-

						%	PB
" - Swim" -							1
, 19.08.2004							1
50m		1.	29.81	659	29.50	98%	
100m		1.	**1:05.39**	658	1:05.92	102%	
200m		1.	2:26.36	639	2:23.36	96%	
							52
, 09.08.2010							-
100m		7.	1:04.15	391	1:01.07	91%	
100m		5.	1:09.06	423	1:08.00	97%	
200m		3.	2:29.14	422	2:25.00	95%	
100m		5.	1:10.79	340	1:10.16	98%	
, 17.01.2010							2
100m		16.	1:08.11	437	1:07.00	97%	
200m		2.	**2:33.43**	519	2:34.00	101%	
50m		3.	36.99	496	36.90	100%	
200m		5.	**2:39.06**	498	2:43.00	105%	
, 06.02.2010							-
100m		31.	1:10.16	298	1:05.00	86%	
50m		20.	34.48	269	32.00	86%	
, 10.11.2010							3
100m		11.	**1:16.55**	422	1:18.00	104%	
200m		5.	**2:37.83**	477	2:39.00	101%	
200m		13.	**2:44.77**	448	2:47.00	103%	
, 03.04.2010							-
50m		5.	28.71	386	26.60	86%	
50m		4.	33.27	366	31.70	91%	
50m		14.	32.89	310	30.30	85%	
, 13.04.2007							2
100m		48.	**1:05.73**	363	1:12.50	122%	
200m		24.	2:32.21	300	2:28.00	95%	
100m		22.	1:16.23	314	1:16.00	99%	
50m		12.	**30.25**	399	32.00	112%	
, 05.06.2007							1
100m		13.	57.85	533	56.99	97%	
50m		4.	**27.88**	509	27.99	101%	
, 30.09.2011							-
50m		29.	34.97	310	33.00	89%	
, 26.06.2008							-
100m		28.	1:06.31	474	1:05.00	96%	
200m		23.	2:26.41	459	2:20.00	91%	
, 30.09.2005							-
50m		1.	26.88	568	26.70	99%	
, 26.11.2006							-
100m		15.	1:28.84	376	1:28.60	99%	
, 21.12.2008							-
100m		18.	1:00.16	474	58.80	96%	
50m		5.	28.51	476	27.40	92%	
100m		5.	1:04.63	447	1:01.50	91%	
, 30.05.2007							-
100m		35.	1:01.20	450	58.70	92%	
200m		15.	2:33.30	411	2:29.00	94%	
, 10.06.2008							1
100m		73.	**1:11.36**	284	1:12.00	102%	
200m		49.	2:43.07	244	2:36.80	92%	
, 08.11.2009							1
50m		19.	**43.59**	303	52.50	145%	
, 30.08.2007							1
50m		8.	31.58	428	31.00	96%	
100m		6.	**1:04.96**	508	1:06.00	103%	
200m		4.	2:25.34	456	2:25.00	100%	

, 01.08.2007						-
50m	WDR	-	27.60			-
100m	WDR	-	1:02.00			-
100m	WDR	-	1:08.00			-
200m	WDR	-	2:30.50			-
, 23.11.2012						1
100m	28.	**1:45.35**	118	2:05.00	141%	
, 05.05.2008						1
200m	23.	2:19.38	391	2:18.00	98%	
50m	13.	29.43	433	28.70	95%	
100m	16.	1:07.89	386	1:06.60	96%	
200m	10.	**2:41.42**	322	2:42.70	102%	
, 13.09.2013						2
100m	26.	**1:41.25**	133	2:05.00	152%	
200m	15.	**3:44.27**	127	4:15.00	129%	
, 02.04.2009						1
100m	31.	1:01.55	442	59.00	92%	
100m	25.	1:10.58	396	1:09.00	96%	
200m	27.	2:36.95	362	2:29.80	91%	
200m	38.	**2:39.93**	362	2:45.50	107%	
, 07.02.2008						-
100m	79.	1:16.07	234	1:08.00	80%	
100m	18.	1:17.79	390	1:17.50	99%	
200m	8.	2:41.70	474	2:40.80	99%	
, 28.04.2004						1
200m	3.	1:59.37	623	1:58.05	98%	
200m	1.	**2:10.58**	629	2:10.70	100%	
200m	1.	2:12.86	631	2:10.00	96%	
, 07.06.2011						2
100m	59.	**1:31.46**	134	1:55.00	158%	
200m	38.	**3:20.90**	130	4:00.00	143%	
, 25.05.2009						2
50m	32.	29.06	372	28.70	98%	
100m	52.	**1:05.07**	374	1:05.60	102%	
200m	37.	**2:25.71**	343	2:28.30	104%	
, 31.10.2010						-
50m	3.	28.37	400	27.60	95%	
50m	1.	29.56	427	29.00	96%	
200m	4.	2:37.07	350	2:33.00	95%	
, 25.02.2009						2
100m	78.	**1:14.28**	251	1:40.60	183%	
200m	50.	**2:44.15**	239	3:34.00	170%	
, 10.01.2007						-
200m	23.	2:29.55	317	2:25.00	94%	
, 08.08.2010						1
100m	17.	1:09.08	419	1:05.00	89%	
50m	14.	37.62	368	36.00	92%	
200m	7.	**2:38.68**	469	2:40.00	102%	
200m	15.	2:45.36	443	2:45.00	100%	
, 27.11.2012						-
50m	8.	45.90	260	43.10	88%	
200m	10.	3:07.44	304	3:03.00	95%	
, 19.06.2006						-
100m	6.	1:10.90	532	1:10.00	97%	
200m	6.	2:34.75	541	2:33.00	98%	
, 05.03.2013						1
100m	4.	**1:21.33**	352	1:31.19	126%	
, 27.01.2009						4
50m	34.	**33.29**	359	40.30	147%	
50m	21.	**39.06**	329	41.50	113%	
100m	28.	**1:27.32**	284	1:46.00	147%	
50m	23.	**46.44**	251	52.50	128%	
, 09.06.2012						2
50m	6.	32.50	386	32.00	97%	
100m	4.	**1:09.67**	408	1:10.00	101%	
200m	3.	2:33.23	400	2:33.00	100%	

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. , ., 3-4 2022 .
OMEGA ARES 21

MAD WAVE
АКАДЕМИЯ СПОРТА
MADWAVE ШКОЛА ПЛАВАНИЯ
РУЗА
MADWAVE SwimCamp

100m		2.	1:20.98	321	1:22.00	103%	
, 25.02.2009							2
50m		39.	30.16	333	29.90	98%	
100m		67.	1:07.19	340	1:09.00	105%	
200m		43.	2:31.55	304	2:35.00	105%	
50m		21.	38.80	230	37.00	91%	
, 10.09.2009							3
100m		58.	1:05.71	363	1:05.80	100%	
50m		36.	34.59	266	34.70	101%	
200m		46.	2:52.66	287	2:54.10	102%	
, 17.06.2008							-
50m		5.	28.56	569	26.50	86%	
100m		7.	1:02.28	572	1:00.10	93%	
50m		8.	37.27	485	35.10	89%	
50m		4.	30.67	505	29.05	90%	
200m		2.	2:29.37	601	2:25.10	94%	
, 02.12.2006							1
50m		10.	26.45	494	25.00	89%	
100m		11.	57.57	541	56.40	96%	
100m		7.	1:05.34	499	1:06.70	104%	
, 31.01.2010							-
50m		12.	30.99	445	29.50	91%	
100m		12.	1:07.24	454	1:05.80	96%	
200m		9.	2:42.97	463	2:29.80	84%	
, 23.02.2010							-
100m		24.	1:10.25	398	1:08.00	94%	
100m		8.	1:14.83	452	1:14.80	100%	
200m		15.	2:42.72	435	2:38.50	95%	
50m		24.	44.47	286	43.00	93%	
, 14.11.2009							-
50m		18.	30.92	448	30.90	100%	
50m		15.	35.94	423	35.80	99%	
100m		18.	1:16.77	419	1:15.90	98%	
200m		29.	2:51.15	400	2:43.00	91%	
, 08.09.2007							1
100m		43.	1:03.59	401	1:03.10	98%	
50m		11.	29.99	409	29.70	98%	
200m		23.	2:43.50	338	2:43.80	100%	
, 04.02.2009							2
50m		6.	26.92	468	27.00	101%	
100m		34.	1:12.98	358	1:10.00	92%	
200m		29.	2:38.66	351	2:32.00	92%	
50m		18.	35.78	381	36.00	101%	
100m		31.	1:23.28	318	1:18.00	88%	
, 04.05.2011							2
100m		57.	1:25.34	166	1:55.00	182%	
200m		39.	3:28.12	117	4:00.00	133%	
, 18.01.2009							1
100m		68.	1:09.06	313	1:07.50	96%	
200m		42.	2:27.17	332	2:23.50	95%	
100m		23.	1:20.38	354	1:23.70	108%	
, 22.01.2007							-
100m		17.	58.86	506	58.40	98%	
50m		6.	33.09	482	32.90	99%	
100m		7.	1:12.60	480	1:11.90	98%	
, 17.01.2007							1
100m		45.	1:04.39	386	1:05.10	102%	
200m		21.	2:24.49	351	2:23.80	99%	
200m		22.	2:40.90	355	2:38.70	97%	
, 27.09.2011							2
100m		28.	1:45.18	226	1:47.10	104%	
200m		49.	3:26.85	226	3:37.70	111%	
, 01.02.2007							-
50m		3.	28.63	565	28.00	96%	
50m		4.	30.02	538	30.00	100%	

, 23.06.2007					1
100m	39.	**1:02.57**	421	1:05.70	110%
200m	19.	2:20.53	382	2:17.50	96%
50m	7.	29.08	449	28.70	97%
100m	10.	1:09.43	361	1:09.20	99%
, 06.04.2012					5
100m	2.	**1:07.38**	451	1:09.50	106%
50m	1.	**35.20**	450	36.50	108%
100m	1.	**1:14.78**	453	1:17.00	106%
50m	1.	**33.56**	385	34.50	106%
200m	2.	**2:48.30**	420	2:54.00	107%
" "					1
, 25.10.2008					1
100m	62.	**1:22.02**	250	1:25.05	108%
100m	31.	1:37.55	204	1:35.10	95%
50m	28.	44.59	164	44.00	97%
, 26.07.2008					-
100m	61.	1:20.18	268	1:13.50	84%
100m	29.	1:27.36	284	1:23.15	91%
50m	27.	41.34	206	37.00	80%
					4
, 19.02.2010					4
50m	23.	31.53	291	31.40	99%
100m	27.	**1:09.33**	309	1:13.89	114%
100m	16.	1:15.29	326	1:14.90	99%
200m	13.	**2:43.10**	323	2:47.80	106%
200m	17.	**3:16.64**	263	3:29.50	114%
200m	27.	**2:52.19**	290	3:00.00	109%
" "					3
, 27.05.2010					-
50m	5.	34.71	469	34.00	96%
100m	7.	1:14.61	456	1:13.50	97%
200m	13.	2:41.52	445	2:36.00	93%
, 21.02.2008					3
50m	13.	**29.76**	503	30.00	102%
50m	10.	**37.55**	475	38.00	102%
100m	12.	**1:23.92**	446	1:24.00	100%
200m	26.	2:50.40	405	2:50.00	100%
, 16.11.2011					-
100m	WDR		-	1:16.73	-
200m	WDR		-	2:42.14	-
200m	WDR		-	2:53.71	-
200m	WDR		-	3:05.00	-
, 30.11.2009					-
50m	23.	37.27	337	35.00	88%
100m	26.	1:21.16	344	1:19.17	95%
200m	16.	2:54.96	374	2:49.98	94%
					4
, 07.03.2009					2
50m	9.	**27.53**	438	27.60	101%
100m	10.	**59.54**	489	1:00.50	103%
, 22.09.2011					2
50m	18.	**32.26**	395	34.00	111%
50m	12.	**37.40**	375	39.00	109%
					3
, 14.05.2012					3
50m	4.	32.41	389	32.00	97%
100m	6.	**1:11.84**	372	1:12.00	100%
100m	6.	1:23.80	322	1:23.00	98%
50m	1.	**41.99**	339	43.00	105%
100m	8.	1:36.58	292	1:36.00	99%

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200m		8.	**2:58.25**	354	3:03.00	105%	
							2
, 06.08.2013							2
50m		6.	**39.66**	314	40.00	102%	
200m		2.	**2:55.52**	347	3:10.00	117%	
200m		12.	3:11.59	285	3:10.00	98%	
10							-
, 25.08.2010							-
100m		8.	1:27.20	277	1:25.00	95%	
200m		14.	3:08.69	298	3:05.00	96%	
							2
, 28.02.2009							-
100m		53.	1:12.70	359	1:12.45	99%	
, 28.03.2006							2
50m		10.	40.07	305	39.23	96%	
100m		20.	**1:24.87**	310	1:28.54	109%	
100m		16.	1:38.77	273	1:30.43	84%	
200m		21.	**3:08.59**	299	3:25.12	118%	
							11
, 19.05.2007							1
50m		14.	**27.25**	451	28.30	108%	
100m		20.	59.39	492	59.25	100%	
, 24.05.2010							1
200m		1.	2:14.91	432	2:14.44	99%	
100m		3.	**1:08.84**	370	1:09.81	103%	
, 12.10.2008							1
200m		4.	**2:08.77**	497	2:09.52	101%	
, 12.06.2010							2
100m		2.	**1:03.72**	534	1:04.33	102%	
200m		1.	**2:19.30**	533	2:21.00	102%	
, 28.07.2008							2
50m		4.	**29.77**	510	30.33	104%	
100m		5.	**1:04.09**	529	1:05.00	103%	
200m		4.	2:18.58	526	2:16.99	98%	
, 25.06.2008							1
100m		15.	**59.80**	482	1:01.40	105%	
200m		8.	2:10.58	476	2:09.50	98%	
, 18.03.2010							1
200m		17.	2:49.01	290	2:42.00	92%	
100m		7.	**1:26.78**	281	1:36.00	122%	
, 26.05.2007							2
100m		14.	**1:08.89**	426	1:10.50	105%	
200m		5.	**2:26.06**	449	2:27.00	101%	
1							-
, 02.06.2008							-
50m		36.	29.74	347	29.50	98%	
1							1
, 12.06.2008							-
50m		32.	32.33	392	29.50	83%	
100m		50.	1:12.15	368	1:07.00	86%	
100m		22.	1:20.00	370	1:16.00	90%	
, 12.10.2010							1
50m		16.	30.72	315	30.50	99%	
50m		10.	36.91	268	33.50	82%	
100m		9.	1:27.99	270	1:20.00	83%	
50m		10.	**32.47**	322	32.50	100%	

, 30.09.2008						-
50m	6.	33.34	529	32.00	92%	
100m	5.	1:09.66	560	1:09.00	98%	
200m	4.	2:31.08	544	2:28.50	97%	
, 05.12.2009						-
50m	29.	31.45	355	30.98	97%	
						-
, 07.09.2005						-
200m	5.	2:02.76	573	1:59.00	94%	
, 30.03.2007						-
200m	17.	2:48.50	419	2:38.00	88%	
						7
, 05.10.2012						3
50m	8.	34.02	336	35.00	106%	
100m	10.	1:15.30	323	1:18.00	107%	
200m	9.	2:45.30	319	2:48.00	103%	
, 10.08.2012						1
200m	18.	3:32.25	209	3:52.17	120%	
, 26.10.2013						3
200m	14.	3:30.37	154	3:54.00	124%	
50m	17.	52.38	136	55.00	110%	
50m	27.	58.91	123	58.00	97%	
100m	21.	1:57.81	161	2:02.71	108%	
						20
, 09.07.2009						1
100m	3.	57.38	546	58.00	102%	
200m	26.	2:19.81	388	2:12.00	89%	
50m	10.	29.27	440	27.50	88%	
, 06.12.2007						-
100m	34.	1:01.09	452	59.00	93%	
100m	17.	1:10.27	401	1:07.00	91%	
, 07.11.2012						2
100m	25.	1:39.48	140	1:37.00	95%	
100m	17.	1:39.31	193	1:48.00	118%	
50m	21.	54.25	157	55.00	103%	
50m	18.	46.39	146	46.00	98%	
, 07.07.2008						-
100m	29.	1:01.36	446	58.00	89%	
, 25.02.2006						-
50m	WDR		-	31.00	-	
100m	WDR		-	1:09.00	-	
, 03.04.2011						-
50m	25.	40.06	305	38.00	90%	
50m	16.	42.36	330	41.00	94%	
100m	15.	1:32.71	330	1:32.00	98%	
200m	17.	3:20.40	333	3:20.00	100%	
, 13.08.2007						2
100m	26.	59.81	482	1:01.00	104%	
200m	18.	2:36.73	384	2:45.00	111%	
, 07.06.2008						-
50m	12.	31.90	415	29.00	83%	
100m	16.	1:08.98	424	1:05.00	89%	
, 24.05.2011						4
100m	36.	1:11.64	280	1:12.45	102%	
200m	23.	2:35.81	280	3:01.20	135%	
100m	26.	1:23.31	241	1:30.10	117%	
50m	35.	37.77	204	39.20	108%	
, 04.02.2006						2
100m	10.	56.91	560	57.00	100%	
100m	10.	1:06.02	484	1:06.40	101%	

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https://swim4you.ru/
., 3-4   2022 .
OMEGA ARES 21
Splash Meet Manager, 11.75236
Registered to Moscow City/ANO CSP
04.12.2022 17:19 -   6

, 30.04.2007						-
50m	1.	25.05	581	23.00	84%	
100m	9.	56.86	561	55.30	95%	
, 27.07.2007						-
50m	6.	27.95	505	27.50	97%	
100m	9.	1:06.29	415	1:03.00	90%	
, 21.07.2007						-
50m	11.	26.81	474	26.09	95%	
100m	19.	59.09	500	58.07	97%	
200m	18.	2:19.15	393	2:15.00	94%	
, 02.03.2011						-
50m	WDR		-	32.98	-	
100m	WDR		-	1:15.05	-	
50m	WDR		-	34.03	-	
100m	WDR		-	1:42.22	-	
200m	WDR		-	3:08.22	-	
, 20.05.2009						1
50m	1.	**28.57**	578	29.00	103%	
100m	3.	1:03.36	548	1:03.00	99%	
, 24.09.2006						2
100m	5.	**1:02.74**	559	1:04.00	104%	
200m	6.	**2:20.03**	525	2:20.41	101%	
, 10.11.2007						2
50m	19.	39.32	413	38.00	93%	
100m	10.	**1:21.61**	485	1:22.00	101%	
200m	7.	2:58.79	469	2:56.00	97%	
50m	14.	**32.56**	422	33.00	103%	
, 28.03.2008						1
50m	6.	**33.98**	445	34.00	100%	
100m	15.	1:17.01	402	1:14.00	92%	
, 25.08.2010						1
100m	44.	1:13.97	255	1:12.50	96%	
50m	30.	36.72	223	34.00	86%	
200m	31.	**2:56.12**	271	3:08.00	114%	
, 10.01.2011						2
50m	31.	**33.07**	252	34.00	106%	
200m	10.	**3:06.08**	210	3:12.00	106%	
, 19.01.2011						-
100m	47.	1:16.08	313	1:13.00	92%	
50m	15.	37.64	368	37.00	97%	
" "						6
, 07.01.2006						1
50m	6.	29.53	514	29.00	96%	
50m	7.	36.01	538	35.20	96%	
100m	11.	1:21.94	479	1:19.00	93%	
100m	8.	**1:14.94**	405	1:16.00	103%	
, 14.04.2009						-
100m	9.	1:12.23	503	1:11.90	99%	
200m	15.	2:40.11	488	2:34.34	93%	
, 18.04.2005						-
100m	16.	1:15.35	443	1:10.50	88%	
200m	12.	2:41.30	478	2:38.15	96%	
, 31.07.2005						-
50m	10.	30.28	477	30.00	98%	
100m	15.	1:07.69	445	1:05.00	92%	
, 29.06.2007						2
100m	4.	**1:03.11**	554	1:04.00	103%	
200m	3.	**2:19.46**	546	2:20.00	101%	
, 18.05.2007						1
50m	7.	33.35	471	32.00	92%	
100m	9.	**1:13.43**	464	1:16.00	107%	
200m	5.	2:40.47	485	2:40.00	99%	

, 18.10.2008						-
50m	16.	32.39	396	32.00	98%	
50m	22.	30.38	393	30.00	98%	
, 29.10.2008						-
50m	16.	28.15	409	27.00	92%	
50m	18.	30.19	401	28.90	92%	
, 03.06.2008						-
50m	8.	29.08	539	28.46	96%	
50m	2.	34.56	609	34.38	99%	
100m	2.	1:17.32	570	1:16.00	97%	
, 30.10.2010						-
50m	17.	38.14	353	36.00	89%	
50m	16.	37.53	275	36.70	96%	
, 22.03.2007						-
50m	8.	33.78	509	32.91	95%	
100m	14.	1:13.05	486	1:11.37	95%	
50m	18.	39.15	419	38.19	95%	
50m	9.	31.16	481	30.62	97%	
, 22.04.2007						2
100m	3.	**1:01.72**	588	1:01.85	100%	
200m	1.	**2:12.67**	617	2:15.46	104%	
50m	10.	31.30	475	30.32	94%	
, 10.02.2012						-
200m	WDR		-	3:25.00	-	
50m	WDR		-	36.00	-	
200m	WDR		-	3:13.00	-	
" "						88
, 24.12.2008						-
50m	47.	30.90	309	30.00	94%	
100m	72.	1:09.71	304	1:08.00	95%	
200m	44.	2:33.27	294	2:27.00	92%	
100m	29.	1:22.24	217	1:17.00	88%	
, 10.04.2009						2
100m	21.	**1:10.18**	403	1:18.00	124%	
200m	22.	**2:32.92**	414	2:45.00	116%	
, 02.10.2010						-
200m	21.	2:33.67	397	2:27.00	92%	
100m	9.	1:21.47	315	1:12.00	78%	
, 15.06.2011						-
50m	36.	34.32	226	34.00	98%	
100m	54.	1:19.55	205	1:15.00	89%	
200m	37.	2:54.25	200	2:50.00	95%	
, 05.12.2012						2
100m	20.	**1:32.35**	175	1:50.00	142%	
50m	20.	**53.34**	165	59.00	122%	
, 17.11.2009						1
50m	3.	**28.33**	583	28.50	101%	
100m	9.	1:02.59	563	1:02.50	100%	
200m	10.	2:18.21	546	2:17.00	98%	
, 26.11.2009						-
50m	37.	35.40	298	32.00	82%	
100m	60.	1:19.29	277	1:10.00	78%	
200m	42.	2:47.37	307	2:35.00	86%	
200m	40.	3:14.34	273	2:55.00	81%	
, 18.02.2010						3
100m	11.	**1:05.52**	367	1:10.00	114%	
100m	11.	**1:14.72**	334	1:18.00	109%	
50m	12.	**32.88**	310	33.00	101%	
, 16.12.2010						2
100m	56.	**1:38.04**	146	1:45.00	115%	
100m	30.	**1:52.22**	186	1:59.14	113%	
, 30.04.2011						3
100m	32.	**1:11.70**	375	1:12.76	103%	
100m	16.	1:17.95	400	1:14.72	92%	
200m	10.	**2:39.91**	458	2:43.95	105%	

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200m		21.	**2:50.89**	401	2:58.07	109%	
, 24.09.2009							2
50m		12.	32.46	426	31.50	94%	
100m		3.	**1:10.25**	492	1:11.00	102%	
200m		3.	**2:40.48**	437	2:52.00	115%	
, 24.01.2010							-
50m		12.	30.44	324	30.00	97%	
100m		19.	1:08.33	323	1:06.00	93%	
200m		18.	2:31.17	307	2:23.00	89%	
100m		17.	1:16.91	306	1:16.00	98%	
, 05.01.2006							-
100m		14.	1:06.44	471	1:05.30	97%	
100m		3.	1:10.18	548	1:09.50	98%	
200m		3.	2:31.85	536	2:30.50	98%	
200m		13.	2:42.00	471	2:41.40	99%	
, 16.04.2007							-
100m		WDR		-	1:20.00	-	
200m		WDR		-	2:59.50	-	
, 27.09.2006							1
50m		16.	38.56	438	37.90	97%	
200m		19.	**2:51.73**	396	2:52.16	101%	
, 28.05.2010							3
50m		4.	37.17	489	37.00	99%	
100m		3.	**1:20.35**	508	1:22.67	106%	
50m		3.	**31.96**	446	32.35	102%	
100m		3.	**1:11.45**	468	1:13.35	105%	
, 27.03.2005							-
100m		12.	1:06.07	479	1:03.00	91%	
100m		11.	1:12.25	502	1:09.00	91%	
200m		6.	2:37.63	479	2:28.00	88%	
100m		11.	1:21.17	319	1:10.00	74%	
, 25.09.2006							2
200m		10.	**2:08.64**	498	2:11.00	104%	
200m		8.	**2:27.21**	464	2:33.00	108%	
, 16.04.2008							1
200m		2.	2:08.23	503	2:06.00	97%	
100m		3.	**1:01.55**	518	1:02.00	101%	
, 11.05.2010							-
200m		17.	2:30.72	309	2:30.00	99%	
, 05.12.2005							-
100m		11.	59.28	495	57.70	95%	
100m		5.	1:12.68	363	1:05.50	81%	
, 31.07.2013							-
100m		16.	1:49.72	199	1:44.14	90%	
200m		11.	3:46.63	230	3:44.14	98%	
, 28.07.2009							3
100m		27.	**1:01.24**	449	1:03.00	106%	
200m		9.	**2:11.42**	467	2:16.00	107%	
100m		17.	**1:17.61**	393	1:20.00	106%	
100m		10.	1:06.04	419	1:05.00	97%	
, 30.07.2009							-
100m		42.	1:08.07	438	1:05.00	91%	
200m		16.	2:21.84	505	2:20.00	97%	
200m		11.	2:35.49	499	2:33.00	97%	
200m		21.	2:46.10	437	2:37.00	89%	
, 17.11.2009							-
50m		27.	31.56	421	30.00	90%	
100m		17.	1:28.60	379	1:25.00	92%	
200m		12.	3:06.45	413	3:05.00	98%	
200m		24.	2:47.96	423	2:47.00	99%	
, 28.11.2013							1
50m		WDR		-	53.00	-	
100m		WDR		-	2:00.00	-	
200m		16.	**3:23.20**	239	4:10.96	153%	

, 01.06.2008						1
100m	13.	**1:03.95**	528	1:04.00	100%	
200m	10.	2:38.07	507	2:30.00	90%	
, 31.01.2010						3
100m	11.	1:07.00	459	1:05.00	94%	
100m	15.	**1:17.37**	409	1:18.00	102%	
100m	5.	**1:21.64**	484	1:24.00	106%	
200m	4.	**2:38.96**	499	2:40.00	101%	
, 04.05.2009						2
100m	42.	**1:03.26**	407	1:04.00	102%	
200m	35.	2:24.48	351	2:19.00	93%	
50m	27.	31.12	366	31.00	99%	
100m	19.	**1:10.80**	340	1:12.00	103%	
, 05.03.2009						5
50m	7.	**33.44**	525	34.00	103%	
50m	9.	**37.46**	478	41.00	120%	
100m	6.	**1:20.49**	505	1:24.50	110%	
200m	4.	**2:56.83**	485	3:00.50	104%	
50m	6.	**31.56**	463	32.00	103%	
, 24.12.2008						-
100m	21.	1:05.08	501	1:04.00	97%	
200m	14.	2:20.02	525	2:15.00	93%	
200m	13.	2:39.48	462	2:28.00	86%	
, 04.01.2011						3
50m	26.	**31.97**	279	32.30	102%	
200m	24.	**3:17.04**	183	3:18.00	101%	
100m	20.	**1:39.03**	189	1:41.20	104%	
50m	29.	36.42	228	35.90	97%	
, 13.04.2010						-
50m	WDR		-	39.24	-	
100m	WDR		-	1:45.03	-	
, 21.05.2009						-
100m	54.	1:12.90	356	1:10.00	92%	
100m	20.	1:32.74	330	1:27.00	88%	
200m	14.	3:13.06	372	3:05.00	92%	
, 25.08.2006						-
200m	3.	2:14.16	597	2:10.00	94%	
50m	2.	29.85	548	29.00	94%	
100m	3.	1:07.43	556	1:07.00	99%	
200m	1.	2:36.82	468	2:35.00	98%	
, 19.06.2010						1
200m	10.	**2:25.34**	345	2:29.50	106%	
200m	30.	2:54.00	281	2:45.00	90%	
, 14.02.2008						-
100m	19.	1:04.67	511	1:04.00	98%	
100m	9.	1:22.95	462	1:19.00	91%	
, 10.11.2009						2
200m	14.	**2:13.78**	443	2:15.00	102%	
100m	7.	**1:05.77**	425	1:08.00	107%	
, 17.08.2010						3
100m	54.	**1:20.14**	268	1:20.53	101%	
100m	32.	**1:29.13**	267	1:39.42	124%	
100m	29.	**1:46.36**	219	2:00.71	129%	
, 05.01.2010						1
200m	20.	**3:25.59**	230	3:35.11	109%	
, 16.08.2008						2
50m	16.	35.34	395	34.50	95%	
200m	4.	**2:33.11**	378	2:38.00	106%	
200m	10.	**2:26.96**	466	2:27.00	100%	
, 11.03.2009						-
100m	WDR		-	1:10.00	-	
200m	WDR		-	2:26.00	-	
100m	WDR		-	1:16.00	-	
200m	WDR		-	2:40.00	-	

, 11.11.2011							-
100m	42.	1:14.77	330	1:12.00	93%		
100m	22.	1:23.15	329	1:20.00	93%		
100m	21.	1:35.01	307	1:35.00	100%		
200m	34.	3:03.00	327	3:00.00	97%		
, 03.02.2010							1
50m	32.	**33.31**	247	34.66	108%		
50m	16.	40.26	206	39.54	96%		
200m	19.	2:54.52	263	2:54.00	99%		
, 06.02.2009							-
200m	41.	2:26.91	334	2:20.00	91%		
100m	41.	1:20.41	268	1:18.00	94%		
, 26.11.2011							-
100m	52.	1:18.06	290	1:14.00	90%		
50m	25.	46.32	253	43.00	86%		
100m	25.	1:37.83	281	1:32.00	88%		
200m	20.	3:34.31	272	3:15.00	83%		
, 20.02.2008							-
200m	28.	2:28.77	437	2:20.00	89%		
200m	23.	2:46.82	432	2:42.00	94%		
, 05.01.2006							1
50m	2.	31.65	551	31.50	99%		
200m	3.	**2:32.96**	560	2:33.00	100%		
, 19.04.2013							2
50m	22.	**55.37**	148	1:00.00	117%		
200m	19.	**3:49.23**	166	4:45.00	155%		
, 27.10.2010							-
100m	29.	1:28.38	201	1:27.89	99%		
50m	20.	45.69	183	40.00	77%		
, 18.10.2012							3
50m	16.	**46.93**	190	57.00	148%		
100m	18.	**1:47.04**	154	2:00.00	126%		
200m	7.	**3:41.16**	173	4:10.00	128%		
, 29.05.2010							3
100m	42.	**1:13.42**	260	1:18.30	114%		
200m	31.	**2:48.25**	222	2:51.30	104%		
100m	18.	1:35.50	211	1:35.38	100%		
200m	33.	**2:59.60**	255	3:12.70	115%		
, 29.01.2010							-
50m	10.	29.76	346	28.50	92%		
100m	9.	1:04.59	383	1:02.00	92%		
, 30.10.2009							-
100m	16.	1:04.29	520	1:03.00	96%		
200m	9.	2:17.75	551	2:15.00	96%		
50m	11.	32.41	428	31.00	91%		
100m	6.	1:13.13	436	1:10.00	92%		
, 09.09.2010							4
100m	48.	**1:16.64**	307	1:20.30	110%		
200m	34.	**2:49.24**	297	2:59.30	112%		
100m	23.	**1:35.94**	298	1:40.71	110%		
200m	42.	**3:08.20**	300	3:12.70	105%		
, 24.10.2010							3
100m	43.	**1:13.79**	256	1:15.00	103%		
200m	28.	**2:43.84**	241	2:45.40	102%		
50m	31.	**37.18**	214	40.00	116%		
200m	35.	3:04.33	236	3:04.30	100%		
, 19.06.2013							1
200m	8.	**2:44.69**	322	2:50.00	107%		
100m	6.	1:31.83	220	1:30.00	96%		
, 24.08.2012							3
100m	21.	**1:32.55**	174	1:40.00	117%		
50m	12.	**49.01**	213	55.00	126%		
100m	13.	**1:46.95**	215	2:00.00	126%		
, 14.10.2010							2
50m	20.	**31.23**	300	31.90	104%		
200m	15.	2:29.04	320	2:28.77	100%		

100m	12.	**1:27.20**	182	1:30.26	107%
200m	11.	3:11.59	193	3:09.00	97%
, 12.05.2009					4
50m	43.	**30.42**	324	31.00	104%
200m	29.	**2:21.11**	377	2:22.00	101%
200m	9.	**2:41.03**	325	2:55.00	118%
200m	26.	**2:35.27**	395	2:40.00	106%
, 09.10.2010					-
100m	30.	1:11.57	377	1:09.00	93%
50m	16.	37.95	359	37.53	98%
, 09.05.2008					-
100m	14.	1:14.93	450	1:13.00	95%
200m	22.	2:46.74	432	2:43.00	96%
, 02.05.2007					-
50m	WDR		-	26.00	-
100m	WDR		-	58.00	-
50m	WDR		-	35.00	-
100m	WDR		-	1:03.70	-
, 22.03.2009					2
100m	39.	1:07.77	444	1:05.00	92%
100m	15.	**1:14.95**	450	1:15.00	100%
200m	15.	2:41.60	444	2:35.00	92%
100m	8.	**1:15.75**	392	1:18.00	106%
, 25.09.2010					2
100m	16.	**1:06.96**	343	1:07.30	101%
50m	13.	41.82	238	40.00	91%
100m	10.	**1:17.99**	254	1:20.34	106%
, 30.11.2008					-
50m	WDR		-	31.16	-
200m	WDR		-	2:50.00	-
, 13.05.2010					2
50m	24.	**40.00**	306	41.02	105%
200m	27.	**3:06.55**	289	3:20.00	115%
, 22.01.2011					2
200m	24.	**2:58.46**	330	3:05.30	108%
200m	36.	**3:04.65**	318	3:17.30	114%
, 18.06.2009					-
50m	13.	28.02	415	28.00	100%
100m	36.	1:02.49	423	1:01.00	95%
50m	26.	31.05	368	30.50	96%
, 21.02.2009					-
50m	16.	30.17	482	30.00	99%
100m	34.	1:07.12	457	1:06.00	97%
50m	11.	35.10	454	33.00	88%
, 08.12.2010					4
50m	22.	**32.57**	383	33.75	107%
100m	31.	**1:11.65**	375	1:16.78	115%
100m	18.	**1:18.89**	386	1:20.35	104%
200m	21.	2:51.32	373	2:51.22	100%
50m	23.	**44.33**	288	46.92	112%
" "					2
, 16.05.2011					-
50m	5.	29.90	496	28.00	88%
50m	2.	31.07	486	31.00	100%
, 27.05.2005					2
100m	4.	**54.49**	638	54.60	100%
100m	3.	1:11.22	509	1:08.40	92%
200m	2.	**2:13.83**	618	2:16.25	104%
, 30.07.2005					-
50m	4.	25.15	574	23.90	90%
100m	5.	55.53	602	54.00	95%
, 13.06.2008					-
50m	4.	32.77	558	32.00	95%
100m	6.	1:10.63	538	1:08.50	94%

" ", 50   https://swim4you.ru/
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" "							2
, 10.01.2008							-
50m		3.	29.58	520	28.00		90%
100m		2.	1:02.60	568	1:01.00		95%
200m		1.	2:17.73	536	2:11.00		90%
200m		1.	2:17.30	572	2:14.00		95%
, 23.02.2009							-
100m		23.	1:05.43	493	1:04.52		97%
200m		18.	2:23.48	488	2:21.16		97%
, 07.10.2008							2
50m		4.	28.34	582	28.30		100%
100m		3.	**1:00.89**	612	1:01.33		101%
200m		4.	**2:12.94**	613	2:16.00		105%
50m		5.	30.94	492	30.30		96%
100m		5.	1:11.80	461	1:10.00		95%
, 09.01.2010							-
200m		20.	2:33.51	398	2:30.22		96%
200m		24.	2:51.99	394	2:49.68		97%
, 07.05.2010							-
50m		WDR		-	37.00		-
, 06.08.2009							-
50m		13.	35.63	434	33.12		86%
100m		10.	1:12.65	494	1:12.13		99%
200m		14.	2:39.63	461	2:32.05		91%
200m		9.	2:36.77	520	2:35.03		98%
, 28.03.2005							-
50m		9.	27.86	422	27.10		95%
50m		4.	34.60	421	32.70		89%
200m		4.	2:47.04	430	2:40.00		92%
200m		2.	2:48.97	281	2:40.00		90%
" "							5
, 19.04.2010							1
50m		3.	**34.35**	484	34.50		101%
100m		4.	1:13.15	484	1:13.00		100%
200m		11.	2:40.52	453	2:36.00		94%
50m		4.	32.43	427	32.05		98%
200m		7.	2:41.95	472	2:38.00		95%
, 08.10.2011							1
50m		24.	33.07	366	32.00		94%
50m		15.	41.81	344	41.20		97%
100m		19.	1:34.30	314	1:32.00		95%
200m		38.	**3:06.64**	308	3:16.00		110%
, 20.04.2012							3
50m		3.	42.76	321	41.90		96%
100m		2.	**1:28.70**	377	1:30.00		103%
200m		1.	3:06.17	415	3:05.00		99%
50m		5.	**36.52**	299	37.00		103%
200m		3.	3:14.69	244	3:10.00		95%
200m		5.	**2:54.84**	375	3:02.00		108%
" "							5
, 03.10.2006							-
50m		3.	31.91	604	31.40		97%
50m		17.	39.08	421	36.00		85%
50m		7.	30.92	493	30.50		97%
, 29.08.2013							2
50m		18.	**41.49**	185	48.00		134%
50m		20.	**47.72**	134	50.00		110%
, 16.04.2008							-
50m		1.	27.33	649	26.84		96%
, 15.07.2005							-
200m		7.	2:20.89	515	2:14.73		91%

	, 02.09.2012						1
50m		8.	**38.81**	249	41.00	112%	
	, 28.10.2010						-
50m		20.	38.72	338	36.00	86%	
	, 16.06.2008						2
50m		7.	30.96	454	30.50	97%	
200m		5.	**2:18.61**	526	2:22.00	105%	
200m		4.	**2:23.37**	502	2:27.00	105%	
	, 14.01.2008						-
50m		29.	28.78	383	28.10	95%	
100m		40.	1:02.86	415	1:02.00	97%	
50m		24.	30.95	372	29.89	93%	
	, 07.07.2008						-
100m		WDR		-	1:10.16	-	
200m		WDR		-	2:37.00	-	
200m		WDR		-	2:35.00	-	
	, 20.10.2008						-
50m		5.	29.86	506	28.00	88%	
50m		1.	27.11	554	26.95	99%	
							108
	, 23.08.2009						2
50m		51.	**32.63**	263	34.00	109%	
200m		47.	**2:55.80**	272	3:05.00	111%	
	, 15.03.2008						2
100m		14.	**1:16.71**	407	1:18.00	103%	
200m		9.	**2:43.36**	460	2:51.00	110%	
	, 09.09.2010						-
100m		48.	1:15.42	240	1:14.00	96%	
200m		33.	2:48.73	220	2:40.00	90%	
	, 25.02.2013						3
100m		17.	**1:27.57**	205	1:28.00	101%	
50m		16.	**43.96**	171	44.60	103%	
200m		15.	**3:21.98**	243	3:23.00	101%	
	, 24.12.2008						2
100m		37.	**1:14.72**	334	1:17.00	106%	
200m		31.	**2:41.55**	332	2:45.00	104%	
	, 23.07.2009						2
100m		38.	**1:07.68**	446	1:08.00	101%	
200m		25.	2:27.20	452	2:25.00	97%	
50m		17.	34.04	369	34.00	100%	
100m		7.	**1:14.47**	413	1:15.00	101%	
	, 04.12.2006						-
100m		17.	1:08.31	433	1:08.00	99%	
200m		15.	2:42.70	465	2:36.00	92%	
	, 14.05.2006						2
50m		18.	**27.59**	435	28.00	103%	
100m		18.	**59.03**	501	1:01.80	110%	
200m		13.	2:12.08	460	2:09.00	95%	
	, 28.12.2012						1
100m		15.	1:47.93	209	1:45.00	95%	
200m		14.	**3:56.04**	203	4:05.00	108%	
	, 23.05.2009						-
100m		26.	1:25.59	302	1:23.00	94%	
200m		24.	2:56.44	341	2:54.00	97%	
	, 01.02.2006						-
100m		WDR		-	59.00	-	
100m		WDR		-	1:04.00	-	
100m		WDR		-	1:15.00	-	
	, 14.08.2006						2
50m		14.	37.84	464	37.50	98%	
100m		9.	**1:20.96**	497	1:22.00	103%	
200m		6.	**2:58.71**	470	3:00.00	101%	

, 27.09.2012							2
50m		19.	**44.94**	146	46.00	105%	
100m		24.	**1:37.59**	148	1:52.00	132%	
, 15.07.2008							3
50m		31.	**31.85**	410	33.00	107%	
100m		46.	**1:10.08**	401	1:18.00	124%	
200m		34.	**2:32.59**	405	2:45.00	117%	
, 09.07.2009							1
100m		58.	1:15.94	315	1:15.00	98%	
100m		24.	**1:20.70**	360	1:21.00	101%	
, 02.03.2009							-
50m		WDR		-	32.00	-	
100m		WDR		-	1:07.00	-	
50m		WDR		-	34.00	-	
, 30.09.2012							2
50m		23.	**55.41**	147	57.00	106%	
100m		22.	**2:01.18**	148	2:06.00	108%	
, 12.03.2006							-
100m		WDR		-	1:03.00	-	
200m		WDR		-	2:15.00	-	
, 28.07.2013							1
50m		24.	**55.62**	146	56.00	101%	
100m		24.	2:04.42	136	1:59.00	91%	
, 25.05.2011							1
50m		28.	**32.19**	274	33.50	108%	
100m		45.	1:14.24	252	1:13.00	97%	
, 11.08.2010							2
100m		5.	**1:13.40**	479	1:14.90	104%	
200m		3.	**2:42.40**	421	2:50.00	110%	
, 23.07.2009							2
100m		27.	**1:06.27**	475	1:09.00	108%	
200m		17.	**2:22.84**	494	2:23.00	100%	
, 09.08.2010							1
100m		41.	1:13.41	260	1:13.00	99%	
200m		26.	2:42.77	246	2:35.00	91%	
100m		25.	1:23.03	243	1:21.00	95%	
50m		34.	**37.67**	206	38.00	102%	
, 03.02.2009							1
200m		14.	2:26.63	444	2:26.00	99%	
200m		14.	**2:30.00**	438	2:40.00	114%	
, 16.07.2006							-
100m		WDR		-	1:06.30	-	
200m		WDR		-	2:22.00	-	
, 17.07.2010							1
100m		1.	**1:04.32**	641	1:06.00	105%	
, 21.02.2008							-
100m		WDR		-	1:15.00	-	
200m		1.	2:28.57	611	2:28.00	99%	
, 17.09.2011							1
100m		52.	1:18.67	212	1:18.00	98%	
200m		30.	**2:46.80**	228	2:50.00	104%	
, 01.05.2009							1
50m		17.	**30.31**	476	32.00	111%	
100m		35.	1:07.25	454	1:07.00	99%	
200m		27.	2:28.60	439	2:24.00	94%	
50m		19.	34.86	344	34.00	95%	
, 22.09.2007							-
200m		9.	2:25.81	465	2:21.00	94%	
100m		17.	1:17.24	411	1:11.00	84%	
, 19.05.2008							4
100m		28.	**1:01.33**	447	1:03.00	106%	
200m		12.	**2:13.34**	447	2:17.00	106%	
50m		17.	**30.11**	404	30.70	104%	
100m		14.	**1:07.46**	393	1:10.00	108%	

	, 24.01.2004						2
50m		2.	**27.38**	538	27.50	101%	
100m		2.	**1:02.00**	507	1:02.50	102%	
	, 05.09.2012						2
50m		6.	44.68	282	44.00	97%	
100m		9.	**1:36.95**	289	1:40.00	106%	
100m		4.	**1:27.04**	258	1:28.00	102%	
	, 05.02.2011						-
100m		46.	1:15.66	319	1:15.00	98%	
100m		29.	1:27.62	281	1:25.00	94%	
	, 26.05.2008						1
100m		61.	**1:06.04**	358	1:09.00	109%	
200m		39.	2:26.40	338	2:24.00	97%	
	, 28.08.2009						2
100m		15.	**1:04.22**	522	1:04.70	102%	
200m		12.	2:18.58	541	2:18.00	99%	
50m		3.	**30.65**	506	31.60	106%	
	, 21.03.2010						-
50m		30.	35.29	301	35.00	98%	
50m		26.	47.36	236	42.00	79%	
200m		47.	3:15.54	268	3:12.00	96%	
	, 03.05.2013						1
100m		23.	**1:35.46**	158	1:44.00	119%	
50m		28.	59.14	121	55.00	86%	
	, 17.12.2010						2
100m		27.	**1:24.91**	309	1:27.00	105%	
50m		20.	**41.91**	198	42.50	103%	
	, 10.06.2010						3
100m		29.	**1:09.62**	305	1:11.00	104%	
50m		24.	**35.07**	256	36.00	105%	
200m		26.	**2:52.05**	290	2:54.00	102%	
	, 17.11.2009						-
100m		76.	1:11.88	277	1:09.00	92%	
50m		29.	39.41	285	38.50	95%	
100m		30.	1:23.19	319	1:20.00	92%	
200m		44.	2:47.03	317	2:45.00	98%	
	, 30.05.2009						2
50m		33.	**29.07**	372	30.60	111%	
200m		36.	2:24.94	348	2:24.00	99%	
50m		26.	**38.49**	306	39.00	103%	
	, 03.10.2010						2
50m		2.	**29.63**	509	29.90	102%	
200m		3.	2:21.14	512	2:21.00	100%	
100m		2.	**1:11.16**	473	1:12.00	102%	
200m		6.	2:54.94	337	2:50.00	94%	
	, 12.03.2013						3
50m		15.	**38.34**	235	43.00	126%	
50m		17.	51.69	182	47.00	83%	
50m		11.	**41.89**	198	45.00	115%	
100m		7.	**1:38.01**	181	1:43.00	110%	
	, 10.12.2005						2
100m		20.	**1:15.24**	324	1:16.00	102%	
200m		22.	**3:09.67**	294	3:13.00	104%	
	, 04.05.2007						-
50m		13.	37.58	473	37.00	97%	
100m		8.	1:20.72	501	1:19.00	96%	
200m		5.	2:54.03	508	2:47.00	92%	
	, 07.05.2010						-
100m		30.	1:28.29	275	1:27.00	97%	
	, 01.09.2010						1
100m		15.	**1:07.47**	450	1:08.50	103%	
200m		9.	2:25.40	469	2:25.00	99%	
	, 01.01.2009						1
50m		48.	**31.23**	300	33.00	112%	
200m		45.	2:34.59	287	2:32.00	97%	

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, 01.06.2007							-
100m	21.	1:15.99	317	1:15.50		99%	
200m	7.	2:46.69	302	2:45.00		98%	
, 30.09.2010							3
50m	18.	**31.13**	303	32.80		111%	
100m	32.	**1:10.31**	296	1:14.00		111%	
200m	20.	**2:33.31**	294	2:37.00		105%	
, 15.10.2007							-
100m	36.	1:01.26	449	59.00		93%	
200m	14.	2:12.35	457	2:09.00		95%	
200m	4.	2:39.16	336	2:35.00		95%	
, 06.03.2009							-
100m	49.	1:11.55	377	1:11.50		100%	
100m	25.	1:22.51	337	1:20.00		94%	
50m	22.	45.80	261	45.60		99%	
50m	22.	37.05	286	36.00		94%	
, 31.12.2008							1
200m	35.	**2:38.79**	370	2:41.00		103%	
, 19.08.2008							2
200m	19.	**2:31.00**	407	2:37.00		108%	
200m	27.	**2:35.42**	394	2:36.00		101%	
, 15.06.2012							2
50m	20.	**45.76**	138	46.00		101%	
100m	27.	**1:44.59**	120	1:50.00		111%	
, 18.01.2007							-
100m	15.	58.17	524	58.00		99%	
50m	13.	40.47	263	34.00		71%	
200m	7.	2:47.02	430	2:38.00		89%	
, 07.04.2007							-
200m	11.	2:29.93	427	2:25.00		94%	
, 24.06.2005							1
100m	2.	**1:10.84**	517	1:11.00		100%	
200m	2.	2:33.29	556	2:30.00		96%	
, 01.05.2013							2
50m	13.	**37.70**	247	38.00		102%	
100m	14.	**1:23.99**	233	1:29.00		112%	
, 01.04.2009							1
200m	28.	**2:36.98**	362	2:38.00		101%	
200m	36.	2:39.21	367	2:39.00		100%	
, 25.09.2007							-
50m	WDR		-	26.40		-	
100m	WDR		-	57.90		-	
100m	WDR		-	1:06.00		-	
200m	WDR		-	2:17.00		-	
, 30.03.2007							1
100m	16.	**1:07.78**	444	1:08.00		101%	
50m	20.	39.57	405	37.00		87%	
200m	9.	3:12.51	376	3:00.00		87%	
, 09.07.2007							1
200m	4.	**2:31.86**	535	2:35.00		104%	
200m	7.	2:35.65	531	2:35.00		99%	
, 14.03.2005							-
100m	WDR		-	56.00		-	
100m	2.	1:03.86	535	1:02.00		94%	
, 14.03.2009							2
100m	55.	**1:12.95**	356	1:13.00		100%	
200m	35.	**2:58.90**	350	3:10.00		113%	
, 21.09.2007							-
50m	6.	30.42	478	29.50		94%	
100m	5.	1:04.74	513	1:04.50		99%	
200m	1.	2:17.76	536	2:16.00		97%	
, 01.05.2008							2
50m	52.	**32.75**	260	33.00		102%	
100m	75.	**1:11.84**	278	1:12.00		100%	

, 01.09.2009							-
100m		WDR		-	1:11.00		-
50m		WDR		-	35.00		-
50m		WDR		-	36.00		-
, 01.01.2008							1
100m		8.	**59.09**	500	59.80	102%	
100m		17.	1:09.21	420	1:07.00	94%	
, 11.11.2006							1
100m		47.	**1:05.32**	370	1:07.50	107%	
50m		14.	40.66	259	39.50	94%	
, 27.11.2007							1
100m		15.	1:19.81	361	1:19.00	98%	
200m		9.	**2:48.69**	417	2:55.00	108%	
, 22.08.2009							1
100m		28.	1:21.83	335	1:20.00	96%	
200m		39.	**2:40.26**	359	2:42.00	102%	
, 01.01.2009							1
50m		50.	**31.76**	285	33.00	108%	
200m		46.	2:37.54	271	2:35.00	97%	
, 21.11.2011							-
100m		56.	1:25.02	167	1:23.00	95%	
100m		32.	1:34.07	167	1:30.00	92%	
, 05.02.2008							-
200m		28.	2:20.76	380	2:20.00	99%	
, 25.08.2007							1
100m		14.	1:18.56	379	1:18.00	99%	
200m		6.	**2:24.81**	487	2:28.00	104%	
, 05.08.2007							2
100m		31.	**1:00.60**	463	1:02.00	105%	
100m		16.	**1:09.85**	409	1:10.00	100%	
, 07.09.2012							-
50m		25.	57.35	133	55.00	92%	
100m		20.	1:57.26	163	1:50.00	88%	
, 25.07.2012							2
50m		16.	**50.96**	190	54.00	112%	
100m		17.	**1:52.44**	185	1:53.00	101%	
, 22.08.2007							1
50m		22.	**28.29**	403	28.50	101%	
100m		39.	1:02.57	421	1:01.50	97%	
, 18.01.2006							1
200m		9.	**2:08.35**	501	2:10.00	103%	
200m		1.	2:17.22	525	2:15.00	97%	
, 14.03.2011							-
50m		19.	32.30	393	32.00	98%	
100m		26.	1:10.53	394	1:08.50	94%	
200m		29.	2:42.00	339	2:27.00	82%	
, 14.03.2013							-
50m		11.	42.96	247	41.50	93%	
200m		10.	3:42.77	242	3:39.00	97%	
, 10.06.2007							-
100m		49.	1:06.13	356	1:04.00	94%	
100m		16.	1:21.62	338	1:20.00	96%	
, 02.10.2010							2
200m		27.	2:39.17	357	2:33.00	92%	
50m		11.	**36.46**	300	36.50	100%	
200m		29.	**2:55.73**	369	3:00.50	106%	
, 31.01.2010							1
50m		27.	32.08	276	32.00	100%	
50m		16.	43.50	212	43.50	100%	
50m		18.	**34.35**	272	35.50	107%	
200m		28.	2:52.46	288	2:52.00	99%	
, 18.07.2011							2
50m		22.	**43.23**	311	44.00	104%	
200m		30.	**2:56.49**	364	3:03.00	108%	

							2
, 03.03.2010							
100m	23.	**1:08.81**	316	1:09.00		101%	
100m	12.	1:31.39	241	1:29.00		95%	
200m	17.	**2:44.31**	333	2:48.00		105%	
, 21.03.2010							1
200m	14.	**2:42.76**	343	2:48.00		107%	
, 14.10.2011							1
100m	51.	**1:17.99**	217	1:18.00		100%	
100m	28.	1:27.36	209	1:26.00		97%	
, 08.03.2012							-
50m	26.	57.37	133	54.00		89%	
100m	23.	2:01.25	147	1:59.00		96%	
, 19.02.2011							1
200m	9.	**3:04.12**	321	3:12.00		109%	
200m	25.	2:51.86	291	2:48.00		96%	
, 16.07.2007							-
200m	12.	2:34.15	393	2:25.00		88%	
, 05.08.2010							2
50m	30.	**32.82**	258	34.00		107%	
100m	22.	**1:18.73**	285	1:19.50		102%	
200m	18.	2:50.29	283	2:48.00		97%	
, 27.01.2010							2
100m	36.	**1:12.49**	362	1:15.00		107%	
100m	14.	**1:17.17**	412	1:20.00		107%	
, 01.08.2011							-
50m	33.	51.22	98	48.00		88%	
100m	57.	1:55.47	89	1:52.00		94%	
, 20.09.2009							1
50m	42.	**30.39**	325	30.70		102%	
100m	38.	1:17.82	295	1:16.00		95%	
							2
, 05.08.2009							2
50m	11.	**37.60**	473	38.34		104%	
100m	10.	**1:22.98**	461	1:23.29		101%	
" "							-
, 14.12.2010							-
100m	WDR		-	1:28.00		-	
200m	WDR		-	3:10.00		-	
"AquaRus"							-
, 24.09.2010							-
50m	6.	31.20	363	29.49		89%	
100m	1.	1:07.46	393	1:05.90		95%	
200m	2.	2:32.83	380	2:28.90		95%	
200m	5.	2:36.65	385	2:28.90		90%	
"Froka"							-
, 29.08.2009							-
100m	WDR		-	1:03.00		-	
50m	WDR		-	36.90		-	
100m	WDR		-	1:17.90		-	
200m	WDR		-	2:51.00		-	
50m	WDR		-	32.90		-	
"Koenigswim"							-
, 22.12.2013							-
50m	WDR		-	58.00		-	
50m	WDR		-	54.50		-	
" - "							1

, 26.01.2006						-
100m	10.	1:13.91	455	1:13.50	99%	
, 23.09.2005						1
100m	10.	**58.53**	514	58.70	101%	
" "						1
, 11.03.2006						1
50m	23.	28.37	400	28.00	97%	
100m	38.	**1:02.25**	427	1:05.00	109%	
" "						3
, 15.07.2006						-
200m	3.	2:03.19	567	2:03.00	100%	
, 18.01.2012						1
100m	8.	**1:25.23**	306	1:29.00	109%	
50m	10.	47.18	239	46.00	95%	
, 31.03.2006						-
50m	11.	37.69	326	37.00	96%	
200m	12.	2:30.07	438	2:30.00	100%	
, 10.03.2006						1
100m	7.	**1:04.32**	454	1:05.70	104%	
, 09.11.2009						1
200m	13.	**2:19.69**	529	2:21.00	102%	
100m	2.	1:10.10	495	1:09.46	98%	
, 30.06.2010						-
200m	8.	2:25.31	470	2:23.79	98%	
200m	23.	2:51.49	397	2:42.75	90%	
" "						52
, 06.06.2011						3
100m	34.	**1:11.15**	286	1:12.00	102%	
200m	21.	**2:33.85**	291	2:37.00	104%	
50m	28.	**36.24**	232	37.00	104%	
200m	29.	2:52.82	287	2:52.00	99%	
, 14.03.2010						-
50m	1.	31.35	437	30.00	92%	
100m	3.	1:08.08	441	1:07.00	97%	
200m	2.	2:28.79	425	2:24.00	94%	
200m	1.	2:29.92	439	2:27.00	96%	
, 06.02.2008						1
100m	5.	1:12.14	490	1:12.10	100%	
50m	3.	27.63	523	27.30	98%	
200m	3.	**2:18.81**	553	2:19.10	100%	
, 09.10.2012						2
100m	9.	**1:25.69**	301	1:40.00	136%	
100m	11.	**1:39.29**	269	1:52.50	128%	
, 19.06.2005						-
50m	3.	24.87	594	24.20	95%	
100m	3.	54.43	640	53.60	97%	
200m	4.	2:02.13	582	2:01.10	98%	
, 31.08.2010						2
200m	22.	**2:53.16**	361	3:00.00	108%	
50m	13.	41.03	364	40.00	95%	
100m	13.	1:30.01	361	1:29.00	98%	
200m	16.	**2:46.53**	434	2:54.00	109%	
, 17.06.2009						1
100m	51.	**1:04.97**	376	1:05.00	100%	
100m	28.	1:11.42	382	1:08.00	91%	
200m	21.	2:31.55	402	2:26.00	93%	
200m	21.	2:32.11	420	2:28.00	95%	
, 24.10.2006						-
50m	4.	31.94	536	30.20	89%	
100m	4.	1:08.90	562	1:05.80	91%	
200m	2.	2:15.96	589	2:14.80	98%	

"   ", 50   https://swim4you.ru/

.   ,   ., 3-4   2022 .   OMEGA ARES 21

, 08.01.2008							1
100m		2.	**57.11**	554	57.50	101%	
100m		6.	1:04.50	519	1:02.50	94%	
200m		6.	2:19.30	518	2:15.00	94%	
200m		2.	2:17.67	567	2:16.50	98%	
, 26.11.2009							-
50m		WDR		-	30.00	-	
100m		WDR		-	1:04.00	-	
200m		WDR		-	2:20.00	-	
50m		WDR		-	37.00	-	
, 26.03.2011							2
50m		37.	**34.87**	215	35.67	105%	
50m		18.	42.41	176	39.00	85%	
100m		22.	**1:40.64**	180	1:43.00	105%	
, 30.09.2008							2
100m		1.	**59.45**	658	59.70	101%	
200m		1.	2:10.70	645	2:09.50	98%	
50m		2.	**30.07**	536	30.20	101%	
200m		3.	2:29.66	598	2:27.30	97%	
, 29.07.2010							1
100m		13.	**1:14.88**	332	1:17.00	106%	
200m		10.	2:38.61	351	2:37.00	98%	
100m		14.	1:32.15	235	1:32.00	100%	
200m		21.	2:46.38	321	2:42.00	95%	
, 19.10.2010							-
200m		12.	2:26.16	339	2:24.00	97%	
50m		7.	39.92	274	38.00	91%	
200m		13.	3:07.79	302	3:07.00	99%	
, 18.08.2009							4
100m		63.	**1:06.52**	350	1:10.00	111%	
200m		34.	**2:24.26**	353	2:29.00	107%	
200m		8.	**2:40.95**	325	2:56.00	120%	
200m		41.	**2:43.72**	337	2:45.00	102%	
, 24.02.2011							2
100m		40.	**1:13.28**	351	1:15.00	105%	
100m		23.	**1:23.56**	324	1:24.00	101%	
, 19.08.2008							-
50m		1.	25.73	536	24.90	94%	
100m		1.	56.94	559	55.10	94%	
100m		1.	1:01.80	590	59.47	93%	
100m		4.	1:03.52	471	1:01.60	94%	
, 03.03.2006							-
50m		7.	26.01	519	25.20	94%	
50m		5.	32.07	529	31.30	95%	
100m		5.	1:10.34	528	1:09.10	97%	
200m		4.	2:36.13	527	2:32.00	95%	
, 23.08.2009							1
50m		15.	32.04	409	31.15	95%	
100m		14.	**1:08.03**	442	1:08.90	103%	
200m		16.	2:28.54	427	2:25.70	96%	
200m		17.	2:31.25	428	2:30.00	98%	
, 29.03.2004							-
50m		2.	24.71	605	24.15	96%	
100m		2.	54.17	649	53.55	98%	
200m		6.	2:03.24	566	2:01.00	96%	
50m		3.	32.05	530	31.90	99%	
, 24.01.2007							-
50m		1.	30.54	613	29.90	96%	
100m		1.	1:07.34	602	1:05.00	93%	
200m		1.	2:15.39	596	2:15.10	100%	
, 28.01.2010							-
100m		9.	1:24.49	437	1:23.16	97%	
200m		10.	3:00.33	457	2:58.27	98%	
50m		9.	33.40	391	33.21	99%	
100m		7.	1:18.74	349	1:16.34	94%	

, 24.05.2010						2
50m	17.	30.98	307	30.50	97%	
100m	10.	**1:14.20**	341	1:15.00	102%	
200m	12.	**2:41.07**	354	2:44.00	104%	
, 30.12.2009						-
50m	2.	33.54	463	32.50	94%	
100m	8.	1:13.15	470	1:13.00	100%	
200m	11.	2:46.62	433	2:40.00	92%	
, 03.11.2009						3
100m	12.	1:07.41	455	1:07.00	99%	
200m	22.	2:31.69	401	2:30.00	98%	
50m	24.	**37.31**	336	38.00	104%	
200m	7.	**2:39.75**	333	2:45.00	107%	
200m	20.	**2:32.03**	421	2:33.00	101%	
, 24.07.2006						-
50m	2.	28.11	597	27.20	94%	
100m	1.	1:00.87	613	59.10	94%	
200m	4.	2:17.78	551	2:09.34	88%	
, 28.09.2009						4
50m	45.	**30.71**	315	31.00	102%	
100m	64.	**1:06.55**	350	1:08.00	104%	
200m	33.	**2:23.28**	360	2:25.00	102%	
50m	30.	**41.67**	241	42.00	102%	
50m	35.	34.48	269	34.00	97%	
, 06.10.2008						1
50m	54.	33.32	247	32.31	94%	
200m	48.	**2:42.90**	245	2:43.00	100%	
50m	37.	36.54	226	35.31	93%	
200m	48.	3:06.07	229	3:04.13	98%	
, 29.01.2009						1
100m	50.	**1:04.87**	378	1:05.00	100%	
200m	21.	2:19.04	394	2:16.50	96%	
200m	26.	2:34.53	379	2:33.00	98%	
200m	25.	2:34.29	403	2:34.00	100%	
, 11.07.2012						2
100m	8.	**1:12.97**	355	1:16.00	108%	
200m	7.	2:40.67	347	2:40.00	99%	
200m	3.	3:02.50	308	3:00.00	97%	
200m	9.	**2:59.07**	349	3:07.00	109%	
, 01.06.2004						1
50m	1.	24.22	643	23.46	94%	
100m	1.	52.61	708	51.28	95%	
200m	2.	**1:58.16**	643	1:58.30	100%	
50m	2.	30.50	615	30.10	97%	
, 21.01.2007						-
50m	8.	26.12	513	25.50	95%	
100m	21.	59.51	489	56.90	91%	
50m	8.	33.46	466	32.70	96%	
100m	11.	1:15.70	424	1:11.00	88%	
100m	4.	1:01.93	509	1:00.50	95%	
, 25.07.2011						3
50m	19.	42.59	325	42.04	97%	
100m	14.	**1:30.80**	352	1:32.60	104%	
50m	13.	**37.00**	287	42.03	129%	
200m	32.	**2:58.77**	351	3:06.23	109%	
, 27.03.2009						1
50m	6.	30.00	499	29.00	93%	
100m	8.	1:05.33	499	1:05.00	99%	
200m	10.	**2:24.46**	465	2:26.00	102%	
50m	7.	34.40	429	33.00	92%	
200m	5.	2:23.44	502	2:21.00	97%	
, 23.05.2005						-
50m	1.	27.33	649	27.10	98%	
50m	2.	34.10	634	32.90	93%	
100m	2.	1:14.68	633	1:12.10	93%	
200m	1.	2:25.61	649	2:24.50	98%	

, 22.03.2011						4
50m	25.	**33.08**	366	34.18	107%	
50m	16.	**42.36**	330	44.00	108%	
100m	16.	**1:32.77**	330	1:40.00	116%	
200m	27.	**2:54.44**	377	3:03.00	110%	
, 14.06.2010						-
100m	WDR		-	1:07.79	-	
100m	WDR		-	1:12.50	-	
200m	WDR		-	2:38.50	-	
200m	WDR		-	2:38.70	-	
, 03.06.2005						-
50m	5.	35.65	555	33.40	88%	
100m	5.	1:17.16	574	1:14.70	94%	
50m	1.	29.06	594	28.20	94%	
100m	1.	1:05.49	607	1:05.20	99%	
, 13.03.2011						4
100m	26.	**1:09.14**	312	1:10.14	103%	
100m	14.	**1:15.06**	329	1:16.38	104%	
200m	11.	**2:38.71**	350	2:40.05	102%	
50m	17.	43.79	208	41.85	91%	
200m	16.	**2:43.67**	337	2:50.80	109%	
, 07.09.2009						1
50m	30.	28.86	380	28.00	94%	
100m	30.	1:01.54	442	1:01.00	98%	
200m	18.	2:16.24	419	2:14.00	97%	
50m	32.	32.17	331	31.00	93%	
200m	28.	**2:35.54**	393	2:38.00	103%	
, 07.06.2008						-
50m	1.	33.96	642	32.50	92%	
200m	5.	2:34.79	540	2:24.00	87%	
, 12.04.2009						3
50m	37.	29.78	346	28.00	88%	
50m	19.	**34.88**	317	36.00	107%	
50m	17.	**35.44**	392	38.00	115%	
100m	16.	**1:17.21**	399	1:23.00	116%	
, 27.05.2006						-
50m	1.	28.15	604	26.95	92%	
50m	1.	25.21	689	25.20	100%	
100m	1.	56.59	667	56.00	98%	
, 15.03.2010						-
100m	21.	1:18.68	286	1:15.50	92%	
50m	15.	33.17	302	32.70	97%	
200m	6.	2:50.22	275	2:50.00	100%	
200m	20.	2:44.58	332	2:44.00	99%	
, 05.06.2004						-
200m	1.	1:56.21	676	1:54.10	96%	
" "						4
, 29.06.2009						-
200m	7.	2:15.84	575	2:13.70	97%	
200m	10.	2:35.02	503	2:30.90	95%	
200m	7.	2:36.01	528	2:34.90	99%	
, 20.04.2010						-
50m	23.	32.60	382	30.50	88%	
50m	2.	34.01	499	33.50	97%	
100m	3.	1:13.10	485	1:12.50	98%	
200m	16.	2:42.97	433	2:38.00	94%	
100m	8.	1:21.09	320	1:16.00	88%	
, 08.07.2007						-
100m	4.	55.08	617	55.00	100%	
50m	2.	28.23	599	28.00	98%	
100m	1.	1:01.15	609	59.50	95%	
, 10.03.2010						1
50m	1.	33.84	506	33.50	98%	
100m	2.	1:12.53	496	1:12.40	100%	
200m	6.	**2:38.65**	469	2:39.00	100%	

, 06.03.2008							-
200m		6.	2:15.37	581	2:14.00	98%	
200m		11.	2:38.57	503	2:33.00	93%	
, 30.07.2011							1
100m		4.	1:02.80	416	1:01.29	95%	
200m		4.	**2:17.45**	408	2:20.52	105%	
100m		4.	1:24.54	304	1:22.57	95%	
, 28.01.2008							-
50m		7.	27.08	460	26.00	92%	
200m		2.	2:24.62	448	2:20.20	94%	
, 25.02.2010							-
50m		11.	30.04	337	29.00	93%	
200m		7.	2:18.88	396	2:15.00	94%	
100m		7.	1:12.05	323	1:09.50	93%	
200m		3.	2:36.71	352	2:31.00	93%	
, 25.03.2010							-
100m		WDR		-	1:02.00	-	
100m		WDR		-	1:06.00	-	
200m		WDR		-	2:27.00	-	
200m		WDR		-	2:37.00	-	
, 13.01.2011							2
200m		8.	2:39.54	462	2:35.00	94%	
200m		1.	**2:50.63**	540	2:54.00	104%	
50m		7.	**32.88**	410	33.00	101%	
200m		5.	2:54.85	338	2:45.00	89%	
RSO SwimTeam							4
, 10.05.2005							-
50m		EXH	35.44	565	35.00	98%	
100m		EXH	1:16.01	600	1:13.70	94%	
200m		EXH	2:43.62	612	2:43.00	99%	
, 19.04.2010							1
200m		EXH	2:19.62	529	2:19.00	99%	
100m		EXH	1:12.72	493	1:10.50	94%	
200m		EXH	**2:32.90**	525	2:33.00	100%	
50m		EXH	32.19	437	31.00	93%	
100m		EXH	1:11.25	472	1:09.00	94%	
200m		EXH	2:34.29	492	2:30.00	95%	
, 26.08.2012							1
200m		EXH	2:43.49	330	2:40.00	96%	
100m		EXH	1:25.07	307	1:22.00	93%	
200m		EXH	2:55.80	345	2:50.00	94%	
50m		EXH	37.93	267	37.00	95%	
100m		EXH	**1:23.06**	298	1:24.50	103%	
200m		EXH	3:03.45	292	3:00.00	96%	
, 28.11.2005							-
50m		EXH	29.61	510	28.00	89%	
100m		EXH	1:04.23	521	1:01.00	90%	
200m		EXH	2:22.03	503	2:15.00	90%	
50m		EXH	31.68	458	29.00	84%	
100m		EXH	1:09.85	501	1:08.50	96%	
, 28.06.2006							1
50m		EXH	27.23	452	25.50	88%	
100m		EXH	56.83	562	56.50	99%	
200m		EXH	2:04.79	546	2:04.00	99%	
50m		EXH	29.77	418	28.30	90%	
200m		EXH	**2:21.86**	518	2:23.00	102%	
, 13.05.2008							-
200m		EXH	2:06.75	521	2:04.00	96%	
50m		EXH	27.70	519	27.50	99%	
100m		EXH	1:03.16	479	1:02.50	98%	
200m		EXH	2:31.41	391	2:24.00	90%	
, 27.08.2008							1
50m		EXH	33.64	515	30.50	82%	
100m		EXH	**1:07.28**	622	1:07.50	101%	
200m		EXH	2:28.11	577	2:27.00	99%	
50m		EXH	30.50	513	30.00	97%	

MAD WAVE
АКАДЕМИЯ СПОРТА
MADWAVE ШКОЛАПЛАВАНИЯ
«РУЗА»
MADWAVE SwimCamp

100m		EXH	1:11.16	473	1:07.50	90%
	, 15.07.2010					-
100m		EXH	1:18.93	283	1:16.00	93%
200m		EXH	2:47.83	296	2:42.00	93%
200m		EXH	3:01.27	227	2:42.00	80%
200m		EXH	2:49.41	304	2:45.00	95%
	, 25.10.2005					-
50m		EXH	25.66	541	24.70	93%
200m		EXH	2:02.07	583	2:00.00	97%
50m		EXH	28.38	589	27.80	96%
200m		EXH	2:12.84	598	2:09.50	95%
100m		EXH	1:01.75	513	59.00	91%
" "						9
	, 21.08.2010					3
50m		6.	**28.86**	380	55.55	370%
100m		1.	**1:06.05**	483	1:07.70	105%
200m		1.	**2:22.85**	480	2:25.57	104%
200m		3.	2:49.09	414	2:48.56	99%
	, 27.02.2009					4
100m		11.	**1:03.55**	538	1:05.12	105%
100m		13.	**1:14.28**	462	1:18.41	111%
50m		10.	**32.37**	429	32.52	101%
200m		14.	**2:39.84**	491	2:41.42	102%
	, 27.02.2009					2
100m		14.	**1:03.99**	527	1:06.09	107%
50m		15.	40.46	379	39.23	94%
200m		10.	**3:00.77**	454	3:01.07	100%
50m		14.	32.99	406	32.56	97%
. -						21
	, 25.01.2010					-
50m		2.	32.54	391	31.50	94%
100m		2.	1:07.62	450	1:06.00	95%
200m		4.	2:32.19	397	2:25.00	91%
100m		4.	1:10.24	348	1:08.00	94%
	, 26.06.2011					3
100m		43.	**1:15.15**	325	1:21.00	116%
50m		19.	**38.58**	342	41.50	116%
100m		24.	**1:23.59**	324	1:26.00	106%
	, 14.01.2010					2
200m		19.	**2:33.13**	401	2:39.00	108%
200m		25.	**2:52.95**	387	3:29.00	146%
	, 22.12.2011					3
100m		49.	**1:16.99**	302	1:21.00	111%
50m		28.	**41.07**	283	41.50	102%
100m		27.	**1:38.36**	277	1:43.50	111%
	, 19.11.2011					-
200m		WDR		-	2:49.03	-
200m		WDR		-	3:08.40	-
	, 30.09.2009					1
50m		11.	29.37	523	29.00	97%
50m		3.	**34.69**	602	35.10	102%
100m		1.	1:17.17	573	1:16.80	99%
200m		6.	2:58.54	471	2:52.00	93%
	, 15.10.2011					-
100m		WDR		-	1:21.25	-
200m		WDR		-	2:57.07	-
	, 09.03.2010					1
50m		17.	37.77	270	35.50	88%
200m		31.	**2:56.95**	362	3:15.00	121%
	, 06.08.2010					3
50m		2.	27.65	432	26.89	95%
100m		3.	**1:02.33**	426	1:02.50	101%
50m		2.	**35.73**	383	36.49	104%
200m		2.	**2:31.50**	426	2:33.97	103%

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, 26.08.2010						4
200m	3.	**2:34.07**	513	2:45.00	115%	
200m	11.	**3:00.72**	454	3:07.00	107%	
200m	4.	**2:50.11**	367	2:55.00	106%	
200m	3.	**2:38.71**	501	2:45.00	108%	
, 16.03.2010						2
200m	WDR		-	2:47.01	-	
50m	3.	**30.57**	386	31.02	103%	
100m	2.	1:07.72	389	1:04.20	90%	
200m	1.	**2:31.56**	389	2:32.30	101%	
200m	4.	2:36.59	385	2:32.50	95%	
, 17.03.2011						-
50m	33.	33.55	242	32.30	93%	
50m	13.	38.79	230	38.50	99%	
50m	39.	43.54	133	36.35	70%	
, 15.02.2010						2
200m	16.	**2:30.25**	312	2:35.50	107%	
50m	9.	**40.19**	269	44.00	120%	
8						-
, 05.12.2008						-
50m	12.	35.58	436	32.00	81%	
100m	17.	1:16.24	427	1:11.50	88%	
200m	18.	2:44.05	425	2:38.00	93%	
						3
, 14.02.2009						-
50m	20.	31.18	437	30.50	96%	
100m	40.	1:07.87	442	1:06.00	95%	
200m	24.	2:26.71	456	2:25.00	98%	
50m	24.	37.29	281	36.00	93%	
200m	34.	2:56.76	363	2:50.00	92%	
, 01.06.2010						3
100m	39.	1:13.24	351	1:10.00	91%	
200m	23.	**2:34.38**	391	2:35.00	101%	
200m	2.	**2:41.57**	428	2:45.00	104%	
200m	10.	**2:43.65**	457	2:48.00	105%	
" "						56
, 31.08.2011						5
50m	31.	**36.19**	279	37.00	105%	
50m	23.	**39.27**	324	42.00	114%	
100m	26.	**1:24.80**	310	1:28.00	108%	
200m	25.	**3:03.27**	304	3:12.00	110%	
50m	27.	48.79	216	48.00	97%	
200m	44.	**3:12.49**	281	3:19.00	107%	
, 05.07.2011						-
50m	18.	38.56	342	38.00	97%	
50m	18.	37.80	269	37.00	96%	
100m	13.	1:27.71	253	1:22.00	87%	
200m	39.	3:06.96	306	3:04.00	97%	
, 21.02.2008						1
50m	8.	29.21	443	29.00	99%	
100m	13.	1:07.18	398	1:07.00	99%	
200m	6.	**2:38.00**	344	2:39.00	101%	
, 08.01.2011						4
100m	37.	**1:11.78**	279	1:18.00	118%	
50m	8.	**35.66**	297	41.92	138%	
100m	24.	**1:21.08**	261	1:36.03	140%	
50m	24.	**46.66**	172	52.26	125%	
, 07.04.2010						4
50m	8.	**29.37**	360	29.47	101%	
100m	5.	**1:03.03**	412	1:03.64	102%	
200m	3.	**2:16.83**	414	2:18.78	103%	
50m	9.	32.25	329	31.62	96%	
200m	8.	**2:40.07**	361	2:43.00	104%	

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, 30.08.2010							3
100m	4.	**1:04.61**	512	1:07.00	108%	
200m	4.	**2:22.45**	498	2:24.11	102%	
50m	8.	33.15	400	32.50	96%	
200m	12.	**2:43.80**	456	2:45.00	101%	
, 29.04.2009							1
100m	14.	59.79	482	59.00	97%	
50m	3.	33.55	462	32.90	96%	
100m	3.	1:11.16	510	1:11.00	100%	
200m	2.	**2:33.60**	553	2:39.00	107%	
, 17.01.2008							1
50m	44.	**30.53**	321	32.00	110%	
50m	19.	36.10	371	36.00	99%	
100m	22.	1:20.10	358	1:20.00	100%	
200m	15.	2:53.20	386	2:53.00	100%	
, 31.03.2010							1
100m	8.	1:04.54	383	1:04.50	100%	
200m	6.	**2:18.69**	397	2:19.00	100%	
200m	8.	2:52.92	262	2:48.00	94%	
, 25.02.2011							-
100m	27.	1:10.64	392	1:10.00	98%	
200m	22.	2:33.82	396	2:30.00	95%	
50m	12.	36.53	299	34.00	87%	
200m	28.	2:54.86	375	2:50.00	95%	
, 21.09.2010							3
100m	46.	**1:14.46**	250	1:15.00	101%	
200m	24.	**2:37.78**	270	2:40.00	103%	
50m	32.	**37.32**	212	39.00	109%	
, 05.05.2009							1
100m	32.	1:12.85	360	1:12.09	98%	
50m	31.	42.07	234	41.03	95%	
200m	42.	**2:45.95**	324	2:55.79	112%	
, 28.02.2009							1
50m	34.	29.21	366	29.00	99%	
100m	38.	1:02.59	420	1:02.00	98%	
200m	17.	2:15.77	424	2:12.00	95%	
200m	37.	**2:39.76**	363	2:40.00	100%	
, 08.04.2008							1
200m	10.	2:12.43	456	2:07.00	92%	
100m	18.	**1:10.41**	346	1:12.00	105%	
, 05.12.2010							3
50m	21.	**31.33**	297	33.00	111%	
100m	13.	**1:06.28**	354	1:08.00	105%	
200m	9.	**2:22.78**	364	2:30.00	110%	
, 07.02.2008							-
50m	13.	34.85	412	32.60	88%	
100m	12.	1:14.69	441	1:13.40	97%	
200m	13.	2:47.44	427	2:40.25	92%	
, 05.08.2008							2
50m	19.	**28.40**	399	28.75	102%	
100m	45.	1:04.40	386	1:02.00	93%	
50m	33.	32.63	317	32.00	96%	
100m	22.	**1:13.30**	307	1:15.00	105%	
, 02.07.2012							4
100m	22.	**1:34.26**	165	1:46.98	129%	
50m	19.	**52.05**	178	54.58	110%	
50m	22.	**55.35**	85	59.33	115%	
100m	9.	**2:03.12**	91	2:05.33	104%	
, 12.03.2012							-
200m	13.	3:28.66	158	3:00.00	74%	
100m	16.	1:37.05	207	1:35.00	96%	
, 14.03.2008							2
50m	11.	**27.73**	428	27.90	101%	
100m	10.	**59.54**	489	59.80	101%	
200m	11.	2:12.67	454	2:12.00	99%	

, 14.03.2008						-
50m	25.	31.51	423	31.00	97%	
100m	14.	1:25.33	424	1:22.00	92%	
200m	9.	3:00.61	455	3:00.00	99%	
50m	18.	34.20	364	32.00	88%	
200m	30.	2:51.61	396	2:40.00	87%	
, 13.01.2009						2
50m	14.	**28.10**	412	28.50	103%	
100m	13.	**59.74**	484	59.80	100%	
200m	3.	2:08.73	497	2:08.00	99%	
200m	16.	2:30.38	435	2:28.00	97%	
, 05.09.2011						3
100m	50.	**1:17.44**	222	1:20.00	107%	
200m	35.	**2:52.00**	208	3:00.00	110%	
100m	31.	1:30.42	188	1:30.00	99%	
200m	21.	**3:03.63**	226	3:15.00	113%	
, 04.08.2011						2
100m	33.	**1:10.77**	291	1:13.00	106%	
200m	22.	**2:34.46**	287	2:36.00	102%	
200m	32.	2:56.56	269	2:54.00	97%	
, 15.01.2009						1
50m	38.	30.10	335	29.30	95%	
100m	57.	1:05.69	364	1:03.00	92%	
100m	20.	**1:09.99**	406	1:10.00	100%	
50m	28.	31.26	361	29.50	89%	
100m	23.	1:14.03	298	1:10.00	89%	
, 27.09.2009						-
50m	WDR		-	35.00	-	
100m	WDR		-	1:20.00	-	
100m	WDR		-	1:22.00	-	
200m	WDR		-	3:00.00	-	
, 18.03.2010						1
200m	25.	**2:40.34**	257	2:41.00	101%	
200m	34.	3:04.10	237	3:00.00	96%	
, 23.09.2009						-
50m	3.	32.72	560	31.20	91%	
100m	3.	1:08.61	587	1:07.50	97%	
200m	2.	2:26.94	591	2:26.00	99%	
200m	6.	2:35.11	537	2:35.00	100%	
, 06.12.2009						-
100m	21.	1:19.85	372	1:18.00	95%	
200m	21.	2:49.02	388	2:46.00	96%	
200m	37.	3:02.28	331	2:50.00	87%	
, 31.07.2011						3
200m	27.	**2:43.16**	244	2:46.00	104%	
50m	33.	**37.58**	208	38.65	106%	
100m	13.	1:31.27	159	1:30.00	97%	
200m	12.	**3:13.27**	188	3:15.00	102%	
, 02.02.2009						-
50m	11.	31.88	416	31.60	98%	
100m	19.	1:09.85	409	1:09.00	98%	
50m	25.	38.10	315	36.00	89%	
200m	43.	2:46.83	319	2:46.00	99%	
, 16.02.2010						1
50m	8.	32.15	332	32.00	99%	
100m	9.	**1:15.68**	278	1:17.00	104%	
200m	7.	2:51.35	269	2:49.00	97%	
200m	9.	2:40.20	360	2:40.00	100%	
, 21.07.2011						4
100m	53.	**1:19.25**	277	1:19.85	102%	
200m	35.	**2:53.78**	274	3:01.09	109%	
100m	20.	**1:34.32**	314	1:37.58	107%	
200m	19.	**3:25.88**	307	3:30.15	104%	
, 22.01.2010						-
50m	6.	32.70	416	31.80	95%	
100m	4.	1:11.79	461	1:10.80	97%	
200m	1.	2:40.88	434	2:35.00	93%	

, 23.10.2009							1
100m	21.	1:12.76	313	1:12.74		100%	
200m	5.	**2:36.94**	351	2:39.92		104%	
, 01.11.2009							1
200m	39.	2:35.47	383	2:30.00		93%	
50m	18.	**36.50**	403	37.00		103%	
50m	20.	35.42	328	35.00		98%	
200m	32.	2:55.43	371	2:55.00		100%	
, 22.09.2010							-
50m	7.	33.95	344	33.43		97%	
100m	8.	1:11.07	388	1:10.50		98%	
200m	5.	2:32.32	396	2:29.00		96%	
200m	10.	2:40.58	357	2:40.00		99%	
" "							2
, 20.07.2012							2
100m	3.	1:20.86	358	1:19.00		95%	
50m	3.	**35.72**	319	36.00		102%	
200m	2.	**3:03.53**	292	3:20.00		119%	
" "							2
, 07.06.2004							2
100m	3.	**1:05.20**	502	1:10.00		115%	
100m	1.	**58.59**	601	1:04.00		119%	
" "							6
, 10.05.2011							3
100m	7.	1:05.49	492	1:05.00		99%	
200m	5.	**2:22.56**	497	2:24.00		102%	
200m	4.	**2:37.12**	483	2:38.00		101%	
200m	8.	**2:42.35**	468	2:45.00		103%	
, 13.03.2010							1
50m	16.	31.86	410	30.00		89%	
100m	13.	1:07.29	453	1:05.00		93%	
200m	15.	2:30.85	420	2:23.00		90%	
200m	18.	**2:47.62**	425	2:48.00		100%	
, 08.05.2010							-
200m	20.	2:49.48	412	2:44.00		94%	
, 16.07.2010							2
50m	1.	28.44	576	28.00		97%	
100m	3.	1:03.91	529	1:01.00		91%	
200m	7.	**2:23.47**	488	2:25.00		102%	
50m	1.	31.01	488	31.00		100%	
200m	6.	**2:39.33**	495	2:40.00		101%	
, 08.09.2010							-
50m	17.	32.23	396	31.00		93%	
100m	22.	1:09.81	406	1:07.00		92%	
200m	14.	2:30.30	424	2:30.00		100%	
200m	22.	2:50.92	401	2:50.00		99%	
, 15.02.2010							-
100m	6.	1:03.83	396	1:03.00		97%	
100m	9.	1:13.02	358	1:10.00		92%	
50m	16.	33.44	295	31.00		86%	
" "							3
, 21.03.2009							3
50m	20.	34.93	316	33.99		95%	
50m	11.	**34.78**	415	34.84		100%	
100m	11.	**1:14.03**	453	1:15.23		103%	
200m	4.	**2:36.53**	523	2:39.90		104%	
" "							-
, 17.03.2011							-
50m	7.	37.90	462	36.00		90%	
100m	6.	1:21.88	480	1:18.00		91%	

200m		9.	3:00.19	458	2:50.00	89%		
200m		8.	2:57.99	320	2:50.00	91%		
, 24.08.2010								-
50m		21.	38.79	336	37.00	91%		
200m		3.	2:53.15	516	2:51.00	98%		
, 03.07.2012								-
50m		4.	39.38	321	37.00	88%		
100m		5.	1:34.25	315	1:32.00	95%		
200m		6.	3:23.99	316	3:15.00	91%		
50m		4.	36.16	308	36.00	99%		
" "								2
, 25.12.2011								2
50m		36.	**37.78**	204	38.44	104%		
200m		37.	**3:08.04**	222	3:24.00	118%		
" "								8
, 10.12.2009								1
100m		56.	**1:13.45**	348	1:14.85	104%		
200m		41.	2:43.85	327	2:36.19	91%		
, 25.12.2006								-
100m		19.	1:18.84	386	1:16.35	94%		
200m		7.	2:48.05	395	2:44.52	96%		
, 01.12.2009								-
100m		19.	1:30.70	353	1:27.17	92%		
200m		16.	3:19.59	337	3:18.00	98%		
, 03.05.2010								1
100m		38.	1:13.16	353	1:11.10	94%		
200m		18.	**2:32.13**	409	2:34.90	104%		
50m		22.	38.96	332	35.10	81%		
50m		10.	36.05	311	34.90	94%		
200m		26.	2:53.89	381	2:49.60	95%		
, 26.09.2010								3
50m		20.	**32.45**	388	33.00	103%		
100m		29.	**1:11.35**	380	1:13.00	105%		
200m		28.	2:39.25	357	2:37.00	97%		
50m		15.	**37.09**	285	39.00	111%		
200m		33.	3:00.73	339	3:00.00	99%		
, 03.03.2009								1
50m		9.	34.59	474	33.90	96%		
100m		11.	1:13.23	482	1:11.50	95%		
200m		12.	**2:36.62**	488	2:38.90	103%		
200m		19.	2:44.65	449	2:43.00	98%		
, 28.11.2008								-
50m		8.	31.36	437	31.29	100%		
200m		7.	2:21.24	497	2:17.03	94%		
, 10.05.2005								-
50m		7.	26.97	466	26.00	93%		
100m		14.	1:01.11	452	59.00	93%		
, 26.02.2009								-
50m		26.	28.67	387	28.00	95%		
200m		12.	2:25.64	453	2:24.00	98%		
, 25.08.2006								-
100m		7.	56.65	567	55.42	96%		
100m		9.	1:05.80	489	1:02.67	91%		
50m		3.	27.51	530	26.79	95%		
100m		3.	1:01.05	531	59.44	95%		
, 11.01.2009								1
50m		14.	35.89	424	35.00	95%		
100m		20.	1:18.58	390	1:18.00	99%		
200m		20.	**2:44.93**	418	2:45.00	100%		
, 29.07.2008								1
100m		26.	**1:06.17**	477	1:06.52	101%		
100m		8.	1:11.90	510	1:09.94	95%		
200m		9.	2:34.81	505	2:31.12	95%		

, 11.06.2010							-
50m		21.	32.47	387	30.50	88%	
50m		8.	35.84	426	34.47	93%	
200m		14.	2:41.67	444	2:40.00	98%	
, 24.08.2012							-
50m		11.	36.35	276	34.50	90%	
50m		13.	42.77	186	42.34	98%	
200m		14.	3:17.56	260	3:05.00	88%	
, 06.08.2006							-
100m		41.	1:02.68	419	1:01.55	96%	
200m		22.	2:27.02	333	2:24.00	96%	
" "							62
, 29.03.2011							4
200m		8.	**2:20.60**	381	2:24.00	105%	
50m		7.	**32.08**	334	33.40	108%	
100m		8.	**1:12.76**	313	1:14.00	103%	
200m		5.	2:41.64	321	2:39.00	97%	
200m		6.	**2:38.70**	370	2:45.00	108%	
, 22.01.2011							2
100m		28.	1:27.09	287	1:26.00	98%	
200m		28.	**3:06.57**	288	3:08.00	102%	
200m		40.	**3:06.97**	306	3:13.00	107%	
, 11.07.2010							2
50m		27.	**33.47**	353	34.00	103%	
100m		34.	**1:12.05**	369	1:15.00	108%	
200m		25.	2:36.81	374	2:36.00	99%	
, 26.12.2009							-
50m		38.	35.53	295	34.55	95%	
100m		27.	1:26.96	288	1:24.55	95%	
50m		26.	40.30	222	37.88	88%	
, 17.11.2011							1
50m		29.	**52.03**	178	54.15	108%	
, 11.10.2012							4
100m		12.	**1:30.12**	259	1:38.20	119%	
50m		12.	**42.50**	189	43.00	102%	
200m		4.	**3:44.49**	159	3:45.00	100%	
200m		13.	**3:16.94**	262	3:25.00	108%	
, 15.03.2011							1
50m		14.	42.35	230	41.68	97%	
100m		16.	**1:33.56**	224	1:33.61	100%	
, 19.01.2011							-
100m		6.	1:18.33	355	1:18.00	99%	
200m		10.	3:07.26	275	2:58.00	90%	
, 19.04.2012							4
100m		15.	**1:24.90**	225	1:33.00	120%	
50m		18.	**51.90**	179	52.50	102%	
50m		17.	**46.25**	147	47.40	105%	
200m		17.	**3:29.74**	217	3:43.00	113%	
, 23.03.2012							4
100m		10.	**1:28.31**	275	1:29.00	102%	
200m		5.	**3:07.93**	282	3:13.00	105%	
50m		14.	**50.00**	201	51.30	105%	
50m		14.	**42.98**	183	43.20	101%	
, 04.02.2011							3
50m		9.	**38.53**	439	40.00	108%	
100m		7.	**1:23.72**	449	1:26.00	106%	
200m		12.	**3:05.12**	422	3:07.00	102%	
, 22.08.2011							-
50m		10.	36.06	418	36.00	100%	
100m		19.	1:19.17	382	1:18.40	98%	
, 02.03.2012							1
50m		11.	**47.76**	230	49.00	105%	
50m		15.	43.26	180	43.20	100%	
200m		5.	3:50.03	148	3:40.00	91%	

, 15.12.2008						1
100m	25.	**1:05.59**	490	1:06.00	101%	
, 28.04.2010						4
100m	25.	**1:09.13**	312	1:13.00	112%	
50m	15.	**43.19**	216	45.00	109%	
100m	15.	**1:33.42**	225	1:38.00	110%	
200m	18.	**3:17.26**	261	3:32.00	116%	
, 21.03.2012						4
50m	9.	**35.11**	306	36.00	105%	
50m	4.	**43.23**	311	45.50	111%	
100m	3.	**1:32.21**	336	1:36.70	110%	
200m	4.	**3:16.93**	351	3:28.50	112%	
, 17.06.2011						4
50m	4.	**28.42**	398	28.62	101%	
100m	2.	**1:02.10**	431	1:03.00	103%	
200m	5.	**2:17.94**	404	2:20.00	103%	
200m	7.	**2:39.64**	364	2:40.00	100%	
, 14.01.2010						1
100m	55.	1:25.30	222	1:21.00	90%	
50m	27.	40.85	288	42.15	106%	
, 28.11.2010						2
100m	35.	**1:12.21**	367	1:15.00	108%	
50m	20.	42.68	323	42.00	97%	
100m	17.	1:32.84	329	1:32.00	98%	
200m	15.	**3:14.17**	366	3:19.00	105%	
, 12.11.2008						2
50m	21.	31.20	436	30.00	92%	
100m	33.	**1:07.01**	459	1:08.00	103%	
100m	15.	**1:25.85**	416	1:30.00	110%	
, 22.12.2011						2
50m	8.	40.07	271	39.50	97%	
100m	5.	**1:25.41**	295	1:27.00	104%	
200m	11.	**3:04.37**	320	3:08.00	104%	
, 09.04.2009						2
100m	57.	**1:13.59**	346	1:18.00	112%	
200m	17.	**3:24.67**	312	3:30.00	105%	
, 10.10.2012						-
50m	17.	40.33	202	40.00	98%	
100m	19.	1:56.08	168	1:50.00	90%	
200m	12.	3:53.76	210	3:50.00	97%	
, 27.09.2013						4
50m	14.	**45.20**	212	48.30	114%	
50m	15.	**50.71**	192	52.20	106%	
100m	18.	**1:54.34**	176	2:00.00	110%	
200m	13.	**3:54.06**	209	4:24.00	127%	
, 10.10.2012						3
100m	18.	**1:28.36**	200	1:37.00	121%	
200m	12.	**3:18.45**	184	3:33.00	115%	
50m	19.	**47.49**	136	47.50	100%	
, 27.01.2013						-
100m	9.	1:14.47	334	1:13.12	96%	
200m	6.	2:37.40	369	2:34.81	97%	
100m	10.	1:38.84	273	1:35.90	94%	
100m	3.	1:22.93	299	1:21.93	98%	
, 10.10.2011						2
200m	32.	**2:44.47**	324	2:51.00	108%	
200m	35.	**3:04.48**	319	3:09.00	105%	
, 29.04.2010						-
200m	17.	2:31.27	416	2:24.25	91%	
200m	17.	2:43.71	427	2:37.00	92%	
200m	9.	2:59.32	313	2:45.00	85%	
, 04.10.2011						1
50m	29.	**53.23**	130	54.20	104%	
50m	22.	59.54	69	58.00	95%	

, 12.01.2009						3
50m	30.	**31.77**	413	32.00	101%	
100m	41.	**1:08.02**	439	1:13.00	115%	
200m	32.	**2:32.37**	407	2:38.00	108%	
, 20.01.2009						1
50m	5.	32.86	553	32.00	95%	
100m	4.	**1:09.26**	570	1:10.00	102%	
200m	5.	2:33.00	524	2:28.00	94%	
, 26.02.2010						-
50m	3.	29.73	504	29.09	96%	
100m	5.	1:05.18	499	1:04.40	98%	
200m	10.	2:25.66	466	2:23.70	97%	
" "						3
, 04.05.2008						3
50m	2.	**29.01**	552	29.60	104%	
100m	4.	1:03.61	541	1:03.20	99%	
200m	3.	**2:18.24**	530	2:19.00	101%	
100m	1.	**1:00.95**	534	1:05.50	115%	
" "						-
, 18.07.2007						-
100m	9.	1:05.23	498	1:04.00	96%	
200m	5.	2:18.43	543	2:16.70	98%	
50m	15.	33.57	385	33.00	97%	
100m	10.	1:17.92	360	1:15.00	93%	
" "						1
, 27.12.2006						-
50m	2.	29.85	548	28.00	88%	
200m	2.	2:28.33	614	2:23.00	93%	
, 17.06.2009						-
50m	13.	39.29	414	36.15	85%	
50m	13.	32.95	407	32.00	94%	
, 25.12.2008						1
100m	12.	1:03.64	536	1:01.00	92%	
200m	8.	**2:16.96**	561	2:20.00	104%	
200m	3.	2:29.60	560	2:28.00	98%	
200m	8.	2:36.58	522	2:30.00	92%	
						11
, 23.10.2007						-
50m	9.	26.22	507	26.00	98%	
50m	5.	30.00	499	29.00	93%	
, 12.03.2007						-
50m	3.	25.32	563	25.31	100%	
50m	3.	29.27	537	29.11	99%	
, 10.08.2007						2
50m	6.	**33.12**	540	33.38	102%	
50m	6.	**30.79**	499	30.82	100%	
, 21.01.2008						1
50m	12.	**34.83**	413	35.70	105%	
, 29.12.2010						1
100m	20.	**1:19.68**	374	1:21.08	104%	
100m	14.	1:28.41	247	1:27.00	97%	
, 22.03.2007						-
200m	13.	2:38.45	362	2:35.00	96%	
100m	12.	1:24.20	286	1:21.00	93%	
, 14.01.2005						-
100m	13.	1:01.04	453	1:00.00	97%	
100m	5.	1:17.80	390	1:17.00	98%	
, 26.10.2007						-
50m	22.	43.25	310	39.98	85%	
50m	16.	37.95	266	36.00	90%	

"   ", 50   https://swim4you.ru/

.   ,   ., 3-4   2022 .   OMEGA ARES 21

, 02.12.2010							1
100m		25.	1:24.70	312	1:23.00	96%	
100m		11.	**1:25.72**	271	1:27.00	103%	
, 22.12.2007							1
50m		12.	33.08	372	32.24	95%	
100m		18.	**1:12.61**	364	1:13.00	101%	
, 18.01.2008							1
50m		25.	28.55	392	28.50	100%	
50m		30.	**31.52**	352	31.61	101%	
, 18.07.2008							3
50m		41.	30.37	326	29.00	91%	
100m		31.	**1:12.67**	363	1:13.00	101%	
200m		30.	**2:39.45**	345	2:39.50	100%	
200m		34.	**2:38.35**	373	2:41.00	103%	
, 19.02.2008							1
100m		26.	**1:01.09**	452	1:02.11	103%	
100m		26.	1:11.17	386	1:10.52	98%	
100m		26.	1:16.00	275	1:15.00	97%	
							2
, 05.09.2006							-
50m		15.	27.36	446	26.00	90%	
100m		28.	1:00.01	477	58.00	93%	
200m		17.	2:18.11	402	2:13.00	93%	
100m		20.	1:14.70	334	1:07.00	80%	
200m		6.	2:35.16	375	2:23.00	85%	
, 18.04.2011							2
100m		38.	**1:12.01**	276	1:13.00	103%	
100m		19.	**1:37.30**	199	1:40.00	106%	
, 29.01.2009							-
50m		19.	30.22	400	29.00	92%	
200m		3.	2:31.58	389	2:25.00	92%	
							46
, 14.05.2010							2
50m		38.	**37.33**	175	37.90	103%	
100m		58.	**1:26.33**	160	1:28.10	104%	
, 08.04.2010							2
100m		51.	**1:17.69**	294	1:18.50	102%	
100m		33.	**1:30.39**	256	1:34.00	108%	
100m		22.	1:35.93	298	1:32.80	94%	
200m		18.	3:22.85	321	3:20.10	97%	
50m		21.	50.44	113	47.00	87%	
200m		48.	3:17.67	259	3:15.00	97%	
, 31.05.2012							1
50m		3.	32.15	399	31.80	98%	
100m		5.	1:11.25	382	1:10.00	97%	
200m		4.	2:34.13	393	2:34.00	100%	
50m		2.	**36.98**	388	37.00	100%	
100m		5.	1:21.48	350	1:19.00	94%	
200m		3.	2:50.02	408	2:50.00	100%	
, 01.11.2009							1
100m		77.	1:12.06	275	1:12.00	100%	
200m		35.	**2:56.30**	255	2:58.70	103%	
, 28.07.2010							1
50m		18.	44.40	199	41.00	85%	
200m		19.	**3:21.03**	246	3:24.10	103%	
, 11.01.2008							5
50m		23.	**28.53**	393	28.70	101%	
100m		32.	**1:01.75**	438	1:02.30	102%	
100m		23.	**1:10.26**	401	1:11.50	104%	
50m		15.	**29.98**	409	30.30	102%	
200m		13.	**2:27.68**	459	2:30.70	104%	

, 26.06.2007							3
100m	23.	**1:16.49**	311	1:18.00	104%		
100m	13.	1:18.02	387	1:18.00	100%		
200m	8.	**2:48.64**	418	2:52.00	104%		
50m	15.	**31.56**	351	32.00	103%		
, 25.02.2012							-
50m	WDR		-	33.00	-		
100m	WDR		-	1:15.00	-		
50m	WDR		-	39.60	-		
, 09.01.2009							-
50m	23.	31.26	434	30.20	93%		
100m	43.	1:08.84	423	1:06.30	93%		
, 06.11.2009							4
50m	46.	**30.84**	311	31.00	101%		
50m	21.	**36.37**	363	36.80	102%		
100m	24.	**1:20.91**	347	1:23.00	105%		
200m	18.	**2:56.53**	364	3:02.00	106%		
, 15.03.2007							-
50m	WDR		-	31.10	-		
100m	WDR		-	1:11.30	-		
, 10.01.2011							1
50m	11.	40.28	267	39.10	94%		
200m	12.	**3:07.63**	303	3:07.80	100%		
, 17.12.2010							-
50m	WDR		-	31.80	-		
200m	WDR		-	3:08.00	-		
200m	WDR		-	2:59.40	-		
, 05.06.2009							-
200m	22.	2:19.16	393	2:10.00	87%		
100m	12.	1:06.85	404	1:05.10	95%		
, 29.07.2009							3
100m	42.	**1:21.83**	254	1:24.20	106%		
200m	34.	**2:54.83**	262	2:59.00	105%		
50m	38.	**39.46**	179	42.40	115%		
, 24.10.2008							-
100m	37.	1:31.59	239	1:29.00	94%		
200m	20.	3:21.87	243	3:20.50	99%		
, 14.04.2011							-
50m	11.	39.64	403	39.50	99%		
100m	10.	1:25.11	427	1:24.10	98%		
200m	13.	3:05.18	422	3:00.40	95%		
50m	14.	37.02	287	36.00	95%		
, 19.06.2009							2
200m	40.	**2:38.89**	359	2:43.50	106%		
50m	20.	**44.11**	293	44.90	104%		
200m	38.	3:03.63	323	3:01.70	98%		
, 12.01.2011							1
200m	41.	**3:07.34**	305	3:10.00	103%		
, 14.09.2010							-
50m	6.	37.63	472	36.90	96%		
200m	11.	2:43.67	457	2:42.50	99%		
, 28.09.2008							1
100m	55.	1:05.32	370	1:04.10	96%		
200m	38.	2:26.24	339	2:14.70	85%		
100m	10.	**1:13.90**	455	1:18.40	113%		
, 16.01.2010							-
200m	WDR		-	2:49.30	-		
200m	WDR		-	3:05.90	-		
, 13.06.2009							1
50m	17.	36.38	407	33.90	87%		
200m	17.	2:43.81	426	2:41.50	97%		
50m	18.	43.31	309	39.70	84%		
200m	27.	**2:50.87**	402	2:53.70	103%		

, 08.11.2009						1
100m	80.	**1:29.42**	144	1:30.00	101%	
, 02.10.2007						-
200m	14.	2:39.99	352	2:31.00	89%	
200m	20.	3:05.04	316	2:59.80	94%	
, 03.01.2011						-
100m	12.	1:16.56	422	1:16.00	99%	
50m	14.	41.39	354	37.00	80%	
, 05.08.2011						-
100m	30.	1:30.36	188	1:28.90	97%	
50m	21.	46.05	178	42.30	84%	
, 15.10.2008						-
200m	30.	2:30.73	421	2:26.00	94%	
100m	13.	1:24.18	442	1:22.10	95%	
, 25.02.2010						1
50m	26.	33.45	354	33.00	97%	
100m	37.	**1:12.66**	360	1:13.30	102%	
, 01.01.2009						2
100m	70.	**1:09.31**	310	1:12.00	108%	
200m	47.	**2:39.49**	261	2:41.50	103%	
, 06.07.2010						-
100m	8.	1:24.08	443	1:22.00	95%	
200m	7.	2:56.61	487	2:55.70	99%	
, 08.12.2010						1
50m	14.	**39.60**	217	40.10	103%	
, 14.10.2009						-
100m	47.	1:11.19	383	1:07.20	89%	
200m	38.	2:33.90	395	2:26.40	90%	
, 02.01.2010						2
100m	49.	**1:16.28**	232	1:27.60	132%	
200m	20.	**3:00.63**	237	3:05.30	105%	
, 16.08.2011						3
50m	13.	**30.48**	322	31.10	104%	
100m	24.	**1:09.07**	313	1:10.00	103%	
100m	18.	**1:18.34**	289	1:19.00	102%	
, 07.11.2007						-
100m	18.	1:17.79	402	1:14.00	90%	
100m	14.	1:27.97	387	1:23.50	90%	
, 16.12.2008						1
100m	69.	**1:09.27**	310	1:12.00	108%	
, 10.04.2009						4
50m	31.	**28.99**	375	29.20	101%	
100m	41.	1:03.07	411	1:03.00	100%	
200m	30.	**2:21.21**	376	2:23.00	103%	
50m	34.	**32.92**	309	33.00	100%	
200m	40.	**2:41.82**	349	2:43.00	101%	
, 28.01.2011						-
200m	36.	2:54.79	270	2:53.00	98%	
100m	15.	1:40.58	167	1:37.00	93%	
200m	12.	3:45.95	156	3:30.00	86%	
, 07.10.2010						1
100m	55.	**1:22.53**	183	1:26.90	111%	
100m	24.	1:48.22	145	1:45.00	94%	
, 14.02.2012						1
200m	10.	2:54.31	272	2:52.30	98%	
200m	11.	**3:08.78**	298	3:10.40	102%	
, 16.07.2008						1
50m	5.	**33.68**	457	33.80	101%	
200m	7.	2:41.29	478	2:34.00	91%	
.						3
, 16.09.2008						3
50m	7.	**36.12**	533	36.46	102%	
100m	7.	**1:20.70**	501	1:22.26	104%	
200m	7.	**2:59.48**	464	2:59.94	101%	

1
, 09.11.2006

50m	8.	29.54	514	28.48	93%
100m	10.	1:05.27	497	1:03.70	95%
100m	8.	1:11.12	527	1:09.00	94%

1
, 14.02.2007

50m	2.	25.15	574	25.03	99%
100m	5.	55.50	603	55.42	100%
100m	12.	1:06.52	473	1:05.00	95%

, 07.02.2008

100m	59.	1:16.10	313	1:16.00	100%
50m	16.	42.19	334	41.00	94%
100m	21.	1:34.45	313	1:31.00	93%
200m	18.	3:36.58	264	3:24.00	89%

3
, 15.09.2008

50m	35.	29.66	350	28.50	92%
50m	28.	38.85	298	36.00	86%
100m	33.	1:26.34	285	1:15.00	75%

6
, 01.12.2010

50m	3.	**36.35**	363	38.50	112%
100m	3.	**1:21.17**	344	1:27.01	115%
200m	4.	**2:51.02**	401	3:05.00	117%

, 12.05.2012

50m	14.	37.78	245	37.67	99%
100m	16.	1:25.91	218	1:25.38	99%

, 13.11.2012

50m	9.	41.55	273	41.50	100%
100m	13.	**1:31.12**	250	1:32.55	103%
200m	6.	**3:09.38**	276	3:19.58	111%

, 12.10.2010

50m	5.	31.18	364	31.00	99%
200m	15.	**2:43.19**	340	2:44.00	101%

, 10.02.2012

50m	9.	46.02	258	45.00	96%
200m	8.	3:25.85	307	3:21.00	95%

"   "
, 05.10.2005

100m	5.	1:10.36	544	1:09.33	97%
200m	2.	2:31.08	544	2:28.50	97%

, 16.10.2005

100m	9.	**58.24**	522	59.50	104%
50m	3.	31.82	418	31.00	95%
100m	4.	1:08.68	430	1:06.40	93%
200m	3.	2:26.12	449	2:26.00	100%
200m	3.	2:30.15	437	2:28.00	97%

, 12.07.2005

100m	19.	1:09.25	416	1:05.74	90%
200m	10.	2:28.51	440	2:24.00	94%
100m	9.	1:16.42	382	1:16.00	99%
200m	3.	**2:49.68**	369	2:50.00	100%

"   " -
, 12.06.2009

200m	20.	2:31.50	403	2:27.00	94%
200m	15.	**2:30.27**	436	2:33.75	105%

"   ", 50
https://swim4you.ru/
.   ,   ., 3-4   2022 .
OMEGA ARES 21

Splash Meet Manager, 11.75236
Registered to Moscow City/ANO CSP
04.12.2022 17:19 -
37

, 19.08.2011							-
100m		WDR		-	1:11.00		-
50m		WDR		-	3:05.00		-
, 05.08.2010							4
100m		9.	**1:06.47**	470	1:07.10		102%
50m		1.	**35.92**	542	36.10		101%
100m		1.	**1:18.78**	539	1:21.10		106%
200m		2.	**2:51.13**	535	2:53.10		102%
, 08.03.2010							3
50m		1.	**27.27**	450	28.01		106%
100m		6.	**1:09.42**	416	1:17.81		126%
200m		7.	2:34.34	381	2:28.01		92%
50m		2.	**30.33**	395	32.01		111%
" "							13
, 18.02.2010							-
100m		13.	1:17.07	414	1:15.00		95%
100m		12.	1:26.46	264	1:20.00		86%
, 14.03.2009							1
100m		33.	**1:01.79**	437	1:04.00		107%
, 06.07.2005							1
50m		6.	**26.01**	519	26.50		104%
50m		2.	30.70	465	28.50		86%
, 05.01.2007							-
50m		21.	28.04	414	26.70		91%
100m		27.	59.82	482	58.50		96%
200m		11.	2:08.81	496	2:08.00		99%
, 10.04.2011							2
50m		12.	**30.99**	445	31.00		100%
100m		14.	**1:07.44**	450	1:09.00		105%
, 09.05.2012							-
50m		7.	32.96	370	32.00		94%
200m		5.	2:35.33	384	2:33.00		97%
50m		7.	37.50	276	37.00		97%
100m		5.	1:31.32	224	1:24.00		85%
, 07.04.2007							-
50m		7.	31.11	447	29.00		87%
100m		8.	1:05.41	498	1:03.00		93%
50m		5.	27.90	508	27.00		94%
200m		9.	2:27.34	463	2:19.00		89%
, 28.10.2009							2
50m		2.	**28.05**	600	28.50		103%
50m		2.	32.00	599	31.00		94%
100m		2.	**1:07.31**	621	1:10.00		108%
200m		8.	2:34.18	512	2:30.00		95%
, 30.12.2009							-
50m		19.	36.10	371	35.50		97%
200m		10.	2:44.61	449	2:40.00		94%
, 18.01.2011							-
50m		14.	30.57	320	30.00		96%
50m		17.	33.93	282	33.00		95%
, 30.11.2006							2
50m		20.	**27.99**	416	29.00		107%
100m		21.	59.51	489	59.00		98%
200m		16.	**2:16.10**	420	2:19.00		104%
200m		17.	2:36.29	388	2:34.00		97%
, 17.08.2011							-
50m		11.	37.00	387	36.00		95%
200m		12.	2:41.44	446	2:39.00		97%
, 26.06.2008							-
100m		12.	59.58	488	59.00		98%
200m		15.	2:14.37	437	2:11.00		95%
, 06.10.2007							3
50m		6.	29.53	514	29.00		96%
100m		4.	**1:02.39**	569	1:04.00		105%
100m		4.	**1:10.19**	548	1:11.00		102%

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Distance		Rank	Time	Points	Entry	%	
100m		6.	**1:12.08**	456	1:13.00	103%	
	, 09.01.2012						2
50m		7.	45.35	269	44.00	94%	
100m		4.	1:33.06	327	1:32.00	98%	
200m		3.	**3:16.90**	351	3:18.00	101%	
50m		6.	**36.82**	292	38.00	107%	
	, 31.05.2009						-
100m		WDR		-	1:13.55	-	
200m		WDR		-	2:39.00	-	
100m		WDR		-	1:23.00	-	
	, 08.06.2008						-
50m		12.	29.65	508	29.00	96%	
100m		17.	1:04.33	519	1:02.00	93%	
	, 10.03.2009						-
100m		51.	1:12.28	366	1:05.00	81%	
" "							29
	, 14.03.2008						1
50m		5.	26.69	480	26.50	99%	
200m		12.	**2:27.20**	464	2:30.00	104%	
	, 29.10.2009						
100m		34.	1:02.14	430	1:00.50	95%	
50m		11.	29.41	434	28.80	96%	
	, 06.10.2006						-
100m		12.	57.63	539	57.00	98%	
200m		8.	2:07.45	512	2:07.00	99%	
200m		10.	2:27.83	458	2:20.00	90%	
	, 16.01.2009						1
200m		12.	**2:39.45**	494	2:40.00	101%	
	, 13.09.2007						2
100m		33.	**1:00.85**	458	1:01.00	100%	
200m		20.	**2:38.02**	375	2:41.00	104%	
	, 08.04.2008						-
50m		19.	31.08	441	30.60	97%	
100m		30.	1:06.53	469	1:05.00	95%	
200m		21.	2:24.98	473	2:20.00	93%	
50m		16.	33.63	383	32.50	93%	
	, 23.06.2008						1
50m		9.	31.46	432	30.75	96%	
100m		11.	1:06.81	467	1:06.00	98%	
200m		8.	**2:22.66**	482	2:24.00	102%	
	, 24.02.2009						-
100m		30.	1:27.66	281	1:20.00	83%	
200m		25.	2:49.41	412	2:40.00	89%	
	, 12.04.2006						-
50m		12.	37.29	485	35.25	89%	
100m		7.	1:20.71	501	1:18.00	93%	
	, 14.02.2008						1
100m		7.	1:13.13	470	1:13.00	100%	
50m		2.	**27.51**	530	27.80	102%	
	, 17.03.2010						2
50m		7.	30.07	487	29.90	99%	
100m		8.	**1:05.75**	486	1:06.00	101%	
200m		13.	**2:29.89**	428	2:33.00	104%	
	, 26.01.2006						-
100m		8.	1:04.18	523	1:02.00	93%	
100m		9.	1:11.35	522	1:09.00	94%	
	, 13.03.2007						2
50m		26.	**30.55**	320	31.00	103%	
100m		46.	1:04.41	386	1:04.00	99%	
200m		21.	**2:39.85**	362	2:40.00	100%	
	, 27.08.2008						-
200m		36.	2:33.02	402	2:24.00	89%	
200m		33.	2:55.70	369	2:47.00	90%	

, 11.07.2010						1
50m	7.	29.10	371	29.00	99%	
50m	6.	**33.92**	345	34.00	100%	
50m	12.	32.88	310	32.00	95%	
, 01.04.2006						-
50m	11.	30.49	467	30.00	97%	
100m	11.	1:05.76	486	1:05.00	98%	
200m	8.	2:22.02	503	2:20.00	97%	
200m	11.	2:41.23	478	2:40.00	98%	
, 31.08.2010						-
200m	21.	3:58.76	197	3:45.00	89%	
, 30.09.2010						1
200m	6.	**2:56.57**	487	2:57.10	101%	
, 21.07.2010						2
100m	50.	1:17.31	299	1:15.00	94%	
200m	33.	**2:44.68**	322	2:45.00	100%	
100m	26.	1:37.84	281	1:35.00	94%	
200m	43.	**3:10.25**	291	3:13.00	103%	
, 10.01.2010						11
50m	6.	**30.04**	489	31.00	106%	
100m	6.	**1:05.36**	495	1:07.00	105%	
200m	11.	**2:27.30**	451	2:30.00	104%	
50m	9.	**36.02**	420	37.00	106%	
100m	10.	**1:16.25**	427	1:17.00	102%	
200m	19.	**2:45.81**	411	2:50.00	105%	
50m	18.	42.50	327	41.00	93%	
100m	18.	1:33.75	320	1:32.00	96%	
200m	16.	**3:17.16**	350	3:20.00	103%	
50m	4.	**32.43**	427	33.50	107%	
100m	5.	**1:15.53**	396	1:16.00	101%	
200m	7.	**2:57.10**	325	3:10.00	115%	
200m	17.	**2:47.37**	427	2:48.00	101%	
, 30.12.2008						-
100m	21.	1:05.08	501	1:05.00	100%	
50m	8.	32.00	444	31.90	99%	
200m	20.	2:45.25	444	2:43.50	98%	
, 11.12.2010						1
50m	9.	36.47	277	35.00	92%	
50m	19.	45.14	189	45.00	99%	
50m	11.	**32.62**	318	33.00	102%	
, 15.11.2006						-
50m	11.	36.65	510	34.60	89%	
200m	8.	2:36.96	518	2:31.00	93%	
, 20.06.2008						-
100m	8.	1:02.57	564	1:02.00	98%	
200m	5.	2:15.04	585	2:13.00	97%	
200m	6.	2:33.72	516	2:28.00	93%	
200m	4.	2:33.99	549	2:32.00	97%	
, 30.12.2007						-
200m	15.	2:12.92	451	2:08.41	93%	
100m	15.	1:09.39	417	1:07.03	93%	
, 09.09.2007						-
200m	14.	2:32.95	414	2:30.00	96%	
, 26.01.2009						1
100m	24.	**1:05.53**	491	1:06.00	101%	
200m	22.	2:25.59	467	2:23.00	96%	
50m	15.	33.45	389	33.00	97%	
200m	18.	2:44.47	450	2:43.00	98%	
, 16.07.2008						1
100m	18.	1:00.16	474	59.00	96%	
200m	9.	**2:26.27**	473	2:29.00	104%	
, 15.06.2009						1
50m	15.	**35.28**	397	36.57	107%	
100m	19.	1:18.07	386	1:17.67	99%	
200m	19.	3:01.50	335	2:51.13	89%	

	, 14.10.2010						-
200m		19.	2:32.27	300	2:30.00	97%	
" "							-
, 12.01.2011							-
50m		35.	33.95	233	31.00	83%	
50m		15.	39.74	214	34.00	73%	
50m		22.	46.26	176	45.00	95%	
50m		38.	42.86	140	37.01	75%	
, 30.04.2011							-
50m		20.	52.06	95	41.75	64%	
50m		25.	48.68	151	48.21	98%	
100m		23.	1:43.35	166	1:41.00	96%	
" " "							85
, 02.04.2008							1
50m		8.	27.23	452	26.70	96%	
100m		20.	**1:18.28**	383	1:18.30	100%	
, 19.02.2008							2
50m		4.	26.62	484	26.40	98%	
100m		5.	**58.01**	528	58.90	103%	
50m		6.	**28.80**	462	29.30	104%	
, 01.01.2011							-
50m		19.	45.66	141	43.70	92%	
, 11.07.2008							3
50m		18.	28.38	399	28.00	97%	
100m		25.	**1:01.01**	454	1:02.80	106%	
100m		18.	**1:09.62**	413	1:10.00	101%	
200m		19.	**2:31.48**	426	2:33.00	102%	
, 26.07.2008							3
50m		40.	**30.26**	329	31.70	110%	
100m		46.	**1:04.42**	386	1:10.00	118%	
100m		29.	**1:11.46**	381	1:11.90	101%	
, 15.11.2008							4
100m		65.	**1:06.72**	347	1:07.00	101%	
100m		27.	**1:11.33**	384	1:13.00	105%	
200m		18.	**2:30.70**	409	2:39.00	111%	
200m		33.	**2:37.95**	375	2:39.00	101%	
, 04.06.2008							1
100m		2.	1:00.47	625	1:00.00	98%	
200m		2.	2:12.32	622	2:11.00	98%	
50m		1.	**29.67**	558	30.00	102%	
, 22.02.2011							2
100m		20.	**1:09.47**	412	1:12.00	107%	
200m		12.	**2:28.80**	437	2:35.00	109%	
, 01.01.2010							2
50m		5.	**37.28**	485	39.40	112%	
200m		5.	**2:56.40**	488	2:58.00	102%	
, 10.06.2010							-
200m		32.	2:48.41	222	2:40.00	90%	
100m		27.	1:26.85	212	1:23.00	91%	
, 25.01.2010							1
200m		2.	**2:16.00**	421	2:19.00	104%	
100m		4.	1:08.21	439	1:08.00	99%	
, 01.09.2005							-
100m		7.	58.02	528	57.50	98%	
50m		3.	28.66	469	27.50	92%	
100m		3.	1:04.53	450	1:03.00	95%	
, 20.10.2009							3
100m		7.	**58.53**	514	59.30	103%	
50m		7.	**29.06**	450	29.60	104%	
200m		7.	**2:24.73**	488	2:25.00	100%	
, 25.03.2008							-
100m		56.	1:05.62	365	1:04.00	95%	
100m		29.	1:22.35	329	1:19.00	92%	

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, 30.06.2009							4
100m	43.	**1:03.56**	402	1:06.00	108%		
200m	20.	**2:16.73**	415	2:27.00	116%		
200m	17.	**2:30.65**	410	2:41.00	114%		
200m	24.	**2:33.70**	408	2:44.00	114%		
, 29.05.2010							4
100m	17.	**1:07.16**	340	1:08.00	103%		
50m	5.	**37.94**	319	39.90	111%		
100m	2.	**1:20.00**	359	1:25.00	113%		
200m	3.	**2:33.87**	406	2:39.00	107%		
, 26.08.2008							-
100m	WDR		-	1:05.60	-		
50m	WDR		-	34.00	-		
, 05.11.2008							3
100m	9.	**59.45**	491	1:00.00	102%		
100m	9.	**1:05.98**	485	1:06.00	100%		
200m	11.	2:24.56	464	2:24.00	99%		
50m	10.	**34.64**	420	36.50	111%		
, 17.09.2009							2
100m	7.	**1:04.72**	514	1:07.00	107%		
200m	6.	**2:24.24**	493	2:31.00	110%		
, 17.10.2007							-
100m	WDR		-	1:01.00	-		
50m	WDR		-	30.00	-		
, 06.02.2007							-
50m	4.	34.68	603	34.44	99%		
, 12.07.2010							2
50m	15.	**31.46**	425	31.60	101%		
100m	18.	**1:09.24**	416	1:09.30	100%		
, 26.10.2009							2
100m	36.	**1:07.48**	449	1:08.00	102%		
200m	31.	2:31.74	412	2:29.00	96%		
100m	12.	**1:13.82**	471	1:14.00	100%		
, 25.11.2009							2
100m	44.	**1:09.94**	404	1:10.00	100%		
200m	37.	**2:33.13**	401	2:35.00	102%		
50m	21.	36.41	302	36.00	98%		
, 14.09.2010							2
50m	5.	33.84	347	33.50	98%		
100m	11.	1:14.72	334	1:13.00	95%		
200m	8.	**2:35.48**	372	2:38.00	103%		
100m	6.	**1:10.88**	339	1:14.00	109%		
, 10.02.2009							4
100m	53.	**1:05.25**	371	1:07.30	106%		
200m	27.	**2:20.27**	384	2:24.00	105%		
100m	32.	**1:25.26**	296	1:34.00	122%		
100m	25.	**1:15.79**	277	1:18.00	106%		
, 13.10.2008							4
50m	10.	**27.71**	429	28.90	109%		
100m	17.	**59.99**	478	1:00.50	102%		
200m	5.	**2:09.01**	494	2:09.90	101%		
100m	6.	**1:05.70**	426	1:08.00	107%		
- , 04.03.2008							4
50m	22.	**36.86**	348	39.90	117%		
50m	4.	**28.00**	503	29.00	107%		
100m	2.	**1:01.50**	519	1:04.00	108%		
200m	1.	**2:20.88**	485	2:28.00	110%		
, 08.02.2010							4
50m	6.	**35.12**	453	37.00	111%		
200m	9.	**2:39.68**	460	2:40.00	100%		
50m	10.	**39.00**	424	39.80	104%		
200m	1.	**2:35.58**	532	2:41.00	107%		
, 26.10.2008							-
50m	7.	28.67	562	28.40	98%		
100m	5.	1:01.92	582	1:01.92	100%		

, 18.07.2008						-
200m	11.	2:18.33	544	2:15.50	96%	
200m	19.	2:44.12	424	2:33.00	87%	
200m	13.	2:39.53	494	2:35.00	94%	
, 22.06.2008						4
50m	23.	**28.53**	393	29.30	105%	
200m	25.	**2:19.80**	388	2:21.00	102%	
50m	20.	**30.26**	398	31.50	108%	
100m	15.	**1:07.80**	387	1:10.00	107%	
, 01.01.2010						3
50m	12.	**41.31**	247	44.00	113%	
100m	13.	**1:31.76**	238	1:36.00	109%	
200m	16.	**3:12.27**	282	3:16.00	104%	
, 04.03.2010						2
200m	13.	**2:27.48**	330	2:35.00	110%	
200m	24.	**2:51.76**	292	2:52.00	100%	
, 17.01.2011						2
200m	6.	**2:23.00**	493	2:24.00	101%	
200m	2.	**2:38.32**	505	2:39.10	101%	
, 30.06.2008						-
200m	3.	2:55.19	498	2:54.18	99%	
200m	17.	2:42.13	470	2:36.00	93%	
, 20.05.2010						2
50m	4.	**36.98**	345	39.90	116%	
200m	5.	**2:51.03**	400	3:00.00	111%	
, 06.12.2008						2
50m	21.	**28.47**	396	29.70	109%	
50m	13.	32.01	411	30.90	93%	
50m	9.	34.50	425	34.50	100%	
100m	17.	**1:09.10**	366	1:10.00	103%	
, 18.02.2008						2
50m	18.	33.06	373	33.00	100%	
100m	15.	**1:08.36**	436	1:11.00	108%	
200m	15.	**2:27.27**	438	2:30.00	104%	
, 05.01.2006						-
50m	1.	31.06	655	31.00	100%	
100m	2.	1:07.48	617	1:07.00	99%	
50m	9.	36.15	532	34.50	91%	
50m	5.	30.68	504	29.50	92%	
, 25.01.2009						3
100m	60.	**1:06.03**	358	1:07.00	103%	
200m	32.	**2:21.57**	374	2:25.00	105%	
100m	39.	1:18.66	286	1:18.00	98%	
100m	36.	**1:28.45**	265	1:31.00	106%	
, 25.01.2009						3
100m	49.	**1:04.80**	379	1:07.00	107%	
200m	31.	**2:21.52**	374	2:27.00	108%	
100m	34.	**1:26.48**	284	1:32.90	115%	
, 28.08.2007						1
100m	37.	1:01.40	445	1:00.00	95%	
50m	9.	**34.90**	411	35.00	101%	
50m	14.	31.37	357	31.00	98%	
, 10.05.2010						1
50m	8.	30.09	486	29.90	99%	
100m	10.	**1:06.54**	469	1:08.00	104%	
, 15.01.2005						-
50m	5.	25.87	528	25.00	93%	
100m	8.	58.10	526	57.00	96%	
, 23.07.2009						1
50m	17.	**32.41**	395	32.80	102%	
200m	9.	2:23.66	472	2:22.80	99%	
" " "						5

, 15.11.2007						2
50m	1.	**33.97**	641	34.03	100%	
100m	1.	1:14.24	644	1:13.72	99%	
200m	1.	**2:39.54**	660	2:41.00	102%	
, 10.06.2008						1
100m	9.	1:13.48	463	1:12.08	96%	
200m	3.	**2:35.24**	536	2:39.00	105%	
, 11.02.2010						1
100m	20.	**1:09.47**	412	1:11.00	104%	
, 23.12.2008						-
50m	7.	31.90	449	29.40	85%	
100m	4.	1:11.65	464	1:08.01	90%	
, 02.02.2009						-
200m	29.	2:30.10	426	2:19.00	86%	
200m	13.	3:08.64	399	3:00.00	91%	
200m	31.	2:52.43	391	2:39.36	85%	
, 07.11.2007						1
100m	3.	**1:08.70**	567	1:11.51	108%	
" "						36
, 20.07.2008						1
50m	12.	27.79	425	26.90	94%	
200m	1.	**2:07.71**	509	2:08.50	101%	
200m	2.	2:18.14	531	2:17.50	99%	
200m	8.	2:24.91	486	2:23.00	97%	
, 30.07.2007						-
50m	10.	35.60	387	34.00	91%	
200m	13.	2:32.31	419	2:31.00	98%	
, 22.02.2010						1
100m	1.	1:00.48	466	1:00.00	98%	
200m	1.	2:42.08	471	2:40.00	97%	
50m	4.	**30.85**	376	31.00	101%	
, 20.08.2008						4
50m	4.	**33.59**	461	34.08	103%	
100m	6.	**1:12.99**	473	1:13.38	101%	
200m	5.	**2:36.76**	520	2:37.93	101%	
50m	21.	**30.33**	395	30.37	100%	
, 15.06.2006						1
100m	2.	**1:02.38**	574	1:03.10	102%	
, 30.01.2007						-
100m	6.	1:04.13	458	1:03.00	97%	
200m	3.	2:22.50	469	2:17.00	92%	
, 11.02.2011						2
50m	24.	31.74	285	31.42	98%	
100m	30.	**1:09.75**	304	1:14.16	113%	
50m	10.	40.27	267	39.42	96%	
200m	18.	**2:44.32**	333	2:52.98	111%	
, 01.04.2007						1
100m	14.	58.02	528	57.90	100%	
200m	5.	**2:05.17**	541	2:08.00	105%	
, 19.04.2009						2
200m	36.	**2:59.32**	243	3:00.00	101%	
100m	35.	**1:28.08**	269	1:30.00	104%	
- , 15.05.2008						-
50m	22.	31.23	435	30.00	92%	
100m	18.	1:28.75	377	1:27.00	96%	
200m	15.	3:13.46	370	3:00.00	87%	
, 02.03.2007						-
100m	8.	56.80	563	56.00	97%	
200m	4.	2:04.29	552	2:03.50	99%	
, 10.11.2009						2
100m	48.	**1:04.66**	381	1:05.00	101%	
200m	24.	2:19.39	391	2:19.00	99%	
200m	23.	**2:33.44**	388	2:36.00	103%	

, 09.11.2010							3
100m	21.	**1:08.49**	321	1:09.53		103%	
50m	27.	**35.64**	243	36.23		103%	
200m	11.	**2:40.59**	357	2:44.29		105%	
, 06.11.2008							2
100m	18.	1:04.41	517	1:03.80		98%	
50m	6.	**35.80**	548	36.25		103%	
100m	4.	**1:18.41**	547	1:18.70		101%	
200m	2.	2:54.10	508	2:47.90		93%	
, 30.11.2006							2
100m	2.	**1:07.04**	566	1:08.00		103%	
200m	3.	**2:30.26**	591	2:34.00		105%	
, 23.01.2008							-
100m	4.	1:11.82	496	1:11.50		99%	
50m	11.	29.41	434	29.30		99%	
, 04.02.2010							-
50m	1.	35.25	398	34.00		93%	
100m	1.	1:16.48	411	1:14.50		95%	
200m	2.	2:45.55	442	2:40.50		94%	
, 04.10.2011							-
100m	28.	1:09.35	309	1:08.00		96%	
100m	6.	1:26.44	284	1:26.00		99%	
200m	10.	3:04.24	320	2:50.00		85%	
, 18.07.2007							2
100m	3.	**1:15.11**	622	1:16.00		102%	
200m	2.	**2:41.29**	639	2:45.00		105%	
, 10.10.2010							3
100m	12.	**1:06.15**	356	1:08.00		106%	
200m	9.	**2:38.14**	354	2:41.00		104%	
200m	13.	**2:41.29**	353	2:44.32		104%	
, 19.08.2010							2
200m	14.	**2:28.27**	325	2:30.00		102%	
100m	10.	**1:28.20**	268	1:30.00		104%	
, 19.08.2010							3
50m	9.	**29.42**	359	31.50		115%	
100m	10.	**1:05.48**	367	1:06.00		102%	
200m	11.	**2:25.40**	345	2:26.75		102%	
, 02.02.2008							-
100m	WDR		-	59.84		-	
200m	WDR		-	2:14.35		-	
, 02.11.2007							-
100m	2.	1:00.90	612	1:00.90		100%	
200m	2.	2:13.00	612	2:12.30		99%	
50m	8.	31.15	482	30.40		95%	
100m	4.	1:08.61	528	1:07.70		97%	
, 07.12.2012							1
100m	13.	1:20.53	264	1:17.00		91%	
100m	6.	1:34.68	310	1:32.00		94%	
200m	5.	**3:18.33**	343	3:23.00		105%	
, 11.02.2011							2
100m	11.	**1:29.90**	253	1:38.07		119%	
50m	25.	**35.34**	250	39.30		124%	
, 15.01.2011							2
50m	25.	**31.82**	283	32.00		101%	
50m	19.	**34.37**	272	34.98		104%	
" "							2
, 13.06.2007							2
50m	4.	25.41	557	25.00		97%	
100m	2.	**54.47**	638	55.50		104%	
200m	6.	**2:05.45**	537	2:07.30		103%	
" "							-

, 21.12.2005						-
100m	12.	1:00.54	465	56.90	88%	
100m	4.	1:11.99	493	1:07.90	89%	
200m	3.	2:33.77	551	2:29.10	94%	
						4
, 10.03.2006						1
50m	3.	31.84	541	31.50	98%	
100m	2.	1:08.22	579	1:08.00	99%	
200m	1.	**2:27.45**	625	2:28.00	101%	
, 30.10.2007						-
50m	4.	29.24	530	29.00	98%	
50m	4.	32.72	560	32.00	96%	
100m	7.	1:11.05	528	1:09.00	94%	
200m	5.	2:33.28	557	2:33.00	100%	
, 16.02.2007						-
50m	WDR		-	34.00	-	
100m	WDR		-	1:16.00	-	
200m	WDR		-	2:44.00	-	
, 17.05.2006						3
50m	8.	36.09	535	36.00	100%	
100m	6.	**1:17.71**	562	1:17.90	100%	
200m	3.	**2:46.98**	576	2:48.00	101%	
50m	12.	31.68	458	31.50	99%	
200m	9.	**2:37.80**	510	2:50.00	116%	
						6
, 15.10.2006						3
50m	5.	**29.38**	522	29.50	101%	
100m	6.	**1:02.95**	554	1:03.12	101%	
100m	13.	**1:12.93**	488	1:13.00	100%	
, 23.02.2007						3
50m	2.	31.57	624	31.50	100%	
100m	1.	**1:06.83**	635	1:07.60	102%	
200m	1.	**2:23.79**	631	2:29.00	107%	
100m	7.	**1:12.15**	454	1:15.00	108%	
, 23.03.2010						-
50m	9.	30.37	473	30.00	98%	
50m	7.	35.57	436	33.87	91%	
100m	6.	1:14.02	467	1:13.80	99%	
, 15.10.2010						-
50m	WDR		-	33.17	-	
, 05.09.2005						-
50m	8.	27.29	449	26.20	92%	
100m	6.	57.44	544	57.30	100%	
						1
, 29.03.2009						1
50m	17.	**28.29**	403	29.00	105%	
200m	17.	2:55.05	373	2:52.00	97%	
						10
, 03.04.2008						3
100m	6.	**58.22**	523	59.43	104%	
50m	1.	31.97	534	31.82	99%	
100m	1.	**1:09.05**	558	1:09.72	102%	
200m	1.	**2:31.91**	572	2:33.00	101%	
, 09.01.2007						2
50m	19.	**27.85**	423	28.38	104%	
50m	10.	**31.99**	411	32.19	101%	
100m	19.	1:13.97	344	1:10.80	92%	
, 03.06.2009						-
50m	24.	31.38	429	30.90	97%	
100m	45.	1:10.06	402	1:06.00	89%	
50m	16.	36.21	413	35.56	96%	

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, 03.10.2010						2
50m	14.	**31.43**	427	32.26	105%	
100m	25.	**1:10.46**	395	1:11.47	103%	
50m	13.	37.53	371	36.95	97%	
100m	21.	1:23.01	331	1:20.00	93%	
, 03.11.2006						1
100m	32.	**1:00.83**	458	1:01.30	102%	
50m	8.	29.30	439	29.01	98%	
100m	11.	1:12.00	323	1:09.00	92%	
, 10.11.2007						2
50m	24.	**28.78**	383	30.10	109%	
100m	42.	**1:03.04**	412	1:04.00	103%	
200m	20.	2:23.74	357	2:20.00	95%	
, 23.09.2009						-
50m	1.	31.47	630	30.32	93%	
100m	1.	1:06.47	645	1:05.92	98%	
200m	1.	2:24.36	623	2:22.98	98%	
						3
, 22.01.2008						2
50m	8.	34.48	426	34.33	99%	
100m	13.	**1:16.02**	418	1:16.20	100%	
200m	12.	2:47.03	430	2:43.90	96%	
50m	23.	**30.75**	379	30.77	100%	
200m	29.	2:35.92	390	2:34.96	99%	
, 27.10.2005						1
50m	12.	30.87	450	30.45	97%	
100m	18.	1:08.98	421	1:07.90	97%	
50m	10.	36.57	514	36.49	100%	
100m	12.	**1:22.32**	472	1:22.40	100%	
200m	8.	3:03.55	433	2:59.00	95%	
						55
, 08.06.2008						1
200m	20.	**2:24.31**	479	2:26.00	102%	
200m	4.	2:53.67	345	2:39.64	84%	
, 02.06.2010						3
50m	39.	**37.94**	167	38.00	100%	
100m	21.	**1:39.75**	185	1:42.00	105%	
200m	22.	**3:31.82**	211	3:38.00	106%	
, 04.11.2005						1
200m	7.	**2:10.37**	478	2:12.91	104%	
200m	1.	2:29.66	405	2:22.37	90%	
, 03.04.2009						-
50m	25.	31.51	423	30.54	94%	
100m	29.	1:06.42	471	1:06.00	99%	
200m	19.	2:23.66	486	2:18.00	92%	
, 12.03.2010						2
50m	10.	30.82	452	30.20	96%	
50m	2.	36.72	508	36.90	101%	
100m	2.	**1:19.76**	519	1:21.81	105%	
200m	4.	2:55.49	496	2:54.00	98%	
, 16.05.2008						-
50m	6.	28.61	566	28.00	96%	
100m	4.	1:01.11	605	1:00.00	96%	
, 11.03.2009						3
50m	33.	**33.09**	366	34.19	107%	
100m	52.	**1:12.64**	360	1:18.00	115%	
200m	33.	**2:32.49**	406	2:38.00	107%	
200m	23.	2:54.14	355	2:51.00	96%	
, 19.01.2010						2
100m	22.	**1:08.70**	318	1:08.87	100%	
50m	22.	**34.94**	258	36.00	106%	

	, 28.01.2010						3
50m		3.	**33.12**	371	33.80	104%	
100m		7.	**1:10.65**	395	1:12.00	104%	
200m		6.	**2:33.72**	385	2:34.00	100%	
	, 08.07.2011						2
100m		35.	**1:11.20**	285	1:14.24	109%	
50m		26.	**35.43**	248	36.64	107%	
	, 05.04.2008						3
50m		35.	**33.90**	340	36.65	117%	
100m		48.	**1:11.43**	379	1:13.58	106%	
200m		35.	**2:32.61**	405	2:36.32	105%	
	, 30.04.2009						2
100m		33.	**1:12.97**	358	1:14.00	103%	
50m		31.	32.14	332	32.00	99%	
200m		31.	**2:36.28**	388	2:39.00	104%	
	, 20.01.2009						2
100m		22.	**1:00.51**	465	1:01.00	102%	
200m		16.	2:14.53	435	2:11.00	95%	
50m		25.	31.02	370	30.00	94%	
200m		11.	**2:27.00**	466	2:37.00	114%	
	, 27.10.2007						3
50m		27.	**31.75**	285	32.07	102%	
100m		50.	**1:09.85**	302	1:11.37	104%	
50m		16.	**43.71**	209	44.45	103%	
100m		19.	1:33.04	228	1:33.00	100%	
	, 14.08.2009						1
50m		25.	40.03	227	39.45	97%	
200m		39.	**3:11.04**	287	3:17.45	107%	
	, 15.01.2009						3
50m		26.	**28.67**	387	32.22	126%	
50m		13.	**32.01**	411	32.22	101%	
100m		22.	**1:10.21**	402	1:12.01	105%	
200m		32.	2:36.73	384	2:30.05	92%	
	, 20.01.2012						-
50m		16.	38.37	234	36.18	89%	
50m		12.	43.96	231	42.30	93%	
	, 24.02.2010						3
100m		19.	**1:09.43**	413	1:14.00	114%	
50m		12.	40.18	387	40.00	99%	
100m		12.	**1:28.48**	380	1:30.00	103%	
200m		14.	**3:12.32**	377	3:24.00	113%	
	, 26.04.2012						3
100m		12.	**1:17.80**	293	1:23.00	114%	
50m		10.	**42.17**	261	47.65	128%	
100m		14.	**1:32.45**	239	1:34.00	103%	
100m		8.	1:39.55	173	1:21.00	66%	
	, 18.03.2010						3
50m		8.	**37.94**	460	39.04	106%	
100m		4.	**1:21.41**	488	1:24.29	107%	
200m		8.	**2:57.75**	477	2:57.89	100%	
	, 01.05.2013						2
50m		12.	**37.52**	251	37.69	101%	
50m		15.	46.16	199	43.64	89%	
50m		10.	**41.41**	205	42.97	108%	
	, 09.03.2008						1
50m		9.	29.28	528	28.50	95%	
100m		10.	**1:03.24**	546	1:04.00	102%	
200m		15.	2:20.08	524	2:20.00	100%	
	, 19.03.2010						-
50m		WDR		-	31.00	-	
100m		WDR		-	1:09.00	-	
100m		WDR		-	1:19.00	-	
200m		WDR		-	2:49.00	-	
	, 19.05.2007						2
50m		6.	25.59	545	25.50	99%	
100m		6.	**56.25**	580	57.50	104%	
50m		2.	27.16	551	26.90	98%	

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Distance	Place	Time	Points	Entry	%
100m	2.	**59.83**	564	1:00.00	101%
, 05.08.2008					3
50m	20.	**28.42**	398	28.49	100%
100m	16.	**59.86**	481	1:12.34	146%
200m	6.	**2:09.35**	490	2:12.34	105%
, 28.07.2011					2
200m	16.	**2:31.26**	416	2:31.74	101%
200m	20.	**2:50.34**	379	2:53.96	104%
200m	11.	3:19.79	226	3:10.00	90%
200m	19.	2:48.08	422	2:45.00	96%
, 22.12.2010					2
50m	15.	30.59	319	30.50	99%
100m	15.	1:06.61	349	1:07.00	101%
100m	15.	1:15.16	328	1:17.70	107%
200m	23.	2:47.08	317	2:47.00	100%
, 28.02.2009					-
100m	6.	1:01.96	581	1:01.74	99%
200m	3.	2:12.53	619	2:12.46	100%
, 05.03.2007					2
100m	13.	**1:06.89**	465	1:09.50	108%
200m	3.	**2:22.42**	485	2:26.00	105%
, 24.06.2009					1
200m	1.	**2:26.47**	575	2:30.00	105%
					1
, 11.11.2007					-
100m	WDR		-	1:04.00	-
200m	WDR		-	2:25.00	-
, 25.04.2006					-
100m	7.	1:03.66	535	1:03.50	99%
100m	12.	1:12.88	489	1:12.00	98%
50m	11.	31.38	471	30.00	91%
200m	10.	2:39.40	495	2:38.00	98%
, 03.01.2011					1
200m	6.	**2:54.24**	379	2:57.00	103%
					32
, 31.03.2007					3
100m	5.	**1:02.58**	493	1:04.00	105%
200m	2.	**2:22.10**	473	2:23.00	101%
200m	5.	**2:23.75**	498	2:26.00	103%
, 28.09.2011					-
100m	11.	1:28.00	387	1:28.00	100%
, 27.01.2010					-
100m	14.	1:06.40	352	1:04.00	93%
50m	6.	39.15	291	39.00	99%
200m	7.	3:02.73	328	3:00.00	97%
50m	23.	34.98	258	33.00	89%
, 25.11.2008					-
100m	62.	1:06.42	352	1:04.00	93%
200m	24.	2:33.99	383	2:25.00	89%
, 30.12.2006					1
100m	8.	**1:05.24**	435	1:09.00	112%
, 10.10.2005					-
50m	21.	39.72	401	37.50	89%
50m	13.	32.48	425	30.00	85%
100m	5.	1:09.33	512	1:07.60	95%
200m	2.	2:46.28	393	2:34.50	86%
, 06.12.2008					-
50m	15.	30.15	483	29.00	93%
100m	7.	1:10.82	533	1:10.40	99%
200m	7.	2:33.81	515	2:31.90	98%
200m	16.	2:40.19	488	2:35.00	94%

, 19.02.2008						-
100m	20.	1:00.18	473	1:00.00	99%	
200m	19.	2:16.40	418	2:15.00	98%	
200m	23.	2:33.04	413	2:30.00	96%	
, 04.12.2012						-
50m	5.	39.62	315	38.35	94%	
100m	7.	1:25.04	308	1:23.51	96%	
200m	4.	3:04.85	297	3:01.82	97%	
, 14.03.2006						1
50m	6.	35.67	554	34.23	92%	
200m	16.	**2:46.07**	438	2:46.50	101%	
, 03.11.2008						1
200m	6.	**2:39.48**	494	2:45.00	107%	
, 10.03.2010						1
50m	4.	29.78	502	29.00	95%	
100m	1.	**1:02.71**	560	1:03.00	101%	
200m	2.	2:20.07	524	2:18.00	97%	
, 14.05.2007						-
100m	WDR		-	1:04.00	-	
100m	WDR		-	1:12.10	-	
200m	WDR		-	2:30.50	-	
100m	WDR		-	1:09.20	-	
, 13.06.2009						4
100m	37.	**1:02.57**	421	1:04.00	105%	
100m	24.	**1:10.46**	398	1:12.00	104%	
100m	25.	**1:20.93**	347	1:23.00	105%	
100m	20.	**1:10.95**	338	1:13.00	106%	
, 31.01.2009						-
100m	WDR		-	1:06.00	-	
200m	WDR		-	2:23.00	-	
50m	WDR		-	34.00	-	
, 07.07.2007						1
100m	44.	**1:04.30**	388	1:05.73	104%	
50m	13.	30.60	385	29.00	90%	
, 10.09.2009						1
100m	47.	1:04.57	383	1:04.00	98%	
100m	35.	1:13.65	348	1:13.00	98%	
100m	27.	**1:21.79**	336	1:23.00	103%	
100m	24.	1:14.22	295	1:13.00	97%	
, 20.07.2010						-
200m	12.	2:40.30	340	2:30.00	88%	
200m	9.	2:56.41	247	2:46.00	89%	
, 29.07.2011						5
50m	22.	**31.35**	296	32.61	108%	
100m	18.	**1:07.60**	334	1:08.98	104%	
100m	19.	**1:18.37**	289	1:19.37	103%	
200m	15.	2:47.83	296	2:46.77	99%	
200m	8.	**3:02.83**	328	3:08.04	106%	
200m	22.	**2:46.39**	321	2:48.22	102%	
, 26.04.2009						1
100m	71.	1:09.32	309	1:08.00	96%	
100m	36.	1:14.42	338	1:13.00	96%	
100m	38.	1:36.72	203	1:30.00	87%	
100m	28.	**1:21.66**	222	1:30.00	121%	
, 09.10.2010						3
100m	23.	**1:10.11**	401	1:13.00	108%	
100m	9.	**1:15.98**	432	1:19.00	108%	
100m	24.	1:36.14	296	1:35.00	98%	
100m	10.	**1:23.91**	289	1:32.00	120%	
, 14.03.2009						-
100m	66.	1:06.91	344	1:04.00	91%	
200m	40.	2:26.64	336	2:24.00	96%	
200m	45.	2:48.99	306	2:42.00	92%	
, 24.07.2007						-
100m	25.	59.79	482	56.00	88%	
100m	6.	1:12.23	488	1:08.00	89%	
200m	2.	2:32.87	561	2:30.00	96%	

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OMEGA ARES 21

200m		4.	2:20.40	535	2:17.00	95%	
, 17.06.2009							1
100m		54.	1:05.31	370	1:05.00	99%	
100m		13.	1:07.95	444	1:07.00	97%	
200m		13.	**2:25.75**	452	2:26.00	100%	
200m		18.	2:31.31	427	2:30.00	98%	
, 10.02.2009							2
100m		21.	1:00.36	469	1:00.00	99%	
100m		10.	**1:06.53**	473	1:07.00	101%	
100m		2.	1:10.53	524	1:09.00	96%	
100m		8.	**1:05.88**	422	1:08.00	107%	
, 23.06.2010							4
50m		4.	**34.38**	483	34.50	101%	
100m		1.	**1:12.32**	501	1:14.00	105%	
200m		1.	**2:32.94**	524	2:39.00	108%	
200m		14.	**2:45.20**	444	2:45.50	100%	
, 17.06.2009							-
100m		8.	1:22.72	465	1:19.20	92%	
200m		8.	2:59.62	462	2:49.40	89%	
, 15.03.2007							-
50m		7.	33.33	530	30.30	83%	
200m		4.	2:30.99	582	2:28.29	96%	
, 07.10.2009							1
100m		37.	**1:07.60**	447	1:08.00	101%	
100m		22.	1:35.55	302	1:28.00	85%	
, 19.10.2008							-
50m		14.	29.86	498	29.00	94%	
50m		8.	34.57	475	32.50	88%	
200m		11.	3:02.60	440	2:55.70	93%	
, 03.08.2010							2
100m		44.	**1:15.17**	325	1:21.00	116%	
200m		23.	2:53.86	357	2:53.00	99%	
50m		19.	**40.28**	223	40.35	100%	
10 " "							-
, 22.03.2006							-
50m		5.	25.54	548	24.80	94%	
100m		3.	54.88	624	54.00	97%	
200m		1.	2:00.56	605	1:58.00	96%	
1							-
, 15.09.2009							-
50m		10.	35.03	456	33.35	91%	
100m		16.	1:15.49	440	1:12.92	93%	
200m		16.	2:42.01	441	2:36.54	93%	
, 03.09.2009							-
50m		10.	29.31	526	28.79	96%	
100m		20.	1:04.71	510	1:03.06	95%	
100m		9.	1:16.88	375	1:15.34	96%	
3 " " -							2
, 22.06.2009							2
100m		1.	**1:08.36**	534	1:10.00	105%	
200m		2.	**2:39.72**	443	2:40.00	100%	
3 - -							-
, 14.02.2009							-
100m		19.	1:18.19	396	1:15.00	92%	
200m		22.	2:50.05	381	2:39.00	87%	
1							3
, 26.11.2007							3
100m		1.	**54.36**	642	55.00	102%	
200m		2.	**2:01.20**	596	2:03.00	103%	
50m		4.	29.80	509	28.00	88%	

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100m		3.	**1:02.91**	559	1:03.00	100%
4						-
, 15.08.2005						-
50m		1.	28.34	592	27.50	94%
100m		1.	1:00.82	619	59.80	97%
200m		2.	2:13.08	594	2:12.50	99%
"FITRON"	- -					23
, 23.09.2011						2
50m		11.	38.30	239	37.00	93%
100m		20.	**1:18.53**	287	1:22.00	109%
200m		16.	**2:48.89**	291	2:52.00	104%
200m		36.	3:06.48	228	3:00.00	93%
, 26.04.2007						-
100m		16.	58.44	517	58.00	98%
200m		7.	2:07.02	517	2:07.00	100%
200m		2.	2:20.21	508	2:20.00	100%
, 07.04.2006						3
50m		9.	31.84	417	31.50	98%
100m		11.	**1:06.47**	474	1:06.50	100%
100m		8.	**1:13.05**	472	1:13.50	101%
200m		11.	**2:28.96**	448	2:29.00	100%
, 21.09.2012						2
50m		3.	38.07	355	38.00	100%
100m		2.	**1:18.94**	385	1:19.00	100%
200m		1.	**2:45.96**	410	2:49.00	104%
200m		6.	2:55.57	370	2:53.00	97%
, 12.03.2010						2
50m		34.	**33.74**	238	34.00	102%
100m		47.	**1:14.87**	245	1:16.00	103%
200m		36.	2:53.14	204	2:50.00	96%
200m		40.	3:12.19	208	3:10.00	98%
, 05.04.2010						1
100m		33.	1:12.00	370	1:12.00	100%
200m		24.	**2:34.80**	388	2:40.00	107%
100m		17.	1:18.70	388	1:18.00	98%
200m		18.	2:45.79	411	2:45.00	99%
, 20.04.2010						3
100m		40.	**1:13.21**	263	1:15.00	105%
200m		29.	**2:45.67**	233	2:50.00	105%
200m		23.	**3:08.36**	209	3:10.00	102%
, 26.04.2006						1
100m		23.	59.58	488	59.50	100%
200m		6.	2:43.18	461	2:42.00	99%
50m		10.	29.53	428	28.50	93%
200m		7.	**2:25.27**	483	2:27.00	102%
, 09.01.2012						1
50m		5.	32.43	388	31.50	94%
100m		7.	1:12.15	368	1:11.00	97%
200m		2.	**3:12.00**	379	3:15.00	103%
200m		4.	2:54.44	377	2:53.00	98%
, 15.10.2012						2
50m		2.	35.24	333	35.00	99%
100m		1.	**1:15.33**	399	1:19.00	110%
200m		1.	**2:45.10**	401	2:53.00	110%
200m		7.	2:55.95	368	2:55.00	99%
, 07.02.2011						4
100m		53.	**1:19.28**	207	1:24.00	112%
200m		34.	2:50.21	215	2:55.00	106%
100m		17.	**1:35.06**	214	1:37.00	104%
200m		38.	**3:08.71**	220	3:10.00	101%
, 05.05.2008						2
100m		59.	**1:05.83**	361	1:08.00	107%
100m		21.	**1:18.55**	379	1:19.00	101%
200m		14.	2:52.06	393	2:50.00	98%

"Life Club" -

, 28.04.2010						-
50m	21.	43.05	315	41.00	91%	
200m	37.	3:06.14	311	3:03.00	97%	
, 11.11.2005						-
100m	6.	1:19.20	370	1:15.00	90%	
, 06.12.2006						-
100m	12.	1:17.83	390	1:14.80	92%	
200m	16.	2:34.92	398	2:30.00	94%	
" "						19
, 03.04.2008						4
100m	24.	**1:00.89**	457	1:05.00	114%	
200m	13.	**2:13.49**	446	2:16.00	104%	
50m	16.	**30.07**	406	31.50	110%	
100m	11.	**1:06.58**	409	1:15.00	127%	
, 06.06.2010						2
100m	41.	**1:14.06**	340	1:18.00	111%	
200m	30.	**2:42.12**	338	2:50.00	110%	
200m	26.	3:06.46	289	3:00.00	93%	
200m	45.	3:13.33	277	3:11.00	98%	
, 10.02.2012						2
100m	19.	**1:29.95**	189	1:30.00	100%	
200m	11.	3:10.79	207	3:05.00	94%	
100m	14.	**1:47.86**	210	1:57.00	118%	
, 11.01.2012						2
100m	11.	**1:15.98**	315	1:22.00	116%	
50m	5.	43.44	306	41.00	89%	
100m	7.	**1:35.11**	306	1:45.00	122%	
200m	7.	3:25.45	309	3:20.00	95%	
, 02.01.2011						-
50m	23.	46.31	175	45.00	94%	
200m	21.	3:26.92	226	3:20.00	93%	
50m	37.	39.90	173	39.00	96%	
200m	13.	3:23.17	161	3:05.00	83%	
, 14.12.2010						3
50m	28.	34.59	320	34.00	97%	
100m	45.	**1:15.20**	325	1:19.00	110%	
200m	31.	**2:43.02**	332	2:50.00	109%	
200m	46.	**3:14.96**	270	3:20.00	105%	
, 08.05.2012						3
50m	2.	**31.75**	414	34.00	115%	
100m	3.	**1:09.50**	411	1:15.00	116%	
200m	2.	**2:33.21**	400	2:40.00	109%	
, 24.12.2008						3
50m	15.	**28.12**	411	29.00	106%	
100m	39.	**1:02.74**	417	1:07.00	114%	
200m	30.	**2:36.23**	388	2:45.00	112%	
" "						-
, 17.03.2007						-
50m	17.	27.55	437	26.86	95%	
50m	13.	33.09	372	29.00	77%	
						5
, 11.01.2011						1
50m	32.	41.02	192	40.00	95%	
100m	34.	**1:36.19**	213	1:40.00	108%	
, 22.08.2009						2
50m	53.	**32.93**	256	36.00	120%	
50m	22.	**39.40**	220	40.00	103%	
, 12.03.2008						1
50m	36.	**34.56**	321	38.30	123%	
50m	21.	45.76	262	45.00	97%	

, 13.10.2006						1
50m	12.	39.61	281	39.50	99%	
100m	18.	**1:27.45**	275	1:30.00	106%	
" "						-
, 25.02.2009						-
100m	30.	1:12.37	367	1:10.00	94%	
200m	25.	2:34.49	380	2:30.00	94%	
, 07.04.2009						-
100m	32.	1:06.91	461	1:04.00	91%	
200m	26.	2:28.16	443	2:17.00	86%	
						1
, 05.06.2010						1
50m	11.	**30.83**	452	30.90	100%	
100m	28.	1:11.16	383	1:09.57	96%	
200m	26.	2:39.09	358	2:37.78	98%	
" "						2
, 07.04.2011						2
100m	20.	**1:08.38**	322	1:12.00	111%	
200m	14.	2:47.31	299	2:45.00	97%	
200m	15.	3:08.85	297	3:04.00	95%	
200m	19.	**2:44.43**	333	2:46.00	102%	
" "						-
, 24.07.2007						-
50m	5.	32.75	559	30.20	85%	
100m	10.	1:11.75	513	1:07.50	89%	
49 " "						2
, 12.12.2012						2
50m	7.	**40.35**	298	41.00	103%	
100m	11.	**1:29.72**	262	1:32.00	105%	
50m	21.	50.81	111	41.00	65%	
						6
, 04.07.2008						1
50m	2.	26.22	507	25.80	97%	
100m	4.	**57.48**	543	58.10	102%	
, 18.03.2008						-
100m	31.	1:06.64	467	1:05.00	95%	
50m	12.	39.14	419	38.00	94%	
100m	11.	1:23.22	457	1:21.00	95%	
200m	5.	2:56.85	485	2:50.00	92%	
50m	9.	32.11	440	31.00	93%	
, 05.01.2009						-
50m	5.	35.29	572	35.21	100%	
100m	5.	1:19.84	518	1:18.00	95%	
200m	1.	2:49.01	555	2:47.00	98%	
, 25.12.2005						3
50m	3.	**34.47**	614	35.18	104%	
100m	4.	**1:16.12**	597	1:16.85	102%	
200m	4.	**2:48.36**	562	2:52.92	105%	
, 08.02.2011						2
50m	28.	**32.19**	274	32.30	101%	
50m	12.	38.51	236	37.50	95%	
100m	23.	**1:19.31**	279	1:22.10	107%	
, 27.11.2007						-
50m	13.	31.14	439	29.75	91%	
50m	15.	38.29	448	36.65	92%	
100m	13.	1:26.60	406	1:21.30	88%	
200m	18.	2:49.22	413	2:47.35	98%	

, 02.03.2012						-
50m	1.	31.71	415	31.00	96%	
100m	1.	1:06.81	463	1:06.00	98%	
200m	1.	2:26.57	458	2:26.00	99%	
50m	8.	40.51	295	37.00	83%	
50m	2.	42.12	336	40.00	90%	
100m	1.	1:28.09	385	1:27.00	98%	
200m	1.	2:46.57	434	2:42.00	95%	
" "						-
, 24.06.2012						-
50m	WDR		-	46.54	-	
100m	WDR		-	1:41.73	-	
200m	WDR		-	3:41.75	-	
200m	WDR		-	3:38.39	-	
, 19.03.2012						-
50m	WDR		-	39.05	-	
100m	WDR		-	1:39.00	-	
100m	WDR		-	1:53.05	-	
200m	WDR		-	3:40.00	-	
1						**3**
, 15.04.2008						-
50m	28.	28.74	385	28.46	98%	
100m	44.	1:03.70	399	1:02.12	95%	
, 02.03.2008						1
50m	3.	26.29	503	26.02	98%	
50m	10.	**31.82**	418	31.89	100%	
50m	14.	35.07	405	35.00	100%	
, 12.06.2008						1
50m	22.	28.50	394	27.97	96%	
100m	35.	1:02.19	429	1:00.46	95%	
50m	14.	29.47	431	29.30	99%	
100m	9.	**1:05.99**	420	1:07.90	106%	
, 25.09.2009						-
100m	74.	1:11.75	279	1:08.35	91%	
100m	40.	1:19.22	280	1:14.05	87%	
200m	32.	2:49.33	288	2:41.28	91%	
100m	27.	1:21.31	224	1:19.72	96%	
, 22.11.2007						-
50m	13.	27.05	461	25.80	91%	
100m	24.	59.77	483	57.48	92%	
, 26.12.2008						1
50m	49.	**31.37**	296	34.11	118%	
200m	33.	2:52.16	274	2:49.16	97%	
50m	27.	38.81	298	38.64	99%	
, 31.10.2008						-
50m	4.	35.17	578	33.75	92%	
100m	3.	1:17.84	559	1:14.39	91%	
, 15.08.2006						-
50m	9.	29.65	508	28.71	94%	
100m	13.	1:06.40	472	1:02.22	88%	
"Mighty Sharks"						**13**
, 19.07.2011						3
50m	26.	**40.40**	297	42.00	108%	
100m	31.	**1:28.66**	272	1:29.00	101%	
200m	29.	**3:11.56**	266	3:20.00	109%	
50m	28.	50.50	195	50.00	98%	
, 20.08.2010						2
50m	17.	40.98	195	40.00	95%	
200m	22.	**3:04.42**	223	3:06.00	102%	
200m	23.	**3:40.82**	186	3:43.00	102%	
200m	39.	3:11.98	209	3:09.00	97%	

, 19.04.2007						2
50m	9.	35.25	448	34.25	94%	
100m	15.	1:14.45	459	1:13.26	97%	
200m	5.	**2:33.11**	522	2:33.92	101%	
200m	13.	**2:42.00**	471	2:43.09	101%	
, 13.01.2012						2
50m	13.	44.22	227	43.77	98%	
100m	15.	**1:34.96**	221	1:39.42	110%	
50m	13.	**49.30**	209	49.84	102%	
100m	12.	1:43.49	237	1:42.84	99%	
, 15.01.2008						2
100m	23.	**1:00.86**	457	1:01.65	103%	
200m	7.	**2:10.57**	476	2:14.00	105%	
50m	9.	29.25	441	27.70	90%	
, 08.04.2009						2
50m	28.	**31.61**	419	31.82	101%	
50m	14.	40.05	391	38.77	94%	
100m	16.	1:28.16	384	1:27.00	97%	
200m	28.	**2:50.99**	401	2:51.24	100%	
"SwiMoscow"						5
, 14.06.2006						1
50m	25.	**29.32**	362	30.00	105%	
100m	51.	1:10.18	298	1:05.00	86%	
50m	15.	41.56	243	38.00	84%	
200m	10.	3:25.10	232	2:50.00	69%	
, 16.09.2010						-
50m	19.	31.16	302	30.00	93%	
50m	21.	34.62	266	33.50	94%	
100m	11.	1:18.47	250	1:17.00	96%	
, 05.11.2006						1
50m	12.	27.02	463	26.80	98%	
100m	29.	1:00.23	472	59.80	99%	
50m	11.	32.72	384	31.50	93%	
50m	9.	29.48	431	29.00	97%	
200m	19.	**2:37.92**	376	2:40.00	103%	
, 11.01.2009						-
50m	19.	37.13	383	36.50	97%	
100m	23.	1:20.07	369	1:16.00	90%	
200m	36.	3:01.31	336	2:50.00	88%	
, 17.11.2013						1
50m	10.	35.90	286	34.00	90%	
200m	9.	**3:33.37**	276	3:40.00	106%	
50m	9.	40.38	221	39.00	93%	
, 10.11.2009						1
50m	29.	**31.63**	419	33.00	109%	
50m	20.	37.49	372	36.00	92%	
50m	17.	42.25	333	40.00	90%	
50m	23.	37.15	284	35.00	89%	
, 06.04.2010						-
100m	39.	1:12.56	270	1:09.00	90%	
, 21.09.2007						-
100m	17.	1:25.97	289	1:25.00	98%	
, 03.01.2006						1
50m	16.	27.53	438	27.30	98%	
100m	30.	1:00.26	471	1:00.00	99%	
200m	12.	**2:09.80**	485	2:10.00	100%	