

36
08.12.2024

, 200m

9 - 13

										R.T.	
(9-10)											
1.	50m: 44.37 44.37	2014 III	"	"	100m: 1:34.24 49.87	150m: 2:25.76 51.52	200m: 3:18.01 52.25	+0,59	3:18.01	III	
2.	50m: 49.93 49.93	2014 I			100m: 1:44.81 54.88	150m: 2:38.76 53.95	200m: 3:31.47 52.71	+0,72	3:31.47	I	
3.	50m: 52.58 52.58	2014 I			100m: 1:49.73 57.15	150m: 2:48.14 58.41	200m: 3:43.19 55.05		3:43.19	I	
4.	50m: 50.62 50.62	2015 I			100m: 1:46.64 56.02	150m: 2:46.71 1:00.07	200m: 3:43.62 56.91	+0,78	3:43.62	I	
5.	50m: 52.66 52.66	2015 II		1	100m: 1:49.47 56.81	150m: 2:49.24 59.77	200m: 3:43.64 54.40	+0,60	3:43.64	I	
6.	50m: 52.64 52.64	2014 I	"	"	100m: 1:51.36 58.72	150m: 2:50.29 58.93	200m: 3:44.53 54.24		3:44.53	I	
7.	50m: 54.67 54.67	2015 II			100m: 1:54.05 59.38	150m: 2:58.38 1:04.33	200m: 3:59.40 1:01.02	+0,69	3:59.40	II	
8.	50m: 52.80 52.80	2015 II	"	"	100m: 1:55.35 1:02.55	200m: 4:03.28 2:07.93		+0,48	4:03.28	II	
9.	50m: 56.12 56.12	2015 II		World Swim	100m: 2:01.48 1:05.36	150m: 3:12.30 1:10.82	200m: 4:20.45 1:08.15		4:20.45	II	
(11-13)											
1.	50m: 37.69 37.69	2012 II			100m: 1:18.83 41.14	150m: 2:00.50 41.67	200m: 2:40.66 40.16	+0,54	2:40.66	II	
2.	50m: 36.76 36.76	2011 II			100m: 1:16.91 40.15	150m: 1:58.75 41.84	200m: 2:41.14 42.39	+0,30	2:41.14	II	
3.	50m: 37.59 37.59	2011 II	"	"	100m: 1:20.74 43.15	150m: 2:04.70 43.96	200m: 2:45.77 41.07	+0,55	2:45.77	II	
4.	50m: 37.91 37.91	2011 II	"	"	100m: 1:20.46 42.55	150m: 2:04.16 43.70	200m: 2:47.32 43.16	+0,53	2:47.32	II	
5.	50m: 38.25 38.25	2011 II	"	"	100m: 1:20.61 42.36	150m: 2:04.56 43.95	200m: 2:48.24 43.68	+0,62	2:48.24	II	
6.	50m: 38.66 38.66	2011 III			100m: 1:24.97 46.31	150m: 2:14.14 49.17	200m: 3:02.70 48.56	+0,24	3:02.70	III	
7.	50m: 42.65 42.65	2011 III			100m: 1:29.57 46.92	150m: 2:18.76 49.19	200m: 3:07.04 48.28	+0,58	3:07.04	III	
8.	50m: 42.46 42.46	2011 III			100m: 1:31.58 49.12	150m: 2:22.77 51.19	200m: 3:11.46 48.69	+0,75	3:11.46	III	
9.	50m: 43.30 43.30	2012 III			100m: 1:33.27 49.97	150m: 2:25.18 51.91	200m: 3:16.57 51.39	+0,60	3:16.57	III	
10.	50m: 43.55 43.55	2012 III	"	"	100m: 1:33.24 49.69	150m: 2:27.28 54.04	200m: 3:19.99 52.71	+0,58	3:19.99	III	
11.	50m: 46.99 46.99	2012 I	"	"	100m: 1:37.77 50.78	150m: 2:30.04 52.27	200m: 3:20.57 50.53	+0,67	3:20.57	III	

<https://swim4you.ru/>

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MEGA ARES 21



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ

МЭД ВЕЙВ КЛАССИК

7-8 ДЕКАБРЯ 2024

РУЗА 4 ЭТАП



36, , 200m , (11-13)

										R.T.		
12.			/	2012	I	"	"			+0,76	3:26.10	I
	50m:	47.42	47.42	100m:	1:40.71	53.29	150m:	2:34.20	53.49	200m:	3:26.10	51.90
13.				2013	II					+0,74	3:28.81	I
	50m:	48.27	48.27	100m:	1:41.07	52.80	150m:	2:35.81	54.74	200m:	3:28.81	53.00
14.				2013	II					+0,76	3:47.01	I
	50m:	51.69	51.69	100m:	1:48.78	57.09	150m:	2:48.93	1:00.15	200m:	3:47.01	58.08
DSQ				2011	II	"	"					II
DSQ				2012	I							I
DNS				2013	I							

