



36

, 200m

2008 - 2011

06.11.2022

: FINA 2022

R.T.

(11-12 )

1.				2010 II			1,			+0,67	<b>2:46.13</b>	II	378
	25m:	17.86	17.86	75m:	1:00.09	21.19	125m:	1:42.45	20.86	175m:	2:24.50	21.12	
	50m:	38.90	21.04	100m:	1:21.59	21.50	150m:	2:03.38	20.93	200m:	2:46.13	21.63	
2.				2010 II			1,			+0,58	<b>2:51.49</b>	II	344
	25m:	18.03	18.03	75m:	1:00.58	21.67	125m:	1:44.51	22.12	175m:	2:28.65	22.21	
	50m:	38.91	20.88	100m:	1:22.39	21.81	150m:	2:06.44	21.93	200m:	2:51.49	22.84	
3.				2011 II			,			+0,61	<b>2:51.99</b>	II	341
	25m:	17.84	17.84	75m:	1:00.31	21.60	125m:	1:44.93	22.36	175m:	2:30.32	23.24	
	50m:	38.71	20.87	100m:	1:22.57	22.26	150m:	2:07.08	22.15	200m:	2:51.99	21.67	
4.				2010 III			,		-	+0,83	<b>2:57.60</b>	III	309
	25m:	18.09	18.09	75m:	1:01.41	22.00	125m:	1:47.13	23.42	175m:	2:34.12	23.18	
	50m:	39.41	21.32	100m:	1:23.71	22.30	150m:	2:10.94	23.81	200m:	2:57.60	23.48	
5.				2011 III			,		-	+0,67	<b>2:58.42</b>	III	305
	25m:	18.81	18.81	75m:	1:02.77	22.03	125m:	1:48.49	22.97	175m:	2:35.43	23.82	
	50m:	40.74	21.93	100m:	1:25.52	22.75	150m:	2:11.61	23.12	200m:	2:58.42	22.99	
6.				2011 III			"		"	+0,54	<b>2:59.23</b>	III	301
	25m:	18.25	18.25	75m:	1:02.66	22.65	125m:	1:49.64	23.66	175m:	2:36.23	23.20	
	50m:	40.01	21.76	100m:	1:25.98	23.32	150m:	2:13.03	23.39	200m:	2:59.23	23.00	
7.				2011 III			3,			+0,68	<b>3:01.37</b>	III	290
	25m:	18.81	18.81	75m:	1:03.80	22.55	125m:	1:50.61	23.41	175m:	2:38.60	23.84	
	50m:	41.25	22.44	100m:	1:27.20	23.40	150m:	2:14.76	24.15	200m:	3:01.37	22.77	
8.				2010 II			"		"	+0,57	<b>3:02.79</b>	III	284
	25m:	18.54	18.54	75m:	1:04.17	23.37	125m:	1:51.58	23.62	175m:	2:39.15	23.56	
	50m:	40.80	22.26	100m:	1:27.96	23.79	150m:	2:15.59	24.01	200m:	3:02.79	23.64	
9.				2010 I			,		,	+0,81	<b>3:10.07</b>	III	252
	25m:	18.59	18.59	75m:	1:05.61	24.63	125m:	1:55.52	25.10	175m:	2:45.28	24.71	
	50m:	40.98	22.39	100m:	1:30.42	24.81	150m:	2:20.57	25.05	200m:	3:10.07	24.79	
10.				2010 III			"		"	+0,62	<b>3:14.54</b>	III	235
	25m:	20.74	20.74	75m:	1:10.88	25.50	125m:	2:01.27	25.19	175m:	2:50.47	24.37	
	50m:	45.38	24.64	100m:	1:36.08	25.20	150m:	2:26.10	24.83	200m:	3:14.54	24.07	
11.				2011 III			"		"		<b>3:15.22</b>	III	233
	25m:	21.28	21.28	75m:	1:10.26	24.84	125m:	2:00.21	24.97	175m:	2:50.57	25.08	
	50m:	45.42	24.14	100m:	1:35.24	24.98	150m:	2:25.49	25.28	200m:	3:15.22	24.65	
12.				2010 III			,			+0,82	<b>3:15.41</b>	III	232
	25m:	21.48	21.48	75m:	1:11.09	24.60	125m:	2:01.06	25.03	175m:	2:51.08	24.97	
	50m:	46.49	25.01	100m:	1:36.03	24.94	150m:	2:26.11	25.05	200m:	3:15.41	24.33	
13.				2011 III			"		"	+0,88	<b>3:15.61</b>	III	231
	25m:	20.08	20.08	75m:	1:08.25	24.20	125m:	1:59.21	25.27	175m:	2:50.38	25.47	
	50m:	44.05	23.97	100m:	1:33.94	25.69	150m:	2:24.91	25.70	200m:	3:15.61	25.23	
14.				2010 III			( )		,	+0,74	<b>3:15.69</b>	III	231
	25m:	20.28	20.28	75m:	1:08.70	24.67	125m:	1:59.52	25.79	175m:	2:50.35	25.45	
	50m:	44.03	23.75	100m:	1:33.73	25.03	150m:	2:24.90	25.38	200m:	3:15.69	25.34	
15.				2010 III			3,			+0,74	<b>3:20.39</b>	I	215
	25m:	19.61	19.61	75m:	1:08.96	25.27	125m:	2:01.88	26.40	175m:	2:54.42	25.89	
	50m:	43.69	24.08	100m:	1:35.48	26.52	150m:	2:28.53	26.65	200m:	3:20.39	25.97	
16.				2011 I			( )		,		<b>3:29.13</b>	I	189
	25m:	21.21	21.21	75m:	1:12.77	26.63	125m:	2:07.00	27.38	175m:	3:01.05	27.24	
	50m:	46.14	24.93	100m:	1:39.62	26.85	150m:	2:33.81	26.81	200m:	3:29.13	28.08	

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 , 05-06 2022 .

<https://swim4you.ru/>

OMEGA ARES 21







36, , 200m , (13-14 )

R.T.

14.				2009 II						+0,72	<b>2:55.70</b>	II	319
	25m:	17.93	17.93	75m:	1:01.22	22.19	125m:	1:46.42	22.79	175m:	2:33.28		23.41
	50m:	39.03	21.10	100m:	1:23.63	22.41	150m:	2:09.87	23.45	200m:	2:55.70		22.42
15.				2008 II						+0,80	<b>2:56.44</b>	II	315
	25m:	16.38	16.38	75m:	58.59	21.20	125m:	1:45.34	23.24	175m:	2:33.42		23.75
	50m:	37.39	21.01	100m:	1:22.10	23.51	150m:	2:09.67	24.33	200m:	2:56.44		23.02
16.				2008 I						+0,72	<b>3:51.74</b>	I	139
	25m:	21.85	21.85	75m:	1:14.96	27.08	125m:	2:15.26	30.81	175m:	3:19.22		32.41
	50m:	47.88	26.03	100m:	1:44.45	29.49	150m:	2:46.81	31.55	200m:	3:51.74		32.52
DSQ				2008 I		" "							I
DSQ				2008 III		" "							III
DSQ				2008 1		" "							I
DNS				2009 III		" "							
EXH				2011 II	RSO SwimTeam,						<b>2:56.38</b>	II	316
	25m:	19.47	19.47	75m:	1:04.73	22.75	125m:	1:50.54	22.49	175m:	2:34.38		21.63
	50m:	41.98	22.51	100m:	1:28.05	23.32	150m:	2:12.75	22.21	200m:	2:56.38		22.00

