



5
07.12.2024

, 400m

9 - 13

										R.T.		
(9-10)												
1.				2015 I	1					+0,42	5:21.55	II
	50m:	36.40	36.40	150m:	1:58.27	41.66	250m:	3:21.52	41.58	350m:	4:43.64	40.79
	100m:	1:16.61	40.21	200m:	2:39.94	41.67	300m:	4:02.85	41.33	400m:	5:21.55	37.91
2.				2014 III	"	"				+0,67	5:33.48	II
	50m:	36.34	36.34	150m:	2:01.35	43.51	250m:	3:27.65	43.05	350m:	4:53.46	42.63
	100m:	1:17.84	41.50	200m:	2:44.60	43.25	300m:	4:10.83	43.18	400m:	5:33.48	40.02
3.				2014 II		4	-	-		+0,72	5:38.56	II
	50m:	37.31	37.31	150m:	2:03.63	43.71	250m:	3:32.11	44.62	350m:	4:58.03	43.65
	100m:	1:19.92	42.61	200m:	2:47.49	43.86	300m:	4:14.38	42.27	400m:	5:38.56	40.53
4.				2014 III						+0,67	5:53.78	III
	50m:	37.08	37.08	150m:	2:07.48	46.33	250m:	3:41.23	46.99	350m:	5:12.49	45.21
	100m:	1:21.15	44.07	200m:	2:54.24	46.76	300m:	4:27.28	46.05	400m:	5:53.78	41.29
5.				2014 III	"	"				+0,71	6:03.45	III
	50m:	39.63	39.63	150m:	2:11.58	46.04	250m:	3:45.61	46.93	350m:	5:19.41	47.87
	100m:	1:25.54	45.91	200m:	2:58.68	47.10	300m:	4:31.54	45.93	400m:	6:03.45	44.04
6.				2014 III	"	"				+0,71	6:05.81	III
	50m:	38.58	38.58	150m:	2:10.92	47.06	250m:	3:47.85	49.37	350m:	5:22.28	47.23
	100m:	1:23.86	45.28	200m:	2:58.48	47.56	300m:	4:35.05	47.20	400m:	6:05.81	43.53
7.				2014 III	"Mighty Sharks"					+0,76	6:11.24	III
	50m:	39.55	39.55	150m:	2:12.78	47.42	250m:	3:50.00	49.04	350m:	5:26.07	47.70
	100m:	1:25.36	45.81	200m:	3:00.96	48.18	300m:	4:38.37	48.37	400m:	6:11.24	45.17
8.				2014 III	.	-				+0,85	6:13.92	III
	50m:	39.72	39.72	150m:	2:16.19	49.37	250m:	3:54.47	49.37	350m:	5:30.68	46.94
	100m:	1:26.82	47.10	200m:	3:05.10	48.91	300m:	4:43.74	49.27	400m:	6:13.92	43.24
9.				2014 I	"	"				+0,86	6:26.43	I
	50m:	41.15	41.15	150m:	2:21.65	51.28	250m:	4:01.65	50.29	350m:	5:39.90	48.01
	100m:	1:30.37	49.22	200m:	3:11.36	49.71	300m:	4:51.89	50.24	400m:	6:26.43	46.53
10.				2014 I							6:32.80	I
	50m:	41.59	41.59	150m:	2:22.51	51.64	250m:	4:04.11	50.90	350m:	5:43.26	48.24
	100m:	1:30.87	49.28	200m:	3:13.21	50.70	300m:	4:55.02	50.91	400m:	6:32.80	49.54
(11-13)												
1.				2011 I						+0,71	4:44.38	I
	50m:	32.39	32.39	150m:	1:45.00	36.55	250m:	2:57.39	36.44	350m:	4:09.70	36.38
	100m:	1:08.45	36.06	200m:	2:20.95	35.95	300m:	3:33.32	35.93	400m:	4:44.38	34.68
2.				2012 I						+0,67	4:50.93	I
	50m:	31.48	31.48	150m:	1:44.73	37.59	250m:	3:00.32	38.55	350m:	4:15.42	37.64
	100m:	1:07.14	35.66	200m:	2:21.77	37.04	300m:	3:37.78	37.46	400m:	4:50.93	35.51
3.				2011 I	"	"				+0,79	4:51.09	I
	50m:	31.86	31.86	150m:	1:45.71	37.62	250m:	3:01.17	37.67	350m:	4:15.94	37.23
	100m:	1:08.09	36.23	200m:	2:23.50	37.79	300m:	3:38.71	37.54	400m:	4:51.09	35.15
4.				2011 I						+0,64	4:52.19	I
	50m:	33.31	33.31	150m:	1:47.90	37.75	250m:	3:03.65	37.64	350m:	4:18.31	37.08
	100m:	1:10.15	36.84	200m:	2:26.01	38.11	300m:	3:41.23	37.58	400m:	4:52.19	33.88
5.				2011	"	"	"	"		+0,83	4:52.22	I
	50m:	32.84	32.84	150m:	1:47.02	37.49	250m:	3:02.19	37.43	350m:	4:16.92	37.62
	100m:	1:09.53	36.69	200m:	2:24.76	37.74	300m:	3:39.30	37.11	400m:	4:52.22	35.30

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MEGA ARES 21





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
МЭД ВЕЙВ КЛАССИК

7-8 ДЕКАБРЯ 2024
РУЗА 4 ЭТАП



5, , 400m , (11-13)

										R.T.			
6.				2012	I					+0,77	4:57.63		I
	50m:	33.46	33.46	150m:	1:47.36	37.30	250m:	3:03.68	38.39	350m:	4:20.18	38.17	
	100m:	1:10.06	36.60	200m:	2:25.29	37.93	300m:	3:42.01	38.33	400m:	4:57.63	37.45	
7.				2011	I	"	"			+0,86	5:02.23		II
	50m:	33.93	33.93	150m:	1:50.29	38.40	250m:	3:08.08	39.22	350m:	4:25.48	38.75	
	100m:	1:11.89	37.96	200m:	2:28.86	38.57	300m:	3:46.73	38.65	400m:	5:02.23	36.75	
8.				2012	I	"	"			+0,66	5:08.30		II
	50m:	36.24	36.24	150m:	1:56.23	40.18	250m:	3:16.20	40.39	350m:	4:33.45	38.37	
	100m:	1:16.05	39.81	200m:	2:35.81	39.58	300m:	3:55.08	38.88	400m:	5:08.30	34.85	
9.				2012	II	"	"			+0,72	5:13.06		II
	50m:	34.37	34.37	150m:	1:53.16	40.29	250m:	3:14.02	41.06	350m:	4:34.96	40.28	
	100m:	1:12.87	38.50	200m:	2:32.96	39.80	300m:	3:54.68	40.66	400m:	5:13.06	38.10	
10.				2011	II					+0,78	5:13.37		II
	50m:	34.85	34.85	150m:	1:54.51	40.28	250m:	3:14.56	40.50	350m:	4:34.78	39.08	
	100m:	1:14.23	39.38	200m:	2:34.06	39.55	300m:	3:55.70	41.14	400m:	5:13.37	38.59	
11.				2013	II					+0,76	5:13.50		II
	50m:	34.32	34.32	150m:	1:53.54	40.21	250m:	3:14.54	39.55	350m:	4:35.62	40.30	
	100m:	1:13.33	39.01	200m:	2:34.99	41.45	300m:	3:55.32	40.78	400m:	5:13.50	37.88	
12.				2011	II	"	"			+0,92	5:17.05		II
	50m:	34.68	34.68	150m:	1:50.99	39.29	250m:	3:13.33	41.49	350m:	4:36.71	40.78	
	100m:	1:11.70	37.02	200m:	2:31.84	40.85	300m:	3:55.93	42.60	400m:	5:17.05	40.34	
13.				2013	II	"	"				5:29.19		II
	50m:	35.16	35.16	150m:	1:58.21	42.29	250m:	3:24.70	44.00	350m:	4:50.66	43.41	
	100m:	1:15.92	40.76	200m:	2:40.70	42.49	300m:	4:07.25	42.55	400m:	5:29.19	38.53	
14.				2013	II	"	"			+0,81	5:29.70		II
	50m:	36.21	36.21	150m:	2:00.77	43.33	250m:	3:26.33	42.31	350m:	4:51.11	42.48	
	100m:	1:17.44	41.23	200m:	2:44.02	43.25	300m:	4:08.63	42.30	400m:	5:29.70	38.59	
15.				2011	II					+0,70	5:30.07		II
	50m:	37.00	37.00	150m:	1:59.47	42.01	250m:	3:24.42	42.96	350m:	4:49.52	42.94	
	100m:	1:17.46	40.46	200m:	2:41.46	41.99	300m:	4:06.58	42.16	400m:	5:30.07	40.55	
16.				2011	II	"	- 98"			+0,79	5:30.52		II
	50m:	36.58	36.58	150m:	2:00.53	43.24	250m:	3:25.56	42.53	350m:	4:50.55	42.29	
	100m:	1:17.29	40.71	200m:	2:43.03	42.50	300m:	4:08.26	42.70	400m:	5:30.52	39.97	
17.				2012	II					+0,77	5:31.54		II
	50m:	2:00.08	2:00.08	200m:	2:42.72	1:24.95	400m:	5:31.54	1:21.32				
	100m:	1:17.77		300m:	4:10.22	1:27.50							
				2012	II	"	"				5:31.54		II
	50m:	36.08	36.08	150m:	1:57.63	42.12	250m:	3:24.49	43.22	350m:	4:50.29	42.25	
	100m:	1:15.51	39.43	200m:	2:41.27	43.64	300m:	4:08.04	43.55	400m:	5:31.54	41.25	
19.				2011	II	"	"			+0,81	5:31.86		II
	50m:	36.40	36.40	150m:	1:59.79	42.42	250m:	3:25.26	42.47	350m:	4:50.29	42.42	
	100m:	1:17.37	40.97	200m:	2:42.79	43.00	300m:	4:07.87	42.61	400m:	5:31.86	41.57	
				2012	II	"	"			+0,88	5:31.86		II
	50m:	36.27	36.27	150m:	1:59.63	42.20	250m:	3:25.57	43.00	350m:	4:51.65	42.77	
	100m:	1:17.43	41.16	200m:	2:42.57	42.94	300m:	4:08.88	43.31	400m:	5:31.86	40.21	
				2013	III	"	"			+0,79	5:31.86		II
	50m:	35.87	35.87	150m:	1:59.02	42.35	250m:	3:24.41	43.17	350m:	4:50.47	42.82	
	100m:	1:16.67	40.80	200m:	2:41.24	42.22	300m:	4:07.65	43.24	400m:	5:31.86	41.39	
22.				2013	II	4				+0,75	5:32.88		II
	50m:	35.50	35.50	150m:	1:59.53	42.45	250m:	3:26.05	42.48	350m:	4:51.27	41.59	
	100m:	1:17.08	41.58	200m:	2:43.57	44.04	300m:	4:09.68	43.63	400m:	5:32.88	41.61	

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ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
МЭД ВЕЙВ КЛАССИК

7-8 ДЕКАБРЯ 2024
РУЗА 4 ЭТАП



5, , 400m , (11-13)

										R.T.		
23.				2011	II					+0,73	5:33.01	II
	50m:	36.24	36.24	150m:	1:59.18	41.78	250m:	3:25.45	42.83	350m:	4:52.02	43.47
	100m:	1:17.40	41.16	200m:	2:42.62	43.44	300m:	4:08.55	43.10	400m:	5:33.01	40.99
24.				2013	II	"	"			+0,77	5:34.43	II
	50m:	36.28	36.28	150m:	1:59.14	42.26	250m:	3:26.37	43.72	350m:	4:53.05	42.72
	100m:	1:16.88	40.60	200m:	2:42.65	43.51	300m:	4:10.33	43.96	400m:	5:34.43	41.38
25.				2013	II	"	"			+0,70	5:37.25	II
	50m:	35.82	35.82	150m:	2:01.56	44.02	250m:	3:30.24	45.13	350m:	4:58.02	44.11
	100m:	1:17.54	41.72	200m:	2:45.11	43.55	300m:	4:13.91	43.67	400m:	5:37.25	39.23
26.				2011	II	-2				+0,73	5:37.61	II
	50m:	35.89	35.89	150m:	2:00.61	44.00	250m:	3:29.07	44.78	350m:	4:56.22	44.24
	100m:	1:16.61	40.72	200m:	2:44.29	43.68	300m:	4:11.98	42.91	400m:	5:37.61	41.39
27.				2013	II	"	"			+0,75	5:38.34	II
	50m:	36.51	36.51	150m:	2:00.99	42.88	250m:	3:28.90	43.79	350m:	4:56.20	43.49
	100m:	1:18.11	41.60	200m:	2:45.11	44.12	300m:	4:12.71	43.81	400m:	5:38.34	42.14
28.				2013	II	"	"			+0,70	5:42.11	III
	50m:	35.54	35.54	150m:	2:00.81	43.97	250m:	3:30.16	45.47	350m:	4:59.27	44.34
	100m:	1:16.84	41.30	200m:	2:44.69	43.88	300m:	4:14.93	44.77	400m:	5:42.11	42.84
29.				2012	III	"	"	-		+0,78	5:42.35	III
	50m:	37.10	37.10	150m:	2:04.01	44.38	250m:	3:32.60	44.37	350m:	5:00.60	43.61
	100m:	1:19.63	42.53	200m:	2:48.23	44.22	300m:	4:16.99	44.39	400m:	5:42.35	41.75
30.				2012	II					+0,82	5:46.95	III
	50m:	35.65	35.65	150m:	2:02.41	44.09	250m:	3:32.99	45.49	350m:	5:04.55	45.78
	100m:	1:18.32	42.67	200m:	2:47.50	45.09	300m:	4:18.77	45.78	400m:	5:46.95	42.40
31.				2013	II	"	"			+0,78	5:47.87	III
	50m:	36.34	36.34	150m:	2:03.67	44.94	250m:	3:34.93	45.19	350m:	5:05.58	44.92
	100m:	1:18.73	42.39	200m:	2:49.74	46.07	300m:	4:20.66	45.73	400m:	5:47.87	42.29
32.				2013	II	"	"			+0,81	5:51.40	III
	50m:	38.59	38.59	150m:	2:07.39	45.10	250m:	3:38.58	45.78	350m:	5:09.38	44.76
	100m:	1:22.29	43.70	200m:	2:52.80	45.41	300m:	4:24.62	46.04	400m:	5:51.40	42.02
33.				2013	III					+0,60	5:51.72	III
	50m:	38.16	38.16	150m:	2:07.59	45.78	250m:	3:39.69	46.13	350m:	5:09.26	44.28
	100m:	1:21.81	43.65	200m:	2:53.56	45.97	300m:	4:24.98	45.29	400m:	5:51.72	42.46
34.				2013	III						5:54.84	III
	50m:	36.50	36.50	150m:	2:06.02	45.76	250m:	3:38.82	46.38	350m:	5:11.97	46.82
	100m:	1:20.26	43.76	200m:	2:52.44	46.42	300m:	4:25.15	46.33	400m:	5:54.84	42.87
35.				2011	III	"	"			+0,77	6:22.15	III
	50m:	37.43	37.43	150m:	2:09.50	48.37	250m:	3:49.90	50.94	350m:	5:33.13	52.10
	100m:	1:21.13	43.70	200m:	2:58.96	49.46	300m:	4:41.03	51.13	400m:	6:22.15	49.02
DSQ				2013	I	"	"					
DNS				2011	II	"	- 98"					

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