



5
 04.04.2026
 : AQUA 2026

, 400m

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(9)

1.			20.01.2017 I							5:24.98 II	374
	50m:	36.91	36.91	150m:	2:00.53	41.72	250m:	3:23.49	41.63	350m:	4:45.75 39.83
	100m:	1:18.81	41.90	200m:	2:41.86	41.33	300m:	4:05.92	42.43	400m:	5:24.98 39.23
2.			06.06.2017 I							6:18.55 III	236
	50m:	39.65	39.65	150m:	2:15.83	49.38	250m:	3:54.42	49.41	350m:	5:30.88 48.66
	100m:	1:26.45	46.80	200m:	3:05.01	49.18	300m:	4:42.22	47.80	400m:	6:18.55 47.67
3.			10.02.2017 II							6:37.98 I	203
	50m:	42.83	42.83	150m:	2:22.49	50.65	250m:	4:05.98	51.97	350m:	5:49.12 51.70
	100m:	1:31.84	49.01	200m:	3:14.01	51.52	300m:	4:57.42	51.44	400m:	6:37.98 48.86
4.			06.08.2017 II							6:49.14 I	187
	50m:	44.86	44.86	150m:	2:29.87	52.85	250m:	4:14.92	53.45	350m:	6:00.19 52.65
	100m:	1:37.02	52.16	200m:	3:21.47	51.60	300m:	5:07.54	52.62	400m:	6:49.14 48.95
5.			11.01.2017 I							6:49.53 I	186
	50m:	42.87	42.87	150m:	2:27.25	53.67	250m:	4:14.11	53.86	400m:	6:49.53 1:42.99
	100m:	1:33.58	50.71	200m:	3:20.25	53.00	300m:	5:06.54	52.43		
6.			28.11.2017 I							7:02.00 I	170
	50m:	44.13	44.13	150m:	2:32.30	54.48	250m:	4:21.45	55.42	350m:	6:11.73 54.23
	100m:	1:37.82	53.69	200m:	3:26.03	53.73	300m:	5:17.50	56.05	400m:	7:02.00 50.27

(10-11)

1.			02.11.2015 I				1,			5:01.20 II	469
	50m:	33.54	33.54	150m:	1:50.26	38.99	250m:	3:08.94	39.23	350m:	4:26.86 38.72
	100m:	1:11.27	37.73	200m:	2:29.71	39.45	300m:	3:48.14	39.20	400m:	5:01.20 34.34
2.			11.08.2015 II				-70,			5:38.74 II	330
	50m:	37.02	37.02	150m:	2:01.89	42.93	250m:	3:28.39	43.59	350m:	4:56.49 44.10
	100m:	1:18.96	41.94	200m:	2:44.80	42.91	300m:	4:12.39	44.00	400m:	5:38.74 42.25
3.			20.08.2015 II							5:39.25 II	328
	50m:	37.24	37.24	150m:	2:02.95	43.75	250m:	3:31.04	44.23	350m:	4:58.31 43.32
	100m:	1:19.20	41.96	200m:	2:46.81	43.86	300m:	4:14.99	43.95	400m:	5:39.25 40.94
4.			15.03.2015 III							5:43.87 III	315
	50m:	36.04	36.04	150m:	2:02.83	44.52	250m:	3:32.70	45.31	350m:	5:02.63 45.30
	100m:	1:18.31	42.27	200m:	2:47.39	44.56	300m:	4:17.33	44.63	400m:	5:43.87 41.24
5.			20.08.2015 II							5:46.65 III	308
	50m:	37.95	37.95	150m:	2:06.93	44.73	250m:	3:36.09	44.55	350m:	5:04.29 44.18
	100m:	1:22.20	44.25	200m:	2:51.54	44.61	300m:	4:20.11	44.02	400m:	5:46.65 42.36
6.			22.09.2016 I							5:49.81 III	300
	50m:	37.33	37.33	150m:	2:05.52	45.21	250m:	3:37.78	47.14	350m:	5:08.47 46.88
	100m:	1:20.31	42.98	200m:	2:50.64	45.12	300m:	4:21.59	43.81	400m:	5:49.81 41.34
7.			19.04.2016 III							5:57.27 III	281
	50m:	37.42	37.42	150m:	2:09.99	46.94	250m:	3:42.43	47.32	350m:	5:14.54 46.53
	100m:	1:23.05	45.63	200m:	2:55.11	45.12	300m:	4:28.01	45.58	400m:	5:57.27 42.73
8.			27.10.2015 III							6:03.43 III	267
	50m:	39.02	39.02	150m:	2:08.95	46.03	250m:	3:42.35	47.05	350m:	5:18.00 48.30
	100m:	1:22.92	43.90	200m:	2:55.30	46.35	300m:	4:29.70	47.35	400m:	6:03.43 45.43
9.			13.09.2016 I				1,			6:05.66 III	262
	50m:	40.57	40.57	150m:	2:11.57	47.18	250m:	3:46.39	47.46	350m:	5:20.26 47.23
	100m:	1:24.39	43.82	200m:	2:58.93	47.36	300m:	4:33.03	46.64	400m:	6:05.66 45.40
10.			14.03.2016 III							6:14.67 III	244
	50m:	41.86	41.86	150m:	2:17.37	47.84	250m:	3:55.17	48.62	350m:	5:29.42 47.19
	100m:	1:29.53	47.67	200m:	3:06.55	49.18	300m:	4:42.23	47.06	400m:	6:14.67 45.25

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ALGE timing





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
МЭД ВЕЙВ КЛАССИК

4-5 АПРЕЛЯ 2026
МОСКВА 3 ЭТАП



5, , 400m , (10-11)

11.			26.09.2015 III		1, .					6:17.44 III	238	
	50m:	38.87	38.87	150m:	2:14.35	49.33	250m:	3:54.39	49.01	350m:	5:31.22	47.62
	100m:	1:25.02	46.15	200m:	3:05.38	51.03	300m:	4:43.60	49.21	400m:	6:17.44	46.22
12.			06.01.2015 I		« »,					6:22.67 III	229	
	50m:	40.60	40.60	150m:	2:16.15	49.42	250m:	3:56.86	50.67	350m:	5:35.88	48.05
	100m:	1:26.73	46.13	200m:	3:06.19	50.04	300m:	4:47.83	50.97	400m:	6:22.67	46.79
13.			02.09.2016 I		, .					6:25.20 I	224	
	50m:	43.12	43.12	150m:	2:19.68	48.55	250m:	3:59.02	49.89	350m:	5:37.73	49.08
	100m:	1:31.13	48.01	200m:	3:09.13	49.45	300m:	4:48.65	49.63	400m:	6:25.20	47.47
14.			08.04.2016 I		, .					6:34.59 I	209	
	50m:	43.04	43.04	150m:	2:25.02	51.71	250m:	4:07.36	50.66	350m:	5:47.82	48.72
	100m:	1:33.31	50.27	200m:	3:16.70	51.68	300m:	4:59.10	51.74	400m:	6:34.59	46.77

(12-13)

1.			16.05.2014 I		" "					4:57.39 I	488	
	50m:	33.56	33.56	150m:	1:47.75	38.04	250m:	3:04.16	38.41	350m:	4:21.12	38.15
	100m:	1:09.71	36.15	200m:	2:25.75	38.00	300m:	3:42.97	38.81	400m:	4:57.39	36.27
2.			16.01.2014 II		" "					5:03.43 II	459	
	50m:	34.38	34.38	150m:	1:51.74	39.16	250m:	3:09.32	38.68	350m:	4:27.02	39.02
	100m:	1:12.58	38.20	200m:	2:30.64	38.90	300m:	3:48.00	38.68	400m:	5:03.43	36.41
3.			20.06.2014 II		3, .					5:23.24 II	380	
	50m:	36.49	36.49	150m:	1:59.41	41.95	250m:	3:22.58	41.49	350m:	4:44.34	40.05
	100m:	1:17.46	40.97	200m:	2:41.09	41.68	300m:	4:04.29	41.71	400m:	5:23.24	38.90
4.			12.07.2014 I		1, .					5:25.14 II	373	
	50m:	36.16	36.16	150m:	1:59.24	41.68	250m:	3:23.51	41.97	350m:	4:45.81	40.27
	100m:	1:17.56	41.40	200m:	2:41.54	42.30	300m:	4:05.54	42.03	400m:	5:25.14	39.33
5.			20.03.2013 II		, . -					5:25.19 II	373	
	50m:	37.08	37.08	150m:	1:59.78	41.42	250m:	3:23.06	41.60	350m:	4:45.26	40.21
	100m:	1:18.36	41.28	200m:	2:41.46	41.68	300m:	4:05.05	41.99	400m:	5:25.19	39.93
6.			07.09.2014 II		, .					5:25.61 II	372	
	50m:	38.02	38.02	150m:	2:01.64	41.73	250m:	3:24.49	41.72	350m:	4:46.18	40.85
	100m:	1:19.91	41.89	200m:	2:42.77	41.13	300m:	4:05.33	40.84	400m:	5:25.61	39.43
7.			14.01.2013 II		1, .					5:31.31 II	353	
	50m:	37.66	37.66	150m:	2:03.09	42.48	250m:	3:28.47	42.65	350m:	4:52.39	41.38
	100m:	1:20.61	42.95	200m:	2:45.82	42.73	300m:	4:11.01	42.54	400m:	5:31.31	38.92
8.			02.08.2013 II		" "					5:33.22 II	347	
	50m:	36.31	36.31	150m:	1:59.94	42.39	250m:	3:25.31	42.89	350m:	4:51.80	43.14
	100m:	1:17.55	41.24	200m:	2:42.42	42.48	300m:	4:08.66	43.35	400m:	5:33.22	41.42
9.			03.01.2013 II		" "					5:39.10 II	329	
	50m:	34.97	34.97	150m:	1:58.07	43.05	250m:	3:25.84	44.51	350m:	4:55.97	45.61
	100m:	1:15.02	40.05	200m:	2:41.33	43.26	300m:	4:10.36	44.52	400m:	5:39.10	43.13
10.			30.01.2014 III		" "					5:45.88 III	310	
	50m:	37.39	37.39	150m:	2:03.46	43.91	250m:	3:32.80	45.39	350m:	5:02.73	44.67
	100m:	1:19.55	42.16	200m:	2:47.41	43.95	300m:	4:18.06	45.26	400m:	5:45.88	43.15
11.			05.02.2013 III		, .					5:46.03 III	309	
	50m:	35.15	35.15	150m:	2:01.20	44.16	250m:	3:32.09	45.66	350m:	5:02.49	43.77
	100m:	1:17.04	41.89	200m:	2:46.43	45.23	300m:	4:18.72	46.63	400m:	5:46.03	43.54
12.			18.11.2014 III		" "					5:49.27 III	301	
	50m:	34.60	34.60	200m:	2:47.52	1:32.28	300m:	4:20.53	46.68			
	100m:	1:15.24	40.64	250m:	3:33.85	46.33	400m:	5:49.27	1:28.74			
13.			24.01.2014 III		, .					5:59.57 III	276	
	50m:	35.97	35.97	150m:	2:06.48	46.39	250m:	3:40.85	46.27	350m:	5:15.44	47.17
	100m:	1:20.09	44.12	200m:	2:54.58	48.10	300m:	4:28.27	47.42	400m:	5:59.57	44.13

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ALGE timing





5, , 400m , (12-13)

14.				26.12.2013	I	White Shark, .						6:20.01	III	234
	50m:	40.72	40.72	150m:	2:14.08	48.08	250m:	3:52.42	49.28	350m:	5:32.13	49.58		
	100m:	1:26.00	45.28	200m:	3:03.14	49.06	300m:	4:42.55	50.13	400m:	6:20.01	47.88		
15.				04.06.2014	I	" , .						6:22.47	III	229
	50m:	40.80	40.80	200m:	3:10.08	50.71	300m:	4:49.67	49.23	400m:	6:22.47	43.13		
	150m:	2:19.37	1:38.57	250m:	4:00.44	50.36	350m:	5:39.34	49.67					
16.				13.08.2013	III	" , .						6:35.92	I	206
	50m:	43.97	43.97	150m:	2:25.58	50.93	250m:	4:07.99	50.73	350m:	5:49.64	49.70		
	100m:	1:34.65	50.68	200m:	3:17.26	51.68	300m:	4:59.94	51.95	400m:	6:35.92	46.28		
EXH				11.02.2013		, . -						4:54.88	I	500
	50m:	32.84	32.84	150m:	1:47.21	37.88	250m:	3:02.48	37.34	350m:	4:17.78	37.28		
	100m:	1:09.33	36.49	200m:	2:25.14	37.93	300m:	3:40.50	38.02	400m:	4:54.88	37.10		

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