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(9-10)

1.				2012 II	"FITRON"	-	-			+0,75	2:45.10	II	401
	50m:	38.04	38.04	100m:	1:21.11	43.07	150m:	2:05.54	44.43	200m:	2:45.10	39.56	
2.				2012 II	" "					+0,70	3:03.53	III	292
	50m:	40.75	40.75	100m:	1:26.21	45.46	150m:	2:16.16	49.95	200m:	3:03.53	47.37	
3.				2012 II	" "					+0,77	3:14.69	III	244
	50m:	41.46	41.46	100m:	1:31.74	50.28	150m:	2:24.36	52.62	200m:	3:14.69	50.33	
4.				2012 III	" "					+0,76	3:44.49	I	159
	50m:	50.76	50.76	100m:	1:50.21	59.45	150m:	2:49.17	58.96	200m:	3:44.49	55.32	
5.				2012 III	" "					+0,94	3:50.03	II	148
	50m:	49.61	49.61	100m:	1:49.13	59.52	150m:	2:50.72	1:01.59	200m:	3:50.03	59.31	

(11-12)

1.				2010 II	" "					+0,88	2:40.88	II	434
	50m:	34.23	34.23	100m:	1:15.30	41.07	150m:	1:59.53	44.23	200m:	2:40.88	41.35	
2.				2010 I	" "					+0,73	2:41.57	II	428
	50m:	36.96	36.96	100m:	1:19.36	42.40	150m:	2:02.46	43.10	200m:	2:41.57	39.11	
3.				2010 II	" "					+0,80	2:42.40	II	421
	50m:	35.12	35.12	100m:	1:15.70	40.58	150m:	2:01.01	45.31	200m:	2:42.40	41.39	
4.				2010 II	" "					+0,94	2:50.11	II	367
	50m:	36.87	36.87	100m:	1:20.24	43.37	150m:	2:04.64	44.40	200m:	2:50.11	45.47	
5.				2011 I	" "					+0,67	2:54.85	II	338
	50m:	35.89	35.89	100m:	1:20.56	44.67	150m:	2:09.33	48.77	200m:	2:54.85	45.52	
6.				2010 I	" "					+0,83	2:54.94	II	337
	50m:	34.72	34.72	100m:	1:16.37	41.65	150m:	2:04.57	48.20	200m:	2:54.94	50.37	
7.				2010 II	" "					+0,85	2:57.10	II	325
	50m:	38.27	38.27	100m:	1:23.54	45.27	150m:	2:11.46	47.92	200m:	2:57.10	45.64	
8.				2011 II	" "					+0,67	2:57.99	II	320
	50m:	38.01	38.01	100m:	1:23.76	45.75	150m:	2:12.81	49.05	200m:	2:57.99	45.18	
9.				2010 II	" "					+0,85	2:59.32	III	313
	50m:	36.39	36.39	100m:	1:20.71	44.32	150m:	2:10.72	50.01	200m:	2:59.32	48.60	
10.				2011 II	" "					+0,80	3:07.26	III	275
	50m:	41.49	41.49	100m:	1:28.85	47.36	150m:	2:19.19	50.34	200m:	3:07.26	48.07	
11.				2011 I	" "					+0,90	3:19.79	III	226
	50m:	44.62	44.62	100m:	1:34.94	50.32	150m:	2:27.01	52.07	200m:	3:19.79	52.78	
12.				2011 III	" "					+0,63	3:45.95	I	156
	50m:	48.85	48.85	100m:	1:49.33	1:00.48	150m:	2:50.03	1:00.70	200m:	3:45.95	55.92	
EXH				2010 I	RSO SwimTeam					+0,84	2:34.29	I	492
	50m:	34.48	34.48	100m:	1:14.01	39.53	150m:	1:55.04	41.03	200m:	2:34.29	39.25	
EXH				2012 II	RSO SwimTeam					+0,82	3:03.45	III	292
	50m:	40.56	40.56	100m:	1:27.48	46.92	150m:	2:15.96	48.48	200m:	3:03.45	47.49	

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