200m:	2:37.06	41.23	300m:	3:58.38	40.47	400m:	5:14.83	36.90	
4.				2010	II	"	-	"		+0,98	5:16.75	II	416
	50m:	35.09	35.09	150m:	1:53.27	39.83	250m:	3:14.83	40.89	350m:	4:37.20	40.70	
	100m:	1:13.44	38.35	200m:	2:33.94	40.67	300m:	3:56.50	41.67	400m:	5:16.75	39.55	
5.				2010	II	64				+0,72	5:17.44	II	413
	50m:	35.94	35.94	150m:	1:56.52	40.78	250m:	3:18.44	40.66	350m:	4:39.08	39.81	
	100m:	1:15.74	39.80	200m:	2:37.78	41.26	300m:	3:59.27	40.83	400m:	5:17.44	38.36	
6.				2010	II	1				+0,66	5:18.45	II	409
	50m:	35.16	35.16	150m:	1:54.52	40.32	250m:	3:17.52	41.17	350m:	4:40.08	40.79	
	100m:	1:14.20	39.04	200m:	2:36.35	41.83	300m:	3:59.29	41.77	400m:	5:18.45	38.37	

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50

ALGE Timing

Splash Meet Manager, 11.70661

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09.04.2022 18:44 -

1

5, , 400m , (11-12)

										R.T.				
7.				2010	II	"	-	"			+0,92	5:18.78	II	408
	50m:	35.72	35.72	150m:	1:57.24	41.04	250m:	3:20.28	40.93	350m:	4:40.33	39.74		
	100m:	1:16.20	40.48	200m:	2:39.35	42.11	300m:	4:00.59	40.31	400m:	5:18.78	38.45		
8.				2010	II	1	-				5:22.05	II	395	
	100m:	1:15.71	1:15.71	250m:	2:49.48	12.30	400m:	5:22.05	1:23.15					
	200m:	2:37.18	1:21.47	300m:	3:58.90	1:09.42								
9.				2011	II	"	"			+0,56	5:24.78	II	385	
	50m:	35.99	35.99	150m:	1:58.80	41.48	250m:	3:22.15	40.74	350m:	4:45.37	41.38		
	100m:	1:17.32	41.33	200m:	2:41.41	42.61	300m:	4:03.99	41.84	400m:	5:24.78	39.41		
10.				2010	II	"	"			5:25.34	II	383		
	50m:	35.92	35.92	150m:	1:58.84	42.57	250m:	3:23.20	42.30	350m:	4:46.82	41.13		
	100m:	1:16.27	40.35	200m:	2:40.90	42.06	300m:	4:05.69	42.49	400m:	5:25.34	38.52		
11.				2010	II	"	"			+0,65	5:28.07	II	374	
	50m:	33.53	33.53	150m:	1:55.01	42.29	250m:	3:21.86	43.82	350m:	4:47.07	42.41		
	100m:	1:12.72	39.19	200m:	2:38.04	43.03	300m:	4:04.66	42.80	400m:	5:28.07	41.00		
12.				2010	II	4				5:28.76	II	372		
	100m:	1:20.77	1:20.77	200m:	2:45.82	1:25.05	300m:	4:10.02	1:24.20	400m:	5:28.76	1:18.74		
13.				2010	II	64				+0,58	5:33.29	II	357	
	50m:	36.24	36.24	150m:	1:58.96	42.13	250m:	3:24.30	43.06	350m:	4:51.19	43.46		
	100m:	1:16.83	40.59	200m:	2:41.24	42.28	300m:	4:07.73	43.43	400m:	5:33.29	42.10		
14.				2010	II	1				5:34.60	II	352		
	100m:	1:19.33	1:19.33	300m:	4:13.29	1:26.61	400m:	5:34.60	47.50					
	200m:	2:46.68	1:27.35	350m:	4:47.10	33.81								
15.				2010	II	"	"			5:35.28	II	350		
	50m:	36.61	36.61	150m:	2:00.91	42.61	250m:	3:27.64	43.56	350m:	4:52.86	42.11		
	100m:	1:18.30	41.69	200m:	2:44.08	43.17	300m:	4:10.75	43.11	400m:	5:35.28	42.42		
16.				2011	III	1				5:39.28	II	338		
	50m:	36.38	36.38	150m:	2:01.78	43.66	250m:	3:29.32	43.76	350m:	4:57.19	43.68		
	100m:	1:18.12	41.74	200m:	2:45.56	43.78	300m:	4:13.51	44.19	400m:	5:39.28	42.09		
17.				2010	II	10				+0,90	5:40.31	II	335	
	50m:	36.82	36.82	150m:	2:02.65	44.21	250m:	3:30.83	44.30	350m:	4:58.09	43.00		
	100m:	1:18.44	41.62	200m:	2:46.53	43.88	300m:	4:15.09	44.26	400m:	5:40.31	42.22		
18.				2011	III	10				5:41.85	II	330		
	100m:	1:20.37	1:20.37	200m:	2:48.34	44.34	350m:	5:00.63	43.52					
	150m:	2:04.00	43.63	300m:	4:17.11	1:28.77	400m:	5:41.85	41.22					
19.				2011	III	"	"			+0,73	5:44.65	III	322	
	50m:	37.76	37.76	150m:	2:04.45	44.51	250m:	3:33.38	44.73	350m:	5:02.36	44.51		
	100m:	1:19.94	42.18	200m:	2:48.65	44.20	300m:	4:17.85	44.47	400m:	5:44.65	42.29		
20.				2011	III	"	"	-			+0,67	5:45.25	III	321
	50m:	36.84	36.84	150m:	2:05.43	44.67	250m:	3:34.36	43.44	350m:	5:03.49	44.25		
	100m:	1:20.76	43.92	200m:	2:50.92	45.49	300m:	4:19.24	44.88	400m:	5:45.25	41.76		
21.				2010	III	64				+0,57	5:46.66	III	317	
	50m:	37.09	37.09	150m:	2:04.89	44.41	250m:	3:34.31	45.35	350m:	5:04.81	45.25		
	100m:	1:20.48	43.39	200m:	2:48.96	44.07	300m:	4:19.56	45.25	400m:	5:46.66	41.85		
22.				2010	II	"	"			5:55.09	III	295		
	50m:	38.11	38.11	150m:	2:06.95	45.29	250m:	3:38.40	45.95	350m:	5:11.41	46.39		
	100m:	1:21.66	43.55	200m:	2:52.45	45.50	300m:	4:25.02	46.62	400m:	5:55.09	43.68		
23.				2011	III					6:02.57	III	277		
	100m:	32.43	32.43	200m:	2:54.11	46.28	300m:	4:28.72	47.26	400m:	6:02.57	45.90		
	150m:	2:07.83	1:35.40	250m:	3:41.46	47.35	350m:	5:16.67	47.95					
24.				2011	I	"	"			6:05.75	III	270		
	50m:	39.96	39.96	150m:	2:06.23	40.45	250m:	3:47.43	47.31	350m:	4:37.14	2.30		
	100m:	1:25.78	45.82	200m:	3:00.12	53.89	300m:	4:34.84	47.41	400m:	6:05.75	1:28.61		

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50

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ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
MAD WAVE CLASSIC

9-10 АПРЕЛЯ 2022
МОСКВА



5, , 400m , (11-12)

										R.T.			
25.				2011	III	" "				+1,30	6:10.93	III	259
	50m:	39.16	39.16	150m:	2:13.21	47.99	250m:	3:49.28	47.96	350m:	5:25.26	48.69	
	100m:	1:25.22	46.06	200m:	3:01.32	48.11	300m:	4:36.57	47.29	400m:	6:10.93	45.67	
26.				2011	I	" - "				+0,70	6:28.02	I	226
	100m:	1:25.55	1:25.55	200m:	3:07.09	1:41.54	300m:	4:48.04	1:40.95	400m:	6:28.02	1:39.98	
27.				2011	I	12					7:05.28	I	171
	50m:	45.32	45.32	150m:	2:33.55	55.07	250m:	4:25.47	57.36	350m:	6:15.85	54.45	
	100m:	1:38.48	53.16	200m:	3:28.11	54.56	300m:	5:21.40	55.93	400m:	7:05.28	49.43	
EXH				2010	II	RSO SwimTeam				+0,74	5:22.75	II	393
	50m:	36.89	36.89	150m:	1:57.60	40.83	250m:	3:20.84	41.83	350m:	4:42.97	40.88	
	100m:	1:16.77	39.88	200m:	2:39.01	41.41	300m:	4:02.09	41.25	400m:	5:22.75	39.78	
EXH				2010	III	RSO SwimTeam					6:20.63	III	239
	50m:	40.22	40.22	150m:	2:14.85	49.04	250m:	3:52.66	49.18	350m:	5:31.92	49.00	
	100m:	1:25.81	45.59	200m:	3:03.48	48.63	300m:	4:42.92	50.26	400m:	6:20.63	48.71	

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Splash Meet Manager, 11.70661

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09.04.2022 18:44 -

3

