

02.12.23

9

, 200m

2011 - 2014

12	2:41.40	RUS	09.04.23
11	2:50.63	RUS	03.12.22
10	2:54.42	RUS	04.12.21
9	3:10.69	RUS	07.12.19

: FINA 2023

(9-10 )

										R.T.		
1.		2013 II	" "					+0,83	<b>3:06.37</b> II	46.75	414	
	50m: 41.52 41.52	100m: 1:29.37 47.85	150m: 2:19.62 50.25	200m: 3:06.37								
2.		2013 I	" "					+0,89	<b>3:09.30</b> II	47.73	395	
	50m: 44.81 44.81	100m: 1:33.14 48.33	150m: 2:21.57 48.43	200m: 3:09.30								
3.		2013 III	" "					+0,85	<b>3:18.47</b> III	50.36	343	
	50m: 45.02 45.02	100m: 1:36.30 51.28	150m: 2:28.11 51.81	200m: 3:18.47								
4.		2013 III	" "					+0,66	<b>3:22.96</b> III	50.52	320	
	50m: 49.29 49.29	100m: 1:40.54 51.25	150m: 2:32.44 51.90	200m: 3:22.96								
5.		2014 I	" "					+0,82	<b>3:40.72</b> III	55.67	249	
	50m: 49.88 49.88	100m: 1:47.81 57.93	150m: 2:45.05 57.24	200m: 3:40.72								
6.		2014 I	" "					+0,73	<b>3:49.55</b> I	59.92	221	
	50m: 50.36 50.36	100m: 1:48.89 58.53	150m: 2:49.63 1:00.74	200m: 3:49.55								
7.		2013 I	" "					+0,75	<b>3:58.61</b> I	1:00.14	197	
	50m: 53.67 53.67	100m: 1:56.05 1:02.38	150m: 2:58.47 1:02.42	200m: 3:58.61								
8.		2014 I	" "					+0,71	<b>4:00.64</b> I	1:00.92	192	
	50m: 55.95 55.95	100m: 1:57.67 1:01.72	150m: 2:59.72 1:02.05	200m: 4:00.64								

(11-12 )

1.		2011 II	" "					+0,90	<b>2:55.35</b> I	46.53	497
	50m: 38.90 38.90	100m: 1:22.58 43.68	150m: 2:08.82 46.24	200m: 2:55.35							
2.		2012 II	" "					+0,77	<b>2:56.13</b> I	45.21	490
	50m: 40.96 40.96	100m: 1:25.15 44.19	150m: 2:10.92 45.77	200m: 2:56.13							
3.		2012 II	" "					+0,77	<b>2:59.18</b> II	45.68	466
	50m: 41.13 41.13	100m: 1:26.51 45.38	150m: 2:13.50 46.99	200m: 2:59.18							
4.		2011 II	" "					+0,77	<b>3:01.41</b> II	48.89	449
	50m: 39.67 39.67	100m: 1:25.59 45.92	150m: 2:12.52 46.93	200m: 3:01.41							
5.		2011 II	" "					+0,80	<b>3:03.76</b> II	50.19	432
	50m: 40.03 40.03	100m: 1:24.91 44.88	150m: 2:13.57 48.66	200m: 3:03.76							
6.		2011 II	" "					+0,71	<b>3:07.13</b> II	47.03	409
	50m: 42.86 42.86	100m: 1:30.69 47.83	150m: 2:20.10 49.41	200m: 3:07.13							
7.		2012 II	" "					+0,68	<b>3:10.14</b> II	48.13	390
	50m: 43.27 43.27	100m: 1:31.47 48.20	150m: 2:22.01 50.54	200m: 3:10.14							
8.		2011 II	" "					+0,83	<b>3:11.05</b> II	49.15	384
	50m: 43.12 43.12	100m: 1:31.23 48.11	150m: 2:21.90 50.67	200m: 3:11.05							
9.		2012 II	" "					+0,75	<b>3:11.74</b> II	48.77	380
	50m: 44.29 44.29	100m: 1:33.34 49.05	150m: 2:22.97 49.63	200m: 3:11.74							
10.		2011 II	" "					+0,69	<b>3:16.64</b> II	51.08	352
	50m: 43.83 43.83	100m: 1:33.69 49.86	150m: 2:25.56 51.87	200m: 3:16.64							

" ", 50

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, 2-3

2023 .

OMEGA ARES 21



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ  
**MAD WAVE CLASSIC**

2-3 ДЕКАБРЯ 2023  
**РУЗА**



		9, 200m		(11-12 )				R.T.			
11.				2012 III				+0,79	<b>3:22.74</b> III		321
	50m:	46.37	46.37	100m:	1:37.64	51.27	150m:	2:30.35	52.71	200m:	3:22.74 52.39
12.				2011 II		" "	" "	+0,79	<b>3:24.15</b> III		315
	50m:	44.21	44.21	100m:	1:36.17	51.96	150m:	2:30.62	54.45	200m:	3:24.15 53.53
13.				2011 II		" "	" "	+0,57	<b>3:26.79</b> III		303
	50m:	47.12	47.12	100m:	1:39.89	52.77	150m:	2:34.38	54.49	200m:	3:26.79 52.41
14.				2011 II		-2	" "	+0,78	<b>3:26.82</b> III		303
	50m:	46.13	46.13	100m:	1:38.82	52.69	150m:	2:34.69	55.87	200m:	3:26.82 52.13
15.				2012 I		" "	" "	+0,90	<b>3:46.22</b> I		231
	50m:	51.76	51.76	100m:	1:48.44	56.68	150m:	2:47.50	59.06	200m:	3:46.22 58.72
16.				2011 III		" -98"	" "	+0,81	<b>3:47.50</b> I		227
	50m:	49.91	49.91	100m:	1:48.43	58.52	150m:	2:48.52	1:00.09	200m:	3:47.50 58.98
DNS				2012 II		" "	" "				
DNS				2011 III		" "	" "				

" ", 50

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., 2-3

2023 .

OMEGA ARES 21

