

6
10.02.2024

, 400m

2011 - 2015

: FINA 2023

										R.T.		
(9-10)												
1.				2014 III	"	"				+0,85	5:35.00	283
	50m:	37.56	37.56	150m:	2:02.15	42.57	250m:	3:28.32	44.20	350m:	4:54.65	43.30
	100m:	1:19.58	42.02	200m:	2:44.12	41.97	300m:	4:11.35	43.03	400m:	5:35.00	40.35
2.				2014 III	"	"				+0,64	5:38.34	275
	50m:	36.89	36.89	150m:	2:03.77	44.37	250m:	3:31.86	44.20	350m:	4:58.64	43.08
	100m:	1:19.40	42.51	200m:	2:47.66	43.89	300m:	4:15.56	43.70	400m:	5:38.34	39.70
3.				2015 I	"	"				+0,88	5:45.48	258
	50m:	38.49	38.49	150m:	2:04.80	44.10	250m:	3:33.47	44.23	350m:	5:03.16	44.65
	100m:	1:20.70	42.21	200m:	2:49.24	44.44	300m:	4:18.51	45.04	400m:	5:45.48	42.32
4.				2014 II							6:39.78	166
	50m:	41.83	41.83	150m:	2:21.44	49.88	250m:	4:04.89	51.87	350m:	5:49.73	51.96
	100m:	1:31.56	49.73	200m:	3:13.02	51.58	300m:	4:57.77	52.88	400m:	6:39.78	50.05
(11-13)												
1.				2012 I	"	"			-	+0,75	4:27.72	555
	50m:	29.72	29.72	150m:	1:37.31	34.28	250m:	2:44.88	33.39	350m:	3:54.21	34.74
	100m:	1:03.03	33.31	200m:	2:11.49	34.18	300m:	3:19.47	34.59	400m:	4:27.72	33.51
2.				2011 II	10 "	"				+0,79	4:33.54	520
	50m:	31.21	31.21	150m:	1:40.12	34.93	250m:	2:49.92	34.79	350m:	4:00.09	34.57
	100m:	1:05.19	33.98	200m:	2:15.13	35.01	300m:	3:25.52	35.60	400m:	4:33.54	33.45
3.				2011 II					-	+0,69	4:39.21	489
	50m:	29.09	29.09	150m:	1:40.53	36.10	250m:	2:53.11	36.10	350m:	4:04.25	35.47
	100m:	1:04.43	35.34	200m:	2:17.01	36.48	300m:	3:28.78	35.67	400m:	4:39.21	34.96
4.				2011 I	1					+0,69	4:41.95	475
	50m:	31.55	31.55	150m:	1:43.20	36.51	250m:	2:55.36	36.48	350m:	4:07.98	36.04
	100m:	1:06.69	35.14	200m:	2:18.88	35.68	300m:	3:31.94	36.58	400m:	4:41.95	33.97
5.				2011 II						+0,69	4:42.60	472
	50m:	31.87	31.87	150m:	1:42.88	35.22	250m:	2:55.23	36.04	350m:	4:07.07	35.09
	100m:	1:07.66	35.79	200m:	2:19.19	36.31	300m:	3:31.98	36.75	400m:	4:42.60	35.53
6.				2011 II	"	"			-	+0,69	4:42.85	470
	50m:	31.07	31.07	150m:	1:40.75	34.67	250m:	2:53.28	36.18	350m:	4:06.94	36.79
	100m:	1:06.08	35.01	200m:	2:17.10	36.35	300m:	3:30.15	36.87	400m:	4:42.85	35.91
7.				2011 II					-	+0,77	4:46.24	454
	50m:	31.53	31.53	150m:	1:44.60	36.88	250m:	2:58.61	37.02	350m:	4:12.37	36.06
	100m:	1:07.72	36.19	200m:	2:21.59	36.99	300m:	3:36.31	37.70	400m:	4:46.24	33.87
8.				2011 II	"	"				+0,73	4:47.13	450
	50m:	31.40	31.40	150m:	1:43.28	36.10	250m:	2:56.78	36.73	350m:	4:11.06	37.09
	100m:	1:07.18	35.78	200m:	2:20.05	36.77	300m:	3:33.97	37.19	400m:	4:47.13	36.07
9.				2011 II	1					+0,77	4:49.52	439
	50m:	31.30	31.30	150m:	1:43.54	37.11	250m:	2:58.65	38.02	350m:	4:14.87	38.24
	100m:	1:06.43	35.13	200m:	2:20.63	37.09	300m:	3:36.63	37.98	400m:	4:49.52	34.65
10.				2011 II	10 "	"				+0,77	4:56.27	409
	50m:	34.59	34.59	150m:	1:50.06	37.22	250m:	3:05.01	37.61	350m:	4:19.93	37.15
	100m:	1:12.84	38.25	200m:	2:27.40	37.34	300m:	3:42.78	37.77	400m:	4:56.27	36.34
11.				2011 II	"	"				+0,73	4:57.51	404
	50m:	31.99	31.99	150m:	1:48.18	38.44	250m:	3:05.33	38.00	350m:	4:21.91	37.50
	100m:	1:09.74	37.75	200m:	2:27.33	39.15	300m:	3:44.41	39.08	400m:	4:57.51	35.60

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OMEGA ARES 21



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
MAD WAVE CLASSIC

10-11 ФЕВРАЛЯ 2024
КАЗАНЬ



6, , 400m (11-13)

										R.T.		
12.				2012 II	"	"	"	"	"	+0,64	4:58.04	402
	50m:	33.44	33.44	150m:	1:47.61	37.29	250m:	3:04.22	38.33	350m:	4:20.75	37.85
	100m:	1:10.32	36.88	200m:	2:25.89	38.28	300m:	3:42.90	38.68	400m:	4:58.04	37.29
13.				2011 II	"	"	"	"	"	+0,77	4:59.12	398
	50m:	34.93	34.93	150m:	1:50.80	37.96	250m:	3:05.97	37.89	350m:	4:22.37	38.17
	100m:	1:12.84	37.91	200m:	2:28.08	37.28	300m:	3:44.20	38.23	400m:	4:59.12	36.75
14.				2012 III	1					+0,75	5:06.75	369
	50m:	32.41	32.41	150m:	1:49.00	38.57	250m:	3:09.15	39.67	350m:	4:28.95	39.61
	100m:	1:10.43	38.02	200m:	2:29.48	40.48	300m:	3:49.34	40.19	400m:	5:06.75	37.80
15.				2012 II	1					+0,80	5:08.54	362
	50m:	32.22	32.22	150m:	1:49.33	39.25	250m:	3:09.77	40.14	350m:	4:30.18	39.85
	100m:	1:10.08	37.86	200m:	2:29.63	40.30	300m:	3:50.33	40.56	400m:	5:08.54	38.36
16.				2011 III	"	"	"	"	"	+0,80	5:13.07	347
	50m:	34.65	34.65	150m:	1:53.16	39.65	250m:	3:13.23	40.31	350m:	4:33.67	39.97
	100m:	1:13.51	38.86	200m:	2:32.92	39.76	300m:	3:53.70	40.47	400m:	5:13.07	39.40
17.				2012 II	"	"	"	"	"	+0,71	5:13.93	344
	50m:	35.52	35.52	150m:	1:55.34	40.47	250m:	3:16.05	40.23	350m:	4:35.41	38.99
	100m:	1:14.87	39.35	200m:	2:35.82	40.48	300m:	3:56.42	40.37	400m:	5:13.93	38.52
18.				2013 II	"	"	"	"	"	+0,74	5:14.75	341
	50m:	34.34	34.34	150m:	1:53.82	40.16	250m:	3:14.80	40.54	350m:	4:36.77	41.16
	100m:	1:13.66	39.32	200m:	2:34.26	40.44	300m:	3:55.61	40.81	400m:	5:14.75	37.98
19.				2013 III	"	"	"	"	"	+0,72	5:17.52	332
	50m:	35.37	35.37	150m:	1:54.50	39.71	250m:	3:15.52	40.22	350m:	4:36.49	40.46
	100m:	1:14.79	39.42	200m:	2:35.30	40.80	300m:	3:56.03	40.51	400m:	5:17.52	41.03
20.				2012 II	"	"	"	"	"	+0,83	5:18.62	329
	50m:	36.91	36.91	150m:	1:58.32	41.15	250m:	3:18.25	40.00	350m:	4:39.14	40.12
	100m:	1:17.17	40.26	200m:	2:38.25	39.93	300m:	3:59.02	40.77	400m:	5:18.62	39.48
21.				2012 III	"	"	"	"	"	+0,74	5:21.41	320
	50m:	34.63	34.63	150m:	1:55.36	41.32	250m:	3:18.50	41.31	350m:	4:41.23	41.73
	100m:	1:14.04	39.41	200m:	2:37.19	41.83	300m:	3:59.50	41.00	400m:	5:21.41	40.18
22.				2013 II	"	"	"	"	"	+0,71	5:21.70	320
	50m:	34.61	34.61	150m:	1:54.56	40.59	250m:	3:17.54	41.14	350m:	4:40.56	40.99
	100m:	1:13.97	39.36	200m:	2:36.40	41.84	300m:	3:59.57	42.03	400m:	5:21.70	41.14
23.				2011 III	"	"	"	"	"		5:22.09	318
	50m:	35.79	35.79	150m:	1:56.68	40.49	250m:	3:18.66	41.26	350m:	4:42.25	42.25
	100m:	1:16.19	40.40	200m:	2:37.40	40.72	300m:	4:00.00	41.34	400m:	5:22.09	39.84
24.				2012 II	"	"	"	"	"	+0,82	5:24.79	311
	50m:	35.16	35.16	150m:	1:57.31	41.80	250m:	3:21.06	42.55	350m:	4:45.63	42.24
	100m:	1:15.51	40.35	200m:	2:38.51	41.20	300m:	4:03.39	42.33	400m:	5:24.79	39.16
25.				2012 III	"	"	"	"	"	+0,70	5:26.13	307
	50m:	35.30	35.30	150m:	1:58.76	42.76	250m:	3:23.47	42.60	350m:	4:47.24	41.70
	100m:	1:16.00	40.70	200m:	2:40.87	42.11	300m:	4:05.54	42.07	400m:	5:26.13	38.89
26.				2011 II	"	"	"	"	"	+0,74	5:28.37	301
	50m:	37.51	37.51	150m:	2:00.97	42.04	250m:	3:25.01	41.89	350m:	4:49.22	41.93
	100m:	1:18.93	41.42	200m:	2:43.12	42.15	300m:	4:07.29	42.28	400m:	5:28.37	39.15
27.				2012 III	"	"	"	"	"	+0,75	5:30.21	296
	50m:	36.02	36.02	150m:	1:58.85	42.19	250m:	3:23.06	41.87	350m:	4:49.90	43.53
	100m:	1:16.66	40.64	200m:	2:41.19	42.34	300m:	4:06.37	43.31	400m:	5:30.21	40.31
28.				2012 III	"	"	"	"	"	+0,70	5:31.18	293
	50m:	35.93	35.93	150m:	1:59.15	43.20	250m:	3:26.14	43.70	350m:	4:51.66	42.75
	100m:	1:15.95	40.02	200m:	2:42.44	43.29	300m:	4:08.91	42.77	400m:	5:31.18	39.52
29.				2013 III	"	"	"	"	"	+0,66	5:31.52	292
	50m:	34.44	34.44	150m:	1:59.36	43.08	250m:	3:25.58	43.18	350m:	4:52.73	41.72
	100m:	1:16.28	41.84	200m:	2:42.40	43.04	300m:	4:11.01	45.43	400m:	5:31.52	38.79



6, , 400m (11-13)

											R.T.		
30.			2012 III							+0,79	5:32.19	290	
	50m:	37.48	37.48	150m:	2:02.24	42.31	250m:	3:27.15	42.23	350m:	4:52.72	42.70	
	100m:	1:19.93	42.45	200m:	2:44.92	42.68	300m:	4:10.02	42.87	400m:	5:32.19	39.47	
31.			2012 III			" "					+0,72	5:32.33	290
	50m:	37.39	37.39	150m:	2:00.29	41.61	250m:	3:27.20	43.43	350m:	4:52.22	42.38	
	100m:	1:18.68	41.29	200m:	2:43.77	43.48	300m:	4:09.84	42.64	400m:	5:32.33	40.11	
32.			2012 III							+0,70	5:35.68	281	
	50m:	35.07	35.07	150m:	1:57.79	42.40	250m:	3:24.10	43.69	350m:	4:52.28	43.78	
	100m:	1:15.39	40.32	200m:	2:40.41	42.62	300m:	4:08.50	44.40	400m:	5:35.68	43.40	
33.			2013 III			10 "					+0,96	5:39.57	272
	50m:	38.63	38.63	150m:	2:03.07	41.82	300m:	4:13.09	1:26.90				
	100m:	1:21.25	42.62	200m:	2:46.19	43.12	400m:	5:39.57	1:26.48				
34.			2012 III							+0,91	5:39.69	271	
	50m:	35.69	35.69	150m:	2:00.79	43.27	250m:	3:28.76	44.22	350m:	4:57.11	44.42	
	100m:	1:17.52	41.83	200m:	2:44.54	43.75	300m:	4:12.69	43.93	400m:	5:39.69	42.58	
35.			2011 I							+0,73	5:40.39	270	
	50m:	34.86	34.86	150m:	2:00.67	43.65	250m:	3:29.86	44.04	350m:	4:58.34	42.77	
	100m:	1:17.02	42.16	200m:	2:45.82	45.15	300m:	4:15.57	45.71	400m:	5:40.39	42.05	
36.			2013 III			" "					+0,87	5:42.59	265
	50m:	38.35	38.35	150m:	2:06.13	43.76	250m:	3:32.81	43.65	350m:	5:00.49	43.39	
	100m:	1:22.37	44.02	200m:	2:49.16	43.03	300m:	4:17.10	44.29	400m:	5:42.59	42.10	
37.			2013 I							+0,84	5:42.96	264	
	50m:	39.24	39.24	150m:	2:07.48	45.02	250m:	3:35.17	43.53	350m:	5:02.06	42.53	
	100m:	1:22.46	43.22	200m:	2:51.64	44.16	300m:	4:19.53	44.36	400m:	5:42.96	40.90	
38.			2012 III			2					+0,57	5:46.64	255
	50m:	34.23	34.23	150m:	2:00.03	44.62	250m:	3:30.20	44.69	350m:	5:01.75	45.44	
	100m:	1:15.41	41.18	200m:	2:45.51	45.48	300m:	4:16.31	46.11	400m:	5:46.64	44.89	
39.			2011 I			" "					+0,82	5:48.99	250
	50m:	37.88	37.88	150m:	2:07.20	45.86	250m:	3:38.54	45.57	350m:	5:08.90	44.47	
	100m:	1:21.34	43.46	200m:	2:52.97	45.77	300m:	4:24.43	45.89	400m:	5:48.99	40.09	
40.			2013 III							+0,77	5:52.63	243	
	50m:	38.03	38.03	150m:	2:07.05	44.62	250m:	3:36.98	45.25	350m:	5:08.19	45.65	
	100m:	1:22.43	44.40	200m:	2:51.73	44.68	300m:	4:22.54	45.56	400m:	5:52.63	44.44	
41.			2013 III							+0,69	5:55.93	236	
	50m:	36.05	36.05	150m:	2:03.84	43.83	250m:	3:37.64	47.23	350m:	5:12.53	47.58	
	100m:	1:20.01	43.96	200m:	2:50.41	46.57	300m:	4:24.95	47.31	400m:	5:55.93	43.40	
42.			2013 III			" "					+0,74	5:58.09	232
	50m:	39.25	39.25	150m:	2:09.52	45.78	250m:	3:40.80	45.46	350m:	5:12.93	46.14	
	100m:	1:23.74	44.49	200m:	2:55.34	45.82	300m:	4:26.79	45.99	400m:	5:58.09	45.16	
43.			2011 I							+0,81	5:58.64	231	
	50m:	37.25	37.25	150m:	2:08.42	46.58	250m:	3:42.39	47.40	350m:	5:15.40	46.05	
	100m:	1:21.84	44.59	200m:	2:54.99	46.57	300m:	4:29.35	46.96	400m:	5:58.64	43.24	
44.			2012 III							+0,77	5:59.79	228	
	50m:	36.19	36.19	150m:	2:03.26	45.28	250m:	3:39.91	48.34	350m:	5:15.91	48.11	
	100m:	1:17.98	41.79	200m:	2:51.57	48.31	300m:	4:27.80	47.89	400m:	5:59.79	43.88	
45.			2013 III							+0,70	6:00.48	227	
	50m:	38.80	38.80	150m:	2:12.67	47.11	250m:	3:47.15	49.07	350m:	5:19.26	46.48	
	100m:	1:25.56	46.76	200m:	2:58.08	45.41	300m:	4:32.78	45.63	400m:	6:00.48	41.22	
46.			2013 I			" "					+0,66	6:05.68	217
	50m:	37.71	37.71	150m:	2:09.78	46.41	250m:	3:45.14	47.92	350m:	5:21.15	47.12	
	100m:	1:23.37	45.66	200m:	2:57.22	47.44	300m:	4:34.03	48.89	400m:	6:05.68	44.53	
47.			2011 I							+0,66	6:08.14	213	
	50m:	37.94	37.94	150m:	2:09.20	46.95	250m:	3:46.11	48.56	350m:	5:24.23	48.60	
	100m:	1:22.25	44.31	200m:	2:57.55	48.35	300m:	4:35.63	49.52	400m:	6:08.14	43.91	



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
MAD WAVE CLASSIC

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КАЗАНЬ



6, , 400m , (11-13)

											R.T.		
48.			2013 I								+0,83	6:25.67	185
	50m:	39.69	39.69	150m:	2:16.31	49.15	250m:	3:57.74	50.90	350m:	5:38.52	49.61	
	100m:	1:27.16	47.47	200m:	3:06.84	50.53	300m:	4:48.91	51.17	400m:	6:25.67	47.15	
49.			2013 II								+0,90	6:45.64	159
	50m:	40.86	40.86	150m:	2:22.23	52.92	250m:	4:08.65	53.44	350m:	5:54.93	53.02	
	100m:	1:29.31	48.45	200m:	3:15.21	52.98	300m:	5:01.91	53.26	400m:	6:45.64	50.71	
50.			2013 I		2						+0,71	6:51.82	152
	50m:	40.81	40.81	150m:	2:26.90	55.05	250m:	4:15.43	54.30	350m:	6:00.56	51.17	
	100m:	1:31.85	51.04	200m:	3:21.13	54.23	300m:	5:09.39	53.96	400m:	6:51.82	51.26	
DNS			2013 I										
DNS			2013 I										
DNS			2011 III										

