



02.12.23 24

, 200m

2005 - 2008

18	2:25.58	RUS	19.02.23
17	2:25.02	RUS	16.02.20
16	2:22.95	RUS	17.02.19
15	2:23.32	RUS	04.12.21

: FINA 2023

				/				R.T.					
(15-16)													
1.			2008			3				+0,70	2:24.02		668
	50m:	32.51	32.51	100m:	1:08.88	36.37	150m:	1:46.29	37.41	200m:	2:24.02	37.73	
2.			2008							+0,71	2:25.49		648
	50m:	32.96	32.96	100m:	1:09.75	36.79	150m:	1:47.40	37.65	200m:	2:25.49	38.09	
3.			2008 I							+0,74	2:34.81 I		538
	50m:	35.25	35.25	100m:	1:13.85	38.60	150m:	1:54.59	40.74	200m:	2:34.81	40.22	
4.			2008							+0,72	2:36.31 I		523
	50m:	36.01	36.01	100m:	1:15.98	39.97	150m:	1:57.55	41.57	200m:	2:36.31	38.76	
5.			2007		"	"				+0,68	2:37.14 I		514
	50m:	35.10	35.10	100m:	1:15.18	40.08	150m:	1:57.58	42.40	200m:	2:37.14	39.56	
6.			2008 I							+0,70	2:39.62 I		491
	50m:	36.61	36.61	100m:	1:17.19	40.58	150m:	1:58.91	41.72	200m:	2:39.62	40.71	
7.			2008 II		"	"				+0,66	2:40.71 II		481
	50m:	37.75	37.75	100m:	1:18.41	40.66	150m:	2:00.47	42.06	200m:	2:40.71	40.24	
8.			2008 II		"	"				+0,76	2:42.58 II		464
	50m:	37.75	37.75	100m:	1:18.95	41.20	150m:	2:00.60	41.65	200m:	2:42.58	41.98	
9.			2008 I			-2				+0,60	2:42.74 II		463
	50m:	36.86	36.86	100m:	1:19.44	42.58	150m:	2:02.44	43.00	200m:	2:42.74	40.30	
10.			2008 I			1	-			+0,62	2:43.88 II		453
	50m:	37.76	37.76	100m:	1:17.89	40.13	150m:	2:00.79	42.90	200m:	2:43.88	43.09	
11.			2007 II							+0,80	2:44.50 II		448
	50m:	37.04	37.04	100m:	1:18.46	41.42	150m:	2:01.27	42.81	200m:	2:44.50	43.23	
12.			2007 II							+0,61	2:45.23 II		442
	50m:	37.68	37.68	100m:	1:18.32	40.64	150m:	2:02.01	43.69	200m:	2:45.23	43.22	
13.			2007 I		"	"	"			+0,69	2:45.49 II		440
	50m:	35.82	35.82	100m:	1:16.61	40.79	150m:	2:00.87	44.26	200m:	2:45.49	44.62	
14.			2008 II		"	"				+0,80	2:47.94 II		421
	50m:	37.96	37.96	100m:	1:19.78	41.82	150m:	2:04.14	44.36	200m:	2:47.94	43.80	
15.			2008 II		"Fitron"	-	-			+0,64	2:51.10 II		398
	50m:	39.57	39.57	100m:	1:22.85	43.28	150m:	2:07.09	44.24	200m:	2:51.10	44.01	
16.			2007 III		"	"				+0,69	2:53.38 II		383
	50m:	39.34	39.34	100m:	1:22.77	43.43	150m:	2:08.63	45.86	200m:	2:53.38	44.75	
17.			2008 III		"	"				+0,76	2:56.30 II		364
	50m:	42.17	42.17	100m:	1:27.15	44.98	150m:	2:12.83	45.68	200m:	2:56.30	43.47	
18.			2008 III							+0,75	3:07.91 III		301
	50m:	40.98	40.98	100m:	1:27.27	46.29	150m:	2:18.19	50.92	200m:	3:07.91	49.72	
19.			2007 II		"	"				+0,75	3:19.58 III		251
	50m:	43.07	43.07	100m:	1:33.44	50.37	150m:	2:27.60	54.16	200m:	3:19.58	51.98	

" ", 50

<https://swim4you.ru/>

OMEGA ARES 21





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
MAD WAVE CLASSIC

2-3 ДЕКАБРЯ 2023
РУЗА



24, , 200m
(17-18)

1.				2005		1				+0,54	2:32.99 I	557
	50m:	34.42	34.42	100m:	1:13.34	38.92	150m:	1:53.34	40.00	200m:	2:32.99	39.65
2.				2005						+0,72	2:33.90 I	548
	50m:	35.18	35.18	100m:	1:13.42	38.24	150m:	1:53.54	40.12	200m:	2:33.90	40.36
3.				2005 I		"	"			+0,66	2:59.28 II	346
	50m:	39.23	39.23	100m:	1:23.16	43.93	150m:	2:10.53	47.37	200m:	2:59.28	48.75

"", 50

<https://swim4you.ru/>

, 2-3

2023 .

OMEGA ARES 21

