



31

, 200m

2010 - 2013

06.11.2022

: FINA 2022

R.T.

(9-10)

1.				2012 II	" "					+0,68	2:26.98	II	422
	25m:	16.08	16.08	75m:	52.69	18.47	125m:	1:30.87	19.05	175m:	2:09.14	19.27	
	50m:	34.22	18.14	100m:	1:11.82	19.13	150m:	1:49.87	19.00	200m:	2:26.98	17.84	
2.				2012 II	18,					+0,89	2:28.45	II	410
	25m:	15.88	15.88	75m:	52.28	18.95	125m:	1:30.50	19.37	175m:	2:10.30	20.35	
	50m:	33.33	17.45	100m:	1:11.13	18.85	150m:	1:49.95	19.45	200m:	2:28.45	18.15	
3.				2012 III	" "						2:48.24	III	281
	25m:	17.78	17.78	75m:	1:00.80	22.13	125m:	1:43.90	20.93	175m:	2:27.93	21.92	
	50m:	38.67	20.89	100m:	1:22.97	22.17	150m:	2:06.01	22.11	200m:	2:48.24	20.31	
4.				2012 I	,					+0,77	2:54.81	III	251
	25m:	18.44	18.44	75m:	1:01.01	21.77	125m:	1:46.71	22.75	175m:	2:32.75	22.85	
	50m:	39.24	20.80	100m:	1:23.96	22.95	150m:	2:09.90	23.19	200m:	2:54.81	22.06	
5.				2012 III	,					+0,95	3:06.02	I	208
	25m:	18.04	18.04	75m:	1:03.12	22.86	125m:	1:51.69	24.74	175m:	2:42.29	25.31	
	50m:	40.26	22.22	100m:	1:26.95	23.83	150m:	2:16.98	25.29	200m:	3:06.02	23.73	
6.				2012 I	,					+0,81	3:06.45	I	207
	25m:	18.99	18.99	75m:	1:02.07	22.27	125m:	1:51.33	25.19	175m:	2:42.09	24.86	
	50m:	39.80	20.81	100m:	1:26.14	24.07	150m:	2:17.23	25.90	200m:	3:06.45	24.36	
7.				2012 III	,						3:06.97	I	205
	25m:	18.97	18.97	75m:	1:05.69	24.15	125m:	1:55.80	24.91	175m:	2:45.33	24.59	
	50m:	41.54	22.57	100m:	1:30.89	25.20	150m:	2:20.74	24.94	200m:	3:06.97	21.64	
8.				2012 I	,						3:07.47	I	203
	25m:	20.07	20.07	100m:	1:30.66	24.61	150m:	2:20.63	25.48	200m:	3:07.47	23.08	
	75m:	1:06.05	45.98	125m:	1:55.15	24.49	175m:	2:44.39	23.76				
9.				2012 I	()					+0,92	3:11.02	I	192
	25m:	19.21	19.21	75m:	1:05.44	24.52	125m:	1:56.06	25.29	175m:	2:45.75	23.27	
	50m:	40.92	21.71	100m:	1:30.77	25.33	150m:	2:22.48	26.42	200m:	3:11.02	25.27	
10.				2012 I	,					+0,56	3:13.27	I	185
	25m:	17.89	17.89	75m:	1:02.99	23.67	125m:	1:53.94	25.60	175m:	2:48.50	27.42	
	50m:	39.32	21.43	100m:	1:28.34	25.35	150m:	2:21.08	27.14	200m:	3:13.27	24.77	
11.				2012 2	" "					+0,87	3:19.66	I	168
	25m:	18.48	18.48	75m:	1:06.68	24.61	125m:	1:59.97	27.04	175m:	2:53.29	26.84	
	50m:	42.07	23.59	100m:	1:32.93	26.25	150m:	2:26.45	26.48	200m:	3:19.66	26.37	
12.				2013 2	" "					+0,59	3:47.35	II	114
	25m:	22.35	22.35	75m:	1:17.95	29.17	125m:	2:17.45	29.37	175m:	3:18.25	30.67	
	50m:	48.78	26.43	100m:	1:48.08	30.13	150m:	2:47.58	30.13	200m:	3:47.35	29.10	

(11-12)

1.				2010	" "						2:14.09	I	556
	25m:	14.86	14.86	75m:	48.23	16.84	125m:	1:22.88	17.67	175m:	1:57.64	17.34	
	50m:	31.39	16.53	100m:	1:05.21	16.98	150m:	1:40.30	17.42	200m:	2:14.09	16.45	
2.				2010 I	" "					+0,78	2:15.75	I	536
	25m:	14.97	14.97	75m:	49.47	17.45	125m:	1:24.30	17.70	175m:	1:59.42	17.26	
	50m:	32.02	17.05	100m:	1:06.60	17.13	150m:	1:42.16	17.86	200m:	2:15.75	16.33	
3.				2010 I	" "					+0,76	2:15.89	I	534
	25m:	15.01	15.01	75m:	48.29	16.74	125m:	1:22.97	17.39	175m:	1:58.52	17.72	
	50m:	31.55	16.54	100m:	1:05.58	17.29	150m:	1:40.80	17.83	200m:	2:15.89	17.37	

" " " 25
 , 05-06 2022 .

<https://swim4you.ru/>

OMEGA ARES 21





ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ
Кубок ректора
ПГУФКСИТ

5-6 НОЯБРЯ 2022
КАЗАНЬ



ПГУ
 ФКСИТ

31, , 200m , (11-12)

										R.T.			
4.				2010 I		1,				+0,80	2:16.99	I	522
	25m:	15.14	15.14	75m:	49.43	17.50	125m:	1:24.91	17.64	175m:	2:00.18		17.46
	50m:	31.93	16.79	100m:	1:07.27	17.84	150m:	1:42.72	17.81	200m:	2:16.99		16.81
5.				2010 I		"				+0,79	2:22.58	II	463
	25m:	14.81	14.81	75m:	49.32	17.52	125m:	1:26.43	18.55	175m:	2:04.13		18.70
	50m:	31.80	16.99	100m:	1:07.88	18.56	150m:	1:45.43	19.00	200m:	2:22.58		18.45
6.				2010 I		"				+0,78	2:23.04	II	458
	25m:	15.22	15.22	75m:	49.93	17.92	125m:	1:27.18	18.73	175m:	2:05.09		18.81
	50m:	32.01	16.79	100m:	1:08.45	18.52	150m:	1:46.28	19.10	200m:	2:23.04		17.95
7.				2010 II		"				+0,78	2:28.96	II	406
	25m:	15.87	15.87	75m:	50.84	18.06	125m:	1:29.06	19.31	175m:	2:09.30		20.09
	50m:	32.78	16.91	100m:	1:09.75	18.91	150m:	1:49.21	20.15	200m:	2:28.96		19.66
8.				2010 II		"				+0,57	2:31.01	II	389
	25m:	15.92	15.92	75m:	52.10	18.40	125m:	1:31.33	20.15	175m:	2:11.88		20.46
	50m:	33.70	17.78	100m:	1:11.18	19.08	150m:	1:51.42	20.09	200m:	2:31.01		19.13
9.				2010 III						+0,82	2:32.91	II	375
	25m:	17.11	17.11	75m:	54.16	18.99	125m:	1:33.62	19.90	175m:	2:14.10		20.07
	50m:	35.17	18.06	100m:	1:13.72	19.56	150m:	1:54.03	20.41	200m:	2:32.91		18.81
10.				2011 II		"				+0,97	2:32.96	II	375
	25m:	16.28	16.28	75m:	53.59	19.02	125m:	1:32.77	19.54	175m:	2:13.27		19.98
	50m:	34.57	18.29	100m:	1:13.23	19.64	150m:	1:53.29	20.52	200m:	2:32.96		19.69
11.				2010 II		()				+0,74	2:33.55	II	370
	25m:	16.76	16.76	75m:	54.70	19.44	125m:	1:34.44	19.86	175m:	2:14.60		19.91
	50m:	35.26	18.50	100m:	1:14.58	19.88	150m:	1:54.69	20.25	200m:	2:33.55		18.95
12.				2011 II						+0,70	2:34.65	II	362
	25m:	15.96	15.96	75m:	53.93	19.59	125m:	1:33.88	20.10	175m:	2:15.63		20.62
	50m:	34.34	18.38	100m:	1:13.78	19.85	150m:	1:55.01	21.13	200m:	2:34.65		19.02
13.				2010 II		"				+0,80	2:34.97	II	360
	25m:	16.89	16.89	75m:	54.59	19.28	125m:	1:34.21	20.06	175m:	2:15.51		20.58
	50m:	35.31	18.42	100m:	1:14.15	19.56	150m:	1:54.93	20.72	200m:	2:34.97		19.46
14.				2011 II		"				+0,82	2:36.57	II	349
	25m:	15.90	15.90	75m:	55.75	19.94	125m:	1:36.49	20.61	175m:	2:17.72		20.39
	50m:	35.81	19.91	100m:	1:15.88	20.13	150m:	1:57.33	20.84	200m:	2:36.57		18.85
15.				2011 III						+0,65	2:41.45	III	318
	25m:	18.22	18.22	75m:	58.61	20.55	125m:	1:40.76	21.18	175m:	2:22.51		20.48
	50m:	38.06	19.84	100m:	1:19.58	20.97	150m:	2:02.03	21.27	200m:	2:41.45		18.94
16.				2011 III						+0,69	2:42.55	III	312
	25m:	16.96	16.96	75m:	56.34	20.63	125m:	1:38.63	21.22	175m:	2:21.65		21.60
	50m:	35.71	18.75	100m:	1:17.41	21.07	150m:	2:00.05	21.42	200m:	2:42.55		20.90
17.				2011 III						+0,76	2:45.30	III	297
	25m:	17.01	17.01	75m:	57.37	21.21	125m:	1:40.95	21.81	175m:	2:25.05		22.08
	50m:	36.16	19.15	100m:	1:19.14	21.77	150m:	2:02.97	22.02	200m:	2:45.30		20.25
18.				2010 III		3,				+0,59	2:46.84	III	289
	25m:	17.38	17.38	75m:	58.09	21.14	125m:	1:41.75	22.12	175m:	2:26.65		22.39
	50m:	36.95	19.57	100m:	1:19.63	21.54	150m:	2:04.26	22.51	200m:	2:46.84		20.19
DSQ				2010 II								II	
EXH				2010 I		RSO SwimTeam,				+0,71	2:18.36	I	506
	25m:	15.60	15.60	75m:	50.31	17.69	125m:	1:26.17	17.88	175m:	2:01.84		17.87
	50m:	32.62	17.02	100m:	1:08.29	17.98	150m:	1:43.97	17.80	200m:	2:18.36		16.52
EXH				2012 II		RSO SwimTeam,					2:37.82	III	341
	25m:	17.15	17.15	75m:	56.50	20.11	125m:	1:37.91	20.98	175m:	2:18.46		20.04
	50m:	36.39	19.24	100m:	1:16.93	20.43	150m:	1:58.42	20.51	200m:	2:37.82		19.36

