



08.03.2026

, 200m

9 - 13

: AQUA 2025

(9)

1.				06.08.2017 II														3:53.40 I	204
	50m:	57.76	57.76	100m:	1:58.65	1:00.89	150m:	2:58.26	59.61	200m:	3:53.40	55.14							
2.				20.01.2017 II														4:16.17 I	154
	50m:	56.68	56.68	100m:	2:02.33	1:05.65	150m:	3:10.67	1:08.34	200m:	4:16.17	1:05.50							
3.				07.08.2017 I														4:20.13 II	147
	50m:	1:00.87	1:00.87	100m:	2:09.32	1:08.45	150m:	3:14.62	1:05.30	200m:	4:20.13	1:05.51							

(10-11)

1.				04.09.2015 I														2:54.02 I	493
	50m:	41.57	41.57	100m:	1:26.84	45.27	150m:	2:10.35	43.51	200m:	2:54.02	43.67							
2.				30.04.2016 III														3:09.67 II	381
	50m:	44.65	44.65	100m:	1:33.67	49.02	150m:	2:23.29	49.62	200m:	3:09.67	46.38							
3.				21.01.2015 III														3:12.13 II	366
	50m:	44.49	44.49	100m:	1:34.27	49.78	150m:	2:23.77	49.50	200m:	3:12.13	48.36							
4.				12.08.2015 III		KOLOS Team,												3:13.64 II	358
	50m:	46.51	46.51	100m:	1:35.20	48.69	150m:	2:26.32	51.12	200m:	3:13.64	47.32							
5.				31.03.2015 III														3:19.47 III	327
	50m:	46.98	46.98	100m:	1:39.16	52.18	150m:	2:31.44	52.28	200m:	3:19.47	48.03							
6.				28.08.2016 III		"MY CHAMPS",												3:19.75 III	326
	50m:	46.49	46.49	100m:	1:38.03	51.54	150m:	2:29.86	51.83	200m:	3:19.75	49.89							
7.				22.06.2015 III														3:20.86 III	321
	50m:	44.03	44.03	100m:	1:37.29	53.26	150m:	2:30.08	52.79	200m:	3:20.86	50.78							
8.				21.05.2015 III														3:23.77 III	307
	50m:	48.26	48.26	100m:	1:43.31	55.05	150m:	2:36.17	52.86	200m:	3:23.77	47.60							
9.				16.04.2015 III														3:25.08 III	301
	50m:	48.02	48.02	100m:	1:40.36	52.34	150m:	2:32.42	52.06	200m:	3:25.08	52.66							
10.				13.05.2015 II														3:28.87 III	285
	50m:	47.50	47.50	100m:	1:41.31	53.81	150m:	2:35.69	54.38	200m:	3:28.87	53.18							
11.				26.08.2015 I														3:32.60 III	270
	50m:	49.33	49.33	100m:	1:44.92	55.59	150m:	2:39.18	54.26	200m:	3:32.60	53.42							
12.				05.10.2015 I														3:32.84 III	269
	50m:	49.02	49.02	100m:	1:44.92	55.90	150m:	2:40.50	55.58	200m:	3:32.84	52.34							
13.				05.05.2015 III														3:34.88 III	262
	50m:	50.00	50.00	100m:	1:44.51	54.51	150m:	2:42.64	58.13	200m:	3:34.88	52.24							
14.				15.01.2015 I														3:38.53 III	249
	50m:	52.99	52.99	100m:	1:50.61	57.62	150m:	2:46.47	55.86	200m:	3:38.53	52.06							
15.				02.10.2015 II														3:52.55 I	206
	50m:	54.70	54.70	100m:	1:53.28	58.58	150m:	2:54.05	1:00.77	200m:	3:52.55	58.50							
16.				28.01.2016 I														3:52.73 I	206
	50m:	52.76	52.76	100m:	1:52.94	1:00.18	150m:	2:52.84	59.90	200m:	3:52.73	59.89							
17.				06.03.2016 I														4:07.84 I	170
	50m:	55.32	55.32	100m:	1:59.86	1:04.54	150m:	3:04.58	1:04.72	200m:	4:07.84	1:03.26							
18.				02.08.2015 I														4:10.74 I	165
	50m:	54.55	54.55	100m:	1:58.27	1:03.72	150m:	3:04.61	1:06.34	200m:	4:10.74	1:06.13							

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35, , 200m

(12-13)

1.				16.05.2013		"MY CHAMPS", .				2:49.71	I	532
	50m:	38.72	38.72	100m:	1:22.09	43.37	150m:	2:06.65	44.56	200m:	2:49.71	43.06
2.				03.02.2013	I	" , .				2:57.39	II	466
	50m:	41.12	41.12	100m:	1:26.61	45.49	200m:	2:57.39	1:30.78			
3.				26.04.2013	II	" , .				3:05.02	II	410
	50m:	41.82	41.82	100m:	1:29.27	47.45	150m:	2:17.74	48.47	200m:	3:05.02	47.28
4.				12.02.2014	II	" , .				3:07.03	II	397
	50m:	41.08	41.08	100m:	1:28.44	47.36	150m:	2:17.44	49.00	200m:	3:07.03	49.59
5.				25.05.2013	II	" , .				3:15.26	II	349
	50m:	44.17	44.17	100m:	1:33.27	49.10	150m:	2:24.36	51.09	200m:	3:15.26	50.90
6.				30.01.2014	III	" , .				3:25.12	III	301
	50m:	47.09	47.09	100m:	1:40.04	52.95	150m:	2:33.30	53.26	200m:	3:25.12	51.82
7.				29.10.2014	III	3 " .				3:33.60	III	267
	50m:	48.59	48.59	100m:	1:42.30	53.71	150m:	2:37.41	55.11	200m:	3:33.60	56.19
8.				06.04.2014	III	" , .				3:34.30	III	264
	50m:	47.55	47.55	100m:	1:42.58	55.03	150m:	2:39.80	57.22	200m:	3:34.30	54.50
9.				08.07.2014	III	3 " .				3:35.85	III	258
	50m:	47.72	47.72	100m:	1:43.59	55.87	150m:	2:40.75	57.16	200m:	3:35.85	55.10
10.				06.09.2013	III	KOLOS Team, .				3:38.39	III	249
	50m:	50.06	50.06	100m:	1:46.72	56.66	150m:	2:44.27	57.55	200m:	3:38.39	54.12
11.				06.07.2014	I	" , .				3:39.33	III	246
	50m:	47.98	47.98	100m:	1:43.36	55.38	150m:	2:41.40	58.04	200m:	3:39.33	57.93
12.				22.01.2014	III	3 " .				3:40.46	III	242
	50m:	45.93	45.93	100m:	1:42.02	56.09	150m:	2:43.00	1:00.98	200m:	3:40.46	57.46
13.				24.10.2013	III	1,				3:41.81	III	238
	50m:	52.24	52.24	100m:	1:49.20	56.96	150m:	2:46.24	57.04	200m:	3:41.81	55.57
14.				01.04.2013	I	" , .				3:45.35	I	227
	50m:	50.16	50.16	100m:	1:47.56	57.40	150m:	2:46.90	59.34	200m:	3:45.35	58.45
15.				17.06.2014	III	" , .				3:46.21	I	224
	50m:	50.26	50.26	100m:	1:48.74	58.48	150m:	2:48.38	59.64	200m:	3:46.21	57.83
16.				01.03.2014	III	" , .				3:47.05	I	222
	50m:	50.04	50.04	100m:	1:49.16	59.12	150m:	2:47.76	58.60	200m:	3:47.05	59.29
17.				03.05.2014	III	3 " .				3:54.38	I	202
	50m:	49.62	49.62	100m:	1:48.84	59.22	150m:	2:51.10	1:02.26	200m:	3:54.38	1:03.28

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