



36, , 200m , (10-11)

R.T.

16.			21.01.2015 II	"	"					3:44.81		173	
	50m:	52.03	52.03	100m:	1:51.31	59.28	150m:	2:49.51	58.20	200m:	3:44.81	55.30	
17.			03.08.2015 III	"	"					+0,47	3:45.74		171
	50m:	53.04	53.04	100m:	1:50.37	57.33	150m:	2:48.16	57.79	200m:	3:45.74	57.58	
18.			17.09.2015 I		-					+0,64	3:47.75		167
	50m:	53.22	53.22	100m:	1:52.32	59.10	150m:	2:50.48	58.16	200m:	3:47.75	57.27	
19.			20.07.2016 I	"	"						3:50.09		162
	50m:	55.17	55.17	100m:	1:53.31	58.14	150m:	2:51.58	58.27	200m:	3:50.09	58.51	
20.			10.07.2016 II	"	"						3:53.99		154
	50m:	54.05	54.05	100m:	1:54.25	1:00.20	150m:	2:54.53	1:00.28	200m:	3:53.99	59.46	
21.			17.04.2016 II	"	"					+0,82	4:00.46		142
	50m:	53.42	53.42	100m:	1:55.68	1:02.26	150m:	2:58.95	1:03.27	200m:	4:00.46	1:01.51	
22.			26.01.2016 II	"	"					+0,81	4:01.47		140
	50m:	54.85	54.85	100m:	1:56.05	1:01.20	150m:	2:58.84	1:02.79	200m:	4:01.47	1:02.63	
DSQ			18.05.2016 I	"	"								
DSQ			15.06.2015 II	"	"								

(12-13)

1.			01.02.2013 II		-					+0,74	2:45.18		438
	50m:	37.28	37.28	100m:	1:19.39	42.11	150m:	2:02.29	42.90	200m:	2:45.18	42.89	
2.			20.06.2013 II	"	"					+0,69	2:50.56		398
	50m:	38.49	38.49	100m:	1:22.46	43.97	150m:	2:06.74	44.28	200m:	2:50.56	43.82	
3.			30.12.2013 II	"	"					+0,70	2:54.46		372
	50m:	39.78	39.78	100m:	1:24.55	44.77	150m:	2:10.16	45.61	200m:	2:54.46	44.30	
4.			06.09.2013 III		10 "	"				+0,81	3:00.55		335
	50m:	40.54	40.54	100m:	1:26.29	45.75	150m:	2:13.95	47.66	200m:	3:00.55	46.60	
5.			25.10.2013 II		1					+0,71	3:03.35		320
	50m:	42.96	42.96	100m:	1:29.75	46.79	150m:	2:16.51	46.76	200m:	3:03.35	46.84	
6.			19.08.2014 II		-					+0,71	3:04.16		316
	50m:	41.66	41.66	100m:	1:28.23	46.57	150m:	2:16.11	47.88	200m:	3:04.16	48.05	
7.			20.02.2013 II		-					+0,78	3:05.54		309
	50m:	42.54	42.54	100m:	1:30.80	48.26	150m:	2:19.11	48.31	200m:	3:05.54	46.43	
8.			14.08.2014 III		"	"					3:06.25		305
	50m:	42.97	42.97	100m:	1:30.40	47.43	150m:	2:19.29	48.89	200m:	3:06.25	46.96	
9.			22.03.2013 III		10 "	"				+0,64	3:06.44		304
	50m:	42.24	42.24	100m:	1:30.05	47.81	150m:	2:19.85	49.80	200m:	3:06.44	46.59	
10.			08.08.2013 II	"	"					+0,66	3:06.80		303
	50m:	41.92	41.92	100m:	1:29.03	47.11	150m:	2:18.08	49.05	200m:	3:06.80	48.72	
11.			20.03.2014 III		1					+0,82	3:14.74		267
	50m:	43.41	43.41	100m:	1:33.90	50.49	150m:	2:25.92	52.02	200m:	3:14.74	48.82	
12.			17.03.2014 III	"	"					+0,71	3:15.10		266
	50m:	43.63	43.63	100m:	1:34.68	51.05	150m:	2:25.29	50.61	200m:	3:15.10	49.81	
13.			10.01.2014 I	"	"					+0,68	3:16.75		259
	50m:	46.32	46.32	100m:	1:38.16	51.84	150m:	2:30.10	51.94	200m:	3:16.75	46.65	

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36, , 200m , (12-13)

		/						R.T.			
14.		16.01.2014 III		"	"			3:19.52	III	248	
	50m:	45.58	45.58	100m:	1:36.91	51.33	150m:	2:29.10	52.19	200m:	3:19.52 50.42
15.		18.11.2013 III		10 "	"			+0,76	3:22.38	I	238
	50m:	46.60	46.60	100m:	1:39.99	53.39	150m:	2:32.19	52.20	200m:	3:22.38 50.19
16.		31.10.2013 I						+0,70	3:29.00	I	216
	50m:	47.64	47.64	100m:	1:41.74	54.10	150m:	2:35.92	54.18	200m:	3:29.00 53.08
17.		23.01.2014 I		"	"				3:29.98	I	213
	50m:	48.99	48.99	100m:	1:44.35	55.36	150m:	2:37.89	53.54	200m:	3:29.98 52.09
18.		18.10.2013 III		"	"				3:31.66	I	208
	50m:	49.12	49.12	100m:	1:43.51	54.39	150m:	2:38.09	54.58	200m:	3:31.66 53.57
19.		06.06.2014 II		"	"			+0,98	4:08.08	II	129
	50m:	54.78	54.78	100m:	2:00.09	1:05.31	150m:	3:04.21	1:04.12	200m:	4:08.08 1:03.87
DSQ		05.05.2013 II		"	"						I
DSQ		04.10.2013 I		10 "	"						I

