

17.02.2019 25 , 200m 9 - 17

		I 9 +: 3:58.00 / I 9 +: 2:42.75 /		III 9 +: 3:29.00 / 10 +: 2:33.25 /		II 9 +: 3:03.00 / 12 +: 2:24.75				R.T.	
		/									
9-10											
1.			2009 II	31,				+0,83	2:48.93	II	416
	50m:	35.93	35.93	100m:	1:19.68	43.75	150m:	2:08.77	49.09	200m:	2:48.93 40.16
2.			2009 II	,					2:56.11	II	367
	50m:	38.02	38.02	100m:	1:22.72	44.70	150m:	2:16.73	54.01	200m:	2:56.11 39.38
3.			2009 I	,				+0,57	3:04.64	III	318
	50m:	39.05	39.05	100m:	1:24.73	45.68	150m:	2:21.46	56.73	200m:	3:04.64 43.18
4.			2009 III	1,					3:10.56	III	289
	50m:	40.05	40.05	100m:	1:27.60	47.55	150m:	2:28.76	1:01.16	200m:	3:10.56 41.80
5.			2009 I	,					3:11.70	III	284
	50m:	42.04	42.04	100m:	1:34.48	52.44	150m:	2:30.19	55.71	200m:	3:11.70 41.51
6.			2009 I	,				+0,76	3:12.91	III	279
	50m:	44.51	44.51	100m:	1:33.05	48.54	150m:	2:29.50	56.45	200m:	3:12.91 43.41
7.			2009 III	,				+0,75	3:16.35	III	265
	50m:	45.67	45.67	100m:	1:37.99	52.32	150m:	2:34.39	56.40	200m:	3:16.35 41.96
8.			2010 I	,				+0,75	3:25.06	III	232
	50m:	50.08	50.08	100m:	1:42.39	52.31	150m:	2:38.00	55.61	200m:	3:25.06 47.06
9.			2009 I	,				+0,78	3:31.69	I	211
	50m:	45.44	45.44	100m:	1:41.15	55.71	150m:	2:43.93	1:02.78	200m:	3:31.69 47.76
10.			2010 I	,					3:32.48	I	209
	50m:	46.26	46.26	100m:	1:43.44	57.18	150m:	2:43.37	59.93	200m:	3:32.48 49.11
11.			2010 I	"	70 "	"			3:32.93	I	207
	50m:	50.21	50.21	100m:	1:43.77	53.56	150m:	2:47.81	1:04.04	200m:	3:32.93 45.12
12.			2009 I	,					3:36.72	I	197
	50m:	47.38	47.38	100m:	1:44.30	56.92	150m:	2:48.38	1:04.08	200m:	3:36.72 48.34
13.			2009 I	,				+0,76	3:47.34	I	170
	50m:	47.71	47.71	100m:	1:46.11	58.40	150m:	2:52.83	1:06.72	200m:	3:47.34 54.51
14.			2009 I	5					3:49.92	I	165
	50m:	50.63	50.63	100m:	1:53.52	1:02.89	150m:	2:58.04	1:04.52	200m:	3:49.92 51.88
11-12											
1.			2007 II	,				+0,64	2:44.00	II	454
	50m:	34.61	34.61	100m:	1:16.43	41.82	150m:	2:06.56	50.13	200m:	2:44.00 37.44
2.			2007 II	,				+0,73	2:46.15	II	437
	50m:	37.47	37.47	100m:	1:19.27	41.80	150m:	2:09.79	50.52	200m:	2:46.15 36.36
3.			2008 III	,				+0,68	2:49.80	II	409
	50m:	37.80	37.80	100m:	1:22.89	45.09	150m:	2:10.92	48.03	200m:	2:49.80 38.88
4.			2007 II	,				+0,65	2:50.26	II	406
	50m:	39.59	39.59	100m:	1:21.84	42.25	150m:	2:12.30	50.46	200m:	2:50.26 37.96
5.			2008 II	,				+0,81	2:51.27	II	399
	50m:	38.19	38.19	100m:	1:23.90	45.71	150m:	2:11.32	47.42	200m:	2:51.27 39.95
6.			2008 I	,					2:55.14	II	373
	50m:	39.58	39.58	100m:	1:24.97	45.39	150m:	2:17.10	52.13	200m:	2:55.14 38.04

		25, , 200m				11-12				R.T.		
7.				2007 I						+0,59	2:59.82	II 345
	50m:	42.80	42.80	100m:	1:25.75	42.95	150m:	2:21.56	55.81	200m:	2:59.82	38.26
8.				2007 II			1,			+0,76	3:06.10	III 311
	50m:	42.96	42.96	100m:	1:28.82	45.86	150m:	2:27.00	58.18	200m:	3:06.10	39.10
9.				2007 II			" "			+0,61	3:06.11	III 311
	50m:	41.92	41.92	100m:	1:33.30	51.38	150m:	2:24.09	50.79	200m:	3:06.11	42.02
10.				2008 III		2,				+1,05	3:06.43	III 309
	50m:	43.19	43.19	100m:	1:31.04	47.85	150m:	2:24.79	53.75	200m:	3:06.43	41.64
11.				2007 I						+0,75	3:06.44	III 309
	50m:	39.74	39.74	100m:	1:26.49	46.75	150m:	2:22.58	56.09	200m:	3:06.44	43.86
12.				2007 II			,			+0,95	3:08.08	III 301
	50m:	42.88	42.88	100m:	1:30.61	47.73	150m:	2:25.85	55.24	200m:	3:08.08	42.23
13.				2008 III		6,				+0,58	3:08.59	III 299
	50m:	40.71	40.71	100m:	1:29.22	48.51	150m:	2:26.01	56.79	200m:	3:08.59	42.58
14.				2007 II			,			+0,78	3:09.27	III 295
	50m:	41.04	41.04	100m:	1:30.31	49.27	150m:	2:27.85	57.54	200m:	3:09.27	41.42
15.				2008 III			,			+0,71	3:13.44	III 277
	50m:	41.46	41.46	100m:	1:33.94	52.48	150m:	2:25.65	51.71	200m:	3:13.44	47.79
16.				2008 III			,				3:15.62	III 267
	50m:	43.39	43.39	100m:	1:35.80	52.41	150m:	2:31.82	56.02	200m:	3:15.62	43.80
17.				2008 III			,			+0,77	3:16.47	III 264
	50m:	43.38	43.38	100m:	1:33.67	50.29	150m:	2:30.36	56.69	200m:	3:16.47	46.11
18.				2008 III			,			+0,86	3:17.24	III 261
	50m:	45.26	45.26	100m:	1:38.35	53.09	150m:	2:32.54	54.19	200m:	3:17.24	44.70
19.				2008 I			,				3:20.54	III 248
	50m:	42.98	42.98	100m:	1:35.32	52.34	150m:	2:31.11	55.79	200m:	3:20.54	49.43
20.				2008 I			,			+0,79	3:23.16	III 239
	50m:	44.11	44.11	100m:	1:35.09	50.98	150m:	2:36.18	1:01.09	200m:	3:23.16	46.98
21.				2008 III			,			+0,79	3:26.31	III 228
	50m:	43.58	43.58	100m:	1:40.32	56.74	150m:	2:42.81	1:02.49	200m:	3:26.31	43.50
22.				2008 I			,			+0,52	3:30.84	I 214
	50m:	48.94	48.94	100m:	1:43.92	54.98	150m:	2:44.03	1:00.11	200m:	3:30.84	46.81
23.				2008 I			,			+0,78	3:34.64	I 202
	50m:	50.56	50.56	100m:	1:44.30	53.74	150m:	2:47.57	1:03.27	200m:	3:34.64	47.07
DSQ				2008 III			,					III
DSQ				2008 I			,					I
DNS				2008 II		MY CHAMPS,						

13-14

1.				2005			,	-		+0,67	2:23.81	674
	50m:	30.13	30.13	100m:	1:05.44	35.31	150m:	1:48.30	42.86	200m:	2:23.81	35.51
2.				2005 I			,			+0,68	2:39.12	I 497
	50m:	33.50	33.50	100m:	1:16.08	42.58	150m:	2:01.48	45.40	200m:	2:39.12	37.64
3.				2005 I			,			+0,74	2:40.79	I 482
	50m:	36.33	36.33	100m:	1:19.68	43.35	150m:	2:04.42	44.74	200m:	2:40.79	36.37
4.				2006 I			,			+0,80	2:40.91	I 481
	50m:	32.71	32.71	100m:	1:12.91	40.20	150m:	2:00.81	47.90	200m:	2:40.91	40.10

		25, , 200m				13-14				R.T.		
5.				2006 I						+0,77	2:41.77	I 473
	50m:	33.55	33.55	100m:	1:15.23	41.68	150m:	2:03.39	48.16	200m:	2:41.77	38.38
6.				2006 I			70 "	"		+0,87	2:43.94	II 455
	50m:	36.33	36.33	100m:	1:16.74	40.41	150m:	2:07.37	50.63	200m:	2:43.94	36.57
7.				2006 II						+0,87	2:45.10	II 445
	50m:	36.45	36.45	100m:	1:18.76	42.31	150m:	2:08.06	49.30	200m:	2:45.10	37.04
8.				2006 I			70 "	"		+0,73	2:47.48	II 427
	50m:	36.82	36.82	100m:	1:16.90	40.08	150m:	2:06.99	50.09	200m:	2:47.48	40.49
9.				2006 II						+0,70	2:48.32	II 420
	50m:	35.95	35.95	100m:	1:21.01	45.06	150m:	2:08.93	47.92	200m:	2:48.32	39.39
10.				2005 I						+0,89	2:48.73	II 417
	50m:	34.99	34.99	100m:	1:20.27	45.28	150m:	2:11.13	50.86	200m:	2:48.73	37.60
11.				2005 II						+0,82	2:50.59	II 404
	50m:	36.91	36.91	100m:	1:20.58	43.67	150m:	2:11.61	51.03	200m:	2:50.59	38.98
12.				2006 II			2 ,			+0,86	2:51.57	II 397
	50m:	38.04	38.04	100m:	1:22.31	44.27	150m:	2:12.81	50.50	200m:	2:51.57	38.76
13.				2005 II						+1,08	2:54.78	II 375
	50m:	36.53	36.53	100m:	1:22.29	45.76	150m:	2:14.10	51.81	200m:	2:54.78	40.68
14.				2006 II						+0,67	2:59.36	II 347
	50m:	38.05	38.05	100m:	1:25.27	47.22	150m:	2:18.51	53.24	200m:	2:59.36	40.85
15.				2006 III			2 ,			+0,95	3:00.27	II 342
	50m:	37.58	37.58	100m:	1:23.79	46.21	150m:	2:17.86	54.07	200m:	3:00.27	42.41
16.				2005 III						+0,91	3:10.24	III 291
	50m:	39.09	39.09	100m:	1:31.79	52.70	150m:	2:28.65	56.86	200m:	3:10.24	41.59
17.				2006 III			2 ,			+1,03	3:26.09	III 229
	50m:	48.63	48.63	100m:	1:38.99	50.36	150m:	2:37.19	58.20	200m:	3:26.09	48.90

15-17

1.				2004			70 "	"		+0,82	2:35.17	I 536
	50m:	33.02	33.02	100m:	1:12.82	39.80	150m:	1:59.90	47.08	200m:	2:35.17	35.27
2.				2004 I				"	"	+0,76	2:41.14	I 479
	50m:	32.87	32.87	100m:	1:14.05	41.18	150m:	2:03.83	49.78	200m:	2:41.14	37.31
3.				2003 I						+0,68	2:41.28	I 478
	50m:	34.93	34.93	100m:	1:16.03	41.10	150m:	2:04.43	48.40	200m:	2:41.28	36.85
4.				2003 I						+0,55	2:42.46	I 467
	50m:	35.82	35.82	100m:	1:19.66	43.84	150m:	2:03.71	44.05	200m:	2:42.46	38.75
5.				2004 I						+0,87	2:43.62	II 457
	50m:	34.09	34.09	100m:	1:14.35	40.26	150m:	2:05.79	51.44	200m:	2:43.62	37.83
6.				2003 I			62,			+0,69	2:44.22	II 452
	50m:	33.68	33.68	100m:	1:17.24	43.56	150m:	2:04.69	47.45	200m:	2:44.22	39.53
7.				2003 II						+0,86	2:51.17	II 400
	50m:	37.12	37.12	100m:	1:21.76	44.64	150m:	2:11.73	49.97	200m:	2:51.17	39.44
8.				2004 II			2 ,			+0,83	3:00.42	II 341
	50m:	39.59	39.59	100m:	1:26.46	46.87	150m:	2:18.17	51.71	200m:	3:00.42	42.25