



19

, 400m

14 - 18

24.05.2025 - 15:55

PC 18	4:24.20	RUS	08.02.2025
PC 17	4:30.33	RUS	08.02.2025
PC 16	4:25.18	RUS	07.12.2024
PC 15	4:31.55	RUS	18.11.2023
PC 14	4:29.81	RUS	08.02.2025

14 +: 4:08.04 /	12 +: 4:26.00 /	10 +: 4:41.00 /	I	9 +: 4:59.00 /
II 9 +: 5:40.00 /	III 9 +: 6:24.00 /	I . 8 +: 7:35.00 /		
II . 8 +: 8:46.00 /	III . 8 +: 9:57.00			

<u>1 2</u>					
2	2011	II	"	"	5:30.00
3	2010	II	"	"	5:23.00
4	2011	II			5:10.01
5	2010	II	"	"	5:18.70
6	2011	II			5:25.00
7	2010	II	"	- 98"	5:40.00
<u>2 2</u>					
0	2010	I	"	"	4:57.50
1	2010	I			4:55.65
2	2010	I	"	"	4:50.00
3	2010	I	18		4:49.00
4	2007		"	"	4:24.20
5	2011	I	"	"	4:41.00
6	2010	I	"	"	4:49.39
7	2011	I			4:50.00
8	2008	I	"	"	4:57.06
9	2011	II		1	5:00.00

<https://swim4you.ru/>

ALGE timing

