











5 21.06.2025	, 400m	9 - 13
13 12 11 10 9	4:38.51 RUS 4:37.56 RUS 4:50.64 RUS 5:08.28 RUS 5:21.55 RUS	12.02.2022 10.02.2024 24.05.2025 24.05.2025 07.12.2024
1_5		
0 1 2 3 4 5 6 7 8	15 " " - 15 15 " " . 16 16 14 14 " " - 15 - 16 16 15 " " - 14 SRC	6:45.00 6:40.00 6:27.00 6:23.12 6:17.00 6:18.87 6:25.00 6:30.00 6:45.00 8:20.00
2 5 0 1 2 3 4 5 6 7 8 9	15 16 () 15 3 - 15 " " - 15 " " - 12 15 C " " 14 16 "YouSwim"	6:15.00 6:10.50 6:00.00 6:00.00 5:58.20 6:00.00 6:00.00 6:03.50 6:14.00 6:15.24
3 5 0 1 2 3 4 5 6 7 8 9	14 " "	5:50.00 5:45.00 5:41.00 5:40.00 5:38.00 5:40.00 5:40.00 5:45.00 5:50.00 5:55.00

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Splash Meet Manager, 11.81460

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OMEGA ARES 21



















5,	, 400m

<u> 4 5 </u>		
0	16 " "	5:30.00
1	15 " " .	5:30.00
2 3	15 1	5:25.00
3	12 La Salute	5:20.50
4	14 " " .	5:20.00
5	14 " " .	5:20.00
6	14	5:22.30
7	13 " " .	5:26.70
8	14 " " .	5:30.00
9	12 "	5:35.00
<u>5</u> <u>5</u>		
		0
0	15 1	5:11.56
1	14 -	5:05.58
2	12	5:03.00
3	12 2	4:55.00
4	12 1 "Fitron"	4:48.00
5	13 -	4:51.64
6	13 -70	5:00.00
7	13 2	5:05.00
8		
9	14 12 1	5:10.00 5:14.76

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OMEGA ARES 21



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