



6
07.03.2026

, 400m

9 - 13

: AQUA 2025

(9)

1.			22.09.2017	I						5:55.21	I	237
	50m:	39.41	39.41	150m:	2:10.04	46.22	250m:	3:40.32	44.59	350m:	5:11.64	49.63
	100m:	1:23.82	44.41	200m:	2:55.73	45.69	300m:	4:22.01	41.69	400m:	5:55.21	43.57
2.			27.07.2017	II			"	"		7:12.78	II	131
	50m:	44.36	44.36	150m:	2:37.42	57.71	250m:	4:32.20	57.01	350m:	6:23.58	55.19
	100m:	1:39.71	55.35	200m:	3:35.19	57.77	300m:	5:28.39	56.19	400m:	7:12.78	49.20
			(10-11)									
1.			24.09.2015	II		"	"	"		4:49.22	II	440
	50m:	32.06	32.06	150m:	1:44.83	36.96	250m:	2:58.14	36.30	350m:	4:12.48	37.33
	100m:	1:07.87	35.81	200m:	2:21.84	37.01	300m:	3:35.15	37.01	400m:	4:49.22	36.74
2.			19.05.2015	II		"	"	"		5:04.27	II	378
	50m:	32.07	32.07	150m:	1:46.71	38.42	250m:	3:05.32	39.58	350m:	4:24.92	39.85
	100m:	1:08.29	36.22	200m:	2:25.74	39.03	300m:	3:45.07	39.75	400m:	5:04.27	39.35
3.			24.07.2015	II		"	"	"	"	5:11.15	III	353
	50m:	35.03	35.03	150m:	1:54.12	40.07	250m:	3:13.75	39.95	350m:	4:33.98	40.57
	100m:	1:14.05	39.02	200m:	2:33.80	39.68	300m:	3:53.41	39.66	400m:	5:11.15	37.17
4.			11.09.2015	II		"	"	"		5:13.29	III	346
	50m:	35.42	35.42	150m:	1:54.95	39.63	250m:	3:14.48	39.44	350m:	4:34.89	40.10
	100m:	1:15.32	39.90	200m:	2:35.04	40.09	300m:	3:54.79	40.31	400m:	5:13.29	38.40
5.			08.02.2015	II		"	"	"		5:15.45	III	339
	50m:	35.30	35.30	150m:	1:55.69	40.32	250m:	3:17.44	40.48	350m:	4:37.95	40.01
	100m:	1:15.37	40.07	200m:	2:36.96	41.27	300m:	3:57.94	40.50	400m:	5:15.45	37.50
6.			10.12.2015	II		"	"	"		5:17.77	III	332
	50m:	35.56	35.56	150m:	1:55.14	40.45	250m:	3:16.33	40.37	350m:	4:37.92	40.81
	100m:	1:14.69	39.13	200m:	2:35.96	40.82	300m:	3:57.11	40.78	400m:	5:17.77	39.85
7.			08.11.2015	III		"	"	"		5:24.76	III	311
	50m:	36.06	36.06	150m:	1:59.41	41.90	250m:	3:23.36	41.89	350m:	4:46.05	41.28
	100m:	1:17.51	41.45	200m:	2:41.47	42.06	300m:	4:04.77	41.41	400m:	5:24.76	38.71
8.			07.11.2015	I		"	"	"		5:25.80	III	308
	50m:	35.41	35.41	150m:	1:57.70	42.33	250m:	3:23.11	42.73	350m:	4:46.49	42.14
	100m:	1:15.37	39.96	200m:	2:40.38	42.68	300m:	4:04.35	41.24	400m:	5:25.80	39.31
9.			31.08.2015	III		"	"	"	"	5:27.50	III	303
	50m:	35.40	35.40	150m:	1:58.42	42.53	250m:	3:23.74	42.02	350m:	4:47.71	40.63
	100m:	1:15.89	40.49	200m:	2:41.72	43.30	300m:	4:07.08	43.34	400m:	5:27.50	39.79
10.			13.08.2015	III		"	"	"		5:27.68	III	302
	50m:	35.89	35.89	150m:	1:59.56	42.31	250m:	3:24.40	42.33	350m:	4:48.37	41.71
	100m:	1:17.25	41.36	200m:	2:42.07	42.51	300m:	4:06.66	42.26	400m:	5:27.68	39.31
11.			05.10.2015	I		"	"	"		5:30.15	III	296
	50m:	37.79	37.79	150m:	2:02.26	41.42	250m:	3:27.08	42.29	350m:	4:51.05	41.75
	100m:	1:20.84	43.05	200m:	2:44.79	42.53	300m:	4:09.30	42.22	400m:	5:30.15	39.10
12.			16.02.2015	III		"	"	"	"	5:38.58	III	274
	50m:	38.92	38.92	150m:	2:03.92	42.66	250m:	3:29.75	43.14	350m:	4:56.33	43.20
	100m:	1:21.26	42.34	200m:	2:46.61	42.69	300m:	4:13.13	43.38	400m:	5:38.58	42.25
13.			16.09.2015	III		"	"	"		5:39.07	III	273
	50m:	36.93	36.93	150m:	2:02.39	43.12	250m:	3:29.17	43.47	350m:	4:56.39	43.85
	100m:	1:19.27	42.34	200m:	2:45.70	43.31	300m:	4:12.54	43.37	400m:	5:39.07	42.68

<https://swim4you.ru/>

50

ALGE timing





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
МЭД ВЕЙВ КЛАССИК

7-8 МАРТА 2026
МОСКВА 2 ЭТАП



6, , 400m , (10-11)

14.				30.03.2015	I													5:43.37	III	263	
	50m:	39.10	39.10	200m:	2:52.88	1:29.32	350m:	5:05.05	42.72												
	100m:	1:23.56	44.46	300m:	4:22.33	1:29.45	400m:	5:43.37	38.32												
15.				29.01.2015	III														5:46.70	III	255
	50m:	36.98	36.98	150m:	2:04.21	44.77	250m:	3:35.42	46.04	350m:	5:05.50	45.39									
	100m:	1:19.44	42.46	200m:	2:49.38	45.17	300m:	4:20.11	44.69	400m:	5:46.70	41.20									
16.				07.09.2015	I														5:49.88	I	248
	50m:	38.62	38.62	150m:	2:08.44	45.52	250m:	3:38.74	45.02	350m:	5:06.63	43.22									
	100m:	1:22.92	44.30	200m:	2:53.72	45.28	300m:	4:23.41	44.67	400m:	5:49.88	43.25									
17.				16.08.2015	I														5:52.50	I	243
	50m:	36.91	36.91	150m:	2:04.55	44.45	250m:	3:36.72	46.40	350m:	5:07.84	44.89									
	100m:	1:20.10	43.19	200m:	2:50.32	45.77	300m:	4:22.95	46.23	400m:	5:52.50	44.66									
18.				20.06.2015	I														5:56.26	I	235
	50m:	38.06	38.06	150m:	2:08.72	46.87	250m:	3:40.69	46.28	350m:	5:13.44	45.85									
	100m:	1:21.85	43.79	200m:	2:54.41	45.69	300m:	4:27.59	46.90	400m:	5:56.26	42.82									
19.				02.04.2015	III														6:01.17	I	226
	50m:	37.75	37.75	150m:	2:09.17	46.87	250m:	3:42.57	46.60	350m:	5:17.24	47.11									
	100m:	1:22.30	44.55	200m:	2:55.97	46.80	300m:	4:30.13	47.56	400m:	6:01.17	43.93									
20.				06.03.2015	I														6:12.51	I	206
	50m:	40.43	40.43	150m:	2:14.80	48.26	250m:	3:52.00	47.67	350m:	5:28.20	47.31									
	100m:	1:26.54	46.11	200m:	3:04.33	49.53	300m:	4:40.89	48.89	400m:	6:12.51	44.31									
21.				17.06.2016	II														6:15.70	I	200
	50m:	39.28	39.28	150m:	2:13.25	48.15	250m:	3:51.14	48.98	350m:	5:29.29	48.99									
	100m:	1:25.10	45.82	200m:	3:02.16	48.91	300m:	4:40.30	49.16	400m:	6:15.70	46.41									
22.				16.09.2016	I														6:18.56	I	196
	50m:	42.16	42.16	150m:	2:17.99	48.33	250m:	3:57.40	49.62	350m:	5:34.23	47.78									
	100m:	1:29.66	47.50	200m:	3:07.78	49.79	300m:	4:46.45	49.05	400m:	6:18.56	44.33									
23.				11.09.2016	I														6:21.36	I	192
	50m:	42.19	42.19	150m:	2:19.19	48.69	250m:	3:55.67	47.78	350m:	5:34.11	49.02									
	100m:	1:30.50	48.31	200m:	3:07.89	48.70	300m:	4:45.09	49.42	400m:	6:21.36	47.25									
24.				05.01.2016	I														6:54.01	II	150
	50m:	42.08	42.08	150m:	2:26.26	52.25	250m:	4:14.10	54.01	350m:	6:01.45	54.05									
	100m:	1:34.01	51.93	200m:	3:20.09	53.83	300m:	5:07.40	53.30	400m:	6:54.01	52.56									

(12-13)

1.				28.07.2013	II														4:42.33	II	473
	50m:	31.02	31.02	150m:	1:41.09	35.85	250m:	2:53.23	36.02	350m:	4:06.14	37.07									
	100m:	1:05.24	34.22	200m:	2:17.21	36.12	300m:	3:29.07	35.84	400m:	4:42.33	36.19									
2.				15.02.2013	II														4:48.91	II	441
	100m:	1:06.70	1:06.70	200m:	2:20.65	37.14	350m:	4:13.27	37.52												
	150m:	1:43.51	36.81	300m:	3:35.75	1:15.10	400m:	4:48.91	35.64												
3.				09.02.2014	II														4:49.54	II	439
	50m:	31.34	31.34	150m:	1:44.02	37.12	250m:	2:58.45	37.61	350m:	4:13.52	37.21									
	100m:	1:06.90	35.56	200m:	2:20.84	36.82	300m:	3:36.31	37.86	400m:	4:49.54	36.02									
4.				09.04.2013	II														4:58.46	II	400
	50m:	33.28	33.28	150m:	1:48.75	38.19	250m:	3:06.33	38.93	350m:	4:21.39	37.56									
	100m:	1:10.56	37.28	200m:	2:27.40	38.65	300m:	3:43.83	37.50	400m:	4:58.46	37.07									
5.				20.02.2013	II														4:58.50	II	400
	50m:	33.25	33.25	150m:	1:49.49	38.70	250m:	3:06.74	38.69	350m:	4:22.96	38.05									
	100m:	1:10.79	37.54	200m:	2:28.05	38.56	300m:	3:44.91	38.17	400m:	4:58.50	35.54									
6.				09.09.2013	II														5:02.04	II	386
	100m:	1:10.44	1:10.44	200m:	2:27.89	38.77	300m:	3:45.48	39.42												
	150m:	1:49.12	38.68	250m:	3:06.06	38.17	400m:	5:02.04	1:16.56												

<https://swim4you.ru/>

50

ALGE timing





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
МЭД ВЕЙВ КЛАССИК

7-8 МАРТА 2026
МОСКВА 2 ЭТАП



6, , 400m , (12-13)											
7.				27.09.2013 II	"	"	"	"	"	5:03.39 II	381
	50m:	33.83	33.83	150m:	1:49.77	38.26	250m:	3:07.55	39.11	350m:	4:25.74 39.26
	100m:	1:11.51	37.68	200m:	2:28.44	38.67	300m:	3:46.48	38.93	400m:	5:03.39 37.65
8.				07.01.2014 III	"	"	"	"	"	5:09.89 III	358
	50m:	34.05	34.05	150m:	1:52.24	39.55	250m:	3:11.93	39.94	350m:	4:32.56 40.50
	100m:	1:12.69	38.64	200m:	2:31.99	39.75	300m:	3:52.06	40.13	400m:	5:09.89 37.33
9.				21.03.2014 III	"	"	"	"	"	5:10.55 III	355
	50m:	34.55	34.55	150m:	1:52.85	40.22	250m:	3:12.22	39.76	350m:	4:32.27 40.01
	100m:	1:12.63	38.08	200m:	2:32.46	39.61	300m:	3:52.26	40.04	400m:	5:10.55 38.28
10.				13.01.2014 III	"	"	"	"	"	5:11.15 III	353
	50m:	34.78	34.78	200m:	2:32.25	1:19.16	350m:				
	100m:	1:13.09	38.31	300m:	3:52.84	1:20.59	400m:	5:11.15			
11.				05.05.2014 II	"	"	"	"	"	5:12.32 III	349
	100m:	1:14.00	1:14.00	200m:	2:34.19	40.11	300m:	3:54.31	39.86	400m:	5:12.32 38.46
	150m:	1:54.08	40.08	250m:	3:14.45	40.26	350m:	4:33.86	39.55		
12.				21.09.2013 III	"	"	"	"	"	5:17.30 III	333
	50m:	36.75	36.75	150m:	1:57.14	40.90	250m:	3:17.50	40.13	350m:	4:38.48 39.76
	100m:	1:16.24	39.49	200m:	2:37.37	40.23	300m:	3:58.72	41.22	400m:	5:17.30 38.82
13.				14.04.2014 II	"	3 "	"	"	"	5:18.59 III	329
	50m:	33.19	33.19	150m:	1:54.06	41.44	250m:	3:17.53	42.94	350m:	4:40.26 39.50
	100m:	1:12.62	39.43	200m:	2:34.59	40.53	300m:	4:00.76	43.23	400m:	5:18.59 38.33
14.				27.10.2014 III	"	"	"	"	"	5:18.64 III	329
	50m:	35.13	35.13	150m:	1:56.64	40.81	250m:	3:19.02	41.43	350m:	4:40.34 40.59
	100m:	1:15.83	40.70	200m:	2:37.59	40.95	300m:	3:59.75	40.73	400m:	5:18.64 38.30
15.				03.07.2013 III	"	"	"	"	"	5:21.44 III	320
	50m:	36.57	36.57	150m:	1:59.39	41.37	250m:	3:22.91	41.77	350m:	4:44.04 40.19
	100m:	1:18.02	41.45	200m:	2:41.14	41.75	300m:	4:03.85	40.94	400m:	5:21.44 37.40
16.				12.05.2013 III	"	"	"	"	"	5:23.96 III	313
	50m:	35.10	35.10	150m:	1:57.19	42.32	250m:	3:21.53	42.25	350m:	4:44.96 40.70
	100m:	1:14.87	39.77	200m:	2:39.28	42.09	300m:	4:04.26	42.73	400m:	5:23.96 39.00
17.				13.02.2013 III	"	"	"	"	"	5:24.24 III	312
	50m:	34.42	34.42	150m:	1:55.92	40.93	250m:	3:19.45	41.55	350m:	4:44.84 43.08
	100m:	1:14.99	40.57	200m:	2:37.90	41.98	300m:	4:01.76	42.31	400m:	5:24.24 39.40
18.				20.11.2013 III	"	"	"	"	"	5:24.37 III	312
	50m:	35.90	35.90	150m:	1:58.46	41.79	250m:	3:21.71	41.35	350m:	4:44.57 40.90
	100m:	1:16.67	40.77	200m:	2:40.36	41.90	300m:	4:03.67	41.96	400m:	5:24.37 39.80
19.				24.07.2013 III	"	-70,	"	"	"	5:27.37 III	303
	50m:	34.76	34.76	150m:	1:57.58	41.77	250m:	3:21.13	42.02	350m:	4:47.28 43.37
	100m:	1:15.81	41.05	200m:	2:39.11	41.53	300m:	4:03.91	42.78	400m:	5:27.37 40.09
20.				29.06.2014 III	"	"	"	"	"	5:29.17 III	298
	50m:	36.90	36.90	150m:	2:02.56	43.36	250m:	3:27.72	42.28	350m:	4:51.75 41.40
	100m:	1:19.20	42.30	200m:	2:45.44	42.88	300m:	4:10.35	42.63	400m:	5:29.17 37.42
21.				10.01.2014 III	"	"	"	"	"	5:31.20 III	293
	50m:	37.29	37.29	150m:	2:01.29	42.36	250m:	3:26.24	42.61	350m:	4:50.16 41.94
	100m:	1:18.93	41.64	200m:	2:43.63	42.34	300m:	4:08.22	41.98	400m:	5:31.20 41.04
22.				16.12.2013 III	"	3 "	"	"	"	5:32.28 III	290
	50m:	34.34	34.34	150m:	1:57.06	41.98	250m:	3:23.51	43.40	350m:	4:50.91 43.18
	100m:	1:15.08	40.74	200m:	2:40.11	43.05	300m:	4:07.73	44.22	400m:	5:32.28 41.37
23.				20.10.2014 III	"	"	"	"	"	5:33.19 III	288
	50m:	34.95	34.95	150m:	1:57.30	42.27	250m:	3:24.13	43.48	350m:	4:51.06 43.46
	100m:	1:15.03	40.08	200m:	2:40.65	43.35	300m:	4:07.60	43.47	400m:	5:33.19 42.13
24.				19.09.2014 III	"	"	"	"	"	5:34.54 III	284
	50m:	36.74	36.74	150m:	2:01.00	42.53	250m:	3:27.14	43.15	350m:	4:53.32 42.79
	100m:	1:18.47	41.73	200m:	2:43.99	42.99	300m:	4:10.53	43.39	400m:	5:34.54 41.22

<https://swim4you.ru/>

50

ALGE timing





		6, , 400m				(12-13)							
25.				13.07.2014	III	"	"			5:42.06	III	266	
	50m:	39.04	39.04	150m:	2:06.61	44.34	250m:	3:34.52	44.29	350m:	5:02.81	44.14	
	100m:	1:22.27	43.23	200m:	2:50.23	43.62	300m:	4:18.67	44.15	400m:	5:42.06	39.25	
26.				29.08.2014	I	"	"			5:42.31	III	265	
	50m:	38.72	38.72	150m:	2:07.25	44.45	250m:	3:37.59	45.04	350m:	5:03.55	41.96	
	100m:	1:22.80	44.08	200m:	2:52.55	45.30	300m:	4:21.59	44.00	400m:	5:42.31	38.76	
27.				06.04.2014	I	"	"			5:42.84	III	264	
	50m:	37.58	37.58	150m:	2:04.15	44.03	250m:	3:31.47	44.37	350m:	4:59.34	43.15	
	100m:	1:20.12	42.54	200m:	2:47.10	42.95	300m:	4:16.19	44.72	400m:	5:42.84	43.50	
28.				15.12.2014	III	"	-98"			5:45.29	III	258	
	50m:	37.41	37.41	150m:	2:04.98	44.31	250m:	3:35.15	45.22	350m:	5:03.63	42.63	
	100m:	1:20.67	43.26	200m:	2:49.93	44.95	300m:	4:21.00	45.85	400m:	5:45.29	41.66	
29.				08.10.2014	III	"	"			5:53.06	I	242	
	50m:	38.31	38.31	150m:	2:06.16	45.01	250m:	3:37.53	45.05	350m:	5:08.68	45.46	
	100m:	1:21.15	42.84	200m:	2:52.48	46.32	300m:	4:23.22	45.69	400m:	5:53.06	44.38	
30.				03.04.2014	III	"	"			6:15.57	I	201	
	50m:	42.16	42.16	150m:	2:19.95	49.95	250m:	3:58.76	49.38	350m:	5:34.96	47.32	
	100m:	1:30.00	47.84	200m:	3:09.38	49.43	300m:	4:47.64	48.88	400m:	6:15.57	40.61	
31.				20.05.2014	I	"	"			6:19.45	I	195	
	50m:	40.65	40.65	150m:	2:16.77	49.39	250m:	3:55.05	48.67	350m:	5:33.04	48.45	
	100m:	1:27.38	46.73	200m:	3:06.38	49.61	300m:	4:44.59	49.54	400m:	6:19.45	46.41	
32.				29.07.2014	II	"	"			6:21.95	I	191	
	50m:	41.52	41.52	200m:	3:08.54	48.38	350m:	5:35.22	47.75				
	150m:	2:20.16	1:38.64	300m:	4:47.47	1:38.93	400m:	6:21.95	46.73				
33.				14.08.2014	II	"	"			8:12.38	III	89	
	50m:	55.27	55.27	150m:	2:58.17	1:03.75	250m:	5:06.43	1:04.45	350m:	7:16.27	1:05.70	
	100m:	1:54.42	59.15	200m:	4:01.98	1:03.81	300m:	6:10.57	1:04.14	400m:	8:12.38	56.11	
DSQ				24.04.2013	III	3 "	"						

<https://swim4you.ru/>

