



						%	PB
							50
, 2010 (14) ,							-
50m	10.	40.49	373	40.00	98%		
200m	17.	3:10.14	291	2:48.00	78%		
, 2010 (14) ,							2
50m	26.	32.93	309	34.00	107%		
100m	11.	1:16.28	272	1:17.00	102%		
, 2012 (12) ,							1
400m	15.	5:08.86	361	5:07.28	99%		
50m	16.	33.70	288	33.96	102%		
, 2010 (14) ,							-
50m	12.	34.70	312	32.00	85%		
100m	17.	1:18.26	286	1:15.00	92%		
, 2013 (11) ,							-
50m	25.	46.36	248	44.00	90%		
200m	25.	3:48.99	216	3:36.00	89%		
, 2011 (13) ,							4
100m	29.	1:10.29	296	1:13.34	109%		
200m	23.	2:35.53	282	2:44.72	112%		
100m	13.	1:26.33	286	1:31.50	112%		
200m	8.	3:11.46	281	3:17.98	107%		
, 2011 (13) ,							-
100m	25.	1:11.75	374	1:09.00	92%		
50m	21.	39.57	312	38.00	92%		
, 2009 (15) ,							1
50m	1.	24.86	595	24.90	100%		
100m	3.	54.79	625	54.20	98%		
100m	2.	1:01.82	581	1:01.00	97%		
, 2012 (12) ,							1
50m	32.	43.20	240	37.00	73%		
50m	14.	43.22	307	39.11	82%		
50m	26.	36.85	291	38.93	112%		
, 2012 (12) ,							-
50m	16.	31.37	426	30.00	91%		
100m	19.	1:08.48	430	1:08.00	99%		
200m	12.	2:31.54	412	2:29.00	97%		
, 2012 (12) ,							-
50m	17.	33.84	285	31.79	88%		
, 2008 (16) ,							-
50m	9.	35.82	380	35.70	99%		
100m	10.	1:19.02	372	1:18.60	99%		
, 2013 (11) ,							-
200m	11.	2:30.76	419	2:20.00	86%		
400m	11.	5:13.50	423	5:10.00	98%		
, 2011 (13) ,							1
400m	10.	5:13.37	423	5:40.00	118%		
50m	26.	47.59	230	40.80	74%		
, 2008 (16) ,							2
200m	11.	2:19.20	393	2:18.36	99%		
400m	7.	4:57.99	402	4:59.00	101%		
100m	9.	1:12.91	474	1:11.20	95%		
200m	12.	2:31.82	423	2:32.37	101%		
, 2014 (10) ,							-
50m	33.	40.78	134	39.00	91%		
50m	16.	45.11	142	45.00	100%		
, 2011 (13) ,							1
50m	8.	28.80	382	29.03	102%		
100m	12.	1:05.72	362	1:04.88	97%		

<https://swim4you.ru/>





	, 2010 (14),								1
100m		21.	1:07.59	447	1:06.20		96%		
200m		10.	2:27.58	447	2:25.63		97%		
100m		13.	1:25.29	425	1:22.50		94%		
50m		16.	33.39	391	33.40		100%		
100m		11.	1:20.68	325	1:16.00		89%		
	, 2012 (12),								2
50m		27.	41.99	261	47.60		129%		
200m		6.	3:01.13	437	3:04.49		104%		
	, 2011 (13),								2
100m		2.	1:15.71	424	1:16.00		101%		
200m		2.	2:28.65	451	2:31.00		103%		
	, 2009 (15),								-
100m		17.	59.25	494	57.00		93%		
	, 2011 (13),								2
50m		20.	31.42	294	33.71		115%		
200m		33.	2:46.11	231	2:50.11		105%		
	, 2009 (15),								-
100m		43.	1:05.96	358	1:04.09		94%		
200m		24.	2:25.80	342	2:22.65		96%		
50m		28.	33.53	292	33.01		97%		
	, 2009 (15),								1
400m		15.	5:28.74	367	5:10.00		89%		
50m		20.	34.51	354	35.81		108%		
200m		14.	2:48.53	419	2:36.00		86%		
	, 2011 (13),								-
200m		33.	3:11.78	210	3:00.00		88%		
	, 2010 (14),								-
100m		7.	1:13.00	473	1:10.00		92%		
	, 2009 (15),								2
100m		29.	1:00.38	467	1:01.00		102%		
200m		20.	2:15.82	423	2:18.00		103%		
50m		WDR	-	-	30.50		-		
	, 2010 (14),								2
50m		31.	32.34	270	33.38		107%		
100m		59.	1:17.39	221	1:17.23		100%		
50m		14.	38.79	223	39.09		102%		
	, 2011 (13),								2
50m		13.	31.07	438	29.80		92%		
100m		15.	1:06.34	473	1:10.00		111%		
50m		4.	34.60	467	34.86		102%		
100m		10.	1:16.62	418	1:16.00		98%		
50m		10.	33.20	398	32.99		99%		
100m		6.	1:17.43	367	1:12.05		87%		
	, 2011 (13),								1
100m		16.	1:07.12	457	1:07.37		101%		
50m		5.	32.08	441	31.91		99%		
	, 2011 (13),								2
400m		18.	5:17.79	332	5:25.00		105%		
200m		16.	2:47.98	312	2:48.00		100%		
	, 2014 (10),								1
50m		22.	37.35	175	38.63		107%		
50m		20.	46.42	130	45.00		94%		
	, 2013 (11),								1
400m		9.	4:59.74	395	4:55.00		97%		
50m		10.	31.93	339	32.00		100%		
	, 2011 (13),								1
400m		4.	4:52.19	522	4:45.00		95%		
50m		2.	31.34	473	32.00		104%		
	, 2007 (17),								-
100m		18.	1:01.28	447	1:01.03		99%		
50m		11.	31.09	367	29.45		90%		

<https://swim4you.ru/>

50

MEGA ARES 21



	, 2007 (17),										
50m		7.	25.90	526	25.49		97%				
50m		6.	32.49	509	31.84		96%				
	, 2012 (12),										1
50m		29.	34.09	332	33.10		94%				
200m		21.	2:38.94	357	2:39.00		100%				
	, 2009 (15),										
200m		2.	2:13.67	601	2:11.80		97%				
200m		1.	2:33.48	554	2:28.20		93%				1
	, 2010 (14),										
50m		9.	35.21	400	34.50		96%				
100m		16.	1:23.50	316	1:21.00		94%				
200m		10.	3:20.15	246	3:23.00		103%				
	, 2014 (10),										2
50m		35.	41.18	130	41.00		99%				
100m		29.	1:30.51	138	1:42.00		127%				
50m		22.	46.78	127	46.00		97%				
100m		17.	1:41.27	132	1:50.00		118%				
	, 2010 (14),										
50m		15.	39.61	281	39.00		97%				
100m		20.	1:27.83	271	1:25.00		94%				
200m		9.	3:16.37	260	2:40.00		66%				
	, 2009 (15),										3
50m		2.	24.90	592	24.63		98%				
100m		1.	53.23	682	53.88		102%				
50m		1.	25.43	671	25.90		104%				
200m		1.	2:10.04	673	2:15.37		108%				
	, 2010 (14),										2
50m		30.	30.18	332	48.06		254%				
100m		52.	1:12.43	270	1:24.00		134%				
	, 2011 (13),										2
100m		14.	1:05.98	358	1:08.67		108%				
400m		19.	5:25.94	307	5:45.00		112%				
	, 2014 (10),										1
100m		19.	1:21.96	186	1:22.58		102%				
200m		18.	2:59.85	182	2:50.02		89%				
400m		15.	6:28.44	181	5:59.00		85%				
	, 2011 (13),										3
100m		35.	1:14.72	331	1:11.90		93%				
200m		23.	2:39.13	356	2:44.05		106%				
400m		23.	5:33.01	353	5:40.00		104%				
50m		20.	44.50	281	45.01		102%				
	, 2007 (17),										2
100m		7.	57.12	552	58.13		104%				
50m		6.	27.59	525	27.76		101%				
"	"										7
	, 2011 (13),										
50m		26.	49.13	110	46.56		90%				
100m		33.	1:50.28	102	1:44.54		90%				
	, 2012 (12),										
100m		24.	1:26.97	208	1:26.35		99%				
100m		25.	1:36.46	205	1:33.34		94%				
	, 2014 (10),										2
100m		2.	1:30.96	350	1:31.80		102%				
200m		2.	3:15.30	349	3:19.86		105%				
	, 2011 (13),										
100m		38.	1:16.25	311	1:12.41		90%				
100m		31.	1:31.37	247	1:24.12		85%				
	, 2011 (13),										1
50m		20.	44.41	149	43.11		94%				
100m		30.	1:35.17	159	1:39.24		109%				

<https://swim4you.ru/>





	, 2013 (11),								2
50m		14.	39.50	211	39.80			102%	
100m		23.	1:26.59	211	1:31.17			111%	
	, 2010 (14),								2
50m		13.	38.96	295	40.11			106%	
100m		18.	1:26.26	286	1:31.94			114%	
"	"								11
	, 2013 (11),								1
100m		25.	1:28.02	201	1:30.50			106%	
50m		23.	52.15	123	47.00			81%	
	, 2013 (11),								1
100m		58.	1:21.66	188	1:21.00			98%	
200m		39.	3:00.97	179	3:06.00			106%	
	, 2012 (12),								2
100m		63.	1:28.99	146	1:12.00			65%	
50m		22.	45.42	139	49.32			118%	
50m		18.	47.95	158	49.07			105%	
	, 2012 (12),								-
50m		18.	41.92	177	34.00			66%	
	, 2014 (10),								1
50m		30.	40.11	141	56.00			195%	
	, 2013 (11),								2
50m		40.	40.18	202	42.00			109%	
50m		34.	48.48	170	49.00			102%	
	, 2013 (11),								4
100m		55.	1:20.51	197	1:25.00			111%	
100m		26.	1:29.41	192	1:35.50			114%	
200m		14.	3:05.42	219	3:28.00			126%	
200m		35.	3:17.00	193	3:33.00			117%	
	, 2013 (11),								-
50m		WDR		-	45.00			-	
"	"								13
	, 2010 (14),								-
400m		10.	4:37.78	497	4:37.31			100%	
	, 2008 (16),								2
100m		10.	58.22	521	59.55			105%	
50m		9.	28.66	469	29.84			108%	
	, 2011 (13),								3
100m		20.	1:07.21	338	1:08.55			104%	
200m		11.	2:24.05	355	2:25.55			102%	
400m		10.	5:00.51	392	5:04.26			103%	
	, 2012 (12),								2
400m		28.	5:51.51	245	6:26.00			121%	
200m		32.	3:11.47	211	3:18.05			107%	
	, 2012 (12),								-
100m		9.	1:04.23	388	1:03.50			98%	
50m		5.	30.86	375	30.60			98%	
	, 2013 (11),								2
400m		29.	5:58.52	231	6:25.42			116%	
200m		36.	3:17.12	193	3:19.00			102%	
	, 2010 (14),								4
50m		14.	26.98	465	27.17			101%	
100m		27.	1:00.20	471	1:01.07			103%	
100m		12.	1:11.15	381	1:12.07			103%	
50m		12.	29.25	441	29.43			101%	
"	"								-
	, 2012 (12),								-
200m		10.	2:43.64	319	2:38.53			94%	
200m		19.	2:49.66	303	2:49.45			100%	

<https://swim4you.ru/>



									5
	, 2015 (9)								1
50m		4.	38.04	237	38.00		100%		
200m		1.	2:51.27	279	2:52.00		101%		
	, 2013 (11)								1
50m		32.	52.81	168	48.00		83%		
100m		15.	1:44.85	148	1:50.00		110%		
	, 2014 (10)								2
50m		14.	46.83	241	48.00		105%		
100m		8.	1:49.20	131	1:50.00		101%		
	, 2014 (10)								1
400m		3.	5:31.70	292	5:57.00		116%		
" "	-								2
	, 2012 (12)								-
50m		4.	33.40	350	31.70		90%		
100m		6.	1:12.10	366	1:11.00		97%		
200m		9.	2:38.90	349	2:35.00		95%		
200m		15.	2:47.02	317	2:45.00		98%		
	, 2012 (12)								2
50m		9.	28.81	382	28.00		94%		
100m		8.	1:03.62	399	1:04.00		101%		
200m		7.	2:21.62	373	2:21.00		99%		
100m		7.	1:20.36	354	1:22.00		104%		
	, 2007 (17)								-
100m		11.	1:06.26	472	1:06.00		99%		
100m		7.	1:06.02	420	1:04.00		94%		
	, 2009 (15)								-
50m		11.	26.59	486	25.20		90%		
100m		7.	1:06.31	414	1:03.00		90%		
	, 2014 (10)								4
100m		2.	1:23.41	324	1:22.44		98%		1
200m		2.	2:57.53	333	3:01.87		105%		
	, 2013 (11)								3
50m		29.	42.41	254	43.50		105%		
100m		29.	1:29.73	260	1:31.29		104%		
200m		21.	3:09.37	274	3:09.63		100%		
200m		26.	3:50.52	212	3:40.00		91%		
	, 2012 (12)								3
50m		27.	47.97	224	52.74		121%		2
200m		28.	3:55.97	198	3:51.17		96%		
50m		39.	50.04	116	54.31		118%		
	, 2010 (14)								1
50m		33.	32.55	265	30.97		91%		
100m		57.	1:14.62	247	1:12.81		95%		
200m		37.	2:55.24	197	2:46.08		90%		
50m		30.	35.91	238	38.41		114%		
6 "	"								2
	, 2009 (15)								2
50m		3.	31.98	534	31.85		99%		
100m		1.	1:07.89	588	1:09.54		105%		
200m		5.	2:22.05	516	2:23.55		102%		
-2									2

<https://swim4you.ru/>

50

MEGA ARES 21





200m	, 2014 (10),	7.	2:42.19	248	2:52.14	113%	1
200m	, 2011 (13),	22.	2:38.96	357	2:31.25	91%	1
400m		26.	5:37.61	338	5:25.07	93%	
50m		22.	40.07	301	39.34	96%	
200m		19.	2:58.31	353	2:59.50	101%	
200m	, 2014 (10),	12.	2:47.10	227	2:43.00	95%	-
200m	, 2012 (12),	22.	2:33.85	291	2:41.02	110%	2
200m		21.	2:52.68	287	2:59.39	108%	2
50m	, 2007 (17),	4.	24.85	595	25.62	106%	3
100m	, 2006 (18),	13.	58.53	513	56.00	92%	1
50m		6.	30.24	472	30.00	98%	-
100m	, 2011 (13),	6.	1:02.81	415	1:01.00	94%	-
200m	, 2010 (14),	8.	2:21.98	502	2:18.00	94%	-
50m	, 2008 (16),	5.	29.47	510	28.42	93%	-
200m		4.	2:14.47	576	2:14.00	99%	-
100m	, 2012 (12),	9.	1:30.01	361	1:30.00	100%	-
200m	, 2008 (16),	1.	2:31.11	541	2:25.50	93%	-
100m	, 2012 (12),	15.	1:06.24	354	1:07.90	105%	2
100m		16.	1:28.13	268	1:31.50	108%	2
"Fitron"	- -						2
100m	, 2006 (18),	5.	56.87	559	56.92	100%	2
200m		3.	2:02.50	577	2:03.71	102%	
200m		6.	2:19.30	548	2:18.29	99%	
" "	" "						3
100m	, 2011 (13),	24.	1:24.28	314	1:21.53	94%	1
200m		20.	3:03.91	300	2:58.30	94%	
200m		20.	2:59.43	347	3:03.00	104%	
100m	, 2011 (13),	6.	1:20.20	356	1:20.34	100%	2
200m		5.	2:48.24	414	2:50.00	102%	
50m	, 2014 (10),	1.	31.47	293	30.29	93%	2
100m		1.	1:06.85	344	1:10.22	110%	1
50m		1.	36.77	262	36.52	99%	
100m		3.	1:20.32	265	1:17.69	94%	
100m	, 2014 (10),	4.	1:37.33	286	1:40.23	106%	1
200m		8.	3:31.73	274	3:27.94	96%	
50m		17.	44.59	164	42.00	89%	

<https://swim4you.ru/>





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
МЭД ВЕЙВ КЛАССИК

7-8 ДЕКАБРЯ 2024
РУЗА 4 ЭТАП



	, 2010 (14),								1
50m		10.	33.83	337	32.00		89%		
50m		19.	31.22	362	32.00		105%		
	, 2012 (12),								1
200m		19.	2:36.18	377	2:32.00		95%		
50m		15.	37.53	366	36.00		92%		
200m		13.	2:53.39	358	2:56.13		103%		
1									1
	, 2008 (16),								1
50m		12.	27.95	418	28.74		106%		
1									41
	, 2014 (10),								-
50m		2.	41.83	338	41.00		96%		
100m		3.	1:34.99	307	1:30.00		90%		
200m		5.	3:25.79	298	3:25.00		99%		
	, 2015 (9),								6
50m		2.	32.73	375	33.76		106%		
100m		1.	1:10.56	393	1:14.29		111%		
200m		1.	2:30.88	418	2:37.25		109%		
400m		1.	5:21.55	392	5:39.81		112%		
50m		6.	36.53	299	38.32		110%		
100m		2.	1:21.45	316	1:33.91		133%		
	, 2015 (9),								1
100m		6.	1:31.78	243	1:32.90		102%		
	, 2012 (12),								2
50m		5.	28.41	398	28.00		97%		
200m		5.	2:18.84	396	2:23.00		106%		
400m		7.	4:57.96	402	5:10.00		108%		
	, 2014 (10),								2
50m		4.	33.09	252	32.00		94%		
100m		6.	1:13.85	255	1:12.50		96%		
200m		5.	2:38.96	264	2:55.00		121%		
50m		10.	38.57	192	40.00		108%		
	, 2014 (10),								2
50m		23.	37.63	171	38.00		102%		
100m		22.	1:23.33	177	1:25.00		104%		
200m		24.	3:10.93	152	2:59.00		88%		
	, 2012 (12),								1
50m		11.	29.26	364	28.70		96%		
50m		6.	30.99	371	30.00		94%		
100m		5.	1:10.53	344	1:11.00		101%		
	, 2012 (12),								-
50m		10.	38.37	231	36.00		88%		
100m		18.	1:23.62	234	1:21.00		94%		
200m		12.	2:52.31	274	2:50.00		97%		
50m		16.	46.12	178	43.80		90%		
	, 2013 (11),								3
50m		21.	31.60	289	33.00		109%		
100m		38.	1:12.89	265	1:14.50		104%		
200m		29.	2:42.10	249	2:40.00		97%		
400m		24.	5:44.46	260	6:00.00		109%		
	, 2015 (9),								3
50m		6.	47.79	160	49.00		105%		
100m		6.	1:41.75	174	1:44.00		104%		
200m		5.	3:43.64	176	4:02.00		117%		
50m		26.	55.76	63	55.00		97%		
	, 2015 (9),								2
50m		5.	33.11	251	33.00		99%		
100m		5.	1:13.45	259	1:13.00		99%		
200m		3.	2:37.30	272	2:36.00		98%		
400m		2.	5:27.94	302	5:30.00		101%		
50m		3.	37.85	240	38.00		101%		
100m		4.	1:22.57	244	1:21.00		96%		

<https://swim4you.ru/>

50

MEGA ARES 21





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
МЭД ВЕЙВ КЛАССИК

7-8 ДЕКАБРЯ 2024
РУЗА 4 ЭТАП



100m	, 2011 (13)	12.	1:22.63	214	1:12.00	76%	-
50m	, 2015 (9)	1.	31.62	416	32.50	106%	4
100m		5.	1:13.41	349	1:11.50	95%	
50m		1.	37.39	370	37.50	101%	
100m		1.	1:21.57	347	1:23.37	104%	
200m		1.	2:55.25	346	2:58.52	104%	
50m	, 2014 (10)	8.	41.40	184	38.00	84%	1
50m		1.	41.35	247	40.00	94%	
100m		1.	1:32.42	233	1:30.00	95%	
50m		7.	36.82	221	38.00	107%	
200m		6.	3:06.53	228	3:02.00	95%	
100m	, 2013 (11)	40.	1:13.46	259	1:19.50	117%	3
100m		14.	1:21.05	258	1:18.71	94%	
50m		13.	42.60	226	48.00	127%	
50m		25.	37.86	203	39.00	106%	
50m	, 2014 (10)	15.	35.75	200	38.00	113%	2
100m		18.	1:21.89	187	1:25.00	108%	
200m		20.	3:07.28	161	3:03.00	95%	
200m	, 2013 (11)	34.	3:14.81	194	3:34.00	121%	2
50m		29.	48.33	219	47.06	95%	
50m		36.	44.04	170	50.03	129%	
100m	, 2009 (15)	31.	1:00.60	462	1:00.00	98%	-
100m		19.	1:26.70	282	1:19.00	83%	
50m	, 2013 (11)	29.	34.54	221	34.55	100%	3
100m		49.	1:17.66	219	1:22.00	111%	
50m		12.	38.59	227	41.55	116%	
100m		17.	1:22.92	240	1:21.49	97%	
50m	, 2014 (10)	34.	41.05	132	39.00	90%	2
50m		14.	43.69	156	44.00	101%	
100m		12.	1:35.07	159	1:34.00	98%	
200m		7.	3:22.55	168	3:28.00	105%	
50m	, 2014 (10)	27.	39.40	149	39.00	98%	2
100m		25.	1:28.27	149	1:30.00	104%	
200m		22.	3:09.46	156	3:14.00	105%	
50m		24.	51.13	82	47.00	84%	
"	"						1
100m	, 2010 (14)	6.	1:02.82	557	1:02.00	97%	1
400m		2.	4:49.19	539	4:50.00	101%	
50m	, 2013 (11)	14.	33.38	296	33.64	102%	13
100m		9.	1:15.27	283	1:16.05	102%	3
200m		3.	2:50.93	268	2:54.87	105%	
100m	, 2013 (11)	52.	1:25.00	225	1:26.00	102%	2
100m		17.	1:35.25	305	1:36.00	102%	
200m		20.	3:29.95	281	3:28.00	98%	
200m		36.	3:13.60	276	3:13.00	99%	
200m	, 2013 (11)	15.	2:57.01	336	3:03.00	107%	3
200m		4.	3:07.16	275	3:12.00	105%	
200m		15.	2:56.65	363	3:00.00	104%	

<https://swim4you.ru/>

50

MEGA ARES 21





	, 2013 (11)								2
400m		33.	5:51.72	299	5:50.00			99%	
200m		23.	3:36.74	255	3:39.00			102%	
50m		34.	40.18	224	42.00			109%	
200m		35.	3:13.06	278	3:06.00			93%	
	, 2013 (11)								2
200m		34.	2:46.50	229	2:47.56			101%	
400m		26.	5:47.44	254	6:17.84			118%	
	, 2011 (13)								1
200m		13.	2:57.51	250	2:52.00			94%	
200m		7.	3:07.04	301	3:09.50			103%	
"	16"								1
	, 2007 (17)								1
50m		1.	24.70	606	24.05			95%	
100m		1.	53.97	654	54.00			100%	
	4 - -								1
	, 2014 (10)								1
50m		3.	33.03	365	34.13			107%	
400m		3.	5:38.56	336	5:36.00			98%	
50m		5.	43.41	303	42.40			95%	
	, 2013 (11)								6
50m		42.	42.90	115	45.60			113%	
50m		17.	47.46	163	49.34			108%	
200m		13.	3:28.81	217	3:36.77			108%	
	, 2013 (11)								-
200m		45.	3:23.17	126	3:05.00			83%	
100m		34.	1:54.93	90	1:45.00			83%	
	, 2013 (11)								1
50m		43.	43.46	111	47.45			119%	
50m		21.	51.64	126	49.00			90%	
	, 2013 (11)								2
50m		40.	38.07	165	38.79			104%	
200m		44.	3:22.91	127	3:50.00			128%	
"	"								1
	, 2012 (12)								1
50m		27.	33.81	340	31.50			87%	
100m		12.	1:27.62	253	1:30.55			107%	
	, 2010 (14)								-
50m		22.	32.03	400	31.54			97%	
100m		23.	1:26.76	288	1:23.00			92%	
	, 2014 (10)								-
50m		13.	36.50	270	35.50			95%	
50m		3.	42.90	314	42.10			96%	
200m		7.	3:31.42	275	3:10.20			81%	
"	"								9
	, 2012 (12)								-
400m		11.	5:03.41	381	5:02.69			100%	
	, 2013 (11)								-
200m		16.	3:12.69	195	3:01.82			89%	
50m		30.	47.17	105	43.00			83%	
	, 2015 (9)								2
50m		24.	47.19	124	52.46			124%	
100m		13.	1:54.85	121	1:57.23			104%	
	, 2009 (15)								-
100m		5.	1:19.85	518	1:18.50			97%	
200m		3.	2:50.74	522	2:47.14			96%	

<https://swim4you.ru/>

50

MEGA ARES 21



	, 2011 (13),										
100m		12.	1:16.94	413	1:14.50		94%				-
100m		7.	1:18.98	346	1:18.50		99%				
	, 2011 (13),										
400m		WDR		-	5:34.00		-				-
	, 2009 (15),										
50m		10.	34.63	466	32.00		85%				
100m		7.	1:21.15	493	1:20.00		97%				
	, 2010 (14),										1
100m		14.	1:06.18	477	1:04.35		95%				
50m		14.	32.87	410	34.08		107%				
	, 2014 (10),										
100m		4.	1:24.65	281	1:23.01		96%				
	, 2013 (11),										1
400m		5.	4:55.10	414	5:05.00		107%				
	, 2014 (10),										
100m		9.	2:05.09	87	1:52.00		80%				
	, 2015 (9),										3
50m		14.	35.49	204	36.86		108%				
50m		10.	41.73	179	42.91		106%				
50m		13.	41.17	158	41.91		104%				
200m		9.	3:14.00	202	3:11.89		98%				
	, 2011 (13),										1
50m		15.	33.56	292	35.04		109%				
200m		4.	2:56.42	244	2:49.24		92%				
	, 2012 (12),										1
100m		9.	1:14.76	328	1:14.88		100%				
200m		12.	2:43.20	340	2:40.45		97%				
"	"										84
	, 2012 (12),										2
400m		4.	4:46.16	454	4:50.00		103%				
100m		2.	1:08.93	369	1:11.34		107%				
	, 2009 (15),										1
200m		18.	2:12.77	453	2:15.00		103%				
200m		5.	2:23.24	477	2:20.00		96%				
	, 2011 (13),										4
50m		19.	31.14	302	32.71		110%				
100m		32.	1:10.84	289	1:10.85		100%				
200m		19.	2:31.03	308	2:33.73		104%				
50m		11.	38.40	230	40.70		112%				
	, 2012 (12),										2
50m		19.	31.71	412	32.02		102%				
50m		16.	43.67	297	43.00		97%				
50m		16.	34.51	354	36.70		113%				
	, 2009 (15),										
50m		23.	36.21	277	34.23		89%				
400m		18.	5:57.82	284	5:28.56		84%				
100m		24.	1:31.96	242	1:31.49		99%				
	, 2011 (13),										2
100m		11.	1:04.82	507	1:08.20		111%				
200m		1.	2:28.81	566	2:31.00		103%				
	, 2010 (14),										3
50m		8.	28.74	554	28.30		97%				
50m		3.	35.57	550	36.25		104%				
100m		3.	1:16.73	583	1:17.00		101%				
50m		2.	29.86	547	30.01		101%				
100m		3.	1:06.53	579	1:05.92		98%				
	, 2013 (11),										4
50m		37.	36.12	279	37.00		105%				
100m		45.	1:19.65	273	1:30.00		128%				
100m		26.	1:42.65	243	2:03.00		144%				
200m		24.	3:39.91	244	4:15.00		134%				

<https://swim4you.ru/>





	, 2011 (13),									-
50m		2.	28.15	409	26.00		85%			
100m		2.	59.43	490	59.00		99%			
200m		4.	2:15.81	423	2:12.00		94%			
50m		3.	29.85	415	28.30		90%			
200m		6.	2:35.95	390	2:35.00		99%			
	, 2008 (16),									2
200m		1.	1:59.01	629	2:05.64		111%			
100m		1.	56.89	656	58.79		107%			
	, 2013 (11),									2
100m		43.	1:19.41	276	1:18.00		96%			
50m		28.	42.08	260	43.15		105%			
50m		32.	39.21	241	39.90		104%			
	, 2013 (11),									-
100m		WDR		-	1:15.00		-			
400m		WDR		-	5:42.00		-			
50m		WDR		-	38.00		-			
100m		WDR		-	1:21.00		-			
50m		WDR		-	37.00		-			
200m		WDR		-	2:51.49		-			
	, 2013 (11),									5
100m		28.	1:13.01	355	1:16.04		108%			
50m		12.	36.83	387	38.25		108%			
100m		20.	1:20.44	362	1:25.37		113%			
50m		19.	43.94	292	44.00		100%			
200m		26.	3:03.07	326	3:11.09		109%			
	, 2008 (16),									-
100m		9.	1:03.16	548	1:02.00		96%			
100m		4.	1:11.99	457	1:10.00		95%			
	, 2010 (14),									1
100m		16.	1:15.96	429	1:13.70		94%			
200m		3.	2:40.00	441	2:45.00		106%			
200m		3.	2:33.77	551	2:33.25		99%			
	, 2013 (11),									3
100m		59.	1:22.24	184	1:25.00		107%			
100m		22.	1:34.10	220	1:40.00		113%			
200m		29.	3:06.03	230	3:30.00		127%			
	, 2010 (14),									-
100m		24.	1:09.25	416	1:08.23		97%			
200m		16.	2:36.22	376	2:25.14		86%			
100m		20.	1:21.59	346	1:16.73		88%			
	, 2009 (15),									3
100m		14.	58.46	515	59.82		105%			
200m		10.	2:09.91	484	2:14.60		107%			
100m		9.	1:13.19	469	1:13.92		102%			
	, 2008 (16),									-
100m		6.	1:02.44	567	1:01.86		98%			
200m		5.	2:16.26	568	2:14.22		97%			
400m		3.	4:46.09	556	4:37.08		94%			
	, 2012 (12),									-
100m		WDR		-	1:11.87		-			
200m		WDR		-	2:59.84		-			
	, 2012 (12),									1
100m		13.	1:05.78	361	1:05.00		98%			
200m		8.	2:21.70	372	2:22.00		100%			
100m		10.	1:23.47	316	1:18.00		87%			
200m		5.	2:35.54	393	2:35.00		99%			
	, 2009 (15),									-
200m		8.	3:07.39	395	3:02.88		95%			
	, 2014 (10),									1
400m		10.	5:47.53	253	6:20.00		120%			
50m		20.	44.32	126	43.83		98%			
	, 2015 (9),									2
100m		26.	1:28.29	149	1:36.13		119%			
200m		8.	3:26.59	158	3:31.45		105%			

<https://swim4you.ru/>





	, 2006 (18)									
50m		2.	35.43	557	35.27		99%			-
100m		1.	1:06.36	584	1:06.35		100%			
	, 2007 (17)									
50m		10.	26.60	485	26.00		96%			-
100m		16.	59.34	492	58.00		96%			
50m		8.	28.02	502	27.00		93%			
100m		6.	1:05.42	431	1:01.00		87%			
	, 2014 (10)									
200m		12.	4:20.64	146	4:14.10		95%			-
200m		20.	4:00.33	144	3:59.15		99%			
	, 2012 (12)									
200m		37.	2:54.67	199	2:45.70		90%			-
	, 2013 (11)									
100m		51.	1:19.63	203	1:22.37		107%			2
100m		29.	1:34.22	164	1:58.00		157%			
	, 2013 (11)									
50m		20.	39.42	316	41.90		113%			2
100m		13.	1:31.55	222	1:49.01		142%			
	, 2014 (10)									
50m		9.	53.16	128	1:03.55		143%			4
100m		11.	1:44.77	163	2:04.01		140%			
50m		20.	52.17	174	56.37		117%			
100m		17.	1:57.92	160	2:07.50		117%			
	, 2008 (16)									
400m		5.	4:37.18	500	4:44.36		105%			2
50m		8.	34.37	430	35.34		106%			
200m		9.	2:24.13	494	2:23.65		99%			
	, 2014 (10)									
200m		2.	2:38.54	360	2:40.00		102%			3
50m		1.	35.12	336	36.82		110%			
200m		5.	3:38.80	172	3:17.88		82%			
200m		2.	2:58.93	350	3:02.34		104%			
	, 2015 (9)									
50m		16.	39.01	221	38.45		97%			-
100m		9.	1:37.55	202	1:37.23		99%			
	, 2011 (13)									
50m		4.	28.91	544	29.29		103%			2
200m		2.	2:16.05	570	2:20.78		107%			
	, 2011 (13)									
50m		7.	29.53	511	29.16		98%			3
100m		8.	1:04.09	525	1:06.53		108%			
200m		9.	2:25.96	462	2:27.10		102%			
400m		12.	5:17.05	409	5:46.13		119%			
	, 2013 (11)									
50m		24.	40.39	294	40.00		98%			1
200m		19.	3:01.53	312	3:10.00		110%			
	, 2013 (11)									
200m		24.	2:39.35	355	2:52.89		118%			3
200m		17.	3:23.39	309	3:29.43		106%			
50m		24.	36.66	295	43.19		139%			
	, 2012 (12)									
200m		25.	2:42.25	336	2:50.12		110%			2
200m		21.	2:59.70	345	3:14.65		117%			
	, 2010 (14)									
100m		32.	1:01.34	445	1:13.42		143%			2
200m		5.	2:54.29	373	2:52.30		98%			
50m		10.	29.11	447	29.48		103%			
200m		15.	2:35.05	397	2:30.80		95%			
	, 2010 (14)									
100m		23.	1:08.04	438	1:06.10		94%			-
50m		13.	32.48	425	31.60		95%			





	, 2012 (12),								4
100m		25.	1:40.14	262	1:44.20		108%		
200m		19.	3:27.69	290	3:46.22		119%		
50m		29.	38.18	261	39.96		110%		
200m		30.	3:06.78	307	3:17.10		111%		
	, 2010 (14),								4
50m		18.	27.46	441	27.91		103%		
100m		28.	1:00.25	470	1:00.92		102%		
200m		10.	2:09.91	484	2:11.22		102%		
400m		11.	4:40.38	483	4:42.63		102%		
	, 2010 (14),								2
100m		18.	1:18.50	389	1:19.17		102%		
200m		15.	2:50.72	403	2:53.76		104%		
	, 2013 (11),								3
400m		24.	5:34.43	348	5:41.75		104%		
200m		7.	3:02.26	429	3:18.16		118%		
200m		12.	2:54.01	380	3:02.49		110%		
	, 2010 (14),								3
50m		15.	27.06	461	27.00		100%		
50m		3.	31.36	423	33.00		111%		
50m		4.	32.47	510	33.00		103%		
100m		6.	1:12.73	478	1:13.00		101%		
	, 2012 (12),								3
50m		13.	36.85	387	38.73		110%		
200m		17.	2:58.97	325	3:10.84		114%		
50m		35.	43.06	182	46.16		115%		
	, 2010 (14),								1
50m		12.	29.55	510	31.43		113%		
100m		16.	1:06.38	472	1:04.50		94%		
100m		7.	1:11.40	517	1:11.03		99%		
200m		6.	2:36.48	487	2:36.13		100%		
"	"								8
	, 2014 (10),								1
50m		9.	41.46	183	42.52		105%		
100m		12.	1:51.80	131	1:44.00		87%		
	, 2013 (11),								1
200m		24.	2:37.84	269	2:41.00		104%		
100m		15.	1:25.97	190	1:22.00		91%		
	, 2012 (12),								2
100m		27.	1:09.18	310	1:10.21		103%		
50m		9.	38.28	232	40.30		111%		
	, 2012 (12),								-
200m		18.	2:30.10	313	2:24.00		92%		
50m		12.	33.10	304	31.00		88%		
	, 2011 (13),								2
50m		14.	31.08	438	30.00		93%		
100m		20.	1:08.55	429	1:12.00		110%		
400m		19.	5:31.86	356	5:43.21		107%		
	, 2012 (12),								1
100m		32.	1:10.84	289	1:10.00		98%		
50m		11.	32.91	309	33.00		101%		
	, 2013 (11),								-
50m		12.	30.80	450	30.01		95%		
100m		18.	1:08.27	434	1:07.45		98%		
	, 2015 (9),								1
400m		8.	5:44.29	261	5:48.00		102%		
"	"								7
	, 2011 (13),								1
50m		1.	33.91	496	34.00		101%		
100m		13.	1:17.00	412	1:16.00		97%		

<https://swim4you.ru/>





	, 2008 (16),									
100m		5.	1:00.67	619	59.04		95%			
200m		4.	2:11.39	633	2:07.96		95%			
50m		3.	29.67	558	29.36		98%			
100m		2.	1:06.68	576	1:05.70		97%			
	, 2012 (12),									1
200m		27.	2:43.95	326	2:50.00		108%			
	, 2009 (15),									
50m		18.	31.12	436	30.00		93%			
100m		22.	1:07.67	446	1:06.50		97%			
200m		12.	2:30.41	422	2:26.00		94%			
50m		19.	33.81	377	32.00		90%			
	, 2009 (15),									
50m		19.	31.22	432	30.81		97%			
100m		25.	1:09.26	416	1:09.14		100%			
	, 2009 (15),									1
400m		4.	4:52.68	520	4:52.12		100%			
200m		2.	2:33.62	553	2:35.35		102%			
	, 2012 (12),									
400m		12.	5:03.78	380	4:55.00		94%			
	, 2011 (13),									
50m		35.	35.88	284	33.50		87%			
100m		49.	1:21.94	251	1:21.00		98%			
	, 2010 (14),									2
100m		34.	1:01.68	438	1:02.00		101%			
400m		17.	4:52.61	425	4:44.00		94%			
50m		12.	37.24	338	37.00		99%			
200m		18.	2:39.54	364	2:40.00		101%			
	, 2015 (9),									2
50m		17.	41.01	190	46.00		126%			
50m		24.	57.11	133	1:00.00		110%			
"	"									
	, 2011 (13),									
50m		1.	31.13	432	29.30		89%			
100m		2.	1:06.32	470	1:03.50		92%			
200m		3.	2:28.45	428	2:17.00		85%			
"	"									
	, 2013 (11),									5
400m		27.	5:38.34	336	6:02.00		114%			3
50m		16.	37.54	366	39.00		108%			
200m		17.	2:57.08	361	3:01.00		104%			
	, 2012 (12),									2
400m		9.	5:13.06	425	5:25.90		108%			
200m		9.	2:46.69	433	2:50.96		105%			
	, 2008 (16),									
400m		3.	4:25.13	571	4:16.86		94%			
	, 2008 (16),									85
100m		7.	1:03.60	534	1:01.58		94%			
50m		10.	28.78	463	28.00		95%			
	, 2014 (10),									1
200m		7.	3:02.45	236	3:11.44		110%			
100m		8.	1:36.99	206	1:31.00		88%			
	, 2012 (12),									2
200m		17.	2:35.08	385	2:36.00		101%			
400m		17.	5:31.54	357	5:36.00		103%			
	, 2012 (12),									2
100m		21.	1:10.34	397	1:12.00		105%			
50m		22.	35.80	317	35.50		98%			
100m		9.	1:19.58	338	1:23.00		109%			

<https://swim4you.ru/>



	, 2014 (10),								2
200m		13.	2:48.41	222	2:54.24			107%	
400m		13.	5:58.94	230	6:31.67			119%	
	, 2012 (12),								-
100m		28.	1:44.28	232	1:37.62			88%	
200m		39.	3:25.64	230	3:25.00			99%	
	, 2014 (10),								1
50m		4.	41.56	269	40.44			95%	
200m		7.	3:08.02	301	3:13.26			106%	
	, 2014 (10),								1
200m		8.	3:08.77	213	2:55.00			86%	
400m		10.	6:32.80	215	6:42.00			105%	
100m		10.	1:41.56	179	1:36.00			89%	
	, 2011 (13),								2
100m		47.	1:16.55	229	1:18.94			106%	
50m		26.	37.99	201	41.04			117%	
200m		31.	3:06.83	227	2:58.00			91%	
	, 2012 (12),								2
100m		39.	1:13.40	260	1:31.97			157%	
100m		13.	1:19.52	273	1:30.00			128%	
	, 2015 (9),								-
50m		18.	51.07	186	45.00			78%	
100m		12.	1:49.87	198	1:44.00			90%	
200m		9.	3:51.77	209	3:40.00			90%	
	, 2012 (12),								2
50m		32.	35.92	197	37.00			106%	
100m		52.	1:19.67	203	1:24.06			111%	
	, 2006 (18),								-
100m		19.	1:02.74	416	1:01.77			97%	
200m		12.	2:24.57	351	2:20.95			95%	
	, 2012 (12),								4
100m		48.	1:17.60	220	1:24.19			118%	
200m		36.	2:54.49	199	3:07.29			115%	
200m		15.	3:06.78	215	3:18.29			113%	
200m		34.	3:15.82	197	3:30.00			115%	
	, 2015 (9),								2
50m		7.	48.18	156	50.98			112%	
100m		7.	1:42.85	169	1:46.25			107%	
200m		4.	3:43.62	176	3:42.89			99%	
	, 2013 (11),								1
400m		34.	5:54.84	291	5:58.00			102%	
200m		31.	3:09.19	296	3:08.05			99%	
	, 2010 (14),								2
100m		55.	1:13.88	255	1:23.29			127%	
200m		35.	2:42.18	248	2:55.19			117%	
	, 2011 (13),								2
50m		23.	32.19	394	32.59			103%	
50m		21.	35.54	324	37.53			112%	
	, 2009 (15),								-
100m		WDR		-	1:07.50			-	
200m		WDR		-	2:58.00			-	
	, 2010 (14),								-
100m		51.	1:10.19	297	1:09.35			98%	
200m		24.	3:03.51	239	2:48.00			84%	
	, 2012 (12),								2
100m		36.	1:12.52	269	1:24.08			134%	
200m		32.	2:45.99	232	3:11.24			133%	
	, 2013 (11),								1
50m		25.	32.86	370	33.00			101%	
50m		30.	38.23	260	36.00			89%	
100m		11.	1:25.70	271	1:24.00			96%	
	, 2011 (13),								-
50m		10.	39.77	277	38.50			94%	
200m		6.	3:02.70	323	2:56.00			93%	

<https://swim4you.ru/>

50

MEGA ARES 21





50m	, 2007 (17)	4.	37.21	481	36.90	98%	-
200m		2.	2:57.90	462	2:52.35	94%	-
100m	, 2010 (14)	45.	1:06.49	350	1:04.00	93%	-
50m		11.	34.53	317	32.56	89%	-
100m	, 2009 (15)	21.	59.46	489	58.30	96%	-
200m		17.	2:12.71	454	2:08.95	94%	-
50m	, 2014 (10)	10.	49.86	140	50.00	101%	3
100m		9.	1:48.03	145	1:50.00	104%	
200m		3.	3:43.19	177	3:55.00	111%	
100m	, 2011 (13)	37.	1:15.94	315	1:23.83	122%	2
100m		10.	1:24.52	282	1:30.00	113%	
50m	, 2013 (11)	31.	35.57	203	34.36	93%	2
100m		56.	1:20.69	195	1:18.18	94%	
50m		13.	38.73	224	39.29	103%	
100m		20.	1:26.09	215	1:28.18	105%	
50m	, 2014 (10)	5.	40.04	203	41.67	108%	1
100m		4.	1:41.47	176	1:40.00	97%	
200m	, 2007 (17)	10.	2:16.29	419	2:05.50	85%	-
100m	, 2013 (11)	22.	1:26.32	213	1:28.00	104%	1
50m	, 2013 (11)	17.	41.15	187	40.00	94%	-
50m		22.	51.66	126	46.00	79%	
100m	, 2014 (10)	13.	1:20.60	264	1:26.00	114%	1
200m		6.	2:56.93	259	2:55.00	98%	
200m	, 2015 (9)	3.	3:23.52	159	3:30.42	107%	2
200m		11.	3:14.15	202	3:18.01	104%	
100m	, 2012 (12)	10.	1:31.61	343	1:34.85	107%	2
200m		14.	3:17.86	335	3:22.47	105%	
50m		31.	39.11	243	37.53	92%	
50m	, 2012 (12)	8.	40.01	387	37.50	88%	-
200m		5.	2:59.19	452	2:57.34	98%	
50m	, 2014 (10)	38.	41.88	124	42.12	101%	2
100m		33.	1:35.19	119	1:38.55	107%	
200m	, 2015 (9)	5.	3:05.36	220	3:08.00	103%	3
200m		4.	3:28.27	148	3:35.00	107%	
200m		8.	3:13.00	206	3:18.00	105%	
100m	, 2013 (11)	45.	1:16.41	230	1:14.33	95%	-
200m		31.	2:45.48	234	2:39.68	93%	
50m	, 2012 (12)	36.	36.41	189	33.00	82%	-
50m		19.	42.80	166	42.00	96%	
200m		40.	3:23.57	175	3:02.00	80%	
100m	, 2012 (12)	41.	1:18.08	290	1:17.20	98%	-
200m	, 2014 (10)	9.	3:28.04	159	2:55.10	71%	-

<https://swim4you.ru/>



	, 2012 (12),								1
200m		30.	2:43.51	242	2:44.34		101%		
100m		28.	1:40.95	178	1:38.34		95%		
	, 2008 (16),								-
200m		6.	2:06.54	523	2:06.00		99%		
	, 2013 (11),								2
400m		27.	5:48.45	251	5:54.00		103%		
200m		27.	2:58.45	260	3:09.00		112%		
	, 2012 (12),								-
100m		WDR		-	1:30.00		-		
50m		WDR		-	34.00		-		
	, 2014 (10),								1
50m		13.	46.56	245	45.68		96%		
100m		6.	1:39.21	270	1:39.00		100%		
200m		11.	3:11.57	285	3:12.00		100%		
	, 2014 (10),								2
50m		11.	34.88	215	34.50		98%		
100m		6.	1:24.37	228	1:25.00		101%		
200m		5.	3:36.48	132	3:40.00		103%		
	, 2011 (13),								4
50m		5.	29.10	534	29.50		103%		
100m		9.	1:04.54	514	1:05.00		101%		
100m		8.	1:15.82	432	1:16.00		100%		
50m		11.	33.43	390	35.00		110%		
	, 2014 (10),								3
100m		15.	1:20.07	200	1:26.08		116%		
50m		14.	41.90	150	42.47		103%		
100m		6.	1:41.74	114	1:42.00		101%		
	, 2011 (13),								2
100m		17.	1:06.73	346	1:19.83		143%		
100m		12.	1:17.78	291	1:20.00		106%		
	, 2011 (13),								3
100m		60.	1:23.54	176	1:28.64		113%		
50m		16.	40.71	193	45.58		125%		
100m		27.	1:30.22	187	1:33.68		108%		
	, 2014 (10),								2
100m		8.	1:41.83	249	1:43.00		102%		
200m		14.	3:15.43	268	3:20.00		105%		
	, 2014 (10),								2
100m		16.	1:20.86	194	1:26.00		113%		
100m		10.	1:29.93	188	1:35.00		112%		
	, 2013 (11),								1
50m		WDR		-	32.00		-		
100m		34.	1:11.62	280	1:13.00		104%		
200m		25.	2:38.28	267	2:33.51		94%		
	, 2011 (13),								3
400m		22.	5:39.40	272	6:20.05		125%		
100m		19.	1:23.95	232	1:27.20		108%		
200m		28.	3:04.40	236	3:10.15		106%		
	, 2014 (10),								2
100m		23.	1:23.70	175	1:30.10		116%		
100m		11.	1:33.07	170	1:38.69		112%		
	, 2011 (13),								1
50m		13.	43.17	308	43.00		99%		
100m		14.	1:32.84	329	1:34.29		103%		
	, 2011 (13),								-
50m		15.	30.53	321	30.50		100%		
100m		22.	1:07.63	332	1:06.00		95%		
	, 2012 (12),								2
50m		18.	31.12	303	35.25		128%		
100m		16.	1:06.47	350	1:06.34		100%		
200m		16.	2:29.29	318	2:32.65		105%		

<https://swim4you.ru/>

50

MEGA ARES 21



	, 2012 (12),								2
100m		28.	1:09.29	309	1:20.29		134%		
200m		28.	2:40.82	255	2:59.56		125%		
	, 2014 (10),								1
50m		18.	36.73	184	35.00		91%		
100m		20.	1:22.34	184	1:23.00		102%		
	, 2011 (13),								1
200m		13.	2:26.11	340	2:25.15		99%		
400m		16.	5:15.05	340	5:30.00		110%		
	, 2011 (13),								2
50m		8.	39.50	283	42.55		116%		
100m		21.	1:32.19	234	1:36.08		109%		
" "									5
	, 2010 (14),								3
100m		11.	57.87	530	59.00		104%		
200m		15.	2:12.14	459	2:17.00		107%		
100m		5.	1:03.93	462	1:05.00		103%		
	, 2010 (14),								2
200m		6.	2:20.47	518	2:21.99		102%		
400m		12.	5:01.66	475	4:51.14		93%		
200m		7.	2:37.22	480	2:42.38		107%		
" "									53
	, 2012 (12),								1
200m		18.	2:36.10	377	2:30.00		92%		
400m		17.	5:31.54	357	5:15.00		90%		
200m		23.	3:02.08	332	3:08.00		107%		
	, 2008 (16),								-
50m		3.	31.51	558	30.05		91%		
100m		6.	1:09.75	542	1:08.00		95%		
50m		3.	26.34	604	26.00		97%		
100m		3.	58.70	597	58.00		98%		
	, 2012 (12),								4
100m		2.	1:01.77	586	1:05.12		111%		
100m		1.	1:09.33	565	1:14.53		116%		
200m		4.	2:34.92	502	2:38.00		104%		
200m		7.	2:37.87	509	2:42.00		105%		
	, 2010 (14),								-
50m		21.	31.73	411	31.00		95%		
100m		29.	1:14.20	338	1:10.00		89%		
50m		8.	34.14	486	34.00		99%		
100m		17.	1:17.15	410	1:15.00		95%		
	, 2010 (14),								-
400m		10.	4:58.46	490	4:55.00		98%		
100m		8.	1:13.35	432	1:12.50		98%		
200m		11.	2:43.20	461	2:39.50		96%		
	, 2013 (11),								2
50m		39.	37.50	173	44.00		138%		
50m		21.	45.17	141	51.00		127%		
	, 2011 (13),								3
50m		6.	28.53	393	33.00		134%		
100m		7.	1:03.37	404	1:06.00		108%		
50m		4.	34.54	424	42.00		148%		
	, 2014 (10),								-
200m		WDR		-	2:58.34		-		
400m		WDR		-	5:55.25		-		
	, 2010 (14),								-
100m		9.	1:03.91	529	1:03.50		99%		
100m		11.	1:13.03	483	1:13.00		100%		
200m		8.	2:39.12	463	2:36.00		96%		
200m		10.	2:42.38	468	2:39.00		96%		

<https://swim4you.ru/>



	, 2012 (12),								2
50m		34.	36.17	193	38.00			110%	
100m		53.	1:19.97	201	1:18.00			95%	
100m		23.	1:35.15	213	1:36.00			102%	
200m		11.	3:20.57	244	3:17.00			96%	
	, 2012 (12),								-
100m		23.	1:08.12	325	1:08.00			100%	
200m		10.	2:23.90	356	2:20.00			95%	
200m		13.	2:45.48	326	2:40.00			93%	
	, 2013 (11),								1
200m		38.	3:00.80	179	3:04.20			104%	
	, 2013 (11),								4
50m		30.	34.34	325	35.00			104%	
100m		36.	1:15.81	317	1:18.20			106%	
400m		32.	5:51.40	300	6:08.29			110%	
50m		18.	43.83	294	47.21			116%	
	, 2010 (14),								1
200m		22.	2:19.19	393	2:17.00			97%	
400m		16.	4:51.42	430	4:45.00			96%	
100m		14.	1:21.67	337	1:21.00			98%	
200m		6.	2:54.30	373	2:58.00			104%	
50m		22.	31.78	344	31.50			98%	
200m		14.	2:34.28	403	2:32.00			97%	
	, 2008 (16),								-
100m		11.	58.33	518	56.50			94%	
200m		11.	2:29.49	443	2:20.00			88%	
	, 2007 (17),								-
400m		4.	4:55.39	505	4:30.00			84%	
200m		2.	2:30.87	584	2:26.00			94%	
	, 2009 (15),								3
200m		19.	2:15.69	424	2:14.94			99%	
400m		14.	4:43.45	468	4:46.74			102%	
50m		15.	30.33	395	31.14			105%	
100m		9.	1:08.58	374	1:09.51			103%	
	, 2008 (16),								2
50m		2.	27.59	626	27.56			100%	
50m		1.	31.32	630	31.20			99%	
100m		2.	1:07.73	606	1:07.90			101%	
50m		1.	29.16	588	29.70			104%	
	, 2013 (11),								4
100m		33.	1:14.35	336	1:21.00			119%	
200m		26.	2:43.45	329	2:51.00			109%	
100m		13.	1:32.53	332	1:36.29			108%	
200m		12.	3:11.92	368	3:22.37			111%	
	, 2009 (15),								1
100m		11.	57.87	530	56.50			95%	
100m		3.	1:02.00	576	1:03.00			103%	
	, 2011 (13),								2
50m		16.	30.58	319	30.00			96%	
100m		11.	1:05.29	369	1:05.00			99%	
100m		3.	1:16.80	406	1:19.00			106%	
200m		3.	2:45.77	433	2:50.00			105%	
	, 2014 (10),								3
100m		10.	1:18.57	285	1:26.50			121%	
50m		8.	44.88	274	43.84			95%	
100m		7.	1:39.75	265	1:44.45			110%	
200m		12.	3:12.23	282	3:32.56			122%	
	, 2006 (18),								-
50m		9.	26.50	491	26.30			98%	
100m		9.	57.50	541	57.50			100%	
200m		7.	2:08.57	499	2:05.70			96%	
	, 2010 (14),								1
400m		4.	4:31.57	532	4:35.00			103%	
100m		7.	1:07.09	454	1:06.00			97%	
50m		9.	28.90	457	28.00			94%	
200m		4.	2:20.99	528	2:20.00			99%	

<https://swim4you.ru/>



	, 2009 (15),							3
100m		1.	1:01.27	597	1:02.00		102%	
200m		1.	2:16.06	556	2:16.00		100%	
100m		3.	1:11.32	507	1:13.00		105%	
100m		3.	1:02.36	498	1:03.00		102%	
	, 2009 (15),							-
100m		25.	59.99	476	58.79		96%	
200m		8.	2:09.69	486	2:07.00		96%	
400m		7.	4:34.87	513	4:29.00		96%	
200m		11.	2:28.03	456	2:23.00		93%	
	, 2009 (15),							3
50m		5.	25.95	523	27.00		108%	
100m		18.	59.26	494	59.00		99%	
200m		6.	2:06.85	519	2:10.00		105%	
400m		5.	4:31.78	530	4:37.00		104%	
	, 2012 (12),							4
100m		31.	1:13.65	346	1:16.40		108%	
50m		6.	39.53	401	42.14		114%	
100m		7.	1:27.62	392	1:34.60		117%	
200m		11.	3:10.30	377	3:25.78		117%	
	, 2009 (15),							2
200m		13.	2:10.82	473	2:11.50		101%	
400m		8.	4:37.32	499	4:39.00		101%	
200m		10.	2:26.53	470	2:26.50		100%	
	, 2012 (12),							-
100m		WDR	-	-	1:05.60		-	
50m		WDR	-	-	37.05		-	
100m		WDR	-	-	1:22.60		-	
200m		WDR	-	-	2:42.75		-	
	, 2010 (14),							3
50m		1.	27.01	667	27.77		106%	
100m		1.	59.88	643	1:00.66		103%	
50m		1.	29.57	563	30.11		104%	
100m		2.	1:05.33	612	1:05.00		99%	
	, 2012 (12),							-
100m		3.	1:07.64	443	1:06.00		95%	
200m		2.	2:25.39	456	2:19.00		91%	
	, 2011 (13),							3
100m		3.	1:01.11	450	1:01.31		101%	
100m		1.	1:05.70	484	1:05.12		98%	
200m		1.	2:21.95	490	2:24.11		103%	
200m		1.	2:28.03	456	2:28.72		101%	
	, 2009 (15),							-
50m		WDR	-	-	26.90		-	
100m		WDR	-	-	57.90		-	
200m		WDR	-	-	2:07.00		-	
50m		WDR	-	-	29.54		-	
200m		WDR	-	-	2:26.13		-	
	, 2013 (11),							-
100m		WDR	-	-	1:19.15		-	
200m		WDR	-	-	2:57.61		-	
50m		WDR	-	-	38.73		-	
200m		WDR	-	-	3:10.00		-	
	, 2009 (15),							-
100m		24.	59.72	483	59.00		98%	
50m		6.	33.78	453	33.50		98%	
100m		4.	1:11.64	500	1:10.00		95%	
200m		2.	2:37.45	506	2:34.00		96%	
	, 2010 (14),							1
50m		12.	26.63	484	26.90		102%	
100m		16.	58.80	506	58.50		99%	
50m		10.	35.32	396	33.90		92%	
50m		7.	27.92	507	27.70		98%	
100m		4.	1:02.58	493	1:02.00		98%	

" " 6

<https://swim4you.ru/>

50

MEGA ARES 21





	, 2014 (10),								2
100m		6.	1:13.59	346	1:17.00		109%		
100m		3.	1:24.92	307	1:25.00		100%		
	, 2014 (10),								2
50m		14.	37.59	247	41.00		119%		
50m		6.	43.79	295	46.00		110%		
	, 2013 (11),								1
100m		26.	1:12.54	362	1:14.30		105%		
	, 2014 (10),								1
50m		3.	35.83	240	36.00		101%		
"	"								-
	, 2014 (10),								-
50m		10.	34.60	317	34.00		97%		
50m		17.	50.89	188	47.00		85%		
50m		15.	42.25	193	41.00		94%		
"	"								21
	, 2011 (13),								3
50m		16.	31.37	426	33.85		116%		
50m		7.	35.03	450	36.50		109%		
100m		14.	1:17.82	399	1:18.00		100%		
	, 2013 (11),								-
50m		41.	43.41	160	40.00		85%		
50m		35.	50.24	152	48.00		91%		
	, 2009 (15),								1
200m		18.	2:48.75	299	2:42.50		93%		
100m		15.	1:37.03	288	1:37.91		102%		
	, 2012 (12),								2
400m		29.	5:42.35	325	6:25.00		126%		
50m		19.	38.59	337	38.50		100%		
200m		27.	3:03.16	326	3:20.44		120%		
	, 2012 (12),								2
50m		21.	31.78	410	31.50		98%		
50m		10.	36.59	395	39.36		116%		
100m		19.	1:19.97	368	1:22.37		106%		
	, 2012 (12),								1
100m		17.	1:19.45	375	1:23.21		110%		
	, 2012 (12),								2
50m		11.	30.46	465	31.00		104%		
100m		16.	1:19.11	380	1:17.50		96%		
50m		8.	32.77	414	35.43		117%		
	, 2012 (12),								2
50m		17.	43.80	295	44.50		103%		
100m		12.	1:32.08	337	1:35.00		106%		
200m		21.	3:31.60	274	3:29.54		98%		
	, 2012 (12),								3
50m		11.	36.74	390	39.68		117%		
100m		15.	1:18.87	384	1:24.20		114%		
200m		11.	2:50.01	379	2:59.54		112%		
	, 2009 (15),								1
50m		4.	28.47	570	28.00		97%		
100m		3.	1:01.79	586	1:01.84		100%		
	, 2008 (16),								2
50m		4.	35.79	422	36.00		101%		
100m		4.	1:16.90	414	1:18.00		103%		
100m		4.	1:25.54	421	1:21.23		90%		
	, 2013 (11),								2
200m		35.	3:20.80	177	3:25.00		104%		
50m		33.	43.23	239	46.50		116%		
"	"								14

<https://swim4you.ru/>



	, 2014 (10),								1
200m		2.	2:54.51	263	2:56.00			102%	
100m		2.	1:35.36	212	1:33.00			95%	
200m		1.	3:18.01	254	3:18.00			100%	
200m		3.	2:58.79	259	2:55.00			96%	
	, 2012 (12),								2
400m		19.	5:31.86	356	5:39.00			104%	
100m		21.	1:23.06	328	1:23.30			101%	
200m		33.	3:10.73	289	3:03.58			93%	
	, 2011 (13),								2
100m		10.	1:04.55	514	1:07.09			108%	
200m		5.	2:36.54	522	2:38.41			102%	
	, 2012 (12),								-
400m		30.	6:00.47	227	6:00.00			100%	
100m		29.	1:42.89	168	1:35.00			85%	
200m		12.	3:26.10	225	3:22.00			96%	
	, 2013 (11),								1
400m		19.	5:31.86	356	5:41.00			106%	
	, 2010 (14),								2
200m		7.	2:06.96	518	2:07.97			102%	
400m		3.	4:29.04	547	4:43.63			111%	
50m		6.	31.83	405	31.18			96%	
	, 2010 (14),								1
100m		17.	1:06.62	467	1:05.00			95%	
400m		11.	5:01.42	476	4:59.00			98%	
200m		6.	2:39.63	493	2:44.00			106%	
	, 2013 (11),								1
50m		24.	33.36	246	29.00			76%	
100m		42.	1:15.02	243	1:12.00			92%	
100m		16.	1:22.42	245	1:22.00			99%	
200m		11.	2:51.20	279	2:58.00			108%	
	, 2010 (14),								1
50m		19.	27.48	440	28.00			104%	
100m		36.	1:02.32	425	1:00.00			93%	
100m		13.	1:11.97	368	1:08.00			89%	
50m		21.	31.68	347	30.00			90%	
	, 2010 (14),								-
200m		5.	2:19.07	534	2:14.99			94%	
100m		15.	1:15.65	435	1:10.99			88%	
	, 2010 (14),								-
400m		6.	4:56.49	500	4:45.00			92%	
50m		11.	35.09	448	33.00			88%	
	, 2011 (13),								1
50m		6.	35.20	400	32.00			83%	
100m		4.	1:18.33	382	1:20.78			106%	
	, 2007 (17),								-
50m		1.	26.82	677	26.30			96%	
100m		2.	58.52	685	56.88			94%	
200m		3.	2:13.57	588	2:06.34			89%	
200m		5.	2:18.52	557	2:17.00			98%	
	, 2013 (11),								2
50m		33.	36.06	194	37.00			105%	
100m		28.	1:30.73	183	1:33.00			105%	
"	"								11
	, 2014 (10),								-
50m		31.	1:12.78	33	1:00.00			68%	
100m		22.	2:42.60	31	2:15.00			69%	
	, 2013 (11),								3
50m		41.	39.64	146	40.00			102%	
100m		64.	1:29.56	143	1:40.50			126%	
100m		32.	1:40.44	135	1:46.50			112%	

<https://swim4you.ru/>



	, 2014 (10),								1
50m		21.	59.48	62	50.50			72%	
50m		10.	58.88	94	56.90			93%	
100m		14.	2:08.31	89	2:10.00			103%	
	, 2012 (12),								3
50m		43.	50.40	102	55.00			119%	
100m		55.	1:58.24	83	2:02.00			106%	
50m		37.	56.41	107	57.00			102%	
	, 2015 (9),								2
50m		42.	48.17	81	45.00			87%	
100m		37.	1:45.00	88	1:53.50			117%	
100m		21.	1:46.81	112	1:59.00			124%	
	, 2013 (11),								2
50m		42.	45.34	141	42.50			88%	
100m		54.	1:41.33	132	1:44.00			105%	
50m		36.	51.68	140	53.50			107%	
World Swim									16
	, 2015 (9),								3
50m		21.	36.84	182	37.00			101%	
100m		21.	1:22.81	181	1:25.00			105%	
200m		21.	3:07.55	160	3:07.00			99%	
50m		17.	42.91	139	45.00			110%	
	, 2015 (9),								3
50m		28.	39.48	148	39.06			98%	
100m		31.	1:30.70	137	1:34.00			107%	
100m		19.	1:44.44	120	1:45.75			103%	
50m		22.	47.53	102	55.63			137%	
	, 2015 (9),								1
50m		16.	54.71	106	54.00			97%	
100m		18.	2:01.04	103	2:00.40			99%	
200m		9.	4:20.45	111	4:24.70			103%	
	, 2015 (9),								-
50m		31.	40.40	138	40.00			98%	
	, 2015 (9),								-
50m		26.	39.18	152	36.00			84%	
50m		21.	46.50	129	42.00			82%	
50m		19.	1:05.21	63	46.00			50%	
	, 2011 (13),								3
50m		25.	33.72	238	34.00			102%	
100m		41.	1:15.00	243	1:16.00			103%	
100m		21.	1:26.22	214	1:30.43			110%	
	, 2014 (10),								-
50m		WDR		-	37.43			-	
50m		WDR		-	43.04			-	
100m		WDR		-	1:37.13			-	
	, 2006 (18),								2
50m		2.	32.14	583	35.86			124%	
100m		3.	1:11.60	513	1:10.80			98%	
50m		4.	29.70	556	30.00			102%	
	, 2010 (14),								2
50m		11.	36.30	365	37.00			104%	
50m		24.	31.96	338	34.28			115%	
	, 2014 (10),								2
50m		5.	43.77	231	47.00			115%	
50m		18.	45.38	156	49.00			117%	
	, 2015 (9),								-
200m		25.	3:22.36	128	3:04.00			83%	
400m		16.	6:57.20	146	6:43.00			93%	
50m		25.	48.06	117	43.00			80%	
50m		18.	57.53	91	50.00			76%	

4

<https://swim4you.ru/>

50

MEGA ARES 21



									4
50m		4.	33.31	356	33.40			101%	
100m		4.	1:12.72	359	1:14.00			104%	
200m		4.	2:44.58	322	2:57.20			116%	
50m		8.	37.26	281	37.50			101%	
"	"								15
									1
100m		11.	1:19.61	274	1:25.00			114%	
100m		13.	1:52.19	186	1:46.00			89%	
									2
100m		27.	1:29.58	143	1:30.00			101%	
100m		10.	1:49.90	138	1:50.00			100%	
									2
100m		10.	57.75	534	58.00			101%	
50m		8.	28.47	478	28.88			103%	
									2
200m		3.	2:15.26	428	2:17.77			104%	
50m		1.	34.12	439	34.44			102%	
									2
100m		21.	1:07.62	332	1:11.11			111%	
100m		18.	1:28.49	265	1:31.11			106%	
									2
200m		14.	2:28.33	325	2:34.44			108%	
100m		15.	1:21.07	257	1:22.22			103%	
									-
200m		5.	2:33.85	384	2:28.88			94%	
100m		6.	1:11.60	329	1:11.11			99%	
									2
200m		2.	2:03.37	565	2:05.55			104%	
400m		1.	4:20.58	602	4:27.77			106%	
									1
50m		6.	32.60	559	33.33			105%	
50m		4.	30.04	537	30.02			100%	
									1
400m		7.	4:56.65	499	4:52.22			97%	
50m		3.	30.01	539	30.03			100%	
									-
50m		1.	25.66	653	25.55			99%	
"	"								2
									-
200m		9.	2:22.23	499	2:20.00			97%	
400m		3.	4:51.34	527	4:50.00			99%	
200m		5.	2:56.83	326	2:50.00			92%	
									-
50m		WDR	-	-	27.00			-	
200m		WDR	-	-	2:07.50			-	
50m		WDR	-	-	28.55			-	
100m		WDR	-	-	1:01.80			-	
200m		WDR	-	-	2:15.90			-	
									2
50m		3.	28.76	553	28.50			98%	
100m		7.	1:02.95	554	1:03.00			100%	
200m		4.	2:16.75	561	2:15.00			97%	
400m		3.	4:51.09	528	4:47.00			97%	
50m		19.	35.33	330	34.00			93%	
200m		2.	2:33.45	555	2:40.00			109%	
"	"								4
									-
50m		WDR	-	-	28.00			-	
200m		WDR	-	-	2:45.00			-	

<https://swim4you.ru/>





	, 2014 (10),								2
50m		17.	36.51	187	38.00			108%	
50m		12.	42.23	173	50.00			140%	
200m	, 2014 (10),	6.	3:44.53	174	3:55.00			110%	1
100m	, 2015 (9),	13.	1:51.97	134	1:45.00			88%	1
50m		22.	56.20	139	57.00			103%	
200m	, 2013 (11),	43.	3:18.65	135	2:10.00			43%	-
"	"								-
400m	, 2011 (13),	7.	5:02.23	472	4:52.00			93%	-
50m		6.	32.35	430	31.50			95%	
100m		4.	1:13.97	421	1:11.20			93%	
"	"								-
200m	, 2009 (15),	13.	3:06.16	289	2:47.91			81%	-
"	"								-
50m	, 2013 (11),	32.	35.12	303	34.94			99%	-
100m		47.	1:21.35	256	1:21.00			99%	
50m		22.	44.74	276	43.94			96%	
100m		18.	1:36.02	297	1:35.01			98%	
200m		16.	3:23.26	309	3:20.13			97%	
"	"								75
50m	, 2013 (11),	26.	33.00	366	33.50			103%	4
100m		23.	1:10.94	387	1:16.00			115%	
400m		13.	5:29.19	365	5:45.00			110%	
200m		16.	2:56.96	362	2:58.00			101%	
50m	, 2014 (10),	7.	34.04	231	32.00			88%	3
100m		8.	1:14.42	249	1:15.00			102%	
200m		2.	2:37.00	274	2:44.00			109%	
400m		4.	5:32.87	288	5:55.00			114%	
100m	, 2015 (9),	17.	1:21.64	189	1:27.00			114%	5
200m		17.	2:58.50	186	3:17.00			122%	
50m		7.	40.84	191	41.00			101%	
100m		9.	1:28.33	199	1:35.00			116%	
200m		6.	3:14.91	189	3:35.00			122%	
50m	, 2013 (11),	23.	40.37	294	41.00			103%	3
100m		25.	1:24.57	311	1:30.00			113%	
200m		16.	2:57.85	331	3:07.00			111%	
50m		12.	42.14	331	42.00			99%	
100m		15.	1:33.24	325	1:31.00			95%	
200m		15.	3:18.50	332	3:18.00			99%	
100m	, 2014 (10),	16.	1:29.44	193	1:40.00			125%	3
50m		19.	51.80	178	51.00			97%	
100m		14.	1:53.68	179	1:55.00			102%	
200m		18.	3:34.52	203	3:55.00			120%	
50m	, 2014 (10),	19.	36.76	184	37.00			101%	3
200m		19.	3:02.21	175	3:13.00			112%	
50m		11.	50.09	139	48.00			92%	
100m		8.	1:46.63	151	1:48.00			103%	

<https://swim4you.ru/>





	, 2014 (10),								3
200m		5.	3:16.06	247	3:30.00		115%		
50m		11.	40.39	221	40.00		98%		
100m		5.	1:32.12	218	1:36.00		109%		
200m		13.	3:15.27	269	3:25.00		110%		
	, 2013 (11),								2
400m		21.	5:34.69	284	5:45.00		106%		
50m		21.	34.96	258	35.00		100%		
100m		14.	1:23.32	209	1:19.00		90%		
	, 2012 (12),								5
50m		22.	31.88	282	33.00		107%		
100m		30.	1:10.59	292	1:13.00		107%		
50m		20.	34.63	265	36.00		108%		
100m		13.	1:23.08	210	1:25.00		105%		
200m		22.	2:54.22	280	2:58.00		104%		
	, 2013 (11),								4
100m		27.	1:12.95	356	1:13.00		100%		
200m		16.	2:35.05	385	2:39.00		105%		
400m		14.	5:29.70	363	5:42.00		108%		
200m		12.	2:53.09	360	3:03.00		112%		
200m		24.	3:02.75	328	2:58.00		95%		
	, 2013 (11),								-
50m		WDR	-	-	35.00		-		
100m		WDR	-	-	1:17.00		-		
50m		WDR	-	-	37.00		-		
100m		WDR	-	-	1:25.00		-		
	, 2014 (10),								3
50m		1.	39.73	395	41.00		106%		
100m		1.	1:25.31	424	1:29.00		109%		
200m		1.	3:01.60	434	3:15.00		115%		
	, 2014 (10),								4
50m		12.	35.19	209	36.00		105%		
100m		13.	1:18.39	213	1:26.00		120%		
200m		14.	2:49.24	218	3:10.00		126%		
50m		19.	43.21	136	44.00		104%		
	, 2013 (11),								4
100m		26.	1:25.20	304	1:31.00		114%		
100m		11.	1:31.79	341	1:37.00		112%		
50m		25.	36.71	294	39.00		113%		
200m		18.	2:57.50	358	3:10.00		115%		
	, 2014 (10),								6
100m		14.	1:18.50	212	1:20.00		104%		
200m		15.	2:51.89	208	3:05.00		116%		
400m		12.	5:58.06	232	6:32.00		120%		
50m		11.	39.95	173	40.00		100%		
100m		5.	1:29.88	166	1:37.00		116%		
200m		7.	3:09.42	217	3:25.00		117%		
	, 2013 (11),								4
100m		34.	1:14.71	331	1:17.00		106%		
200m		28.	2:44.29	324	2:45.00		101%		
400m		31.	5:47.87	309	5:55.00		104%		
200m		28.	3:03.78	323	3:10.00		107%		
	, 2014 (10),								6
100m		3.	1:13.30	261	1:15.00		105%		
200m		4.	2:37.79	270	2:58.00		127%		
400m		5.	5:35.48	282	6:20.00		128%		
50m		4.	36.47	227	38.00		109%		
100m		4.	1:24.00	204	1:32.00		120%		
200m		4.	3:01.84	246	3:20.00		121%		
	, 2014 (10),								5
50m		12.	35.50	294	38.00		115%		
100m		15.	1:21.80	252	1:22.00		100%		
400m		5.	6:03.45	271	6:20.00		109%		
50m		3.	39.74	308	40.00		101%		
200m		4.	3:10.58	269	3:15.00		105%		

<https://swim4you.ru/>

50

MEGA ARES 21



	, 2014 (10),							5
100m		12.	1:20.38	266	1:25.00		112%	
400m		6.	6:05.81	266	6:30.00		114%	
50m		11.	45.87	256	48.00		110%	
100m		5.	1:38.25	278	1:45.00		114%	
200m		6.	3:26.13	297	3:35.00		109%	
	, 2013 (11),							3
400m		28.	5:42.11	325	5:55.00		108%	
50m		15.	43.56	299	42.00		93%	
100m		22.	1:37.09	288	1:36.00		98%	
200m		13.	3:15.86	346	3:24.00		108%	
200m		14.	2:55.94	368	3:00.00		105%	
" "								-
	, 2012 (12),							-
100m		1.	1:19.08	533	1:17.83		97%	
	, 2011 (13),							-
200m		4.	2:47.32	421	2:45.00		97%	
" "								1
	, 2011 (13),							-
50m		12.	41.03	252	38.00		86%	
100m		14.	1:27.66	273	1:22.00		88%	
50m		19.	34.46	269	33.50		95%	
200m		20.	2:51.11	295	2:50.00		99%	
	, 2008 (16),							-
100m		10.	1:05.95	478	1:05.90		100%	
200m		8.	2:22.18	515	2:22.00		100%	
	, 2014 (10),							1
50m		9.	34.54	319	33.85		96%	
100m		9.	1:18.08	290	1:17.07		97%	
100m		10.	1:46.38	219	1:45.41		98%	
200m		15.	3:18.28	257	3:25.04		107%	
" "								2
	, 2015 (9),							1
50m		10.	34.87	215	34.00		95%	
200m		8.	2:42.68	246	2:35.00		91%	
50m		2.	35.64	243	35.50		99%	
100m		2.	1:19.49	240	1:20.00		101%	
200m		2.	2:59.70	231	2:55.00		95%	
	, 2011 (13),							1
50m		3.	34.31	479	34.47		101%	
200m		8.	2:37.96	473	2:35.00		96%	
" "								1
	, 2007 (17),							1
50m		6.	25.37	559	25.20		99%	
100m		6.	57.00	555	55.90		96%	
50m		4.	27.76	610	27.80		100%	
100m		5.	1:01.32	595	1:00.00		96%	
" "								2
	, 2010 (14),							2
100m		7.	1:03.19	547	1:03.80		102%	
100m		9.	1:12.42	496	1:12.96		101%	
" "								2
	, 2015 (9),							2
200m		6.	4:07.17	123	4:10.00		102%	
50m		25.	58.58	123	55.00		88%	
200m		11.	4:20.45	147	4:30.00		107%	
" "								2

<https://swim4you.ru/>





400m	, 2012 (12)	8.	5:08.30	445	5:01.00	95%	-
100m	, 2014 (10)	1.	1:16.74	304	1:17.00	101%	2
200m		2.	2:54.58	278	3:00.00	106%	
" "							-
50m	, 2008 (16)	2.	25.94	632	25.80	99%	-
100m		2.	57.14	648	56.00	96%	-
" "							-
100m	, 2012 (12)	8.	1:13.35	348	1:12.00	96%	-
200m		8.	2:36.68	364	2:36.00	99%	-
" "							20
50m	, 2013 (11)	38.	36.98	180	37.52	103%	4
100m		61.	1:23.94	173	1:25.60	104%	
200m		41.	3:09.49	155	3:32.50	126%	
50m		23.	46.43	130	47.80	106%	
100m	, 2011 (13)	53.	1:26.45	214	1:22.60	91%	1
200m		33.	3:11.92	203	2:59.40	87%	
50m		25.	41.36	273	40.30	95%	
100m		32.	1:32.51	238	1:32.60	100%	
50m	, 2011 (13)	34.	35.38	297	35.30	100%	1
100m		50.	1:22.84	243	1:21.40	97%	
50m		31.	42.77	247	41.20	93%	
100m		30.	1:30.75	252	1:31.60	102%	
50m	, 2014 (10)	20.	36.77	183	37.80	106%	2
50m		4.	45.92	180	43.20	89%	
100m		5.	1:41.57	175	1:44.20	105%	
50m		16.	42.74	141	39.40	85%	
50m	, 2011 (13)	14.	30.37	326	29.79	96%	3
100m		26.	1:08.93	314	1:10.49	105%	
200m		27.	2:39.77	260	2:43.70	105%	
50m		8.	36.29	273	38.40	112%	
50m	, 2010 (14)	24.	29.15	369	27.60	90%	2
100m		39.	1:04.24	388	1:05.10	103%	
200m		28.	2:29.32	318	2:29.50	100%	
50m		29.	33.55	292	31.50	88%	
50m	, 2012 (12)	26.	41.63	268	39.00	88%	-
100m		28.	1:28.58	271	1:27.00	96%	
100m		29.	1:46.58	217	1:40.60	89%	
200m		40.	3:30.74	214	3:15.20	86%	
50m	, 2010 (14)	13.	29.62	506	28.05	90%	2
100m		11.	1:04.92	505	1:05.00	100%	
200m		13.	2:30.49	421	2:32.20	102%	
50m		17.	33.66	382	33.55	99%	
100m	, 2013 (11)	44.	1:16.14	233	1:13.10	92%	-
200m		35.	2:47.80	224	2:41.70	93%	
100m		16.	1:39.46	122	1:39.46	100%	
200m		5.	3:44.89	118	3:28.20	86%	

<https://swim4you.ru/>

50

MEGA ARES 21



	, 2012 (12),								1
100m		48.	1:21.53	255	1:18.09		92%		
200m		30.	2:51.07	287	3:01.27		112%		
100m		27.	1:43.48	238	1:40.22		94%		
200m		22.	3:35.63	259	3:24.70		90%		
	, 2010 (14),								-
50m		14.	38.30	344	36.30		90%		
50m		7.	37.43	472	36.40		95%		
100m		14.	1:25.59	420	1:21.05		90%		
200m		9.	3:13.17	361	2:58.50		85%		
	, 2012 (12),								4
100m		44.	1:19.43	275	1:25.40		116%		
200m		31.	2:53.15	276	2:59.20		107%		
100m		23.	1:38.79	273	1:39.40		101%		
200m		37.	3:16.75	263	3:29.40		113%		
	, 2008 (16),								-
50m		5.	38.77	332	36.30		88%		
50m		5.	38.32	440	36.95		93%		
100m		5.	1:28.36	382	1:24.11		91%		
200m		4.	3:12.49	364	3:04.40		92%		
	, 2010 (14),								-
50m		12.	35.51	432	33.90		91%		
100m		19.	1:19.40	376	1:18.75		98%		
50m		24.	36.67	295	35.66		95%		
200m		18.	3:13.07	278	3:10.00		97%		
	, 2009 (15),								-
100m		22.	1:25.98	296	1:18.60		84%		
50m		18.	33.69	381	30.95		84%		
100m		9.	1:18.34	355	1:12.30		85%		
"	"								1
	, 2014 (10),								1
100m		30.	1:30.64	138	1:35.00		110%		
50m		18.	45.97	134	44.74		95%		
100m		15.	1:39.81	138	1:35.78		92%		
"	"								-
	, 2006 (18),								-
50m		1.	29.43	685	28.32		93%		
100m		1.	1:03.37	723	1:01.27		93%		
200m		1.	2:23.43	669	2:19.78		95%		
E	, 2010 (14),								50
50m		25.	29.43	358	30.50		107%		2
200m		33.	2:40.22	258	2:42.00		102%		
	, 2015 (9),								1
200m		16.	2:58.27	187	2:58.00		100%		
400m		14.	6:08.02	213	6:10.00		101%		
	, 2012 (12),								1
100m		4.	1:02.50	566	1:02.00		98%		
200m		7.	2:20.15	522	2:17.00		96%		
400m		2.	4:50.93	529	4:50.00		99%		
200m		3.	2:34.13	547	2:40.00		108%		
	, 2014 (10),								1
50m		5.	46.17	177	43.72		90%		
100m		3.	1:39.44	187	1:37.46		96%		
200m		2.	3:31.47	208	3:31.43		100%		
50m		11.	39.95	173	41.22		106%		
	, 2009 (15),								1
100m		49.	1:08.63	318	1:07.00		95%		
50m		8.	33.26	354	33.40		101%		
200m		21.	2:46.17	322	2:44.00		97%		

<https://swim4you.ru/>



200m	, 2014 (10),	10.	3:14.07	202	NT	-	-
100m	, 2008 (16),	8.	57.33	546	57.00	99%	1
100m		7.	1:11.14	511	1:10.00	97%	
50m		7.	27.84	511	28.00	101%	
100m	, 2012 (12),	46.	1:16.48	230	1:14.60	95%	-
100m		24.	1:35.32	212	1:31.70	93%	
100m	, 2012 (12),	32.	1:14.21	338	1:12.40	95%	1
100m		16.	1:34.38	313	1:29.70	90%	
50m		18.	35.30	331	36.10	105%	
50m	, 2012 (12),	13.	30.16	333	30.50	102%	2
200m		9.	2:23.87	356	2:27.50	105%	
50m	e , 2015 (9),	8.	34.16	229	35.40	107%	4
100m		9.	1:14.49	248	1:16.00	104%	
200m		11.	2:47.06	227	2:50.00	104%	
400m		7.	5:44.04	261	6:00.00	109%	
100m	, 2013 (11),	66.	1:40.43	101	1:50.00	120%	1
50m	, 2013 (11),	37.	36.83	183	39.00	112%	2
50m		24.	48.36	115	52.00	116%	
50m		31.	49.29	92	47.00	91%	
50m	, 2012 (12),	11.	39.85	276	38.00	91%	2
100m		19.	1:28.67	263	1:29.00	101%	
200m		9.	3:16.57	260	3:19.00	102%	
50m	, 2009 (15),	7.	31.84	404	32.50	104%	2
200m		4.	2:47.09	423	2:41.00	93%	
50m		13.	29.60	425	30.50	106%	
100m		12.	1:18.46	250	1:10.00	80%	
100m	, 2009 (15),	19.	59.40	490	58.80	98%	-
400m		13.	4:42.79	471	4:42.00	99%	
50m	, 2011 (13),	3.	34.34	431	35.50	107%	3
100m		1.	1:14.16	451	1:14.90	102%	
200m		2.	2:41.14	472	2:44.10	104%	
50m	, 2014 (10),	32.	40.51	137	46.00	129%	1
100m	, 2009 (15),	15.	1:22.00	333	1:19.40	94%	-
100m	, 2011 (13),	5.	1:24.56	436	1:21.50	93%	1
50m		7.	32.72	416	32.90	101%	
50m	, 2009 (15),	1.	31.49	559	31.05	97%	1
100m		1.	59.25	581	59.70	102%	
200m		8.	2:23.83	497	2:16.90	91%	
100m	, 2014 (10),	32.	1:31.32	135	1:31.70	101%	1
50m		17.	45.41	139	45.30	100%	
50m	., 2011 (13),	17.	38.03	352	36.10	90%	1
100m		4.	1:22.21	474	1:21.00	97%	
200m		3.	2:58.06	460	2:59.80	102%	
100m	, 2009 (15),	19.	1:06.88	462	1:04.00	92%	-
200m		4.	2:19.04	534	2:16.00	96%	

<https://swim4you.ru/>

50

MEGA ARES 21



400m	9.	4:57.51	495	4:49.00	94%	
100m	12.	1:21.68	313	1:17.00	89%	
		, 2010 (14)				2
50m	2.	35.23	567	34.90	98%	
100m	4.	1:17.25	572	1:18.40	103%	
200m	4.	2:51.65	514	2:48.50	96%	
50m	7.	31.44	469	31.70	102%	
		, 2012 (12)				1
200m	26.	2:39.14	263	2:26.90	85%	
50m	7.	39.33	287	40.50	106%	
200m	23.	2:54.58	278	2:48.50	93%	
		, 2012 (12)				2
50m	2.	34.18	437	34.70	103%	
200m	1.	2:40.66	476	2:43.00	103%	
		, 2013 (11)				1
400m	33.	6:50.27	154	6:56.00	103%	
		, 2011 (13)				-
100m	10.	1:17.68	293	1:15.00	93%	
200m	26.	2:58.41	260	2:47.80	88%	
		, 2015 (9)				2
50m	41.	45.25	98	47.00	108%	
100m	38.	1:48.41	80	2:01.00	125%	
		, 2010 (14)				-
100m	27.	1:11.05	385	1:07.50	90%	
200m	17.	2:37.38	368	2:29.00	90%	
		, 2009 (15)				-
100m	8.	1:07.22	452	1:05.50	95%	
		, 2015 (9)				2
200m	23.	3:09.99	154	3:13.00	103%	
50m	15.	51.89	125	56.00	116%	
		, 2014 (10)				-
50m	13.	50.85	132	49.50	95%	
		, 2009 (15)				-
200m	29.	2:31.45	305	2:26.50	94%	
200m	5.	3:18.62	171	3:05.90	88%	
200m	23.	2:53.30	284	2:46.90	93%	
		, 2010 (14)				1
100m	16.	1:13.21	350	1:10.50	93%	
200m	17.	2:38.38	372	2:43.00	106%	
		, 2011 (13)				2
100m	7.	1:12.64	358	1:14.00	104%	
200m	11.	2:40.30	359	2:43.00	103%	
		, 2014 (10)				3
50m	39.	42.94	115	43.00	100%	
100m	34.	1:36.06	116	1:36.00	100%	
50m	27.	50.24	102	54.00	116%	
50m	17.	56.00	99	57.50	105%	
		, 2011 (13)				1
100m	30.	1:13.50	348	1:12.50	97%	
400m	15.	5:30.07	362	5:35.00	103%	
		, 2013 (11)				1
50m	31.	34.95	308	35.00	100%	
50m	34.	54.20	155	50.00	85%	
		, 2013 (11)				-
100m	54.	1:20.13	199	1:12.30	81%	
400m	32.	6:13.86	203	5:39.50	82%	
200m	14.	3:47.01	168	2:59.40	62%	
200m	39.	3:23.55	175	3:06.10	84%	
		, 2012 (12)				-
100m	17.	1:08.08	438	1:07.10	97%	
200m	11.	2:52.60	390	2:49.90	97%	
		, 2009 (15)				2
100m	44.	1:06.47	350	1:07.20	102%	
50m	23.	31.93	339	33.10	107%	

<https://swim4you.ru/>



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
МЭД ВЕЙВ КЛАССИК

7-8 ДЕКАБРЯ 2024
РУЗА 4 ЭТАП



50m	, 2015 (9)	12.	50.55	135	54.80	118%	1
100m	, 2010 (14)	13.	1:20.83	348	1:17.00	91%	-
200m		7.	2:55.49	365	2:46.70	90%	
200m		20.	2:44.98	329	2:42.30	97%	
100m	, 2013 (11)	65.	1:39.67	103	1:30.90	83%	-
50m		27.	49.64	106	42.30	73%	
50m	, 2008 (16)	4.	31.75	545	29.80	88%	-
100m		4.	1:09.41	550	1:06.10	91%	
50m		5.	27.37	538	26.70	95%	
200m		3.	2:17.24	573	2:11.70	92%	
50m	, 2009 (15)	17.	30.91	445	31.00	101%	1
100m		28.	1:12.72	359	1:09.00	90%	1
50m	, 2011 (13)	3.	28.16	409	27.05	92%	-
100m		5.	1:02.34	424	1:02.00	99%	
50m	, 2009 (15)	1.	28.90	541	27.50	91%	12
100m		4.	1:02.87	552	1:01.00	94%	-
200m		4.	2:18.99	522	2:16.00	96%	
50m	, 2009 (15)	2.	24.90	592	25.00	101%	3
50m		2.	30.60	455	28.50	87%	
50m		2.	31.85	540	30.00	89%	
100m		2.	1:08.92	562	1:09.00	100%	
50m		4.	27.19	549	27.50	102%	
50m	, 2008 (16)	8.	26.07	515	25.50	96%	-
100m		12.	58.37	517	57.00	95%	
50m		4.	27.32	541	27.00	98%	
50m	, 2009 (15)	8.	31.69	458	31.59	99%	1
100m		5.	1:07.95	544	1:09.09	103%	
200m		1.	2:27.23	566	2:26.89	100%	
100m	, 2009 (15)	8.	1:03.86	530	1:04.00	100%	2
100m		4.	1:08.97	574	1:09.20	101%	
200m		5.	2:33.64	514	2:31.70	97%	
100m	, 2009 (15)	12.	1:05.59	490	1:07.00	104%	4
100m		10.	1:12.81	488	1:13.00	101%	
100m		9.	1:21.74	482	1:25.00	108%	
100m		7.	1:12.69	444	1:13.00	101%	
100m	, 2010 (14)	5.	56.26	577	1:04.17	130%	2
200m		4.	2:04.87	545	2:19.82	125%	
1							4
50m	, 2014 (10)	6.	33.26	248	34.50	108%	4
100m		4.	1:13.38	260	1:12.30	97%	
50m		1.	34.24	275	34.27	100%	
100m		1.	1:16.15	273	1:18.09	105%	
200m		1.	2:55.92	246	2:59.68	104%	
1							-

<https://swim4you.ru/>

50

MEGA ARES 21





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ МЭД ВЕЙВ КЛАССИК

7-8 ДЕКАБРЯ 2024 РУЗА 4 ЭТАП



	, 2006 (18)								-
50m		7.	30.63	507	30.50			99%	
200m		2.	2:26.74	572	2:26.08			99%	
"	"								3
	, 2014 (10)								2
400m		9.	6:26.43	225	6:53.00			114%	
50m		6.	44.45	220	44.00			98%	
50m		14.	42.07	195	47.00			125%	
	, 2008 (16)								1
100m		6.	1:01.95	577	1:01.00			97%	
200m		4.	2:17.92	564	2:18.94			101%	
"	"								18
	, 2012 (12)								2
100m		25.	1:08.81	315	1:09.56			102%	
200m		17.	2:29.83	315	2:22.00			90%	
200m		18.	2:48.64	308	2:50.64			102%	
	, 2010 (14)								2
50m		9.	38.25	443	38.88			103%	
100m		11.	1:23.28	456	1:23.94			102%	
	, 2010 (14)								1
50m		4.	32.15	583	32.12			100%	
100m		3.	1:08.88	576	1:09.20			101%	
200m		3.	2:31.70	534	2:28.56			96%	
	, 2013 (11)								2
50m		28.	34.04	333	33.15			95%	
100m		29.	1:13.06	354	1:19.38			118%	
200m		34.	3:10.91	288	3:18.85			108%	
	, 2012 (12)								2
100m		24.	1:08.34	322	1:13.03			114%	
200m		15.	2:28.72	322	2:22.15			91%	
200m		25.	2:56.70	268	3:15.67			123%	
	, 2011 (13)								-
100m		6.	1:02.91	555	1:01.00			94%	
200m		3.	2:16.20	568	2:14.00			97%	
100m		4.	1:12.41	496	1:12.00			99%	
200m		3.	2:34.36	507	2:28.00			92%	
	, 2012 (12)								1
100m		23.	1:23.77	320	1:23.60			100%	
100m		24.	1:38.81	273	1:37.47			97%	
200m		25.	3:02.87	328	3:10.44			108%	
	, 2010 (14)								2
100m		20.	1:07.06	458	1:09.61			108%	
100m		14.	1:15.23	442	1:20.05			113%	
200m		10.	2:42.11	438	2:37.48			94%	
	, 2011 (13)								3
100m		8.	1:20.81	348	1:30.87			126%	
100m		4.	1:09.42	361	1:09.90			101%	
200m		9.	2:39.00	368	3:05.61			136%	
	, 2011 (13)								-
200m		21.	2:33.78	291	2:21.30			84%	
100m		11.	1:17.70	292	1:16.42			97%	
	, 2009 (15)								3
50m		6.	26.10	514	26.71			105%	
100m		8.	56.52	569	58.46			107%	
50m		3.	26.74	577	27.18			103%	
"	"								16
	, 2009 (15)								2
50m		3.	27.90	606	28.10			101%	
100m		2.	1:01.20	603	1:01.50			101%	

<https://swim4you.ru/>

50

MEGA ARES 21





	, 2013 (11),							5
50m		1.	26.54	489	27.50		107%	
100m		1.	57.45	542	59.50		107%	
200m		1.	2:10.40	478	2:13.00		104%	
400m		3.	4:45.39	458	4:45.00		100%	
50m		1.	27.92	507	29.50		112%	
100m		1.	1:04.74	445	1:09.00		114%	
	, 2013 (11),							4
50m		12.	29.46	357	29.71		102%	
400m		6.	4:57.90	403	5:08.00		107%	
50m		2.	32.39	384	31.96		97%	
100m		4.	1:09.88	402	1:10.16		101%	
200m		6.	2:34.47	380	2:36.12		102%	
	, 2011 (13),							3
50m		1.	28.43	572	27.88		96%	
100m		1.	59.66	651	59.79		100%	
50m		1.	30.02	538	30.10		101%	
100m		1.	1:07.19	562	1:07.61		101%	
	, 2014 (10),							2
100m		2.	1:07.19	339	1:06.78		99%	
200m		1.	2:27.67	329	2:42.31		121%	
400m		1.	5:15.19	340	5:15.00		100%	
200m		1.	2:47.54	315	2:54.63		109%	
"	"							2
	, 2011 (13),							1
100m		4.	1:01.20	448	1:01.00		99%	
50m		2.	29.30	439	29.50		101%	
	, 2011 (13),							1
100m		3.	1:10.73	532	1:11.00		101%	
200m		5.	2:35.59	495	2:32.00		95%	
200m		8.	2:39.02	498	2:37.00		97%	
	, 2009 (15),							-
50m		16.	27.38	445	26.00		90%	
100m		10.	1:09.19	414	1:04.40		87%	
	, 2012 (12),							-
200m		10.	3:19.99	247	2:59.00		80%	
"	"							7
	, 2009 (15),							1
100m		13.	58.24	520	57.30		97%	
200m		14.	2:10.85	473	2:10.00		99%	
50m		2.	26.58	588	26.60		100%	
	, 2010 (14),							2
50m		9.	29.10	534	28.60		97%	
100m		10.	1:04.16	523	1:04.70		102%	
50m		10.	31.95	447	32.50		103%	
	, 2010 (14),							3
100m		26.	1:09.96	403	1:11.11		103%	
200m		15.	2:34.35	390	2:39.50		107%	
100m		21.	1:23.01	329	1:25.00		105%	
	, 2010 (14),							1
50m		5.	28.50	568	28.50		100%	
100m		4.	1:02.38	569	1:01.50		97%	
200m		3.	2:16.86	560	2:16.00		99%	
50m		6.	30.95	491	30.40		96%	
100m		4.	1:07.60	552	1:07.00		98%	
200m		2.	2:35.57	480	2:36.00		101%	
	, 2010 (14),							-
50m		17.	27.39	444	26.70		95%	
100m		15.	58.69	508	57.30		95%	
50m		11.	29.12	447	27.03		86%	
100m		6.	1:05.76	425	1:03.00		92%	
"	"							2

<https://swim4you.ru/>





	, 2014 (10),							2
50m		5.	33.70	343	34.00		102%	
50m		2.	38.11	350	37.00		94%	
50m		2.	35.92	314	37.50		109%	
"	"	-						-
	, 2012 (12),							-
50m		7.	28.78	383	28.50		98%	
200m		6.	2:18.88	396	2:14.00		93%	
200m		4.	2:31.93	399	2:27.00		94%	
200m		1.	2:37.33	344	2:30.00		91%	
200m		4.	2:32.23	419	2:27.00		93%	
"	"	-						-
	, 2010 (14),							-
100m		10.	1:20.15	331	1:20.00		100%	
200m		7.	3:25.95	206	3:18.00		92%	
"	"	-						-
	, 2008 (16),							14
100m		14.	58.89	503	1:00.77		106%	3
50m		7.	30.27	470	30.46		101%	
100m		8.	1:04.93	501	1:05.68		102%	
	, 2008 (16),							-
50m		3.	28.32	579	27.50		94%	
100m		4.	1:00.44	626	59.80		98%	
100m		1.	1:07.60	609	1:06.00		95%	
50m		2.	29.59	562	29.00		96%	
	, 2011 (13),							2
100m		5.	1:02.61	563	1:03.50		103%	
200m		8.	2:20.62	516	2:20.00		99%	
50m		12.	33.97	371	34.10		101%	
	, 2007 (17),							-
50m		3.	36.28	519	35.53		96%	
200m		3.	2:39.08	498	2:37.70		98%	
	, 2010 (14),							2
50m		20.	27.69	430	28.60		107%	
200m		12.	2:31.46	426	2:33.00		102%	
	, 2009 (15),							1
200m		3.	2:18.97	522	2:18.00		99%	
200m		3.	2:17.95	564	2:22.00		106%	
	, 2007 (17),							-
200m		5.	2:04.31	552	2:02.00		96%	
400m		2.	4:23.58	582	4:22.00		99%	
	, 2007 (17),							-
50m		1.	35.07	574	33.93		94%	
100m		1.	1:19.70	520	1:17.45		94%	
	, 2007 (17),							-
100m		10.	1:03.60	537	1:01.13		92%	
50m		3.	33.20	529	31.85		92%	
	, 2009 (15),							1
100m		2.	1:07.00	626	1:07.86		103%	
	, 2013 (11),							-
50m		3.	36.96	491	35.98		95%	
100m		2.	1:20.97	496	1:19.88		97%	
200m		2.	2:55.99	477	2:55.22		99%	
	, 2011 (13),							1
100m		3.	1:02.36	570	1:02.50		100%	
200m		5.	2:17.98	547	2:16.50		98%	
400m		5.	4:52.22	522	4:47.00		96%	
200m		4.	2:35.71	531	2:32.70		96%	

<https://swim4you.ru/>





	, 2007 (17) ,										
50m		3.	27.60	621	27.50		99%				
100m		3.	59.33	657	58.50		97%				
200m		2.	2:08.90	654	2:08.00		99%				
	, 2008 (16) ,										1
50m		1.	24.70	606	24.09		95%				
100m		4.	59.82	564	1:00.00		101%				
	, 2007 (17) ,										3
50m		3.	24.80	599	25.00		102%				
50m		2.	27.14	653	27.50		103%				
100m		1.	58.06	701	58.50		102%				
	, 2009 (15) ,										4
200m		3.	2:04.12	554	2:09.23		108%				
50m		5.	27.61	524	27.84		102%				
100m		2.	1:00.38	549	1:00.50		100%				
200m		1.	2:19.79	491	2:21.23		102%				
	, 2008 (16) ,										3
50m		1.	27.37	641	27.72		103%				
100m		3.	59.35	661	59.90		102%				
200m		3.	2:10.16	651	2:11.00		101%				
50m		5.	30.30	524	29.80		97%				
	, 2014 (10) ,										1
50m		29.	39.96	143	32.00		64%				
100m		8.	1:27.37	205	1:30.00		106%				
	, 2011 (13) ,										1
400m		8.	4:58.99	398	4:55.00		97%				
100m		7.	1:13.85	300	1:13.99		100%				
	, 2013 (11) ,										1
400m		25.	5:37.25	339	5:40.00		102%				
e	, 2011 (13) ,										2
200m		1.	2:13.68	601	2:15.16		102%				
50m		4.	31.70	457	31.48		99%				
200m		2.	2:44.99	402	2:45.00		100%				
200m		1.	2:33.00	560	2:32.00		99%				
	, 2011 (13) ,										1
50m		2.	34.02	492	34.96		106%				
100m		6.	1:13.11	482	1:12.89		99%				
200m		6.	2:36.44	487	2:33.00		96%				
200m		6.	2:36.55	522	2:35.59		99%				
	, 2010 (14) ,										-
50m		WDR	-	-	28.65		-				
100m		WDR	-	-	1:02.64		-				
200m		WDR	-	-	2:18.00		-				
50m		WDR	-	-	31.05		-				
"	"										6
	, 2008 (16) ,										3
50m		5.	30.40	468	31.00		104%				
100m		12.	1:05.65	488	1:04.00		95%				
50m		8.	31.10	484	34.00		120%				
200m		4.	2:45.78	440	2:49.00		104%				
	, 2009 (15) ,										3
50m		4.	35.99	531	37.00		106%				
100m		8.	1:21.48	487	1:22.00		101%				
200m		6.	2:58.30	459	3:05.00		108%				
	, 2014 (10) ,										4
400m		6.	5:38.78	274	5:40.00		101%				
50m		2.	42.45	228	41.96		98%				
50m		5.	36.52	226	35.00		92%				
100m		3.	1:21.02	227	1:21.03		100%				

<https://swim4you.ru/>





	, 2007 (17) ,								2
50m		5.	25.14	575	24.90			98%	
100m		2.	54.74	627	54.90			101%	
200m		4.	2:02.93	571	2:06.00			105%	
	, 2010 (14) ,								5
50m		2.	31.23	636	30.00			92%	-
50m		5.	30.07	536	29.00			93%	-
	, 2011 (13) ,								-
100m		7.	1:13.90	466	1:10.00			90%	-
200m		10.	2:48.83	416	2:44.00			94%	-
	, 2011 (13) ,								-
200m		10.	2:27.63	446	2:24.00			95%	-
100m		2.	1:12.31	451	1:11.50			98%	-
	, 2014 (10) ,								-
100m		WDR	-	-	1:20.00			-	-
200m		WDR	-	-	3:11.00			-	-
100m		WDR	-	-	1:45.00			-	-
200m		WDR	-	-	3:15.00			-	-
	, 2014 (10) ,								-
100m		14.	1:21.63	254	1:18.00			91%	-
100m		5.	1:27.85	277	1:25.00			94%	-
200m		3.	3:04.82	295	3:01.00			96%	-
	, 2014 (10) ,								4
200m		5.	2:50.70	288	3:03.00			115%	-
50m		5.	36.49	300	37.00			103%	-
100m		3.	1:24.35	284	1:26.00			104%	-
200m		2.	3:13.41	249	3:17.00			104%	-
	, 2012 (12) ,								1
200m		20.	2:33.06	295	2:33.00			100%	-
100m		11.	1:20.22	234	1:24.00			110%	-
	, 2015 (9) ,								-
100m		17.	1:32.63	173	1:30.00			94%	-
100m		15.	1:54.71	174	1:48.00			89%	-
200m		10.	4:03.15	181	3:40.00			82%	-
200m		19.	3:51.99	160	3:35.00			86%	-
	, 2011 (13) ,								-
50m		4.	38.54	433	36.70			91%	-
200m		10.	3:07.90	392	3:02.00			94%	-
	, 2014 (10) ,								8
100m		3.	1:11.12	384	1:14.00			108%	4
400m		4.	5:53.78	294	5:54.00			100%	
50m		3.	36.32	304	34.00			88%	
100m		1.	1:19.73	336	1:22.00			106%	
200m		1.	2:56.36	365	3:00.00			104%	
	, 2015 (9) ,								4
50m		6.	34.11	331	34.00			99%	
100m		8.	1:15.87	316	1:18.00			106%	
50m		10.	45.56	262	49.00			116%	
50m		4.	36.39	302	38.00			109%	
200m		6.	3:06.33	310	3:26.00			122%	
	, 2008 (16) ,								89
50m		4.	30.13	481	29.77			98%	1
100m		11.	1:04.39	517	1:04.50			100%	
200m		7.	2:23.02	491	2:19.47			95%	
400m		5.	5:00.86	478	4:59.99			99%	

<https://swim4you.ru/>



	, 2012 (12),								2
50m		15.	40.40	198	41.05		103%		
50m		27.	38.81	188	40.95		111%		
	, 2010 (14),								3
200m		34.	2:40.89	254	2:59.00		124%		
400m		22.	5:41.86	266	6:03.00		113%		
50m		16.	39.72	278	44.52		126%		
	, 2006 (18),								-
100m		WDR		-	58.50		-		
200m		WDR		-	2:06.00		-		
400m		WDR		-	4:29.00		-		
	, 2015 (9),								2
100m		24.	1:26.17	160	1:31.52		113%		
50m		21.	46.27	111	46.77		102%		
	, 2014 (10),								2
50m		37.	41.53	127	48.49		136%		
100m		18.	1:44.40	120	1:52.03		115%		
	, 2013 (11),								4
100m		42.	1:19.27	277	1:19.46		100%		
100m		27.	1:28.32	273	1:28.67		101%		
50m		27.	37.79	270	39.00		107%		
200m		32.	3:09.39	295	3:14.05		105%		
	, 2010 (14),								2
50m		15.	30.43	467	31.30		106%		
50m		9.	31.86	450	32.80		106%		
	, 2010 (14),								-
50m		2.	27.12	659	26.05		92%		
50m		1.	30.86	659	30.05		95%		
200m		1.	2:19.45	688	2:18.05		98%		
100m		1.	1:04.10	648	1:04.05		100%		
	, 2008 (16),								2
100m		1.	58.30	697	59.00		102%		
200m		1.	2:07.34	696	2:08.00		101%		
400m		1.	4:25.18	699	4:25.00		100%		
	, 2011 (13),								1
50m		15.	31.22	432	33.05		112%		
50m		8.	35.29	440	35.00		98%		
100m		5.	1:13.06	483	1:12.55		99%		
200m		7.	2:37.25	480	2:35.02		97%		
	, 2014 (10),								2
100m		21.	1:42.37	128	2:01.00		140%		
50m		21.	57.00	78	1:01.00		115%		
	, 2012 (12),								3
100m		37.	1:12.83	266	1:14.00		103%		
400m		17.	5:17.54	332	5:43.00		117%		
200m		17.	2:48.40	310	3:07.00		123%		
	, 2009 (15),								4
50m		16.	30.88	446	31.70		105%		
100m		18.	1:06.77	464	1:07.00		101%		
200m		7.	2:21.78	504	2:25.00		105%		
400m		5.	4:53.32	516	4:56.44		102%		
	, 2010 (14),								2
50m		22.	28.66	388	30.00		110%		
200m		16.	2:12.46	456	2:10.00		96%		
50m		14.	30.03	407	30.40		102%		
200m		3.	2:27.15	421	2:18.00		88%		
	, 2014 (10),								-
100m		14.	1:39.80	138	1:00.00		36%		
	, 2009 (15),								3
100m		23.	59.66	484	1:01.00		105%		
50m		6.	27.75	516	28.50		105%		
200m		9.	2:25.49	481	2:28.00		103%		





	, 2013 (11),								4
50m		11.	41.28	352	42.00			104%	
100m		8.	1:28.49	380	1:30.00			103%	
200m		8.	3:03.40	421	3:10.00			107%	
50m		17.	35.19	334	42.00			142%	
	, 2014 (10),								2
100m		12.	1:16.38	230	1:22.44			116%	
400m		9.	5:46.91	255	6:06.03			111%	
	, 2011 (13),								-
50m		4.	28.32	402	27.97			98%	
50m		7.	31.04	369	30.22			95%	
	, 2009 (15),								1
100m		38.	1:03.53	401	1:03.16			99%	
400m		12.	4:41.50	477	4:44.00			102%	
	, 2009 (15),								2
100m		5.	1:04.52	511	1:06.00			105%	
200m		2.	2:17.01	545	2:19.00			103%	
200m		2.	2:24.41	446	2:22.30			97%	
200m		6.	2:22.68	510	2:22.00			99%	
	, 2009 (15),								-
400m		18.	4:56.99	406	4:45.00			92%	
200m		16.	2:36.00	390	2:30.00			92%	
	, 2009 (15),								-
100m		5.	1:11.96	493	1:09.00			92%	
200m		1.	2:33.85	542	2:30.00			95%	
	, 2009 (15),								2
50m		9.	26.55	488	26.24			98%	
400m		2.	4:24.35	576	4:27.00			102%	
200m		2.	2:16.86	577	2:18.76			103%	
	, 2014 (10),								1
100m		16.	1:40.89	133	1:47.46			113%	
50m		23.	48.78	95	48.41			98%	
	, 2015 (9),								2
50m		28.	50.40	102	53.81			114%	
100m		20.	1:44.56	120	1:57.20			126%	
	, 2010 (14),								2
50m		10.	29.16	530	29.33			101%	
100m		5.	1:02.65	562	1:02.23			99%	
200m		1.	2:13.10	609	2:13.00			100%	
400m		1.	4:32.86	641	4:34.30			101%	
	, 2009 (15),								2
400m		13.	5:18.52	403	5:40.08			114%	
50m		22.	36.07	310	38.75			115%	
200m		16.	2:58.12	354	2:55.70			97%	
	, 2008 (16),								-
400m		2.	4:26.33	690	4:22.96			97%	
200m		1.	2:23.48	611	2:21.08			97%	
200m		1.	2:22.54	692	2:19.11			95%	
	, 2009 (15),								4
50m		7.	26.27	504	27.00			106%	
100m		4.	56.03	584	57.70			106%	
200m		1.	2:02.92	571	2:08.50			109%	
400m		6.	4:31.92	530	4:36.00			103%	
	, 2015 (9),								2
50m		40.	43.75	109	52.11			142%	
50m		30.	52.71	89	56.73			116%	
	, 2013 (11),								2
400m		31.	6:04.24	220	6:40.00			121%	
200m		37.	3:18.63	189	3:19.79			101%	
	, 2015 (9),								2
100m		20.	1:41.86	130	1:43.28			103%	
100m		12.	1:51.19	137	1:56.10			109%	

<https://swim4you.ru/>





	, 2012 (12),								2
50m		6.	34.99	452	35.80			105%	
100m		9.	1:15.93	430	1:17.52			104%	
200m		9.	2:42.70	433	2:40.27			97%	
	, 2010 (14),								-
50m		5.	36.35	516	35.93			98%	
100m		12.	1:23.37	455	1:21.99			97%	
200m		7.	3:06.02	404	3:01.82			96%	
	, 2012 (12),								4
50m		5.	29.10	534	31.00			113%	
400m		6.	4:57.63	494	5:00.00			102%	
50m		3.	31.62	461	33.00			109%	
100m		3.	1:12.50	448	1:14.00			104%	
	, 2012 (12),								4
100m		19.	1:06.80	345	1:07.49			102%	
200m		12.	2:25.34	345	2:33.10			111%	
400m		13.	5:06.40	370	5:12.00			104%	
100m		10.	1:18.26	252	1:18.38			100%	
	, 2014 (10),								2
100m		35.	1:37.64	110	2:00.50			152%	
50m		29.	50.89	99	56.60			124%	
	, 2012 (12),								2
50m		30.	34.99	213	38.42			121%	
100m		57.	1:20.72	195	1:29.08			122%	
	, 2009 (15),								1
100m		1.	1:13.03	677	1:12.00			97%	
200m		1.	2:37.46	666	2:44.94			110%	
	, 2010 (14),								-
50m		6.	37.31	477	37.00			98%	
100m		6.	1:20.48	505	1:20.00			99%	
50m		15.	33.29	395	31.30			88%	
200m		7.	2:39.95	490	2:37.61			97%	
	, 2011 (13),								-
50m		9.	29.67	503	29.00			96%	
100m		2.	1:10.25	543	1:09.56			98%	
200m		2.	2:33.04	520	2:29.44			95%	
	, 2013 (11),								1
100m		35.	1:11.72	278	1:12.00			101%	
200m		24.	2:56.38	270	2:51.00			94%	
	, 2013 (11),								2
200m		20.	2:37.15	370	2:39.39			103%	
50m		23.	35.81	317	34.86			95%	
100m		5.	1:16.49	381	1:16.68			100%	
200m		3.	2:51.96	355	2:51.61			100%	
	, 2008 (16),								-
100m		7.	1:02.56	564	1:00.71			94%	
200m		6.	2:19.82	525	2:13.50			91%	
	, 2010 (14),								2
50m		8.	38.14	446	38.50			102%	
100m		10.	1:23.15	458	1:20.00			93%	
200m		5.	2:55.22	483	2:55.40			100%	
50m		23.	36.09	310	36.00			100%	
	, 2008 (16),								4
100m		4.	56.47	571	56.59			100%	
200m		2.	2:00.27	609	2:02.97			105%	
400m		1.	4:15.04	642	4:18.52			103%	
100m		5.	1:02.41	497	1:03.32			103%	
	, 2011 (13),								-
50m		10.	30.23	476	30.06			99%	
100m		13.	1:05.82	484	1:05.02			98%	
200m		6.	2:20.11	522	2:18.00			97%	
400m		1.	4:44.38	567	4:43.50			99%	
	, 2010 (14),								-
400m		15.	4:46.91	451	4:40.00			95%	
100m		8.	1:07.92	385	1:05.00			92%	

<https://swim4you.ru/>

50

MEGA ARES 21



	, 2009 (15),								
50m		6.	28.61	561	28.53		99%		-
50m		3.	31.80	602	31.12		96%		
100m		1.	1:06.75	633	1:06.44		99%		
200m		2.	2:29.02	564	2:26.16		96%		
	, 2015 (9),								4
100m		36.	1:38.58	107	1:45.95		116%		
200m		26.	3:24.12	124	3:24.82		101%		
50m		26.	49.71	106	54.69		121%		
50m		25.	53.86	70	56.03		108%		
	, 2014 (10),								1
50m		7.	34.38	323	34.00		98%		1
200m		3.	2:59.80	345	3:00.00		100%		
	, 2011 (13),								-
200m		1.	2:29.98	535	2:28.00		97%		
	, 2013 (11),								1
100m		12.	1:05.55	490	1:06.00		101%		1
50m		5.	34.61	467	33.00		91%		
4									4
	, 2013 (11),								1
400m		22.	5:32.88	353	5:25.00		95%		
100m		18.	1:19.58	373	1:20.05		101%		
50m		9.	32.84	411	32.77		100%		
200m		13.	2:54.39	378	2:48.99		94%		
	, 2013 (11),								2
50m		22.	31.83	408	31.95		101%		
100m		24.	1:11.03	385	1:07.75		91%		
200m		13.	2:32.67	403	2:39.00		108%		
50m		13.	34.05	369	33.25		95%		
	, 2013 (11),								-
50m		7.	39.56	400	37.49		90%		
100m		3.	1:21.77	482	1:20.67		97%		
200m		4.	2:58.29	459	2:54.80		96%		
50m		14.	34.26	362	33.00		93%		
	, 2015 (9),								-
50m		9.	49.07	147	48.00		96%		
100m		11.	1:50.78	135	1:40.00		81%		
	, 2012 (12),								1
50m		19.	31.71	412	31.15		96%		
200m		15.	2:33.35	398	2:36.00		103%		
50m		18.	38.44	341	38.00		98%		
50m		28.	38.01	265	37.00		95%		
	, 2011 (13),								7
200m		37.	3:33.45	147	3:24.00		91%		-
50m		38.	46.04	149	44.00		91%		
	, 2014 (10),								-
100m		17.	1:57.47	113	1:39.00		71%		
200m		14.	3:29.26	161	3:25.00		96%		
	, 2015 (9),								1
100m		16.	1:57.32	113	1:47.00		83%		
200m		7.	3:59.40	143	4:05.00		105%		
	, 2015 (9),								1
50m		19.	47.87	132	51.00		114%		
	, 2011 (13),								2
200m		18.	2:59.86	320	3:20.00		124%		
200m		29.	3:06.24	310	3:30.00		127%		

<https://swim4you.ru/>





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
МЭД ВЕЙВ КЛАССИК

7-8 ДЕКАБРЯ 2024
РУЗА 4 ЭТАП



	, 2012 (12),									
200m		36.	3:21.28	176	3:20.00		99%			
50m		31.	50.95	187	50.00		96%			
	, 2014 (10),									2
50m		21.	55.21	147	56.00		103%			
50m		20.	48.78	125	49.00		101%			
	, 2013 (11),									1
200m		42.	3:18.26	136	3:25.00		107%			
100m		33.	1:59.90	106	1:50.00		84%			
	, 2011 (13),									
100m		27.	1:40.43	181	1:39.00		97%			
200m		38.	3:22.41	178	3:21.00		99%			
	, 2012 (12),									
400m		30.	5:46.95	312	5:32.05		92%			
50m		8.	35.29	440	34.87		98%			
"	"									
	, 2014 (10),									
50m		2.	32.57	264	31.05		91%			
200m		6.	2:40.39	257	2:40.00		100%			
50m		3.	44.32	200	42.05		90%			
"	"									15
	, 2010 (14),									
100m		9.	57.58	539	57.00		98%			
200m		6.	2:29.18	422	2:20.00		88%			
	, 2010 (14),									
400m		17.	5:46.91	312	5:20.00		85%			
200m		10.	3:26.23	296	3:02.00		78%			
	, 2015 (9),									
200m		9.	2:46.31	230	2:45.00		98%			
400m		11.	5:50.76	246	5:50.00		100%			
200m		4.	2:59.48	242	2:56.00		96%			
	, 2014 (10),									
100m		10.	1:14.83	245	1:10.00		88%			
200m		10.	2:46.86	228	2:30.00		81%			
50m		8.	37.28	213	35.00		88%			
	, 2008 (16),									1
100m		15.	59.13	497	1:00.00		103%			
200m		8.	2:11.04	471	2:09.00		97%			
	, 2009 (15),									1
100m		12.	1:20.72	349	1:21.00		101%			
200m		8.	2:58.54	347	2:57.00		98%			
	, 2010 (14),									
200m		26.	2:27.31	331	2:15.00		84%			
100m		17.	1:26.15	287	1:25.00		97%			
	, 2010 (14),									2
50m		23.	28.84	381	29.00		101%			
100m		40.	1:04.83	377	1:04.50		99%			
100m		11.	1:10.90	385	1:16.00		115%			
	, 2008 (16),									
50m		11.	27.00	464	26.07		93%			
100m		17.	59.82	480	57.09		91%			
50m		7.	32.94	488	32.04		95%			
100m		8.	1:12.81	476	1:09.01		90%			
	, 2010 (14),									4
50m		13.	26.70	480	27.60		107%			
100m		26.	1:00.02	475	1:03.00		110%			
50m		5.	33.18	478	33.54		102%			
100m		8.	1:13.12	470	1:15.00		105%			

<https://swim4you.ru/>

50

MEGA ARES 21





	, 2010 (14)								1
100m		48.	1:07.91	328	1:04.00		89%		
200m		27.	2:27.97	327	2:18.00		87%		
50m		20.	31.56	351	32.00		103%		
	, 2011 (13)								-
200m		2.	2:14.19	439	2:10.00		94%		
400m		1.	4:37.93	496	4:20.00		88%		
100m		8.	1:13.88	299	1:10.00		90%		
	, 2006 (18)								-
50m		5.	31.97	534	31.10		95%		
100m		5.	1:09.48	548	1:09.00		99%		
200m		3.	2:32.59	556	2:28.00		94%		
	, 2011 (13)								-
50m		WDR		-	35.03		-		
100m		WDR		-	1:30.01		-		
	, 2009 (15)								-
100m		50.	1:08.91	314	1:08.00		97%		
200m		31.	2:38.15	268	2:25.00		84%		
	, 2010 (14)								-
200m		32.	2:39.45	261	2:30.00		88%		
400m		21.	5:39.61	272	5:15.00		86%		
	, 2014 (10)								1
50m		13.	35.31	207	33.00		87%		
50m		2.	37.25	252	36.00		93%		
100m		2.	1:19.80	270	1:22.00		106%		
	, 2009 (15)								3
100m		35.	1:02.03	431	1:05.10		110%		
50m		18.	30.86	375	33.00		114%		
200m		19.	2:39.60	364	2:44.03		106%		
	, 2011 (13)								1
50m		20.	35.53	325	34.00		92%		
100m		8.	1:19.49	339	1:20.00		101%		
	, 2010 (14)								1
100m		33.	1:01.57	440	1:02.00		101%		
200m		21.	2:18.09	403	2:15.00		96%		
"	"								14
	, 2011 (13)								-
100m		17.	1:28.48	265	1:25.00		92%		
50m		13.	33.29	299	31.00		87%		
	, 2011 (13)								1
100m		9.	1:22.98	322	1:20.00		93%		
50m		4.	30.75	379	31.00		102%		
	, 2013 (11)								-
50m		28.	48.18	221	48.00		99%		
200m		27.	3:55.78	198	3:40.00		87%		
	, 2012 (12)								4
50m		23.	44.86	274	45.00		101%		
100m		19.	1:36.22	296	1:40.00		108%		
200m		18.	3:23.61	308	3:30.00		106%		
50m		33.	39.92	229	38.00		91%		
100m		14.	1:39.30	174	1:33.00		88%		
200m		5.	3:33.98	184	3:55.00		121%		
	, 2014 (10)								2
50m		16.	50.56	191	53.00		110%		
100m		7.	1:48.19	134	1:53.00		109%		
	, 2012 (12)								2
100m		14.	1:27.66	273	1:31.00		108%		
50m		24.	36.65	224	40.00		119%		
	, 2015 (9)								2
50m		36.	41.37	129	44.00		113%		
100m		7.	1:47.49	97	1:49.00		103%		

<https://swim4you.ru/>



	, 2015 (9)								2
50m		14.	51.35	129	53.00			107%	
200m		8.	4:03.28	137	4:06.00			102%	
	, 2010 (14)								1
200m		30.	2:31.49	305	2:25.00			92%	
50m		25.	32.50	321	31.00			91%	
100m		10.	1:11.93	324	1:12.00			100%	
200m		4.	2:47.04	288	2:40.00			92%	
	, 2011 (13)								14
50m		8.	31.07	368	31.70			104%	2
100m		3.	1:08.96	368	1:10.10			103%	
200m		2.	2:41.23	320	2:40.00			98%	
	, 2011 (13)								2
100m		10.	1:05.00	374	1:03.90			97%	
50m		3.	32.71	373	33.00			102%	
100m		5.	1:10.95	384	1:12.60			105%	
	, 2009 (15)								-
100m		11.	1:19.19	370	1:14.70			89%	
200m		13.	2:32.19	420	2:24.40			90%	
	, 2010 (14)								-
200m		11.	2:42.12	438	2:36.00			93%	
50m		12.	32.42	427	32.15			98%	
200m		12.	2:46.21	436	2:42.00			95%	
	, 2010 (14)								-
100m		6.	1:09.69	504	1:09.10			98%	
200m		4.	2:45.82	396	2:38.00			91%	
	, 2010 (14)								1
50m		9.	34.25	482	33.20			94%	
100m		13.	1:14.00	464	1:14.10			100%	
	, 2008 (16)								2
100m		3.	1:24.60	435	1:25.00			101%	
200m		3.	3:02.06	431	3:03.03			101%	
50m		9.	33.75	379	31.00			84%	
	, 2009 (15)								1
100m		7.	56.44	572	56.80			101%	
50m		7.	34.08	441	33.80			98%	
200m		7.	2:23.75	498	2:22.00			98%	
	, 2010 (14)								1
100m		12.	1:13.96	465	1:14.90			103%	
	, 2008 (16)								3
400m		4.	4:26.32	564	4:15.00			92%	
100m		3.	1:08.95	561	1:09.00			100%	
200m		2.	2:25.79	637	2:27.70			103%	
200m		2.	2:14.97	602	2:15.60			101%	
	, 2009 (15)								-
100m		30.	1:00.48	465	1:00.00			98%	
100m		6.	1:07.08	455	1:06.00			97%	
200m		7.	2:31.05	406	2:20.00			86%	
	, 2009 (15)								-
400m		8.	4:57.22	496	4:44.40			92%	
100m		8.	1:12.17	501	1:09.00			91%	
200m		4.	2:32.77	523	2:31.00			98%	
200m		8.	2:41.16	479	2:36.50			94%	
	, 2014 (10)								2
400m		8.	6:13.92	249	6:45.00			117%	
50m		10.	38.91	247	38.60			98%	
200m		9.	3:10.85	288	3:19.00			109%	
	, 2009 (15)								2
50m		1.	35.14	571	35.00			99%	2
100m		2.	1:15.71	607	1:17.00			103%	

<https://swim4you.ru/>

50

MEGA ARES 21



200m	2.	2:49.30	536	2:51.00	102%	
" "						2
						1
50m	7.	44.20	287	42.51	92%	
200m	4.	3:21.71	317	3:17.03	95%	
50m	7.	37.11	285	36.51	97%	
200m	3.	3:20.09	225	3:26.60	107%	
200m	8.	3:08.16	301	3:00.46	92%	
						-
50m	2.	30.40	622	29.36	93%	
100m	2.	1:05.90	643	1:03.59	93%	
						1
50m	8.	34.41	323	33.00	92%	
100m	2.	1:11.00	386	1:13.15	106%	
200m	3.	2:39.85	351	2:39.14	99%	
400m	2.	5:33.48	351	5:32.93	100%	
200m	4.	3:01.65	334	2:57.27	95%	
						-
200m	29.	2:46.80	309	2:32.50	84%	
100m	11.	1:16.82	415	1:12.67	89%	
200m	10.	2:48.43	390	2:33.63	83%	
						-
						-
50m	19.	46.30	131	46.00	99%	
100m	14.	1:55.33	119	1:50.00	91%	
						-
50m	13.	35.48	292	34.00	92%	
50m	16.	30.69	382	30.00	96%	
" - 98"						17
						-
100m	50.	1:18.33	214	1:18.00	99%	
100m	30.	1:46.97	150	1:45.00	96%	
50m	29.	46.21	111	38.00	68%	
						-
100m	20.	1:29.02	260	1:28.00	98%	
						1
50m	28.	29.81	345	29.00	95%	
100m	46.	1:06.57	348	1:07.50	103%	
						4
50m	3.	33.06	253	33.26	101%	
100m	7.	1:14.00	253	1:16.47	107%	
100m	7.	1:26.27	213	1:32.10	114%	
50m	9.	37.33	212	40.08	115%	
						1
50m	21.	44.63	278	45.00	102%	
100m	21.	1:36.75	291	1:35.00	96%	
						-
100m	31.	1:49.43	140	1:40.00	84%	
						-
100m	62.	1:24.31	171	1:19.00	88%	
50m	28.	46.03	113	39.00	72%	
						-
400m	14.	5:20.45	396	5:15.00	97%	
200m	6.	3:12.57	253	2:50.00	78%	
200m	13.	2:48.45	419	2:45.00	96%	
						-
50m	39.	37.72	245	34.00	81%	
100m	33.	1:39.38	191	1:35.00	91%	

<https://swim4you.ru/>



	, 2014 (10),									
50m		15.	48.16	221	48.00			99%		-
100m		11.	1:48.77	204	1:47.00			97%		
	, 2010 (14),									
50m		20.	31.40	425	29.50			88%		-
200m		11.	2:30.29	423	2:25.00			93%		
50m		13.	37.05	381	35.00			89%		
200m		12.	2:56.18	341	2:45.00			88%		
	, 2013 (11),									1
50m		30.	50.79	189	50.00			97%		
100m		30.	1:48.93	204	1:50.00			102%		
	, 2011 (13),									-
50m		38.	37.04	258	37.00			100%		
50m		24.	46.11	252	41.00			79%		
	, 2010 (14),									2
100m		41.	1:05.62	364	1:06.50			103%		
400m		19.	5:19.11	327	5:05.00			91%		
50m		17.	30.72	380	31.50			105%		
	, 2012 (12),									-
50m		23.	32.92	256	31.40			91%		
100m		43.	1:15.42	239	1:13.00			94%		
50m		19.	49.08	147	45.55			86%		
	, 2014 (10),									-
50m		16.	36.34	190	36.00			98%		
50m		6.	40.47	197	38.00			88%		
50m		8.	48.81	150	47.00			93%		
	, 2014 (10),									2
50m		15.	37.91	241	36.00			90%		
100m		9.	1:43.28	239	1:45.00			103%		
50m		16.	44.19	168	45.00			104%		
200m		16.	3:23.95	236	3:20.00			96%		
	, 2009 (15),									-
50m		27.	29.73	347	29.24			97%		
50m		14.	39.53	282	37.29			89%		
100m		21.	1:28.58	264	1:25.00			92%		
50m		27.	33.36	297	32.00			92%		
	, 2010 (14),									3
100m		14.	1:06.18	477	1:06.90			102%		
50m		11.	32.25	434	33.10			105%		
200m		9.	2:41.34	477	2:42.50			101%		
	, 2011 (13),									1
50m		18.	31.44	423	29.99			91%		
200m		14.	2:33.18	399	2:25.00			90%		
400m		16.	5:30.52	361	4:59.00			82%		
50m		14.	37.49	367	38.00			103%		
	, 2013 (11),									-
50m		20.	50.98	131	48.00			89%		
100m		32.	1:56.91	115	1:50.00			89%		1
	, 2014 (10),									
50m		13.	41.58	202	43.00			107%		
200m		17.	3:31.20	212	3:15.00			85%		
	, 2010 (14),									-
200m		14.	2:33.29	398	NT			-		
400m		16.	5:30.35	361	NT			-		
50m		21.	34.84	344	NT			-		
100m		13.	1:23.47	293	NT			-		
	, 2013 (11),									-
50m		35.	36.21	192	34.00			88%		
100m		31.	1:39.42	139	1:37.00			95%		
	, 2012 (12),									-
400m		23.	5:43.55	262	5:40.00			98%		
200m		30.	3:06.31	229	3:05.00			99%		

<https://swim4you.ru/>



	, 2010 (14) ,								3
50m		32.	32.49	266	33.50		106%		
100m		56.	1:13.92	254	1:17.00		109%		
50m		17.	41.99	236	44.00		110%		
	, 2015 (9) ,								2
50m		20.	44.54	148	43.00		93%		
50m		23.	56.37	138	59.50		111%		
100m		16.	1:57.41	162	2:08.00		119%		
	, 2010 (14) ,								-
50m		11.	29.29	523	29.01		98%		
50m		5.	32.46	566	31.97		97%		
100m		5.	1:11.02	526	1:09.92		97%		
	, 2010 (14) ,								3
50m		34.	32.92	256	34.20		108%		
100m		53.	1:12.72	267	1:15.70		108%		
200m		36.	2:42.51	247	2:45.00		103%		
	, 2011 (13) ,								2
50m		5.	34.79	310	34.50		98%		
50m		5.	35.17	401	35.18		100%		
100m		5.	1:18.41	381	1:19.94		104%		
	, 2012 (12) ,								2
50m		9.	39.72	278	39.00		96%		
100m		12.	1:26.26	286	1:30.17		109%		
50m		18.	33.92	283	36.64		117%		
	, 2010 (14) ,								3
50m		9.	33.48	348	36.08		116%		
100m		15.	1:12.85	355	1:18.15		115%		
200m		8.	2:37.72	357	2:49.80		116%		
	, 2010 (14) ,								3
50m		9.	26.55	488	27.12		104%		
100m		6.	56.34	575	58.74		109%		
200m		5.	2:06.79	520	2:16.12		115%		
	, 2010 (14) ,								2
100m		37.	1:03.43	403	1:05.94		108%		
200m		23.	2:24.43	352	2:28.44		106%		
400m		20.	5:28.86	299	5:25.00		98%		
	, 2014 (10) ,								3
50m		11.	34.75	313	35.94		107%		
100m		7.	1:15.85	316	1:23.03		120%		
100m		4.	1:26.56	290	1:31.00		111%		
	, 2010 (14) ,								2
50m		35.	33.77	237	36.74		118%		
100m		58.	1:16.30	231	1:27.04		130%		
									-
Pike Swim									
									6
	, 2012 (12) ,								3
50m		17.	30.92	309	31.00		101%		
50m		6.	35.55	290	38.00		114%		
200m		14.	2:46.65	320	2:49.00		103%		
	, 2007 (17) ,								-
50m		8.	30.45	462	28.00		85%		
100m		9.	1:05.80	482	1:02.24		89%		
200m		5.	2:25.97	450	2:18.53		90%		
	, 2014 (10) ,								1
50m		23.	46.86	126	45.80		96%		
100m		13.	1:38.88	142	1:36.20		95%		
200m		9.	3:28.62	154	3:30.71		102%		
	, 2012 (12) ,								2
100m		31.	1:10.78	290	1:13.08		107%		
400m		20.	5:33.17	288	5:48.00		109%		



100m	, 2013 (11),	51.	1:23.53	237	1:23.26	99%	-
50m		37.	45.28	157	40.00	78%	
"	"						3
100m	, 2012 (12),	22.	1:23.67	321	1:23.10	99%	1
200m		38.	3:17.26	261	3:18.00	101%	
50m	, 2013 (11),	28.	34.49	222	35.00	103%	2
400m		25.	5:45.63	258	6:00.00	108%	
400m	, 2011 (13),	14.	5:07.31	367	4:54.12	92%	-
200m		10.	2:40.17	360	2:35.26	94%	
100m	, 2014 (10),	7.	1:36.30	210	1:30.10	88%	-
50m		12.	46.53	246	41.20	78%	
200m	, 2014 (10),	3.	3:20.04	325	3:02.12	83%	-
200m		1.	3:05.00	285	3:01.26	96%	
200m		5.	3:05.40	314	3:03.32	98%	