



02.12.23 13

, 200m

2011 - 2014

12	2:29.70	RUS	19.11.23
11	2:38.32	RUS	03.12.22
10	2:41.49	RUS	04.12.21
9	2:55.93	RUS	18.06.22

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R.T.

(9-10)

1.	50m: 36.90 36.90	2013 II	" "	100m: 1:20.14 43.24	150m: 2:09.44 49.30	+0,88	2:46.63 II	37.19	433
2.	50m: 38.90 38.90	2014 III	" "	100m: 1:25.88 46.98	150m: 2:22.62 56.74	+0,84	3:03.37 III	40.75	325
3.	50m: 43.99 43.99	2013 III	" "	100m: 1:30.27 46.28	150m: 2:26.67 56.40	+0,90	3:07.77 III	41.10	303
4.	50m: 41.50 41.50	2013 I	" "	100m: 1:30.23 48.73	150m: 2:29.93 59.70	+0,78	3:13.29 III	43.36	277
5.	50m: 45.90 45.90	2014 III	" "	100m: 1:32.72 46.82	150m: 2:30.38 57.66	+0,76	3:13.89 III	43.51	275
6.	50m: 43.36 43.36	2013 I	" "	100m: 1:34.60 51.24	150m: 2:32.31 57.71	+0,81	3:16.50 III	44.19	264
7.	50m: 47.27 47.27	2013 I	" "	100m: 1:38.63 51.36	150m: 2:34.74 56.11	+0,77	3:17.84 III	43.10	259
8.	50m: 44.53 44.53	2014 III	" "	100m: 1:35.12 50.59	150m: 2:37.51 1:02.39	+0,79	3:22.79 III	45.28	240
9.	50m: 47.59 47.59	2013 III	" "	100m: 1:37.22 49.63	150m: 2:37.81 1:00.59	+0,85	3:22.82 III	45.01	240
10.	50m: 46.47 46.47	2014 I	" "	100m: 1:38.82 52.35	150m: 2:42.21 1:03.39	+0,93	3:28.44 III	46.23	221
11.	50m: 46.68 46.68	2013 I	" "	100m: 1:38.85 52.17	150m: 2:42.03 1:03.18	+0,81	3:28.96 III	46.93	219
12.	50m: 52.53 52.53	2013 III	" "	100m: 1:47.84 55.31	150m: 2:50.57 1:02.73	+0,92	3:34.17 I	43.60	204
13.	50m: 49.53 49.53	2014 I	1 -	100m: 1:41.59 52.06	150m: 2:45.91 1:04.32	+0,84	3:35.28 I	49.37	201
14.	50m: 57.36 57.36	2013 I	" "	100m: 1:52.18 54.82	150m: 2:56.21 1:04.03	+0,76	3:43.62 I	47.41	179
DSQ		2013 III	" "						
DSQ		2014 I	" "						

(11-12)

1.	50m: 33.15 33.15	2011 I	" "	100m: 1:13.81 40.66	150m: 1:58.95 45.14	+0,81	2:33.85 I	34.90	550
2.	50m: 33.83 33.83	2012 I	-2	100m: 1:12.72 38.89	150m: 2:03.26 50.54	+0,74	2:38.10 I	34.84	507
3.	50m: 36.16 36.16	2012 I	"Fitron"	100m: 1:17.96 41.80	150m: 2:05.06 47.10	+0,84	2:39.98 I	34.92	489

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		13, , 200m														
				/						R.T.						
4.	50m:	37.08	37.08	2012 II	"Fitron"	-	-	100m:	1:18.10	41.02	150m:	2:04.79	46.69	+0,91	2:41.01 I	480
														200m:	2:41.01	36.22
5.	50m:	34.03	34.03	2012 I	-2			100m:	1:17.37	43.34	150m:	2:06.94	49.57	+0,74	2:42.63 I	466
														200m:	2:42.63	35.69
6.	50m:	34.65	34.65	2012 I	"Fitron"	-	-	100m:	1:16.54	41.89	150m:	2:08.29	51.75	+0,71	2:45.00 II	446
														200m:	2:45.00	36.71
7.	50m:	34.18	34.18	2011 II	"	-	"	100m:	1:18.68	44.50	150m:	2:07.49	48.81	+0,83	2:45.43 II	443
														200m:	2:45.43	37.94
8.	50m:	35.00	35.00	2012 II	"	"	"	100m:	1:17.58	42.58	150m:	2:08.39	50.81	+0,71	2:47.08 II	430
														200m:	2:47.08	38.69
9.	50m:	36.69	36.69	2012 II	"	"	"	100m:	1:18.09	41.40	150m:	2:08.54	50.45	+0,67	2:47.48 II	427
														200m:	2:47.48	38.94
10.	50m:	38.39	38.39	2012 II	"	"	"	100m:	1:22.18	43.79	150m:	2:08.81	46.63	+0,87	2:51.54 II	397
														200m:	2:51.54	42.73
11.	50m:	36.23	36.23	2012 II	"	"	"	100m:	1:19.72	43.49	150m:	2:12.80	53.08	+0,66	2:51.62 II	396
														200m:	2:51.62	38.82
12.	50m:	36.45	36.45	2012 II	"	"	"	100m:	1:22.24	45.79	150m:	2:15.50	53.26	+0,95	2:52.72 II	389
														200m:	2:52.72	37.22
13.	50m:	39.32	39.32	2011 II	"	"	"	100m:	1:23.56	44.24	150m:	2:14.77	51.21	+0,85	2:53.48 II	384
														200m:	2:53.48	38.71
14.	50m:	38.10	38.10	2012 I	"	"	"	100m:	1:25.16	47.06	150m:	2:17.79	52.63	+0,71	2:55.86 II	368
														200m:	2:55.86	38.07
15.	50m:	39.07	39.07	2011 II	1	"	"	100m:	1:23.68	44.61	150m:	2:14.78	51.10	+0,69	2:55.94 II	368
														200m:	2:55.94	41.16
16.	50m:	37.67	37.67	2012 II	"	"	"	100m:	1:22.96	45.29	150m:	2:17.18	54.22	+0,70	2:58.42 II	353
														200m:	2:58.42	41.24
17.	50m:	37.92	37.92	2012 III	"	"	"	100m:	1:23.89	45.97	150m:	2:21.25	57.36	+0,78	3:00.20 II	342
														200m:	3:00.20	38.95
18.	50m:	40.22	40.22	2012 II	"	"	"	100m:	1:28.30	48.08	150m:	2:22.32	54.02	+0,90	3:01.55 II	335
														200m:	3:01.55	39.23
19.	50m:	40.24	40.24	2011 III	"	"	"	150m:	2:22.13	1:41.89	200m:	3:04.16	42.03	+0,94	3:04.16 III	321
20.	50m:	40.54	40.54	2011 III	-1	"	"	100m:	1:28.69	48.15	150m:	2:23.27	54.58	+0,66	3:04.47 III	319
														200m:	3:04.47	41.20
21.	50m:	38.32	38.32	2012 III	"	"	"	100m:	1:25.21	46.89	150m:	2:19.51	54.30	+0,75	3:04.88 III	317
														200m:	3:04.88	45.37
22.	50m:	40.95	40.95	2012 III	"	"	"	100m:	1:28.92	47.97	150m:	2:27.15	58.23	+0,74	3:08.15 III	301
														200m:	3:08.15	41.00
23.	50m:	41.86	41.86	2011 II	"	"	"	100m:	1:29.25	47.39	150m:	2:25.49	56.24	+0,63	3:08.99 III	297
														200m:	3:08.99	43.50
24.	50m:	41.45	41.45	2012 II	"	"	"	100m:	1:32.93	51.48	150m:	2:30.18	57.25	+0,91	3:09.62 III	294
														200m:	3:09.62	39.44
25.	50m:	42.50	42.50	2011 I	1	-	"	100m:	1:32.90	50.40	150m:	2:28.77	55.87	+0,73	3:12.14 III	282
														200m:	3:12.14	43.37
26.	50m:	41.86	41.86	2011 III	"	"	"	100m:	1:35.26	53.40	150m:	2:35.14	59.88	+0,82	3:16.93 III	262
														200m:	3:16.93	41.79

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2023 .

OMEGA ARES 21





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
MAD WAVE CLASSIC

2-3 ДЕКАБРЯ 2023
РУЗА



		13, , 200m											
												R.T.	
27.				2012 I	"	"				+0,82	3:17.10	III	261
	50m:	43.94	43.94	100m:	1:33.39	49.45	150m:	2:33.71	1:00.32	200m:	3:17.10	43.39	
28.				2012 I	"	"				+0,69	3:17.34	III	261
	50m:	45.94	45.94	100m:	1:34.26	48.32	150m:	2:34.18	59.92	200m:	3:17.34	43.16	
29.				2012 III	"	"				+0,84	3:17.76	III	259
	50m:	42.02	42.02	100m:	1:32.15	50.13	150m:	2:32.57	1:00.42	200m:	3:17.76	45.19	
30.				2012 II	"	"				+0,74	3:18.69	III	255
	50m:	44.99	44.99	100m:	1:32.74	47.75	150m:	2:35.36	1:02.62	200m:	3:18.69	43.33	
31.				2012 I	"	"				+0,88	3:19.37	III	253
	50m:	46.03	46.03	100m:	1:37.37	51.34	150m:	2:33.90	56.53	200m:	3:19.37	45.47	
32.				2012 I	"	"				+0,91	3:24.56	III	234
	50m:	48.72	48.72	100m:	1:40.24	51.52	150m:	2:39.77	59.53	200m:	3:24.56	44.79	
33.				2012 I	"	"				+0,83	3:27.68	III	223
	50m:	48.68	48.68	100m:	1:41.18	52.50	150m:	2:43.90	1:02.72	200m:	3:27.68	43.78	
DSQ				2011 II	-2							III	
DSQ				2012 I								III	
DNS				2011 III	"	"	"						
DNS				2011 III	"		"						
DNS				2011 I									

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2023 .

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