

20
10.02.2024

, 400m

2006 - 2010

: FINA 2023

(14-15)

R.T.

1.				2010	"	"	-	+0,83	4:22.58	588		
	50m:	28.78	28.78	150m:	1:33.43	32.55	250m:	2:40.68	33.79	350m:	3:49.56	34.34
	100m:	1:00.88	32.10	200m:	2:06.89	33.46	300m:	3:15.22	34.54	400m:	4:22.58	33.02
2.				2010 I			-	+0,61	4:24.23	577		
	50m:	29.74	29.74	150m:	1:36.78	34.05	250m:	2:44.41	34.15	350m:	3:51.62	33.64
	100m:	1:02.73	32.99	200m:	2:10.26	33.48	300m:	3:17.98	33.57	400m:	4:24.23	32.61
3.				2009 I				+0,71	4:26.72	561		
	50m:	30.30	30.30	150m:	1:37.69	34.00	250m:	2:46.17	33.90	350m:	3:54.02	33.78
	100m:	1:03.69	33.39	200m:	2:12.27	34.58	300m:	3:20.24	34.07	400m:	4:26.72	32.70
4.				2010 I	"	"		+0,71	4:26.97	560		
	50m:	30.97	30.97	150m:	1:38.38	33.85	250m:	2:46.64	34.21	350m:	3:54.44	33.65
	100m:	1:04.53	33.56	200m:	2:12.43	34.05	300m:	3:20.79	34.15	400m:	4:26.97	32.53
5.				2009 I	"	"		+0,68	4:28.47	550		
	50m:	30.66	30.66	150m:	1:38.48	34.23	250m:	2:47.68	34.76	350m:	3:55.87	34.12
	100m:	1:04.25	33.59	200m:	2:12.92	34.44	300m:	3:21.75	34.07	400m:	4:28.47	32.60
6.				2009 I			-	+0,72	4:28.88	548		
	50m:	30.20	30.20	150m:	1:38.27	34.32	250m:	2:47.28	34.69	350m:	3:55.97	34.40
	100m:	1:03.95	33.75	200m:	2:12.59	34.32	300m:	3:21.57	34.29	400m:	4:28.88	32.91
7.				2010 II	10 "	"		+0,70	4:32.31	527		
	50m:	30.44	30.44	150m:	1:39.07	35.17	250m:	2:49.74	35.39	350m:	3:59.41	34.72
	100m:	1:03.90	33.46	200m:	2:14.35	35.28	300m:	3:24.69	34.95	400m:	4:32.31	32.90
8.				2009 I	"	"		+0,77	4:32.66	525		
	50m:	29.72	29.72	150m:	1:38.17	35.10	250m:	2:48.65	35.27	350m:	3:59.53	35.53
	100m:	1:03.07	33.35	200m:	2:13.38	35.21	300m:	3:24.00	35.35	400m:	4:32.66	33.13
9.				2009 II	"	"		+0,75	4:36.92	501		
	50m:	30.98	30.98	150m:	1:40.68	35.55	250m:	2:52.18	36.07	350m:	4:03.63	35.67
	100m:	1:05.13	34.15	200m:	2:16.11	35.43	300m:	3:27.96	35.78	400m:	4:36.92	33.29
10.				2009 II	"	"		+0,76	4:38.24	494		
	50m:	30.41	30.41	150m:	1:39.57	35.08	250m:	2:52.02	35.99	350m:	4:04.19	35.72
	100m:	1:04.49	34.08	200m:	2:16.03	36.46	300m:	3:28.47	36.45	400m:	4:38.24	34.05
11.				2010 II	"	"		+0,64	4:40.02	485		
	50m:	31.71	31.71	150m:	1:44.24	36.42	250m:	2:56.73	35.93	350m:	4:05.87	33.39
	100m:	1:07.82	36.11	200m:	2:20.80	36.56	300m:	3:32.48	35.75	400m:	4:40.02	34.15
12.				2010 II	"	"		+0,66	4:46.22	454		
	50m:	31.39	31.39	150m:	1:44.35	36.71	250m:	2:57.65	36.81	350m:	4:11.88	37.24
	100m:	1:07.64	36.25	200m:	2:20.84	36.49	300m:	3:34.64	36.99	400m:	4:46.22	34.34
13.				2010 II	"	"		+0,54	4:46.72	452		
	50m:	31.46	31.46	150m:	1:41.95	36.02	250m:	2:55.72	37.22	350m:	4:10.61	37.43
	100m:	1:05.93	34.47	200m:	2:18.50	36.55	300m:	3:33.18	37.46	400m:	4:46.72	36.11
14.				2010 II	"	"		+0,62	4:52.17	427		
	50m:	31.82	31.82	150m:	1:44.25	36.73	250m:	2:59.37	37.88	350m:	4:15.06	37.77
	100m:	1:07.52	35.70	200m:	2:21.49	37.24	300m:	3:37.29	37.92	400m:	4:52.17	37.11
15.				2010 II	"	"		+0,68	4:52.88	424		
	50m:	32.90	32.90	150m:	1:46.21	37.01	250m:	3:01.51	38.68	350m:	4:16.87	37.80
	100m:	1:09.20	36.30	200m:	2:22.83	36.62	300m:	3:39.07	37.56	400m:	4:52.88	36.01
16.				2010 II	"	"		+0,64	4:55.71	412		
	50m:	34.17	34.17	150m:	1:49.91	38.22	250m:	3:04.21	36.83	350m:	4:18.91	37.33
	100m:	1:11.69	37.52	200m:	2:27.38	37.47	300m:	3:41.58	37.37	400m:	4:55.71	36.80

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OMEGA ARES 21

20, 400m (14-15)

										R.T.		
17.			2010 II							+0,65	4:55.85	411
	50m: 34.13	34.13	150m: 1:50.41	38.71	250m: 3:06.44	37.44	350m: 4:21.50	36.63				
	100m: 1:11.70	37.57	200m: 2:29.00	38.59	300m: 3:44.87	38.43	400m: 4:55.85	34.35				
18.			2010 II	27						+0,77	4:57.43	405
	50m: 32.06	32.06	150m: 1:44.47	36.86	250m: 3:00.56	38.34	350m: 4:19.82	39.77				
	100m: 1:07.61	35.55	200m: 2:22.22	37.75	300m: 3:40.05	39.49	400m: 4:57.43	37.61				
19.			2010 II	" "						+0,80	4:59.02	398
	50m: 32.48	32.48	150m: 1:47.23	37.95	250m: 3:04.22	38.85	350m: 4:22.52	38.97				
	100m: 1:09.28	36.80	200m: 2:25.37	38.14	300m: 3:43.55	39.33	400m: 4:59.02	36.50				
20.			2009 II							+0,81	5:04.66	376
	50m: 32.52	32.52	150m: 1:48.65	39.03	300m: 3:47.94	1:20.25	350m: 4:22.52	38.97				
	100m: 1:09.62	37.10	200m: 2:27.69	39.04	400m: 5:04.66	1:16.72	400m: 4:59.02	36.50				
21.			2010 II	" "						+0,85	5:10.01	357
	50m: 36.02	36.02	150m: 1:55.62	39.22	250m: 3:13.92	38.12	350m: 4:32.68	39.45				
	100m: 1:16.40	40.38	200m: 2:35.80	40.18	300m: 3:53.23	39.31	400m: 5:10.01	37.33				
22.			2009 II	" "						+0,96	5:11.24	353
	50m: 32.71	32.71	150m: 1:50.75	39.97	250m: 3:11.86	40.74	350m: 4:32.93	40.89				
	100m: 1:10.78	38.07	200m: 2:31.12	40.37	300m: 3:52.04	40.18	400m: 5:11.24	38.31				
23.			2009 II							+0,65	5:13.99	344
	50m: 35.54	35.54	150m: 1:54.55	39.69	250m: 3:14.52	40.31	350m: 4:36.03	40.34				
	100m: 1:14.86	39.32	200m: 2:34.21	39.66	300m: 3:55.69	41.17	400m: 5:13.99	37.96				
24.			2010 III							+0,79	5:18.28	330
	50m: 35.53	35.53	150m: 1:57.26	41.06	250m: 3:19.17	40.96	350m: 4:40.35	40.66				
	100m: 1:16.20	40.67	200m: 2:38.21	40.95	300m: 3:59.69	40.52	400m: 5:18.28	37.93				
25.			2010 I							+0,69	5:18.81	328
	50m: 31.75	31.75	150m: 1:49.78	40.71	250m: 3:12.35	40.45	350m: 4:37.30	41.90				
	100m: 1:09.07	37.32	200m: 2:31.90	42.12	300m: 3:55.40	43.05	400m: 5:18.81	41.51				
26.			2010 III	" "						+0,62	5:21.25	321
	50m: 35.25	35.25	150m: 1:56.80	41.08	250m: 3:19.12	41.11	350m: 4:41.84	40.87				
	100m: 1:15.72	40.47	200m: 2:38.01	41.21	300m: 4:00.97	41.85	400m: 5:21.25	39.41				
27.			2010 III							+0,61	5:25.71	308
	50m: 35.97	35.97	150m: 1:56.78	41.21	250m: 3:20.73	42.09	350m: 4:44.90	42.05				
	100m: 1:15.57	39.60	200m: 2:38.64	41.86	300m: 4:02.85	42.12	400m: 5:25.71	40.81				
28.			2010 II							+0,71	5:29.53	297
	50m: 35.63	35.63	150m: 1:58.84	42.59	250m: 3:22.75	42.09	350m: 4:47.82	42.74				
	100m: 1:16.25	40.62	200m: 2:40.66	41.82	300m: 4:05.08	42.33	400m: 5:29.53	41.71				

(16-18)

1.			2007	" "						+0,72	4:09.49	686
	50m: 28.88	28.88	150m: 1:31.93	31.39	250m: 2:35.21	31.32	350m: 3:38.47	31.54				
	100m: 1:00.54	31.66	200m: 2:03.89	31.96	300m: 3:06.93	31.72	400m: 4:09.49	31.02				
2.			2008	10 "	" "					+0,62	4:14.83	644
	50m: 29.14	29.14	150m: 1:32.32	32.10	250m: 2:37.87	32.95	350m: 3:43.39	32.37				
	100m: 1:00.22	31.08	200m: 2:04.92	32.60	300m: 3:11.02	33.15	400m: 4:14.83	31.44				
3.			2008	" "	" "					+0,79	4:15.55	638
	50m: 29.07	29.07	150m: 1:34.26	32.70	250m: 2:39.55	32.62	350m: 3:44.72	32.71				
	100m: 1:01.56	32.49	200m: 2:06.93	32.67	300m: 3:12.01	32.46	400m: 4:15.55	30.83				
4.			2007	" "	" "					+0,69	4:22.38	590
	50m: 29.19	29.19	150m: 1:35.06	33.44	250m: 2:41.93	33.63	350m: 3:49.47	33.70				
	100m: 1:01.62	32.43	200m: 2:08.30	33.24	300m: 3:15.77	33.84	400m: 4:22.38	32.91				
5.			2008							+0,69	4:31.47	532
	50m: 30.30	30.30	150m: 1:37.39	33.94	250m: 2:47.20	35.31	350m: 3:57.66	35.45				
	100m: 1:03.45	33.15	200m: 2:11.89	34.50	300m: 3:22.21	35.01	400m: 4:31.47	33.81				

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OMEGA ARES 21



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
MAD WAVE CLASSIC

10-11 ФЕВРАЛЯ 2024
КАЗАНЬ



20, , 400m (16-18)

										R.T.		
6.			/	2007						+0,69	4:32.38	527
	50m:	29.86	29.86	150m:	1:37.48	34.64	250m:	2:47.81	35.21	350m:	3:58.15	34.89
	100m:	1:02.84	32.98	200m:	2:12.60	35.12	300m:	3:23.26	35.45	400m:	4:32.38	34.23
7.				2008 II		" "				+0,71	4:32.86	524
	50m:	29.70	29.70	150m:	1:37.45	34.46	250m:	2:48.10	35.57	350m:	3:59.13	35.49
	100m:	1:02.99	33.29	200m:	2:12.53	35.08	300m:	3:23.64	35.54	400m:	4:32.86	33.73
8.				2008 I						+0,83	4:33.23	522
	50m:	29.78	29.78	150m:	1:37.83	35.05	250m:	2:47.66	35.41	350m:	3:59.00	35.84
	100m:	1:02.78	33.00	200m:	2:12.25	34.42	300m:	3:23.16	35.50	400m:	4:33.23	34.23
9.				2007 I						+0,70	4:35.49	509
	50m:	30.03	30.03	150m:	1:37.05	34.25	250m:	2:48.39	36.14	350m:	4:00.36	35.83
	100m:	1:02.80	32.77	200m:	2:12.25	35.20	300m:	3:24.53	36.14	400m:	4:35.49	35.13
10.				2007 I		" "				+0,67	4:37.14	500
	50m:	31.17	31.17	150m:	1:39.76	34.91	250m:	2:51.53	36.29	350m:	4:03.37	35.41
	100m:	1:04.85	33.68	200m:	2:15.24	35.48	300m:	3:27.96	36.43	400m:	4:37.14	33.77
11.				2008 I		" "				+0,79	4:38.52	493
	50m:	31.42	31.42	150m:	1:41.26	35.43	250m:	2:53.00	36.02	350m:	4:04.82	36.04
	100m:	1:05.83	34.41	200m:	2:16.98	35.72	300m:	3:28.78	35.78	400m:	4:38.52	33.70

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OMEGA ARES 21

10-11 2024

Splash Meet Manager, 11.77033

Registered to Volga Federal District/Republic of Tatarstan

10.02.2024 16:51 -

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