

45, , 200m , (14-15)

									R.T.				
22.	26.04.2012 II								"	"	+0,93	2:39.73 III	346
	50m:	35.15	35.15	100m:	1:13.13	37.98	150m:	1:57.15	44.02	200m:	2:39.73	42.58	
23.	14.02.2012 II								6 "	"		2:40.88 III	339
	50m:	34.37	34.37	100m:	1:14.94	40.57	150m:	1:58.34	43.40	200m:	2:40.88	42.54	
24.	10.02.2011 III								"	"	+0,67	2:45.76 III	310
	50m:	36.17	36.17	100m:	1:17.37	41.20	150m:	2:00.89	43.52	200m:	2:45.76	44.87	
25.	18.09.2012 I								"	"	+0,83	2:47.06 III	303
	50m:	36.70	36.70	100m:	1:19.04	42.34	150m:	2:03.10	44.06	200m:	2:47.06	43.96	

(16-18)

1.	07.10.2008								"	"	+0,65	2:09.51	650	
	50m:	30.96	30.96	100m:	1:04.75	33.79	150m:	1:37.90	33.15	200m:	2:09.51	31.61		
2.	08.01.2009								"	"	+0,71	2:16.18 I	559	
	50m:	31.46	31.46	100m:	1:05.89	34.43	150m:	1:41.06	35.17	200m:	2:16.18	35.12		
3.	26.08.2010									-	+0,67	2:17.21 I	547	
	50m:	31.61	31.61	100m:	1:06.15	34.54	150m:	1:41.99	35.84	200m:	2:17.21	35.22		
4.	18.05.2010 I								"	"	+0,65	2:18.12 I	536	
	50m:	32.09	32.09	100m:	1:06.75	34.66	150m:	1:42.16	35.41	200m:	2:18.12	35.96		
5.	19.06.2009 I										+0,77	2:19.96 I	515	
	50m:	31.87	31.87	100m:	1:07.07	35.20	150m:	1:43.70	36.63	200m:	2:19.96	36.26		
6.	11.12.2009								"MY CHAMPS"		+0,55	2:21.19 I	502	
	50m:	31.95	31.95	100m:	1:07.81	35.86	150m:	1:44.73	36.92	200m:	2:21.19	36.46		
7.	05.01.2010 I								6 "	"	+0,68	2:22.92 I	484	
	50m:	32.09	32.09	100m:	1:07.94	35.85	150m:	1:45.25	37.31	200m:	2:22.92	37.67		
8.	08.02.2010 I								"	"	+0,74	2:27.96 II	436	
	50m:	32.86	32.86	100m:	1:09.80	36.94	150m:	1:48.88	39.08	200m:	2:27.96	39.08		
9.	22.09.2010 II										+0,70	2:28.90 II	428	
	50m:	34.07	34.07	100m:	1:11.45	37.38	150m:	1:50.85	39.40	200m:	2:28.90	38.05		
10.	10.02.2010 I								"	"	+0,68	2:32.46 II	398	
	50m:	35.73	35.73	100m:	1:15.06	39.33	150m:	1:54.86	39.80	200m:	2:32.46	37.60		
11.	15.10.2010 II								"	"	+0,68	2:33.91 II	387	
	50m:	33.94	33.94	100m:	1:11.84	37.90	150m:	1:53.10	41.26	200m:	2:33.91	40.81		
12.	25.10.2008 II								"MY CHAMPS"		+0,75	2:34.46 II	383	
	50m:	33.82	33.82	100m:	1:13.24	39.42	150m:	1:54.68	41.44	200m:	2:34.46	39.78		
13.	10.12.2010 II										+0,61	2:35.54 II	375	
	50m:	34.21	34.21	100m:	1:14.99	40.78	150m:	1:56.67	41.68	200m:	2:35.54	38.87		
14.	07.07.2008 II								1		+0,68	2:39.98 III	345	
	50m:	35.07	35.07	100m:	1:14.59	39.52	150m:	1:56.55	41.96	200m:	2:39.98	43.43		
15.	11.08.2009 II								"	-70"	"	+0,56	2:40.30 III	343
	50m:	36.95	36.95	100m:	1:17.98	41.03	150m:	1:59.73	41.75	200m:	2:40.30	40.57		

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