

02.12.23 3 , 200m 2011 - 2014

12	2:27.75	RUS	18.11.23
11	2:34.90	RUS	08.12.19
10	2:39.43	RUS	05.12.21
9	2:51.43	RUS	08.12.19

: FINA 2023

(9-10)

			/				R.T.				
1.			2013 I	"	"			+0,63	2:38.32	I	472
	50m:	37.56 37.56	100m:	1:17.62 40.06	150m:	1:58.22 40.60	200m:	2:38.32 40.10			
2.			2013 II					+0,59	2:46.34	II	407
	50m:	40.47 40.47	100m:	1:21.80 41.33	150m:	2:04.74 42.94	200m:	2:46.34 41.60			
3.			2013 II		-2			+0,72	2:51.61	II	371
	50m:	40.51 40.51	100m:	1:23.94 43.43	150m:	2:09.70 45.76	200m:	2:51.61 41.91			
4.			2014 III	"	"			+0,68	3:06.68	III	288
	50m:	2:19.95 2:19.95	100m:	1:31.24	200m:	3:06.68 1:35.44					
5.			2014 III					+0,70	3:08.24	III	281
	50m:	43.00 43.00	100m:	1:30.89 47.89	150m:	2:21.05 50.16	200m:	3:08.24 47.19			
6.			2013 I					+0,63	3:15.11	III	252
	50m:	44.91 44.91	100m:	1:34.80 49.89	150m:	2:26.16 51.36	200m:	3:15.11 48.95			
7.			2014 I	"	"			+0,63	3:20.44	I	233
	50m:	48.03 48.03	100m:	1:39.20 51.17	150m:	2:29.94 50.74	200m:	3:20.44 50.50			

(11-12)

1.			2011 I	"	"			+0,64	2:31.29	I	541
	50m:	37.28 37.28	100m:	1:14.91 37.63	150m:	1:53.76 38.85	200m:	2:31.29 37.53			
2.			2011 I	"	"			+0,84	2:35.93	I	495
	50m:	37.30 37.30	100m:	1:16.54 39.24	150m:	1:56.92 40.38	200m:	2:35.93 39.01			
3.			2012 II	"	"			+0,72	2:36.25	I	491
	50m:	36.63 36.63	100m:	1:15.80 39.17	150m:	1:57.27 41.47	200m:	2:36.25 38.98			
4.			2012 II	"Fitron"	-	-		+0,88	2:38.26	I	473
	50m:	38.53 38.53	100m:	1:18.75 40.22	150m:	1:59.01 40.26	200m:	2:38.26 39.25			
5.			2011 I					+0,71	2:38.82	II	468
	50m:	37.60 37.60	100m:	1:18.46 40.86	150m:	1:59.47 41.01	200m:	2:38.82 39.35			
6.			2012 II	"	"			+0,82	2:40.02	II	458
	50m:	38.61 38.61	100m:	1:18.48 39.87	150m:	2:00.24 41.76	200m:	2:40.02 39.78			
7.			2011 II					+0,85	2:42.11	II	440
	50m:	38.41 38.41	100m:	1:19.84 41.43	150m:	2:02.18 42.34	200m:	2:42.11 39.93			
8.			2012 II					+0,67	2:45.88	II	411
	50m:	37.44 37.44	100m:	1:18.90 41.46	200m:	2:45.88 1:26.98					
9.			2011 II	"	"			+0,62	2:51.67	II	370
	50m:	39.22 39.22	100m:	1:22.41 43.19	150m:	2:07.60 45.19	200m:	2:51.67 44.07			
10.			2011 II					+0,65	2:52.09	II	368
	50m:	39.96 39.96	100m:	1:23.46 43.50	150m:	2:09.10 45.64	200m:	2:52.09 42.99			
11.			2012 II	"	"			+0,66	2:54.06	II	355
	50m:	41.01 41.01	100m:	1:24.75 43.74	150m:	2:10.65 45.90	200m:	2:54.06 43.41			

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OMEGA ARES 21



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
MAD WAVE CLASSIC

2-3 ДЕКАБРЯ 2023
РУЗА



		3, , 200m				(11-12)				R.T.		
12.				2012 III	"	"		+0,67	2:55.16 II		349	
	50m:	42.08	42.08	100m:	1:27.10	45.02	150m:	2:11.82	44.72	200m:	2:55.16	43.34
13.				2012 III	"	"		+0,64	2:58.86 III		328	
	50m:	40.50	40.50	100m:	1:24.74	44.24	150m:	2:12.88	48.14	200m:	2:58.86	45.98
14.				2012 I				+0,66	3:03.55 III		303	
	50m:	42.59	42.59	100m:	1:29.28	46.69	150m:	2:17.73	48.45	200m:	3:03.55	45.82
15.				2012 III	"	-98"		+0,84	3:18.19 III		241	
	100m:	1:34.33	1:34.33	150m:	2:27.87	53.54	200m:	3:18.19	50.32			
16.				2012 I		1		+0,75	3:32.87 I		194	
	50m:	46.19	46.19	100m:	1:42.65	56.46	150m:	2:38.59	55.94	200m:	3:32.87	54.28
DNS				2011 I								

" , 50

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2023 .

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