



19
 04.04.2026
 : AQUA 2026

, 400m

14 - 18

(14-15)

1.			01.07.2011		19, .				4:42.87	I	567	
	50m:	31.88	31.88	150m:	1:41.82	35.09	250m:	2:53.96	35.97	350m:	4:07.11	36.47
	100m:	1:06.73	34.85	200m:	2:17.99	36.17	300m:	3:30.64	36.68	400m:	4:42.87	35.76
2.			19.01.2011	I	"	"	"	"	4:45.99	I	549	
	50m:	32.13	32.13	150m:	1:43.61	36.16	250m:	2:56.75	36.62	350m:	4:10.83	37.09
	100m:	1:07.45	35.32	200m:	2:20.13	36.52	300m:	3:33.74	36.99	400m:	4:45.99	35.16
3.			05.06.2012	I	"	"	"	"	4:56.82	I	491	
	50m:	33.14	33.14	150m:	1:46.78	36.90	250m:	3:02.15	37.68	350m:	4:18.69	38.23
	100m:	1:09.88	36.74	200m:	2:24.47	37.69	300m:	3:40.46	38.31	400m:	4:56.82	38.13
4.			21.10.2011	I	"	"	"	"	4:57.26	I	488	
	50m:	33.18	33.18	150m:	1:47.80	37.25	250m:	3:03.83	37.91	350m:	4:20.52	37.79
	100m:	1:10.55	37.37	200m:	2:25.92	38.12	300m:	3:42.73	38.90	400m:	4:57.26	36.74
5.			29.05.2012	II	"	"	"	"	5:10.61	II	428	
	50m:	35.09	35.09	150m:	1:53.86	40.00	250m:	3:13.41	39.72	350m:	4:32.44	39.24
	100m:	1:13.86	38.77	200m:	2:33.69	39.83	300m:	3:53.20	39.79	400m:	5:10.61	38.17
6.			29.09.2011	II	"	"	"	"	5:11.13	II	426	
	50m:	34.53	34.53	150m:	1:52.69	39.83	250m:	3:12.15	40.46	350m:	4:32.85	40.67
	100m:	1:12.86	38.33	200m:	2:31.69	39.00	300m:	3:52.18	40.03	400m:	5:11.13	38.28
7.			20.07.2011	II	"	"	"	"	5:15.77	II	407	
	50m:	33.67	33.67	150m:	1:51.01	39.65	250m:	3:12.73	41.28	350m:	4:34.70	41.19
	100m:	1:11.36	37.69	200m:	2:31.45	40.44	300m:	3:53.51	40.78	400m:	5:15.77	41.07
8.			18.05.2011	II	"	"	"	"	5:17.99	II	399	
	50m:	34.54	34.54	150m:	1:54.54	40.75	250m:	3:16.50	40.71	350m:	4:38.77	41.18
	100m:	1:13.79	39.25	200m:	2:35.79	41.25	300m:	3:57.59	41.09	400m:	5:17.99	39.22
9.			01.11.2012	II	"	"	"	"	5:19.86	II	392	
	50m:	34.95	34.95	150m:	1:53.50	39.91	250m:	3:15.98	41.15	350m:	4:39.57	41.46
	100m:	1:13.59	38.64	200m:	2:34.83	41.33	300m:	3:58.11	42.13	400m:	5:19.86	40.29
10.			10.05.2012	II	"	"	"	"	5:22.29	II	383	
	50m:	37.51	37.51	150m:	2:00.20	41.91	250m:	3:23.85	41.82	350m:	4:45.98	40.75
	100m:	1:18.29	40.78	200m:	2:42.03	41.83	300m:	4:05.23	41.38	400m:	5:22.29	36.31
11.			05.07.2012	II	"	"	"	"	5:24.82	II	374	
	50m:	35.78	35.78	150m:	1:57.75	42.03	250m:	3:22.63	42.92	350m:	4:46.74	41.29
	100m:	1:15.72	39.94	200m:	2:39.71	41.96	300m:	4:05.45	42.82	400m:	5:24.82	38.08
12.			17.10.2012	II	"	"	"	"	5:28.15	II	363	
	50m:	34.83	34.83	150m:	1:56.59	42.00	250m:	3:21.07	42.38	350m:	4:47.97	43.69
	100m:	1:14.59	39.76	200m:	2:38.69	42.10	300m:	4:04.28	43.21	400m:	5:28.15	40.18
13.			25.07.2011	II	"	"	"	"	5:30.51	II	355	
	50m:	34.84	34.84	150m:	1:56.99	42.40	250m:	3:23.13	43.39	350m:	4:49.87	43.77
	100m:	1:14.59	39.75	200m:	2:39.74	42.75	300m:	4:06.10	42.97	400m:	5:30.51	40.64
14.			29.08.2012	II	"	"	"	"	5:31.78	II	351	
	50m:	34.43	34.43	150m:	1:55.25	41.40	250m:	3:22.74	44.09	350m:	4:49.92	43.08
	100m:	1:13.85	39.42	200m:	2:38.65	43.40	300m:	4:06.84	44.10	400m:	5:31.78	41.86
15.			19.07.2012	II	"	"	"	"	5:35.02	II	341	
	50m:	36.81	36.81	150m:	2:01.19	43.29	250m:	3:27.29	43.18	350m:	4:54.16	43.55
	100m:	1:17.90	41.09	200m:	2:44.11	42.92	300m:	4:10.61	43.32	400m:	5:35.02	40.86
16.			21.01.2012	II	"	"	"	"	5:38.17	II	332	
	50m:	35.95	35.95	150m:	1:57.80	41.97	250m:	3:26.00	44.59	350m:	4:55.65	45.10
	100m:	1:15.83	39.88	200m:	2:41.41	43.61	300m:	4:10.55	44.55	400m:	5:38.17	42.52
17.			10.11.2012	II	"	"	"	"	5:38.58	II	330	
	50m:	36.34	36.34	150m:	2:00.48	43.23	250m:	3:28.71	43.74	350m:	4:57.23	44.22
	100m:	1:17.25	40.91	200m:	2:44.97	44.49	300m:	4:13.01	44.30	400m:	5:38.58	41.35

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ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
МЭД ВЕЙВ КЛАССИК

4-5 АПРЕЛЯ 2026
МОСКВА 3 ЭТАП



19, , 400m , (14-15)

18.			15.04.2012 II							5:43.76 III	316	
	50m:	35.00	35.00	150m:	1:58.65	43.22	250m:	3:28.69	44.84	350m:	5:00.00	44.78
	100m:	1:15.43	40.43	200m:	2:43.85	45.20	300m:	4:15.22	46.53	400m:	5:43.76	43.76
19.			24.10.2011 II			" "				5:48.28 III	303	
	50m:	38.14	38.14	150m:	2:06.76	45.26	250m:	3:37.67	44.79	350m:	5:07.79	44.73
	100m:	1:21.50	43.36	200m:	2:52.88	46.12	300m:	4:23.06	45.39	400m:	5:48.28	40.49
20.			08.04.2011 III			"Aquarel",				6:00.61 III	273	
	50m:	36.80	36.80	150m:	2:05.64	45.75	250m:	3:41.33	48.32	350m:	5:16.25	46.61
	100m:	1:19.89	43.09	200m:	2:53.01	47.37	300m:	4:29.64	48.31	400m:	6:00.61	44.36
(16-18)												
1.			31.10.2010			" "				4:33.31	629	
	50m:	30.62	30.62	150m:	1:38.84	34.69	250m:	2:48.48	34.81	350m:	3:58.75	35.13
	100m:	1:04.15	33.53	200m:	2:13.67	34.83	300m:	3:23.62	35.14	400m:	4:33.31	34.56
2.			19.07.2010			" "				4:35.47	614	
	50m:	32.20	32.20	150m:	1:41.56	34.91	250m:	2:51.07	34.66	350m:	4:01.49	35.51
	100m:	1:06.65	34.45	200m:	2:16.41	34.85	300m:	3:25.98	34.91	400m:	4:35.47	33.98
3.			04.08.2010			" "				4:37.86	598	
	50m:	31.48	31.48	150m:	1:40.63	34.93	250m:	2:51.27	35.27	350m:	4:02.75	35.78
	100m:	1:05.70	34.22	200m:	2:16.00	35.37	300m:	3:26.97	35.70	400m:	4:37.86	35.11
4.			12.11.2010 I			" "				4:37.87	598	
	50m:	30.96	30.96	150m:	1:39.70	35.03	250m:	2:50.80	35.86	350m:	4:03.19	36.25
	100m:	1:04.67	33.71	200m:	2:14.94	35.24	300m:	3:26.94	36.14	400m:	4:37.87	34.68
5.			27.10.2009 I			" "				4:41.09 I	578	
	50m:	31.66	31.66	150m:	1:42.98	36.43	250m:	2:55.29	36.56	350m:	4:07.17	35.58
	100m:	1:06.55	34.89	200m:	2:18.73	35.75	300m:	3:31.59	36.30	400m:	4:41.09	33.92
6.			19.09.2010			" "				4:43.65 I	562	
	50m:	32.33	32.33	150m:	1:41.95	34.88	250m:	2:55.74	37.13	350m:	4:09.48	36.74
	100m:	1:07.07	34.74	200m:	2:18.61	36.66	300m:	3:32.74	37.00	400m:	4:43.65	34.17
7.			20.01.2010			" "				4:43.96 I	560	
	50m:	31.77	31.77	150m:	1:43.41	36.34	250m:	2:56.43	36.45	350m:	4:09.40	36.27
	100m:	1:07.07	35.30	200m:	2:19.98	36.57	300m:	3:33.13	36.70	400m:	4:43.96	34.56
8.			03.06.2009			" "				4:52.98 I	510	
	50m:	32.79	32.79	150m:	1:45.48	36.72	250m:	3:00.42	37.30	350m:	4:15.86	37.56
	100m:	1:08.76	35.97	200m:	2:23.12	37.64	300m:	3:38.30	37.88	400m:	4:52.98	37.12
9.			03.06.2009			" "				4:53.05 I	510	
	50m:	32.79	32.79	150m:	1:44.69	36.47	250m:	2:59.63	37.48	350m:	4:15.74	38.26
	100m:	1:08.22	35.43	200m:	2:22.15	37.46	300m:	3:37.48	37.85	400m:	4:53.05	37.31
10.			15.05.2010 II			" "				5:01.34 II	469	
	50m:	32.82	32.82	150m:	1:47.89	37.97	300m:	3:44.55	1:18.05			
	100m:	1:09.92	37.10	200m:	2:26.50	38.61	400m:	5:01.34	1:16.79			
11.			06.02.2009 I			" "				5:03.15 II	460	
	50m:	33.69	33.69	150m:	1:48.33	38.04	250m:	3:06.64	39.07	350m:	4:25.60	39.11
	100m:	1:10.29	36.60	200m:	2:27.57	39.24	300m:	3:46.49	39.85	400m:	5:03.15	37.55
12.			06.08.2009 I			" "				5:15.41 II	409	
	50m:	32.97	32.97	150m:	1:50.85	40.51	250m:	3:14.22	42.12	350m:	4:36.30	41.07
	100m:	1:10.34	37.37	200m:	2:32.10	41.25	300m:	3:55.23	41.01	400m:	5:15.41	39.11
13.			20.09.2010 II			" "				5:20.81 II	388	
	50m:	34.82	34.82	150m:	1:55.34	41.26	250m:	3:18.46	41.40	350m:	4:41.48	41.50
	100m:	1:14.08	39.26	200m:	2:37.06	41.72	300m:	3:59.98	41.52	400m:	5:20.81	39.33
14.			20.02.2010 II			" -98",				5:37.89 II	332	
	50m:	38.56	38.56	150m:	2:03.57	42.82	250m:	3:30.43	43.27	350m:	4:56.72	43.12
	100m:	1:20.75	42.19	200m:	2:47.16	43.59	300m:	4:13.60	43.17	400m:	5:37.89	41.17

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ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
МЭД ВЕЙВ КЛАССИК

4-5 АПРЕЛЯ 2026
МОСКВА 3 ЭТАП



19, , 400m , (16-18)

15.				25.05.2009								5:38.09		332
	50m:	35.83	35.83	150m:	2:00.22	43.11	250m:	3:28.55	44.33	350m:	4:56.68	43.76		
	100m:	1:17.11	41.28	200m:	2:44.22	44.00	300m:	4:12.92	44.37	400m:	5:38.09	41.41		

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