



08.12.2024

, 200m

14 - 18

										R.T.		
(14-15)												
1.				2010						+0,23	2:13.10	
	50m:	30.29	30.29	100m:	1:03.39	33.10	150m:	1:38.69	35.30	200m:	2:13.10	34.41
2.				2009						+0,62	2:13.67	
	50m:	30.56	30.56	100m:	1:03.79	33.23	150m:	1:38.41	34.62	200m:	2:13.67	35.26
3.				2010		"	"			+0,44	2:16.86	I
	50m:	33.15	33.15	100m:	1:08.28	35.13	150m:	1:43.38	35.10	200m:	2:16.86	33.48
4.				2009 I						+0,75	2:19.04	I
	50m:	31.46	31.46	100m:	1:05.33	33.87	150m:	1:41.83	36.50	200m:	2:19.04	37.21
5.				2010 I		"	"			+0,29	2:19.07	I
	50m:	31.85	31.85	100m:	1:07.55	35.70	150m:	1:44.24	36.69	200m:	2:19.07	34.83
6.				2010 II		"	"			+0,26	2:20.47	I
	50m:	33.07	33.07	100m:	1:09.28	36.21	150m:	1:45.84	36.56	200m:	2:20.47	34.63
7.				2009 I						+0,58	2:21.78	I
	50m:	33.49	33.49	100m:	1:09.66	36.17	150m:	1:46.12	36.46	200m:	2:21.78	35.66
8.				2010						+0,69	2:21.98	I
	50m:	32.74	32.74	100m:	1:08.63	35.89	150m:	1:46.34	37.71	200m:	2:21.98	35.64
9.				2010 I		"	"			+0,73	2:22.23	I
	50m:	32.93	32.93	100m:	1:08.98	36.05	150m:	1:46.42	37.44	200m:	2:22.23	35.81
10.				2010 I						+0,71	2:27.58	II
	50m:	34.15	34.15	100m:	1:12.13	37.98	150m:	1:51.08	38.95	200m:	2:27.58	36.50
11.				2010 II		"	- 98"			+0,75	2:30.29	II
	50m:	33.70	33.70	100m:	1:11.06	37.36	150m:	1:50.82	39.76	200m:	2:30.29	39.47
12.				2009 I		"	"			+0,64	2:30.41	II
	50m:	33.40	33.40	100m:	1:10.21	36.81	150m:	1:49.82	39.61	200m:	2:30.41	40.59
13.				2010 II		"	"			+0,59	2:30.49	II
	50m:	32.37	32.37	100m:	1:08.89	36.52	150m:	1:47.86	38.97	200m:	2:30.49	42.63
14.				2010 II		"	- 98"			+0,66	2:33.29	II
	50m:	36.65	36.65	100m:	1:15.78	39.13	150m:	1:55.64	39.86	200m:	2:33.29	37.65
15.				2010 III		"	"			+0,74	2:34.35	II
	50m:	33.70	33.70	100m:	1:12.59	38.89	150m:	1:54.40	41.81	200m:	2:34.35	39.95
16.				2010 II		"	"			+0,74	2:36.22	II
	50m:	35.13	35.13	100m:	1:14.38	39.25	150m:	1:56.12	41.74	200m:	2:36.22	40.10
17.				2010 II						+0,75	2:37.38	II
	50m:	35.53	35.53	100m:	1:15.35	39.82	150m:	1:57.87	42.52	200m:	2:37.38	39.51
18.				2009 I		"	"	-		+0,23	2:48.75	III
	50m:	36.47	36.47	100m:	1:18.28	41.81	150m:	2:03.16	44.88	200m:	2:48.75	45.59
DNS				2009 III		"	"	-				
DNS				2009 III								

<https://swim4you.ru/>

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MEGA ARES 21





45, , 200m

(16-18)

1.				2008							+0,64	2:07.34	
	50m:	29.98	29.98	100m:	1:01.96	31.98	150m:	1:34.47	32.51	200m:	2:07.34	32.87	
2.				2006		"		"			+0,36	2:09.88	
	50m:	29.56	29.56	100m:	1:01.93	32.37	150m:	1:35.76	33.83	200m:	2:09.88	34.12	
3.				2008		"		"			+0,56	2:10.16	
	50m:	30.69	30.69	100m:	1:03.99	33.30	150m:	1:38.33	34.34	200m:	2:10.16	31.83	
4.				2008		"		"			+0,58	2:11.39	
	50m:	30.30	30.30	100m:	1:03.32	33.02	150m:	1:38.10	34.78	200m:	2:11.39	33.29	
5.				2008		"		"			+0,36	2:16.26	I
	50m:	31.23	31.23	100m:	1:05.18	33.95	150m:	1:41.13	35.95	200m:	2:16.26	35.13	
6.				2008		"		"			+0,27	2:19.82	I
	50m:	32.34	32.34	100m:	1:07.66	35.32	150m:	1:43.58	35.92	200m:	2:19.82	36.24	
7.				2008 I		"		"			+0,21	2:23.02	I
	50m:	32.32	32.32	100m:	1:08.05	35.73	150m:	1:45.53	37.48	200m:	2:23.02	37.49	